HEALTH TECHNOLOGY ASSESSMENT

VOLUME 19 ISSUE 52 JULY 2015 ISSN 1366-5278

Clinical effectiveness and cost-effectiveness of parenting interventions for children with severe attachment problems: a systematic review and meta-analysis

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¹Hull York Medical School, University of York, York, UK
²Leeds and York Partnership NHS Foundation Trust, Leeds, UK
³Department of Health Sciences, University of York, York, UK
⁴York Health Economics Consortium, York, UK
⁵Great Ormond Street Hospital, London, UK
⁶Research Department of Clinical, Educational and Health Psychology, University College London, London, UK
⁷Centre for Health Economics, University of York, York, UK
⁸Faculty of Population Health Sciences, Institute of Child Health, University College London, London, UK
⁹Tees, Esk and Wear Valleys NHS Foundation Trust, Middlesbrough, UK

*Corresponding author

Declared competing interests of authors: none

Published July 2015 DOI: 10.3310/hta19520

This report should be referenced as follows:

Wright B, Barry M, Hughes E, Trépel D, Ali S, Allgar V, *et al*. Clinical effectiveness and cost-effectiveness of parenting interventions for children with severe attachment problems: a systematic review and meta-analysis. *Health Technol Assess* 2015;**19**(52).

Health Technology Assessment is indexed and abstracted in Index Medicus/MEDLINE, Excerpta Medica/EMBASE, Science Citation Index Expanded (SciSearch®) and Current Contents®/ Clinical Medicine.

Health Technology Assessment

ISSN 1366-5278 (Print)

ISSN 2046-4924 (Online)

Impact factor: 5.116

Health Technology Assessment is indexed in MEDLINE, CINAHL, EMBASE, The Cochrane Library and the ISI Science Citation Index.

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics (COPE) (www.publicationethics.org/).

Editorial contact: nihredit@southampton.ac.uk

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This report

The research reported in this issue of the journal was funded by the HTA programme as project number 10/45/04. The contractual start date was in October 2011. The draft report began editorial review in October 2013 and was accepted for publication in May 2014. The authors have been wholly responsible for all data collection, analysis and interpretation, and for writing up their work. The HTA editors and publisher have tried to ensure the accuracy of the authors' report and would like to thank the reviewers for their constructive comments on the draft document. However, they do not accept liability for damages or losses arising from material published in this report.

This report presents independent research funded by the National Institute for Health Research (NIHR). The views and opinions expressed by authors in this publication are those of the authors and do not necessarily reflect those of the NHS, the NIHR, NETSCC, the HTA programme or the Department of Health. If there are verbatim quotations included in this publication the views and opinions expressed by the interviewees are those of the interviewees and do not necessarily reflect those of the authors, those of the NHS, the NIHR, NETSCC, the HTA programme or the Department of Health.

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Abstract

Clinical effectiveness and cost-effectiveness of parenting interventions for children with severe attachment problems: a systematic review and meta-analysis

Barry Wright,^{1,2*} Melissa Barry,² Ellen Hughes,² Dominic Trépel,³ Shehzad Ali,³ Victoria Allgar,¹ Lucy Cottrill,² Steven Duffy,⁴ Jenny Fell,^{2,3} Julie Glanville,⁴ Danya Glaser,^{5,6} Lisa Hackney,² Laura Manea,¹ Dean McMillan,^{1,3} Stephen Palmer,⁷ Vivien Prior,⁸ Clare Whitton,⁹ Amanda Perry³ and Simon Gilbody^{1,3}

¹Hull York Medical School, University of York, York, UK

²Leeds and York Partnership NHS Foundation Trust, Leeds, UK

³Department of Health Sciences, University of York, York, UK

⁴York Health Economics Consortium, York, UK

⁵Great Ormond Street Hospital, London, UK

⁶Research Department of Clinical, Educational and Health Psychology, University College London, London, UK

⁷Centre for Health Economics, University of York, York, UK

⁸Faculty of Population Health Sciences, Institute of Child Health, University College London, London, UK

⁹Tees, Esk and Wear Valleys NHS Foundation Trust, Middlesbrough, UK

*Corresponding author barry.wright1@nhs.net

Background and objectives: Services have variable practices for identifying and providing interventions for 'severe attachment problems' (disorganised attachment patterns and attachment disorders). Several government reports have highlighted the need for better parenting interventions in at-risk groups. This report was commissioned to evaluate the clinical effectiveness and cost-effectiveness of parenting interventions for children with severe attachment problems (the main review). One supplementary review explored the evaluation of assessment tools and a second reviewed 10-year outcome data to better inform health economic aspects of the main review.

Data sources: A total of 29 electronic databases were searched with additional mechanisms for identifying a wide pool of references using the Cochrane methodology. Examples of databases searched include PsycINFO (1806 to January week 1, 2012), MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations (1946 to December week 4, 2011) and EMBASE (1974 to week 1, 2012). Searches were carried out between 6 and 12 January 2012.

Review methods: Papers identified were screened and data were extracted by two independent reviewers, with disagreements arbitrated by a third independent reviewer. Quality assessment tools were used, including quality assessment of diagnostic accuracy studies – version 2 and the Cochrane risk of bias tool. Meta-analysis of randomised controlled trials (RCTs) of parenting interventions was undertaken. A health economics analysis was conducted.

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Results: The initial search returned 10,167 citations. This yielded 29 RCTs in the main review of parenting interventions to improve attachment patterns, and one involving children with reactive attachment disorder. A meta-analysis of eight studies seeking to improve outcome in at-risk populations showed statistically significant improvement in disorganised attachment. The interventions saw less disorganised attachment at outcome than the control (odds ratio 0.47, 95% confidence interval 0.34 to 0.65; p < 0.00001). Much of this focused around interventions improving maternal sensitivity, with or without video feedback. In our first supplementary review, 35 papers evaluated an attachment assessment tool demonstrating validity or psychometric data. Only five reported test-retest data. Twenty-six studies reported inter-rater reliability, with 24 reporting a level of 0.7 or above. Cronbach's alphas were reported in 12 studies for the comparative tests (11 with $\alpha > 0.7$) and four studies for the reference tests (four with $\alpha > 0.7$). Three carried out concurrent validity comparing the Strange Situation Procedure (SSP) with another assessment tool. These had good sensitivity but poor specificity. The Disturbances of Attachment Interview had good sensitivity and specificity with the research diagnostic criteria (RDC) for attachment disorders. In our supplementary review of 10-year outcomes in cohorts using a baseline reference standard, two studies were found with disorganised attachment at baseline, with one finding raised psychopathology in adolescence. Budget impact analysis of costs was estimated because a decision model could not be justifiably populated. This, alongside other findings, informed research priorities.

Limitations: There are relatively few UK-based clinical trials. A 10-year follow-up, while necessary for our health economists for long-term sequelae, yielded a limited number of papers.

Conclusions: Maternal sensitivity interventions show good outcomes in at-risk populations, but require further research with complex children. The SSP and RDC for attachment disorders remain the reference standards for identification until more concurrent and predictive validity research is conducted. A birth cohort with sequential attachment measures and outcomes across different domains is recommended with further, methodologically sound randomised controlled intervention trials. The main area identified for future work was a need for good-quality RCTs in at-risk groups such as those entering foster care or adoption.

Study registration: This study is registered as PROSPERO CRD42011001395.

Funding: The National Institute for Health Research Health Technology Assessment programme.

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BOX 1 Coding classification key for the SSP and modifications

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List of abbreviations

AAI	Adult Attachment Interview	DC: 0–3R	Revised Classification of Mental Health and Developmental
ABC	Attachment and Biobehavioural Catch-up	•	Disorders of Infancy and Early
ADI	Attachment Doll Interview	DMM	Dynamic Maturational Model
APA	American Psychiatric Association	DSM-IV	Diagnostic and Statistical Manual
AQS	attachment Q-set		of Mental Disorders-Fourth Edition
BAT	Biopsychosocial Attachment Types	DSM-V	Diagnostic and Statistical Manual of Mental Disorders-Fifth Edition
BERS	Behavioural and Emotional Rating Scale	EHS	Early Head Start
CAI	Child Attachment Interview	НСР	Healthy Child Programme
CAMHS	Child and Adolescent Mental Health Service	HEED	Health Economic Evaluations Database
CAP	California Attachment Procedure	HTA	Health Technology Assessment
САРА	Child and Adolescent Psychiatric Assessment	IAPT	Increasing Access to Psychological Therapies
CBRS	May-Nichols Child Behaviour Rating Scale	ICD-10	International Classification of Diseases, Tenth Edition
CDSR	Cochrane Database of Systematic Reviews	ICD-11	International Classification of Diseases, Eleventh Edition
CENTRAL	Cochrane Central Register of Controlled Trials	IMAS	Interview Measure of Attachment Security
CI	confidence interval	IPT	interpersonal psychotherapy
CMCAST	Computerised Manchester Child	IQ	intellectual quotient
	Attachment Story Task	LTS	Louisville Twin Study
CONSORT	Consolidated Standards of Reporting Trials	M–H	Mantel–Haenszel
COS-4	Circle of Security – home visiting-4	MCAST	Manchester Child Attachment Story Task
CRD	Centre for Reviews and Dissemination	MCDC	Middle Childhood Disorganisation and Control
DAD	disinhibited attachment disorder	MeSH	medical subject headings
DAI	Disturbances of Attachment Interview	MIMRS	Marschak Interaction Method Rating System
DARE	Database of Abstracts of Reviews of Effects	MSSB	MacArthur Story Stem Battery

MTFC-P	Multidimensional Treatment Foster Care Program for Pre-schoolers	QUADAS-2	quality assessment of diagnostic accuracy studies – version 2
NHS EED	NHS Economic Evaluation Database	RAD	reactive attachment disorder
NICE	National Institute for Health and Care Excellence	RADQ	Randolph Attachment Disorder Questionnaire
NIHR	National Institute for Health	RCT	randomised controlled trial
	Research	RDC	research diagnostic criteria
OR	odds ratio	RPQ	Relationships Problems
PAA	Preschool Assessment of		Questionnaire
	Attachment	SAT	Separation Anxiety Test
PAPA	Preschool Age Psychiatric Assessment	SD	standard deviation
PICOS	participants, interventions,	SES	socioeconomic status
11005	comparisons, outcomes, study	SSAP	Story Stem Assessment Profile
	design	SSP	Strange Situation Procedure
PPI	patient and public involvement	TPP	Toddler–Parent Psychotherapy
PPIP	Preventative Psychotherapeutic Intervention Program	UCLA FDP	University of California, Los Angeles Family Development
PRISMA	Preferred Reporting Items for		Project
	Systematic Reviews and Meta-Analyses	VIPP-R	Video-feedback Intervention to promote Positive Parenting with a
PSSRU	Personal Social Services Research		Representational focus
	Unit	WHO	World Health Organization
QALY	quality-adjusted life-year	WRO	Waiting Room Observation

Plain English summary

This review was commissioned to find parental interventions shown in research to improve or prevent severe attachment problems. We found 10,167 research papers on attachment and three teams of reviewers gathered information for the following reviews.

The main systematic review identified 39 parental intervention papers meeting set criteria. Eight interventions for reducing disorganised attachment were meta-analysed and showed good outcomes overall. Most of these focused on improving parental sensitivity. Two papers included an economic evaluation of interventions with data of limited usefulness. A health economics analysis is provided.

Supplementary review 1 explored good ways of assessing attachment at baseline and showed a diverse literature. We identified 35 papers meeting set criteria that examined the development of an assessment tool for attachment patterns or attachment disorders. Scientific measures of their reliability and validity were varied. The two assessment tools compared with the Strange Situation Procedure at the same time had a tendency to identify high rates of false positives and would not be useful clinically. In supplementary review 2, we found eight studies that used a valid disorganised attachment measure or a valid measure of attachment disorder at baseline and followed the children up for at least 10 years. There was an association with emotional and behavioural problems by age 17 years and a weak correlation with personality disorder in young adults.

Helpful future research would include improved study designs and a well-planned large birth cohort study with long-term follow-up and a range of assessments and outcome measures. More intervention research would be productive.

Scientific summary

Background

The concept of attachment describes the child's component of the caregiving bond between the infant and the primary caregiver, usually the mother. It allows the developing infant to explore the environment safely, to elicit care from a caregiver (seeking proximity during times of threat) and to learn how to cope with the challenges and anxieties presented in the environment. Various models and hypotheses suggest the importance of its influence on development.

Attachment is traditionally measured in two ways. The first involves identifying patterns of attachment (sometimes referred to as styles or attachment organisation). This involves coding the responses of an infant (usually aged between 9 and 18 months) to a series of encounters involving his or her primary caregiver and a stranger. The reference standard for this is the Strange Situation Procedure (SSP). This is not a diagnosis but a set of observed behaviours that present in one of a number of patterns. The second involves research diagnostic criteria (RDC) for attachment disorders, specified by both the American Psychatric Association (APA) and the World Health Organization (WHO). The relationship between attachment patterns and attachment disorders is unclear. There is a wide narrative literature describing the importance of attachment problems in the developmental course of children. This has led to numerous interventions being developed in an attempt to improve attachment and reduce negative outcomes. This review has been requested in order to elucidate the literature on the clinical effectiveness and cost-effectiveness of parenting interventions for children with severe attachment problems. This will inform best practice by those delivering these programmes. After extensive discussion with the expert/patient and public involvement group, we defined severe attachment problems [a term coined by the National Institute for Health Research (NIHR) call] as disorganised attachment patterns, or attachment disorders in children as diagnosed by the WHO or the APA classification system.

Objectives

The main objective specified in the Health Technology Assessment (HTA) programme call was to address the question 'What is the effectiveness and cost-effectiveness of early parenting interventions for parents whose children show signs of developing severe attachment problems?'.

To achieve this we specified our main review objectives as follows:

- 1. to identify the range of intervention programmes that are designed for parents of children with severe attachment problems
- 2. to examine the clinical effectiveness of intervention programmes designed for parents of children with severe attachment problems
- to examine the cost-effectiveness of intervention programmes designed for parents of children with severe attachment problems
- to identify research priorities for developing future intervention programmes for children with severe attachment disorders, from the perspective of the UK NHS.

These four objectives formed the basis of the main systematic review.

We undertook supplementary reviews in order to support this work. These specifically focused on developing clarity around baseline measures of attachment and obtaining additional information about outcomes over 10 years, as most of the effectiveness studies reported outcomes that were short term. This was to provide additional information for the health economists. These objectives were as follows:

- 1. to review the methods of assessment and/or diagnosis of attachment patterns and/or disorders (supplementary systematic review 1)
- 2. to examine the 10-year or more outcomes among children with severe attachment problems and collect prevalence information from these studies (supplementary systematic review 2).

Methods

A literature search was undertaken across 29 electronic databases and 11 internet sites. Examples of databases searched include PsycINFO (1806 to January week 1, 2012), MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations (1946 to December week 4, 2011) and EMBASE (1974 to week 1, 2012). Information was gathered by personal communication and authors' contact details, and by identifying additional references through bibliographic lists. The systematic review was divided into one main review and two supplementary reviews as described above, and utilised different screening criteria and data extraction information for each stage of the review. Methods outlined by the Centre for Reviews and Dissemination and Cochrane were followed. For the main systematic review of clinical effectiveness and cost-effectiveness, we evaluated randomised controlled trial (RCT) evidence to assess the effectiveness of interventions to improve attachment patterns or attachment disorders. The Cochrane risk of bias tool was used to carry out quality assessment. We set out to gather enough information to populate a health economics decision model and carry out a value of information analysis. The first supplementary review considered the diagnostic accuracy of screening and assessment tools used to identify attachment patterns and attachment disorder. Quality assessments were conducted using the quality assessment of diagnostic accuracy studies – version 2. The review of 10-year outcomes (supplementary review 2) investigated the long-term impact of severe attachment problems using prospective studies with a follow-up of 10 years or more.

Results

Supplementary review 1: validity of attachment assessment tools

A total of 35 publications met the inclusion criteria for this phase of the review. The majority sought to validate an attachment assessment procedure under investigation against the SSP.

Attachment pattern assessments

In terms of test performance, two studies reported data that allowed concurrent validity calculation of sensitivity and specificity. When compared with the SSP in detecting secure attachment, the California Attachment Procedure reported a sensitivity of 0.90 [95% confidence interval (CI) 0.76 to 0.97] and a specificity of 0.30 (95% CI 0.11 to 0.54). The sensitivity of the Louisville Twin Study attachment procedure to detect secure attachment was 0.82 (95% CI 0.61 to 0.95) and the specificity was 0.66 (95% CI 0.29 to 0.92). A number of other instruments were compared with the reference standard (SSP), with a range of validity and reliability data reported.

The nomenclature for the SSP was varied. In 14 papers using this tool, 12 used variations of nomenclature or classification subtypes.

Attachment disorder assessments

The Disturbances of Attachment Interview was compared with a semistructured interview to elicit RDC for attachment disorder. This found a sensitivity of 0.81 (95% CI 0.54 to 0.96) and a specificity of 0.86 (95% CI 0.78 to 0.92) for disinhibited attachment disorder, and a sensitivity of 0.80 (95% CI 0.28 to 0.99) and a specificity of 0.99 (95% CI 0.95 to 1.00) for inhibited attachment disorder.

When exploring the validity and reliability of all these assessments under consideration, only 5 of the 35 studies reported test–retest data. Inter-rater reliability was the most frequently reported type of reliability data. A total of 26 studies reported these data for the index tests and 23 studies for the reference test. Of these 26, 24 had good inter-rater reliability as defined by a level of 0.7 or above. Cronbach's alphas were reported in 12 studies for the index tests (in 11 studies $\alpha > 0.7$) and four studies for the reference tests (in four studies $\alpha > 0.7$).

The only study measuring attachment patterns and attachment disorders at the same time suggested that these are largely separate constructs.

Supplementary review 2: 10-year outcome studies with an assessment of severe attachment problems at baseline

When we reviewed studies of 10-year follow-up where attachment had been measured at inception using either the SSP or a diagnosis of attachment disorder (WHO or APA), we found eight studies that reported long-term data in relation to severe attachment problems at baseline. Two of these studies measured the stability of attachment over time and two examined the relationship between severe attachment problems in infancy and later mental health problems. The remaining four studies met the criteria in terms of reporting 10-year outcomes or more and measuring severe attachment problems at inception, but did not report the outcomes of those with disorganised attachment separately. We found an association between severe attachment problems, and borderline personality disorder in young adulthood and psychopathology in adolescence. This information was generated for potential use in a health economics model that included 10-year outcomes and demonstrated a limited number of papers for this purpose. It is important to note that this does not include shorter-term outcomes than 10 years. These have been included in previous reviews.

Main systematic review

In total, 30 studies were identified, 29 of which were delivering an intervention in a hypothesised 'at-risk' group to improve attachment patterns. The remaining study concerned treatment for children who already had a diagnosis of reactive attachment disorder.

Interventions to modify attachment patterns

Within the clinical effectiveness review, 18 studies were identified that presented data comparing a parenting intervention with a control in a RCT. Only eight of these examined interventions to reduce disorganised attachment patterns (the subject of our review). Other studies sought to establish secure attachment patterns and a meta-analysis of these is included in an appendix of the full report (see *Appendix 6*).

Studies seeking to improve disorganised patterns of attachment (n = 8) were combined and the pooled estimate gave a post-treatment effect of 0.47 (95% CI 0.34 to 0.65; p < 0.00001). Most of these interventions include elements that sought to improve maternal sensitivity as a way to improve the child's attachment security.

Interventions for children with attachment disorder

One study was found that met the criteria for this phase. This was an intervention for foster carers of children with an attachment disorder. Although this showed a modest improvement and reduced costs, the difference was non-significant.

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Main systematic review (cost-effectiveness)

Only two studies were found that ran an economic evaluation of a parenting intervention. Limited information was found to populate a decision model with any reasonable degree of certainty. We therefore performed provisional budget impact analysis based on the available evidence. A rating system that looked at the quantity and quality of evidence necessary to inform an economic model demonstrated that there were large gaps in the identified literature that would need to be filled to produce a robust economic model.

Implications for research

In light of the results of our evidence synthesis, we found some promising research and a number of significant gaps in the literature that would be important to fill, in order to inform clinical practice and decision-makers.

There is good evidence that a disorganised attachment pattern identified through the SSP is a useful early-life measure to predict which infants in high-risk groups may have later psychopathology and require intervention. Many assessment tools have limited reliability and validity data, and further work in this area would be useful. The current evidence around diagnosis of attachment disorder is less clear, and the diagnostic systems are currently changing. Further outcome work would be helpful for this group.

The health economics analysis suggests that there is a need for further research to improve consensus on the definitions and assessments of attachment patterns and attachment disorders, to improve our understanding of the relationship between different assessments at different times and to gather more information about the long-term sequelae for different subpopulations. A cohort study would be appropriate for this work. This would support the development of fully powered RCTs to generate more robust clinical effectiveness research with high-quality resource utilisation and cost-effectiveness. One way to carry out this task would be to begin a new inception cohort with sequential measures of attachment and robust collection of risk factors and outcomes, and to use this large cohort to embed RCTs to carry out improved clinical effectiveness and cost-effectiveness work. Some of this work could also be established within existing cohorts.

Implications for practice

With regard to parenting interventions, there is now good evidence to suggest that early parenting work focusing on maternal sensitivity is clinically effective, and that a range of programmes deliver this with or without video feedback. It is preferable in clinical practice to use an attachment assessment tool or diagnostic criteria that show good validity and reliability.

Study registration

This study is registered as PROSPERO CRD42011001395.

Funding

Funding for this study was provided by the HTA programme of the NIHR.

Chapter 1 Background

What is attachment?

The importance of the relationship between a child and his or her main caregivers has been recognised for some time and was captured most notably in the work of John Bowlby.¹ It is inherently linked to the promotion of survival by increasing the safety of the child. Attachment is a biological instinct whereby the child seeks proximity to the caregiver when feeling alarmed or sensing threat, in the expectation that the caregiver will provide protection for the child and reduce the child's arousal. The child's signals are designed to elicit the caregiver's protective response. This response was termed by Bowlby as caregiving.¹ Attachment is the child's bond to the caregiver and caregiving is the caregiver's bond to the child; together, these bonds form an important aspect of the parent–child relationship. Attachment and caregiving allow the developing child to explore the environment safely and learn how to cope with the challenges and anxieties presented in the environment.²

Attachment is thought to be important in social competence and emotion regulation.³ It dynamically influences interactions as well as proactive and reactive responses to the environment. All of these influence brain development.⁴ On the basis of repeated caregiving experiences, the infant develops internal working models which are representations of self and others that are used in the development of templates for relationships.⁵ Such relationships are characterised by caregiving and care-seeking behaviours that have been experienced and rehearsed in infancy. Bowlby defined attachment as 'the lasting psychological connectedness between human beings'.¹

Attachment patterns and their antecedents

There are different attachment patterns (sometimes referred to as attachment styles or classifications, or attachment organisation). Although each of these terms has its supporters and its merits, for the purposes of this review we will be using the term 'attachment patterns'. It is the quality or nature of the attachments, not their intensity, which is at issue.

Differences in the behaviour of children towards their caregivers when the children are stressed have been noted over time. Early studies of attachment behaviours by Ainsworth and Wittig² sought to operationalise and better understand these differences using the Strange Situation Procedure (SSP) (see The Strange Situation Procedure), which they pioneered and which has been further developed. The patterns refer to the children's strategies, when alarmed or feeling threatened, for gaining proximity to the caregiver in order to be protected. On the basis of earlier experiences, secure children (B pattern) are confident in the availability, and benign and consistent response of their caregivers to their display or distress, accept their caregiver's comfort, return to equilibrium and resume play or exploration. By contrast, an insecure avoidant child (A pattern) has experienced the caregiver's rejection, anger or unresponsiveness to his or her attachment needs. Consequently, while sensing distress, the child's organised strategy will be not to show his or her distress to the caregiver. An insecure ambivalent/resistant child (C pattern) has experienced his or her caregiver as inconsistent and unpredictable. Consequently, these children's organised strategy will be to show their distress or fear and cling to the caregiver, but resist the caregiver's attempts to soothe them. According to the 'mainstream' ABC + D classification,⁶ infants and young children who have been emotionally and physically abused or neglected, and whose caregivers have been frightening or frightened, show a lack of organised strategy to gain their caregiver's response when alarmed (D pattern). An alternative, Dynamic Maturational Model (DMM) developed by Crittenden⁷ regards those children termed disorganised as not, in fact, lacking a strategy, but using both an A strategy in which they maximise cognition and suppress genuine emotion, and a C strategy in which they express anger and coyness while minimising use of cognition.

It is known that different types of parenting practice are related to infant attachment patterns. Ainsworth and colleagues⁸ found that parental ways of carrying infants, responsiveness to crying, levels of interference and ignoring or rejecting behaviours all showed significant associations with different attachment patterns. A meta-analysis of over 4000 mother–infant dyads⁹ found only a small association between infant attachment classification and maternal sensitivity. This 'transmission gap' might be explained by the maternal sensitivity and actual behaviour towards the child being conceived as global, rather than attachment-specific maternal sensitivity. What has been shown is that child attachment patterns are related to reflective functioning of the caregiver, ¹⁰ parental mental states¹¹ and the ability of the mother to make appropriate mind-related comments about the child's mental state.¹² Moreover, a significant correlation has been found between the attachment patterns of mother and father respectively, measured pre birth, and the attachment patterns of the infant to his or her parents, at age 1 year with the mother and 18 months with the father.¹³

Further influences on attachment patterns have been proposed, including genetic factors, which have thus far evaded attempts at replication.¹⁴ Gene–environment interactions and differential susceptibility are theories that continue to be explored.¹⁵ Temperamental reactivity between monozygotic twins shows higher levels of correlation (r = 0.77) than that between dizygotic twins (r = 0.44),¹⁶ but no significant association has been shown between temperamental reactivity and infant attachment classification. Bakermans-Kranenburg and Van IJzendoorn¹⁵ give a good account of the relationship between temperament and attachment and the thorny issues in trying to unravel these complex relationships. When considering these issues, other authors have reminded us of the importance of potential transgenerational factors.¹⁷

Natural history

Stability

The term natural history here refers to the progression, evolution and stability of early patterns of attachment. As a rule of thumb, providing there is no change in caregiving pattern (by either the same or different caregivers) and with secure attachment, there is evidence of overall stability of the pattern.¹⁸ Insecure and, more so, disorganised attachment are associated with caregiver and caregiving difficulties, which are more likely to undergo change over a child's development, both because of their likely inherent instability and because they are more liable to interventions which may influence them.¹⁹ These factors are likely to be associated with a change in the child's attachment pattern. However, Bowlby²⁰ referred to 'defensive exclusion', by which he meant the child excluding new information about relationships which did not accord with his or her existing internal working models. This would suggest that there would need to be a sustained and perceptible change in caregiving to exert a meaningful effect on the child's attachment pattern.

Evolution within disorganised pattern

There is some evidence^{21,22} that the behavioural pattern described as disorganised in infancy and early childhood evolves into coercive controlling or compulsive caregiving patterns in preschool and middle childhood, even in low-risk settings.²³ However, there may be continuing disorganisation at the representational level, as shown in narrative stem completion tasks^{19,24} and family drawings.²⁵

Change of assessed manifestation of attachment

With development, presumed manifestations of attachment, and therefore ways of assessing attachment, change. Thus, in infancy and early childhood, attention is given to the distressed child's behaviour in relation to his or her caregiver, classically in separation and reunion procedures. In middle childhood, it becomes increasingly difficult to create sufficiently stressful situations in order to activate and then assess attachment behaviour. The solution has been to devise assessments of representation of attachment²⁶ using narrative completions and pictures. In adolescence, there has been a further progression using linguistic representation of state of mind with respect to attachment, that is, coherence of accounts, by 'surprising the unconscious' (Ammaniti M, Candelori C, Dazzi N, De Coro A, Muscetta S, Ortu F, *et al.* University of Rome, 1990, unpublished protocol). The question then arises regarding how closely related

the putative age-related manifestations or expressions of attachment are and how well they are measured by various proposed instruments used at different ages. This suggests that it might be preferable to refer to predictability rather than stability.

The significance of attachment and its relationship to psychopathology

In studying associations between attachment patterns and impaired functioning or psychopathology, the question arises about the nature of the association. If the impairment can be causally explained by prior or concurrent attachment difficulties, then the impairment can be properly considered as an aspect of the natural history. However, it is also possible that the antecedents of attachment difficulties – specifically, harmful parent–child interactions and their associated risk factors – could, independently of attachment, contribute to the functional impairment and psychopathology. In practice, it is difficult to disentangle these two mechanisms.²⁷ For this reason, discussion of the significance of attachment and its relationship to psychopathology is placed in its entirety under natural history.

There are various examples of studies that have attempted to link attachment patterns with subsequent disorders or outcomes. Studies have sought to show that behaviour problems in children can be predicted by attachment patterns.²⁸⁻³⁰ These include both emotional and conduct problems.³⁰ For example, Speltz and colleagues³¹ found that only 20% of a sample of clinic-referred children with early-onset conduct problems were securely attached to their parents, whereas 72% of children in the control group were securely attached. Futh and colleagues³² examined how attachment representation related to social functioning and psychopathology in a sample of 113 children, 50% of whom were defined as high risk and 50% as low risk. Behaviour problems rated by teachers were linked to disorganised attachment patterns. Disorganised attachment was also predictive of poorer social functioning³² and poor school attendance, conduct disorder and academic underachievement.³³ Offenders are also more likely to report disturbed or insecure attachments, and separation from attachment figures in childhood is suggested as being associated with personality disorder in offenders.³⁴ Insecure attachment is also purportedly linked to increased reactivity to stress,³⁵ notably in increased cortisol reactivity, which has itself been associated with a range of psychopathologies, including psychotic illness.³⁶ Longitudinal studies have linked disorganised attachment with hostility and hyperactivity, aggression and oppositional defiant disorder in children³⁷ and with dissociative symptoms in 17- to 19-year-olds.²⁷ Furthermore, attachment disorders, as distinct from insecure attachment patterns, are purported to have increased comorbidity with conduct disorders, developmental delay, attention deficit hyperactivity disorder and post-traumatic stress disorder.³⁸

One of the problems, however, is that much of this often-quoted research uses a range of methodologies, often in small or selected samples and often using bespoke or unvalidated instruments for measuring attachment. For us to be confident in these associations, this research needs to be carefully scrutinised using high-quality standards. Although insecure attachment patterns may represent risk factors for some future problems, approximately one-third of infants in normal populations show some form of insecure attachment. Thus, insecure patterns of attachment should not be considered as indicators of pathology, but rather, may be considered as potential risk factors for the child's future functioning.³⁹ In this sense, although many people with psychopathology may be more likely to have had insecure attachments, many infants with attachment pattern difficulties may not go on to develop psychopathology. Indeed, some argue that measurements from the SSP are poor predictors of psychopathology in longitudinal studies.⁴⁰

Work that has sought to quantify these issues suggests that genetic influences for prosocial behaviours are strong and independent of attachment pattern.^{41,42} The interaction between environment and genetics is complex, with different children varying in susceptibility to environmental influences on their subsequent attachment pattern. However, once a particular attachment pattern has developed, genetic influences appear to take a significantly less part in the development of those behaviours for which attachment patterns are seen as risk factors.

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In summary, while, there is some evidence that disorganised attachment patterns are related to psychopathology, the link between insecure patterns and subsequent problems is not so clear.³⁹ This lends itself urgently for review, given that many clinicians use the paradigm of attachment in assessment and intervention, and there is a need to better understand the evidence that informs clinical practice. We have enough literature to consider that disorganised attachment is the most promising candidate. It is associated with poor outcomes and is a group to follow up, exploring systematically whether or not parental interventions are effective or cost-effective. Attachment disorders, to be discussed below (see *Attachment disorders*), could also be included in the overall term 'severe attachment problems'.

Tools for assessing attachment patterns

For developmental reasons, there cannot be a single gold standard for the measure of attachment that is usable across ages of development and akin to the measurement of haemoglobin. As described above (see *Change of assessed manifestation of attachment*), there are, by necessity, different ways of assessing attachment. Moreover, whereas some tools use observation, others use self-reports, either by questionnaires or by interview, Q-sorts and parental questionnaires.⁴³ There are numerous tools, some of which vary in their coding of the same observational procedure (e.g. ABC + D and DMM).

Assessment of attachment behaviour

The Strange Situation Procedure

The first procedure, developed by Ainsworth and Wittig,² was the SSP, also called the Strange Situation Test. This involved observing the child's reactions in a situation where the child's mother and a stranger (a safe adult unknown to the child) interact with the infant. In sequence, this involves the infant being with the mother, then a stranger entering; then the mother leaving and the infant being left with the stranger; then the mother returning and the stranger leaving; then the mother leaving the child alone; then the stranger returning; and finally, the mother returning and the stranger is not part of the assessment of security of attachment. Mary Ainsworth proposed that an attachment pattern can be observed and characterised by the child's behaviour towards the mother at the two reunions.² She described three main attachment patterns within her work: secure attachment, ambivalent insecure attachment and avoidant insecure attachment. A fourth pattern of attachment, termed 'disorganised insecure attachment', was later added.⁴⁴ This addition was thought to be very significant in that, as described above, it was the greatest predictor of psychopathology.⁴⁵

The SSP was the first procedure for assessing and defining childhood attachment behaviours and has come to be the bedrock that defines attachment patterns in infancy and early childhood. The SSP is known to be cross-culturally valid but to have some cross-cultural differences.⁴⁶

For older children, there are modifications of the SSP to take account of the developmental changes relating to what is regarded as stressful. For preschool children, an adapted procedure extends the second separation to 5 minutes and the coding is modified to include controlling under disorganisation.⁴⁷ For 6-year-olds, the procedure extends the separation to 1 hour and there is no stranger.²²

Attachment Q-set

The attachment Q-set (AQS) can be used to describe secure base behaviour in a number of environments, either at home or in a public place, inside or outside. It is designed to cover the spectrum of attachment-relevant behaviours, with items concerning a broad range of secure base and exploratory behaviour, affective response and social cognition. The observer spends a set amount of time observing the child.⁴⁸

Representations of attachment

The two main procedures by which to assess the older child's representations of attachment are narrative stem completion and the use of pictures, commencing from the age of 4 years. Variants include the MacArthur Story Stem Battery (MSSB),⁴⁹ the Story Stem Assessment Profile (SSAP) (Hodges J, Steele M, Hillman S, Henderson K, 2002, unpublished data) and the Manchester Child Attachment Story Task (MCAST).⁵⁰ Drawings are used in the Separation Anxiety Test (SAT) and the School-age Assessment of Attachment.⁵¹

Coherence of accounts

These assessments are based on semistructured interviews with the child, and what is rated is the linguistic representation of the child's state of mind with respect to attachment. The two main tools are the Child Attachment Interview (CAI) for 7- to 11-year-olds, adapted from the Adult Attachment Interview (AAI),⁵² and the Friends and Family Interview.⁵³

Self-report attachment pattern questionnaires have also been used in 4- to 12-year-olds.⁵⁴

Meta-analysis evidence²³ shows numerous subcatergorisations of attachment patterns, but does suggest that the measurement of disorganised attachment can be reliable.

Attachment disorders

Another group of attachment 'problems' has been defined in terms of psychopathology and these are 'attachment disorders'. The World Health Organization (WHO) classification system, the *International Classification of Diseases*, Tenth Edition (ICD-10),⁵⁵ defines two main attachment disorders: reactive attachment disorder (RAD) and disinhibited attachment disorder (DAD). According to the ICD-10,⁵⁵ RAD is

characterized by persistent abnormalities in the child's pattern of social relationships that are associated with emotional disturbance and are reactive to changes in environmental circumstances (e.g. fearfulness and hyper vigilance, poor social interaction with peers, aggression towards self and others, misery, and growth failure in some cases).

Disinhibited attachment disorder is described as⁵⁵

a particular pattern of abnormal social functioning that arises during the first five years of life e.g. diffuse, nonselectively focussed attachment behaviour, attention-seeking and indiscriminately friendly behaviour, poorly modulated peer interactions; sometimes with associated emotional or behavioural disturbances. It tends to persist despite marked changes in environmental circumstances.

One issue with attachment disorders is that they extend beyond attachment relationships, and many of the difficulties included are not related to the central construct of attachment. There is a lack of clarity about the relationship between attachment disorganisation and attachment disorders, and the two may be conceptually different. There is widespread misconception about the meaning of the presumed diagnoses of attachment disorders. What is clear, however, is that children who acquire this 'diagnosis' are very troubled in terms of their behaviour and interpersonal relationships. Some very questionable interventions have been applied to them.

The American Psychiatric Association (APA) classification system, *Diagnostic and Statistical Manual of Mental Disorders*-Fourth Edition (DSM-IV), refers to an inhibited and a disinhibited subtype, both requiring 'pathogenic care'.⁵⁶ This attempts to integrate the literature on attachment patterns and disorders, although this has been criticised⁵⁷ and some suggest that research evidence no longer supports the currently described defining features of attachment disorder.

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The DSM-IV⁵⁶ has now been updated to the *Diagnostic and Statistical Manual of Mental Disorders*-Fifth Edition (DSM-V).⁵⁸ In DSM-IV, RAD included an inhibited and a disinhibited subtype. In DSM-V, RAD no longer has a disinhibited subtype. RAD (emotionally withdrawn) remains, and a new diagnosis is created, called disinhibited social engagement disorder.

The WHO ICD-10⁵⁵ system is being revised and is under consultation, with a new system being released in 2016. Other classification systems for developmental disorders have also been proposed.⁵⁹ It remains to be seen how these widespread changes in different classification systems will influence practice and research.

Is there a gold standard for measuring attachment?

As discussed, for developmental reasons there cannot be a single gold standard for the measure of attachment that can be used across ages of development and akin to the measurement of haemoglobin. Attachment is expressed by observable behaviour, providing there is an age-appropriate stressor. With development, it is possible to capture internal working models such as projective tests, as in the story stem procedures.⁶⁰ Later still, it is the coherence of the cognitive and emotional processing of childhood attachment experiences which appears to indicate security of attachment.⁶¹ The research literature is peppered with instruments and tools that suggest they are measuring attachment with variable amounts of evidence. Although many of these may indeed be measuring attachment, there needs to be more caution and clarity on how they relate to each other. We cannot assume total stability in attachment patterns over time, and so concurrent administration of instruments will help us better understand concurrent validity. We have carried out a supplementary review to explore concurrent validity further.

The SSP will be our reference standard for this purpose, but we will also include other instruments compared concurrently with each other.

Alongside attachment patterns, research diagnostic criteria (RDC) for attachment disorders (such as RAD and DAD) have also been defined. They therefore also represent reference standards for systematic review.

The literature is ready, therefore, for a review that clarifies the current situation and subjects the vast literature on attachment to rigorous, high-quality standards. This will hopefully clarify our current knowledge, the quality of research that informs it and future potential research directions.

Interventions for attachment problems (disorganised attachment patterns and attachment disorders)

Juffer and colleagues⁶² undertook a meta-analysis of interventions aimed at increasing parental sensitivity, improving attachment or both. Seventy studies, including 88 interventions, were included within the analysis. The authors report that typically developing infants from middle-class families formed the basis of some samples. The most effective interventions were found to be those with a focused, behavioural approach which were aimed at increasing parental sensitivity. They were particularly effective when video feedback was used. Twenty-nine of the interventions investigated were specifically intended to improve attachment security. These showed a significant, although small effect size (d = 0.19). Again, those interventions which targeted parental sensitivity were the most effective at improving attachment relationships. Although this meta-analysis resulted in the development of a promising intervention, ⁶² the interventions for children with no current attachment problems and at low risk for developing them. A more clinically based practitioner review highlights a range of current intervention options, and notes that many of these have maternal sensitivity and an improved understanding of the developmental needs of the child as central components of therapy.⁶³ More research systematically reviewing high-quality parental intervention studies in high risk groups will be a helpful addition to the literature.

Policy and practice

The introduction of the *Every Child Matters* agenda⁶⁴ and the Children Act (2004)⁶⁵ provided a framework for all services to work together holistically to support children's development. The government has recognised that the early years of a child's development are of vital importance.⁶⁶ This has been incorporated into the Children's Plan,⁶⁷ a 10-year strategy that aims to promote the development of social and emotional skills during the early years of a child's life and onwards, including the promotion of attachment and bonding in the first years of life. The Early Years Foundation Stage⁶⁸ was developed with a focus on learning, development and welfare standards, and looks at the whole range of a child's cognitive and non-cognitive development.

An early years commission report, *Breakthrough Britain: The Next Generation*,⁶⁹ published by The Centre for Social Justice, suggested that government policy was focusing on reducing economic poverty and improving educational achievement and not on the importance of relationships in young children's development. It called for greater recognition of the role of attachment and family relationships in contributing to the well-being of children. The report argues that children who experience 'relationship dysfunction' are at a higher risk of later life difficulties than children exposed to economic or educational disadvantage.

The early years commission report⁶⁸ highlights the importance of parent–child relationships during the earliest years of a child's life and the need for effective intervention strategies aimed at parents in order to enhance children's social and emotional health and well-being. The report acknowledges how emotional, environmental, physical, biological and social factors are all interrelated. It further concludes that parenting educational programmes are effective and recommends the use of parent management training. Such programmes include the Incredible Years programme⁷⁰ and parent–child interaction therapy.⁶⁹

The Department of Health has now developed the Healthy Child Programme (HCP),⁷¹ an early intervention and prevention public health strategy for children aged 0–5 years.⁷² The HCP feeds directly into the Children's Plan⁶⁸ and contributes to the National Service Framework for Children, Young People and Maternity Services.⁷³ The HCP aims to improve the health and well-being of children by adopting an integrated approach to support for children and families. This was delivered by health professionals, particularly health visitors, and was a service provided within Sure Start Children's Centres.⁷⁴ The Department of Health advocates that effective implementation of the HCP should lead to 'strong parent–child attachment and positive parenting, resulting in better social and emotional well being among children'.⁷¹

The National Academy of Parenting Practitioners (NAPP)⁷⁵ was established in 2007 with the aim of training and supporting practitioners in evidence-based parenting skills, programmes and therapies. Building on the knowledge gained by HCP in 'what works', a key aim of NAPP is to evaluate high-quality evidence in order that commissioners can commission effective parenting programmes. A commissioning toolkit containing a database of parenting interventions, available for different situations, was developed by the Children's Workforce Development Council in 2008.⁷⁶ The Department for Education and Skills set up the Parenting Fund in 2004. This funds projects to provide direct support to parenting services and to support nurturing relationships. More recently, Child and Adolescent Mental Health Service (CAMHS) Increasing Access to Psychological Therapies (IAPT)⁷⁷ has been rolled out across the country, with robust monitoring of child outcomes and parenting programmes coming to the fore in a second wave of therapies being delivered.

Recent government policy on early years education proposes to improve access to nursery education for the most disadvantaged 2-year-olds.⁷⁸ Given that those children with severe attachment problems are likely to come from the most disadvantaged families in society,⁷⁹ this is likely to have an impact and change the relationships, responsibilities and tasks of those caring for infants. This is as yet unevaluated in terms of attachment and other future outcomes.

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In a strategic review of health inequalities in England, Professor Sir Michael Marmot⁸⁰ highlighted the importance of acting in the early years. In reviewing the child protection system, Professor Eileen Munro⁸¹ also suggested that early intervention is important, with a need to understand the importance of preventative services and early support for children.

In written evidence submitted to Frank Field's review of poverty and life chances,⁸² 'many highlighted the importance of strong parent and child relationships' (see sections 6.11 and 6.15 in Field⁸²) including 'the forming of strong attachments' (see section 6.11) [© Crown copyright 2010, contains public sector information licensed under the Open Government Licence v3.0 (www.nationalarchives.gov.uk/doc/ open-government-licence/version/3/)]. It is not, however, specifically listed in this report as a strong predictor of children's life chances (see section 6.36), suggesting that although attachment is widely accepted as being important, additional research would be helpful to strengthen the evidence base.

The UK government response to these various reviews of early intervention services,⁸³ the prevention of poverty and its impact on children,⁸² health inequalities⁸⁰ (including those affecting children) and the child protection system⁸⁴ was published in 2011.⁸⁵ This included a number of commitments, including an intent to continue to build an effective evidence base (see *Supporting Families in the Foundation Years*,⁸⁵ pp. 76–8); to improve systems to measure school readiness, for example through a revised Early Years Foundation Stage Profile⁸⁴ (p. 81⁸⁵); to continue a rolling review of effective and evidence-based early intervention programmes (p. 82⁸⁵); to continue to develop a more highly qualified early-years workforce (p. 83⁸⁵); to refocus local services, including children's centres, on work to support the most disadvantaged children (p. 84⁸⁵); to give parents and local communities more influence over local services they receive (p. 85⁸⁵); and to explore a new foundation to champion early intervention (p. 85⁸⁵). These both directly and indirectly require an improved evidence base on which to draw. The review published here provides additional evidence on what works and describes future research that is necessary.

Purpose of the present review

As highlighted in the brief literature review above, there are many gaps and ambiguities in the literature, and this confirms that 'the area of attachment is ripe for greater synthesis of evidence-based practice that covers both intervention and assessment'.⁴³ A particular limitation is the need to investigate the effectiveness of interventions in a UK setting.⁸⁶ The National Institute for Health and Care Excellence (NICE) is currently considering this issue. The main focus of this review is to systematically review the clinical effectiveness and cost-effectiveness of parenting interventions for severe attachment problems (disorganised attachment patterns and attachment disorders). *Chapter 2* will describe the aims, objectives and scope of this work and the decision problem that faces decision-makers in the context of a UK setting.

Chapter 2 Aims, objectives and scope

Many proposed parenting interventions are time-consuming and costly, utilising the time of experienced clinicians and therapists. The availability of such interventions in services is, therefore, limited. At present, services face uncertainty about who to prioritise for treatment. What is on offer, when and to whom varies largely from service to service, whether this be local authority provision, voluntary provision or services provided by child health or child mental health teams. As described in the opening chapter, there has been an increasing focus on the importance of attachment, parenting and early-life relationships in government policy.

Aims

The National Institute for Health Research (NIHR) Health Technology Assessment (HTA) programme commissioned a systematic review to provide more evidence, specifically around parenting interventions for parents of children likely to develop severe attachment problems. The main aim of the HTA call was to study:

The effectiveness and cost effectiveness of an early parenting intervention for parents whose children show signs of developing severe attachment problems

- 1. Technology: Interventions to support parents in modifying child behaviour to prevent, reduce and treat severe attachment problems.
- 2. Patient Group: Parents of children who show evidence of developing severe attachment problems.
- 3. Setting: Community.
- 4. Control or comparative treatment: Treatment as usual.

