**S1 Table Topic guide for Focus Group Discussions with Community Workers**

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| **Concept**  | **Main question**  | **Probing questions** |
| **Introduction** | **I am interested in understanding what motivated you to become a community worker in CK services?**  | **What characteristics of CK services influenced your decision?** **What is the personal added value of working in CK services?** **Describe if there is any negative influence of working in a CK on your personal life.** **What is the family and social added value of working in CK services?** **Describe if there is any negative influence of working in CK on your family** |
| **Service preparation and delivery**  | **Describe the process of service preparation and delivery?**  | **Walk me through the process of what happens from the moment you start planning and preparing the food until the service is delivered to households****What challenges you encounter during that process?****What factors facilitate this process?** **In your opinion, what measures are needed to improve the service** **preparation and delivery?** |
| **Spatial-Temporal**  | 1. **What do you think of the location of the CK?**
2. **What about the kitchen facility?**
3. **Tell me about transportation to reach the CK**
4. **What about the time commitment?**
 | **Is it easy to access?****Do you have to travel a long distance to reach the CK?****Describe the kitchen facility.** **What elements facilitate your work?** **What about the challenges?** **What do you use as transportation to get to the CK?****What are the challenges?****What are the opportunities?** **How long is your engagement in the CK?** **How this commitment is affecting your personal life?** **How this commitment is influencing your family life?**  |
| **Economic**  | **Now, I need to ask about the financial impact of CK services. Tell me about how being a CW in a CK influenced your financial status.**  | **How is the money you receive helping you personally?** **How is it helping your family?** **Is it enough to cover your expenses?** **Does receiving food from the CK allow you to save on your home finances?**  |
| **Social**  | **Tell me about the relationships you developed inside the CK** | **Describe the nature of the relationship you have with your colleagues at work****Describe the nature of the relationship with your colleagues outside work, socializing, supporting etc…** **In your opinion, what is the social added value of working in a CK?****What about your relationship with the CK administration?****What facilitates this relationship?** **What challenges this relationship?**  |
| **Personal** | 1. **Tell me about the impact of working in the CK on your personal health status?**

1. **Tell me about the learning process in the CK**
2. **How does working as a CW affect you psychologically?**
3. **What happens if the delivery of CK service stops?**
 | **Describe how do you feel after a day of work at CK facility?****Did you experience an onset of any disease or medical condition as a result of your work in the CK?****Did you receive any training to be part of the CK? Please explain.****What did you learn as a result of your involvement in the CK?****How does it contribute to your nutritional knowledge?****What new skills did you acquire?****Tell me how do you feel towards yourself?** **How is it going to affect your life style?** **Your home expenses?** **Your psychological status?**  |