**S5 Table. Regressing well-being and mental health on family status for all countries, male respondents**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Life satisfaction  | CASP quality of life (0-10) | Network satisfaction | Lack of depressive symptoms (EURO-D) |
|   | A | B | A | B | A | B | A | B |
| [1] Having 1 child | 0.57\*\*\* | 0.49\*\*\* | 0.28\*\*\* | 0.18\*\* | 0.40\*\*\* | 0.36\*\*\* | 0.30\*\*\* | 0.065 |
|  | (0.000) | (0.000) | (0.000) | (0.001) | (0.000) | (0.000) | (0.000) | (0.239) |
| [2] Having 2 children | 0.069 | -0.010 | 0.14\*\* | 0.035 | 0.16\*\*\* | 0.12\* | 0.035 | 0.016 |
|  | (0.167) | (0.840) | (0.004) | (0.455) | (0.000) | (0.013) | (0.469) | (0.729) |
| [3] Having 3 or more children | 0.24\*\*\* | 0.097\* | 0.29\*\*\* | 0.13\*\* | 0.16\*\*\* | 0.10\* | 0.16\*\*\* | 0.094\* |
|  | (0.000) | (0.040) | (0.000) | (0.004) | (0.000) | (0.021) | (0.000) | (0.032) |
| Number of children in same HH | 0.18\*\*\* | 0.029 | 0.24\*\*\* | 0.056 | 0.13\*\* | 0.067 | 0.059 | -0.010 |
|  | (0.000) | (0.573) | (0.000) | (0.249) | (0.004) | (0.179) | (0.235) | (0.835) |
| Number of grandchildren | -0.0084 | -0.027 | -0.094\*\*\* | -0.11\*\*\* | -0.023 | -0.027 | -0.018 | -0.032 |
|  | (0.648) | (0.134) | (0.000) | (0.000) | (0.166) | (0.107) | (0.309) | (0.059) |
| Married/registered partnership | -0.0030 | 0.015\*\* | -0.025\*\*\* | -0.0018 | 0.015\*\*\* | 0.018\*\*\* | -0.015\*\* | -0.000094 |
|  | (0.566) | (0.004) | (0.000) | (0.707) | (0.001) | (0.000) | (0.004) | (0.985) |
| **Controls** |  |  |  |  |  |  |  |  |
| Age at interview | 0.055\*\*\* | 0.085\*\*\* | 0.14\*\*\* | 0.15\*\*\* | -0.031\* | -0.029 | 0.13\*\*\* | 0.12\*\*\* |
|  | (0.001) | (0.000) | (0.000) | (0.000) | (0.024) | (0.066) | (0.000) | (0.000) |
| Age at interview, squared | -0.00038\*\* | -0.00046\*\*\* | -0.0012\*\*\* | -0.0011\*\*\* | 0.00023\* | 0.00024\* | -0.0011\*\*\* | -0.00088\*\*\* |
|  | (0.002) | (0.000) | (0.000) | (0.000) | (0.023) | (0.036) | (0.000) | (0.000) |
| sh\_country==[2]BEL | -0.46\*\*\* | -0.45\*\*\* | -0.73\*\*\* | -0.68\*\*\* | -0.59\*\*\* | -0.61\*\*\* | -0.34\*\*\* | -0.26\*\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) |
| sh\_country==[3]CHE | 0.12\* | -0.14\*\* | 0.23\*\*\* | -0.041 | -0.29\*\*\* | -0.39\*\*\* | 0.036 | -0.19\*\*\* |
|  | (0.013) | (0.007) | (0.000) | (0.399) | (0.000) | (0.000) | (0.476) | (0.000) |
| sh\_country==[4]CZE | -0.93\*\*\* | -0.55\*\*\* | -1.42\*\*\* | -0.97\*\*\* | -0.34\*\*\* | -0.28\*\*\* | -0.12\* | 0.23\*\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.017) | (0.000) |
| sh\_country==[5]DEU | -0.55\*\*\* | -0.46\*\*\* | -0.30\*\*\* | -0.20\*\* | -0.41\*\*\* | -0.41\*\*\* | -0.13 | -0.040 |
|  | (0.000) | (0.000) | (0.000) | (0.003) | (0.000) | (0.000) | (0.053) | (0.547) |