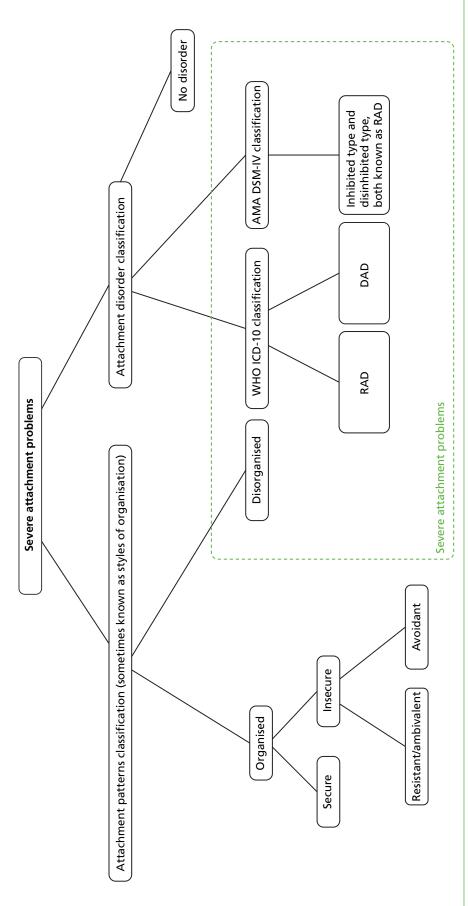
Current review definition

We need initially to define what is included within a definition of severe attachment problems. The extant literature discussed in *Chapter 1* describes the best evidence to date linking both attachment disorders and disorganised attachment patterns with subsequent psychopathology. The use of insecure attachment as a predictor is less promising because of very high prevalence rates of insecure attachment (approximately 35%).⁸⁷ For the purposes of this review, therefore, we will consider severe attachment problems to be either attachment disorders, as defined using RDC (including RAD and DAD and the subtypes defined), or disorganised attachment patterns, using the SSP with the classification system that includes disorganised attachment pattern (*Figure 1*).

Scope of the review

Resources for this review were focused around the specific NIHR HTA programme call to explore the clinical effectiveness and cost-effectiveness of parental interventions for severe attachment problems. This is our main review. As the commissioned research has a focus around parental interventions, we have excluded studies that do not include parental interventions, where the focus may, for example, have been organisational, administrative or systemic. We include parenting/caregiver interventions working with a consistently available caregiver (alone or with caregiver and child, but not child alone). This would not, for example, include institutionalisation or multiple staff/child interactions as a parenting intervention. We are specifically examining the change in the child's attachment patterns or disorder and any associated changes.

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In order to carry out this work, it was necessary to carry out two supplementary reviews. The first supplementary review assessed the mechanisms for identifying severe attachment problems (see *Chapter 4*). We also carried out a second supplementary review to bolster evidence to the health economists about long-term follow-ups (see *Chapter 5*). This restricted itself to a review of 10-year follow-up or more of infants/children with severe attachment problems at baseline to enable us to explore outcomes of children at primary school age and above. We recognise that there is a huge literature on shorter-term outcomes which has been covered extensively in other systematic review work and is not the central focus of our main review of parental interventions.

Objectives

To achieve the overall aim of assessing the clinical effectiveness and cost-effectiveness of parenting interventions, we specified a series of objectives as follows:

- 1. to identify the range of *intervention programmes* that are designed for parents of children with severe attachment problems (see *Chapter 6*)
- 2. to examine the *clinical effectiveness* of intervention programmes designed for parents of children with severe attachment problems (see *Chapter 6*)
- 3. to examine the *cost-effectiveness* of intervention programmes designed for parents of children with severe attachment problems (see *Chapter 7*)
- 4. to identify *research priorities* for developing future intervention programmes for children with severe attachment disorders, from the perspective of the UK NHS (see *Chapter 8*)
- 5. to review the methods of *assessment and/or diagnosis* of attachment patterns and/or disorders (supplementary systematic review 1; see *Chapter 4*)
- 6. to examine the 10-year and longer outcomes among children with severe attachment problems and collect prevalence information from these studies (supplementary systematic review 2; see *Chapter 5*).

Description of the decision problem for the purposes of health economic analysis

How do we identify those who will benefit from interventions?

The first step in providing clarity as to who should be prioritised for treatment is to clarify how we identify the children who will benefit from the available treatments in a valid and reliable way. As discussed in *Chapter 1*, a central problem facing this review on attachment is large differences between attachment patterns and attachment disorders. Furthermore, how do we identify severe attachment problems in infants or children when stability over time may vary? For example, a meta-analysis of 840 infants in nine samples, where assessments took place between 2 and 60 months apart, found a stability of r = 0.34 for disorganised attachment.²³ The concept of attachment may also be used by clinicians in many different ways, with some straying far from Bowlby's original construct¹ by using it to describe broad aspects of the quality of relationships between parent and child. These all lead to misunderstandings in interpreting the literature.

Many attachment instruments have not been well validated. There is currently no biological measure of attachment patterns. In regard to attachment disorders, the construct is under scrutiny and subject to revision, as is the case with both the APA (DSM-IV to DSM-V^{56,58}) and WHO [ICD-10⁵⁵ to International Classification of Diseases, Eleventh Edition (ICD-11)⁸⁸] definitions of attachment disorders. We can, however, review extant research diagnostic systems for attachment disorders from both groups.

Clinicians do not currently know which is the best assessment tool to use to identify severe attachment problems. Therefore, the aim of the first supplementary systematic review of the literature is to identify the valid and reliable assessments of attachment patterns and disorders. As this review has its focus on

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parenting interventions, we are interested in identifying severe attachment problems early in life. In order to better understand the relationship between attachment patterns and attachment disorders, we will also explore how they relate to one another by looking for any studies that have compared their use in the same children at the same time.

Who is at risk and who is it that we should be treating?

Once we have identified clear ways of measuring severe attachment problems that are reliable and valid, we need to know what this means in terms of outcomes for the child, whether they receive the intervention or not. We need to understand more clearly what it means to have different attachment patterns in infancy^{1.6.8} or attachment disorders⁵⁷ in older infants and children. What happens to those children in the longer term? For health economic reasons, we are particularly interested in studies that look at follow-up that takes infants or children at least to the end of primary school education, and hopefully considerably beyond, to inform any health economic modelling work. Very short- or short-term studies, although important for many reasons, are less useful for this purpose.

Using the findings from the first systematic review on assessment and measurement, we seek to evaluate the longer-term outcomes for those identified that have been left untreated. This forms the second supplementary systematic review (see *Chapter 5*). This will look at the evidence from longitudinal studies that follow children up for 10 years or more. We will explore attachment outcomes and, where possible, whether or not other outcome information is of value in its current form. This is a small supplementary review to inform the main focus of this work, which centres on the clinical effectiveness and cost-effectiveness of parental interventions.

Which parenting interventions work and are they cost-effective?

Clinicians are often unsure about the best intervention or treatment options for the children (and their families) identified as having severe attachment problems. Resources for these interventions are limited. There are ambiguities surrounding the clinical effectiveness and cost-effectiveness of interventions provided to families, including whether or not any improvement in attachment would be associated with a change in other outcomes (educational attainment, psychological well-being, quality of life, future criminality, etc.), and how acceptable these interventions would be in terms of the practicalities of delivering them in busy services and their acceptability to service users.

The attachment literature investigating the efficacy of parenting interventions consists of a variety of research designs, from single case-study designs to randomised controlled trials (RCTs). We seek to systematically review this literature, selecting only RCT designs which illustrate the highest level of evidence for the clinical efficacy of treatment. Do the interventions work (see *Chapter 6*) and are they cost-effective (see *Chapter 7*) in a current environment where funding is tight?

By liaising with experts and service users in patient and public involvement (PPI) groups as we conduct our reviews, we hope to identify any gaps in the literature and the acceptability of interventions that are found to be clinically effective.

Overview of process

A single comprehensive literature search strategy was carried out to identify the evidence needed for the review (see *Chapter 3*). This was then passed to three teams of systematic reviewers. The first conducted the main review of clinical effectiveness and cost-effectiveness alongside the health economists. Two supplementary review teams carried out work on assessment tools and 10-year follow-up after baseline severe attachment problems. At each stage of the review and the production of the final report, we adhered to the relevant guidelines for the conduct and reporting of systematic reviews [Centre for Reviews and Dissemination (CRD),⁸⁹ Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA)⁹⁰ and Cochrane⁹¹ guidelines].

Chapter 3 Literature search

The main focus of the literature search was to identify studies about the clinical effectiveness and costeffectiveness of parental intervention programmes for children with severe attachment problems. However, we also wanted more broadly to identify studies about methods of assessment and diagnosis. In order to provide additional information for the health economics aspect of cost-effectiveness, we systematically reviewed 10-year follow-up studies and extracted any outcome data and prevalence estimates from within these studies. It was decided, following an initial scoping exercise, that a single comprehensive search, as opposed to a separate search for each phase of the review, would be the most effective and efficient means of identifying the relevant literature for each phase. A large single search encompassing five search strategies was designed (see *Appendix 1*) to identify studies about attachment disorder/patterns/problems from the following perspectives:

- 1. assessment/diagnosis
- 2. epidemiology/natural history
- 3. named intervention programmes
- 4. controlled trials
- 5. economics/costs.

At all stages, the CRD guidelines were followed.

Search strategy

A range of databases and organisational websites, covering both databases of predominantly peer-reviewed citations and grey literature sources, were searched to identify relevant clinical effectiveness and cost-effectiveness literature:

- PsycINFO
- MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations
- EMBASE
- Social Policy & Practice
- Science Citation Index (SCI)
- Social Sciences Citation Index (SSCI)
- Conference Proceedings Citation Index Science (CPCI-S)
- Conference Proceedings Citation Index Social Science & Humanities (CPCI-SSH)
- Education Resources Information Center (ERIC)
- Social Services Abstracts
- Applied Social Sciences Index and Abstracts (ASSIA)
- Cochrane Database of Systematic Reviews (CDSR)
- Database of Abstracts of Reviews of Effects (DARE)
- Cochrane Central Register of Controlled Trials (CENTRAL)
- HTA database
- NHS Economic Evaluation Database (NHS EED)
- The Campbell Library
- Health Economic Evaluations Database (HEED)
- Social Care Online
- Research Register for Social Care
- Index to THESES
- OAlster
- OpenGrey
- Zetoc

- ClinicalTrials.gov
- *meta*Register of Current Controlled Trials (*m*RCT)
- WHO International Clinical Trials Registry Platform (ICTRP)
- UK Clinical Research Network (UKCRN)
- Health Services Research Projects in Progress (HSRProj).

The following organisation websites were also searched:

- APA (www.psych.org/)
- Association for Child and Adolescent Mental Health (www.acamh.org.uk/)
- Mental Health Foundation (www.mentalhealth.org.uk/)
- MIND (www.mind.org.uk/)
- Royal College of Psychiatrists (www.rcpsych.ac.uk/)
- National Collaborating Centre for Mental Health (NCCMH) (www.nccmh.org.uk/)
- National Institute of Mental Health (NIMH) (www.nimh.nih.gov/index.shtml)
- Institute for Attachment & Child Development (www.instituteforattachment.org/)
- Association for Treatment and Training in the Attachment of Children (www.attach.org/)
- YoungMinds (www.youngminds.org.uk/)
- British Association for Adoption and Fostering (www.baaf.org.uk/).

All searches were carried out between 6 and 12 January 2012.

Search terms

The literature searches involved searching a wide range of databases covering research in the fields of health, mental health, health economics, education and social care. The search strategies were devised using a combination of subject indexing terms (where available), such as medical subject headings (MeSH) in MEDLINE, and free-text search terms in the title and abstract. The search terms were identified through discussion in the research team, by scanning background literature and by browsing database thesauri. *Appendix 1* provides the full list of search terms for each of the included databases.

In a number of resources it was possible to conduct generic searches for 'attachment', rather than undertake five separate targeted searches. For the 'assessment', 'controlled trials' and 'economics' searches we included methodological search filters identified from the InterTASC Information Specialists' Sub-Group Search Filter Resource (www.york.ac.uk/inst/crd/intertasc/index.htm).

This approach still retrieved relatively large numbers of results, and so we introduced a further facet of search terms for 'children', 'parents', 'fostering', 'adoption', 'child neglect' and 'child abuse'. The introduction of this facet made the results more precise by removing much of the adult-oriented literature about romantic/couple attachment, God/religion attachment, friendship problems and other similar attachment-related items in which we had no interest. A further limit was introduced to the search strategy which removed selected publication types (letters, editorials and book reviews).

No limitations were made in terms of publication status, publication date or language.

Screening of citations

The titles and abstracts of bibliographic records were downloaded and imported into EndNote bibliographic management software (version 5; Thomson Reuters, CA, USA) and duplicate records were removed using several algorithms. Two reviewers screened the titles and abstracts to identify potentially eligible studies produced from the literature search. Full papers for potentially eligible studies were obtained and assessed for inclusion independently by two reviewers. Any disagreements were resolved by consensus, or by a third party when necessary, at both the abstract and full-paper sift.

Inclusion and exclusion criteria

Detailed separate participants, interventions, comparisons, outcomes, study design (PICOS) criteria were developed for the different phases of the review (for further details see each individual relevant chapter). Reviewers were instructed to be inclusive at the first sift (titles and abstracts) if there was any uncertainty about a reference, but to apply the PICOS criteria rigorously at the second sift (full paper).

Additional search strategies

A manual search of the reference lists of included studies was conducted to ensure that all studies had been identified. Authors were subsequently contacted to clarify information or gain additional studies that might be unpublished or ongoing. Systematic reviews and meta-analyses that contained potentially relevant references for inclusion in the review were flagged, to be searched and reference checked at the end of the screening.

Stakeholder involvement

A range of different stakeholders were contacted to help us frame some of our ideas and understanding about the associated problems of caring for and conducting research with young people with attachment patterns or disorders. This PPI was integral to the work and the stakeholders formed part of the wider research team. They were involved from the creation of the protocol, helping to identify what the issues were, how to contextualise the intervention findings and how to present information, and will be involved in determining how the findings should best be disseminated. Throughout the project we consulted with academics with methodological expertise in the conduct of systematic reviews and economic analysis and content expertise of attachment theory and disorders.

In addition to membership of a steering group, we held PPI/stakeholder workshops in February 2013 and September 2013. The workshops provided an outline of the research project and the group (consisting of parents and expert academics working in the field) were asked to take part in a series of focus groups. We were particularly interested in generating knowledge which might inform the economic decision modelling process, currently available parenting interventions and desirable treatment options and mechanisms to disseminate the research findings. *Appendix 2* provides a list of the stakeholder and advisory group members.

Chapter 4 Supplementary systematic review 1: validity of methods to identify attachment patterns and disorders

Introduction

The research objective of our first supplementary review was to review the methods of assessment and/or diagnosis of attachment problems and/or disorders.

The literature referring to the concept of infant attachment is vast. Defined clinical and research paradigms, such as attachment patterns and disorders as discussed in *Chapter 1*, differ from each other in a number of significant ways. In order for research on potential parental interventions for severe attachment problems to progress, it is necessary to be clear about how we are defining and identifying severe attachment problems. For example, the attachment pattern literature seeks to identify risk factors and identifiable behaviours that give us important developmental information. By contrast, the attachment disorder literature sits within the context of diagnostic systems. They therefore come from very different traditions. This supplementary systematic review seeks to shine further light on the evidence base in this area to date.

We have set out to explore studies in which tools available to screen, assess and/or diagnose attachment problems (both attachment patterns and attachment disorders) are compared with each other, and we are particularly interested in concurrent validity. This is to complement the fundamentally different work of Van IJzendoorn and Bakermans-Kranenburg,²³ who empirically studied single measures of disorganised attachment but without comparison with other instruments. We provide information on the procedures surrounding each tool identified in the review, the psychometric properties and validity of the reported tools and the population studied. Where raw data are available in a comparison between a reference standard and another instrument concurrently used, we calculate sensitivity and specificity. We also carry out a quality assessment of each publication. Finally, for those instruments meeting the quality criteria and where comparison with a reference standard is available, we describe the instrument in more detail to form part of taxonomy.

By extracting this information, we can establish the variability in the assessment tools available and how they relate to the reference standards. This informed our choice of instruments to use in the second supplementary review, exploring outcomes of severe attachment problems at 10 years or more, and laid out the state of research in this field to inform future research directions.

Methods

The identified literature was dual screened according to the screening criteria specified in *Inclusion criteria*. Initially, titles and abstracts were reviewed independently, with disagreements discussed and resolved between reviewers and a third party when required. Complete copies of all potential 'includes' (papers to be included) were then obtained. When required, disagreements were discussed and resolved by a third party. Where a foreign language paper was identified, translation then screening was performed as above.

Inclusion criteria

All study designs were eligible in this stage of the review. For inclusion, studies had to provide sufficient data for extraction. Sensitivity and specificity analysis data were not a requirement, although this analysis was undertaken where possible (only where complete raw data were available).

The PICOS criteria were as follows:

- Population and setting Children being assessed for attachment patterns or disorders where the
 research reports an average age of 13 years or below (we chose this in discussion with PPI and experts
 in the light of the overall aim of the review on early parental interventions). As discussed in *Chapter 1*,
 we refer to attachment patterns to mean any paper that explored attachment patterns, attachment
 styles or attachment organisation, recognising that different authors in the field use different
 terminology. We felt that it was important not to exclude any papers that were relevant but used
 different terminology.
- Intervention Screening, assessment and/or diagnostic tools evaluating attachment patterns or disorders. The instrument must have been under development or evaluation, and must have been a completed tool or subscale on attachment rather than an individual item. Attachment pattern requires a primary caregiver (NB a member of staff in a child care institution is not considered a fair test).
- Reference A comparison tool assessing attachment patterns or disorders identified by ICD-10⁵⁵ or DSM criteria.⁵⁶
- Outcomes Studies reporting on the psychometric properties and validity of the tools.
- *Study design* Cross-sectional studies, case–control studies or prospective cohort studies incorporating any method of assessment (for example observation, semistructured interviews and questionnaires).

Data extraction

A data extraction form was developed, piloted and adapted on the basis of this piloting. Subsequently, all studies were dual extracted and reviewers met to agree and discuss discrepancies in data items. Where studies had multiple publications, data were extracted as a single study. The following items were extracted from each study: study characteristics, population details, index and reference tool details, data for sensitivity and specificity analysis, economic resource information and psychometric properties of index and reference tools.

Diagnostic accuracy

Where possible, a sensitivity and specificity analysis was calculated.

Quality assessment strategy

Each study was assessed for methodological quality by two reviewers using the quality assessment of diagnostic accuracy studies – version 2 (QUADAS-2).⁹² Discrepancies in quality assessment were discussed and resolved between reviewers. QUADAS-2⁹² is a validated quality assessment tool for diagnostic studies. It consists of four key domains: domain 1, patient selection; domain 2, index test(s); domain 3, reference standard(s); and domain 4, flow and timing [flow of patients through the study and the timing of the index and reference test(s)]. To help reach a judgement on the risk of bias, signalling questions were included. These flagged aspects of study design related to the potential for bias and aimed to help reviewers make risk-of-bias judgements. A further three questions in the tool consider the applicability of the patient selection, index tool and reference tool. Each item was rated 'yes', 'no' or 'unclear' according to the guidance provided.

Following quality assessment of the first few studies, it became apparent that the range of study designs made two questions irrelevant to some studies, as follows:

- Domain 2. Question 2: if a threshold was used, was it prespecified?
- Domain 3. Question 1: is the reference standard likely to correctly classify the target condition?

In order to avoid penalising studies where these aspects were not relevant, we agreed to enter a response of 'not applicable'. The following circumstances led to an opinion of 'not applicable': in cases where screening was performed using observational opinion, question 2 is not applicable; in studies where diagnosis is not the objective and, therefore, a 'cut-off' is not specified, question 2 is not applicable; and finally, in case–control studies where only one tool is assessed, question 1 is not applicable.

Data synthesis

A meta-analysis was not conducted because it was not appropriate. A wide range of instruments were compared with the reference standards, most of which were not repeated in further study to enable comparison between studies. A descriptive summary of results is presented.

Results

The initial literature search identified 10,167 publications after the removal of duplications. Following title/abstract screening and additional reference checks, 454 publications were full-paper screened. *Figure 2* (PRISMA diagram) details the flow of screened, included and excluded articles. A total of 35 publications^{24,25,47,50,52,93–122} met the inclusion criteria for this phase of the review, of which two^{109,112} duplicated data from other included reports.

Three studies were found that compared an attachment assessment procedure with the reference standard (SSP)⁹³⁻⁹⁵ (see *Table 1* for a summary of the characteristics of these studies). Two of the studies were conducted in the USA^{93,94} and the third study was conducted in Romania.⁹⁵ The ages of the samples ranged from 17 to 25 months. There was no significant difference in the proportions of boys and girls in any of the studies.

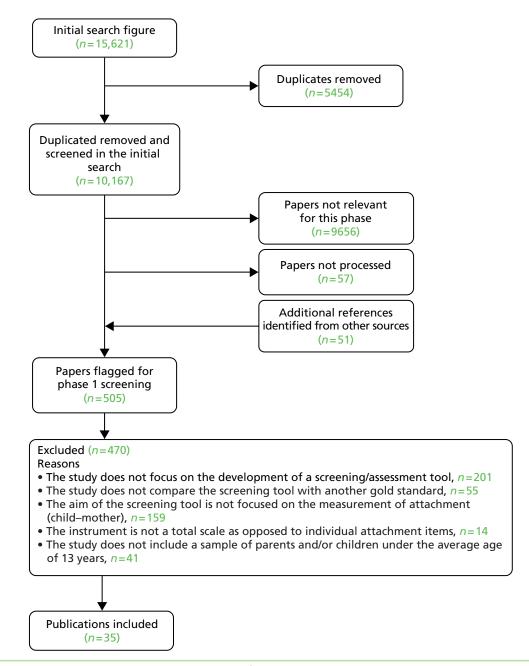


FIGURE 2 A PRISMA diagram illustrating the results of the screening process in the supplementary review.

Study characteristics

An overview of study characteristics is detailed in *Table 1* and a taxonomy of the tools identified is presented in *Tables 2* and *3*. Thirty-three studies were published between 1988 and 2011, of which the majority were undertaken in the USA ($n = 18^{24,47,93,94,96-100,102-104,106,111,113,115,116,118,121}$), with the rest spread across the UK ($n = 4^{50,52,107-109}$), Canada ($n = 4^{25,105,110,119}$), Germany ($n = 2^{101,122}$), the Netherlands ($n = 2^{117,120}$), Romania ($n = 1^{94}$) and Spain ($n = 1^{114}$).

Aber <i>et al.</i> (1990) ⁹⁶ $n = 58$ USA Age range 19–24 r 24 males Ethnicity unknown Backman (2003) ⁹⁷ $N = 37$		Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
man (2003) ⁹⁷		Details unknown	Modified SSP (summary scores	Teacher-sorted Toddler AQS	
	Age range 19–24 months		ucilveu) Scalos of 0-3 and aualitation	Adapted Waters and Deane	
			assessment on 18 behavioural assessment on 18 behavioural	7-14 hours. Delivered by teacher.	
	nwonk		Variations. The South functions. Delivered by research assistant. Conducted in playgroup room		
		Clinical group: mean age	MIMRS (summary scores derived)	AQS	
USA Clinical: <i>n</i> = 10 mixed	Clinical: $n = 20$; ethnicity 10 mixed	20.00 years, age range 18–44 years; ethnicity seven white	7–10 task cards rated on 5-point scales. Time not reported.	Waters (1987), ¹²³ 90-item sort. Time 2–6 hours. Delivered by	
Normative: 10 white	Normative: <i>n</i> = 17; ethnicity 10 white	Normative group: mean age 33.24 years, age range	Delivered by mother and researcher. Location not reported		
Age range 1–5 years	1–5 years	2444 years, etnnicity 10 white			
Gender unknown	known				
Boris et al. $(2004)^{98}$ $n = 69$		Age: mean/SD not reported,	Clinical assessment (DSM-IV	SSP: standard Ainsworth	(CC5)
USA Age: mean/SD not re range 13–48 months	Age: mean/SD not reported, range 13–48 months	tanige 17–55 years Ethnicity: 9.1–55.0% white	criteria for presence diserted by attachment disorders)	(1978) ⁸]	
Grender: 45	Gender: 45–54.5% male		Diagnostic manual. Time not reported. Delivered bv	and	
Ethnicity unknown	uwouku		experienced clinical assessor. Laboratory setting	AQS: Waters and Deane (1985), ⁴⁸ 90-item sort. Time: 2 hours. Delivered by trained observers.	

TABLE 1 Overview of sci	TABLE 1 Overview of screening and assessment studies and instrument characteristics (continued)	nd instrument characteristics (c	ontinued)		
Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
Bureau <i>et al.</i> (2009) ⁹⁹	n=43	Details unknown	MCDC scales (CC28)	SAT (CC9)	(CC9) (CC28)
USA	Age range 7.3–9.6 years		Behavioural rating scales from	Six story drawings. Time not	
	Gender unknown		Delivered by interviewer.	administered. Location not	
	Ethnicity 81% Caucasian		Labulatury settilig		
Cassidy (1992) ⁴⁷	n=52	Mean age 35.2 years, range 28–44 vears	Incomplete stories with doll family	Separation-reunion episode	(CC24) (CC21)
USA	Mean age 6.2 years, range 5.7–6.8 vears	Ethnicity unknown	Six stories rated on 5-point scales.	9-point scales. Time not reported.	
	26 males		Time not reported. Delivered by experimenter. Location not	Delivered by experimenter. Location not reported	
	Ethnicity unknown		reported		
Clarke-Stewart et al.	<i>n</i> = 60	Average age 32 years	CAP (CC6)	SSP (CC6)	(CC6)
(1001)	Age range unknown	Ethnicity unknown	Three stressor stimuli under	Standard Ainsworth Jaboratory	
4co	Mean age 16.6 months (SD 1.11 months)		Delivered by research assistant. Laboratory setting	procedure (Airisworth (1978) ⁸]	
	Gender unknown				
	Ethnicity 79% white				

Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
	<i>n</i> =51	Details not reported	SSP (CC11)	SSP (CC26)	(CC26) (CC11)
	Age: mean 39 months, (SD 5.2 months) range 2.5–4 years Gender: 57% males Ethnicity Caucasian		SSP; Ainsworth extended method [Crittenden (1985) ¹²⁴]. Time: 20 minutes for procedure. Delivered by undergraduate coders. Laboratory setting	Cassidy–Marvin classification method. ⁴⁷ Reclassification of Ainsworth extended method video. Delivered by trained graduate coders. Laboratory setting and	
				SSP (CC22)	
				PAA classification method. Reclassification of Ainsworth extended method video. ⁸ Delivered by trained graduate coders. Laboratory setting	
	n=299	Details unknown	DC: 0–3R used to screen nsvchiatric referrals for any	ICD-10 ⁵⁵ used to screen psychiatric referrals for any	
	Mean age 3.94 years, range 0–5 years		diagnosis	diagnosis	
	182 males		Diagnostic manual. Time not reported. Delivered by psychiatrist	Diagnostic manual. 3–4.5 hours. Delivered by child psychiatrist or	
	Ethnicity unknown		and climated polycitologist. Excandin	reported	
	n = 175 (completed cases, $n = 96$)	Details unknown	Modified SSP 30 months (CC12)	SSP 18 months (CC7)	(CC7) (CC12)
	Aged 18 and 30 months at first and second visits, respectively		Time not reported. Shortened Ainsworth procedure [Ainsworth (1978) ⁸] (only one reunion	Standard Ainsworth laboratory procedure [Ainsworth (1969) ³]	
	Gender unknown				
	Ethnicity 95% European American				

TABLE 1 Overview of sci	eening and assessment studies	TABLE 1 Overview of screening and assessment studies and instrument characteristics (continued)	continued)		
Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
Finkel <i>et al.</i> (1998) ⁹⁴	<i>n</i> =16	Details unknown	LTS (CC7)	SSP (CC7)	(CC7)
USA	Age range 19–25 months		Similar to the SSP. Time	Standard Ainsworth laboratory	
	Gender unknown		oo Inninutes. Jenvered by researcher. Conducted at LTS footier.	procedure (Airisworun (1909) J	
	Ethnicity unknown		tacliity		
Fury <i>et al.</i> (1997) ¹⁰³	<i>n</i> = 171	Age range 12–37 years at	Family drawing modified checklist	SSP (CC13)	(CC13) (CC17)
USA	Age range 8–8.9 years	delivery		Standard Ainsworth laboratory	
	Gender unknown	ethinicity ou % caucasian	and	procedure [Ainsworth (1978)]	
	Ethnicity unknown		Family Drawing Global Rating Scale (summary scores derived)		
			21-item checklist and eight 7-point scales. Time 20 minutes. Delivered by examiner. Conducted at home		
Gleason <i>et al.</i> (2011) ⁹⁵	<i>n</i> =136	Details unknown	DAI (diagnostic interview:	PAPA (diagnostic interview: RAD,	
Romania	Age range unknown		RAD or emotionally withdrawn/	disorder, major depressive	
	Mean age 22 months		IIIIIIIIIIEU KAU) 8 itom intoniouu Timo not	uisoraer aria ruricuorial impairment)	
	Gender unknown		reported. Delivered by trained	Diagnostic interview, details not	
	Ethnicity 53.9% Romanian		interviewer. Location not reported	reported. Titrie not reported. Unclear who administered. Location not reported	
Goldwyn <i>et al.</i> (2000) ⁵⁰	<i>n</i> =31	Details unknown	MCAST (CC9)	SAT (CC8)	(CC8) (CC9)
UK	Age unknown		Details not reported. Time not	Details not reported	
	Gender unknown		administered. Location not		
	Ethnicity unknown		reported		

TABLE 1 Overview of screening and assessment studies and instrument characteristics (continued)

Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
Gurganus (2002) ¹⁰⁴	n=243	Details unknown	CBRS (CC1)	RADQ (summary score derived)	(CC1)
USA	Age range 4–18 years		Fifty-two items rated on 4-point	Questionnaire details not	
	Mean weighted age 8.6 years		scales. Inne not reported. Caregiver self-report questionnaire.	Caregiver self-report Caregiver self-report	
	122 males			questionnane. Contaucted at home	
	Ethnicity unknown				
Head (1997) ¹⁰⁵	n=42	Details unknown	Revised PBAR (CC1)	SSP (CC22)	(CC22) (CC1)
Canada	Mean age 6 years, range 5–7 years		One to five drawings. Time 2 hours. Delivered by research	SSP (unclear method reference). Time 21 minutes. Laboratory	
	23 males		assistant. Laboratory setting	setting	
	Ethnicity unclear				
Madigan <i>et al.</i> (2003) ²⁵	<i>n</i> = 123	Reported based on infant's	Family Drawing clinical scheme	SSP (CC3)	(CC3) (CC17)
Canada	Mean age 7.2 years	previous actaciment classification	(Summary scores denived)	Standard Ainsworth laboratory	
	50 males		anu 11. D	אוטכבממוב (אוווזאאסונוו (ושרט ס)]	
	Ethnicity unknown	avoldant = 28.1 years; secure = 29.4 years; resistant - 30.7 vears	ramily Drawing checklist (markers of attachment styles)		
			and		
		בנוווומנא מואוסאיו	Family Drawing Global Rating Scale (CC17)		
			and		
			Family Drawing clinician's opinion (CC3)		
					continued

	•				
Author, year and country of publication	Author, year and country of publication Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
			18-marker clinical scheme, 22-item checklist and 7 items rated on 7-point global rating scale. Time 30 minutes. Delivered by examiner. Location not reported		
Mangelsdorf <i>et al.</i> (1006) ¹⁰⁶	N = 100 (complete data $n = 74$)	Clinical group: mean maternal	SSP (CC11)	AQS	(CC11)
USA	Clinical: <i>n</i> = 34, 54.1% male, ethnicity 89.2% Caucasian	Normative group: mean	Standard Ainsworth laboratory procedure [Ainsworth (1978) ⁸]	Waters (1995), ¹²⁵ 90-item sort. Time 3 hours. Delivered by	
	Normative: <i>n</i> = 40, 40.5% male, ethnicity 95.1% Caucasian	Ethnicity unknown		המצבו אבוסי רסוומתרובת מו ווסווב	
	Aged 14 and 19 months at first and second visits				
Minnis et al. (2009); ¹⁰⁸ McI audhlin <i>et al</i>	N=77	Details unknown	CAPA-RAD (screening tool for RAD and other diamosic)	MCAST (CC10)	(CC10)
(2010) ¹⁰⁹	Age range unknown		Turnenty-reinth theme. Time	Four vignettes rated on a scale of	
ΠK	Clinical: $n = 38$, mean age 6.57 years, 66% males		15-30 minutes. Delivered by interviewer. Location not reported	1-9. Time for reported. Derivered by researcher. Location not reported	
	Normative: $n = 39$, mean age		and	RAD children screened with	
	0.44 years, 07 70 mares Ethnicity 1000/hito Dritich		WRO (screening tool for RAD)		
			Yes/ho rating on 20 items. Time 15 minutes. Delivered by observer. Location waiting room		
			and		
			RPQ (screening tool for RAD)		
			Fourteen items rated on a scale of 0–3. Time not reported by teacher. Location not reported		

Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
Minnis <i>et al.</i> (2010) ¹⁰⁷	N=82	Details unknown	CMCAST (CC10)	RAD children, screened with	(CC10)
лк	Complete data <i>n</i> = 55 (33 male)		Four stories. Time 22 minutes. Delivered by research assistant.	ICD- TO VS. NORMALIVE SAMPLE AND MCAST (CC10)	
	Clinical: $n = 28$; normative $n = 27$		Location not reported	Four stories. Time 17 minutes. Delivered by research assistant. Location not reported	
	Age range 5–8 years				
	Ethnicity unknown				
Ogilvie (2000) ¹¹⁰	<i>N</i> = 303	Age range 20–70 years	BERS + BAT (summary scores	RADQ (summary score derived)	
Canada	Complete data $n = 285$		delived)	Thirty items rated on scale of 1–5.	
	Mean age 12.17 years, range 6–20 vears 151 males	Ethnicity 59% Caucasian	Eighty-five items rated on scale of 0–3	Time estimated 10 minutes. Caregiver self-report muestionnaire Conducted at	
	Ethnicity 53% Caucasian		Time estimated 15 minutes. Caregiver self-report questionnaire. Conducted at	home	
			home		
Oppenheim (1990); ¹¹¹ Oppenheim (1997) ¹¹²	<i>n</i> =35	Details unknown	ADI (summary scores derived)	AQS version 3.0	
USA	Mean age 44 months, range 35–58 months		Six vignettes rated on scales of 1–3 and 1–4. Time 20–40 minutes.	Waters (1987), ¹²³ 90-item sort. Time 72 hours. Delivered by	
	19 males		Delivered by trained interviewer. Conducted at school	mother. Conducted at home	
	Ethnicity 100% Caucasian			and	
				Bespoke separation–reunion observation (summary scores derived)	
				Seven items rated on scales of 0–4 and 0–3. Time 25–48 minutes. Delivered by teachers and observers. Conducted at school	
					continued

	n N				
Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
Posada (2006) ¹¹³	n=45	Average maternal age	AQS	SSP (CC16)	(CC16)
USA	Age range 36–43 months	35 years, paternal age	Waters (1995), ¹²⁵ 90-item sort and	Standard Ainsworth laboratory	
	25 males	Ethnicity 44 white	4-scale scores. Lime 2-b hours. Delivered by researchers.	proceaure [Ainsworth (1978) ^{-]}	
	Ethnicity 44 white		Longucted at nome		
Roman (2010) ¹¹⁴	N=148	Details unknown	SSAP (markers of attachment	IMAS [shortened AQS, Chisholm <i>et al.</i> (1999) ¹²⁶ 1	
Spain	Age range unknown				
	Adopted group: <i>n</i> = 40, average age 75.68 months, 72.5% male		Thirteen narrative story stems. Time not reported. Delivered by interviewer. Location not reported	Twenty-three items. Time not reported. Delivered by interviewer. Location not reported	
				and	
	Care centre children: <i>n</i> = 50, average age 77.60 months, 48% male			RPQ (summary scores derived)	
				Ten items. Time not reported.	
	Normative: <i>n</i> = 58, average age 75.17 months, 50% male			Caregiver self-report questionnaire. Conducted at	
	Ethnicity unknown				
Shmueli <i>et al.</i> (2008) ⁵²	N=227	Details unknown	CAI (CC20)	SAT (CC2)	(CC2) (CC20)
UK	Age range unknown		Fifteen items rated on scales of	Nine pictures. Time not reported.	
	Clinical: <i>n</i> = 65, mean age 10.4 years, 58.5% male, ethnicity 82% white		Delivered by interviewer. Location not reported	venvered by expension not interviewers. Location not reported	
	Normative: <i>n</i> = 161, mean age 10.9 years, 50.3% male, ethnicity 70% white				

TABLE 1 Overview of screening and assessment studies and instrument characteristics (continued)

Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
Silver (2005) ¹¹⁵	N=233	Details unknown	Family Drawing checklist (markers	SSP (CC4 and CC23)	(CC4) (CC3)
USA	Complete data $n = 140$		סו מרומרוווופוור אואובא	Standard Ainsworth laboratory	(((2))
	Age range unknown		and	procedure [Ainsworth (1969) ⁻]	
	Mean age 7 years		Family Drawing Global Rating Scales (summary scores derived)		
	76 males		and		
	Ethnicity unknown		Family Drawing principal investigator's opinion (CC4)		
			and		
			Family Drawing clinician's opinion (CC4)		
			and		
			Modified relatedness scales (CC29)		
			Twenty-three-item checklist and six 5-point global scales and 15 items rated on 4-point scales. Time not reported. Delivered by researcher. Conducted at home		
Sirl (1999) ¹¹⁶	N=69	Details unknown	Modified ASCT	SSP with separation-reunion	(CC26)
USA	Complete data <i>n</i> = 56		Four story stems coding on scale		
	Mean age 6.57 years, range 5.77–7.25 years		or 0-1 for over 30 sociotemotion codes (modified Rochester Narrative coding system). Time	terns rated on 7 - and 9-point scales. Standard Ainsworth laboratory procedure [Ainsworth	
	25 males		not reported. Delivered by examiner. Laboratory setting	(1978) ⁻] with separation–feunion procedure [Cassidy and Marvin (1000) ⁴⁷¹	
	Ethnicity 100% African American			[(6061)	
					continued

IABLE I UVERVIEW OT SCI	I ABLE 1 Overview of screening and assessment studies and instrument characteristics (continued)	na instrument cnaracteristics (c	ontinuea)		
Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
Smeekens <i>et al.</i> (2009) ¹¹⁷	n = 129	Age range 22–47 years	SSSP (CC4)	AQS version 3.0	(CC4)
the Netherlands	Complete data <i>n</i> = 111	Ethnicity unknown	Modified Ainsworth procedure	Waters (1995), ¹²⁵ 90-item sort. Timo 2 hourse Dolivored by trained	
	Age range unknown		separation lasting 4 minutes). Time 10 minutes	observer. Conducted at home	
	Mean age 63.6 months				
	59 males				
	Ethnicity unknown				
Solomon <i>et al.</i> (1995) ²⁴	n = 69	Reported in groups based on	Adapted separation-reunion story	Separation–reunion episode (A15)	(CC15) (CC30)
USA	Mean age 70.5 months, range 57–94 months	telephone ($n = 17$) 18% non-white; by letter ($n = 52$)	Five stories. Time 1 hour.	Details not reported. Time 65 minutes. Delivered	
	Gender unknown	21% non-white	Delivered by researcher. Laboratory setting	by parent and researcher. Laboratory setting	
	Ethnicity unknown	No turther details			
Spieker and Crittenden	<i>n</i> = 306	Details unknown	Modified SSP (CC27 and CC19)	SSP (CC4)	(CC4) (CC27)
USA	Aged 15 and 36 months at first and second visits		Modified Ainsworth procedure [Ainsworth (1978) ³] (stranger	Standard Ainsworth laboratory procedure [Ainsworth (1978) ⁸]	
	Gender unknown		separation duration 5 minutes)		
	Ethnicity unknown				
Tarabulsy and Moran	n=79	Pre-term mothers, mean age	AQS	SSP (CC8)	(CC8)
Canada	Aged 15 and 36 months at first and second visits	(SD 4.9) (SD 4.9) (SD 4.9)	Waters and Deane (1985), ⁴⁸ 90-item sort. Time 2–3 hours.	Standard Ainsworth laboratory procedure [Ainsworth (1978) ⁸]	
	Gender unknown	Ethnicity unknown	caregiver. Conducted at home		
	Ethnicity unknown				

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Author, year and country of publication	Participant details: children	Participant details: parents	Test instrument(s) (classification)/tool description and administration	Comparison test(s) (classification)/tool description and administration	Coding classification key (see <i>Box 1</i>)
van Dam and	n=39	Details unknown	Adapted Parental AQS	SSP (CC14)	(CC14)
Vari Ilizeriauorri (1900) +ho Nio+horiorado	Age range unknown		Waters and Deane (1985), ⁴⁸	Standard Ainsworth laboratory	
the Netherlands	Mean age 18 months		Delivered by research assistants	proceaure (Ainsworth (1978)']	
	19 males		ariu parenis. Locailori riot reported		
	Ethnicity unknown				
Vaughn and Waters	n = 58	Three infants had fathers who	SSP (CC3)	AQS	(CC3)
USA	Aged 12 or 18 months at first visit	vere non wine Further details unknown	Standard Ainsworth laboratory procedure [Ainsworth (1978) ⁸]	Waters and Deane (1985), ⁴⁸ 100-item sort. Time 4–9 hours.	
	25 males			Delivered by observer. Conducted at home	
	Ethnicity unknown				
Ziegenhein and	n=33	<i>n</i> =33	Parent-child separation story	SSP (CC9)	(CC9)
Germany	Aged 12 months, 18 months and 6 years at first, second and	Ethnicity German	Nine story pictures. Time 1 hour.	Standard Ainsworth laboratory procedure [Ainsworth (1978) ⁸]	
	third visits, respectively		unknown wno administered. Laboratory setting	and	
	Ethnicity under			Separation-reunion episode (CC9)	
				Details not reported. Time 65 minutes. Delivered by parent. Laboratory setting	
ADHD, attention deficit hyperactiv Emotional Rating Scale; CAP, Calif Rating Scale; CMCAST, Computer Developmental Disorders of Infanc Control; MIMRS, Marschak Interac Inventory; RADO, Randolph Attach WRO, Waiting Room Observation.	ADHD, attention deficit hyperactivity disorder; ADI, Attachment Doll Ir Emotional Rating Scale; CAP, California Attachment Procedure; CAPA Rating Scale; CMCAST, Computerised Manchester Child Attachment 3 Developmental Disorders of Infancy and Early Childhood; IMAS, Interv Control; MIMRS, Marschak Interaction Method Rating System; PAA, P Inventory; RADQ, Randolph Attachment Disorder Questionnaire; RPQ, WRO, Waiting Room Observation.	ent Doll Interview; ASCT, Attachme re; CAPA-RAD, Child and Adolesce Ichment Story Task; DAI, Disturban AS, Interview Measure of Attachme 7; PAA, Preschool Assessment of A lire; RPQ, Relationships Problems Q	nt Story Completion Task; BAT, Biops nt Psychiatric Assessment – reactive a ces of Attachment Interview; DC: 0–3 nt Security; LTS, Louisville Twin Study ttachment; PAPA, Preschool Age Psyc ttachment; SD, standard deviation; uestionnaire; SD, standard deviation;	ADHD, attention deficit hyperactivity disorder; ADI, Attachment Doll Interview; ASCT, Attachment Story Completion Task; BAT, Biopsychosocial Attachment Types; BERS, Behavioural and Emotional Rating Scale; CAP, California Attachment Procedure; CAPA-RAD, Child and Adolescent Psychiatric Assessment – reactive attachment disorder; CBRS, May-Nichols Child Behaviour Rating Scale; CAP, Computerised Manchester Child Attachment Story Task; DAI, Disturbances of Attachment Interview; DC: 0–3R, Revised Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood; IMAS, Interview Measure of Attachment, SL, Louisville Twin Study; MCDC, Middle Childhood Disorganisation and Control; MIMRS, Marschak Interaction Method Rating System; PAA, Preschool Assessment of Attachment; PAPA, Preschool Age Psychiatric Assessment; PBAR, Permitting Blocking Access Inventory; RADQ, Randolph Attachment Disorder Questionnaire; RPQ, Relationships Problems Questionnaire; SD, standard deviation; SSSP, Shortened Strange Situation Procedure; WRO, Waiting Room Observation.	ehavioural and Is Child Behaviour alth and sation and Slocking Access reedure;

TABLE 2 Taxonomy of screening tools for attachment patterns

Author and year	Instrument
Observational tools	
Boris <i>et al.</i> (2004); ⁹⁸ Clarke-Stewart <i>et al.</i> (2001); ⁹³ Finkel <i>et al.</i> (1998); ⁹⁴ Head (1997); ¹⁰⁵ Fury <i>et al.</i> (1997); ¹⁰³ Madigan (2003); ²⁵ Posada (2006); ¹¹³ Silver (2005); ¹¹⁵ Sirl (1999); ¹¹⁶ Spieker and Crittenden (2010); ¹¹⁸ Tarabulsy and Moran (1997); ¹¹⁹ van Dam and Van IJzendoorn (1988); ¹²⁰ Mangelsdorf <i>et al.</i> (1996); ¹⁰⁶ Vaughn and Waters (1990); ¹²¹ Fagot and Pears (1996); ¹⁰² Ziegenhein and Jacobsen (1999) ¹²²	SSP
Smeekens <i>et al.</i> (2009); ¹¹⁷ Spieker and Crittenden (2010); ¹¹⁸ Fagot and Pears (1996); ¹⁰² Crittenden <i>et al.</i> (2007); ¹⁰⁰ Aber and Baker (1990) ⁹⁶	Modified SSP
Clarke-Stewart <i>et al.</i> (2001) ⁹³	CAP
Ziegenhein and Jacobsen (1999); ¹²² Solomon <i>et al.</i> (1995); ²⁴ Cassidy and Marvin (1988) ⁴⁷	Separation-reunion procedure
Finkel <i>et al.</i> (1998) ⁹⁴	LTS procedure
Oppenheim (1990); ¹¹¹ Oppenheim (1997) ¹¹²	Bespoke separation-reunion observation
Backman (2003) ⁹⁷	MIMRS
Boris <i>et al.</i> (2004); ⁹⁸ Backman (2003); ⁹⁷ Oppenheim (1990); ¹¹¹ Oppenheim (1997); ¹¹² Posada (2006); ¹¹³ Smeekens (2009); ¹¹⁷ Tarabulsy and Moran (1997); ¹¹⁹ Mangelsdorf <i>et al.</i> (1996); ¹⁰⁶ Vaughn and Waters (1990) ¹²¹	AQS
Aber and Baker (1990); ⁹⁶ van Dam and Van IJzendoorn (1988) ¹²⁰	Modified AQS
Bureau <i>et al.</i> (2009) ⁹⁹	MCDC scales
Interview: researcher-/clinician-completed	
Shmueli <i>et al.</i> (2008) ⁵²	CAI
Roman (2010) ¹¹⁴	IMAS
Questionnaire: caregiver-/child-/teacher-completed	
Silver (2005) ¹¹⁵	Modified relatedness scales
Stories with child response procedure	
Bureau <i>et al.</i> (2009); ⁹⁹ Goldwyn <i>et al.</i> (2000); ⁵⁰ Shmueli (2008) ⁵²	SAT
Head (1997) ¹⁰⁵	Revised PBAR
Minnis <i>et al.</i> (2010) ¹⁰⁷	CMCAST
Minnis e <i>t al.</i> (2010); ¹⁰⁷ Goldwyn e <i>t al.</i> (2000); ⁵⁰ Minnis et al. (2009); ¹⁰⁸ McLaughlin et al. (2010) ¹⁰⁹	MCAST
Oppenheim (1990); ¹¹¹ Oppenheim (1997) ¹¹²	ADI
Sirl (1999) ¹¹⁶	Modified ASCT
Ziegenhein and Jacobsen (1999) ¹²²	Parent-child separation story
Solomon <i>et al.</i> (1995) ²⁴	Adapted separation–reunion story completion task
Cassidy and Marvin (1988) ⁴⁷	Incomplete stories with doll family
Roman (2010) ¹¹⁴	SSAP
Family Drawing Procedure	
Fury <i>et al.</i> (1997); ¹⁰³ Madigan <i>et al.</i> (2003); ²⁵ Silver (2005) ¹¹⁵	Family drawing
ADI, Attachment Doll Interview; ASCT, Attachment Story Completion Task; CAP,	, California Attachment Procedure;

ADI, Attachment Doll Interview; ASCT, Attachment Story Completion Task; CAP, California Attachment Procedure; CMCAST, Computerised Manchester Child Attachment Story Task; IMAS, Interview Measure of Attachment Security; LTS, Louisville Twin Study; MCDC, Middle Childhood Disorganisation and Control; MIMRS, Marshak Interaction Method Rating System; PBAR, Permitting Blocking Access Inventory.

