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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **DATE**: \_\_\_\_May 18, 2017\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | |  | | | **GROUP NUMBER /PARISH:** \_\_\_1/Namayiba\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | |
|  |  | |  | |  |  | | |  | |  | | |  | |  | | | |
|  | **FOOD GROUP**: \_NUTS AND SEEDS\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | | | | | | | | | | |
| **RECIPE MAIN INGREDIENT:** Groundnuts\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | | | | | | | | | | | |
|  | | | | | | |  |  | |  | | |  | |  | |  | |  |
| **NAME OF MIXED DISH** | | | | **NAME OF INGREDIENT** | | | | | | **Is this a MAJOR or MINOR ingredient?** | | | **FREQUENCY IN DISH** | | Probe for states and form of the ingredient before addition to dish | | | | |
| Added fresh or dried | | Cooking state as added | | How processed |
| Write the local name or basic description of dish | | | | Ingredient name Please list all possible ingredients in the dish | | | | | | Major or minor | | | 1=Always; 2=Often;  3=Sometimes;  4=Rare | | Fresh, dried | | Example: Raw, boiled, steamed, roasted, fried | | Example: Pounded, sliced/diced, mashed |
| Groundnut sauce with vegetables | | | | Groundnut flour | | | | | | Major | | | 1 | | Dried | | Raw | | Pounded |
| Water | | | | | |  | | | 1 | |  | |  | |  |
| Tomato | | | | | | minor | | | 2 | | Fresh | | Raw | | Sliced |
| Onion | | | | | | minor | | | 2 | | Fresh | | Raw | | Sliced |
| Eggplant/Entula | | | | | | minor | | | 2 | | Fresh | | Raw | | Sliced |
| Green pepper | | | | | | minor | | | 3 | | Fresh | | Raw | | Sliced |
| Carrot | | | | | | minor | | | 3 | | Fresh | | Raw | | Sliced |
| Green leaves | | | | | | minor | | | 4 | | Fresh | | Raw | | Sliced |
|  | | | |  | | | |  | |  | | |  | |  | |  | |  |
| **List the most popular ingredient combinations** | | | | | | | | | | | | | | | | | | | |
| 1 | | Groundnut flour, tomato, onion | | | | | | | | | | | | | | | |
| 2 | | Groundnut flour, tomato, onion, eggplant/entula | | | | | | | | | | | | | | | |
| 3 | |  | | | | | | | | | | | | | | | |
| 4 | |  | | | | | | | | | | | | | | | |