**S1 Table. Relationship between sickness absence greater or equal to 4 days and sociodemographic variables.**

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| **Variables** | **Sickness Absence ≥ 4 (n)** | **%** | ***P*†** |
| **Sex** | Males | 35 | 60.3 | 0.227 |
| Females | 22 | 73.3 |
| **Education** | Primary | 40 | 78.4 | 0.006 |
| Secondary | 10 | 52.6 |
| Pre-university | 6 | 50.0 |
| University | 1 | 16.7 |
| **Occupationa** | Level 1. | 53 | 70.7 | 0.021 |
| Level 2. | 2 | 33.3 |
| Level 3-4. | 2 | 28.6 |

**a**Occupation: Level 1: Simple and routine physical. Level 2: Handling of machinery, electronic equipment, storing and sorting information. Level 3: High educational level, advanced communication skills, ability to understand complex written materials. Level 4: performance of tasks involving decision-making and complex problem-solving based on a profound theoretical and practical understanding of a certain subject matter. † Chi-square test.