**S1 Fig:** **Study flowchart**











Did not participate

**n 2667**

Examination

 **n 635**

**n 320**

Intervention group:

**n 315**

Control group:

*Excluded*

Children with missing information on dietary intake, hair cortisol and covariates at follow-up: **n 339**

Study population with complete

Information at follow-up

**n 296**

Intervention group: **n 123**

Control group: **n 173**

Children participating at baseline

Study participants at baseline

**n 1055**

Intervention group:

**n 320**

Control group:

**n 315**

 Shadow control group: **n 420**