TABLE 3 Taxonomy of screening tools for attachment disorders

Author and year	Instrument
Observational tools	
Minnis <i>et al.</i> (2009); ¹⁰⁸ McLaughlin <i>et al.</i> (2010) ¹⁰⁹	WRO
Interview: researcher-/clinician-completed	
Boris <i>et al.</i> (2004) ⁹⁸	DSM-IV criteria
Gleason <i>et al.</i> (2011) ⁹⁵	DAI
Gleason <i>et al.</i> (2011) ⁹⁵	PAPA
Equit <i>et al.</i> (2011) ¹⁰¹	DC: 0-3R
Equit <i>et al.</i> (2011) ¹⁰¹	ICD-10
Minnis <i>et al.</i> (2009); ¹⁰⁸ McLaughlin <i>et al.</i> (2010) ¹⁰⁹	CAPA
Questionnaire: caregiver-/child-/teacher-completed	
Gurganus (2002) ¹⁰⁴	CBRS
Gurganus (2002); ¹⁰⁴ Ogilvie (2000) ¹¹⁰	RADQ
Ogilvie (2000) ¹¹⁰	BERS and BAT
Minnis <i>et al.</i> (2009); ¹⁰⁸ McLaughlin <i>et al.</i> (2010); ¹⁰⁹ Roman (2010) ¹¹⁴	RPQ
BAT, Biopsychosocial Attachment Types; BERS, Behavioural and Emotional Rating Scale; CAPA, Child Bsychiatric Assessment: CBPS, Max-Nichols, Child Behaviour, Bating Scale; DAL Disturbances of Attac	

Psychiatric Assessment; CBRS, May-Nichols Child Behaviour Rating Scale; DAI, Disturbances of Attachment Interview; DC: 0–3R, Revised Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood; LTS, Louisville Twin Study; PAPA, Preschool Age Psychiatric Assessment; RADQ, Randolph Attachment Disorder Questionnaire; RPQ, Relationships Problems Questionnaire; WRO, Waiting Room Observation.

A range of screening and/or diagnostic tools were identified, and the variation in the classification systems used with procedures was large. In relation to the SSP alone, 16 studies reportedly used the original Ainsworth (1969,² 1978⁸) procedure,^{25,93,94,98,102,103,105,106,113,115,116,118-122} using 12 different variations on the classification system. Confusingly, many different authors use a variety of nomenclature to describe various classifications of attachment patterns. This is summarised in *Table 1* and *Box 1*. Some authors describing subcategories of insecure attachment use different names. For example, anxious–avoidant attachment is sometimes simply called 'avoidant', and sometimes 'defended' or 'dismissing'. Similarly, anxious–ambivalent attachment pattern is sometimes simply called 'ambivalent', and sometimes 'anxious–resistant' or 'preoccupied' (see *Box 1*). In some papers it is not clear whether authors are creating new categories with subtle differences or simply renaming existing categories. Nonetheless, this practice makes the literature extremely confusing to new trainees coming into the field, or indeed any practitioners or researchers wishing to better understand the field of attachment work.

There are two main schools of hierarchicalisation for attachment patterns. *Table 1* and *Box 1* describe classifications used by Ainsworth⁸ and extended by Main and Solomon⁶ whereby organised attachments may be secure or insecure, with insecure attachments having subcategories. A separate disorganised category exists in this system. By contrast, another body of work led by Crittenden¹²⁷ suggests that the disorganised category is actually a subgroup of insecure attachment that is unpredictable or changing in nature. Crittenden's A/C category, sometimes called avoidant/resistant, might be regarded as mapping on to the disorganised attachment described above, but it is understood in different ways. Nevertheless, it is a category of interest in terms of long-term psychopathology and long-term outcomes.

BOX 1 Coding classification key for the SSP and modifications

- CC1: secure, insecure.
- CC2: secure F1–5, insecure DS1–2, E1–2.
- CC3: secure, avoidant, resistant.
- **CC4**: secure, avoidant, resistant, disorganised.
- **CC5**: secure, insecure, disorganised.
- CC6: secure B1–4, avoidant A1–2, resistant C.
- **CC7**: secure B1–4, avoidant A1–2, resistant C1–2.
- CC8: secure, avoidant, ambivalent.
- **CC9**: secure, avoidant, ambivalent, disorganised.
- **CC10**: secure, avoidant, resistant/ambivalent, disorganised.
- **CC11**: secure, avoidant, resistant, avoidant/resistant.
- CC12: secure, avoidant, resistant, avoidant/resistant, disorganised.
- **CC13**: secure, anxious–avoidant, anxious–resistant.
- **CC14**: secure B1–4, anxious–avoidant A1–2, anxious–resistant C1–2.
- CC15: secure, anxious-avoidant, anxious-ambivalent, anxious-controlling, unclassifiable.
- CC16: secure, anxious-avoidant, anxious-resistant, anxious-disorganised-controlling, anxious-other.
- **CC17**: anxious–avoidant, anxious–resistant, anxious–insecure.
- CC18: secure B1–5, anxious–avoidant A1–6, anxious–resistant C1–6, anxious–avoidant/anxious–resistant A/C.
- CC19: secure, resistant C1-4, insecure A1-4, insecure/resistant, anxious-depression, insecure-other R.
- **CC20**: secure, dismissing, preoccupied, disorganised.
- CC21: secure/confident, avoidant, hostile-negative (disorganised).
- CC22: secure, defended, coercive, defended/coercive.
- **CC23**: secure, defended, coercive, defended/coercive, atypical.

BOX 1 Coding classification key for the SSP and modifications (continued)

CC24 : secure, avoidant, controlling, ambivalent.
CC25: secure, avoidant, controlling, ambivalent, insecure-other.
CC26: secure, avoidant, dependent, controlling/disorganised.
CC27 : secure B1–6, insecure A1–2, resistant C1–2, controlling–punitive, controlling–caregiving, controlling–general, insecure–other D1–4.
CC28: controlling–punitive, controlling–caregiving, disorganised.
CC29: optimal, adequate, confused, disengaged, deprived.
CC30: confident, frightened, casual, busy.

The identified comparison tools employed various techniques to assess children, utilising observational techniques, questionnaires, interviews, stories with child responses and interpretation of a child's drawings. Procedures involved the child, caregiver, teacher, researchers and clinicians depending on the child's age and the tool used. Descriptions of these assessments in full are included in the taxonomy (see *Tables 2* and *3*).

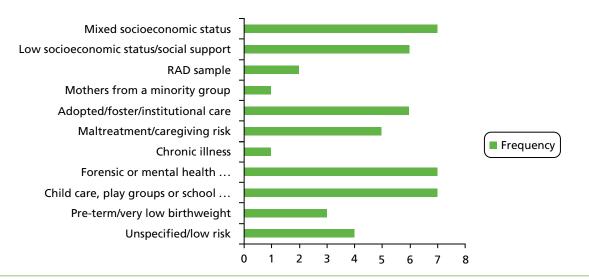
A total of seven papers included tools assessing children with attachment disorders.^{95,98,101,104,108,110,114} Tools included DSM-IV, Disturbances of Attachment Interview (DAI), Preschool Age Psychiatric Assessment (PAPA), May-Nichols Child Behaviour Rating Scale (CBRS), Randolph Attachment Disorder Questionnaire (RADQ), Revised Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC: 0–3R), RDC for ICD-10, Behavioural and Emotional Rating Scale (BERS) with Biopsychosocial Attachment Types (BAT), Relationships Problems Questionnaire (RPQ) used in combination with the Child and Adolescent Psychiatric Assessment (CAPA), Waiting Room Observation (WRO) and the RPQ. Relationships Problems Questionnaire (RPQ) used in combination Section (CAPA) and Waiting Room Observation, (WRO) and the RPQ. Relationships Problems Questionnaire (RPQ) used in combination Section (CAPA) and Waiting Room Observation, (WRO) and the RPQ. Relationships Problems Questionnaire (RPQ) used in combination Section (CAPA) and Waiting Room Observation, (WRO) and the RPQ. Relationships Problems Questionnaire (RPQ) used in combination Section (CAPA) and Waiting Room Observation, (WRO) and the RPQ alone.

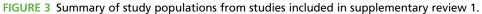
Population characteristics

Figure 3 summarises the profile of the population studied. *Table 1* includes detail on the participant age, gender and ethnicity.

The age of the children assessed for attachment problems ranged from 12 months to 20 years. We included studies where the mean age was 13 years or below, and therefore in some cases the upper end of the age range exceeded 13 years, as the sample included children older than this but with the average age still below 13 years. Many studies did not report on the child's ethnicity. In studies where ethnicity was recorded, participants were predominantly white or Caucasian. Other ethnic groups were generally under-represented.

Parental/caregiver information was less likely to be described in detail, with 29 studies reporting incomplete data or no detail.^{24,25,47,50,52,93–96,99–102,104–108,111–122} In those studies providing demographic detail, parental age ranged from 12 to 70 years and ethnicity was predominantly white or Caucasian.





Information on the population description was collected and classified into 11 categories (see *Figure 3*). These groupings can be further categorized according to four general dimensions:

- socioeconomic status (SES)
- risk populations (such as fostered, adopted or maltreated children or those in institutional care)
- mental health status of child (e.g. RAD or mental health user)
- groups deemed as low risk or population samples (e.g. playgroup children).

Four studies did not adequately describe the population,^{50,117,118,120} for example classifying the population as 'low risk' without further clarification.

No papers reported on child literacy level; however, this is not surprising given that many studies were assessing infants with instruments completed by researchers or parents. A handful of studies did report on other child ability measures such as picture vocabulary and verbal ability.

Quality assessment

Table 4 summarises the results of the quality assessment. High risk of bias was the most frequently reported classification in domain 4 (flow and timing). The lowest risks were in domain 2 (index test) and domain 3 (reference standard). An unclear risk of bias was the most frequently reported classification in domain 1 (patient selection) and in domains 2 and 3.

All studies achieved a low risk of bias on all three applicability questions (*Table 5*) in QUADAS-2.⁹² The screening criteria were such that this would inevitably be the outcome.

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TABLE 4

	Consecutive or random sample													
aker		Avoided case–control	Avoided inappropriate exclusions	Overall risk of bias	Interpreted blind to reference test	Threshold prespecified	Overall risk of bias	Reference test correctly classifies target condition	Reference test interpreted blind to index test	Overall risk of bias	Interval of 2 weeks or less	All participants Interval of receive same 2 weeks reference or less test	All participants included in analysis	Overall risk of bias
		`	×	High	>	N/A	Low	>	`	Low	×	×	×	High
		×	ć	High	ć	ć	Unclear	>	ć	Unclear	×	×	`	High
(2004) ⁹⁸		×	ć	High	×	N/A	High	`	×	High	ć	`	`	Unclear
Bureau <i>et al. ?</i> (2009) ⁹⁹		×	ć	High	~	`	Unclear	`	~	Unclear	Ċ.	`	`	Unclear
Cassidy and ? Marvin (1988) ⁴⁷		`	ć	Unclear	`	N/A	Low	`	`	Low	`	`	`	Low
Clarke-Stewart ? et al. (2001) ⁹³		×	ć	High	~	N/A	Unclear	`	<u>~</u>	Unclear	×	`	`	High
Crittenden <i>et al.</i> ? (2007) ¹⁰⁰		`	~	Unclear	`	N/A	Low	`	`	Low	~	`	ć	Unclear
Equit <i>et al.</i> 🖌 (2011) ¹⁰¹		`	`	Low	~	N/A	Unclear	`	~	Unclear	¢.	`	`	Unclear
Fagot and Pears (1996) ¹⁰²		`	`	Unclear	`	N/A	Low	`	`	Low	×	`	ć	High
Finkel <i>et al. ?</i> (1998) ⁹⁴		`	`	Unclear	`	N/A	Low	`	`	Low	`	`	`	Low
Fury et al. ? (1997) ¹⁰³		`	ć	Unclear	~	N/A	Unclear	`	~	Unclear	×	~	ć	High
Gleason et al. 🗸 (2011) ⁹⁵		`	`	Low	~	`	Unclear	~	~	Unclear	ć	`	`	Unclear
Goldwyn <i>et al. ?</i> (2000) ⁵⁰		ć	ć	Unclear	ć	N/A	Unclear	>	>	Low	ć	ć	ć	Unclear

8 8	Consecutive or random sample	Avoided												
g g		case-control	Avoided inappropriate exclusions	Overall risk of bias	Interpreted blind to reference test	Threshold prespecified	Overall risk of bias	Reference test correctly classifies target condition	Reference test interpreted blind to index test	Overall risk of bias	Interval of 2 weeks or less	All participants of receive same reference test	All participants included in analysis	Overall risk of bias
9 03		>	ć	Unclear	ć	`	Unclear	`	ć	Unclear	ć	~:	ć	Unclear
9		`	ć	Unclear	`	`	Low	>	`	Low	`	`	`	Low
96		ć	~	Unclear	`	N/A	Low	`	`	Low	×	~	ć	Unclear
		×	~	High	`	N/A	Low	`	`	Low	`	~	×	High
		×	`	High	`	N/A	Low	`	`	Low	×	`	×	High
(2009); ¹⁰⁸ McLaughlin <i>et al.</i> (2010) ¹⁰⁹		×	~	High	~	N/A	Unclear	`	~	Unclear	~	×	×	High
0gilvie (2000) ¹¹⁰ ?		`	ć	Unclear	ć	`	Unclear	`	ć	Unclear	ć	`	`	Unclear
Oppenheim ? (1990) ¹¹¹ and Oppenheim (1997) ¹¹²		`	~	Unclear	~	N/A	Unclear	`	~	Unclear	×	~	~	Unclear
Posada (2006) ¹¹³ ?		`	ć	Unclear	ć	N/A	Unclear	`	`	Low	ć	`	`	Unclear
Roman (2010) ¹¹⁴ ?		×	ć	High	ć	N/A	Unclear	`	ć	Unclear	ć	`	ć	Unclear
Shmueli <i>et al.</i> ? (2008) ⁵²		×	~	High	`	`	Low	\$	`	Low	ć	ć	ذ	Unclear
Silver (2005) ¹¹⁵ ?		`	ć	Unclear	ć	N/A	Unclear	`	`	Low	×	`	×	High
Sirl (1999) ¹¹⁶ ?		`	ć	Unclear	ć	N/A	Unclear	>	ć	Unclear	ć	`	×	High
Smeekens et al. (2009) ¹¹⁷		`	ć	Unclear	ć	N/A	Unclear	`	ć	Unclear	ć	ć	ć	Unclear

TABLE 4 Summary of quality assessment for accuracy tool/diagnostic accuracy studies (continued)

	Patient selection	ion			Index test			Reference test	est		Flow/timing	D		
Study	Consecutive or random sample	Avoided case-control	Avoided inappropriate exclusions	Overall risk of bias	Interpreted blind to reference test	Threshold prespecified	Overall risk of bias	Reference test correctly classifies target condition	Reference test interpreted blind to index test	Overall risk of bias	Interval of 2 weeks or less	All participants receive same reference test	All participants included in analysis	Overall risk of bias
Solomon <i>et al.</i> (1995) ²⁴	ć	`	ć	Undear	`	N/A	Low	>	`	Low	\$	`	\$	Low
Spieker and Crittenden (2010) ¹¹⁸	~	`	ć	Unclear	¢.	N/A	Unclear	`	~	Unclear	×	\$	~	High
Tarabulsy and Moran (1997) ¹¹⁹	ć	×	ć	High	ć	N/A	Unclear	`	ć	Unclear	×	`	ć	High
van Dam and Van IJzendoorn (1988) ¹²⁰	~	`	~	Unclear	¢.	N/A	Unclear	`	~	Unclear	`	\$	\$	Low
Vaughn and Waters (1990) ¹²¹	ć	`	ć	Unclear	×	N/A	High	`	×	High	×	`	ć	High
Ziegenhein and Jacobsen (1999) ¹²²	`	`	ć	Unclear	\$	N/A	Low	\$	\$	Low	×	2	×	High
🗸, criterion m	et; X , criterion	not met; ?, un	$m{\prime}$, criterion met; $m{X}$, criterion not met; ?, unclear whether or not criterion met; N/A, not applicable.	· not crite	rion met; N/A	, not applicab	le.							

TABLE 5 Ratings on applicability questions of QUADAS-2 for studies included in supplementary	review 1
TABLE 5 Ratings on applicability questions of QUADA5-2 for studies included in supplementary	

Study	Patient selection: applicability	Index test: applicability	Reference test: applicability
Aber and Baker (1990) ⁹⁶	Low	Low	Low
Backman (2003) ⁹⁷	Low	Low	Low
Boris <i>et al.</i> (2004) ⁹⁸	Low	Low	Low
Bureau <i>et al.</i> (2009) ⁹⁹	Low	Low	Low
Cassidy and Marvin (1988)47	Low	Low	Low
Clarke-Stewart (2001) ⁹³	Low	Low	Low
Crittenden <i>et al.</i> (2007) ¹⁰⁰	Low	Low	Low
Equit <i>et al.</i> (2011) ¹⁰¹	Low	Low	Low
Fagot and Pears (1996) ¹⁰²	Low	Low	Low
Finkel <i>et al.</i> (1998) ⁹⁴	Low	Low	Low
Fury <i>et al.</i> (1997) ¹⁰³	Low	Low	Low
Gleason <i>et al.</i> (2011) ⁹⁵	Low	Low	Low
Goldwyn <i>et al.</i> (2000) ⁵⁰	Low	Low	Low
Gurganus (2002) ¹⁰⁴	Low	Low	Low
Head (1997) ¹⁰⁵	Low	Low	Low
Madigan (2003) ²⁵	Low	Low	Low
Mangelsdorf <i>et al.</i> (1996) ¹⁰⁶	Low	Low	Low
Minnis <i>et al.</i> (2009); ¹⁰⁸ McLaughlin <i>et al.</i> (2010) ¹⁰⁹	Low	Low	Low
Minnis <i>et al.</i> (2010) ¹⁰⁷	Low	Low	Low
Ogilvie (2000) ¹¹⁰	Low	Low	Low
Oppenheim (1990) ¹¹¹ and Oppenheim (1997) ¹¹²	Low	Low	Low
Posada (2006) ¹¹³	Low	Low	Low
Roman (2010) ¹¹⁴	Low	Low	Low
Shmueli (2008) ⁵²	Low	Low	Low
Silver (2005) ¹¹⁵	Low	Low	Low
Sirl (1999) ¹¹⁶	Low	Low	Low
Smeekens <i>et al.</i> (2009) ¹¹⁷	Low	Low	Low
Solomon (1995) ²⁴	Low	Low	Low
Spieker and Crittenden (2010) ¹¹⁸	Low	Low	Low
Tarabulsy and Moran (1997) ¹¹⁹	Low	Low	Low
van Dam and Van IJzendoorn (1988) ¹²⁰	Low	Low	Low
Vaughn and Waters (1990) ¹²¹	Low	Low	Low
Ziegenhein and Jacobsen (1999) ¹²²	Low	Low	Low

The three applicability questions in QUADAS-2 are:

- Is there concern that the included patients do not match the review question?
- Is there concern that the index test, its conduct or its interpretation differ from the review question?
- Is there concern that the target condition as defined by the reference standard does not match the review question?

Taxonomy of instruments assessing attachment patterns

The findings of the review are split into tools assessing (1) the construct of child attachment to the caregiver, described as an attachment pattern or an attachment security score, and (2) the symptomatology of attachment disorder as defined by the DSM-IV⁵⁶ or ICD-10.⁵⁵

Observational tools

Instruments assessing attachment patterns seek to describe the attachment relationship between the child and primary caregiver. As described in *Chapter 1*, the original assessment method was the SSP developed by Ainsworth and Wittig,² with other additional methods of assessment being developed from this. The following describes the tools emerging from our review.

The Strange Situation Procedure

The 'Strange Situation'² identifies patterns of attachment that infants between the ages of 12 and 18 months form to their mothers. The procedure to elicit these consists of 3-minute intervals of separation and reunion of an infant with the mother/primary caregiver (not a staff member) and the introduction of a stranger. Interactions are coded according to behaviour at reunion in the context of the level of exploratory behaviour and distress on separation exhibited. Ainsworth described the types of attachment children had to their mothers, defining these as secure (type B) or insecure, including the subtypes anxious-ambivalent (type C) and anxious-avoidant (type A).² Securely attached infants tend to use the primary caregiver as a secure base for exploration. They clearly prefer the caregiver to the stranger, and demonstrate protest behaviours when separated from their primary caregiver. Anxious-avoidant infants explore without using the primary caregiver as a secure base. They appear unaffected at separation, and avoid or ignore the caregiver when reunited. They tend to treat the stranger in a similar way to the caregiver. Anxious-ambivalent infants refuse to explore their surroundings and become extremely anxious when separated. During reunion, they look for contact with their primary caregiver, but they may also pull away in anger. This group also resists both comfort and contact with the stranger. Classification is based on the infant's behaviour towards the caregiver during the two reunion episodes, viewed in the context of behaviour throughout the whole procedure. From this work, the researchers attempted to predict the impact which different types of attachment pattern had on the child's behaviour and psychological well-being.8

This procedure has been expanded by Main and Solomon,⁴⁴ who was involved in a variety of studies that assisted in the development of the ABC + D model. Main and Weston¹²⁸ identified that some of the children (12.5%) assessed between 12 and 18 months of age in Ainsworth's SSP were termed 'unclassifiable', in that they showed conflict and little positive responsiveness to the adult. This led them to assess and interpret the data collected on these 'unclassifiable' children. From this, they developed and validated a new attachment pattern, labelled disorganised/disoriented (type D).⁶

A total of 16 studies identified in this supplementary review used the SSP.^{25,93,94,98,102,103,105,106,113,115,116,118-122} Of these, six used the original ABC classification system^{25,93,94,103,105,106} and 10 included the disorganised category in some form.^{98,102,113,115,116,118-122} This procedure has been very influential in the design of subsequent assessment tools, as evidenced by the development of many bespoke and modified versions of the procedure found in this review.

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Modified Strange Situation Procedure

The assessments classified as 'modified SSP' encompass adaptations to the original procedure by which it was shortened¹¹⁷ or adapted to include one reunion episode,^{102,118} or the separation time was extended.¹¹⁸

Often these modifications were to adapt the assessment for use with different age groups^{100,102,118} and used different classification systems and terminology. Two studies used Crittenden *et al*'s Preschool Assessment of Attachment (PAA).^{100,118} There are five subclassifications: the traditional secure category (B) and two insecure classifications (defended and coercive), as well as a D classification and an A–C classification. One study used the MacArthur Working Group on Attachment classification system.^{47,118} There are six subclassifications: secure (type B); insecure–avoidant (type A); insecure–ambivalent (type C); and a D classification that consists of insecure–other, controlling–punitive and controlling–general classifications. The final classification system used an Ainsworth Extended Procedure.¹⁰⁰ There are four subclassifications for this procedure: secure (type B), insecure–avoidant (type A), insecure–resistant (type C) and insecure–avoidant/resistant (type A/C).

Separation Reunion Procedure

Assessments under this classification include only a separation and reunion episode conducted in various settings.^{24,47,122} These were conducted in a classroom as part of a 'preparation for preschool' meeting⁴⁷ or in a laboratory setting.¹²² The time period of the separation (before reunion) in the two studies,^{24,122} where it was stated, was approximately 1 hour. Different classification systems were used, including the Main and Cassidy classification system.¹²⁹ This procedure uses the first 5 minutes of playroom reunion with the mother to allocate an attachment classification. The four main classifications are recognised (A, B, C, D), with the addition of a U classification for those that are 'unclassifiable' for some studies.²⁴ Typically, children in the U group show some elements of behavioural disorganisation and controlling behaviour. The time period of the separation (before reunion) varied between 2 minutes⁹⁶ and 1 hour.^{24,122}

California Attachment Procedure

Designed to overcome the limitation that the SSP overdiagnoses children who routinely spend more than 20 hours per week in day care as insecure–avoidant,⁹³ the California Attachment Procedure (CAP)⁹³ is an alternative laboratory-based method. Instead of using separation from the caregiver, a series of anxiety-provoking situations followed by brief recovery periods (2–3 minutes) are experienced by the child. Anxiety-provoking situations for the child include a noisy hidden toy entering the room or a toy robot, and the presence of a costumed adult stranger. The coding draws heavily on Ainsworth's original SSP, which produces ABC classifications.

Louisville Twin Study procedure

The Louisville Twin Study (LTS) procedure⁹⁴ is a modified version of the SSP, adapted to explore the attachment behaviour of twins at the age of 18–24 months. Similar to the SSP, each twin experiences two separations and reunions with the primary caregiver. During the first separation in the LTS procedure, the twins are together with two strangers, whereas during the second separation the twins are alone with a stranger. There are three distinct differences between the LTS procedure and the SSP. First, the twin is present during the first separation and during reunions. Second, during separations the play vignettes led by the strangers are scripted. Finally, the entire procedure is significantly longer (a 30-minute separation) in the LTS procedure. In our reviewed study,⁹⁴ only the second reunion for each twin – after being separated from both twin and caregiver – was coded for attachment behaviour which formed the primary basis for attachment classification.

Marshak Interaction Method Rating System

The Marchak Interaction Method Rating System (MIMRS)⁹⁷ is a clinical tool which uses structured observation of the interaction between the parent and child (parent–child dyad) to assess the quality of their relationship for purposes of parent guidance and treatment planning. Clinically, it is often used in conjunction with Theraplay[®] treatment. The MIMRS was developed by psychologists, using attachment theory and research by Ainsworth,² in an attempt to provide a reliable and valid measurement system for the Marshak Interaction Method.

Attachment Q-set

The AQS⁴⁸ utilises Q-sort methodology. It consists of 100 behavioural descriptions intended to cover the spectrum of attachment-related behaviours, including the secure base and exploratory behaviours, affective responses and social cognition of children between 12 and 48 months of age. The items are sorted into nine piles according to a predefined distribution to provide a summary of an infant's attachment-related behaviour as observed during 2- to 3-hour home visits. Q-sort observers thus describe the infant's behaviour in terms of an array of 100 scores. Items most characteristic of the child are placed at one end of the distribution, and those most uncharacteristic of the child are placed at the opposite end. Items that cannot be scored from the visit or are neither characteristic nor uncharacteristic of the child are placed in the central piles. An item's placement in the sort determines its score. The most characteristic items thus receive scores of 9. The items most unlike the child receive scores of 1. Attachment secure base behaviour is assessed on a continuum of security rather than categorically. Van IJzendoorn and colleagues¹³⁰ researched the reliability and validity of the AQS in a series of meta-analyses that included 13,835 children. The observer AQS security score showed convergent validity with SSP security (r = 5.31) and excellent predictive validity with parental sensitivity measures (r = 5.39). Its association with temperament was weaker (r = 5.16), which supports the discriminant validity of the observer AQS.

Modified Attachment Q-sort

Two studies included modified versions of the AQS. Aber and Baker⁹⁶ modified the measure to investigate the attachment security in naturally occurring separations when the child was entering a child care programme. The AQS was adapted to eliminate items that referenced behaviours only observable in the home, so that only items that were relevant to the behaviours displayed by the child at the child care centre were included. The authors also sought to make the tool usable by novices of attachment theory and child care work.

van Dam and Van IJzendoorn¹²⁰ translated a parental version of the AQS (containing 75 items) into Dutch. They altered the wording of items, removing double negatives to avoid confusing the parents. The criterion sorts were for 12-month-old children.

Middle Childhood Disorganisation and Control scales

Following a separation-reunion procedure in a laboratory setting, the Middle Childhood Disorganisation and Control (MCDC) scales can be used to rate the extent of three dimensions of children's behaviour towards their caregiver: controlling-caregiving, controlling-punitive and disorganised behaviour. The interactions in the reviewed study⁹⁹ were observed in a 5-minute reunion following a 1-hour separation, during which both child and caregiver were interviewed by examiners. The scales range from 1–9. The three dimensions of the child's behaviour are rated on separate scales. For the high range of the controlling-punitive scale, behaviour is marked by episodes of hostility towards the parent that include a challenging, humiliating, cruel or defying quality. Behaviour in the low range of the scale expresses annoyance, frustration or impatience towards the caregiver.

The high range of the controlling–caregiving scale is characterised by the child taking charge of the interaction. The low range of the scale includes minor indications of caregiving behaviour with the motivation of modifying affect, stimulating or distracting the parent. Evidence of the child subordinating his or her own desires and prioritising the parent's needs are also coded on this scale. The disorganised behaviour scale has eight categories that are rated as either high or low (such as manifestation of fear in the presence of the caregiver, lack of consistent strategy, preference for stranger and so on). The combination of high and low disorganised behaviour scores leads to an overall rating of disorganisation on a scale of 1–9. A score of 1 is assigned to a child who shows no signs of disorganisation.

Interview: researcher-/clinician-completed

The Child Attachment Interview

The CAI⁵² is a 19-question, semistructured interview that assesses children's mental representations of attachment figures. The CAI interview includes questions about children's experiences with memories and perceptions of their caregivers. These focus on situations in which the attachment system is presumed to be activated (e.g. emotional upset, illness, injury, separation).

In addition to reporting on what generally happens between the parent and child in response to these situations, the child is also asked to recall a specific occurrence. This enables detailed narratives about the relationships with attachment figures to emerge. The CAI is based on the AAI, and therefore, it assesses the affective nature of the relationship and the quality of the child's response. As with other interviews, it is videotaped for coding. Research suggests that the interview works with children aged 8–12 years.¹³¹ Concurrent validity of the CAI is suggested by a significant association with other measures (SAT) and by a significant association with parental status according to the AAI.¹³²

Interview Measure of Attachment Security

The Interview Measure of Attachment Security (IMAS) is an abbreviated version of the AQS¹³³ applied in an interview format developed by Chisholm and colleagues.^{134,135} There are 23 items that evaluate the security of the attachment behaviours that the child presents to the caregiver.

Stories with a child response procedure

The Separation Anxiety Test

The SAT¹³⁶ is a semiprojective representational test in which children are shown a number of pictures depicting separations between a child and his or her parent(s). The child is asked a series of questions designed to elicit emotional narratives. Following this, the child's responses are coded according to criteria for securely attached, self-reliant and avoidant responses. The original SAT¹³⁶ was used with adolescents and has been adapted and revised over the years by authors including Klagsbrun and Bowlby,¹³⁷ for use with 4- to 7-year-olds, and Slough and Greenberg,¹³⁸ who scored the SAT based on four attachment scales.

Manchester Child Attachment Story Task

The MCAST is a doll-play story stem technique which seeks to measure attachment patterns in middle childhood.⁵⁰ Children between the ages of 5 and 7 years are given the beginnings of four stories ('story stems') using a doll's house, each containing an attachment-related theme: the child waking following a nightmare; the child injuring him/herself; the child becoming ill or lost while out shopping. The interviewer will play out the scenario initially until the child becomes interested and involved; at this point the interviewer asks the child 'what happens next?'. The assessment is recorded and how the child plays out the story thereafter is coded based on both Strange Situation and AAI codes, and the child is assigned an attachment classification.⁵⁰ The MCAST has good inter-rater reliability and stability of attachment patterns over time.⁵⁰

Computerised Manchester Child Attachment Story Task

Minnis and colleagues¹⁰⁷ developed a computerised version of the MCAST, the Computerised Manchester Child Attachment Story Task (CMCAST). In this assessment tool, the narrated story stems are initially represented on the computer by the movement of simple two-dimensional screen 'dolls'. The child is then instructed to take over the controls of the computer, moving the dolls and providing a vocal narrative for each story. This is recorded, providing a downloadable audiovisual presentation of the child's story to be used for rating.

Attachment Doll Interview

The Attachment Doll Interview (ADI)^{111,112} uses story stems in which children are portrayed as being in distress by an interviewer who begins a story using doll enactments and asks the child to complete the story. It was designed to measure three dimensions, which the authors consider to be markers of security of attachment. These are the quality of mother–child interaction presented in the story completions, the child's ability to talk openly about conflict and emotionally charged themes, and his or her ability to generate constructive resolutions for separations and stressful situations.^{111,112}

Family Drawing Procedure

In the Family Drawing Procedure^{25,103} children are asked to draw a picture of their family. Each drawing is coded in three ways, according to a scheme adapted from the Kinetic Family Drawings manual:¹³⁹ (1) each figure included in the drawing is scored on a variety of markers (e.g. presence/absence of family members, number of body parts, facial affect, location and size of figures); (2) the relations between figures are scored on three markers (e.g. presence/absence of barriers between figures, relative orientation, encapsulation of figures); and (3) the general context of the drawing is scored on five markers (e.g. use of colour, space and perspective).

Other known measures

Below are descriptions of some well-known assessments that were not included in the review as they did not meet the PICOS criteria for this phase of the review (for example they may not have had a comparison tool).

The MacArthur Story Stem Battery

The MSSB¹⁴⁰ is usually used with children aged 4–8 years and uses doll play to assess children's representations of relationships. The process of this includes telling a child the scripted stem of a story, using simple dolls as props.

The child is asked to 'show and tell' the clinician 'what happens next'. The child's completion of each scenario is recorded on video and analysed later by a trained evaluator using a scoring template. There are between 8 and 12 scenarios used, each stem depicting a range of moral and relationship dilemmas.

This tool has been used widely in both clinical work and research, including studies of the internal representations of children from normative samples,¹⁴¹ maltreated children,¹⁴² children exposed to parental conflict¹⁴³ and children with disruptive behavioural disorders.¹⁴⁴ It has been shown to predict behaviour problems¹⁴⁴ and anxiety in children.^{140,145}

Taxonomy of assessment for attachment disorder

Observational tools

Preschool Age Psychiatric Assessment

The PAPA⁹⁵ is a parent-report-only assessment focused on children aged 2–5 years. Derived from the CAPA, it is tailored to feelings and behaviours pertinent to young children. Based on responses to the PAPA, an algorithm generates diagnoses, scale scores and scores reflecting the number of domains in which the child is impaired. For the study by Gleason and colleagues,⁹⁵ DSM-IV criteria were applied for all diagnoses except RAD, for which the RDC for preschool age were used. The test–retest reliability of the PAPA is similar to the reliability of structured psychiatric interviews focused on older children and adults.⁹⁵

Psychometric properties

Table 6 summarises the psychometric properties of the index and reference tests and reports the outcome of screening for content and construct evidence.

With the exception of two studies,^{94,119} all publications reported at least partial reliability data.

Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Aber and Baker (1990) ⁹⁶	Modified SSP	Secure communication scale $\alpha = 0.75$	Unclear number of coders	N/R	No	Yes
(Index tool)		Flexible attention–deployment strategy scale α = 0.63	Agreement on scales between expert and coding team > 85%			
		Separation insecurity scale $\alpha = 0.61$				
		Reunion rejection scale $\alpha = 0.60$				
Aber and Baker (1990) ⁹⁶	Teacher-sorted toddler	N/R	Tri-coded	N/R	No	Yes
(Reference tool)	SUA		Coders' correlation on sort $= 0.71$			
			Reliability exceeded 0.60 for 87% of children			
Backman (2003) ⁹⁷	MIMRS	Total scale $\alpha = 0.96$	Clinical group dual coded; coders'	N/R	No	Yes
(Index tool)		Parent scale $\alpha = 0.90$				
		Child scale $\alpha = 0.89$	routinative group dual coded, coders' correlation = 0.82			
		Relational/emotional scale $\alpha = 0.89$				
		(Alphas calculated with the addition of data from another study) ¹⁴⁶				
Backman (2003) ⁹⁷	AQS	Prior research has shown an internal consistency score	NR	N/R	No	Yes
(Reference tool)		of 0.93				

TABLE 6 Psychometric properties of the index and reference test(s)

Author and year (index				Stability (test-retest:	Evidence of content	Evidence of construct
or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Pearson product moment correlation)	validity (yes/no)	validity (yes/no)
Boris <i>et al.</i> (2004) ⁹⁸	Clinical assessment using	N/R	Tri-coded	N/R	No	Yes
(Index tool)	the Dawn vurtering screening for presence/ absence of attachment disorders		Agreement on presence/absence of attachment disorder ĸ range 0.62–0.74			
			Agreement on no disorder, attachment disorder with role reversal or other attachment disorder 54–73%, ĸ range 0.44–0.61			
			Agreement on no disorder (including attachment disorder with RR) or other attachment disorder k range 0.57–0.76			
Boris <i>et al.</i> (2004) ⁹⁸	SSP (A5)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on three-way dassification 71%			
Boris <i>et al.</i> (2004) ⁹⁸	AQS	N/R	Dual coded	N/R	No	Yes
(Reference tool)			к average 0.77, range 0.48–0.92			
Bureau <i>et al.</i> (2009) ⁹⁹	MCDC (A28)	N/R	Unclear number of coders	N/R	No	Yes
(Index tool)			Coders' correlation on punitive scale = 0.97			
			Coders' correlation on caregiving scale = 0.93			
			Coders' correlation on disorganisation scale = 0.83			
						continued

Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test–retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Bureau <i>et al.</i> (2009) ⁹⁹	SAT (А9)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on four-way dassification $\kappa = 0.92$			
Cassidy and Marvin (1988) ⁴⁷	Incomplete stories with doll family (A21)	Summary score $\alpha = 0.78$	Dual coded	Retest 1 month apart (1 story)	No	Yes
(Index tool)			Agreement on five-point scale 92% (range 76–100%)	Rating correlation = 0.63		
			Agreement on three-way dassification 86% (range 76–94%)			
Cassidy and Marvin	Separation-reunion	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on four-way classification 76%, $\kappa = 0.59$			
			Coders' correlation on security scale = 0.80			
Clarke-Stewart <i>et al.</i> (2001) ⁹³	CAP (A6)	N/R	Dual coded	N/R	No	Yes
(Index tool)			Agreement on three-way dassification 75%			
Clarke-Stewart <i>et al.</i> (2001) ⁹³	SSP (A6)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on three-way dassification 83% , $\kappa = 0.69$			
Crittenden <i>et al.</i> (2007) ¹⁰⁰	Modified SSP – Ainsworth	N/R	Dual coded	N/R	No	Yes
(Index tool)			91% agreement, к = 0.83 (p < 0.000)			

TABLE 6 Psychometric properties of the index and reference test(s) (continued)

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Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	of content validity (yes/no)	of construct validity (yes/no)
Crittenden <i>et al.</i> (2007) ¹⁰⁰	Modified SSP-CM method	N/R	Quad-coded	N/R	No	Yes
(Reference tool)	(024)		78% agreement, κ=0.72 (ρ<0.01)			
	Modified SSP-PAA method	N/R	Tri-coded	N/R	No	Yes
			86% agreement, κ=0.82 (ρ < 0.000)			
Equit <i>et al.</i> (2011) ¹⁰¹	DC: 0–3R	N/R	Dual coded	N/R	No	Yes
(Index tool)			Coders' correlation on diagnosis = 0.75-0.90			
Equit e <i>t al.</i> (2011) ¹⁰¹	ICD-10	N/R	N/R	N/R	No	Yes
(Reference tool)						
Fagot <i>et al.</i> (1996) ¹⁰²	Modified SSP (A12)	N/R	Dual coded	N/R	No	Yes
(Index tool)			Agreement on five-way dassification 84%			
Fagot and Pear (1996) ¹⁰²	SSP (A7)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Approximately 12% disagreement on eight-way classification			
Finkel <i>et al.</i> (1998) ⁹⁴	LTS (A7)	N/R	N/R	N/R	No	No
(Index tool)						
Finkel <i>et al.</i> (1998) ⁹⁴	SSP (A7)	N/R	N/R	N/R	No	Yes
(Reference tool)						

Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Fury et al. (1997) ¹⁰³	Family Drawing Modified	N/R	Dual coded	N/R	No	Yes
(Index tool)			Agreement on presence/absence of signs 44–100%			
Fury et al. (1997) ¹⁰³	Family Drawing Global	N/R	Dual coded	N/R	Yes	Yes
(Index tool)	אמוווט סרמא		Coders' correlation on scale ratings=0.57–0.90			
Fury <i>et al.</i> (1997) ¹⁰³	SSP (A13)	N/R	N/R	N/R	No	Yes
(Reference tool)						
Gleason e <i>t al.</i> (2011) ⁹⁵	DAI	At baseline, 30, 42, 54 months	Unclear number of coders	N/R	No	Yes
(Index tool)			Agreement on RAD signs $\kappa = 0.80$			
		Indiscriminately social/ disinhibited RAD signs α = 0.68, 0.68, 0.72, 0.75				
		Emotionally withdrawn/ inhibited RAD signs $\alpha = 0.69$, 0.70, 0.84				
Gleason e <i>t al.</i> (2011) ⁹⁵	PAPA	N/R	N/R	N/R	No	Yes
(Reference tool)						
Goldwyn <i>et al.</i> (2000) ⁵⁰	MCAST (A9)	N/R	N/R	N/R	No	Yes
(Index tool)						
Goldwyn <i>et al.</i> (2000) ⁵⁰	SAT (A8)	N/R	N/R	N/R	No	Yes
(Reference tool)						

TABLE 6 Psychometric properties of the index and reference test(s) (continued)

Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Gurganus (2002) ¹⁰⁴ (Index tool)	CBRS (A1)	Analysis of 'modified' CBRS only	N/R	N/R	No	Yes
		Attachment scale $\alpha = 0.836$				
Gurganus (2002) ¹⁰⁴	RADQ	N/R	N/R	N/R	No	Yes
(Reference tool) Head (1997) ¹⁰⁵	Revised PBAR (A1)	N/R	N/R	NR	No	Yes
(Index tool)						
Head (1997) ¹⁰⁵	SSP (A22)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on four-way dassification 85%, κ=0.77			
Madigan (2003) ²⁵	Family drawing clinical	N/R	Dual coded	N/R	Yes	Yes
(Index tool)			Agreement on presence/absence of signs 79–100%			
Madigan (2003) ²⁵	Family Drawing Checklist	N/R	Dual coded	N/R	Yes	Yes
(Index tool)			Agreement on presence/absence of signs 80–100%			
Madigan (2003) ²⁵	Family Drawing Global	N/R	Dual coded	N/R	Yes	Yes
(Index tool)			Coders' correlation on scale ratings = 0.54–0.85			
Madigan (2003) ²⁵	Family drawing clinician's	N/R	Dual coded	N/R	Yes	Yes
(Index tool)			Agreement on three-way classification 84%, κ=0.64			
						continued

	-					
Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test–retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Madigan <i>et al.</i> (2003) ²⁵	SSP (A3)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on three-way dassification 80%			
Mangelsdorf <i>et al.</i> (1996) ¹⁰⁶	SSP (A11)	N/R	Dual coded: agreement on three-way classifications 90%	N/R	No	Yes
(Index tool)			Tri-coded (further subset): agreement on three-way dassification 100%			
Mangelsdorf <i>et al.</i> (1996) ¹⁰⁶	AQS	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Coders' reliability coefficient for full-term infants = 0.76 and for VLBW infants = 0.85			
Minnis et al. (2010) ¹⁰⁷	CMCAST (A10)	N/R	Dual coded	N/R	No	No
(Index tool)			Agreement on four-way classification 94% , $\kappa = 0.91$			
Minnis et al. (2010) ¹⁰⁷	MCAST (A10)	N/R	Dual coded	N/R	Yes	Yes
(Reference tool)			Agreement on four-way classification 96%, κ=0.93			
Minnis e <i>t al.</i> (2009); ¹⁰⁸ McLaughlin e <i>t al.</i> (2010) ¹⁰⁹	CAPA-RAD	NR	Combined CAPA-RAD, WRO and RPQ diagnosis had 97% agreement with expert panel	N/R	Yes	Yes
(Index tool)						