| sh\_country==[6]DNK | 0.21\*\*\* | -0.062 | 0.18\*\* | -0.12\* | 0.12\* | 0.020 | 0.19\*\*\* | 0.0060 |
|  | (0.000) | (0.263) | (0.001) | (0.015) | (0.015) | (0.704) | (0.001) | (0.910) |
| sh\_country==[7]ESP | -0.62\*\*\* | -0.32\*\*\* | -0.89\*\*\* | -0.42\*\*\* | -0.29\*\*\* | -0.21\*\*\* | -0.23\*\*\* | 0.053 |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.378) |
| sh\_country==[8]EST | -1.68\*\*\* | -1.35\*\*\* | -1.36\*\*\* | -0.91\*\*\* | -0.47\*\*\* | -0.43\*\*\* | -0.89\*\*\* | -0.44\*\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) |
| sh\_country==[9]FRA | -0.96\*\*\* | -0.82\*\*\* | -0.46\*\*\* | -0.28\*\*\* | -0.56\*\*\* | -0.56\*\*\* | -0.51\*\*\* | -0.32\*\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) |
| sh\_country==[10]HUN | -1.55\*\*\* | -1.02\*\*\* | -1.32\*\*\* | -0.65\*\*\* | -0.16\*\* | -0.10 | -0.71\*\*\* | -0.21\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.004) | (0.115) | (0.000) | (0.001) |
| sh\_country==[11]ITA | -0.64\*\*\* | -0.51\*\*\* | -1.52\*\*\* | -1.30\*\*\* | -0.37\*\*\* | -0.35\*\*\* | -0.40\*\*\* | -0.29\*\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) | (0.000) |
| sh\_country==[12]NLD | -0.24\*\*\* | -0.36\*\*\* | 0.26\*\*\* | 0.15\*\* | -0.54\*\*\* | -0.59\*\*\* | 0.23\*\*\* | 0.13\* |
|  | (0.000) | (0.000) | (0.000) | (0.003) | (0.000) | (0.000) | (0.000) | (0.011) |
| sh\_country==[13]POL | -0.85\*\*\* | -0.34\*\*\* | -1.13\*\*\* | -0.48\*\*\* | -0.23\*\* | -0.15 | -0.84\*\*\* | -0.33\*\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.002) | (0.051) | (0.000) | (0.000) |
| sh\_country==[14]PRT | -1.06\*\*\* | -0.58\*\*\* | -2.02\*\*\* | -1.29\*\*\* | -0.063 | 0.14\* | -0.76\*\*\* | -0.23\*\* |
|  | (0.000) | (0.000) | (0.000) | (0.000) | (0.286) | (0.039) | (0.000) | (0.002) |
| sh\_country==[15]SVN | -0.96\*\*\* | -0.66\*\*\* | -0.13\* | 0.25\*\*\* | -0.40\*\*\* | -0.37\*\*\* | -0.31\*\*\* | -0.072 |
|  | (0.000) | (0.000) | (0.035) | (0.000) | (0.000) | (0.000) | (0.000) | (0.224) |
| sh\_country==[16]SWE | 0.026 | -0.18\*\* | -0.29\*\*\* | -0.45\*\*\* | -0.050 | -0.12 | 0.030 | -0.064 |
|  | (0.670) | (0.003) | (0.000) | (0.000) | (0.392) | (0.055) | (0.623) | (0.273) |
| Divorced/living separated |  | 0.0044 |  | 0.023 |  | -0.061 |  | -0.12 |
|  |  | (0.951) |  | (0.715) |  | (0.380) |  | (0.063) |
| Widowed |  | 0.085 |  | 0.10 |  | 0.0013 |  | -0.23\*\* |
|  |  | (0.281) |  | (0.143) |  | (0.987) |  | (0.001) |
| [1] Suburbs of big city |  | 0.0081 |  | 0.022 |  | 0.071 |  | -0.060 |
|  |  | (0.858) |  | (0.595) |  | (0.092) |  | (0.152) |
| [2] Large town |  | 0.042 |  | 0.057 |  | 0.12\*\* |  | -0.065 |
|  |  | (0.318) |  | (0.132) |  | (0.002) |  | (0.094) |
| [3] Small town |  | 0.098\* |  | 0.099\*\* |  | 0.14\*\*\* |  | 0.049 |
|  |  | (0.013) |  | (0.005) |  | (0.000) |  | (0.165) |
| [4] Rural area/village |  | 0.060 |  | 0.085\* |  | 0.13\*\*\* |  | 0.034 |
