

S1 Table. Descriptive data about physical activity and sedentary

| | MVPA (min/d) | | LPA (min/d) | | Steps | | Sedentary (min/d) | |
|------------------------------|--------------|-------------|-------------|---------------|--------------|---------------|-------------------|---------------|
| | M (SE) | Mdn (IQR) | M (SE) | Mdn (IQR) | M (SE) | Mdn (IQR) | M (SE) | Mdn (IQR) |
| Sex | | | | | | | | |
| Men | 23.8 (0.6) | 18.4 (26.7) | 219.6 (2.4) | 208.1 (113.4) | 8334 (109) | 7842 (4965) | 538.9 (3) | 545.1 (129.3) |
| Women | 18.7 (0.5) | 13.6 (21.6) | 209.8 (1.9) | 201.6 (95.4) | 7365 (88) | 6910 (4377) | 557.4 (2.8) | 561.8 (123.9) |
| Smoker | | | | | | | | |
| Yes | 18.5 (0.5) | 11.7 (24) | 218.3 (4.3) | 201 (121.1) | 7490 (76) | 6895 (4845) | 539.5 (5) | 542.5 (146.9) |
| No | 21.9 (0.8) | 16.4 (22.2) | 213.8 (1.6) | 205.4 (100) | 7942 (180) | 7540 (4446) | 550.2 (2.3) | 557.6 (123.7) |
| Marital status | | | | | | | | |
| Living with someone, married | 19.6 (0.5) | 14.3 (21.3) | 221.7 (1.9) | 211.7 (103.2) | 7893 (84.9) | 7452 (4527) | 553.1 (2.4) | 559.4 (121.6) |
| Separated, widowed, divorced | 24.4 (0.8) | 18.4 (30.1) | 201.1 (2.5) | 188.9 (98.1) | 7767 (127) | 7252 (4425) | 538.4 (3.9) | 542.2 (135.5) |
| Occupation | | | | | | | | |
| Yes | 23.3 (0.5) | 18.1 (24.3) | 223 (1.9) | 211.4 (102.5) | 8254 (83.1) | 7827 (4409.4) | 540.7 (2.5) | 547.4 (129.5) |
| No | 14.6 (0.7) | 7.9 (18.3) | 189.4 (2.6) | 184.1 (100) | 6514 (126.8) | 5978 (4275.2) | 572.8 (3.5) | 570.7 (114.4) |
| Chronic disease | | | | | | | | |
| Yes | 25.7 (0.9) | 20.4 (25.6) | 226.1 (2.7) | 215 (441.4) | 8557 (130.2) | 8117 (4446.1) | 552 (2.5) | 556.7 (125) |
| No | 18.5 (0.4) | 13.4 (21.7) | 207.2 (1.9) | 197 (104.6) | 7435 (82.7) | 7028 (4621.6) | 541.6 (3.6) | 549.9 (129.1) |