TABLE 6 Psychometric properties of the index and reference test(s) (continued)

Evidence of construct validity (yes/no)	S		S		S				S		S		S		continued
	Yes		Yes		Yes				Yes		Yes		Yes		
Evidence of content validity (yes/no)	Yes		Yes		No				Yes		Yes		No		
Stability (test-retest: Pearson product moment correlation)	N/R		N/R		N/R				N/R		N/R		Prior research has	correlations = 0.82 in the attachment disorder group and 0.85 in the non-attachment disorder group	
Inter-rater reliability measures	Dual coded Agreement on most questions (15/20) ゃっ0.61	Agreement on five questions poor	NR		Dual coded	Agreement on four-way classification κ=0.93		Agreement on two-way classification κ = 1	N/R		N/R		N/R		
Internal consistency (Cronbach's alpha)	$\alpha = 0.75$		$\alpha = 0.92$		N/R				N/R		18/23 items assessed;	0 - 0 - A - O - A	Prior research has shown		
Instrument	WRO		RPQ		MCAST				BERS		BERS + BAT		RADQ		
Author and year (index or reference test) for included study	Minnis <i>et al.</i> (2009); ¹⁰⁸ McLaughlin <i>et al.</i> (2010) ¹⁰⁹	(Index tool)	Minnis e <i>t al.</i> (2009), ¹⁰⁸ McLaughlin e <i>t al.</i> (2010) ¹⁰⁹	(Index tool)	Minnis <i>et al.</i> (2009); ¹⁰⁸ McLaudhlin <i>et al</i>	(2010) ¹⁰⁹	(Reference tool)		Ogilvie (2000) ¹¹⁰	(Index tool)	Ogilvie (2000) ¹¹⁰	(Index tool)	Ogilvie (2000) ¹¹⁰	(Reference tool)	

Author and year (index or reference test) for		Internal consistency		Stability (test-retest: Pearson product	Evidence of content validity	Evidence of construct validity
included study	Instrument		Inter-rater reliability measures	moment correlation)	(yes/no)	(yes/no)
Oppenheim (1990); ¹¹¹ Oppenheim (1992) ¹¹²	ADI	Emotional tone scale $\alpha = 0.89$	Dual coded	N/R	No	Yes
(Index tool)		Emotional openness scale $\alpha = 0.96$	Coders' correlation on emotional openness scale = 0.88			
		Resolution of distress score $\alpha = 0.57$	Coders' correlation on emotional tone scale = 0.80			
			Coders' correlation on resolution of distress scale = 0.83			
Oppenheim (1990), ¹¹¹ Oppenheim (1997) ¹¹² (Reference tool)	AQS	NR	NR	Prior research has shown test-retest maternal AQS reliability coefficient = 0.88	N	Yes
Oppenheim (1990); ¹¹¹ Oppenheim (1990); ¹¹²	Bespoke separation-reunion	Two visits	Dual coded	Retest after 1 week	No	Yes
(Reference tool)		Visit 1: exploration pre separation $\alpha = 0.88$; post separation $\alpha = 0.73$	Coders' reliability coefficient on exploration = 0.86, contact maintenance = 0.87, distal interaction - 0.69	Pre-separation exploration correlation = 0.34 (n = 0.043)		
		Visit 2: exploration pre separation $\alpha = 0.93$; post separation $\alpha = 0.86$		Post-reunion exploration correlation = 0.41 ($p = 0.018$)		
				Post-reunion contact maintenance correlation = 0.66 (p < 0.001)		

TABLE 6 Psychometric properties of the index and reference test(s) (continued)

Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Posada (2006) ¹¹³	AQS	Smooth interactions with mother scale $\alpha = 0.90$	Dual coded	N/R	No	Yes
(Index tool)		Proximity to mother scale $\alpha = 0.83$	coders correlation on score mean = 0.78			
		Physical contact with mother scale $\alpha = 0.81$				
		Interactions with other adults scale $\alpha = 0.85$				
Posada (2006) ¹¹³	SSP (A16)	N/R	Prior research has shown inter-rater	N/R	No	Yes
(Reference tool)			agreement ranging nom 72 % to 92%			
Roman (2010) ¹¹⁴	SSAP	Security indicators $\alpha = 0.853$	Dual coded	N/R	No	Yes
(Index tool)		Insecurity indicators $\alpha = 0.835$	Security indicators $\kappa = 0.899$			
		Avoidance indicators	Insecurity indicators $\kappa = 0.848$			
		u — 0.042	Avoidance indicators $\kappa = 0.879$			
		Disorganisation indicators $\alpha = 0.887$	Disorganisation indicators $\kappa = 0.861$			
Roman (2010) ¹¹⁴	IMAS	$\alpha = 0.668$	N/R	N/R	No	Yes
(Reference tool)						
Roman (2010) ¹¹⁴	RPQ	Past-tense assessment $\alpha = 0.714$	N/R	N/R	No	Yes
(Reference tool)		Present assessment $\alpha = 0.747$				

Author and year (index or reference test) for induded study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Shmueli-Goetz <i>et al.</i> (2008) ³² (Index tool)	CAI (A20)	State of mind scales $\alpha = 0.87$ Avoidance scales $\alpha = 0.84$ Active conflict scales $\alpha = 0.43$	Three sets of coders (k range for two-, three- and four-way classifications) Group 1: tri-coded; median correlation = 0.88, k range 0.80–0.86 Group 2: dual coded; median correlation = 0.87, k range 0.67–0.81 Group 3: unclear number of coders; median correlation = 0.81, k range 0.78–0.87	Retest 3 months apart: median correlation of scales = 0.69 Retest 1 year apart: median correlation of scales = 0.54	0 2	Yes
Shmueli-Goetz <i>et al.</i> (2008) ⁵²	SAT (A2)	N/R	N/R	N/R	No	Yes
(Reference tool) Silver (2005) ¹¹⁵ (Index tool)	Family Drawing Checklist	R	Dual coded Agreement on presence/absence of signs 86–100%	NR	O N	Yes
Silver (2005) ¹¹⁵ (Index tool)	Family Drawing Global Rating Scale	N/R	k range 0.72–1.00 Dual coded Coders' correlation on scale ratings = 0.87–0.96	R.K.	0 N	Yes
Silver (2005) ¹¹⁵ (Index tool)	Family drawing investigator's opinion (A4)	N/R	N/R	NR	N	Yes

TABLE 6 Psychometric properties of the index and reference test(s) (continued)

International contractions from the mean of							
Family drawing cliniciants NR NR NR NR NR NR Modified relatedness scales NR NR NR NR NR Yes SSP (A4) NR NR NR NR NR Yes SSP (A23) NR Dual coded NR NR NR Yes SSP (A23) NR NR Dual coded NR NR Yes SSP (A23) NR NR NR NR NR Yes SSP (A23) NR Dual coded NR NR NR Yes SSP (A23) NR Dual coded NR NR NR Yes SSP (A23) NR Dual coded NR NR Yes Yes SSP (A23) NR Dual coded NR Yes Yes Yes SSP (A23) NR Dual coded Undestructor for outer of codes: corelision 77%, store of codes: corelision 65%, store 05%	Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's aloha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (ves/no)	Evidence of construct validity (ves/no)
Modified retarchness scales MR MR No No No SSP (Ad) NR NR NR No Yes SSP (Ad) NR NR NR No Yes SSP (Ad) NR Dual coded NR No Yes SSP (Ad) NR Dual coded NR No Yes Modified ASCT Four attachment-themed Unclean mont/eway NR No Yes Modified ASCT Four attachment-themed Unclean mont/eway NR NR Yes Yes Modified ASCT Four attachment-themed Unclean mont/eway NR NR Yes Yes Stores or 0.55 Agreement on four-way Unclean mont/eway NR Yes Yes Goodified ASCT NR NR NR NR Yes Yes Stores or 0.55 Four attachment-themed Unclean mont/eway NR No Yes Stores or 0.56 Four attachment-themed Unclean mont/eway NR <td>Silver (2005)¹¹⁵ (Index tool)</td> <td>Family drawing clinician's opinion (A4)</td> <td>N/R</td> <td>NR</td> <td>N/R</td> <td>No</td> <td>Yes</td>	Silver (2005) ¹¹⁵ (Index tool)	Family drawing clinician's opinion (A4)	N/R	NR	N/R	No	Yes
SFP (A4) NR Dual coded NR No Yes Agreement on four-way dashiftation 77% Agreement on four-way dashiftation 77% NR NO Yes SPP (A23) NR Dual coded NR NO Yes Agreement on four-way dashiftation 77% Dual coded NR NO Yes Agreement on four-way dashiftation 62% Agreement on four-way dashiftation 62% NR Yes Yes Four attachment-thered stories a = 0.56 Agreement on coding 67% NR Yes Yes Yes SPF with procedure (A26) NR NR NR NR Ne Yes 2009/1* Shortened SP (A4) NR Dual coded NR No Yes 2009/1* Shortened SP (A4) NR Dual coded NR NR No 2009/1* Agreement on four-way dashiftation 93%, x=0.58 NR NR No Yes 2009/1* AG AG Dual coded NR NR No 2009/1* AG AG Dual coded NR No Yes 2009/1* Shortened SP (A4) NR NR No Yes 2009/1* AG AG Dual coded NR <td< td=""><td>Silver (2005)¹¹⁵ (Index tool)</td><td>Modified relatedness scales (A29)</td><td>N/R</td><td>N/R</td><td>N/R</td><td>No</td><td>Yes</td></td<>	Silver (2005) ¹¹⁵ (Index tool)	Modified relatedness scales (A29)	N/R	N/R	N/R	No	Yes
SSP (A23) NR Agreement on four-way dassification 77%, dassification 67%, more real of the variation 67% of the variation 67%, dassification 67%, real of the variation real of the variation and real of the variation the varia of the variation and real of the variation and real	Silver (2005) ¹¹⁵	SSP (A4)	N/R	Dual coded	N/R	No	Yes
SP (λ 23) NR Dual coded NR No No NR No Yes	(Reference tool)			Agreement on four-way classification 77%			
Modified ASCT Everation 62% dasification 62% stories $\alpha = 0.56$ Agreement on five-way dasification 62% stories $\alpha = 0.39$ Ves Ves Ves Ves Four attachment-themed stories $\alpha = 0.39$ Duclear number of coders NR Yes Yes SP with stories $\alpha = 0.39$ Coders' correlation $\alpha = 0.75$ Agreement on coding 67% NR Yes SP with stories $\alpha = 0.66$ NR NR NR No Yes (ange -0.24 to 1.00) Eight stories combined $\alpha = 0.66$ Dual coded NR NR No Yes (ange -0.24 to 1.00) Eight stories combined $\alpha = 0.66$ Dual coded NR No Yes (ange -0.24 to 1.00) Eight stories combined $\alpha = 0.66$ NR Dual coded NR No Yes (2009) ¹¹ Shortened SP (A4) NR Dual coded NR No Yes (2009) ¹¹ AGS NR NR NR No Yes (2009) ¹¹ AGS NR NR NR No Yes (2009) ¹¹ AGS <t< td=""><td></td><td>SSP (A23)</td><td>N/R</td><td>Dual coded</td><td>N/R</td><td>No</td><td>Yes</td></t<>		SSP (A23)	N/R	Dual coded	N/R	No	Yes
Modified ASCT Four attachment-themed stories $\alpha = 0.56$ Unclear number of coders NR Yes Yes Yes Four atterment-themed stories $\alpha = 0.36$ Agreement on coding 67% Agreement on coding 67% NR Yes Yes Four atterment-themed stories $\alpha = 0.39$ NR Ocders' correlation $\alpha = 0.75$ Agreement on coding 67% NR Yes Yes Sp with $\alpha = 0.66$ NR NR Dual coded NR NO Yes Ss with procedure (A26) NR NR Dual coded NR NO Yes (2009)'' Shortened SSP (A4) NR Dual coded NR NO Yes (2009)'' Shortened SSP (A4) NR Dual coded NR NO Yes (2009)'' AOS NR Dual coded NR NO Yes (2009)'' AOS NR Dual coded NR NO Yes (2009)'' AOS NR NR NO Yes (2009)'' AOS NR NR				Agreement on five-way dassification 62%			
Image: Application of the solution of the sol	Sirl (1999) ¹¹⁶	Modified ASCT	Four attachment-themed	Unclear number of coders	N/R	Yes	Yes
Image: A construction of the construction of the construction of the construction stories a construction stories a construction stories a construction constructin construction construction constructin constr	(Index tool)			Agreement on coding 67%			
Eight stories combined a = 0.66 Eight stories combined a = 0.66 NR No Yes SP with separation-reunion procedure (A26) NR Dual coded NR No Yes (2009) ¹¹ Shortened SSP (A4) NR Dual coded NR No Yes (2009) ¹¹ Shortened SSP (A4) NR Dual coded NR No Yes (2009) ¹¹ Agreement on four-way dassification 95% MR No No Yes (2009) ¹¹ Agreement on four-way dassification 95% MR No No Yes (2009) ¹¹ Agreement on four-way dassification 95% MR No No Yes			Four alternatively themed stories $\alpha = 0.39$	Coders' correlation $\alpha = 0.75$			
SP with separation-reunion procedure (A26)NRN0YesReparation-reunion procedure (A26)Agreement on four-way ($\rho < 0.001$)Agreement on four-way ($\rho < 0.001$)NRNo(2009)17Shortened SP (A4)NRDual codedNRNoYes(2009)17Agreement on four-way dassification 95%MRNOYes(2009)17Agreement on four-way dassification 95%NRNRNoYes(2009)17AgrNRNRNRNoYes(2009)17AgrNRNRNRNoYes(2009)17AgrNRNRNRNoYes(2009)17AgrNRNRNRNoYes(2009)17AgrNRNRNRNoYes(2009)17AgrNRNRNRNoYes(2009)17AgrNRNRNRNoYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes(2009)17AgrNRNRNRYes<			Eight stories combined $\alpha = 0.66$	(range -0.24 to 1.00)			
Submanue Agreement on four-way dassification 84%, k = 0.58 (p < 0.001) Agreement on four-way dassification 84%, k = 0.58 (p < 0.001) N/R No Yes (2009) ¹¹⁷ Shortened SSP (A4) N/R Dual coded N/R No Yes (2009) ¹¹⁷ AQS N/R Dual coded N/R No Yes (2009) ¹¹⁷ AQS N/R Dual coded N/R No Yes (2009) ¹¹⁷ AQS N/R Dual coded N/R No Yes	Sirl (1999) ¹¹⁶	SSP with	N/R	Dual coded	N/R	No	Yes
(2009) ¹¹ Indeed SP (A4) NR No Yes (2009) ¹¹ Agreement on four-way Agreement on four-way NR No Yes (2009) ¹¹ AQS NR NR NO Yes Yes (2009) ¹¹ AQS NR NR NO Yes	(Reference tool)	separation (A26)		Agreement on four-way classification 84% , $\kappa = 0.58$ ($p < 0.001$)			
(2009) ¹⁷ AQS N/R Agreement on four-way classification 95% N/R N/R N/S Yes Reliability > 0.75	Smeekens et al. (2009) ¹¹⁷	Shortened SSP (A4)	N/R	Dual coded	N/R	No	Yes
(2009) ¹⁷ AQS N/R Dual coded N/R No Yes Reliability > 0.75	(Index tool)			Agreement on four-way dassification 95%			
Reliability > 0.75	Smeekens et al. (2009) ¹¹⁷	AQS	N/R	Dual coded	N/R	No	Yes
continued	(Reference tool)			Reliability > 0.75			
							continued

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Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
Solomon (1995) ²⁴	Adapted	N/R	Tri-coded	N/R	No	Yes
(Index tool)	separation-reunion story completion task (A30)		Agreement on four-way classification 71%, κ=0.62 (p < 0.001)			
Solomon (1995) ²⁴	Separation-reunion	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on four-way classification 71%, $\kappa = 0.62$ ($p < 0.001$)			
Spieker and Crittenden	Modified SSP – MacArthur classification system (A27)	NR	Tri-coded	N/R	No	Yes
(Index tool)			Agreement on four-way classification 77%, $\kappa = 0.50$ ($p < 0.001$)			
Spieker and Crittenden (2010) ¹¹⁸	Modified SSP-PAA (A19)	N/R	Dual coded	N/R	No	Yes
(Index tool)			Agreement on six-way classification 59%, $\kappa = 0.45$ ($p < 0.001$)			
Spieker and Crittenden (2010) ¹¹⁸	SSP (A4)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on four-way classification 82%, ĸ=0.70			
Tarabulsy and Moran (1997) ¹¹⁹	AQS	N/R	N/R	N/R	No	Yes
(Index tool)						
Tarabulsy and Moran (1997) ¹¹⁹	SSP (A8)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on three-way classification 91%			

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Author and year (index or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	Evidence of content validity (yes/no)	Evidence of construct validity (yes/no)
van Dam and Van IJzendoorn (1988) ¹²⁰	Adapted AQS	NR	NR	Retest approximately 10 days apart	No	Yes
(Index tool)				Security scores = 0.75		
				Dependency scores = 0.86		
				Sociability scores = 0.78		
				Desirability scores = 0.82		
van Dam and 1088) ¹²⁰	SSP (A14)	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Agreement on three-way dassification 100%			
			Agreement on eight-way classification 93%			
			Reliability for interactive scales = 0.78			
Vaughn and Waters	SSP (A3)	N/R	Dual coded	N/R	No	Yes
(Index tool)			Agreement on three-way dassification 86%			
						continued

or reference test) for included study	Instrument	Internal consistency (Cronbach's alpha)	Inter-rater reliability measures	Stability (test-retest: Pearson product moment correlation)	of content validity (yes/no)	of construct validity (yes/no)
Vaughn and Waters	AQS	N/R	Dual coded	N/R	No	Yes
(Reference tool)			Coders' correlation on security score = 0.58			
			Coders' correlation on dependency score = 0.72			
			Coders' correlation on sociability score = 0.53			
			All <i>p</i> < 0.05			
Ziegenhein and Jacobsen	Parent-child separation	N/R	Dual coded	N/R	No	Yes
(Index tool)			Agreement on four-way classification κ = 0.68			
Ziegenhein and Jacobsen	SSP (A9)	N/R	Dual coded	N/R	No	No
(Reference tool)			Agreement on four-way classification $\kappa = 0.87$ at 12 months and 0.91 at 18 months			
Ziegenhein and Jacobsen (1999) ¹²²	Separation-reunion episode (A9)	N/R	Dual coded	N/R	No	Yes
(Reference tool)	-		Agreement on four-way descritication $\kappa = 0.80$			

TABLE 6 Psychometric properties of the index and reference test(s) (continued)

Test-retest data were the least reported information in the included studies, with only five studies reporting these data for either the index or reference test.^{47,52,110,111,120}

Inter-rater reliability data were the most frequently reported validity data. A total of 26 studies reported these data for the index test^{24,25,47,52,93,95-108,111,113-118,121,122} and 23 studies for the reference test.^{24,25,47,52,93,95-108,111,113,115-122} Of these 26, 24 had good inter-rater reliability as defined by a level of 0.7 or above.^{25,47,52,93,95-103,106-108,111,113-117,121,122}

Cronbach's alphas were reported in 12 studies for the index tests (12 studies $\alpha > 0.7$)^{47,52,95–97,104,108,110,111,113,114,116} and in four studies for the reference tests (four studies $\alpha > 0.7$).^{97,110,110,114}

Sensitivity and specificity analysis

Nine studies were found that compared an attachment assessment procedure with a reference standard.^{25,93–95,102,108,115,118,122} Only three of these reported data that enabled calculations of concurrent validity sensitivity and specificity scores: two for attachment patterns^{93,94} (*Table 7*) and one for attachment disorders⁹⁵ (*Table 8*).

The characteristics of these studies were summarised in *Table 1*. The majority validated an attachment assessment procedure under evaluation against the SSP. Most studies (six) were conducted in the USA^{25,93,94,102,115,118} and the remainder (three) were conducted in European countries (Germany,¹²² Romania⁹⁵ and Scotland¹⁰⁸). The size of the samples ranged from 33¹²² to just below 300.¹¹⁸ There was no significant discrepancy in the proportions of boys and girls in any of the studies. Two studies did not report sufficient data to calculate 2 × 2 tables.^{108,122}

Study	Sensitivity (95% CI)	Specificity (95% Cl)	ROC (95% CI)	DOR (95% CI)	PPV (95% CI)	NPV (95% CI)
Clarke-Stewart <i>et al.</i> (2001) ⁹³ CAP vs. SSP (secure attachment)	0.90 (0.76 to 0.97)	0.30 (0.11 to 0.54)	0.60 (0.48 to 0.71)	3.86 (1.00 to 14.80)	0.72 (0.57 to 0.83)	0.60 (0.26 to 0.87)
Finkel <i>et al.</i> (1998) ⁹⁴ LTS vs. SSP (secure attachment)	0.83 (0.61 to 0.95)	0.67 (0.3 to 0.93)	0.73 (0.55 to 0.90)	9.5 (1.64 to 55)	0.86 (0.65 to 0.97)	0.6 (0.26 to 0.88)

TABLE 7 Performance of attachment procedure measures: concurrent validity as compared with reference standard

CI, confidence interval; DOR, diagnostic odds ratio; NPV, negative predictive value; PPV, positive predictive value; ROC, receiver operating characteristic.

TABLE 8 Performance of instruments assessing attachment disorders: concurrent validity as compared with reference standard

Study	Sensitivity (95% CI)	Specificity (95% Cl)	ROC (95% CI)	DOR (95% Cl)	PPV (95% CI)	NPV (95% CI)
Gleason <i>et al.</i> (2011) ⁹⁵ DAI vs. PAPA (DAD)	0.81 (0.54 to 0.96)	0.86 (0.78 to 0.92)	0.83 (0.73 to 0.94)	27.85 (7.04 to 110.27)	0.48 (0.28 to 0.68)	0.96 (0.90 to 0.99)
Gleason <i>et al.</i> (2011) ⁹⁵ DAI vs. PAPA RAD (inhibited attachment disorder)	0.80 (0.28 to 0.99)	0.99 (0.95 to 1.00)	0.86 (0.69 to 1.00)	456.00 (23.97 to 8675.15)	0.80 (0.28 to 0.99)	0.99 (0.95 to 1.00)

CI, confidence interval; DOR, diagnostic odds ratio; NPV, negative predictive value; PPV, positive predictive value; ROC, receiver operating characteristic.

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Most studies attempting to compare two attachment instruments did not include raw data. Two studies reported data that allowed concurrent validity calculation of sensitivity and specificity of a new procedure for assessing infant–mother attachment pattern.^{93,94} Both studies were conducted in the USA and the samples sizes were small (60 toddlers⁹³ and 16 twin pairs⁹⁴ respectively).

Sensitivity and specificity of attachment pattern measures

Clarke-Stewart and colleagues⁹³ developed the CAP to assess attachment patterns. The SSP was administered when the children were approximately 17 months of age, always before the CAP. The CAP was administered when the children were approximately 18 months old. When compared with the SSP in detecting secure attachment, the sensitivity of CAP was 0.90 [95% confidence interval (CI) 0.76 to 0.97] but the specificity was very low at 0.30 (95% CI 0.11 to 0.54). The performance characteristics of CAP are summarised in *Table 7*. Disorganised attachment was not compared. The CAP, although good at identifying true positives, also has a very high false-positive rate, and so would not be useful as a screening instrument.

Finkel and colleagues⁹⁴ validated a measure of attachment for twins. Sixteen twin pairs from the LTS participated in an attachment assessment procedure (the LTS procedure), and 1 month later in the SSP (nine pairs at age 19 months and seven pairs at age 25 months). The sensitivity of the LTS procedure to detect secure attachment was 0.82 (95% CI 0.61 to 0.95) and specificity was 0.66 (95% CI 0.29 to 0.92), which represents a high false-positive rate. *Table 7* summarises the performance characteristics of the LTS procedure compared with the SSP as the reference standard.

Sensitivity and specificity of attachment disorder diagnostic tools

One study⁹⁵ examined the validity of an instrument for detecting the two types of RAD against the RDC. The authors assessed the criterion validity of the two types of RAD, comparing adult-reported signs of RAD using the DAI with the diagnosis as determined by a diagnostic interview (PAPA). The DAI is a semistructured, examiner-based interview of a caregiver who reports on signs of RAD in very young children. The PAPA is a comprehensive, parent-reported psychiatric diagnosis interview for preschool children. PAPA was administered when children were 54 months of age and the DAI was administered at 22, 30, 42 and 54 months. The validities of the DAI for indiscriminately social/disinhibited reactive disorder and emotionally withdrawn/ inhibited reactive disorder respectively at 54 months, compared with PAPA, are summarised in *Table 8* and show good sensitivity and specificity.

Interestingly, we found one study that met our criteria that concurrently compared disorganised attachment pattern with attachment disorder. Gleason and colleagues⁹⁵ carried out the SSP in 135 Romanian children at 42 months and the DAI at the same time. Although these are not purporting to measure the same thing, we carried out some illustrative correlational statistics which confirmed that whether disorganised attachment pattern classification or secure attachment classification pattern is used to screen for concurrent attachment disorder, neither are helpful. Neither had a positive predictive value of more than 30%. Using disorganised attachment there were large numbers of children with attachment disorders who had organised patterns of attachment (19 out of 22; very low sensitivity of 0.14). Using insecure *or* disorganised attachment together, there were large numbers of children *not* securely attached who did not have attachment disorders (62 out of 82; very poor specificity of 0.39). We did not calculate the statistics for this because attachment patterns and attachment disorders are not attempting to measure the same construct. This is therefore for illustrative purposes only.

Discussion and summary of findings

Our review found a very large number of instruments used in an attempt to classify attachment patterns. Many of these are unvalidated in that they make no comparison with other attachment instruments or the reference standard (the SSP). Furthermore, numerous groups have redesigned aspects of the Ainsworth SSP, added categories to the classification system (or changed the boundaries of named categories) or changed the names of subclassifications. This makes the literature very confusing for all but the most avid attachment researcher. Researchers' views of the classification systems will be shaped by which papers they happen to be reading or taught in training. For example, across the 16 studies identified as using the standard Ainsworth SSP, 12 different variations on the classification system were used.^{25,93,94,98,102,103,105,106,113,115,116,118-122}

Beyond the SSP, clinicians and researchers use a variety of techniques to assess children at different ages for attachment patterns. These include questionnaires, interviews, observation, stories and drawings. Many of these are not validated.

The only piece of research that concurrently compared the RAD diagnosis with attachment pattern assessment using the reference standard (that elucidated secure attachment patterns and disorganised attachment patterns) showed little relationship between attachment patterns and attachment disorders.⁹⁵ This suggests that using attachment pattern assessments in screening for attachment disorders is not helpful. It also appears to confirm the view of some authors that the constructs of attachment patterns and attachment disorders are not closely related.

This element of the review demonstrated that against a backdrop of many interesting hypotheses and theories, there is a need for further, high-quality scientific research that validates available instruments for use, compares them across time and child development and leads to expert consensus in how they are used to identify children at risk. The narrative literature on attachment and development rightly focuses attention on a child's behaviour in the context of his or her main caregivers and early-life relationships. More research is needed to allow scientific agreement to develop around key mechanisms to measure maladaptive attachment patterns and attachment disorders.

This initial supplementary review sought to identify a range of different screening and assessment tools used to measure attachment patterns or provide diagnostic criteria to identify an attachment disorder. For the purpose of our supplementary review of outcomes at 10 years or more (supplementary review 2, see *Chapter 5*), we used this review (supplementary review 1) to gather reliable and valid baseline measures of attachment.

For attachment patterns, as discussed in *Chapter 2* (see *Figure 1*), we have used the SSP³ with a disorganised category (e.g. the addition of Main and Solomon's category D coding⁶). Additional attachment pattern assessment tools would be needed to meet the criteria described below.

- studies identifying attachment patterns
- identifying studies which had tested the development of screening or assessment tools against the SSP, or a psychometrically sound reference test that has been concurrently validated against the SSP with good sensitivity and specificity
- AND demonstrated good validity and reliability by reporting satisfactory Cronbach's alpha (> 0.7); a good significant correlational relationship between the test instrument and the reference test; assessment of the content validity; and illustrating good test–retest reliability.

The only two studies that we found that concurrently validated a second instrument against the SSP had good sensitivity but poor specificity.^{93,94} Several studies reported good Cronbach's alpha scores with some attempt to measure construct validity but did not conduct concurrent validity against the SSP.^{47,52,95–97,104,108,110,111,113,114,116} It was not possible to assert that any instrument had good enough validity and reliability to be used alongside our reference standard, the SSP.

For attachment disorder, the RDC (DSM-IV⁵⁶ and ICD-10⁵⁵) would be used (as discussed in *Chapter 2*; see *Figure 1*). Additional assessment tools would need to meet the criteria described below identifying attachment disorders:

- studies measuring an attachment disorder in comparison to a clinical population of RAD/DAD that had been identified initially using some standardised diagnostic criteria (e.g. DSM-IV/ICD-10, DC: 0–3)
- or where instruments were compared with a validated diagnostic criterion measurement/interview and demonstrated good validity and reliability using the criteria specified above.

In addition to the RDC, we found that the DAI had good concurrent validity against RDC for attachment disorder. Therefore, the DAI was accepted as a validated instrument that was used in the supplementary review 2 screening process for 10-year outcomes.

The new diagnostic systems (DSM-V⁵⁸ and ICD-11⁸⁸) need to become established and to be used in research, in order to move us from theoretical constructs and newly evolved diagnostic systems to a better understanding of the relationship between various measures of attachment problems and their meaning in terms of short-, mid- and long-term outcomes.

In order for the literature to be more helpful to clinicians and future researchers, there need to be high-quality methodological studies in this field. In particular, there needs to be clarity to the classification system and nomenclature, and the assessment procedures.

Chapter 5 Supplementary systematic review 2: studies of severe attachment problems with a follow-up of 10 years or longer

Introduction

The research objective of our second supplementary review was to examine the 10-year outcomes of developmental, psychological and behavioural disorders among children with severe attachment problems and to collect prevalence information from these studies. It was not within the scope of this funded review to conduct a separate systematic review of prevalence data.

Although the main review sought to assess the clinical effectiveness and cost-effectiveness of parental instruments for severe attachment problems, we outlined two supplementary reviews (see *Chapter 4* and the present chapter) to help us interpret this work. This chapter seeks to provide robust data for health economic analysis by exploring outcomes at 10 years or more in infants or children with severe attachment problems at baseline. When we scoped the work for our main review, we found that outcomes were measured but were largely short term. These longer-term data supplement this. The steering group spent considerable time discussing this and also believed that they would provide some additional prevalence and outcome estimations to be used in the health economics analysis. In normal populations, approximately 35% of infants show some form of insecure attachment pattern.⁸⁷ The organised insecure patterns of attachment are therefore unlikely to be helpful as indicators of pathology, but rather, may be considered as risk factors for associated difficulties in the child's functioning.³⁹ Although many people with psychopathology may have had earlier attachment problems, most infants with insecure attachment pattern, unlike the organised insecure classifications, has been associated with behaviour problems in childhood.²³ Our review has defined 'severe attachment problems' as either a diagnosed attachment disorder or a disorganised attachment pattern.

Longitudinal studies have suggested that disorganised attachment is linked to hostility and hyperactivity, aggression and oppositional defiant disorder in children,³⁷ and to dissociative symptoms in 17- and 19-year-olds.²⁷ Furthermore, attachment disorders, as distinct from attachment patterns, are known to have increased comorbidity with conduct disorders, developmental delay, attention deficit hyperactivity disorder and post-traumatic stress disorder.³⁸

Methods

We initially screened titles and abstracts using two reviewers, independent of each other. Any disagreements were resolved by discussion or arbitration, and a third party when required. Where both reviewers agreed, a full copy of the paper was obtained and assessed in more detail for potential inclusion in the review. In instances where a foreign language paper was identified, the paper was translated and then screening was performed.

Inclusion criteria

The PICOS criteria were as follows:

- *Population and exposure* Studies that measured attachment disorder or disorganised attachment pattern in children under the age of 13 years at inception. If infants were too young to measure attachment at inception, studies were included if attachment was measured at, or before, the age of 12 months.
- Instruments Studies were only included where attachment problems had been measured using the diagnostic criteria for attachment disorder or disorganised attachment patterns using the SSP⁸ with the disorganised pattern described by Main and Solomon.⁶ If any measures had been validated against the reference standard in supplementary review 1, studies including those measures would have been included here, but none was found.
- Comparator Those without a disorganised attachment pattern or attachment disorder, at baseline or earliest time point, served as a comparator against those with a severe attachment problem.
- Outcomes Studies had to contain any of the following:
 - Data on the prevalence of severe attachment problems (defined as disorganised attachment pattern⁶ or the diagnosis of attachment disorder).^{55,56}
 - Epidemiological data including outcome data. The long-term outcomes searched for were stability
 of severe attachment problems, measured by an adolescent or adult measure of attachment; rates
 of subsequent mental ill health; psychosocial development; educational attainment; entry into care;
 or involvement in the criminal justice system. Only validated outcome measures or objectively
 measurable full-population outcomes, such as school grades or criminal convictions, were examined
 in each of these domains.
- *Study design* Studies were prospective longitudinal cohorts with a follow-up period of 10 years or more.

There are many studies on short-term outcomes of severe attachment problems which have been the subject of systematic reviews²³ and selective reviews by other authors.¹⁴⁷ Our initial scoping demonstrated a vast literature, and as the main focus of this review was on parental interventions, the steering group decided after lengthy discussion to limit this supplementary review to long-term sequelae (10 years or more) of severe attachment problems to explore any important long-term outcomes that might provide useful information for health economics analysis.

Data extraction

Data were extracted by two independent reviewers, who met to discuss any discrepancies in order to reach an agreement. Studies with multiple papers were examined and extracted separately. The following items were extracted for each paper: study characteristics, population details, prevalence and incidence of RAD and attachment patterns, stability of attachment and the specified long-term outcomes of children with severe attachment problems. The data extracted on participant characteristics and prevalence of attachment classifications relate to the sample that was followed up longitudinally, rather than the full, original sample. Where data were not reported in full, calculations were made from the reported data included. If this was not possible, the paper was excluded.

Quality assessment

For each study reporting the prevalence of severe attachment problems and/or the long-term outcomes for this population, we applied a bespoke 13-item quality assessment tool (*Table 9*). The tool was developed using the CRD's suggested quality criteria for assessment and recommendations from a systematic review of tools to assess the quality of cohort studies,¹⁴⁸ and by reference to previously administered cohort quality scales, such as the Newcastle–Ottawa Quality Assessment Scale for cohort studies.¹⁴⁹ We specified an attrition rate of \leq 20% as adequate for long-term cohort studies to receive a rating of 'low bias', based on previous quality assessment quidelines for cohort studies.¹⁵⁰

The questions were developed to cover the five key domains for tools assessing study quality based on Sanderson and colleagues¹⁴⁸ systematic review, with studies being allocated high, low or unclear bias. *Table 9* summarises these quality assessment criteria; further details of scoring can be found in *Appendix 3*.

Data synthesis

Given wide variability in outcomes, it was not appropriate to use meta-analytic procedures for this phase of the review. Instead, a narrative overview of the studies is given.

TABLE 9 Criteria and domains examined by the bespok	e quality assessment tool
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Criteria question	Domain
Q1: Was the cohort drawn from the same community/source?	Method for selecting study
Q2: Are the groups assembled/recruited at the same age (i.e. the measurement period)?	participants
Q3: Ascertainment of exposure – was the same measurement of attachment patterns/disorders used across the sample?	Methods for measuring exposure and outcome
Q4: Were the coders of the exposure blind to risk factors/predictive variables related to the exposure status?	variables
Q5: Is there demonstration that outcome(s) of interest were not present at the start of the study?	
Q6: Is there a description of attachment classification across the entire sample at baseline?	
Q7: Were subsequent measures rated by blind coders who were not aware of the exposed/unexposed status?	
Q8: Were there any significant differences at baseline (i.e. demographic variables) between those lost at follow-up?	Design-specific sources of bias
Q9: If significant differences at baseline are found, was any analysis performed to compensate?	
Q10: Adequacy of follow-up: were the dropout rates/attrition adequately reported?	
Q11: Were dropout rates and reasons for dropout similar across the exposed/unexposed?	
Q12: Did the study declare conflicts of interest or identification of funding resources?	Conflicts of interest
Q13: Any other bias?	Any other bias

Results

Figure 4 summarises the selection process for supplementary review 2 examining outcomes at 10 years or more. Although a large number of studies met first-sift criteria (n = 222), only a small number met final inclusion criteria ($n = 8^{45,151-157}$).

Study and sample characteristics and prevalence data

Table 10 shows the participant and study characteristics of included studies.

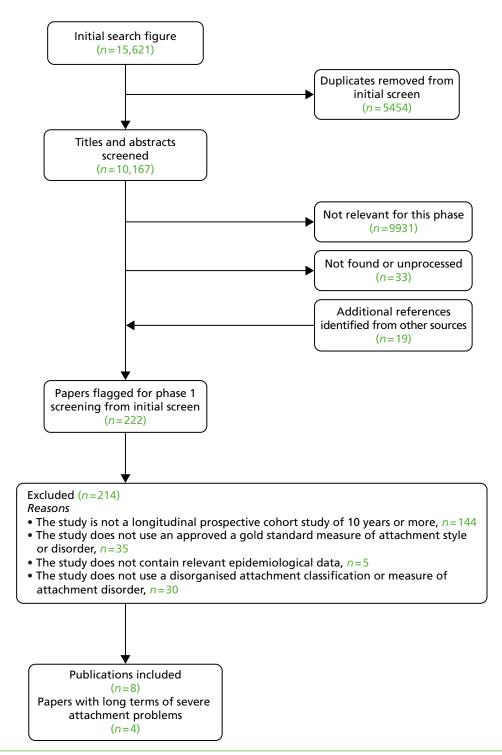


FIGURE 4 Preferred Reporting Items for Systematic Reviews and Meta-Analyses flow chart of papers included in supplementary review 2.

-					
Author, year and country of publication	Study characteristics	Sample characteristics of the child at recruitment	Sample characteristics of the caregiver	Age of child at attachment measure	Attachment measure at baseline or earliest time point
Aikins et al. (2009) ¹⁵¹	At enrolment $n = 94$	Age 12 months	Parents' age not reported	12 months	SSP [Ainsworth (1978); ⁸ Main and Solomon (1990) ⁶ 1
USA	At end of study $n = 47$	Mean age not reported	90% European American		
	50% followed up	usu not reportea), range not reported	100% middle class		11% alsorganisea, 62% secure, 17% avoidant, 6% ambialant
	15-year follow-up	Sample defined as low risk			
		No further specification			
Ammaniti <i>et al.</i> (2005) ¹⁵⁴	At enrolment $n = 35$	Mean age 12 months	Mothers' mean age 29 years	12–15 months	SSP [Main and Solomon
Country not reported	At end of study $n = 21$	not reported	reported		
	60% followed up		Ethnicity not reported		20% disorganised, 80% organised
	10- to 11-year follow-up		100% middle class		SSP [Ainsworth (1978) ⁸]
					43% secure, 54% avoidant, 3% resistant
Carlson (1998) ⁴⁵	Minnesota Longitudinal Study of Risk and Adaptation ¹⁵⁸	Prenatal	Mothers' mean age 20.66 years (SD 3.57 years),	12 and 18 months	SSP [Main and Solomon (1990) ⁶]
ACU	At enrolment $n = 267$	rign risk of poor developmental outcomes due to parents living in	range 14–34 years 67% Caucasian	some tapes were missing so attachment pattern was determined from data	35% disorganised, 65% organised
	At end of study $n = 122$	poverty	100% below poverty line	available	SSP [Ainsworth (1978) ⁸]
	46% followed up				15% tacina 30% anitat
	19-year follow-up				25% resistant
					continued

Author, year and country of publication	Study characteristics	Sample characteristics of the child at recruitment	Sample characteristics of the caregiver	Age of child at attachment measure	Attachment measure at baseline or earliest time point
Carlson <i>et al.</i> (2009) ¹⁵³ USA	Minnesota Longitudinal Study of Risk and Adaptation ¹⁵⁸ At enrolment $n = 267$ At end of study $n = 162$ 61% followed up 28-year follow-up	Prenatal High risk of poor developmental outcomes due to parents living in poverty	Mothers' mean age 20.66 years (SD 3.57 years), range 14–34 years 67% Caucasian 100% below poverty line	12 and 18 months	SSP Prevalence not reported
Dan et <i>al.</i> (2011) ¹⁵⁵ Israel	Haifa Study of Early Child Care At enrolment $n = 758$ At end of study $n = 136$ 18% followed up 11-year follow-up	Mean gestational age 39.9 weeks (SD 1.22 weeks), range not reported	Mothers' mean age 29.2 years (SD 4.78 years) range not reported 100% Jewish SES reflects whole population of Greater Haifa	12 months	SSP [Ainsworth (1978); ⁸ Main and Solomon (1990) ⁶] 3% disorganised, 65% secure, 12% avoidant, 20% resistant
Jaffari-Bimmel <i>et al.</i> (2006) ¹⁵⁶ the Netherlands	At enrolment <i>n</i> = 160 At end of study <i>n</i> = 143 89% followed up 14-year follow-up	Mean age at adoption 10.76 weeks (SD 5.53 weeks) range not reported Internationally adopted children, adopted before age 6 months 53.7% adopted from Sri Lanka	At birth, adoptive fathers' mean age was 34.62 years (SD 3.48 years) range not reported Adoptive mothers' mean age was 32.52 years (SD 3.35 years) range not reported Families 100% Caucasian Predominantly middle or	12 months	SSP [Main and Solomon (1990)°] 16% disorganised, 84% organised SSP [Ainsworth (1978)°] 76% secure, 22% avoidant, 3% resistant
			upper class		

TABLE 10 Study, sample and prevalence characteristics of included studies (continued)

Author, year and country of publication	Study characteristics	Sample characteristics of the child at recruitment	Sample characteristics of the caregiver	Age of child at attachment measure	Attachment measure at baseline or earliest time point
Steele <i>et al.</i> (2002) ¹⁵⁷	London Parent–Child Project	Prenatal Samulo dofinod as low rick	Mothers' median age 31 years (range 22–42 years)	12 and 18 months (with mother and father	SSP [Ainsworth (1978); ⁸ Main and Solomon (1990) ⁶]
2	At end of study $n = 51$ 51%, followed up	No further specification	100% white Predominantly middle class		8% and 2% disorganised (with mother and father respectively)
	11-year follow-up				55% and 66% secure (with mother and father respectively)
					29% and 32% avoidant (with mother and father respectively)
					8% and 0% ambivalent (with mother and father respectively)
Weinfield <i>et al.</i> (2004) ¹⁵² USA	Minnesota Longitudinal Study of Risk and Adaptation ¹⁵⁸ At enrolment $n = 267$ At end of study $n = 125$ 47% followed up	Prenatal High risk of poor developmental outcomes due to parents living in poverty	Mothers' median age 20 years (range 12–34 years) 66% European American All mothers were living in poverty	12, 18 and 24 months Some tapes were missing so attachment pattern was determined from data available	SSP [Ainsworth (1978); ⁸ Main and Solomon (1990) ⁶] 40% disorganised, 36% secure, 12% avoidant, 12% resistant
	19-year follow-up				
SD, standard deviation.					

The eight studies were included as they met the following criteria:

- Four of the eight studies reported long-term data in relation to severe attachment problems at baseline.^{45,151–153}
 - Two studies measured the stability of attachment over time.^{151,152}
 - Two studies examined the relationship between severe attachment problems in infancy and later mental health problems.^{45,155}
- Four studies met the criteria in terms of reporting long-term outcomes and measured severe attachment problems at inception, but did not report outcomes of disorganised attachment separately; therefore, the data have not been presented.^{154–157}

The prevalence data for the study by Carlson and colleagues¹⁵³ are not included in *Table 10*, as although this study reports some data on prevalence at baseline, these are reported as a mean rating score across the sample and were not therefore available in a usable format.

Population characteristics

Three of the papers reviewed^{45,152,153} were part of the Minnesota Longitudinal Study of Risk and Adaptation,¹⁵⁸ a large ongoing study in the USA. The other studies were conducted in various different countries but the predominant ethnicity was Caucasian, with the exception of an Israeli study with a 100% Jewish population.¹⁵⁵ The length of follow-up ranged from 10 to 28 years.

Table 10 shows the sample size at enrolment and follow-up, which also varied among studies. Sample size at follow-up ranged from 21¹⁵⁴ to 162¹⁵³ and attrition ranged from 11%¹⁵⁶ to 82%.¹⁵⁵

Three studies successfully followed up more than 60%^{153,154,156} and only one study managed to successfully follow up more than 70%.¹⁵⁶ The participant information is based on the sample of participants that was followed up longitudinally. This explains slight differences in participant details in the Minnesota papers, which all followed up infants recruited as part of the same original sample. All participants were recruited at 12 months of age or under. The Minnesota sample was defined as being at risk of poor developmental outcomes because the parents were living below the poverty line at the time of birth. Most other samples comprised participants from middle-class backgrounds. Two of these papers described their samples as low risk.^{151,157} Although the authors were not explicit about what 'low risk' means, they appeared to be making reference to the SES of the parents. There was one population study that reflected all infants born during a 1-year period in a geographical region. Dan and colleagues¹⁵⁵ approached all parents who had given birth, within the same year, in Greater Haifa, Israel. Thus, their sample covered the full range of SES from that region.

Rates of disorganised attachment in the various papers reviewed

Table 10 shows the prevalence of disorganised attachment patterns in the various samples of the papers found for this phase, as well as the organised patterns of attachment. The papers that defined their samples as at risk owing to poverty reported considerably higher prevalence of disorganised attachment than the other studies (35%⁴⁵ and 40%¹⁵²).

Similarly, the two papers in which the sample was described as low risk^{151,157} had some of the lowest prevalence of disorganised attachment. Steele and colleagues¹⁵⁷ reported that 8% of participants showed a disorganised attachment pattern with their mother and just 2% with their father. Aikins and colleagues¹⁵¹ reported that 11% of their sample had a disorganised pattern. Interestingly, one of the lowest reported prevalences of disorganised attachment was found in Dan and collagues¹⁵⁵ sample. Dan and colleagues¹⁵⁵ found that only 3% of their sample, which included families from the whole population of Greater Haifa in Israel, had disorganised attachment patterns.

