**S1 Fig:** **Study flowchart**

Target group identified in the Danish national birth register and administrative birth forms 
n 5902
Children invited to participate in the Healthy Start study
 n 3722


Individuals who moved from the municipality, had no permanent address, had died, lived at children's home or were protected from being contacted by researchers
n 2180






Excluded
Sub cohort followed in GP register only
(only information on weight and height)
n 420


Did not participate

**n 2667**

Examination

**n 635**

**n 320**

Intervention group:

**n 315**

Control group:

*Excluded*

Children with missing information on dietary intake, hair cortisol and covariates at follow-up: **n 339**

Study population with complete

Information at follow-up

**n 296**

Intervention group: **n 123**

Control group: **n 173**

Children participating at baseline

Study participants at baseline

**n 1055**

Intervention group:

**n 320**

Control group:

**n 315**

Shadow control group: **n 420**