**S2 Table. Descriptive statistics for the main measures.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Mean** | **Std. dev.** | **Min** | **Max** |
| **Average net screen time per day [h]** | 3.2 | 1.5 | 0.2 | 8.4 |
| **Media Multitasking** | 2.3 | 0.5 | 1.2 | 3.4 |
| **Proportion of LDR [%]** | 45 | 18 | 7 | 1 |
| **Reward sensitivity** | 16.7 | 2.1 | 10 | 20 |
| **Go/No-Go commission error [%]** | 20.3 | 15.8 | 0 | 68.5 |
| **Self-control** | 39.9 | 7.4 | 24 | 61 |
| **Consideration of future consequences** | 43.9 | 6.72 | 27.96 | 56 |