Ammaniti and colleagues¹⁵⁴ found that 20% of their middle-class sample had disorganised attachment patterns, and Jaffari-Bimmel and colleagues¹⁵⁶ found that 16% of their sample, who had been adopted internationally into middle-class families, had a disorganised attachment pattern. The variability in rates of disorganised attachment reflects the very different populations studied.

Quality assessment

Table 11 summarises the quality of the studies. Some items were rated as low bias fairly consistently across the studies. For example, all studies used the same measure of attachment across all participants.

Two items assessed the methods of selecting study participants. These items asked whether or not the cohorts were comparable by source and by age (items 1 and 2, respectively). Only one study¹⁵⁴ drew its cohort from different samples/sources (item 1). The majority recruited from the same sources. Two were unclear.^{151,155} All the papers showed that the samples were recruited at the same age (item 2); however, it was unclear whether or not the groups in two papers from the Minnesota study^{45,152} were comparable by age. Although the groups were recruited and assessed for severe attachment problems at the same age, data from some of the initial assessments were lost, and so the data analysed were, consequently, a mixture of two or three different assessment periods, conducted at different ages, from whatever data were available.

Items 3–7 assessed the methods of measuring exposure and outcome variables. Items relating to the measurement of exposure considered the ascertainment of exposure, blinding of coders measuring exposure and whether or not a description of exposure was provided for the entire sample at baseline (items 3, 4 and 6, respectively). The same validated measurement of attachment organisation or presence of RAD/DAD was used across the sample in all the papers (item 3). The majority of papers demonstrated that the coders of the initial attachment measure were blind to risk factors or predictive variables related to the exposure status (item 4). Two papers were unclear.^{154,155} Two papers^{156,157} provided attachment classifications for the full original sample (item 6). The remainder did not report these data.

Items relating to the measurement of outcomes considered whether or not outcomes of interest were present at the start of the study, and whether or not coders of outcome measures were blind to exposure status (items 5 and 7, respectively). The findings from item 5 have not been displayed in *Table 11* because this item was not considered to be applicable to any of the papers. It asked whether or not there was demonstration that outcome(s) of interest were present at the start of the study. Participants were recruited at an early age in all the papers and outcomes measured in late childhood, adolescence and adulthood were deemed not relevant or measurable in infancy, so item 5 could not be applied to any of the papers. Three papers^{151,152,157} reported that subsequent outcome measures were rated by blind coders who were not aware of attachment status (item 7). The remainder did not report this information.

Items 8–11 assessed design-specific sources of bias. Items considered baseline differences between participants retained and those lost to follow-up, and whether or not analysis was conducted to compensate. Most of the papers tested for and reported no significant differences at baseline between participants followed up and those lost to attrition (item 8). Only one paper¹⁵⁴ provided insufficient information to judge whether or not baseline differences were present. Item 9 asked whether or not any analysis was conducted to compensate for significant differences at baseline. All papers, with the exception of Ammaniti and colleagues,¹⁵⁴ were rated lower on this item because they reported no significant baseline differences. Ammaniti and colleagues¹⁵⁴ reported insufficient information to permit judgement. Most of the studies had high attrition rates (item 10). Papers were rated as low bias on this item if they reported less than 20% attrition or provided a description of participants lost to follow-up; this applied to only one paper.¹⁵⁶ The study by Dan and colleagues¹⁵⁵ was unclear. Although several of the studies did report that there were no significant differences in attachment status between those retained and those lost to attrition, it could not be determined whether or not there were differences in the reasons for attrition between exposed and unexposed participants in any of the papers (item 11).

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	Method of selecting study participants	g study	Method outcom	Methods of measuring exposure and outcome variables	ng exposur	e and	Design-5	Design-specific sources of bias	urces of bi	as	Conflict of interest	Any other bias
Author and year		2		4		7	œ		10	11	12	13
Steele <i>et al.</i> (2002) ¹⁵⁷	Low	Low	Low	Low	Low	Low	Low	Low	High	Unclear	Unclear	Low
Jaffari-Bimmel <i>et al.</i> (2006) ¹⁵⁶	Low	Low	Low	Low	Low	Unclear	Low	Low	Low	Unclear	Unclear	High
Carlson <i>et al.</i> (2009) ¹⁵³	Low	Low	Low	Low	High	Unclear	Low	Low	High	Unclear	Unclear	Low
Aikins <i>et al.</i> (2009) ¹⁵¹	Unclear	Low	Low	Low	High	Low	Low	Low	High	Unclear	Unclear	High
Weinfield <i>et al.</i> (2004) ¹⁵²	Low	Unclear	Low	Low	High	Low	Low	Low	High	Unclear	Unclear	High
Dan <i>et al.</i> (2011) ¹⁵⁵	Unclear	Low	Low	Unclear	High	Unclear	Low	Low	Unclear	Unclear	Unclear	Low
Carlson (1998) ⁴⁵	Low	Unclear	Low	Low	High	Unclear	Low	Low	High	Unclear	Unclear	High
Ammaniti <i>et al.</i> (2005) ¹⁵⁴	High	Low	Low	Unclear	High	Unclear	Unclear	Unclear	High	Unclear	Unclear	High
Note Item 5 does not apply to studies of this nature and so it is not included	es of this nature and sc	o it is not incl	uded.									

TABLE 11 Table illustrating the quality assessment of included studies

Item 12 considered the declaration of conflicts of interest and item 13 checked for any other bias. It was unclear whether or not there were any conflicts of interest or funding sources that may cause bias in any of the papers. At least one source of important bias, not covered by the first 12, was found in five of the eight papers. Aikins and colleagues¹⁵¹ received a rating of high bias on this item because prevalence figures were inconsistent with percentages calculated. Jaffari-Bimmel and colleagues¹⁵⁶ conducted an analysis to compensate for missing data but did not report the extent of missing data. In addition to this, part, but not all, of the sample received an attachment-based intervention at 5 months old. Ammaniti and colleagues¹⁵⁴ did not report results for the full sample on all outcome measures. Two papers received a rating of high bias for inconsistent reporting about the sample.^{45,152}

Long-term outcomes

Two studies examined whether or not attachment problems continued from infancy to adolescence (*Table 12*). The two studies measure adolescent attachment at different ages, using different tools. Aikins and colleagues¹⁵¹ reported that there was no continuity from disorganised infant attachment on the SSP to unresolved adolescent attachment on the Adult Attachment Projective Picture System.

Weinfield and colleagues¹⁵² reported that infants with disorganised attachment were significantly more likely to be insecurely attached in late adolescence, as measured by the Berkeley AAI,¹⁶⁰ and less likely to be autonomous than participants who were organised in their attachment during infancy, with 86% of those who were disorganised in infancy classified as insecure on the AAI. However, of the 42 participants classified as disorganised in infancy, only nine were unresolved in adolescence. The unresolved classification was

Author and year	Age when assessed by SSP	Name of outcome and measurement tool	Age at follow-up	Summary of findings
Aikins <i>et al.</i> (2009) ¹⁵¹	12 months	Adult attachment	16 years	Conducted a chi-squared analysis to examine whether or not disorganised
(2005)		AAP Picture System ¹⁵⁹		infant attachment predicted unresolved adolescent attachment
				The finding was not significant: χ^2 (1, $n = 47$) = 0.33
Weinfield <i>et al.</i> (2004) ¹⁵²	12 and 18 months. Some tapes were	Adult attachment	19 years	Conducted a chi-squared analysis to examine whether or not disorganised
	missing so attachment pattern was determined from data available	Berkeley AAI (George C, Kaplan N, Main M, 1985,		infant attachment predicted insecure adolescent attachment
		unpublished data)		The findings were significant: χ^2 (3) = 0.877 (p = 0.032)
				A bivariate correlation were conducted to explore relations between disorganised attachment and unresolved loss
				The finding was not significant: $r(106) = 0.07$
				A bivariate correlation were conducted to explore relations between disorganised attachment and unresolved abuse
				The finding was significant: r (32) = 0.48

TABLE 12 Summary of findings of attachment stability as a long-term outcome

AAP, Adult Attachment Projective.

categorised further into unresolved 'loss' and unresolved 'abuse'. Weinfield and colleagues¹⁵² explored the relationship between a disorganised attachment pattern on the SSP in infancy and unresolved loss and unresolved abuse in adolescence, only in those participants who discussed abuse and loss. They suggested that disorganised attachment was related to unresolved abuse but not unresolved loss.

The instruments used here for measuring attachment in later life (Adult Attachment Projective Picture System;¹⁵¹ Berkeley AAI¹⁵²) measure constructs suggested by their authors as being related to attachment. Validity testing is difficult because attachment is likely to change over a child's lifetime and be influenced by a range of factors. The tests used may also be assessing related or other constructs.

Table 13 shows the findings on long-term mental health outcomes of 'severe attachment problems'. Only two papers reported long-term outcomes of 10 years or more in relation to disorganised attachment. Of all outcomes searched for, three findings were found; all were in relation to mental health and all from the Minnesota sample. The findings were that disorganised attachment in infancy was significantly correlated with overall history of psychopathology at age 17 years,⁴⁵ dissociative experiences at age 19 years⁴⁵ and borderline personality symptoms at age 28 years.¹⁵³ This last association was weak, and lost its significance when included with maternal hostility and other factors in a regression analysis.

These findings were surprisingly limited, and so after submission of the draft report, additional scoping of the literature exploring 5- to 10-year follow-up was conducted. Although this was not comprehensive or systematic (because of very limited time scales), some findings are included in *Tables 29* and *30* in *Appendix 4* for reference.

Author and year	Name of outcome and measurement tool	Age of participant (years)	Summary of findings
Carlson (1998) ⁴⁵	Overall history of psychopathology	17.5	Correlational analyses found disorganised attachment in infancy was related to overall history of psychopathology
	K-SADS-E		r (127)=0.34 (p<0.001)
Carlson (1998) ⁴⁵	Dissociative experiences	19	Correlational analyses found disorganised attachment in infancy was related to concurrent self-report of dissociative episodes
	Dissociative Experiences Scale ¹⁶¹		
			r (126)=0.36 (p<0.001)
Carlson <i>et al.</i> (2009) ¹⁵³	Borderline personality disorder SCID ¹⁶²	28	Correlational analyses found disorganised attachment in infancy was significantly correlated with borderline personality symptoms at 28 years
			r (122) = 0.20 (p < 0.05)

TABLE 13 Summary of findings for mental illness as a long-term outcome

K-SADS-E, Kiddie Schedule for Affective Disorders and Schizophrenia Rating; SCID, Structured Clinical Interview for DSM Disorders.

Conclusion

Eight of the 10-year follow-up studies provided prevalence data for disorganised attachment.^{45,151–157} In these papers, prevalence of disorganised infant attachment patterns was higher in populations where parents were living in poverty than in middle-class populations. Findings in terms of long-term outcomes of severe attachment problems are limited, owing to a lack of studies with long-term follow-ups. There are no longitudinal cohort studies that follow up children with a diagnosis of attachment disorders for 10 years or more. Four studies were found that measured long-term outcomes of disorganised attachment.^{45,151–153} Two studies examined the continuity of disorganised attachment from infancy to adolescence. Aikins and colleagues¹⁵¹ found no correlation between disorganised infant attachment and unresolved adolescent attachment on the Adult Attachment Projective Picture System. Using the Berkeley AAI, Weinfield and colleagues¹⁵² found a correlation, in those who discussed abuse and loss, between disorganised infant attachment and unresolved abuse, but not unresolved loss, in adolescence.

Two papers, both from the Minnesota study, examined the relationship between disorganised infant attachment and long-term mental health outcomes. Carlson⁴⁵ found that disorganised attachment was significantly correlated with an overall history of psychopathology at age 17 years and dissociative episodes at age 19 years. Carlson and colleagues¹⁵³ found that disorganised attachment was significantly correlated with borderline personality symptoms at age 28 years. A separate review by Van IJzendoorn and Bakermans-Kranenburg,²³ using a meta-analysis, found an overall effect size of r = 0.29 across 12 studies for an association between disorganised attachment and childhood behaviour problems.^{24,31,45,163–171}

As Green and Goldwyn¹⁴⁷ pointed out, the high base rates of attachment insecurity in the general population of up to 40% have made it difficult to use this as a predictor of psychopathology. Although disorganised attachment is less common and has associations with future psychopathology and other problems, it also encompasses a heterogeneous group in terms of the behaviours displayed in the SSP.¹⁴⁷ Furthermore, the stability of disorganised attachment assessed in a systematic review²³ is not high across a mean of 25 months over several included studies (r = 0.34), nor is there a strong association between attachment patterns with one caregiver and another.^{23,147,172} There are also differences in inter-rater reliability (e.g. 0.76 in one study¹⁷³). These do not invalidate the usefulness of the concept of attachment and the great diversity of insights that this literature affords us, but they do present challenges when we wish to use attachment patterns as markers of children who require intervention or as markers of outcome.

The large differences in categorisation make systematic review work extremely difficult, as variability in constructs and nomenclature may lead to the presentation of results in very different ways. For the purposes of this review, as severe attachment problems have been identified as attachment disorders or disorganised attachment patterns, we have only included children in these groups unless an alternative classification system very clearly maps on to disorganised attachment patterns. We have done this for the purposes of scientific clarity, although we recognise that this may exclude some papers that are considered by some authors to be relevant to this body of work.

Chapter 6 Main systematic review: early parenting interventions for families of children with severe attachment problems

Introduction

The research objective of the main systematic review was to examine the clinical effectiveness of intervention programmes designed for parents of children with severe attachment problems.

This phase of the review is concerned with the identification and examination of intervention programmes designed for parents of children with severe attachment problems. We have examined interventions for children already showing severe attachment problems, defined as a diagnosis of an attachment disorder or a disorganised attachment pattern. We have also considered interventions aimed at preventing the development of such problems.

Methods

We developed a search strategy using a combination of two concepts to capture the patient group (children with 'severe attachment problems' as defined in *Chapter 1*) and the interventions of interest, according to the guidelines for exhaustive searching prepared by the CRD and Cochrane.¹⁷⁴ After an initial scoping exercise demonstrating very large numbers of papers with small, uncontrolled descriptions of interventions, the decision was made to limit this phase to RCTs only. PPI groups with experts and service users were held to ensure that any interventions that were predominant in the field that may not have been validated using a RCT were discussed, although they would not enter the systematic review.

Initially, titles and abstracts were reviewed independently, with disagreements discussed and resolved between reviewers and a third party when required. The identified literature was dual screened according to the screening criteria specified below (see *Inclusion criteria*). Papers were obtained when eligibility could not be ascertained and disagreements were discussed and resolved by a third party. In instances where a foreign language paper was identified, translation then screening was performed as above.

Inclusion criteria

The PICOS criteria were as follows:

- Population Parents or caregivers of young children (with a mean age under 13 years) who have severe attachment problems (as defined in *Chapter 1*) or are at high risk of developing such problems (e.g. children with a history of maltreatment).
- Intervention Interventions were aimed at parents or caregivers, including foster carers. Interventions were excluded if aimed at teachers or teaching assistants (without parents or caregivers) or not focused at an individual level (e.g. organisational structure change in a care setting).
- Comparators No intervention, an attention control or usual care.
- Primary outcome The child's attachment to the caregiver. Although we felt that it was important to
 examine the studies identified with a disorganised (D) pattern of attachment or a diagnosis of
 attachment disorder (e.g. RAD/DAD), we felt that it was also essential to examine the studies that
 look at the promotion of attachment security. Therefore, we did not specify that it was a necessary
 requirement for studies to contain a D classification or RAD/DAD diagnosis if attachment pattern
 was measured.

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Measures of attachment were relevant if the measure attempted to assess the nature of the child's attachment to the caregiver. Only whole attachment instruments or instruments that included a subscale measuring attachment were included. For inclusion in the review, the primary or principal aim of the tool must focus on the measurement of attachment pattern or attachment disorder.

- Secondary outcomes Quality of life; psychological well-being; rates of mental ill health at any age; psychosocial development; educational attainment; entry into care or the criminal justice system; acceptability of the intervention to parents. We sought validated outcome measures in any of these domains. [All secondary outcomes, with the exception of parenting, are related to the outcome for the child and not the parent (i.e. we are interested in the child's psychological morbidity and not that of the parents).]
- Study design RCTs.

Any paper that did not meet the above criteria but provided additional information to that given by a paper already included was automatically included in the review.

Conducting the quality assessment

The quality assessment was conducted with the risk-of-bias assessment for RCTs using the criteria recommended by the Cochrane Handbook.¹⁷⁴ The recommended approach for assessing risk of bias in studies included in the Cochrane Review is a two-part tool, addressing six specific domains:

- sequence generation and allocation concealment (selection bias)
- blinding of participants and providers (performance bias)
- blinding of outcome assessor (detection bias)
- incomplete outcome data (attrition bias)
- selective outcome reporting (reporting bias)
- other sources of bias.

The first part of the tool involves describing what was reported to have happened in the study. The second part of the tool involves assigning a judgement relating to the risk of bias for that entry, in terms of low, high or unclear risk. All quality assessments were conducted separately by two independent reviewers; any disagreements were resolved by arbitration and a third party when required.

Data extraction

Data were extracted by two independent reviewers and the information was standardised into an Excel[®] spreadsheet (2010; Microsoft Corporation, Redmond, WA, USA); reviewers subsequently met to agree the data extraction. This information formed the basis of the tables for the report. For non-English language studies, one reviewer conducted the translation using the specific template provided.

Where there were multiple publications for the same study, data were extracted primarily from the original complete publication. In cases in which the duplicate publications reported additional relevant data, these data were also extracted.

Demographic information

Demographic information was collected on a range of different variables. These included age of parent, age of child, ethnicity and SES.

Data synthesis

The results section is split into two main tables. The first looked at studies that have focused on promoting the security of attachment, without RAD or DAD or those with a disorganised pattern of attachment. The second focussed specifically on studies using a population with a disorganised pattern or a population with a diagnosis of RAD/DAD. This is also replicated in the meta-analysis.

Meta-analysis

For the meta-analysis we explored each dichotomous outcome (secure or disorganised attachment pattern as measured by the Ainsworth scale⁶ or MacArthur Working Group scale⁴⁹). We extracted data on the numbers of patients experiencing the outcome for each group. The odds ratio (OR) and 95% CI were calculated for each study outcome. The ORs were pooled using a fixed-effects model or random-effects model [the Mantel–Haenszel (M–H) method] and the corresponding 95% CIs were calculated. Statistical heterogeneity was assessed. This is the variability in the intervention effects being evaluated in the different studies. Statistical heterogeneity manifests itself in the observed intervention effects being more different from each other than one would expect from random error (chance) alone. Where the result indicated significant heterogeneity, a random-effects model was chosen; otherwise, a fixed-effects model was applied.

The data corresponding to the last reported follow-up were chosen. Subgroup analyses were undertaken for the following:

- duration of intervention
- length of follow-up
- number of sessions within the intervention (< 5, 5–16, > 16)
- age of child at the start of the intervention
- foster children involved
- middle class
- intervention location (home, mixed, other)
- male caregiver included
- video feedback provided
- intervention involving a component targeting maternal sensitivity
- primary focus to modify child attachment
- intervention involving caregiver and child together, caregiver and child separately, caregiver alone or mixed.

For continuous data, means, standard deviations (SDs) and sample sizes were extracted for each study. As a range of different outcome measures were used, Cohen's *d* effect sizes were calculated to allow comparison between studies, but no formal pooling of data was undertaken.

Funnel plot

A funnel plot is a method of investigating publication bias. It gives some idea of whether or not the study results are scattered symmetrically around a central, more precise effect. The vertical axis is a measure of the precision of the estimate of the treatment effect. Here, the measure of precision is the standard error of the log OR. The horizontal axis measures the treatment effect; here it is the OR on a log scale, so that the distance from 0.1 to 1 is the same as that from 1 to 10. The point estimate from each study is then plotted, and a vertical line added where the pooled estimate from the meta-analysis lies. We would expect less precise studies (with fewer participants and events) to be more affected by the play of chance, and so more widely scattered about the pooled estimate. As studies get bigger, with more events, we expect them to be closer to the pooled estimate. Overall, this should produce a triangular shape, or inverted funnel.

Results

Figure 5 summarises the results of the search. The database searches identified 15,621 records. After the records we deduplicated, this left 10,167 records for screening. Of these, 445 met first-sift inclusion criteria, including 21 which were identified through other sources. Of these 445 records, 39 met the final inclusion criteria.

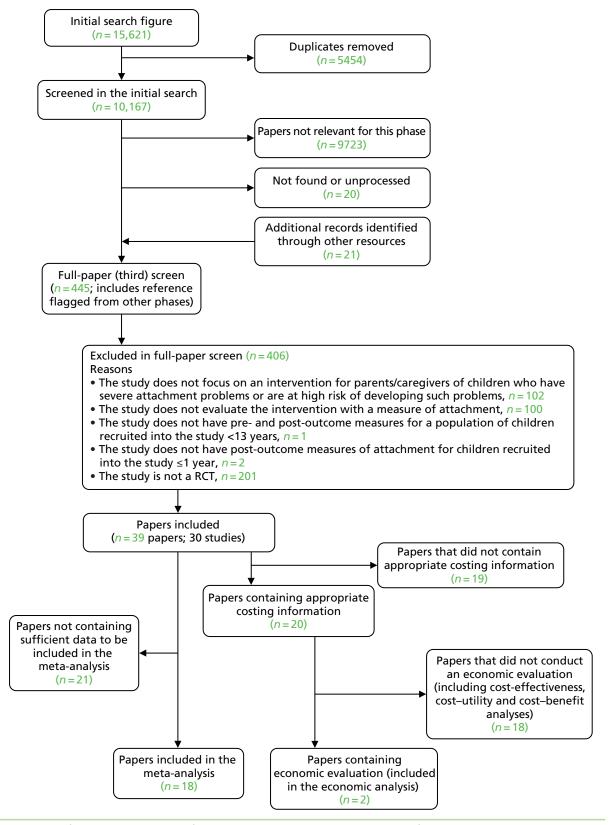


FIGURE 5 Preferred Reporting Items for Systematic Reviews and Meta-Analyses for the main systematic review.

Characteristics of included intervention studies

Table 14 shows the study, participant and intervention characteristics of included intervention studies without a disorganised classification or diagnosis of RAD. *Table 15* shows the study, participant and intervention characteristics of included intervention studies that contained a disorganised classification or diagnosis of RAD.

In total, 30 studies were identified, ^{175,178,180–184,188,189,191,194–196,198,200–203,205–208,211,212,218} 29 of which were delivering an intervention in a hypothesised 'at-risk' group to improve attachment security^{129,175–178,180–186,189,191,194–196,198, ^{200–203,205,206,208,211,212,218} and one of which provided treatment for children already with a diagnosis of RAD.¹⁸⁸ The studies were published between 1985 and 2012 and were undertaken in a variety of countries: five in the UK,^{176,188,189,207,208} 14 in the USA,^{177,180–182,184–186,191,194,196,200,201,205,211} three in the Netherlands,^{178,198,203} three in Canada,^{175,195,218} one in Germany,²⁰² one in Australia,¹³⁰ one in Italy,²⁰⁶ one in Finland²¹² and one in Lithuania.¹⁸³}

- Eight studies were identified in the main systematic review that evaluated the intervention using a measure that assessed a disorganised pattern.^{189,190,194–196,198,200,218}
- Only one study was identified that was focused on a population of children with an attachment disorder diagnosis.¹⁸⁷
- The remaining 21 studies evaluated the interventions with a measure that assessed only secure and insecure attachment patterns without a disorganised group.^{129,175–178,180–186,201–209,211}

The characteristics of the populations in each study were described and classified into nine categories based on the reporting of authors' population descriptions and/or inclusion criteria. *Figure 6* shows the distribution of the population characteristics across the 30 included studies.

The nine population characteristic categories were:

- parent mental health
- low SES
- life events/homelessness
- child behavioural problems/disability/high irritability
- middle class
- poor parenting or parental sensitivity
- single/first-time/adolescent mothers
- low-birthweight/pre-term infants
- foster placement/child welfare/child's maltreatment history.

Figure 6 shows the study populations for the studies that did and did not contain a disorganised pattern of attachment or a diagnosis of attachment disorder, that is, those which were for children at high risk of severe attachment difficulties. Interestingly, the majority of the disorganised or disorder studies assessed interventions using a population where the parents were at higher risk of raising children with poor developmental outcomes, that is, where the parents either had a mental health problem or were single, first-time or adolescent mothers.

Ten conducted the intervention across a population with low SES, which was the largest category.^{175,176,185,191,196,198,200,205,208,211} The other studies were distributed evenly between the other eight population categories.

				Intervention		
Participants: parents/children		Sample characteristics: risk factor	Intervention name and description	duration/intensity/denvery (including age of child at delivery of intervention)	Control group description	Attachment measure
N = 110 dyads		Infants and their mothers divided into three risk	Name: The Home Visiting Program	Duration: not reported	Received scheduled visits	SSP
Depressive risk $(n = 36)$, psychosocial risk $(n = 34)$, low-risk group $(n = 40)$	n = 36), : (n = 34), n = 40)	groups: 1. depressive risk with	Aim: to enhance the mother's capacity to read	Intensity: weekly in first semester then biweekly in second semester	for data collection purposes only	
Parent age: mean 32.5 years	in 32.5 years		and interpret the signals of the child	Age of child at start: prenatal		
22–43 years	ומווטר	 psycriosocial risk and reported low level of depressive symptoms 	Description: home visits	Delivered by: psychologists		
Child age: prenatal (2nd trimester)	natal	acpressive symptoms 3. low depressive and low psychosocial risk	Video feedback: no			
Ethnicity not reported	eported		Male caregiver involved: unclear			
SES not reported	ed		Location: home			
N = 60 mothers	SJi	Women from a	Name: not reported	Duration: not reported	Plastic infant seats	SSP
(l: <i>n</i> = 23; C: <i>n</i> = 26)	= 26)	population	Aim: to create a secure and protective environment	Intensity: daily use	were provided instead of baby carriers	
Parent age: I, mean 23.7 years (range and SD not reported); C, mean 24.5 years (ranno and	nean ge and d); C, mean		Description (i): soft baby carriers provided	Age of child at start: 2 days Delivered by: N/A		
SD not reported)	d) d)		Video feedback: no			
Child age: mean 2 days (range and SD not repor	Child age: mean 2 days (range and SD not reported)		Male caregiver involved: no			
Ethnicity: predominantly Hispanic and black	ominantly olack		Location: baby carrier can be used anywhere			
SES: low income	e					

TABLE 14 Study and intervention characteristics: participants without a disorganised classification or diagnosis of RAD

		a	continued
Attachment measure	SS	Attachment security (measure not reported)	C
Control group description	Not reported	Not reported	
Intervention duration/intensity/delivery (including age of child at delivery of intervention)	la (i) duration 12 months Intensity not reported Age of child at start: not reported Delivered by: social workers <i>lb</i> (i) duration 12 months Intensity not reported Age of child at start: not reported Delivered by: experienced	Duration: 13 months Intensity: not reported Age of child at start: not reported Delivered by: paediatric nurse and an early childhood educator	
Intervention name and description	Name: la, professional intervention, lb, non-professional intervention Aim: la, to encourage maternal involvement; lb, to provide support, help and advice Description: la, (i) social worker home visits; lb, (i) delivered by an experienced mother Video feedback: no Male caregiver involved: yes Location: home	Name: UCLA Preterm Infant Study Aim: to develop parent's observation skills Description: an individualised and parent-directed home-visiting intervention Video feedback: no Male caregiver involved: yes Location: hospital/home	
Sample characteristics: risk factor	Infants and their mothers with high trait anxiety	Sick pre-term infants being reared by low-income parents	
Participants: parents/children	N = 90 dyads (la, $n = 31$; lb, $n = 30$; C, $n = 28$) Parent age: la, mean 29.6 years (range 18–44 years) SD not reported; lb, mean 28.7 years (range 18–44 years) SD not reported; C, mean 28.3 years (range 18–44 years) SD not reported Child age: not reported Ethnicity: la, 71% Australian; lb, 77% Australian C, 68% Australian SES: middle class	N=92 families (l, n=37; C, n=55) Parent age: mean 24 years (range and SD not reported) Child age: newborn Ethnicity: not reported SES: not reported	
Author, year and country of publication	Barnett <i>et al.</i> (1987); ¹²⁹ Barnett and Parker (1985) ¹³³ Australia	Beckwith (1988) ²⁰¹ USA	

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Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Brisch <i>et al.</i> (2003) ²⁰²	N = 87 children (l, $n = 43$; C, $n = 44$)	Middle-class white parents of pre-term babies	Name: PPIP Aim: to improve parental	Parent group Duration: fortnichtly	Preterm babies receiving usual hospital nursing	SSP
Germany	Parent age: I, mean 30.9 years (SD 4.9 years), range 23–42 years; C, mean		coping and attachment Description: (i) parent	Intensity: median = 5 sessions, range = 1–8 sessions,	Care	
	30.9 years (SD 4.9 years), range 18–40 years		group, (ii) individual psychotherapy training sessions for both parents,	SD = 2.2 sessions Age of child at start: preterm		
	Child age: I, mean 27 weeks (SD 2.3 weeks),		(iii) sensitivity training, (iv) home visits	inpatient		
	range 24–33 weeks' gestation; C: mean 27 weeks (SD 2.7 weeks). range		Video feedback: yes (one session)	Individual psychotherapy training sessions for both parents		
	24–35 weeks' gestation		Male careotiver involved:	Duration: fortnightly		
	Ethnicity: 100% white		yes			
	SES: 100% middle class		Location: hospital	Intensity: median = 5 sessions, range = 1–10 sessions, SD = 1.4 sessions		
				Age of child at start: preterm inpatient		
				Sensitivity training		
				Duration: 1-day video-feedback session		
				Intensity: 1 day		
				Age of child at start: 3 months		

TABLE 14 Study and intervention characteristics: participants without a disorganised classification or diagnosis of RAD (continued)

Control group Attachment description measure							asked to complete research team) questionnaires					
Intervention duration/intensity/delivery (including age of child at Co delivery of intervention) de	Home visits	Duration: one home visit	Intensity: one extended home visit	Age of child at start: first week after discharge	All delivered by a psychotherapist and a nurse from the NICU	ks	Intensity: weekly, ask 180 minutes per session qu Age of child at start: not	reported Delivered by: two experienced facilitators				
Intervention name and description						Name: Fostering Changes Programme	Aim: to enhance carer's relationship with his or her foster child	Description: structured group parenting skills course	Video feedback: no	Male caregiver involved: yes	Location: local authority venue	
Sample characteristics: risk factor						Foster carers and foster children						
Participants: parents/children						<i>N</i> = 77 carers (l, <i>n</i> = 42; C, <i>n</i> = 35)	Parent age: mean 50 years (SD 8 years), range 29–63 years	Child age: mean 7.9 years (SD 3.1 years), range 2–12 years	Ethnicity: 66.7% white British	SES: not reported		
Author, year and country of publication						Briskman and Scott (2012) ²⁰⁷	Х					

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Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Fisher and Kim (2007) ¹⁸¹ USA	N = 117 children (l, $n = 57$; C, $n = 60$) Parent age: not reported Child age: l, mean 4.54 years (SD 0.86 years), range 3-5 years Ethnicity: 89% European American	3- to 5-year-old children new to foster care, re-entering foster care and moving between foster placements	Name: MTFC-P Aim: to help foster parent maintain positive environment Description: (i) intensive training for the foster parents, (ii) support through telephone contact, (iii) aroup meetings.	Intensive training for the foster parents Duration: 12 hours Intensity: not reported Age of child at start: not reported Delivered by: not reported	Regular foster care	PAD ²¹⁰
	SES: not reported		(iv) therapeutic playgroup sessions for the infant, (v) behaviour specialist meetings, (vi) birth parent working with family therapist	Support through telephone contact Duration: not reported		
			Video feedback: no Male caregiver involved: yes Location: home and	Intensity: 24-hour on-call help Age of child at start: not reported Delivered by: foster parent consultant		
			ארפטרוטטן עמץ כמוב	<i>Group meetings</i> Duration: not reported		
				Intensity: weekly		
				Age of child at start: not reported Delivered by: not reported		

TABLE 14 Study and intervention characteristics: participants without a disorganised classification or diagnosis of RAD (continued)

Therapeutic playgroup sessions for the infant Duration: 9-12 months Intensity, weekly Age of child at start: not Reparting Behavour specialist meetings Duration: 9-12 months Intensity: not reported Age of child at start: not Reparting of the start: not Age of child at start: not Berlevel by behavioural Berlevel by behavioural Duration: not reported Duration: not reported Intensity: not reported Duration: not reported Delevered by, family threapit	Author, year and country of F publication F	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
onths art: not fist meetings nonths orted art: not art: not orted art: not art: not art: not					Therapeutic playgroup sessions for the infant		
art: not list meetings nonths orted art: not art: not orted art: not art: not					Duration: 9–12 months		
rgs list					Intensity: weekly		
gs sist					Age of child at start: not reported		
1gs ist					Delivered by: clinicians		
ist					Behaviour specialist meetings		
list					Duration: 9–12 months		
ist					Intensity: not reported		
ist					Age of child at start: not reported		
ist					Delivered by: behavioural specialist		
pist					Birth parent working with family therapist		
pist					Duration: not reported		
pist					Intensity: not reported		
					Age of child at start: not reported		
continued					Delivered by: family therapist		
							continued

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Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Forman <i>et al.</i> (2007) ¹⁸²	N = 120 mothers (l, $n = 60$; C, $n = 60$)	Mothers with major depressive episode in	Name: IPT	Duration: 12 weeks	Waitlist	AQS
USA	Parent age: mean 30.6 years (SD 4.5 years) range not reported	post-partum period	Aim: to address issues such as interpersonal conflict, social role transitions, loss and grief	Intensity: 12 sessions, 1 hour per session Age of child at start: 6 months		
	Child age: mean 6.1 months (SD 0.7 months) range not reported		Description: manualised IPT Video feedback: no	Delivered by: experienced psychotherapist		
	Ethnicity: European American		Male caregiver involved: yes			
	SES: not reported		Location: not reported			
Hansen and Ulrey (1988) ¹⁸⁵	N = 19 children (l, $n = 10$; C. $n = 9$)	Neuromotor-handicapped infants. All the families	Name: not reported	Duration: not reported	Regular programme for earlv intervention	ASI profile (Foley and Hobin 1982) ²¹³
USA	Parent age: not reported	were classed as low and low-middle socioeconomic	Aim: to improve infant caregiver interaction	Intensity: 3-hour sessions, twice a week		
	Child age: mean and SD not reported, range 3–19 months		Description: massage technique training	Age of child at start: not reported		
	Ethnicity: 89% Caucasian		Video feedback: no	Delivered by: not reported		
	SES: 100% low-middle		Male caregiver involved: unclear			
			Location: infant development centre			

TABLE 14 Study and intervention characteristics: participants without a disorganised classification or diagnosis of RAD (continued)

Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Jacobson and Frye (1991) ¹⁸⁶	N = 61 mothers (l, $n = 31$; C, $n = 30$)	First-time mothers of at least 17 years of age	Name: not reported	Duration: not reported	Not reported	AQS
USA	Parent age: I, mean 21.5 years (SD 3.1 years), range 17–32 years, C, mean 22.2 years (SD 3.6 years), range 17–32 years	participating in the federally funded WIC food supplementation programme	Support bescription: volunteer coach home visits	Age of child at start: prenatal Age of child at start: prenatal		
	Child age: prenatal (third trimester)		Video teedback: no Male caregiver involved: no	Delivered by: volunteer coaches		
	Ethnicity: 93% white		Location: home			
	SES: not reported					
Kalinauskiene et al. (2009) ¹⁸³	<i>N</i> =54 mothers (I, <i>n</i> =26; C, <i>n</i> =28)	Non-clinical, middle-class mothers with low sensitivity as classified by	Name: VIPP Aim: to reinforce mother's	VIPP Duration: 5 months	Monthly telephone contact for 5 months asking for information	AQS
Lithuania	Parent age: mean 26.4 (SD 2.94) years, range not reported	observation and rating scale	sensitive responses Description: (i) video-	Intensity: monthly, 90 minutes per session	on the infant's development	
	Child age: I, mean 6.12		interactive feedback to promote positive parenting,	Age of child at start: 7 months		
	(SD 0.06) months, range not (SD 0.06) months, range not reported		by parent to monitor crying, fussing, sleeping and satisfied behavioural states	Delivered by: psychologists with MA in clinical psychology		
	Ethnicity: 77.8% Lithuanian		and caregiver's reactions, (iii) booster session with the	Baby's diary completed by parent		
	SES: 100% middle class		tather and mother together Video feedback: yes (five sessions)	Duration: not reported Intensity: 3 days before each session		
			Male caregiver involved: yes	Age of child at start: 7 months		
			Location: home	Delivered by: N/A (completed by caregiver)		
						continued

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Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Lieberman <i>et al.</i> (1991) ²¹¹	<i>N</i> =59 dyads (l, <i>n</i> =34; C, <i>n</i> =25)	Recent Latino immigrants of low SES	Name: not reported Aim: to provide the mother	Duration: 12 months Intensity: weekly 90-minute	Monthly telephone contact	AQS Avoidance-resistance
USA	Parent age: mean 25.08 years (SD not reported), range 21–39 years Child age: mean and SD not reported, range 11–14 months Ethnicity: Latin American immigrants SES: 100% low		with a corrective attachment experience Description: mother-infant psychotherapy Video feedback: no Male caregiver involved: no Location: home	sessions Age of child at start: 12 months Delivered by: women with master's degrees in psychology or social work and clinical experience		(using Ainsworth interactive behaviour scale 1978 ⁸)
						continued

TABLE 14 Study a	TABLE 14 Study and intervention characteristics: participants without a disorganised classification or diagnosis of RAD (continued)	s: participants without a dis	sorganised classification or e	liagnosis of RAD (continued)		
Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Murray <i>et al.</i> (2003), ²⁰⁶ Cooper <i>et al.</i> (2003) ²⁰⁹ UK	<i>N</i> = 193 mothers (la, counselling $n = 48$; lb, CBT n = 43; lc, psychodynamic n = 50; control, $n = 52$) Parent age: la, mean 28.4 years (SD 5.3 years), range 20–38 years; lb, mean 27.9 years (SD 5.4 years), range 17–39 years; lc, mean 28.1 years (SD 5.6 years), range 17–42 years; C, mean 28.1 years (SD 5.1 years), range 17–42 years; C, mean 26.5 years (SD 5.1 years), range 18–36 years Child age: not reported Ethnicity: not reported	Mothers with major depressive episode in postpartum period	Name: la, counselling; lb, CBT; lc, brief psychodynamic psychotherapy Aim: la, to encourage mothers to express concerns about their infant; lb, directed at problems identified as associated with mother-child interaction; lc, to explore mother's own attachment history Description: la, non-directive counselling; lb, CBT; lc, brief psychodynamic psychotherapy Video feedback: no	la, lb, lc Duration: 10 weeks Intensity: weekly Age of child at start: 2 months Delivered by six therapists for all three treatments, a specialist in each of the three treatments and three non-specialists	Routine primary care – usual care provided by the primary health care team	S
	SES: 25% high social disadvantage		Male caregiver involved: no Location: home			
Niccols (2008) ¹⁷⁵ Canada	<i>N</i> = 76 dyads (l, <i>n</i> = 48; C, <i>n</i> = 28) Parent age: mean 28.8 years (SD 6.2 years), range 18–40 years Child age: mean 8.4 months	Mothers varied in age, education and SES (53% low SES); 30% single-parent status. They had slightly lower maternal sensitivity scores than a typical sample and the infants had slightly	Name: RFTS Aim: to improve infant attachment security and maternal sensitivity Description: parent group	Duration: 8 weeks Intensity: eight sessions, 2 hours per session Age of child at start: not reported	Treatment as usual (home visiting)	AQS
	(SD 5.4 months), range 1–24 months, range Ethnicity: not reported SES: 52.6% low	lower than typical security	Video feedback: no Male caregiver involved: no Location: convenient locations with free parking	Delivered by: infant development specialists		

Attachment measure	MCAST (Green <i>et al.</i> 2000) ²¹⁴	continued
Control group description	General practitioner, school-based drop-in service and specialist mental health service available for both intervention and control	
Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Parents in group format Duration: 12 weeks Intensity: 18 sessions Age of child at start: not reported Delivered by: a leader and coleader. The leader had a psychology degree and master's degree in child development, coleaders were mental health professionals in training <i>Literacy programme</i> Duration: 6 weeks Intensity: not reported Age of child at start: not reported Delivered by a leader and coleader. The leader had a psychology degree and master's degree in child development, coleaders were mental health professionals in training	
Intervention name and description	Name: Incredible Years parent programme. Also used the SPOKES manual literacy programme Aim: to improve parenting across diverse interaction settings Description: (i) parents in a group format, videotapes, observations, group discussions and role plays; (ii) literacy programme – SPOKES taught the pause–prompt–praise technique Video feedback: no Male caregiver involved: yes Location: home	
Sample characteristics: risk factor	Recruited from the most disadvantaged ward within a deprived inner- London borough. Sample included a mixture of children at high risk of emotional and behavioural issues and a normative sample	
Participants: parents/children	 N=174 children (l, n= 88; C, n = 86) Parent age: not reported Child age: l, mean 66.4 months, range not reported; C, mean 65.7 months (SD 5.5 months), range not reported Ethnicity: l, 43% black African; C, 48% black African; C, 48% black African, C, 48% black 	
Author, year and country of publication	O'Comor <i>et al.</i> (2012) ¹⁷⁶ UK	

Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Roggman e <i>t al.</i> (2009) ²⁰⁵	N = 201 children (I and C n not reported)	Mothers and toddlers in poverty with associated	Name: EHS	Parent-focused home visiting	Not reported	AQS
USA	Parent age: mean 22.84 years (SD 5.27 years),	risk factors such as teen mothers (30%), low education (24%) and	Aim: to improve cognitive skills and attachment security	Duration: 3 years Intensity: weekly		
	Child age: not reported	(0/ 07) כווושושן שונווג	Description: (i) parent- focused home visiting,	Age of child at start: not reported		
	Ethnicity: 82% European American		(II) socialisation groups Video feedback: no	Delivered by: family educator		
	SES: low-income families		Male caregiver involved: unclear	Socialisation groups Details not reported		
			Location: home			
Sajaniemi <i>et al.</i> (2001) ²¹²	<i>N</i> = 115 children (l, <i>n</i> = 52; C, <i>n</i> = 52)	Extremely low-birthweight infants (birthweight	Name: not reported	Duration: 6 months	Clinic visits at ages 3, 6, 9, 12, 18 and 24	PAA (Cassidy and Marvin 1992 ⁴⁷)
Finland	Parent age: not reported	< 1000 g)	Aim: to promote normal sensorimotor development	Intensity: weekly sessions, 60 minutes per session	months (like the intervention group)	
	Child age: not reported		Description: home	Age of child at start:	but no nome treatment	
	Ethnicity: not reported		occupational trierapy sessions			
	SES: not reported		Video feedback: no	Delivered by: occupational therapist		
			Male caregiver involved: no			
			Location: home			

_ <u>t</u>															continued
Attachment measure	TAS-45														
Control group description	Early Education Support														
Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Duration: 10 weeks	Intensity: 10 sessions, 60–75 minutes per session	Age of child at start: not	reported	Delivered by master's degree- prepared providers	-									
Intervention name and description	Name: PFR	Aim: to increase caregiver's awareness of behavioural cues and miscues		Description: instructions and activities from the PFR	manual including video feedback and handouts		Video feedback: yes	(five sessions)		IVIAIE CALEGIVEL ILIVOIVEU.	cək	Location: home			
Sample characteristics: risk factor	Toddlers in Child Welfare														
Participants: parents/children	N = 210 children (l, $n = 105$; C, $n = 105$)	Parent age: I, mean 36.5 years (SD 10.9 years),	range not reported; C,	mean 36.5 years (SD 10.9 vears). range	not reported	Child age: I, mean	17.96 months	(SD 4.97 months),	rarige 10-24 monutus, C ************************************	C, ITTEGIT 10.U0 ITTUTIS (CD 1 10 months) mage	10–24 months (2013), 1419		Ethnicity: I, 51% white; C, 65% white	SES: not reported	
Author, year and country of publication	Spieker <i>et al.</i> (2012) ¹⁷⁷	USA													

TABLE 14 Study and intervention characteristics: participants without a disorganised classification or diagnosis of RAD (continued)

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Author, year and country of publication	Participants: parents/children	Sample characteristics: risk factor	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Attachment measure
Toth <i>et al.</i> (2002) ¹⁸⁴	N = 112 dyads	Families with a documented history of	Name: la, PPP; lb, PHV	el	Individual psychotherapy over	Narrative story-stem task (MSSB_Bretherton
	[la (PPP), <i>n</i> = 31; lb (PHV), <i>n</i> = 48; C, <i>n</i> = 33]	physical, sexual or emotional maltreatment	Aim: la, to improve parent-child relationship;	Duration: not reported	the treatment period for a variety of	et al. 1990; ²¹⁵ ASCT, Bretherton et al.
	Parent age: not reported	or neglect	lb, to address parent skills training	Intensity: weekly 60-minute sessions	mental health concerns	1990)***
	Child age: mean 48.18 months (SD 6.88 months).		Description: la, corrective emotional experience in the context of the	Age of child at start: not reported		
	range not reported		relationship with the therapist; Ib, home visits,	Delivered by: masters level clinical therapist		
	Ethnicity: not reported		social support and cognitive–behavioural	q		
	SES: not reported		techniques	Duration: not reported		
			Video feedback: no			
			Male caregiver involved: no	Intensity: Weekly 60 minute sessions		
			Location: home/centre	Age of child at start: not reported		
				Delivered by: master's degree- level clinical therapist, at home		

		it; a
Attachment measure	AQS ASCT (Bretherton <i>et al.</i> 1990) ²¹⁵	vention; al Intensive Care Ur ime; PPP, preschool ing Parents on Kids' sitive Parenting with
Control group description	Three telephone calls offering support and practical parenting advice	Early Head Start; I, inter pplicable; NICU, Neonat tic Intervention Program Idren; SPOKES, Supporti Idren; Intervention to promote Po evention to promote Po
Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Duration: 3–4 months Intensity: 8–10 sessions, 69–90 minutes per session Age of child at start: 5.5 months 5.5 months Delivered by: prevention specialist	ASCT, Attachment Story Completion Task; ASI, Attachment Separation Individualisation; C, control; CBT, cognitive–behavioural therapy; EHS, Early Head Start; I, intervention; IPT, interpersonal psychotherapy; MA, Master of Arts; MTFC-P, Multidimensional Treatment Foster Care Program for pre-schoolers; N/A, not applicable; NICU, Neonatal Intensive Care Unit; PAD, Parent Attachment Diary; PFR, Promoting First Relationships; PHV, Psychoeducational Home Visitation; PPIP, Preventative Psychotherapeutic Intervention Programme; PPP, preschool parent psychotherapy; QUARQ, Quality of Attachment Relationships Questionnaire; RFTS, Right from the Start; WIC, Women, Infants, and Children; SPOKES, Supporting Parents on Kids' Education; TAS-45, Toddler Attachment Sort-45; VIPP, Video-feedback Intervention to promote Positive Parenting; VIPP-R, Video-feedback Intervention to promote Positive Parenting with a Representational focus.
Intervention name and description	Name: not reported Aim: to enhance the mother's sensitivity Description: home visiting video-feedback-based intervention. Modelling, cognitive restructuring, practical pedagogical support and baby massage were also used as part of the intervention Video feedback: yes (8–10 sessions) Male caregiver involved: yes Location: home	alisation; C, control; CBT, cog I Treatment Foster Care Progr ducational Home Visitation; Pl irie; RFTS, Right from the Start ion to promote Positive Paren
Sample characteristics: risk factor	Mothers meeting DSM-IV criteria for major depressive episodes or dysthymia receiving outpatient treatment for depression, with an infant up to 12 months	achment Separation Individua ts; MTFC-P, Multidimensiona t Relationships; PHV, Psychoe ent Relationships Questionna IPP, Video-feedback Intervent
Participants: parents/children	 N=85 mothers (l, n=43; C, n = 42) Parent age: l, mean 29.6 years (5D 3.8 years), range not reported; C, mean 30.4 years (5D 3.9 years), range not reported Child age: mean 5.5 months (SD 3.1 months), range 1-12 months (SD 3.1 months), range 1-12 months Ethnicity: 81 % Dutch (Caucasian) SES: not reported 	Story Completion Task; ASI, Att sychotherapy; MA, Master of A ment Diary; PFR, Promoting Firs oy; QUARQ, Quality of Attachm Toddler Attachment Sort-45; VI cus.
Author, year and country of publication	van Doesum et al. (2008), ¹⁷⁸ Kersten-Alvarez et al. (2010) ¹⁷⁹ the Netherlands	ASCT, Attachment Stor IPT, interpersonal psych PAD, Parent Attachmer parent psychotherapy; (Education; TAS-45, Toc Representational focus.