|  |  | (0.113) |  | (0.011) |  | (0.000) |  | (0.315) |
| Employment, current job |  | 0.29\*\*\* |  | 0.21\*\*\* |  | 0.047 |  | 0.13\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.125) |  | (0.000) |
| Self-employment, current job |  | 0.21\*\*\* |  | 0.22\*\*\* |  | 0.023 |  | 0.074 |
|  |  | (0.000) |  | (0.000) |  | (0.574) |  | (0.059) |
| [1] Primary school |  | 0.23\* |  | 0.40\*\*\* |  | 0.077 |  | 0.18\* |
|  |  | (0.011) |  | (0.000) |  | (0.350) |  | (0.034) |
| [2] Lower secondary school |  | 0.24\* |  | 0.50\*\*\* |  | 0.10 |  | 0.26\*\* |
|  |  | (0.010) |  | (0.000) |  | (0.233) |  | (0.003) |
| [3] Upper secondary school |  | 0.27\*\* |  | 0.62\*\*\* |  | 0.11 |  | 0.29\*\* |
|  |  | (0.003) |  | (0.000) |  | (0.177) |  | (0.001) |
| [4] Post-secondary non-tertiary education |  | 0.37\*\*\* |  | 0.66\*\*\* |  | 0.17 |  | 0.28\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.080) |  | (0.005) |
| [5] First stage tertiary education |  | 0.32\*\*\* |  | 0.67\*\*\* |  | 0.11 |  | 0.26\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.210) |  | (0.003) |
| [6] Second stage tertiary education |  | 0.45\*\*\* |  | 0.77\*\*\* |  | 0.013 |  | 0.22 |
|  |  | (0.000) |  | (0.000) |  | (0.922) |  | (0.079) |
| [1] Fair |  | 1.05\*\*\* |  | 1.12\*\*\* |  | 0.13\*\* |  | 1.20\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.002) |  | (0.000) |
| [2] Good |  | 1.49\*\*\* |  | 1.76\*\*\* |  | 0.15\*\*\* |  | 1.84\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.000) |  | (0.000) |
| [3] Very good |  | 1.83\*\*\* |  | 2.14\*\*\* |  | 0.30\*\*\* |  | 2.12\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.000) |  | (0.000) |
| [4] Excellent |  | 2.11\*\*\* |  | 2.45\*\*\* |  | 0.43\*\*\* |  | 2.22\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.000) |  | (0.000) |
| Drugs for depression |  | -0.44\*\*\* |  | -0.57\*\*\* |  | -0.081\* |  | -1.22\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.039) |  | (0.000) |
| [1] Middle income |  | 0.23\*\*\* |  | 0.26\*\*\* |  | 0.061 |  | 0.13\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.096) |  | (0.000) |
| [2] Upper middle income |  | 0.29\*\*\* |  | 0.31\*\*\* |  | 0.041 |  | 0.16\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.253) |  | (0.000) |
| [3] High income |  | 0.26\*\*\* |  | 0.31\*\*\* |  | 0.076\* |  | 0.11\*\*\* |
|  |  | (0.000) |  | (0.000) |  | (0.023) |  | (0.001) |
| \_cons | 5.79\*\*\* | 2.29\*\*\* | 3.65\*\*\* | 0.081 | 9.66\*\*\* | 9.11\*\*\* | 4.40\*\*\* | 2.41\*\*\* |
|   | (0.000) | (0.000) | (0.000) | (0.876) | (0.000) | (0.000) | (0.000) | (0.000) |
| N | 22847 | 20648 | 22149 | 20067 | 22962 | 20735 | 22705 | 20518 |
| R² | 0.12 | 0.25 | 0.18 | 0.36 | 0.04 | 0.05 | 0.06 | 0.27 |
| adjusted R² | 0.12 | 0.25 | 0.18 | 0.36 | 0.04 | 0.04 | 0.06 | 0.27 |