|  |  |  |  |
| --- | --- | --- | --- |
|  | **DATE**: \_\_\_\_May 18, 2017\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  | **GROUP NUMBER /PARISH:** \_\_\_1/Namayiba\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
|  |  |  |  |  |  |  |  |  |
|  | **FOOD GROUP**: \_NUTS AND SEEDS\_\_\_\_\_\_\_\_\_\_\_\_ |
| **RECIPE MAIN INGREDIENT:** Groundnuts\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
|  |  |  |  |  |  |  |  |
| **NAME OF MIXED DISH**  | **NAME OF INGREDIENT**  | **Is this a MAJOR or MINOR ingredient?**  | **FREQUENCY IN DISH** | Probe for states and form of the ingredient before addition to dish  |
| Added fresh or dried | Cooking state as added | How processed  |
| Write the local name or basic description of dish | Ingredient name Please list all possible ingredients in the dish | Major or minor | 1=Always; 2=Often;3=Sometimes; 4=Rare | Fresh, dried | Example: Raw, boiled, steamed, roasted, fried | Example: Pounded, sliced/diced, mashed |
| Groundnut sauce with vegetables       |  Groundnut flour |  Major | 1 |  Dried |  Raw | Pounded  |
|  Water |  | 1 |   |   |   |
|  Tomato |  minor | 2 |  Fresh |  Raw |  Sliced |
|  Onion |  minor | 2 |  Fresh |  Raw |  Sliced |
|  Eggplant/Entula |  minor | 2 |  Fresh |  Raw |  Sliced |
|  Green pepper |  minor | 3 |  Fresh |  Raw |  Sliced |
| Carrot | minor | 3 | Fresh | Raw | Sliced |
| Green leaves |  minor | 4 |  Fresh |  Raw |  Sliced |
|  |  |  |  |  |  |  |  |
| **List the most popular ingredient combinations** |
| 1 | Groundnut flour, tomato, onion |
| 2 | Groundnut flour, tomato, onion, eggplant/entula |
| 3 |  |
| 4 |  |