DOI: 10.3310/hta19520

Author, year and country of publication	Participants: parents/children	Sample characteristics	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Measure of attachment
Bernard <i>et al.</i> (2012), ¹⁹³	N = 120 children (l, $n = 60$; C, n = 60)		Name: ABC	Duration: 10 weeks	DEF: manualised home visitation	SSP, PAD (Stovall-McClough
Dozier <i>et al.</i>	Darent ane mean	Child Protective Services.	Aim: to enhance parent's	Intensity: 10 sessions, once a	intervention	and Dozier 2004 ²¹⁰)
(0007)	28.4 years (SD 7.8 years),	experienced early adversity			bi ogi alli li c	
USA	range 15.7–47.0 years	•	Description: individual	Age of child at start: not		
			semistructured parent	reported		
	Child age: mean		coaching using video			
	10.1 months		feedback	Delivered by: professional		
	(SD 6.0 months), range			social workers or psychologists		
	1.7–21.4 months		Video feedback: yes (six sessions)			
	Ethnicity: 61% African					
	American		Male caregiver involved:			
			yes			
	SES: not reported					
			Location: home/shelters			

TABLE 15 Study and intervention characteristics: participants with a disorganised classification or diagnosis of RAD

			continued
Measure of attachment	SS		0
Control group description	Three 1-hour psychoeducational home visit sessions, following the same intervention and delivered by the same visitor fortnightly visits by community health worker		
Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Home visits Duration 2.5 months Intensity: three 1-hour home visits Age of child at start: 6.5 months Delivered by: master's degree- and doctoral-level clinicians <i>Video feedback</i> Duration: not reported Intensity: one visit Age of child at start: not reported Delivered by master's degree- and doctoral-level clinicians Duration: 5 months Intensity: 16 sessions	Age of child at start: prenatal Delivered by: lay community workers	
Intervention name and description	Name: COS-4 intervention Aim: to enhance maternal sensitivity Description: (i) home visits, (ii) video feedback: yes (four sessions) Male caregiver involved: no Location: home Location: home Name: not reported Aim: to enhance maternal	Description: home visits providing support and guidance in parenting Video feedback: no Male caregiver involved: no Location: home	
Sample characteristics	Economically stressed mothers and highly irritable infants Mothers living in poverty and in an area of high unemployment, typical	town or shared accommodation	
Participants: parents/children	N = 220 children (l, $n = 86$; C, n = 88) Parent age: mean 24.06 years (SD 5.23 years), range 18–39 years Child age: newborn Child age: newborn Ethnicity: 43.2% African American SES: economically stressed SES: economically stressed N = 449 mothers (l, $n = 220$; C, $n = 229$) Parent ane 1 mean	25.5 years (SD 5.23 years), range not reported; C, mean 26.2 years (SD 5.8 years), range not reported Ethnicity: not reported SES: not reported	
Author, year and country of publication	Cassidy <i>et al.</i> (2011) ¹⁹⁶ USA Cooper (2009) ¹⁸⁹ UK		

		SSP;
	Measure of attachment	Child expects care (Bayley's Scale of Infant Development), ²¹⁶ child's secure response to separation; child's positive affect; SSP; AQS
	Control group description	Care as usual from the paediatric continuity clinic
gnosis of RAD <i>(continued)</i>	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Home visits Duration: from late pregnancy to 1 year old Intensity: weekly, 60 minutes per visit Age of child at start: prenatal professionals Mother-infant group Duration: 12 months Intensity: weekly (number of weeks attended range 0–43 weeks) Age of child at start: 3 months professionals
Janised classification or diag	Intervention name and description	Name: UCLA FDP intervention Aim: to promote mother's sense of self-efficacy Description: (i) home visits, (ii) mother-infant group, (iii) possible referral to community resources Video feedback: no Male caregiver involved: yes Location: (i) home, (ii) unclear for mother-infant group
s: participants with a disorg	Sample characteristics	Socially high-risk mothers, all mothers were poor and lacked support
TABLE 15 Study and intervention characteristics: participants with a disorganised classification or diagnosis of RAD (continued)	Participants: parents/children	<i>N</i> = 70 families (l, <i>n</i> = 31; C, <i>n</i> = 33) Parent age: mean 24 years, SD and range not reported Child age: prenatal Ethnicity: 45.3% Latino SES: 62.5% working class
TABLE 15 Study a	Author, year and country of publication	Heinicke <i>et al.</i> (2001), ¹⁹⁰ Heinicke <i>et al.</i> (1999) ¹⁹¹ <i>et al.</i> USA

Author, year and country of publication	Participants: parents/children	Sample characteristics	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Measure of attachment
Minnis <i>et al.</i> (2001), ¹⁸⁷ Minnis (1999) ¹⁸⁸ UK	N = 160 families (l, $n = 80$; C, n = 80) Parent age:	Children in foster care and their foster carers	Name: not reported Aim: to increase understanding of emotional communication skills	Extra training sessions for foster parents Duration: a week and 2 days	Standard services, optional council training	RAD scale (Minnis 1999 ¹⁸⁸)
i	l, mean 45 years (SD 8.8 years), range not reported (mother); mean 46 years (SD 10 years), range not reported (father)		Description: (i) extra training sessions for foster parents, (ii) training sessions for children	Intensity: 3 days, 6 hours per day Age of child at start: not reported		
	C, mean 46 years (SD 7.8 years), range not reported (mother); mean 48 years (SD 7.3 years), range not reported (father)		Video feedback: no Male caregiver involved: yes Location: unclear	Delivered by: experienced social worker/trainer Training sessions for children		
	Child age: I, mean 10.9 years (SD 3.1 years), range 5–16 years; C, mean 11.6 years (SD 3.27 years), range 5–16 years					
	Ethnicity: 99% white SES: not reported					
						continued

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Author, year and country of publication	Participants: parents/children	Sample characteristics	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Measure of attachment
Moran <i>et al.</i> (2005) ²¹⁸	N = 100 dyads (l, $n = not$ reported; C, $n = not$ reported)	Adolescent mothers and their infants	Name: not reported	Duration: 5 months	One home visit	SSP
Canada	Parent age: mean 18.42 (range 15 97–19 98) vears		Aim: to enhance maternal sensitivity	Intensity: eight home visits, 1 hour long		
	(SD 1.01 years)		Description: video feedback Age of child at start: home visits 6 months	Age of child at start: 6 months		
	Child age: not reported		Video feedback: ves (eight	Delivered by: two		
	Ethnicity: 81% Caucasian		sessions)	professionals experienced in infant attachment and		
	SES: not reported		Male caregiver involved: no	attachment theory		
			Location: home			
Moss <i>et al.</i> (2011) ¹⁹⁵	N = 89 mothers (l, $n = 43$; C. $n = 46$)	Very high-risk sample, comparable to other	Name: not reported	Duration: not reported	Standard agency services consisted of	SSP for 12- to 24-month-old
Canada	Parent age: mean	maltreating samples. Families being monitored	Aim: to enhance maternal sensitivity	Intensity: eight weekly sessions, 90 minutes per	monthly visits by a child welfare	children. Preschool separation-reunion
	27.32 years (کال ۲.61 years), range 18–49 years	tor child maitreatment	Description: (i) home visits, (ii) video feedback	session Ane of child at start: mean	caseworker	procedure (Lassidy, Marvin and the MarArthur Working
	Child age: mean 3.35 years		Wideo feedback: we feinht	3.35 years (SD 1.38 years)		Group on Attachment
	1-5.9 years		video recubach. yes (eight sessions)	Delivered by: child welfare		assess attachment in
	Ethnicity: not reported		Male caregiver involved: no			2-6 years
	SES: not reported		Location: home			

TABLE 15 Study and intervention characteristics: participants with a disorganised classification or diagnosis of RAD (continued)

Author, year and country of publication	Participants: parents/children	Sample characteristics	Intervention name and description	Intervention duration/intensity/delivery (including age of child at delivery of intervention)	Control group description	Measure of attachment
Toth <i>et al.</i> (2006), ¹⁹⁹ Cicchetti <i>et al.</i> (1999) ²⁰⁰ USA	N = 130 families (l, $n = 66$; C, n = 64) Parent age: mean 31.68 years (SD 4.68 years), range 21-41 years Child age: mean 20.34 months (SD 2.5 months), range not reported Ethnicity: 92.9% European American Etshicity: 92.9% European American SES: 72.7% in two highest levels of social status	Mothers with a history of major depressive disorder since birth of their child	Name: TPP Aim: to optimise the quality of the mother-child relationship Description: TPP with an intervention manual Video feedback: no Male caregiver involved: no Location: unclear	Duration: mean 58.19 weeks (range 42–79 weeks) (SD 10 weeks) Intensity: mean number of sessions 45.24 (SD 11.16 mean number of sessions), range 30–75 mean number of sessions Age of child at start: not reported Delivered by: therapist	Not reported	SSP; AQS (Waters et al. 1995); ¹³⁶ Attachment Q-scales (Howes and Richie, 1999) ²¹⁷
van den Boom (1995), ¹⁹⁷ van den Boom (1994) ¹⁹⁸ the Netherlands	<i>N</i> = 100 dyads (l, <i>n</i> =50; C, <i>n</i> =50) Parent age: mean and SD not reported, range 19–33 years Child age: not reported Ethnicity: 100% Caucasian SES: low	Mothers meeting DSM-IV criteria for major depressive episodes or dysthymia receiving outpatient treatment for depression, with an infant up to 12 months	Name: not reported Aim: to improve responsiveness to infant cues Description: home visits observing the interaction between child and mother Video feedback: no Male caregiver involved: no Location: home	Duration: 3 months Intensity: one session every 3 weeks, 2 hours per session Age of child at start: 6 months Delivered by: not reported	Care as usual	AQS, SSP
ABC, Attachment Diary; TTP, toddler	ABC, Attachment and Biobehavioural Catch-up; C, control; COS-4, Circle of security – home visiting-4; DEF, Developm Diary; TTP, toddler-parent psychotherapy; UCLA FDP, University of California, Los Angeles Family Development Project.		urity – home visiting-4; DEF, D s Angeles Family Developmen	Circle of security – home visiting-4; DEF, Developmental Education for Families; I, intervention; PAD, Parent Attachment california, Los Angeles Family Development Project.	es; I, intervention; PAI), Parent Attachment

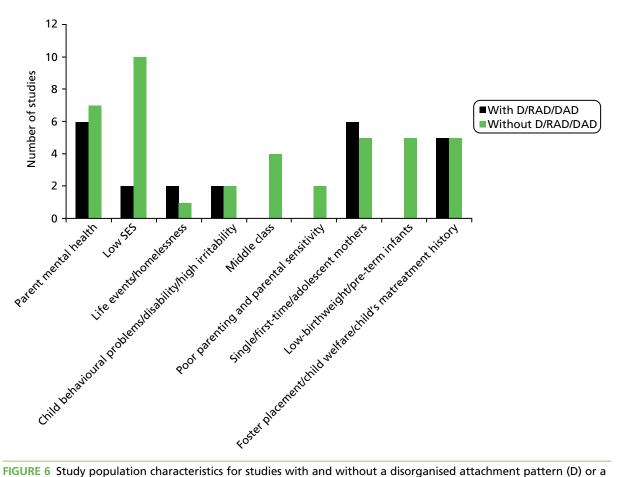


FIGURE 6 Study population characteristics for studies with and without a disorganised attachment pattern (D) or a diagnosis of RAD/DAD.

Specific interventions

The following are brief descriptions of some of the specific interventions included. Studies marked * concern participants with a disorganised pattern or a diagnosis of RAD/DAD.

Preventative Psychotherapeutic Intervention Program

Study Brisch and colleagues,²⁰² Germany.

Aim The Preventative Psychotherapeutic Intervention Program (PPIP) aims to improve parental sensitivity and enhance parents' capacity to recognise their infants' signalling with the aim of developing the child's secure attachment.

How PPIP includes a parent group on coping with premature birth; individual psychotherapy sessions for mothers and fathers separately that deals with experiences of loss and separation; a sensitivity training session; and, finally, a home visit.

University of California, Los Angeles Family Development Project intervention

Studies Heinicke and colleagues,¹⁹⁰ Heinicke and colleagues,¹⁹² Heinicke and colleagues,¹⁹¹ USA*; Beckwith,²⁰¹ USA.

Aim The aim of the University of California, Los Angeles Family Development Project (UCLA FDP) is to enhance the capacity of a family to support each other and to effectively recognise and meet the needs of their infant.

How Prenatal and postnatal health care is facilitated with weekly and biweekly home visits in the first 2 years, alongside developmental assessments and psychiatric services as required.

Circle of Security - home visiting-4 intervention

Study Cassidy and colleagues,¹⁹⁶ USA*.

Aim The Circle of Security – home visiting-4 (COS-4) is an early intervention programme designed to prevent insecure attachment and child mental health disorders.

How By instilling caregivers with awareness and understanding of the unconscious responses they have to their children. It seeks to teach caregivers to learn to regulate their cognitive, affective and behavioural responses to their infant.

Multidimensional Treatment Foster Care Program for Pre-schoolers

Study Fisher and Kim,¹⁸¹ USA.

Aim The Multidimensional Treatment Foster Care Program for Pre-schoolers (MTFC-P) aims to encourage prosocial behaviour, non-abusive limit setting and close supervision of the child by the foster parent, with the intention of improving the attachment security of the child.

How MTFC-P provides foster parents with training and ongoing consultations and support from a team of staff. Children also received training and attend a therapeutic playgroup for approximately 9–12 months.

Promoting First Relationships programme

Study Spieker and colleagues,¹⁷⁷ USA.

Aim Promoting First Relationships is a training programme dedicated to promoting children's social and emotional development through responsive, nurturing caregiver–child relationships.

How Providers work with caregivers to promote a healthy relationship between caregivers and their children. The programme of intervention includes videotaping interactions to provide insight into the relationship, and providing the caregiver with positive feedback to improve their competence and confidence with their child. The intervention also focuses on the deeper emotional feelings underlying caregivers' and children's behaviours.

Video-feedback Intervention to promote Positive Parenting

Studies Kalinauskiene and colleagues,¹⁸³ Lithuania; Klein-Velderman and colleagues,²⁰³ Klein-Velderman, and colleagues²⁰⁴ the Netherlands.

[See Video-feedback Intervention to promote Positive Parenting with a Representational focus (VIPP-R).]

Video-feedback Intervention to promote Positive Parenting with a Representational focus

Studies Kalinauskiene and colleagues,¹⁸³ Lithuania; Klein-Velderman and colleagues,²⁰³ Klein-Velderman and colleagues,²⁰⁴ the Netherlands.

Aim The Video-feedback Intervention to promote Positive Parenting with a Representational focus (VIPP-R) intervention allows the caregiver to focus on the infant's signals and expression caught on tape, thereby improving observational skills with regards to the child. It also allows for positive reinforcement of sensitive behaviour shown by the caregiver on tape.

How Caregiver and infant are videotaped during daily situations at their home, for example playing together or at bath time. The tape is reviewed by the intervenor, who prepares comments for the next visit. During the next visit the videotape is reviewed with the parent, focusing on the positive interactions. VIPP-R adds a representational focus for the parent.

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Right from the Start

Study Niccols,¹⁷⁵ Canada.

Aim Right from the Start is a 'coping modelling problem solving approach' and was designed to enhance parental sensitivity, thereby improving the child's security.

How Large groups of parents (12–40) sit at tables in smaller groups and watch video clips of parents making exaggerated errors in common caregiver–child interaction situations. They discuss in their small groups the errors and the impact of the errors, as well as alternatives and the benefits of the alternatives. Large-group discussion follows each small-group discussion. The caregivers have opportunities to practise their skills at home and this is discussed in following sessions.

Toddler–Parent Psychotherapy

Studies Toth and colleagues,¹⁹⁹ Cicchetti and colleagues,²⁰⁰ USA*.

Aim Toddler–Parent Psychotherapy (TPP) aims to explore how the parent perceives the child and help correct any distorted perceptions, supporting positive changes in behaviour towards the toddler.

How During TPP, mothers and infants are seen in dyadic conjoint therapy sessions. These sessions present an opportunity to observe the influence of the maternal representations on the interaction with the child. Through highlighting, clarifying and restructuring the dynamic balance between representational and interactional contributions to the quality of the mother–child relationship, improvement in the quality of maternal and child relationship capacities emerges.

Preschool parent psychotherapy

Study Toth and colleagues,¹⁸⁴ USA.

Aim Preschool parent psychotherapy is designed to provide the mother with a corrective emotional experience in the context of the relationship with the therapist.

How During the 60-minute dyadic sessions, the therapist uses empathy, respect, concern and positive regard to overcome the maltreating mother's negative expectations. The sessions seek to help the mother positively reconstruct representations of herself in relation to her child.

Psychoeducational Home Visitation

Study Toth and colleagues,¹⁸⁴ USA.

Aim The initial goal of the Psychoeducational Home Visitation (PHV) intervention is to conduct an assessment of the risk within the families and the circumstances of maltreatment, and then to focus on the provision of parent education regarding the development of the child, in addition to developing the parent's own self-care skills.

How Once risk and protective factors have been identified, the therapist attempts to implement change working with the mother–child dyad, using social support, psychoeducational strategies and cognitive behavioural techniques.

Early Head Start home-based programme

Study Roggman and colleagues,²⁰⁵ USA.

Aim The aim of the Early Head Start (EHS) intervention is to foster positive parent–child interactions, to enhance parents' understanding of their children's development, to encourage parents to engage in activities with their children that promote development and to help families access needed services in the community.

How The programme was designed to provide child and family development services in weekly home visits and socialisation groups for parents and children. Parents in the EHS home-based programme are guided in reading their infants' cues, responding to their physical and emotional needs and enjoying playful interactions with them.

The Home Visiting Program

Study Ammaniti and colleagues,²⁰⁶ Italy.

Aim The intervention aims to stimulate the mother–infant interaction and, in addition, works to support the marital interaction.

How During a home visit, the caregivers are encouraged to improve their sensitivity towards their child, observe their interactions with their baby and realise the importance of their influence on the child's development. Home visiting aims to enhance the parent's capacity to read and interpret the signals and behaviours of the child.

Attachment and Biobehavioural Catch-up (ABC)

Studies Bernard and colleagues, ¹⁹³ Dozier and colleagues, ¹⁹⁴ USA.

Aim The Attachment and Biobehavioural Catch-up (ABC) intervention is designed to assist families with children who have experienced early maltreatment or disruption in care.

How The programme is delivered in 10 manualised sessions with parents in the home. ABC helps caregivers to interpret their child's behavioural signals and provide more nurturing care where it does not come naturally. The intervention also helps caregivers to provide a responsive, predictable and appropriate environment that enhances the child's capabilities.

Fostering Changes Programme

Study Briskman and Scott,²⁰⁷ UK.

Aim The intervention focuses on teaching foster carers new skills which can be used at home with their foster child. Understanding the antecedents of behaviour helps carers to know why specific patterns of behaviour arise in certain contexts, and helps them to recognise and avoid the psychological or environmental triggers.

How Each session begins with feedback from carers about using their newly acquired skills, and the introduction of a new topic, for example information about psychological and physiological influences on behaviour. At the end of each session carers are given the opportunity to feed back on their experience of the group, including any concerns they might have.

Interpersonal psychotherapy

Study Forman and colleagues, USA.¹⁸²

Aim The main aim of interpersonal psychotherapy (IPT) in this context is to address problems that are interpersonal in nature, including interpersonal conflicts (particularly with the spouse and intimate others), and to understand social role transitions such as the transition to motherhood, as well as loss and grief.

How Although this can be used for any adult with depression, in the study by Forman¹⁸² treatment began when children were approximately 6 months old and lasted for 12 weeks.

Counselling

Studies Murray and colleagues,²⁰⁸ Cooper and colleagues,²⁰⁹ UK.

Aim To offer support regarding concerns about being a new mother, focusing explicitly on the mother–infant relationship.

How Non-directive, one-to-one counselling, in which women are provided with the opportunity to air their feelings about any current concerns, such as marital problems or financial difficulties, as well as concerns they might have about their infant. Therapy is conducted in the women's own homes on a weekly basis from 8 weeks to 18 weeks post-partum.

Cognitive-behavioural therapy

Studies Murray and colleagues,²⁰⁸ Cooper and colleagues,²⁰⁹ UK.

Aim As above (see *Counselling*), but in this instance the treatment is primarily directed not at the maternal depression itself, but at problems identified by the parent in the management of her infant (concerning, for example, feeding or sleeping), as well as observed problems in the quality of the mother–infant interaction.

How In the context of a supportive therapeutic relationship, the parent is provided with advice about managing particular infant problems, is encouraged to examine her patterns of thinking about her infant and herself as a mother (e.g. challenging negative thinking) and is helped through modelling and reinforcement to alter aspects of her interactions with her child.

Brief psychodynamic psychotherapy

Studies Murray and colleagues,²⁰⁸ Cooper and colleagues,²⁰⁹ UK.

Aim To explore the parent's representation of her infant and her relationship with her infant, to promote positive representations and coping.

How One-to-one psychodynamic therapy, using the treatment techniques to explore aspects of the mother's own early history to promote her representation of her infant.

Incredible Years parent programme

Study O'Connor and colleagues,¹⁷⁶ UK.

Aim The main aim of the Incredible Years programme is the treatment of child aggressive behaviour problems and attention deficit hyperactivity disorder, and the prevention of conduct problems, delinquency, violence and drug abuse.

How The intervention works towards improving parent–child interactions, building positive parent–child relationships and attachment, improving parental functioning and facilitating less harsh and more nurturing parenting. The intervention also attempts to increase parental social support and improve teacher classroom management skills and teacher–parent partnerships.

Interventions which were not included

There were a number of studies that we were aware of that we might have expected to see in a review of this nature. Some of these parental interventions for attachment disorders, or interventions intended to improve attachment security, have not been uncovered by this review but were mentioned by the PPI or expert groups, and are described below. It should be noted that this is not an exhaustive list.

Organisational or policy interventions

Our criteria excluded any studies that were not focused on interventions at the caregiver/parental level. Interventions at an organisational level, including, for example, adoption as an intervention,¹⁵⁶ and studies such as the Bucharest Early Intervention Project^{98,219} and the English Romanian Adoptee study,²²⁰ were therefore not included in this review.

Theraplay

Theraplay is an intervention used in several child mental health services around the UK.²²¹ We were unable to find any evidence that met the criteria of our systematic review.

Dyadic developmental psychotherapy

Dyadic developmental psychotherapy is a relationship-focused intervention that seeks to develop and sustain a contingent collaborative and affectively attuned relationship between therapist and child, between caregiver and child and between therapist and caregiver.²²² This intervention was not included in our review as no studies met the PICOS criteria for the main systematic review (see *Appendix 5*).

Watch, Wait and Wonder training

Watch, Wait and Wonder training is based on the notion of the infant negotiating the infant–parent relationship within the psychotherapy session. Most of the work in the intervention is between the mother and therapist. For half the session, the mother gets down on the floor with the infant, observes and interacts only on the infant's initiative. The idea is that this increases the mother's sensitivity and responsiveness as a result of her taking an observational viewpoint, while also being physically accessible. For the second half, the mother discusses her observations and experiences with the therapist.²²³ This intervention did not make it into our review as no studies met the criteria for the main systematic review (see *Appendix 5*).

It should be noted that the non-inclusion of any intervention is not a comment on the intervention itself, but on the presence of available evidence for this systematic review.

Quality assessment

Table 16 shows the results of the Cochrane quality assessment for included intervention studies without a disorganised category or a diagnosis of RAD. *Table 17* shows the results of the Cochrane quality assessment for included intervention studies that contained a disorganised category or diagnosis of RAD. Three domains were consistently rated as high bias across the included studies. These were incomplete outcome data, selective reporting and 'other' bias. Incomplete outcome reporting was often rated as high bias because attrition was over 10% across the course of the trial. The reason for the selective reporting item predominantly receiving a rating of high bias across the studies was poor reporting of the secondary outcomes within the studies. Many of the studies received a rating of high in 'other bias concerns'. There were various reasons for this including unexplained attrition, unexplained missing data, small sample size/low power and inconsistencies within the data.

Unclear reporting, where the author's descriptions were not sufficient to rate the relevant information, was apparent, with a lack of detail about the random sequence and the method of allocation concealment. Blinding was conducted to some extent in approximately 60% of all trials. The mixed presentation of trial quality across the review suggests that any conclusions should be interpreted with caution.

Of the 34 interventions identified in this phase, 21 were established, named interventions. Many of these consisted of multifaceted treatment programmes with components such as home visits, video feedback, family therapy or sensitivity training for caregivers. In some cases, several studies assessed the same intervention programme, such as the UCLA FDP intervention, which was evaluated by both Heinicke and colleagues^{190–192} and Beckwith.²⁰¹

Of the included interventions, very few involved only the caregiver and not the child. The IPT intervention is one such example that used therapy sessions targeted at external problems regarding the caregiver.¹⁸² The majority of studies included both caregiver and child in the intervention, particularly interventions that involved sensitivity training, video feedback or dyadic play sessions.^{183,196,202–204}

Alongside these named interventions, several unnamed interventions are identified in this phase. Some of these therapies involved the caregiver's physical proximity to the child, such as massage therapy¹⁸⁵ or utilising baby carriers.¹⁸⁰ Others used similar techniques to the named interventions; for example, many involved home visits from experienced mothers,^{129,133} volunteer coaches¹⁸⁶ or other professionals.

The named and unnamed interventions have several overlapping themes in terms of their content, using similar techniques within the intervention strategies. Some of the more common themes or foci of the

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TABLE 16 Cochrane quality assessment checklist for studies without a disorganised category or a diagnosis of RAD/DAD

Author year and	Random sequence	Allocation concealment	Blinding performance	Incomplete outcome	Selective reporting (rating high,	Free of other bias
Author, year and country of publication	(rating high, low, unclear)	(rating high, low, unclear)	(rating high, low, unclear)	(rating high, low, unclear)	low, unclear)	(rating high, low, unclear)
O'Connor <i>et al.</i> (2012) ¹⁷⁶	Low	Low	Low	Unclear	Low	High
UK						
Niccols (2008) ¹⁷⁵	Low	Unclear	Low	High	High	Low
Canada						
Spieker <i>et al.</i> (2012) ¹⁷⁷	Low	Unclear	Low	High	Low	High
USA						
Van Doesum <i>et al.</i> (2008); ¹⁷⁸ Kersten-Alvarez <i>et al.</i> (2010) ¹⁷⁹	Low	Unclear	Low	High	Unclear	Low
the Netherlands						
Anisfeld <i>et al.</i> (1990) ¹⁸⁰	Unclear	Unclear	Low	High	High	High
USA						
Fisher and Kim (2007) ¹⁸¹	Unclear	Unclear	Low	High	Low	High
USA						
Forman <i>et al.</i> (2007) ¹⁸²	Low	Unclear	Low	High	High	High
USA						
Kalinauskiene (2009) ¹⁸³	Unclear	Unclear	Unclear	Low	Unclear	Low
Lithuania						
Toth <i>et al.</i> (2002) ¹⁸⁴	Unclear	Unclear	Low	High	High	Low
USA						
Barnett <i>et al.</i> (1987); ¹²⁹ Barnett and Parker (1985) ¹³³	Unclear	Unclear	Low	High	Unclear	High
Australia						
Hansen and Ulrey (1988) ¹⁸⁵	Unclear	Unclear	Low	High	High	High
USA						
Jacobson and Frye (1991) ¹⁸⁶	Unclear	Unclear	Low	High	Unclear	High
USA						
Klein-Velderman <i>et al.</i> (2006), ²⁰³ Klein-Velderman <i>et al.</i> (2006) ²⁰⁴	Unclear	Unclear	Unclear	Low	High	High
the Netherlands						

Author, year and country of publication	Random sequence (rating high, low, unclear)	Allocation concealment (rating high, low, unclear)	Blinding performance (rating high, low, unclear)	Incomplete outcome (rating high, low, unclear)	Selective reporting (rating high, low, unclear)	Free of other bias (rating high, low, unclear)
Lieberman <i>et al.</i> (1991) ²¹¹	Unclear	Unclear	Low	High	Unclear	Unclear
USA						
Murray <i>et al.</i> (2003); ²⁰⁸ Cooper <i>et al.</i> (2003) ²⁰⁹	Low	Unclear	Unclear	High	Unclear	High
UK						
Sajaniemi <i>et al.</i> (2001) ²¹²	Low	Unclear	Unclear	High	Unclear	High
Finland						
Ammaniti <i>et al.</i> (2006) ²⁰⁶	Unclear	Unclear	Low	High	High	High
Italy						
Beckwith (1988) ²⁰¹	Unclear	Unclear	Unclear	High	High	High
USA						
Brisch <i>et al.</i> (2003) ²⁰²	Unclear	Unclear	High	High	High	High
Germany						
Briskman and Scott (2012) ²⁰⁷	Unclear	Unclear	Unclear	High	High	High
UK						
Roggman <i>et al.</i> (2009) ²⁰⁵	Unclear	Unclear	Unclear	High	High	High
USA						

TABLE 16 Cochrane quality assessment checklist for studies without a disorganised category or a diagnosis of RAD/DAD (continued)

TABLE 17 Cochrane quality assessment table for studies that contained a disorganised category or a diagnosis ofRAD/DAD

Author, year and country of publication	Random sequence (rating high, low, unclear)	Allocation concealment (rating high, low, unclear)	Blinding performance (rating high, low, unclear)	Incomplete outcome (rating high, low, unclear)	Selective reporting (rating high, low, unclear)	Free of other bias (rating high, low, unclear)
Minnis <i>et al.</i> (2001); ¹⁸⁷ Minnis (1999) ¹⁸⁸	Low	Low	Low	High	Low	Low
UK						
Cooper <i>et al.</i> (2009) ¹⁸⁹	Low	Low	Low	High	Low	Low
UK						
Bernard <i>et al.</i> (2012); ¹⁹³ Dozier <i>et al.</i> (2009) ¹⁹⁴	Unclear	Unclear	Low	Low	Low	Low
USA						
Heinicke <i>et al.</i> (2001); ¹⁹⁰ Heinicke <i>et al.</i> (1999); ¹⁹¹ Heinicke <i>et al.</i> (2000) ¹⁹²	Low	Low	Low	Unclear	Unclear	High
USA						
Moran <i>et al.</i> (2005) ²¹⁸	Unclear	Unclear	Unclear	Low	Low	Low
Canada						
Moss <i>et al.</i> (2011) ¹⁹⁵	Low	Unclear	Low	High	Unclear	High
Canada						
Toth <i>et al.</i> (2006); ¹⁹⁹ Cicchetti <i>et al.</i> (1999) ²⁰⁰	Low	Unclear	Low	High	High	High
USA						
Cassidy <i>et al.</i> (2011) ¹⁹⁶	Unclear	Unclear	Low	High	Unclear	High
USA						
van den Boom (1995); ¹⁹⁷ van den Boom (1994) ¹⁹⁸	Unclear	Unclear	Low	Unclear	High	High
the Netherlands						

interventions included using positive feedback for the caregiver, exploring and changing the parent's perception of the child, improving parental attachment to the infant and promoting sensitive caregiving.

Meta-analyses findings

Of the 39 papers (30 studies^{129,175–178,180–186,188,189,191,194–196,198,200–203,205–208,211,212,218}) that were included in the main systematic review (see *Figure 5*), 21 papers had data that could be included in the meta-analysis.^{129,133,180,189–200,202–204,208,209,218} The remaining 18 papers could not be included because they did not contain sufficient raw data to be analysed. We initially set out to do three meta-analyses.

- i. Only one RCT identified had investigated the effectiveness of an intervention on RAD symptoms;^{190,191} therefore, we were unable to conduct a meta-analysis for the effectiveness of interventions on attachment disorders.
- ii. We investigated the effectiveness of the intervention in reducing disorganised patterns of attachment.
- iii. We investigated the effectiveness of the interventions in promoting a secure attachment as an outcome. This has been included in *Appendix 6* to provide additional information.

Disorganised attachment

Eight studies reported on interventions that attempted to reduce disorganised attachment in at-risk groups and, by corollary, increase organised attachments.^{189,191,194–196,198,200,218} Disorganised attachment is the attachment pattern most associated with subsequent child psychopathology and subsequent adult psychopathology, and is therefore of great importance to this review. All of these studies were also included in the studies promoting a secure attachment (see *Appendix 6*).

Figure 7 presents the included study on a funnel plot. The distribution of the studies on the plot is roughly symmetrical, indicating that publication bias is not likely to be present.

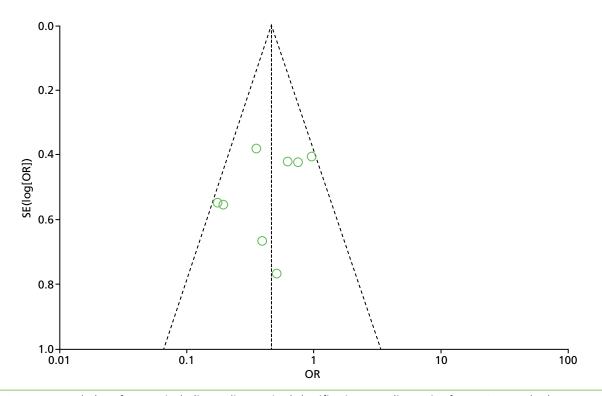


FIGURE 7 Funnel plot of papers including a disorganised classification or a diagnosis of RAD. SE, standard error.

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Overall, a meta-analysis of the included eight studies shows a very significant benefit from treatment (*Figure 8*). The intervention saw less disorganised attachment at outcome than the control (OR 0.47, 95% CI 0.34 to 0.65; p < 0.00001).

We conducted a number of subgroup analyses to compare the mean effect for different subgroups of studies. *Figure 9* displays the results of the analysis comparing intervention duration as measure in months. Only two studies^{191,200} had an intervention lasting more than 12 months (13 months).

Figure 10 displays the results of the meta-analysis comparing the length of time taken to conduct follow-up assessments. Only one study had data on follow-up > 12 months.¹⁸⁹

There is some evidence for a differential effect when examining the duration of the intervention as measured by the number of sessions (*Figure 11*). There is no evidence for a statistical significance for interventions of fewer than five sessions, but only two studies were included.^{196–198} By contrast, the groups including 5–16 sessions^{189,193–195,218} and more than 16 sessions^{190,191,199,200} are both statistically significant. As there are no direct comparisons randomising between short and long interventions in terms of number of sessions, no definitive conclusions can be drawn from this.

Figure 12 displays the results of the meta-analysis comparing the age of the child at the start of the intervention. There are only a small number of studies in each of the three subgroups (two to three author groups in each). Interventions in children identified as at risk who receive interventions after 6 months of age show some promising findings. However, there are only two studies each in the prenatal^{189–191} and 0- to 6-month^{197,198,218} intervention groups.

Figure 13 displays the results of the meta-analysis comparing caregivers with and without foster children. Only two papers (from one study)^{193,194} involved children who were in foster care.

Studies delivered at home show statistically significant improvement on meta-analysis (*Figure 14*). Only one study is included in which the intervention was not carried out exclusively at home, and therefore no comparison can be made.^{190,191}

Figure 15 displays the results of the meta-analysis comparing studies that included a male caregiver in the intervention and those that did not. Two trials involved a male carer,^{190,191,193,194} but the other six studies did not include a male carer in the intervention alongside the female caregiver.^{189,195,196,199,200,218} Effect sizes were statistically significant in both groups.

Figure 16 displays the results of the meta-analysis comparing studies that provided video feedback in the intervention and those that did not. There are several studies in each of these groups. Both achieved statistical significance.

Most studies used an intervention that had, as one of its main elements, the enhancement of maternal sensitivity (*Figure 17*). Only one study involving 64 children was not focused around this. The Heinicke and colleagues^{190,191} intervention intention was focused around improving adult self-esteem and self-efficacy as opposed to improving maternal sensitivity, but only had a small study group. The effect size for studies enhancing maternal sensitivity was highly statistically significant.

Some interventions involved the caregiver and child together, whereas others involved some sessions, in addition to the dyadic ones, that were just for the caregiver^{193,194} (*Figure 18*). Most studies focus on therapy with the caregiver and child together.

	Intervention	ntion	Control		OR	OR
Study or subgroup	Events	Total	Events Total	al Weight	M–H, fixed, 95% Cl	M–H, fixed, 95% Cl
Cassidy 2011 ¹⁹⁶	12	85	15 8	84 11.9%	0.76 (0.33 to 1.73)	ł
Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹	ъ	46	22 5	54 16.6%	0.18 (0.06 to 0.52)	+
Cooper 2009 ¹⁸⁹	10	156	16 162	2 13.5%	0.63 (0.27 to 1.42)	ł
Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³	19	60	34 6	60 21.4%	0.35 (0.17 to 0.75)	+
Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰	4	31	6	33 7.0%	0.40 (0.11 to 1.45)	+
Moran 2005 ²¹⁸	28	49	29 5	0 11.3%	0.97 (0.44 to 2.14)	ļ
Moss 2011 ¹⁹⁵	7	35	18 3	2 13.8%	0.19 (0.07 to 0.57)	+
van den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷	m	43	4 3	39 3.6%	0.66 (0.14 to 3.14)	
Total (95% Cl)		505	51	514 100.0%	0.47 (0.34 to 0.65)	•
Total events	88		148			
Heterogeneity: $\chi^2 = 11.36$, df=7 (p=0.12); $l^2 = 38\%$ Test for overall effect: z = 4.53 (p < 0.00001)	o=0.12);	² =38% 1)			0.01	0.1 1 10
					Favour	Favours (intervention) Favours (control)



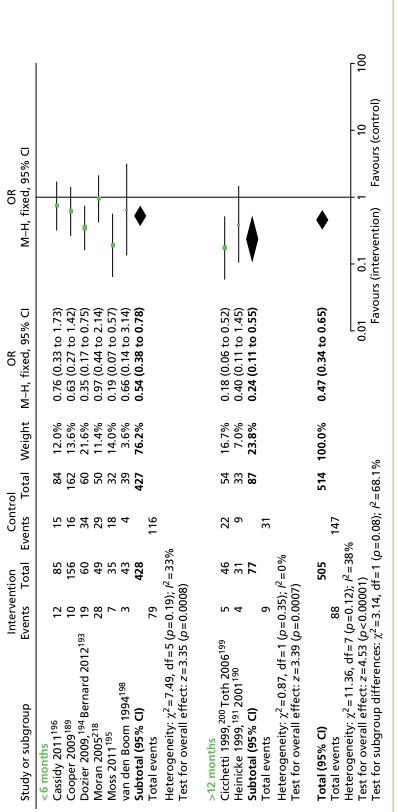


FIGURE 9 Changes in disorganised outcomes, comparing duration of intervention. df, degrees of freedom.

Study or subgroup	Events Tota	Total	Events To	Total	Total Weight	M–H, fixed, 95% CI	M–H, fixed, 95% Cl	l, 95% CI	
<12 months									
Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³	193 19	60	34	09	42.9%	0.35 (0.17 to 0.75)			
Moran 2005 ²¹⁸	28	49	29	50	22.7%	0.97 (0.44 to 2.14)	Ť	1	
van den Boom 1994 ¹⁹⁸	m	43	4	39	7.2%	0.66 (0.14 to 3.14)			
Subtotal (95% Cl)		152		149	72.9%	0.57 (0.35 to 0.95)	•		
Total events	50		67				•		
Heterogeneity: χ^2 =3.27, df=2 (<i>p</i> =0.20); <i>l</i> Test for overall effect: <i>z</i> =2.14 (<i>p</i> =0.03)	2 (p=0.20); 4 (p=0.03)	; <i>I</i> ² =39%	`0						
>12 months									
Cooper 2009 ¹⁸⁹	10	156	16	162	27.1%	0.63 (0.27 to 1.42)	1		
Subtotal (95% Cl)		156		162	27.1%	0.63 (0.27 to 1.42)			
Total events	10		16						
Heterogeneity: not applicable Test for overall effect: <i>z</i> =1.12 (<i>p</i> =0.26)	2 (<i>p</i> =0.26)								
Total (95% Cl)		308		311	311 100.0%	0.59 (0.38 to 0.91)			
Total events	60	ſ	83				•		
Heterogeneity: χ^2 =3.30, df=3 (<i>p</i> =0.35); <i>l</i> ² =9%	3 (<i>p</i> =0.35);	; l²=9%						-	ſ
Test for overall effect: $z = 2.41$ ($p = 0.02$)	1 (p=0.02)					0.01	0.1 1	10	100
Test for subgroup differences: $\gamma^2 = 0.03$, df = 1 ($p = 0.87$); $l^2 = 0.6$	5: $\chi^2 = 0.03$,	df = 1 (c)=0.87);	$^{2}=0\%$		Favour	Favours (intervention)	Favours (control)	



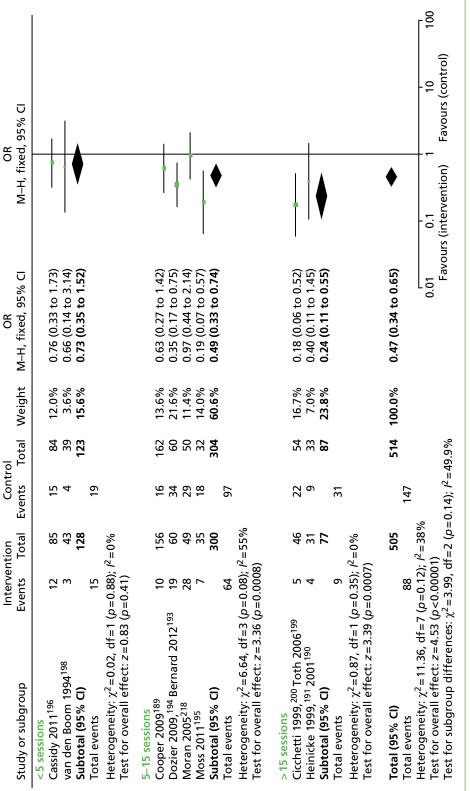
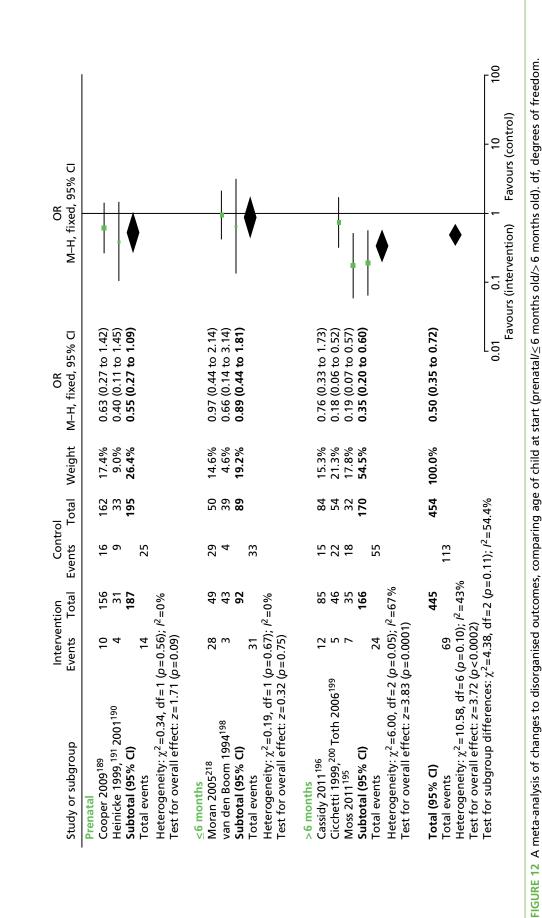
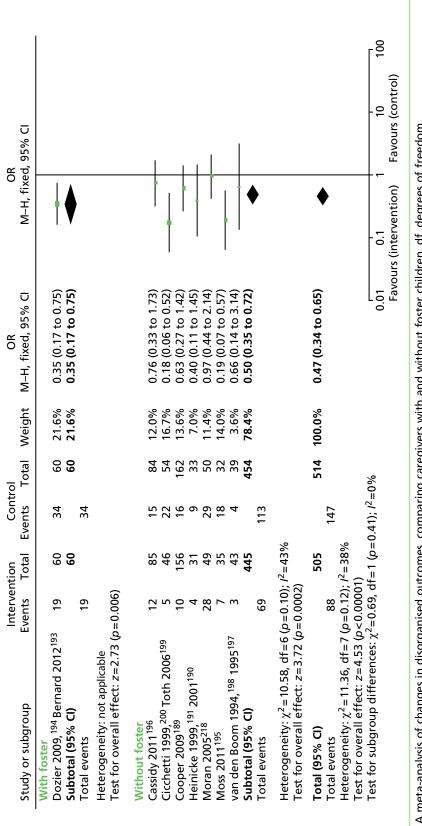


FIGURE 11 A meta-analysis of changes in disorganised outcomes, comparing number of sessions (<5, 5–16, > 16). df, degrees of freedom.







