**TABLE S1: Non-travel MET hours per week by quintile of active travel from the Health Survey for England 2008**

|  |  |
| --- | --- |
|  | **Quintile of active travel** |
| Baseline |  Age  | 1 | 2  | 3 | 4 | 5 |
| men | 0-4 | 0 | 0 | 0 | 0 | 0 |
|   | 5-14 | 0 | 0 | 0 | 0 | 0 |
|   | 15-29 | 20 | 41 | 24 | 22 | 45 |
|   | 30-44 | 60 | 53 | 42 | 56 | 56 |
|   | 45-59 | 33 | 44 | 40 | 38 | 40 |
|   | 60-69 | 4 | 8 | 4 | 11 | 10 |
|   | 70-79 | 0 | 0 | 0 | 0 | 0 |
|   | 80+ | 0 | 0 | 0 | 0 | 0 |
| women | 0-4 | 0 | 0 | 0 | 0 | 0 |
|   | 5-14 | 0 | 0 | 0 | 0 | 0 |
|   | 15-29 | 5 | 11 | 16 | 8 | 17 |
|   | 30-44 | 16 | 23 | 17 | 17 | 18 |
|   | 45-59 | 20 | 20 | 20 | 23 | 27 |
|   | 60-69 | 0 | 0 | 0 | 0 | 3 |
|   | 70-79 | 0 | 0 | 0 | 0 | 0 |
|   | 80+ | 0 | 0 | 0 | 0 | 0 |