|  |  |  |
| --- | --- | --- |
| **Variables**  | **Frequency**  | **Percent**  |
| **Diabetic distress**  |  |  |
| No | 252 | 61.2 |
| Yes  | 160 | 38.8 |
| **Emotional distress**  |  |  |
| No | 189 | 45.9 |
| Yes  | 223 | 54.1 |
| **Physician related distress** |  |  |
| No  | 284 | 68.9 |
| Yes  | 128 | 31.1 |
| **Regimen related distress** |  |  |
| No  | 242 | 58.7 |
| Yes  | 170 | 43.3 |
| **Interpersonal distress** |  |  |
| No | 275 | 66.7 |
| Yes  | 137 | 33.3 |