Study or subgroup Ev	Events	intervention vents Total	Control Events To	rrol Total	Weight	ol Total Weight M–H, fixed, 95% Cl	OK M–H, fixed, 95% Cl
	12	85	15	84	14.4%		
Cooper 2009 ¹⁸⁹		156	16	162	16.4%		+-
Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³	19	60	34	09 1	25.9%		ł
Moran 2005 ⁴¹⁸	28	49	29	20	13.7%	0.97 (0.44 to 2.14)	
	7	35	18	32	16.8%	0.19 (0.07 to 0.57)	
van den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷	m	43	4	39	4.3%	0.66 (0.14 to 3.14)	
Subtotal (95% Cl)		428		427	91.5%	0.54 (0.38 to 0.78)	•
	79		116				
Heterogeneity: χ^2 =7.49, df=5 (p=0.19); l ² =33% Test for overall effect: z=3.35 (p=0.0008)	=0.19); =0.0008	: <i>I</i> ² =33% 8)	%				
Mixed Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰	4	31	6	33	8.5%	0.40 (0.11 to 1.45)	
Subtotal (95 % Cl) Total events	4	5	6	ŝ	8.5%	0.40 (0.11 to 1.45)	
Heterogeneity: not applicable Test for overall effect: $z=1.40$ ($p=0$.	=0.16)						
		459		460	100.0%	0.53 (0.38 to 0.75)	•
Total events Heterogeneity: χ ² =7.71, df=6 (p=0.26); / ² =22%	83 =0.26);	1 ² =22%	125 6				
Test for overall effect: $z=3.61$ ($p=0.0003$) Test for subgroup differences: $\chi^2=0.21$, df=1 ($p=0.64$); $l^2=0\%$	=0.000	3) df=1 (c)=0.64);	r ² =0%		0.01 Favor	01 0.1 1 100 Favours (intervention) Favours (control)

A meta-analysis of disorganised outcomes, comparing intervention locations (home, mixed, other). df, degrees of freedom. **FIGURE 14**

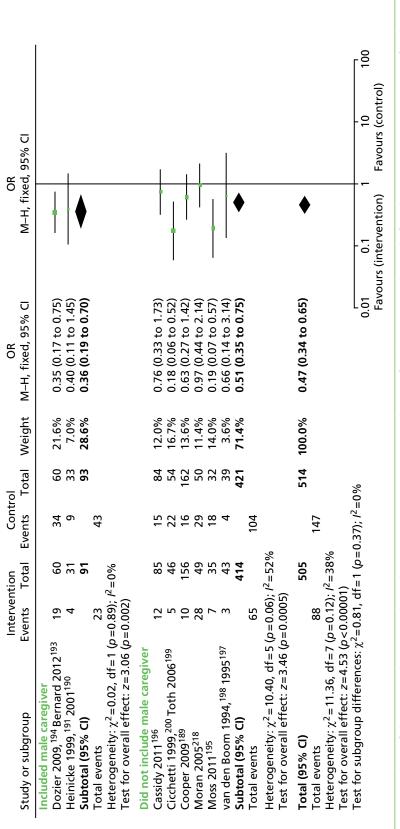


FIGURE 15 A meta-analysis of changes in disorganised attachment patterns, comparing inclusion of male caregiver alongside female caregiver with exclusion of male caregiver. df, degrees of freedom.

Occurrence of considy 2001 196 12 84 12.0% 0.76 (0.33 to 1.73) $$ Dozier 2009 194 Bernard 2012 193 19 60 34 60 21.6% 0.35 (0.17 to 0.75) $$ Moran 2005 194 Bernard 2012 193 19 60 34 60 21.6% 0.35 (0.17 to 0.57) $$ Moran 2005 198 Bernard 2012 195 7 35 11.4% 0.97 (0.44 to 2.14) $$ Moran 2005 196 5 18 32 14.0% 0.19 (0.07 to 0.57) $$
Bernard 2012 ¹⁹³ 19 60 34 60 21.6% 28 49 29 50 11.4% 7 35 18 32 14.0% 1) 66 96 59.0% effect: $z = 3.15$ ($p = 0.06$); $l^2 = 59\%$ effect: $z = 3.15$ ($p = 0.06$); $l^2 = 59\%$ effect: $z = 3.15$ ($p = 0.06$); $l^2 = 59\%$ 226 59.0% 10 10 156 16 $16.7%10$ 156 16 162 $13.6%94,^{198} 1995197 3 43 3 33 7.0\%994,^{198} 1995197 3 43 4 39 3.6\%22$ 51 276 $51x^2 = 3.70, df = 3 (p = 0.30); l^2 = 19\%effect: z = 3.30 (p = 0.0010)x^2 = 113.6 47 100.0\%x^2 = 113.6 47 100.0\%$
$\begin{array}{cccccccccccccccccccccccccccccccccccc$
7 35 18 32 14.0% 229 56 96 59.0% $=7.28$, df=3 ($p=0.06$); $l^2=59\%$ 96 226 59.0% fect: $z=3.15$ ($p=0.002$) 226 59.0% 50.0% fect: $z=3.15$ ($p=0.002$) 22 54 16.7% forth 2006 ¹⁹⁹ 5 46 22 54 16.7% 2001 ¹⁹⁰ 4 31 9 33 7.0% 94, ¹⁹⁸ 1995 ¹⁹⁷ 3 43 39 3.6% 276 276 288 41.0% 276 270, df=3 ($p=0.0010$) 22 51 100.0% fect: $z=3.30$ ($p=0.0010$) 88 147 88
22922659.0% 66 96 96 57.28 , df=3 ($p=0.06$); $l^2=59\%$ fect: $z=3.15$ ($p=0.002$)fect: $z=3.15$ ($p=0.002$) 7.28 fect: $z=3.15$ ($p=0.002$) 46 22 54 forth 2006^{199} 5 46 22 54 10 156 16 162 13.6% 201^{190} 4 31 9 33 7.0% $94,^{198}$ 1995^{197} 3 43 4 39 3.6% 22 276 51 288 41.0% $ect: z=3.30$ ($p=0.0010$) 22 514 100.0% 88 81 107 22 514 100.0%
96 22 54 16.7% 16 162 13.6% 4 39 3.6% 51 288 41.0% 51 514 100.0%
22 54 16.7% 16 162 13.6% 4 39 3.6% 51 288 41.0% 51 514 100.0%
22 54 16.7% 16 162 13.6% 4 33 7.0% 51 288 41.0% 514 100.0%
22 54 16.7% 16 162 13.6% 4 39 3.6% 51 288 41.0% 51 514 100.0%
16 162 13.6% 9 33 7.0% 51 288 41.0% 51 514 100.0%
9 33 7.0% 4 39 3.6% 51 288 41.0% 514 100.0%
4 39 3.6% 51 288 41.0% 51 514 100.0%
51 288 41.0% 51 514 100.0%
51 514 100.0%
514 100.0%
05 514 100.0% 147 -38%
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
Test for overall effect: $z = 4.53$ ( $p < 0.00001$ )
0.01 0.1 1 10 Favours (intervention) Eavours (control)

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FIGURE 16

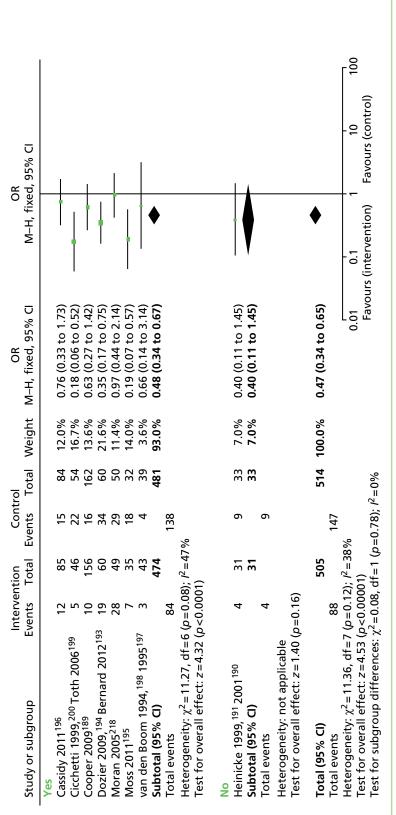


FIGURE 17 A meta-analysis of changes to disorganised outcomes, looking at whether or not the intervention attempts to enhance maternal sensitivity. df, degrees of freedom.

Study or subgroup	Events Tota	Total	Events	Total	Total Weight	M–H, fixed, 95% CI	M–H, fixed, 95% Cl	
Caregiver and child Cassidy 2011 ¹⁹⁶	12	85	15	84	13.9%	0.76 (0.33 to 1.73)		
Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹	5 ¹⁹⁹ 5	46	22	54	19.4%	0.18 (0.06 to 0.52)		
Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰	4	31	6	33	8.2%	0.40 (0.11 to 1.45)		
Moran 2005 ²¹⁸	28	49	29	50	13.2%	0.97 (0.44 to 2.14)		
Moss 2011 ¹⁹⁵	7	35	18	32	16.2%	0.19 (0.07 to 0.57)		
van den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷	5 ¹⁹⁷ 3	43	4	39	4.2%	0.66 (0.14 to 3.14)		
Subtotal (95 % Cl)		289		292	75.0%	0.48 (0.32 to 0.71)	•	
Total events	59		97				•	
Heterogeneity: $\chi^2$ =10.32, df=5 (p=0.07); I Test for overall effect: z=3.60 (p=0.0003)	f=5 (p=0.00)	7); $l^2 = 52\%$	%					
Mixed								
Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³	12 ¹⁹³ 19	09	34	09	25.0%	0.35 (0.17 to 0.75)	+	
Total events	19	00	34	00	% <b>N</b> .CZ	(c/.0 01 /I.0) cE.0		
Heterogeneity: not applicable Test for overall effect: <i>z</i> =2.73 ( <i>p</i> =0.06)	ble 73 ( <i>p</i> =0.06)							
Total (95% Cl)		349		352	100.0%	0.45 (0.31 to 0.64)	•	
Total events 78 Hotoroconcitur: 22-10 88 Af-6 (n-0.00)	78 1-6 (n-0 00	10-12-1502	131				•	
Test for overall effect: $z = 10.66$ , $\mu = 0$ , $p = 0.0001$ , Test for overall effect: $z = 4.45$ ( $p < 0.00001$ )	45 (p < 0.000)			,0 <b>0</b>		0.01	+-	
i est tor subgroup differences: $\chi^{-} = 0.48$ , at	es: χ ⁻ =υ.4δ	, ar= i (,	= 1 (p=0.49); r=0%	%n=-		Favoi	Favours (intervention) Favours (control)	

## Discussion of meta-analyses findings of parenting interventions improving disorganised attachment

There was no evidence of publication bias for the papers included in this study.

Disorganised attachment does not change when the number of sessions is between 0 and 4. By contrast, it does change for numbers of sessions above this. The effect size is no greater when session numbers are > 16 than when they are between 5 and 16. It is unlikely that much can be drawn from this, given the small numbers of studies exploring session numbers between 0 and 4 and > 16. It is promising that statistically significant findings emerge for studies of > 4 sessions, particularly in the 5- to 16-session group. This finding informs how resources in busy services can be best utilised to benefit families without long-term therapy and where there might be cost-effectiveness benefits. This remains to be explored further.

The largest effect size was in the group in which the child was > 6 months old at the start of the intervention. This may be because of the small number of studies under investigation. Different effect sizes may be related to selection bias in the subgroups being studied. This could be related to the fact that disorganised attachment often presents in children in institutional care or maltreated children,²¹⁸ and such very high-risk children are much less likely to be identified either prenatally or within the first 6 months of life. Moreover, it is not possible to measure disorganised attachment below the age of 6 months, or indeed 9 months, although studies were included in which disorganised attachment was measured at outcome. It is reassuring that interventions can work after 6 months of age, given that many interventions have been focusing on improving parental sensitivity.

It is notable that interventions carried out at home which reported on reducing disorganised attachment had a high degree of significance (p = 0.0006). Only one study involved an intervention not in the home.¹⁹⁹

Studies including a male carer achieved a good effect size and statistical significance, as did studies without, although only two studies involved a male caregiver.^{191,194}

There seemed to be a number of interventions that used video feedback and a number that did not. Both achieved good effect sizes and statistical significance. The four studies that did not include video feedback used the following interventions:

- i. TPP.^{199,200}
- ii. The UCLA FDP intervention. This sought to promote mothers' sense of self-efficacy using therapists' home visits and a mother-child group.¹⁹⁰⁻¹⁹²
- iii. Home visiting, used by two interventions to develop maternal responsiveness/sensitivity.^{189-192,197,198}

Researchers using an intervention to improve disorganised attachment patterns have focused on improving maternal sensitivity and attunement. This seems to work well, in that the overall effect size is good. Only one study did not focus on this area¹⁹¹ and no study made direct comparisons in a RCT. However, our PPI and expert group believed that the finding that improving maternal sensitivity had a large effect size and statistical significance in meta-analysis is an important one.

All interventions involved caregiver and child, with the exception of Dozier and colleagues¹⁹⁴ and Bernard and colleagues.¹⁹³

# **Chapter 7** Economic evaluation of parenting interventions for severe attachment problems

#### Introduction

Severe attachment problems is an umbrella term agreed by the review steering group to define the scope of variations in attachment most commonly associated with negative long-term outcomes (see *Chapter 1*). The term covers both the diagnosis of attachment disorders and the identification of disorganised attachment patterns. It provides a marker of those children who have not formed attachments to primary caregiving figures in early childhood, associated with healthy development. However, evidence remains unclear in terms of which identification strategies provide optimal assessment accuracy, what health benefits subsequent interventions can actually provide and whether or not treatment for various severe attachment problems represents value for money. From the decision-makers' perspective, this raises questions about the potential health benefits of interventions [commonly expressed in generic terms such as quality-adjusted life-years (QALYs)] and the wider societal implications (using a perspective beyond that of the QALY) are accrued for the investment of scarce health-care resources.

This chapter has three aims, (i) to systematically review the existing cost-effectiveness evidence on identification and/or interventions for severe attachment problems; (ii) to evaluate the feasibility of developing a de novo decision model informed by the systematic reviews (presented in the previous chapters) of evidence on the effectiveness of screening and intervention strategies in terms of short- and long-term health resource utilisation and associated outcomes (and, if feasible, other wider societal costs and benefits); and (iii) to discuss the value of information to inform future research priorities.

#### Section 1: systematic review of existing cost-effectiveness evidence

This phase reviewed the available literature to answer the question of whether or not treatment for severe attachment problems is cost-effective.

#### **Methods**

#### Search strategy

A comprehensive description of the search strategy undertaken in January 2012 has been provided in *Chapter 3*. Specific economic databases were included, namely HTA database, NHS EED, the Campbell Library and HEED.

For the cost-effectiveness systematic review, the PICOS remain congruent with those targeted by the wider review (for further details, see the PRISMA diagram in *Figure 5*).

#### Inclusion criteria

For inclusion in the review, a study or paper needed to meet the following criteria:

- It must have studied children with a mean age of 13 years or under.
- It must have studied children who currently had, or were at risk of developing, severe attachment problems.
- It must have examined the impact of either (a) screening, assessment and/or diagnostic tools evaluating attachment patterns or disorders, or (b) treatment using psychosocial interventions, psychotherapies or pharmacotherapies aiming to treat or prevent disorganised attachment patterns or attachment disorders.

Only full economic evaluations that compared two or more options, and considered both costs and consequences (including cost-effectiveness, cost-utility or cost-benefit analyses), were included. Explicit guidelines laid down by the CRD in the preparation of the NHS EED were applied for this purpose.²²⁴

#### **Exclusion criteria**

Studies were excluded if they:

- did not fulfil the specified criteria
- did not explicitly meet criteria of a *full economic evaluation* (e.g. cost–benefit, cost-effectiveness or cost–utility analysis).

Two reviewers screened titles and abstracts to identify potentially eligible studies meeting PICOS criteria. Full papers of potentially eligible studies were obtained and assessed for inclusion independently by two health economists. The quality and relevance of any available economic data were judged from the perspective of the UK NHS according to criteria laid down by Drummond.²²⁵

#### Results

From the initial systematic searches of attachment literature, searches of the economics databases for economic evaluations yielded an additional 461 potential articles. On the basis of the titles and abstracts, only two studies^{175,187} were identified as meeting PICOS as well as reporting costs alongside outcomes (*Table 18*).

For further information on how these studies were identified, see Figure 5.

Minnis and colleagues¹⁸⁷ carried out a RCT of 182 children (and their foster care families), examining the effect of extra training in attachment and communication for foster carers, compared with standard services. The additional training was based on *Communicating With Children. Helping Children in Distress*²²⁶ (a manual used internationally by Save the Children) and was delivered by an experienced social worker or trainer with the overall aim of improving communication skills and the ability to form better attachments.

The main outcomes were child psychopathology, measures of attachment, self-esteem and costs of foster care. No formal attempt was made to map any of these outcomes on to generic health outcomes. Immediately after treatment, extra training showed no effect on attachment, and a non-significant change was observed at 9-month follow-up. At 9-month follow-up, a non-significant decrease in attachment disorders and psychopathology (around 5%) was reported. The median cost of foster care was £3792 in

Treatment (intervention vs. control)	Study design	Sample population	Population and location	Perspective adopted	Outcomes measured	Resource utilisation	Reference
(Routine care + extra training) vs. (routine care alone)	RCT	182 looked- after children	Foster care families in Scotland	Not stated	Psychopathology Attachment measure Self-esteem Cost of foster	Cost of treatment Foster care	Minnis <i>et al.</i> (2001) ¹⁸⁷
RFTS (group sessions) vs. (supportive home visits)	RCT	76 mothers	General population from Canada	Not stated	care Infant attachment Maternal behaviour	Cost of treatment	Niccols (2008) ¹⁷⁵

#### TABLE 18 Identified studies of attachment containing cost-consequence analysis

the intervention group and £3271 in the control, supporting the conclusion that the difference in costs of foster care associated with the intervention was also not significant. No attempt to extrapolate future costs or benefits was attempted; however, the paper does conclude that 'the cost must be offset against probable savings in later years'. These were not assessed or quantified.

Niccols¹⁷⁵ carried out a trial-based economic analysis comparing the intervention Right from the Start with home visits (treatment as usual). Right from the Start is a 'Coping Modelling Problem Solving Approach' which includes the delivery of eight parent group sessions held in a 'convenient location', designed to equip caregivers with the skills to read infant cues and respond sensitively. Treatment as usual was delivered by a public health professional to identify family needs and empower parents to meet the child's needs. The primary outcome was infant attachment security, assessed using the infant AQS. The maternal behaviour Q-sort also assessed levels of maternal sensitivity. Using intention-to-treat analyses, there was no significant difference in the clinical outcomes between Right from the Start and home visits (both showing small improvements in infant attachments). The assessment of costs included group facilitator time recorded in preparing, leading and supervising the session, as well as their time spent on administration. The incremental cost-effectiveness was assessed at two time points: post intervention and at 6-month follow-up – which provided a cost per unit change in attachment measures. Nichols concludes that Right from the Start is cost-effective over home visits, arguing that the study illustrates an economic advantage by avoiding more costly home visits through centrally run group sessions; Right from the Start offers a favourable return on investment in achieving the observed improvement in infant attachment. No formal attempt was made to map how the change in attachment measure maps on to generic health outcomes, or to extrapolate outcomes beyond the trial.

The studies by Minnis and colleagues¹⁸⁷ and Niccols¹⁷⁵ meet criteria of full economic evaluations by informing decision-makers of the financial consequences. However, the reported observed economic benefits of treatments are generally limited to their ability to reduce costs. The available research remains inconclusive in terms of whether or not any specific screening or treatment strategy may be cost-effective over another (or, more importantly for the NHS, over practice as usual in the UK).

#### Discussion

An extensive systematic search of the attachment literature suggests that only two studies^{175,187} in the research to date meet criteria of a full economic evaluation; the majority of studies identified through searches of economic databases were primarily rejected for not satisfying PICOS criteria.

Two studies met explicit criteria of full economic evaluations, presenting cost consequences of interventions. Minnis and colleagues¹⁸⁷ conclude that there is no difference in clinical outcome nor any significant cost offset in foster care by the addition of training. Niccols¹⁷⁵ finds a small change in clinical outcomes (with no significant difference between comparative groups) but suggests that a favourable return on investment is possible through group sessions, as these reduce costs compared with treatment as usual.

Two major limitations were identified in these currently available economic studies of attachment: extrapolating findings beyond the study and mapping clinical outcomes on to generic measures of health. Benefits of attachment interventions may be accrued in later years; thus, extrapolation beyond the study (based on robust evidence) is likely to be more informative to the decision problem. Furthermore, clinical outcomes are reported as changes on attachment scales; such information has limited use in informing health-care decision-makers, as it is unclear how these measured changes on attachment scales map on to mediating factors, generic and mental health outcomes or other measures of health-related quality of life.

Future research is needed to address this gap in the current literature, and specific focus is required to better understand the causal relationship between changes in attachment and future generic health outcomes.

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#### Section 2: economic evaluation of severe attachment problems

There are a limited number of existing studies with relevance to the UK, and difficulties in interpreting findings of existing economic evaluation in terms of overall cost-effectiveness (particularly given the absence of long-term consideration of costs and benefits and of attempts to map changes in measures of attachment generic outcomes). This chapter outlines the approach taken to evaluate the feasibility of developing a decision-analytic model from the information obtained through systematic review to inform that economic case.

The conventional perspective taken in HTAs is a narrow *health-care perspective*, which examines cost and benefits directly relevant to a health-care decision-maker. This would include costs of interventions under evaluation, the related cost consequences of that intervention (e.g. how the intervention changes the need for other forms of health care) and the health benefits of the intervention.

However, this conventional HTA framework may be overly health-centric to assess treatment of severe attachment problems, as cost and benefits may be further reaching than those generally observable solely within the health-care system. For example, outcomes related to education, the employment market and the criminal justice system might be important for a decision-maker taking a wider *societal perspective*. Such perspectives can therefore be important to consider costs and benefits occurring outside the health system.

*Figure 19* illustrates how health-care and non-health-mediated pathways result in health and non-health outcomes which may be considered under varying health-care or wider societal perspectives. This shows how clinical concerns (i.e. problems presenting to health services) have mediating pathways (i.e. implications of the original concern if unaddressed), and that by placing varying levels of demand on services, are policy-relevant outcomes. To simplify dynamics of the real world into a parsimonious model, this illustration omits interactions between health and non-health pathways. These omissions may be relevant to control for causation; however, it is assumed that these may be adequately captured in the interactions between policy-relevant outcomes.

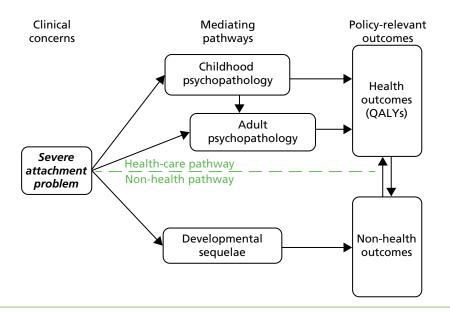


FIGURE 19 How the health-care and non-health pathways to cost and outcomes indicate health-care and wider perspectives.

A conventional HTA is primarily a means to assess how health-care resources directed at conditions (e.g. severe attachment problems) might improve health-related quality of life relative to the expected health-care expenditure. Thus, the perspective of an analysis provides a decision-maker with a tangible method to contrast the return on investment compared with other potential health-care investments. For this specific case, the aim is to provide an objective basis for comparing the relative value for money in deploying resources for the detection and treatment of severe attachment problems. As a decision rule, NICE defines a willingness-to-pay threshold of £20,000–30,000 per QALY as a decision threshold for funding health services, which provides objective valuation that severe attachment problems must demonstrate to justify funding.

Extending beyond simply health production, severe attachment problems may also have fundamental links in the lifelong development of a child, so an evaluation should consider wider implications than those summarised by the cost per QALY of the conventional HTA. A wider perspective should consider the developmental sequelae caused by severe attachment problems and the resulting resource implications for the broader public sectors (e.g. education, social services or criminal justice), implications for individuals' future productivity and the impact of enduring problems on informal carers. This provides a more comprehensive framework, capturing important non-health developmental implications of severe attachment problems and the associated implications for sectors outside health care. To build our understanding of these future trajectories for the purpose of decision analysis, the next section presents the natural history of severe attachment problems, illustrating health and developmental implications.

#### Natural history of severe attachment problems

Severe attachment problems are broadly divided into patterns of attachment displayed in infancy and attachment disorders presenting in older children. The scope of this definition is defined more completely in *Figure 1* (presented and discussed in *Chapter 1*). Before considering the potential costs and benefits of interventions, the decision-maker must first consider the natural history of these problems (in the short and long term) to comprehend the baseline from which an intervention has its effect. *Figure 19* illustrated how the pathways to potential outcomes of severe attachment problems may be broadly divided into those observable through health care and non-health pathways associated with developmental outcomes of the child.

Severe attachment problems are commonly cited as having implications for future health. For example, disorganised patterns of attachment are associated with heightened levels of childhood psychopathology⁴⁵ and have been linked to dissociative experiences in adulthood.⁴⁵ The association with adult borderline personality symptoms has also been researched.⁴⁵ Such research may provide the basis for future expectations as a result of attachment problems, and when parameterised in a model, can inform the expected long-term gains of treatment.

Likewise, commonly cited non-health implications of severe attachment problems have been previously summarised as *developmental sequelae* of attachment.⁸⁷ These non-health implications of attachment problems include language delays,²³ relationship problems,^{27,37} antisocial behaviour, child education, and future productivity and criminality,²²⁷ with the caveat that there are complex associations, not always linear, that interact with other risk and resilience factors.¹¹⁵

Such sequelae provide important information for decision-making when the values which society apportions to mitigating poor developmental outcomes are considered. Given that prior evidence suggests robust causal links from attachment to specific negative sequelae, the value of averting such outcomes may be informed by previous economic analyses, such as costs of averting crime,²²⁸ poor educational attainment²²⁹ and poor relationships.²³⁰ Including these as parameters in a model may inform the expected future non-health costs and benefits to society and the wider economy of treatments for severe attachment problems.

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Although non-health implications merit consideration within a wider societal perspective, poor developmental outcome may also indirectly alter demands for health care. For example, methods of mapping such non-health outcomes on to predictable health status include links from educational status,²³¹ poor relationships⁷⁸ and criminality,⁷⁹ all of which have been demonstrated to directly affect life expectancy.

This may imply that, even within the health-care perspective adopted in the conventional HTA, developmental sequelae could demonstrate relevance to the health-care decision-maker in evaluating long-term implications for health services where direct evidence on the impact on health services utilisation is not available. Where it may be feasible for a model to robustly establish pathways to non-health outcomes, additional model parameters may seek to create tangible causal links of how non-health outcomes would indirectly influence future health-care utilisation.

The natural history of severe attachment problems suggests that economic analysis could either summarise the effect of treatment on non-health outcomes¹⁸⁷ or, alternatively, attempt to infer the relevance of these non-health outcomes through mapping their expected effects as cost and benefits to the health-care system (e.g. implications of educational attainment for QALYs²³² or the societal perspective).

In light of our current understanding of the natural history of severe attachment problems, the theoretical modelling framework required to address the health-care decision problem is presented. This framework is then contrasted against the data available from the systematic review. Finally, based on available parameters for the modelling framework, feasible components of the model are specified to indicate the expected budget impact of treating attachment and how many QALYs would need to be produced to justify that budgetary investment.

#### Methods for developing a theoretical modelling framework

Within the various classifications of attachment, our evaluation of severe attachment problems includes both disorganised patterns of attachment and attachment disorders. Each unique definition of severe attachment problems will have associated health-care decisions, such as how to identify and how to treat, and should be reinforced by how the decisions change based on the expectations for short- and long-term outcomes.

A decision model is a mathematical framework that brings together all relevant information in an attempt to reduce the decision uncertainty regarding such health-care decisions, in an attempt to efficiently allocate resources to meet demands for health care. For severe attachment problems, models should address how health-care resources are best deployed in order to (1) identify and (2) treat the problems. To elaborate further, identification and treatment components of the model are presented separately.

#### Identification model

The detection model precedes the intervention strategy, but this stage will cause additional resource use that needs to be considered when assessing the cost-effectiveness of intervention. Furthermore, the effectiveness and cost-effectiveness of intervention will also be related to the identification procedure (i.e. the prevalence of the problem and the accuracy of identification procedures will indicate numbers treated appropriately for a given procedure). By defining key components of the identification strategy, assessment of the cost-effectiveness of identification and intervention must ultimately be considered together. The outcome of this first model is that intervention will only be offered to individuals who screen positive, and this is subject to varying levels of assessment tool/diagnostic accuracy.

Prior to implementing an identification procedure, the population to be screened must be defined. For severe attachment problems, two types of population can be screened. The first is the general population and the second targets specified higher-risk groups. Implementation of a general population screening strategy for severe attachment problems would require that every child born within the general population within a particular age bracket would undergo screening or assessment. However, within a budget-constrained environment, screening a general population for severe attachment problems may not be economically feasible or desirable, or indeed useful.

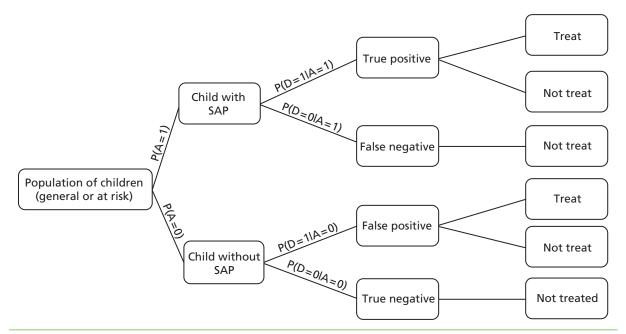
As with all screening, there are negative as well as positive consequences,²³³ such as unnecessary assessment and/or treatment in false positives, unnecessary reassurance in false negatives, stigma, health anxiety, cost and so on.

Screening populations considered to have a higher prevalence of severe attachment problems (owing to risk factors) would potentially reduce the number of individuals screened and reduce false positives and negatives. However, this would require that evidence on what constitutes an *at-risk population* has been established.

The attachment literature commonly cites populations in which prevalence of problems may be elevated. These include children with alternative caregivers²³⁴ [such as situations where the child is adopted or placed in care (looked-after children)], including those institutionalised or in foster care; children born to lower socioeconomic groups;²³⁵ and maltreated children. Within each target population, variation in prevalence rates would have overall implications for the cost-effectiveness of identification and subsequent management (however, the feasibility and cost of targeting screening at selective subpopulations would require further investigation before making inferences about relative value for money).

Once the target population for screening is defined, specific evidence would inform the prevalence rates and thus indicate varying numbers of children by problem type and population (previously discussed in *Chapter 4*). In the identification model specified (*Figure 20*), this provides the probability that an individual is likely to exhibit severe attachment problem types within defined populations to be screened (denoted as *P*[*A*]).

Diagnostic test accuracy studies compare the performance of screening strategies against a gold standard, indicating the accuracy of identification procedure in the form of *sensitivity* and *specificity*. *Figure 20* illustrates how a model, by including the reported diagnostic test accuracy of a procedure (i.e. sensitivity denoted as the probability P[D = 1|A = 1] and specificity as the probability P[D = 0|A = 0]), predicts the expected level of the four diagnostic outcomes, namely true positive, false positive, true negative and false negative.



**FIGURE 20** Theoretical framework of an identification model for severe attachment problems in specific population of children [A = 1/0 (child with/without severe attachment problem); D = 1/0 (screen positive/screen negative)]. SAP, severe attachment problem.

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Variations in these four diagnostic outcomes infer different decisions on intervention and, therefore, cause variation in potential costs and benefits of subsequent related intervention. Screen-negative children are not conventionally treated, and, therefore, the proportion receiving false-negative outcomes are expected to forgo potential benefits of any subsequent intervention decisions. Screen-positive outcomes are a trigger to health care generally returning for intervention, and in the absence of any further assessment information, a false-positive outcome would be likely to result in unnecessary intervention, leading to additional health service costs with no expected health benefits (and potential harms of exposure to intervention).

#### Intervention model

Once it has been established that a child is exhibiting a specific type of severe attachment problem (i.e. screen positive), an intervention decision will be required. For modelling purposes, *Figure 21* illustrates scenarios which should be considered at this point which, for simplicity, are described three comparators: (1) an intervention strategy based on the evidence base (e.g. as informed by information such as that identified in *Chapter 6*); (2) care or treatment as usual, which is routine care which may or may not be informed by the available evidence base; or (3) a passive approach equating to an observation of the natural history as previously illustrated (i.e. doing nothing).

*Figure 21* highlights that each group will infer conditional probabilities (each contingent on the specific intervention choice) indicating the likelihood that the severe attachment problems-related outcomes can be expected to change or not.

This schematic simplifies the time horizon between the short-term gain (as observed from intervention studies) and the long-term implications of reducing the attachment problem (more often observed in longitudinal studies). In reality, studies of the causal relationship (such as those discussed in *Natural history of severe attachment problems*) are subject to analytical complexity and need to be reviewed to ascertain their relative merit in indicating potential benefits of intervention and, thus, robustness to feature within a cost-effectiveness analysis. Therefore, the time horizon of any model needs to be sufficiently long to ensure that differences between intervention strategies are adequately reflected; for this purpose only, data from epidemiological studies that follow individuals for up to 10 years from the initial indication of attachment were included in the review (see *Chapter 5*).

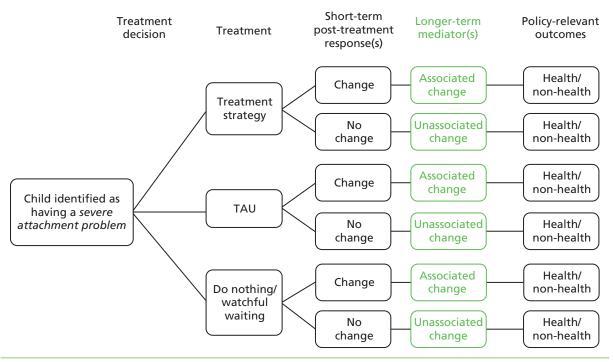


FIGURE 21 Theoretical framework of the decision model of interventions/treatments for severe attachment problems. (The term 'treatment' is used in the figure for simplicity.) TAU, treatment as usual.

Meta-analysis provides methods to inform an expected value of the probability of short-term specific outcomes (conditional on intervention or no intervention). Outcomes of the meta-analysis reported in *Chapter 6* include (a) likelihood of a secure outcome and (b) likelihood of a disorganised outcome. Point estimates of this short-term likelihood are a standard mean difference of each specific outcome between the intervention and control, where these are established using a standardised measure of attachment and will be observed at short-term per-protocol time points of the study design. Cost-effectiveness analysis may make inferences based on these outcomes, which would (at best) provide the ratio of costs per case of the stated change in attachment problem within a given time period. The majority of included studies which reported only a post-intervention effect offer little evidence that any change has been sustained. Therefore, longer-term follow-ups (e.g. at 6 or 12 months) provide a tenuous basis for extrapolation. The natural history would suggest that severe attachment problems have lifetime consequences and hence potentially both the short- and the longer-term outcomes need to be considered.

However, this raises empirical issues about the limited existing evidence base on the effectiveness of interventions themselves over a longer-term horizon. With the existing evidence base on intervention focusing on short-term intermediate outcomes, projections over a longer term (as well as translating short-term and longer-term effects into QALYs) would require several additional steps and assumptions. The validity of these additional steps in informing cost-effectiveness will depend on the robustness of existing evidence and particularly the links from epidemiological studies (see *Chapter 5*) that are inevitably required to translate the short-term intermediate outcomes into longer-term impacts.

As discussed earlier, the aim of the incremental effectiveness should be to comprehensively evaluate the longer-term benefits accrued over time as a result of each intervention. To forecast expected health benefits of treatment, the attachment problems need to be associated with longer-term implications of specific health conditions. Examples cited in the literature (see *Chapter 5*) predominantly focus on increased risk of future psychopathology (and developmental sequelae) associated with attachment problems.

Assuming that short-term treatment outcome is sustained from observed post-treatment effect and may be causally linked to the longer-term health benefits, allocation decisions are best informed when all benefits of investment are expressed by the ratio of cost per QALY. How outcomes of attachment problems map onto QALYs (either directly in the short term or indirectly through mediated pathways in the longer term) has not been established to date, and requires further research.

The array of analytic approaches presented so far is wide ranging and complex, and it is important to emphasise that within each potential pathway exists a set of highly pertinent resource implications. For example, the presence of a specific severe attachment problem may have short- and long-term implications for the intensity of health and non-health service use, such as specific teaching arrangements, or may increase the costs of foster care, and so on. Each of these stated examples would increase the demand for the scarce resource placed on the public sector and, in addition, on the individual health benefits of averting cases of attachment problems, and will also have implications for the cost of services. As such, all included studies across the main and supplementary systematic reviews (see *Chapters 4–6*) sought to extract relevant data on resource implications, and this information informed a budget impact assessment of attachment problems on the public purse.

The next section presents the key information required to populate this theoretical framework of a decision model and reviews the relevant data identified in the systematic reviews.

#### Key information required to populate the decision model

Any cost-effectiveness analysis must clearly define the disorder to be evaluated, population, scope and resources to be evaluated so as to form an appropriate model and address decision uncertainty surrounding the resource allocation.

To inform the theoretical framework outlined above, specific forms of information were identified as required within the decision model. Some of this information is fundamentally related to theoretical agreement (or lack of) across the field of attachment research, and other information is more specifically required as model parameters. This section discusses eight key forms of information required to populate a decision model, describing each type of information required (and why). It also discusses how this information would be incorporated into a model and the data that were available (and, if absent, what this precludes for modelling). We present tables of information subsequently used to build the economic case.

These eight key forms of information comprise (1) definition indicators of the severe attachment problem; (2) cohort population studied; (3) prevalence estimates by definition and population type; (4) diagnostic or assessment accuracy information (sensitivity and specificity vs. reference standards); (5) treatment effectiveness by definition of attachment; (6) long-term benefits associable with the treatment effect on risk of psychopathology or (7) developmental sequelae; and (8) resource implications data related to all stages of identification, treatment and outcomes.

To ensure that any additional information was captured which might be relevant across these eight themes identified for the economic analysis, the total pool of studies identified as directly relating to attachment problems (in the main systematic review and both supplementary systematic reviews) was assessed. During full-paper reviewing, the systematic review team flagged where information might have been relevant, and any paper indicated as containing relevant information was subsequently assessed by the team of economists.

With regard to the resource implication data, two broad categories of information were assessed to provide this additional relevant information, namely information relating to direct costs and information relating to resource implications of attachment. The first form of information flagged as potentially relevant aimed to provide the basis to estimate the direct costs of health-care procedures (for both identification and treatment). The review team primarily noted where information indicated (a) duration of procedures (in units of time), (b) the types of personnel required and (c) any specific overhead costs (e.g. where a specific type of venue was required). These were subsequently utilised to inform resource implications and, associated with unit costs, expected costs of associated procedures.

The second form of information flagged during the full-paper review aimed to assess whether or not any studies contained relevant information on the resource consequence from both the health-care and the wider societal perspectives (for both identification and treatment). Potential information on resource consequences was divided into two broad categories: outcomes directly relevant to health-care use and non-health implications of attachment.

Information flagged as specifically relevant to health-care use included where papers would quantify any impacts of attachment on health-care services, resources or costs.

Studies were also flagged where information was relevant to non-health implications of attachment. Reviewers were asked to indicate where a study had quantified resource implication in contexts other than health. These included (1) the education sector, (2) alternative childcare, (3) social care, (4) informal carers (including hours of care required, changes in carers' productivity or attachment-associated impacts on carer health and health-care use) and (5) longer-term outcomes relevant to attachment (e.g. productivity in later life, social service, engagement with social, criminal justice or substance misuse services).

All studies flagged as having potentially relevant information were independently assessed for relevance by a health economist to decide (a) if the study included one of the severe attachment problems under evaluation (as flagging preceded quality assessment and final paper inclusion); (b) whether or not information flagged was relevant to the economic case; and (c) where information satisfied these criteria, whether or not any quantified incremental change associated with a severe attachment problem was sufficiently methodologically robust to inform a parameter in the intended model.

In addition to this, we separately searched for all studies published from longitudinal cohorts (such as the Minnesota study) as well as those identified by the systematic review to inform long-term outcomes of attachment.

The remainder of this section will detail the features of the required information and the questions we would address in an economic analysis, and will discuss the data that have been identified.

#### Defining the target: severe attachment problems

Research question What forms of attachment should be addressed by the health services?

Key information Multiple categorisations exist for both of pattern of attachment and attachment diagnosis (see *Figure 1* and *Box 1*).

Prior to treatment, formal evaluation aims to identify attachment problems requiring treatment. To define the scope covered by severe attachment problems, this research constrains the scope to disorganised attachment patterns and the attachment disorders (see *Figure 1*). For evaluation, the model considers associated data where only one of these two classifications is referenced in research.

**Data available** Various classifications and diagnoses were identified in the available literature, namely for patterns of attachment disorganised and organised, and within the organised category various subgroups are identified (e.g. secure, insecure avoidant, insecure ambivalent etc.) and for attachment disorders (e.g. reactive, disorganised, inhibited and disinhibited) – an extensive discussion of definitions is available in *Chapter 4*. Of these definitions, this evaluation considers only disorganised patterns and attachment disorder as severe attachment problems (although, as discussed in previous chapters, it is recognised that some attachment theorists may have selected other groups to identify in terms of intervention). The selection of these definitions for severe attachment problems is primarily based on expert opinion that disorganised patterns of attachment and the attachment disorders are most related to poor outcomes for the individual.

#### Target populations

Research question To which specific populations should resources be directed?

Key information The attachment literature broadly divides studies within the general population and studies that define their sample as exhibiting greater risk of attachment problems (e.g. the Minnesota study of a cohort of children born into poverty). The target population of the samples will have a direct effect on the estimates of identification, prevalence, long-term outcomes and, potentially, treatment. For example, the expected prevalence is found to vary contingent on whether or not the child is randomly sampled from the general population, is born into poverty, has alternative caregivers (e.g. adopted or fostered) or has experienced maltreatment. This form of information may support the notion of 'risk' and is also important to examine where resources are most appropriately directed.

**Data available** Studies define samples either within a general population or within defined subpopulations. Information on these sample characteristics are recorded as are variables for subsequent general or subgroup analysis.

#### Prevalence of severe attachment problem

Research question What is the prevalence of the various severe attachment problems?

**Key information** Statistics on prevalence provide the basis to indicate the level of demand within populations and this parameter information may express the percentage of individuals exhibiting the specific severe attachment problem within a given cohort sample (see *Chapter 5*).

**Data available** Constraining the classification of severe attachment problems to disorganised patterns of attachment and the attachment disorders, average prevalence studies of similar target populations were obtained. Eight studies in supplementary systematic review 2 extracted figures on prevalence to the specific classification of severe attachment problems.^{23,45,151,152,155,157,236} Additional studies were scoped on advice from content experts. *Table 19* provides the prevalence of both disorganised attachment and attachment disorder. Prevalence data are considered here in four identified potential target populations.

Consultation with content experts on parameter inputs suggest that *risk* is potentially highest in situations of maltreatment and, for this reason, Van IJzendoorn and colleagues,²³ a group that has performed several previous systematic reviews in the field of attachment, was utilised to inform prevalence in this population.

While the literature showed prevalence data within our systematic review for disorganised attachment patterns, no studies were identified in the supplementary systematic review of outcomes of 10 years or more to inform the rates of attachment disorders. Consultation with experts on the advisory panel recommend that this model parameter be provisionally explored using recent research.²³⁷ This research finds that the prevalence of RAD in the general population to be 1.4%. (This paper was published in 2013 after the cut-off point for our systematic review.)

Overall, limited information is available by target population and pooling figures without acknowledging the differences in underlying sample would ignore heterogeneity in the parameter input.

Type of severe attachment	Sample	Prevale	nce ,%		
problem	population	Mean ^a	Min.	Max.	Related references
RAD	General	1.4	-	_	Minnis <i>et al.</i> ²³⁶ (2013) ^b
Disorganised pattern of attachment	General	3	-	-	Dan <i>et al.</i> (2011) ¹⁵⁵
Disorganised pattern of attachment	Middle class	13.0	8	20	Aikins <i>et al.</i> (2009), ¹⁵¹ Steele <i>et al.</i> (2002) ¹⁵⁷
Disorganised pattern of attachment	Adopted children ^c	16	-	_	Jaffari-Bimmel <i>et al.</i> (2006) ¹⁵⁶
Disorganised pattern of attachment	Born into poverty ^c	37.5	35	40	Weinfield <i>et al.</i> (2004), ¹⁵² Carlson (1998) ⁴⁵
Disorganised pattern of attachment	Maltreatment ^c	48	_	-	Van IJzendoorn <i>et al.</i> ²³ (1999) ^c

## TABLE 19 Type of severe attachment problem, sample population in which prevalence was measured and the measures of prevalence (mean, minimum and maximum) from the available literature

Max., maximum; min., minimum.

a Calculation of mean prevalence does not account for heterogeneity between and within studies and caution is advised in generalising these estimates to the UK context and any results are considered illustrative of potential variance underlying *severe attachment problem*.

b Van IJzendoorn and Bakermans-Kranenburg²³ is a meta-analysis and did not meet the criteria for our review. Minnis et al.²³⁶ was not included in the systematic review because it was past the cut-off date for inclusion. Both of these papers were suggested by the content experts to provide useful comparative data for health economic analysis.

c Mean *at-risk* groups presented above fall into two aggregated definitions: (1) prevalence estimates from Minnesota studies define *risk* as children born into poverty and (2) the study by Jaffari-Bimmel *et al.*¹⁵⁶ studies internationally adopted children.

