Appendix 1 - Interview Topic Guide

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| **Knowledge and Diagnosis** |
| * Did you experience any symptoms before you were diagnosed with Hypertension?
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| * If yes, can you describe those symptoms of Hypertension?
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| * Do you have other health problems?
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| * Can you tell me about your other health problems (the one that worries you the most then follow up with others, then ask HTN and DM?
 |
| * How did you decide to seek care? Did the family help in the process? Or any organization?
 |
| * Can we talk about your experience of this process of seeking care?
 |
| * To what extent do you think HTN is an important disease?
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| * How much did you know about HTN before your diagnosis? What were your information sources at the time and now?
 |
| Prevention and Treatment |
| * Have you received any advice on preventive and control measures on HTN from Community Health Workers (CHWs)?
 |
| * Was the information received appropriate to your needs?
 |
| * Have you changed your behaviour (diet and exercise) since knowing about the condition?
 |
| * What was the treatment that was first prescribed? Was it subsequently changed?
 |
| * Does a family member or organization help you with taking the treatment?
 |
| * Did you have to pay anything out-of-pocket for the treatment or for travelling?
 |
| * Do you take other alternative medication?
 |
| * How were the health care facilities you visited?
 |
| * What difficulties you face during this process while seeking treatment?
 |
| * What in the process of treatment could have been handled better?
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| Access of Services and Receiving Care |
| * Are there shortages of drugs and consumables? Or access problems to facilities? Discuss problems.
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| * Are there problems accessing Home Health Education (HHE) and other services from CHWs?
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| * Are there problems accessing subsidies or financial support for additional health services?
 |
| Health Care Experiences and Recommendations |
| * How would you assess your communication with health providers you have encountered?
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| * Do you have a trusting relationship with your GP?
 |
| * To what extent have you been kept informed about your treatment?
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| * How can the Home Health Education and other services provided by CHWs be improved?
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| * Have you heard of any initiative to improve prevention of HTN?
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| * From your experience what could be done to make life easier for people suffering from HTN?
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| * Are there any changes that need to be made outside the health care system?
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