#### Identification strategies

Research question How are severe attachment problems best identified?

Key information Prior to treatment, a formal identification procedure (e.g. screening) must take place and this process has additional resource implications that need to be considered. To inform the relative merits of various identification strategies, studies reporting sensitivity and specificity data should be incorporated into a decision model to provide outcomes of each approach to identification.

**Data available** As discussed in *Chapter 4*, while a gold standard identification method for disorganised patterns of attachment is implied in much of the literature, this has not been clearly agreed, and the economic analysis does not have comparative diagnostic or assessment accuracy studies to inform this parameter.

In *Chapter 4*, reviewers refer to a 'reference standard'; however, comparisons with other screening tools (through calculated accuracy data) do not consider the conventional economic trade-offs that are obtained using established 'gold standard' methods (which assume perfect diagnostic precision usually at a larger cost, thus potentially justifying the reduced accuracy of screening). Many other proposed instruments in the literature are used but have not been compared with the available reference standards (as identified in our first supplementary systematic review of assessment tools). It is, therefore, difficult to use the sensitivity and specificity of any specific instruments (compared with a gold standard) as a basis to determine their accuracy given their relative costs.

The reviewers identified two studies that concurrently compared the SSP with an alternative attachment pattern measure and where data were available to calculate sensitivity and specificity of the procedures versus this reference standard (see *Chapter 4*). However, this analysis only allowed accuracy data to be calculated for secure versus insecure categorisations and does not provide information on identification of *disorganised patterns of attachment*, which is the category used by our review; therefore, these data are not applicable within the scope of this definition of severe attachment problems.

For attachment disorder, no diagnostic studies were identified comparing identification procedures for attachment disorder with DSM-IV⁵⁶ or ICD-10⁵⁵ classification, with the exception of a study comparing the DAI with the SSP.⁹⁵

In the absence of diagnostic accuracy data, policy implications of identification strategies were informed by collecting information on the resource implications of procedures (further detail is provided later; see *Resource data*).

#### Intervention/treatment effect

Research question Once a severe attachment problem is identified, how effective is an intervention?

Key information The effectiveness of an intervention has been informed by meta-analysis of studies (see *Chapter 6*).

**Data available** Meta-analysis providing the likelihood of treatment leading to (a) 'secure outcome' and (b) improving 'disorganised attachment'; given the defined scope of this evaluation of *severe attachment problems*, the parameter input is constrained to the latter.

Meta-analysis of eight studies of treatments of disorganised attachment provides an OR of 0.47.^{189,191,194–196,198,200,218} This indicates that individuals in the intervention arm are significantly less likely than control to exhibit disorganised patterns of attachment at follow-up. Cooper¹⁸⁹ is the only identified study that has a follow-up of 12 months or longer; this study did not find any significant differences in outcomes at this follow-up.

The average intervention effects may be combined for cost information to indicate a cost per case of severe attachment problem averted. Although this would indicate cost-effectiveness, this would only be relevant within the study time frame (generally less than 12 months) and could only (in the absence of reported generic health outcomes) relate to changes in rating scales of attachment (using the reference standard). Therefore, meta-analysis can only inform the presence or absence of severe attachment problem. Additional analysis is required (a) to forecast longer-term outcomes of changes in these short-term health states and (b) to map short- and long-term outcomes onto policy relevant outcomes, QALYs or other relevant non-health outcomes (e.g. foster care, education and criminality).

#### Health outcomes

**Research question** Given the short-term changes in health state (i.e. presence or absence of severe attachment problems), what are the long-term generic health outcomes associable to the short-term change from treatment?

**Key information** To attempt to show how the intervention effect might inform allocation of scarce resources, clinical outcomes should be expressed in a generic health outcome. Ideally, economic evaluations aim to present outcomes in QALYs. However, there exists no defined method for mapping clinical outcomes of using interventions to improve attachment onto generic health outcomes or QALYs. In the absence of such methods, the economic review of the available literature focused on the studies identified in the main systematic review and the second supplementary review of outcomes of 10 years or more, examining the feasibility of inferring long-term implications of attachment via mediated health pathways.

To inform the direct health benefits of treating either attachment disorder or intervening to reduce disorganised attachment patterns, longitudinal studies were examined with at least 10-year follow-up to inform risk of psychopathology related to attachment problems (see *Chapter 5*) and any treatment studies that indicated relevant secondary health outcomes (see *Chapter 6*).

*Figure 22* illustrates information potentially useful to inform longer-term outcomes associated with severe attachment problems. These modelling frameworks are divided into two causal pathways related to psychopathology. The primary pathways relate to policy-relevant health outcomes (predominantly the literature regarding the risk of psychopathology given a severe attachment problem). The second is how resulting psychopathology caused by severe attachment problems cause non-health policy-relevant outcomes [e.g. intellectual quotient (IQ), educational attainment or criminality].

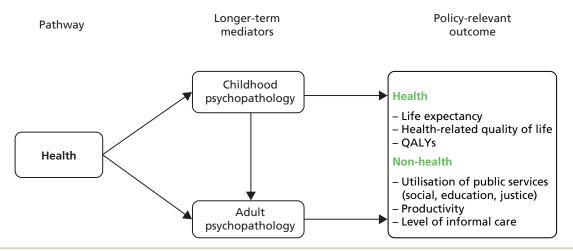


FIGURE 22 Health mediated pathway from severe attachment problem post-treatment effects via longer-term mediators (such as child and adult levels of psychopathology) onto health and non-health outcomes.

**Data available** Despite the common hypothesis that severe attachment problems (particularly a disorganised attachment pattern) are associated with poor future psychopathology, only a limited number of studies with follow-ups of over 10 years were identified that provide any evidence to support this notion. As was shown in *Chapter 5*, only analysis of the Minnesota study cohort potentially provided any potentially meaningful information from three studies. Specific studies of disorganised attachment examine long-term outcomes such as an overall history of psychopathology at age 17 years,⁴⁵ dissociative experiences at age 19 years⁴⁵ and borderline personality symptoms at age 28 years.¹⁵³

Carlson⁴⁵ utilises the Minnesota study to examine how disorganised attachment explains (a) the overall history of psychopathology at age 17 years and (b) dissociative experiences at age 19 years. 'Disorganised/ Disoriented Attachment' is found to have a correlation of 0.34 with psychopathological rating at age 17.5 years and correlation of 0.36 with dissociation at age 19 years. Carlson then utilises hierarchical regression to examine how 'Disorganised/Disoriented Attachment' predicts psychopathology rating and levels of dissociation. Controlling for avoidant attachment, Carlson finds that 'Disorganised/Disoriented Attachment' increases the hierarchical regression analysis explain an additional 5% of the variance in future psychopathology through including 'Disorganisation rating (12–18 months)'. Similarly, 'Disorganised/ Disoriented Attachment' is found to explain 12% of the variance in dissociation score at age 19 years. These findings have limited use for modeling, as they only show small proportional predictive power of disorganised attachment on future events and do not provide a causal link. Until there is future replication and more in-depth research to examine the nature of the associations with specific psychopathologies, they are of limited value for modeling.

Carlson and colleagues¹⁵³ again utilise data from the Minnesota study to examine the relationship between borderline personality disorder at age 28 years and 'attachment disorganisation' between 12 and 18 months. The research shows a weak correlation (0.20) between disorganised attachment at 12–18 months and borderline personality disorder at age 28 years. When placed into a binomial regression alongside other variables, attachment pattern is not significant, although maternal hostility and maternal life stress at 42 months are significant.

As the research did not provide any strong causal link from early severe attachment problems to future psychopathology, no further analysis was feasible to identify potential means to map these health states onto generic health outcomes.

#### Developmental mediators and indirect health outcomes

**Research question** Given the short-term changes in health state (i.e. presence or absence of severe attachment problems), what are the long-term developmental sequelae associable to the short-term change from intervention and can these be used to map to long-term health outcomes?

Key information In addition to associations with risks of psychopathology, the attachment literature commonly cites an increased risk of poor developmental outcomes. The common examples are development of personality, intellectual ability, educational attainment and ability to sustain romantic relationships. For modelling purposes, a plausible hypothesis is that an impaired development of such traits could indirectly mediate poor mental and physical health (e.g. education attainment has been associated with health). Again, to inform parameters to forecast such long-term outcomes, studies from both the main systematic review and the second supplementary review were assessed.

*Figure 23* highlights information on three developmental sequelae considered, namely IQ (child or adult outcomes), educational outcomes and criminality. To inform parameters in the model, these three sources of information require significant scrutiny for statistical rigor and ability to inform causality in the model. Satisfying these prerequisites, further modelling strategies seek to causally link the longer-term mediators with health and non-health outcomes.

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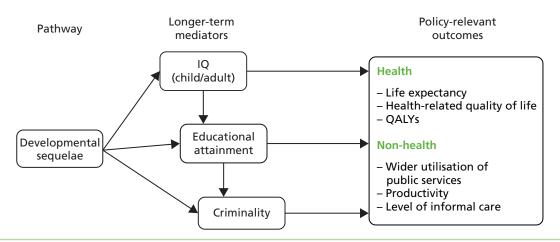


FIGURE 23 Mediating pathway of developmental sequelae from the post-treatment effects via long-term mediators (such as IQ, educational attainment and criminality) onto health and non-health outcomes.

In anticipation that the literature would provide evidence on severe attachment problems having an association with developmental sequelae, a series of further informal searches were undertaken by the health economists to identify any mediating outcomes that provide a basis for quantifying costs or longer-term outcomes. These searches provisionally identified linkages with various cited sequelae to crime,²²⁸ poor educational attainment²²⁹ and poor relationships.²³⁰

**Data available** Despite claims that severe attachment problems have associations with developmental sequelae, the review uncovers limited good-quality evidence to support this preposition. This is to say not that there is no association, but that the evidence to support it is sparse. Specifically, one study¹⁸⁴ attempts to report the effect of attachment problems on IQ as a secondary outcome (but the study reports no significant difference in IQ). No studies were identified to indicate that severe attachment problems have any effect on educational outcomes or are linked to risk of criminality.

The lack of evidence on any direct or indirect (intermediate) link between attachment (and related interventions) and final outcomes in the published literature precludes estimation of longer-term cost and outcomes within a decision-analytic framework. In the absence of evidence causally linking severe attachment problems with developmental sequelae, no further attempts are made to model these outcomes.

#### Resource data

**Research questions** What is the demand placed on resources (and associated costs) of providing assessment/diagnostic and intervention services for severe attachment problems? Does providing services for severe attachment problems offset costs elsewhere?

Key information Information on resources was sought across all three systematic reviews. Resource-use data are categorised into three sections: identification, intervention and outcomes.

**Identification** To inform budget impact of identifying cases of severe attachment problems, the prevalence data that we had available were combined with the cost of each specific assessment/diagnostic test to calculate an average cost of case detected. In the absence of measures of sensitivity and specificity, it is not feasible to indicate the proportion of cases accurately detected. For this reason, provisional calculations primarily assume that each strategy would perfectly diagnose all cases (and will have no false positives) and this assumption is later subject to simple deterministic sensitivity analysis to illustrate the effect of variation in identification accuracy.

**Treatment** To indicate whether or not any specific intervention is cost-effective, the resource intensity of providing each intervention must be extracted and appropriate unit costs applied. Parameter information detailing the protocol of intervention was extracted from each treatment study in the systematic review (see *Chapter 6*).

**Outcomes** To indicate cost implications of severe attachment problems, two forms of longer-term resource data were sought, namely health-care resource use where severe attachment problems occur and wider societal costs resulting in altered consumption of other public goods (e.g. education, social services, criminal justice) as well as indication of altered productivity (either during education or in later life workforce participation).

**Data available** *Identification* Data were available in most assessment/diagnostic studies to estimate costs of conducting screening. Parameter information extracted to associate cost was the duration of the identification procedure, the personnel required and the location.

Tables 20 and 21 estimate costs associated with the various detection strategies identified by the first supplementary systematic review for disorganised attachment patterns and attachment disorders, respectively. A cost of the procedures could be estimated only where sufficient detail was provided about the assessment/diagnostic procedure to quantify resource use. These tables indicates the reported personnel time

TABLE 20 Identification strategy, resources required and the estimated cost to the NHS for identifying disorganised patterns of attachment

	Resources			
Identification procedure	Personnel	Face to face (minutes)	Cost, £ª	Related reference
SSP (Ainsworth <i>et al.</i> 1978) ⁸	CAMHS team worker ^b	20	29	Crittenden <i>et al.</i> (2007) ¹⁰⁰
SSP (Ainsworth <i>et al.</i> 1978) ⁸ and AQS	Clinical psychologist	120	272	Boris <i>et al.</i> (2004) ⁹⁸
AQS v3.0	Clinical psychologist	120	272	Smeekens <i>et al.</i> (2009) ¹¹⁷
MCDC scales	Clinical psychologist	65	147	Bureau <i>et al.</i> (2009) ⁹⁹
CAI	Clinical psychologist	50	113	Shmueli <i>et al.</i> (2008) ⁵²
CMCAST	Child psychiatrist	22	117	Minnis <i>et al.</i> (2010) ¹⁰⁷

a Unit costs of personnel are the values for 2011–12 including face-to-face and non-contact time at a ratio of (a) 1:1.06 for generic single-disciplinary CAMHS team – total staff cost of £86 per hour; and (b) 1:1.25 for clinical psychologist – total staff cost of £136 per hour (Personal Social Services Research Unit 2012).²³⁷

b CAMHS team worker for identification relates to the various individuals who may perform a SSP, including a clinical psychologist, a mental health nurse, a social worker and an occupational therapist.

### TABLE 21 Identification strategy, resources required and the estimated cost to the NHS for identifying an attachment disorder

	Resources required			
Identification procedure	Personnel	Time (minutes)	Cost, £ª	Related reference
RAD children (screened with ICD-10)	Child psychiatrist	17	90	Minnis <i>et al.</i> (2010) UK ¹⁰⁷
ICD-10	Child psychiatrist	210	1117	Equit <i>et al.</i> (2011) Germany ¹⁰¹
CAPA-RAD	Child psychiatrist	22.5	120	Minnis <i>et al</i> . (2009) UK; ¹⁰⁸ McLaughlin <i>et al</i> . (2010) UK ¹⁰⁹

CAPA-RAD, Child and Adolescent Psychiatric Assessment - reactive attachment disorder.

a Unit costs are the values for 2011–12 of personnel including face-to-face and non-contact time at a ratio of 1:1.58. Total cost £319 per hour (Personal Social Services Research Unit 2012).²³⁷

taken to administer an assessment or diagnostic procedure and a unit cost of that time related the personnel from Personal Social Services Research Unit (PSSRU) total staff costs (accounting for the staff wage and overhead costs which reflect the costs of service facilities).²³⁸ The figures indicate an approximation of cost to the NHS of each procedure, and take the average of all screening procedures indicating an average cost per screen. This does not take into account the sensitivity and specificity of procedures and so does not indicate cost per case accurately detected (also bearing in mind that assessment/diagnostic property would vary for severe attachment problem classification and with the type of population to be screened).

Although five studies are referenced as providing sufficient information to inform the cost of identifying disorganised attachment patterns, there are important differences in the above procedure that should be reiterated. First, the SSP is appropriate for use in infants, while MCDC⁹⁹ and CAI⁵² are designed to identify patterns in later childhood (ages 7–9 and 8–13 years, respectively). Strategies including the Q-sort are measuring other constructs such as maternal sensitivity and are not specific to disorganised patterns; therefore, they are excluded from the mean cost. As such, only information on the SSP is subsequently used to indicate a cost of identifying disorganised patterns of attachment.

Equit and colleagues¹⁰¹ reference the use of ICD-10⁵⁵ as the method for detecting attachment disorders; however, as this is a full assessment (reflected in the cost) and not specific to attachment, this outlying cost is excluded within the mean cost of identification.

**Intervention** Information was available in most assessment tool studies to estimate costs of delivering various interventions included in the systematic review. Parameter information on the duration of the intervention, the personnel, the location required for intervention and required travel are utilised to indicate the resource intensity of each strategy. The absence of robust information on the sensitivity and specificity (for either disorganised patterns of attachment or attachment disorders) is an important limitation for estimation of resource implications.

Tables 22 and 23 calculate the costs of intervention for disorganised attachment patterns and attachment disorders, respectively. This uses specific information from each study on the total number of sessions, the reported duration of each session, the staffing required (and the unit cost of their time), and calculates a cost per session and as well as the total cost of treatment. PSSRU (2012) unit costs data provide a total staff cost which incorporates the costs of required staff salary as well as covering overhead costs required to provide specific services (e.g. travel, non-face-to-face time).

	Resources required for trea	tment			
Treatment for disorganised pattern	Personnel	Duration of session (minutes)	Number of sessions	Cost, £ª	Related reference
The COS-4 intervention	Clinical psychologist	60	4	544	Cassidy <i>et al.</i> (2011) ¹⁹⁶
Treatment name was not reported	Nurse (mental health)/social worker (children's services)	60	16	1072	Cooper <i>et al.</i> (2009) ¹⁸⁹
ABC	Social worker (children's services)	60	10	1500	Bernard <i>et al.</i> (2012); ¹⁹³ Dozier <i>et al.</i> (2009) ¹⁹⁴
UCLA FDP	Nurse (mental health)	60	78	5226	Heinicke <i>et al.</i> (1999) ¹⁹¹
UCLA FDP	Nurse (mental health)	60	54	3618	Heinicke <i>et al.</i> (2001) ¹⁹⁰

**TABLE 22** Intervention for improving or preventing disorganised attachment, required resource inputs (type of personnel performing the intervention, duration of each session and total number of sessions) and the estimated cost to the NHS for the treatment

a Where more than one different type of staff is stated, the mean average total staff cost is calculated per hour. Unit costs are 2011–12 values (PSSRU 2012).²³⁸

TABLE 23 Treatment of RADs, required resource inputs (type of personnel performing the intervention, duration of each session and total number of sessions) and the estimated cost to the NHS for the treatment

	Resources required	d for treatment			
Treatment for disorganised pattern	Personnel	Duration of session (minutes)	Number of sessions	Cost, £	Related reference
Intervention name was not reported (extra training above routine care)	Social worker (children's services)	360	3	2700	Minnis <i>et al.</i> (2001) ¹⁸⁷
Unit cost is the values for 2011–12 of per Total £319 per hour (PSSRU 2012). ²³⁸	ersonnel including face	e-to-face and non-con	tact time at a r	atio of 1 : 1	.58.

All studies in *Tables 22* and *23* above were included in the meta-analysis of intervention effect. Variation exists in the resource intensity of each intervention which may partly explain between-study heterogeneity.

**Outcomes** Aside from the direct costs of providing the intervention, very little information is available to inform the cost consequences of severe attachment problems. Associated consequences of resources were flagged in the systematic review for health service use and for wider related costs. The two exceptions are information provided in the studies including economic analysis.^{175,187} However, as was discussed earlier, both studies have limitations in their usefulness to inform long-term cost implications of treating severe attachment problems.

Cost of identification and intervention are combined, at which stage the assumption of 'a perfect prediction of severe attachment problem' is subject to sensitivity analysis to simulate the potential budget implication of variation in diagnostic precision.

#### Feasibility of developing an economic model given available evidence

As has been discussed, developing a full economic model for severe attachment problems (such as disorganised attachment or attachment disorders) requires specific data informed by systematic review of the research literature. The systematic review developed a search strategy that has identified all available evidence on identification, intervention and long-term (longitudinal) outcomes. From this extensive and comprehensive review, evidence synthesis attempted to populate the theoretical decision model requiring eight specific sets of parameters (as described above).

Table 24 reviews these eight sets of parameters required to develop an appropriate decision model, a rating of the quality of the information to inform model parameters (an explanation of how this was rated is provided below the table) and specific details relating to each category of information. This table provides an important summary of the strengths and weaknesses of the current literature to inform a full economic model. This table helps to illustrate how future research might develop an evidence base equipped to better inform the use of scarce health care resources in the identification and treatment of severe attachment problems.

Three specific gaps exist in the literature imposing data limitation on whether or not a full decision model for severe attachment problem is currently feasible, namely assessment tool diagnostic accuracy studies (reporting sensitivity and specificity relative to an agreed gold standard), treatment effectiveness studies and evidence on the longer-term outcomes of health and development.

A major limitation for modelling extrapolating is how associated treatment effects on severe attachment problems (as measured by the associated scales) influence long-term outcomes. Having considered mediating pathways (to form the basis of projecting outcomes beyond those intervention outcomes studied), both health and wider development outcomes measured in the identified longitudinal studies provide limited robust evidence of causal links from early attachment.

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	Quality of inform	ation from:		
Information for decision modelling	Identification accuracy studies	Epidemiological studies	Intervention studies	Summary
Definitions of attachment	1	2	2	Severe attachment problems are constrained to disorganised attachment patterns and the disorders. Limited studies by included definitions were found across the three systematic reviews
Within specific subpopulations	1	2	2	Disorganised: sampling from subpopulation is common across the three reviews; however, minimal numbers of studies for each specific subpopulation
				Disorder: one 'general population'; no studies in specific subgroups (unlike in disorganised attachment)
Prevalence	N/A	2	N/A	Disorganised: eight (longitudinal) studies reporting prevalence (from varying sample types) from supplementary review 2
				Disorder: no prevalence study identified
Identification strategies	0	0	N/A	No identification studies identified
Intervention effect	N/A	0	2	Disorganised: meta-analysis of nine studies with primary outcomes of 'disorganised attachment'. $l^2 = 31\%$ indicates low to medium levels of heterogeneity
				Disorder: one good-quality study identified incorporating economic analysis alongside clinical trial
Long-term health outcomes	N/A	1	0	No evidence demonstrating causal link of early severe attachment problem with long-term health outcomes
Developmental sequelae	N/A	0	0	No evidence demonstrating causal link of early severe attachment problem with non-health outcomes
Economic analysis	1	0	2	Limited number of studies in each phases were identified to estimate economic analysis or resource implication

**TABLE 24** Required information to inform a decision model, the quality of evidence currently identified and specific details of each category

N/A, not applicable.

Scores involve only studies that contain either attachment disorders or disorganised attachment patterns.

0: No studies containing this information.

1: 0-9 studies but some limits in scope or quantity or quality and no clarity or agreement established.

2: 0–9 studies with good quality and high levels of agreement between them.

Second, limited evidence is currently available to indicate the assessment tool/diagnostic test accuracy of available forms of identification. In the absence of definitive information (or an established gold standard for attachment patterns), the economic model cannot form a link between the identification and intervention model.

In summary, comparing the theoretical framework required to model severe attachment problems with the parameter information available through systematic review suggests that a full economic model of cost-effectiveness is not currently feasible. However, given the limited evidence, the economic analysis can inform specific important components of the economic case for severe attachment problems; the next section presents the budget impact analysis based on constrained information available to provisionally inform the economic case for severe attachment problems.

#### Informing the economic case for severe attachment problems

In the absence of sufficient information to inform a full economic model of cost-effectiveness, this section utilises discrete components of the available information to inform the economic case for severe attachment problems by assessing the budget impact of detection and subsequent intervention.

The remainder of this chapter will present the available information to assess the budget impact of (1) detection and (2) intervention, and then this information will be combined to indicate the budget impact assessment of parenting interventions for severe attachment problems.

#### Budget impact assessment of providing identification strategies

As discussed, there are four key parameters providing information required to assess the budget impact of seeking to detect severe attachment problem. These are (1) classification of severe attachment problem, (2) the type of population studied and its size, (3) the prevalence (contingent on cohort profile) and (4) information on the assessment tool test (limited in this case to only resource information given the lack of a gold standard test to indicate sensitivity and specificity).

This budget impact assessment is limited to costs incurred and cannot consider cost consequences of the identification outcomes (i.e. the cost of false positives unnecessarily receiving treatment or the resource implications of false negatives going untreated).

The expected budget impact of screening strategies was assessed within the context of a Clinical Commissioning Group (CCG). Assuming that all children born in a CCG were to be screened at a certain age after birth (identified studies generally report prevalence of disorganised patterns of attachment after approximately 12 months), the number of screens per year would be equal to the number of births. Using an estimated birth rate of 12.26 births per 1000 population,²³⁹ this suggests that, for the UK population (63.2 million in 2013), the number of births in 2013 was 774,832. Assuming the average CCG in the UK covers 264,039 individuals,²⁴⁰ the expected cohort that could be screened in the general population would be 3237 newborn children within the average CCG.

Table 25 presents budget impact assessment of detection strategies aiming to identify disorganised patterns of attachment through screening of target population. This table presents the percentage of the general population targeted for screening, the expected number to screen (in our hypothetical average CCG), the total cost across this CCG, prevalence and number of children showing disorganised patterns of attachment expected to be detected assuming perfect accuracy (minimum–maximum) and, in combination, the expected cost per case detected.

In this review, the SSP is the most commonly cited procedure to assess patterns of attachment in infancy and information from the systematic review indicates an average cost of £29 to conduct this procedure. The total cost of running the screening strategy across the general population of a CCG would be £93,873. Assuming perfect assessment tool/diagnostic accuracy and for illustrative purposes that 3% of

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Severe attachment problem	Target population (percentage of general population)	Expected number to screen (per average CCG)	Total cost to CCG, £	Prevalence of pattern by target (minmax.)	Expected number of children showing problems detected (minmax.)ª	Mean cost per case detected (min.–max.), £
Disorganised attachment	General (100%)	3237	93,873	3%	97	968
Disorganised attachment	Middle class (25%)	809	23,461	13.0% (8–20%)	105 (65–162)	223 (77–363)
Disorganised attachment	Born into poverty (16%) ^b	518	15,022	37.5% (35–40%)	194 (181–207)	77 (73–83)
Disorganised attachment	Alternative caregiver (0.59%)	19	551	16%	c	184
Disorganised attachment	Maltreated (0.42%) ^c	14	406	48%	7	58
Max., maximum; min., minimum. a In the absence of sensitivity and s b World Development Indicators. ²⁴¹ c Maltreatment figures were not id 'alternative caregivers', as 72% o' would find a figure as high as 7%	Max, maximum; min, minimum. a In the absence of sensitivity and specificity, the number of cases detected is based on the assumption that the identification strategy is perfectly accurate. b World Development Indicators. ²⁴¹ c Maltreatment figures were not identified in the systematic review but are included purely for illustrative purposes. The population to be screened is define 'alternative caregivers', as 72% of children in alternative care had experienced neglect. ²⁴² This may omit other children identified by services as maltreated would find a figure as high as 7%; ²⁴³ however, the majority go undetected by any formal service.	detected is based on the w but are included purely d experienced neglect. ²⁴² undetected by any forma	assumption that for illustrative pr This may omit o I service.	the identification strated urposes. The population i ther children identified b	letected is based on the assumption that the identification strategy is perfectly accurate. but are included purely for illustrative purposes. The population to be screened is defined as a subset of children with experienced neglect. ²⁴² This may omit other children identified by services as maltreated and a retrospective survey ndetected by any formal service.	of children with pective survey

TABLE 25 Budget impact assessment of identification strategies to detect disorganised patterns of attachment

children born in the general population will exhibit a disorganised pattern of attachment, this strategy would detect approximately 97 individuals with disorganised patterns of attachment. The cost per case (assumed correctly) detected would be £968.

Subpopulations would seem to exhibit variation in prevalence rates and this could potentially form the basis for targeted screening strategies (i.e. target screening where prevalence is known to be elevated). Such strategies might reduce the overall cost by decreasing the total number of individuals requiring resources needed to perform a SSP. Although this would reduce the overall budget impact, there is no evidence to suggest that one subpopulation encompasses all the cases of disorganised attachment and, therefore, such strategies might not identify all potential cases present in the general population and this trade-off must also explicitly be considered. Further research may be required to specifically evaluate the accuracy of screening by subpopulation type.

Accepting these caveats, and based on the prevalence identified in the systematic review, the lowest estimated budget impact would be through targeting screening of children born into poverty (indicated prevalence associated with maltreatment indicates lower budget impact; however, this prevalence did not meet the inclusion criteria of the systematic review and should be treated with caution). Assuming that the percentage of most people in the low socioeconomic groups in the population correctly indicates the proportion of children born in poor families, this form of strategy could be expected to screen 518 individuals at a total cost of £15,022. With reported prevalence averaging 37.5% within this subpopulation, 194 individuals would be identified. This implies that the cost per case (assumed accurately) detected is £77. However, the estimated numbers of cases detected by screening the subpopulation 'born into poverty' yields a higher number than the total estimated using available general population prevalence data and, therefore, may indicate the level of uncertainty surrounding currently available prevalence figures. To validate whether or not such strategies are favourable, future studies may examine prevalence of disorganised attachment through general population studies and examine the marginal effect of poverty status on predicting cases of disorganised attachment (discussed further in Chapter 8). Table 26 presents budget impact assessment of detection strategies to identify attachment disorders through general population screening.

Based on the four studies of identification strategies, three studies were used to estimate the average cost of identification procedure for a RAD as £109 (omitting Equit and colleagues¹⁰¹ given the length of procedure reported indicates a full psychiatric assessment and not a specific assessment of an attachment disorder). Given that prevalence is found to be 1.4% in the general population, this would suggest that screening a general population sample of an average CCG would identify 45 cases. This would suggest that the mean cost per case (assumed accurately) detected is £7841.

Several limitations of this budget impact assessment need to be acknowledged and considered in further research priorities so that future estimates of cost-effectiveness can be estimated more accurately. Specifically, the assumption that:

- i. All tests are equal and have perfect precision is unlikely to hold and requires (a) more accurate definition of severe attachment problem classification defining a gold standard test, and (b) by severe attachment problem classification, that diagnostic performance be assessed versus the gold standard.
- ii. Underlying estimates of prevalence would be expected to be variable given unobservable factors (e.g. comprehensive risk profile, family size, temporal factors) and future research should make better use of advanced statistical methods to explain prevalence controlling for these various potential significant variables.
- iii. In real-world settings, not everyone who is at risk may be eligible for screening.
- iv. Overall, the quantity and quality of data are limited and therefore estimations of budget impact are primarily illustrative to provide an iterative basis to update from the currently available information.

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Mean cost per	diagnoses
	Number of expected
	Prevalence of
Total	cost to
Mean cost of	assessment/diagnostic
Expected number to	screen (per average
Target population	(percentage of general
	Disorder

TABLE 26 Budget impact assessment of identification strategies to detect attachment disorders

	diagnose
	disorder
Total	CCG, £
Mean cost of	assessment unagrosuc procedure (min.–max.), £
Expected number to	Sureen (per average CCG)
Target population	(percentage of general population)

7841 (6429-8571)

0

45

1.4%

352,833

109 (90-120)

3237

General (100%)

RAD

Max., maximum; min., minimum.

### Budget impact assessment of providing treatment strategies

The interventions for disorganised patterns of attachment vary in their different resource intensities by interventions types from four sessions of less than 1 hour with a mental health nurse, to weekly sessions with a psychologist for 1 year. Treatment programme costs range from £544 to £5226 and, on average, the cost is £2265 for a full course of treatment. Based on the assumption that the SSP perfectly predicts all cases of disorganised attachment, the estimated total cost to the average sized CCG is calculated.

With the number of cases of disorganised attachment patterns expected to range from three (screening alternative caregiver) to 207 (screening those born into poverty), the total costs of treatment strategies vary between £6887 and £469,377. In the absence of reported sensitivity or specificity of any assessment tool used in place of the SSP for disorganised patterns of attachment, these estimates do not account for the potential additional costs of treating individuals who screen false positive and the cost reduction due to not treating false negatives.

Only one study was identified aiming to treat RAD.¹⁸⁷ Given that 45 cases of RAD are expected across a CCG, the expected budget implication of this treatment strategy is £102,660 (again not taking into account costs associated with false positives and negatives).

# Budget impact assessment of implementing severe attachment problem programmes with clinical commissioning groups

Rolling out an interventions programme for severe attachment problems can be implemented either at a general population level or in more specific target groups. *Table 27* brings together the expected costs of identification and intervention of disorganised patterns of attachment.

For a general population programme for disorganised patterns of attachment in the average CCG (with a population size of 264,039 individuals), the cost of identification is £93,873 per year and subsequent treatment would cost, on average, £219,987, implying that the total cost to screen the general population and change disorganised patterns of attachment would approximate to £313,860 per year.

To justify this level of expenditure to satisfy the explicit decision rules of cost-effectiveness specified by NICE, screening and treatment of disorganised patterns of attachment would need to demonstrate an incremental cost per QALY threshold of between £20,000 and £30,000 (accepting these unlikely assumptions regarding treatment as usual) and identification plus treatment would need to produce between 0.1995 and 0.2993 QALYs over the lifetime of the child.

A budget impact assessment of CCGs strategically screening to subsequently treat RAD (the only available example for attachment disorders) indicates a total cost £455,493 to the CCG budget (*Table 28*).

		Budget implication required for treatment		
Disorder type	Target population	Cost of identification, £	Cost of subsequent treatment, £	Total cost, £
Disorganised pattern of attachment	General	93,873	219,987	313,860
Disorganised pattern of attachment	Middle class	23,461	238,245	261,706
Disorganised pattern of attachment	Born into poverty	15,022	469,377	484,399
Disorganised pattern of attachment	Alternative caregiver	551	6887	7438
Disorganised pattern of attachment	Maltreatment	406	15,223	15,629

# TABLE 27 Budget impact assessment of the cost of treating disorganised patterns of attachment by target populations

		Budget implication required for treatment			
Disorder type	Target population	Cost of identification, £	Cost of treatment, £	Total cost, £	
RAD	General	352,833	102,660	455,493	

The findings of this budget impact analysis should be interpreted with caution given the unrealistic assumptions made in the absence of good-quality evidence. There exist substantial heterogeneity issues underlying estimates of prevalence, intervention effect and the number of cases accurately detected through screening. The following points should be considered in light of this assessment and in consideration of future research:

- i. The QALY gain, while substantial, may be accrued over a lifetime (given that the programme would aim to potentially target infants). However, to make fair comparisons of the costs and benefits of different health-care programmes, conventionally these will be discounted over time at a rate of between 3% and 6%. *Time preference* is the economic theory underlying this procedure and is done to reflect individuals' preference to spend money on goods they will receive now as opposed to in the future. In applications to future benefits of intervention for attachment, the conventional discount rate will imply that benefit becomes negligible if extrapolated too far into the future (e.g. over 17 years if the applied time discount rate were 3%).
- ii. The estimated budget impact of the identification strategy presented here is based on the (optimistic and unrealistic) best-case scenario in the absence of assessment tool/diagnostic test accuracy and effectiveness data. To highlight the potential implications, consider the hypothetical (optimistic) notion that the test had a specificity of 0.95 with sensitivity of 1; this would imply that 5% of the 3140 newborns unlikely to have disorganised patterns of attachment would receive treatment unnecessarily. For the general population assessment previously presented, treating an additional 5% of the screened population inappropriately as a result of the rate of false positives would increase the budget impact to a CCG by £355,644, thereby increasing the cost per disorganised pattern averted to £12,767 and requiring further health gains to justify the investment.
- iii. The figures utilised to assess the budget impact do not currently include any potential cost offset as a result of an improved future prognosis and reduced service use. By averting future health-care needs, cost-consequences may be offset against the initial programme costs.
- iv. Adopting a wider societal perspective, wider cost offset may have budget relevance to the national exchequer. This may include impact on education, criminal justice and productivity within the wider economy. One important example found in the evidence base showed that treatment of RAD (as opposed to disorganised pattern, discussed above), has a positive cost consequence by reducing demand for foster care by appropriately treating the attachment disorder;¹⁸⁷ although this observed change was not found to be statistically significant, it is an example of a good methodological approach in this context.

# Conclusions

A decision model provides health service decision-makers with a tool aggregating relevant data to assess how resources directed at identification and intervention in severe attachment problems improve health-related quality of life. The systematic review of severe attachment problems reveals a vast research literature; however, applying the inclusion criteria to address the decision uncertainty reveals a paucity of relevant literature to reliably inform policy. Various fundamental issues remain to be addressed to ensure limited health-care resources are efficiently utilised to address severe attachment problems within the context of child mental health services, other early intervention services and also the wider health-care budget. A clear definition of attachment problems is required to ensure that appropriate individuals are targeted. At the present time, it is unclear whether this should focus on attachment disorders and/or attachment patterns (e.g. the disorganised attachment pattern). In the absence of more robust literature at the current time, this health-care market cannot be properly assessed.

The population within which to seek out relevant cases of severe attachment problems requires further consideration. Our provisional budget impact analysis would suggest that screening of the general population followed by intervention must be highly effective in producing health gains to justify the required expenditure. Screening at-risk cohorts may produce a more favourable budget impact; however, substantial numbers of cases may inadvertently be missed where 'risk' remains unclearly defined (further research is required).

The prevalence of severe attachment problems varies widely and identified prevalence studies are from a variety of countries. Further, country-specific research is required and future research should aim to control for confounding factors, which may be influential over prevalence estimates.

The attachment literature has an absence of research discussing assessment tool/diagnostic test accuracy as a result of the lack of consensus on gold standard measures (in the patterns research literature) or impending current change (for attachment disorders). Diagnostic/assessment practice in severe attachment problems can, therefore, be considered broadly unregulated, as the relative benefits of various procedures are unknown. Further research and consensus building is required.

The literature would indicate that the majority of the research efforts have focused on developing interventions and, as such, a variety of parental interventions exist. The resource intensity of parental interventions also varies widely and relatively little evidence would suggest whether or not variance in this intensity has a relationship to outcomes. Meta-analysis conducted in this review indicates that, on aggregate, those receiving intervention for disorganised attachment have 54% reduction in odds of displaying a disorganised pattern of attachment post treatment (short term) than those not treated. Only one study¹⁸⁹ had a follow-up of 12 months or longer (non-significant in the subgroup meta-analysis). However, if we can assume that the post-intervention effect observed in the overall meta-analysis might be sustained, the budget impact assessment presented here suggests that this change needs to equate to between 0.1995 and 0.2993 QALYs to justify the required expenditure.

To achieve this expected QALY health gain, the benefits of programmes for severe attachment problems would most likely have to be realised over a number of years. Research to date that has been reviewed to forecast these benefits is largely inconclusive on the causal links between severe attachment problems and future risk of psychopathology and/or developmental sequelae. Despite this deficit in empirical evidence, it cannot be concluded that the absence of evidence to inform cost-effectiveness is an evidence of absence of cost-effectiveness.

# **Chapter 8** Research priorities and value of information analysis

In this chapter we draw on the evidence from our systematic reviews exploring the various clinical aspects of severe attachment problems, including our main clinical effectiveness and cost-effectiveness review and our supplementary reviews exploring early assessment tools and outcomes of 10 years or more. We discuss the gaps or limitations highlighted in the review and also discuss attempts to develop a decision model. The available literature was not sufficient to populate a decision model framework (see *Table 24*). However, by summarising the identified gaps to inform the decision model framework, specific gaps in the evidence base are discussed in conjunction with the broader findings of the systematic reviews. The following sections highlight the evidence gaps identified in these ways. This, with PPI and expert input, then informs the recommendations for future research priorities relevant to both clinicians and policy-makers.

Despite a vast literature in the field of attachment, there are some important gaps when we examine the literature systematically. There are a large number of short-term and uncontrolled studies and a wealth of qualitative and theoretical papers. There is a relative lack of clinical trials and long-term follow-up studies concerning severe attachment problems. The following sections outline the gaps and limitations that were discovered through the course of this work.

### Gaps and limitations identified

#### Consensus on meaning of severe attachment problems

In order to be able to detect severe attachment problems it is necessary to be clear about what severe attachment problems are and how they are defined. There is no one entity which can be meaningfully called severe attachment problems. For the purposes of this review, it was decided to include disorganised attachment patterns and attachment disorders under this overall term. The systematic review showed that the literature includes many different coding systems and assessments. *Box 1* shows that when methods of assessing attachment patterns were compared, we found a number of papers using 30 different sets of nomenclature.

Furthermore, attachment disorder diagnostic criteria have recently been changed by the APA⁵⁶ and are currently being changed by the WHO.⁵⁵

Most studies that we found in our review that sought to compare attachment instruments did not include raw data. There is also a sparse literature on the relationship between the presence of disorganised patterns of attachment in infancy and the later incidence of attachment disorders. Indeed, it is not clear if a progression from one to the other is to be expected.

The PPI group suggested that difficulties in achieving consensus may be hampering more generalised helpful research into prevalence and subsequent developmental sequelae and long-term outcomes.

The use of disorganised attachment patterns and attachment disorders was agreed to be a helpful way of identifying severe attachment problems for practice and further study at the current time.

#### Measures and identification of children with severe attachment problems

Once we have clarification of definitions, validated assessment tools are necessary for use in clinical practice.

For developmental reasons, different assessment tools are necessary at different ages during childhood. When conducting our reviews many of the different mechanisms for naming or assessing attachment patterns had not been validated against the reference standard (the SSP) or against other instruments. There is very limited good-quality validation research and there were only two concurrent validity studies for measures with a disorganised attachment pattern comparing with any other instrument.

There was one concurrent validity study for DAD, but this was in a Romanian population who had lived in institutions.⁹⁵

Only one study⁹⁵ concurrently compared disorganised attachment patterns with attachment disorders, suggesting little correlation.

The QUADAS-2 was used to evaluate the quality of the assessment tools for patterns and disorders, and the results of this are shown in *Table 5*. The risk of bias for the included studies was rated as unclear or high for many of the studies across most of the bias domains, with the exception of the reference standard domain.

The frequency with which an unclear rating was used suggests that future studies in the area should more clearly report key methodological features that are likely sources of bias. Gaps included a lack of clarity about patient selection (e.g. being consecutively recruited) and a lack of blinded ratings. In addition, there was often limited clarity in statements about whether or not the index test and the reference standard were interpreted blind to each other, the length of time between the administration of the index and reference test, and a clear description of the flow of participants through the study.

Lack of consensus in bodies of literature for both patterns of attachment (measured in infancy) and the diagnosis of attachment disorder (measured in childhood) means that the gold standard approach is not standardised for either attachment patterns or attachment disorders. The task for both clinicians trying to make sense of the literature, and decision-makers considering allocation of scarce resources, would be rendered easier if the broadly expressed notion of 'attachment difficulties' is not used. Instead, disorganised attachment patterns and attachment disorders should be considered separately until such time that any clear link between them is found through further research evidence relating to each of these defined constructs.

#### Information on severe attachment problems within specific subpopulations

The existing attachment literature commonly studies phenomena in samples taken from subpopulations (e.g. the Minnesota study was based on children born into poverty²⁴⁴). There is a range of literature in this field. There is evidence from meta-analyses both that attachment behaviours are universally identifiable cross-culturally and that there are culturally determined influences,^{46,245} such as, for example, differences 'in the expression of maternal sensitivity and the manifestations of secure-base behaviour' (p. 81).⁸⁷

Some subpopulations were under-represented in this review (e.g. maltreated children). UK-specific research needs to be clearly defined for these reasons and also in informing UK policy.

These different subpopulations with differing rates of disorganised patterns of attachment may have implications in numerous ways, both clinically and for decision-makers, for example in areas such as cost of identification, clinical workloads, training needs, attrition rates, ethics, resource utilisation, clinical effectiveness and cost-effectiveness.

### Prevalence of severe attachment problems

Our supplementary review of outcomes of 10 years or more identified rates of severe attachment problems and we were able to draw from previous meta-analyses and research for wider prevalence figures. More work on the UK populations and subpopulations (both culturally and in at-risk groups) would generate more evidence.

### Long-term health outcomes

The relationship between early development of severe attachment problems – either disorganised attachment patterns or attachment disorders – and poor developmental outcomes is commonly cited in the attachment literature.²⁴⁶ However, research exploring outcomes of disorganised attachment patterns or attachment disorders of 10 years or over is very limited. Although we found studies exploring these attachment patterns, we found no studies with 10-year follow-up or longer that diagnosed an attachment disorder at baseline.

Although eight studies demonstrated long-term outcomes of disorganised attachment patterns in infancy that found associations with psychopathology in adolescence and young adulthood (e.g. the Minnesota study²⁴⁴), the study exploring psychopathology used a global measure of psychopathology and published no results looking at this in more detail or looking at specific disorders. With only the Minnesota study including psychopathology, no meta-analysis was possible. There were no high-quality long-term studies looking at other important outcomes such as educational attainment, criminality and productivity.

Having found limited evidence for 10-year outcomes, a supplementary scope has been carried out, exploring 5- to 10-year follow-up of children under 13 years of age who had a diagnosis of attachment disorder or a disorganised attachment pattern at baseline. This can be found in *Appendix 4*. Although this is not part of the systematic review, it shows mixed findings. For example, infant disorganised attachment predicts behaviour problems in preschool but not in school-aged children over several school years.⁴⁵ Some studies find an association with infant disorganised attachment and teacher-rated behaviour problems at aged 7 years for boys but not girls.²⁴⁷ These findings are mirrored in Fearon and colleagues' meta-analysis of attachment patterns at infancy and of subsequent externalising behaviour measured anything up to the age of 12 years.²⁴⁸ These show, for example, a combined effect size of d = 0.34 (p < 0.05) that is recomputed as d = 0.18 (95% CI 0.01 to 0.34) when 8 of 34 studies have data trimmed and filled to account for publication bias. As with the study by Hazen and colleagues,²⁴⁷ when genders are examined separately there is a negative association (d = -0.20) for girls between infant externalising problems and subsequent behaviour problems.

#### Intervention effects

Although there are numerous interventions that are described in the literature seeking to improve attachment patterns (see *Chapter 6*), only one study included in our review examined the clinical effectiveness of interventions for children with attachment disorders.^{187,188} This demonstrates that there are very few RCTs of parenting interventions for attachment disorders. The PPI group noted that many widely used therapies in the UK (e.g. Theraplay[®]) did not have RCTs that met the quality criteria for our review. Given that attachment disorders may be defined as extending to relationships with non-caregiving attachment figures, children with attachment disorders might benefit from direct work to help them in their wider social relationships, as well as work with caregivers; but this review not look for these.

Several studies demonstrated that parental interventions can improve attachment outcomes for children with disorganised attachment patterns. Eight intervention studies of disorganised attachment patterns were included in a meta-analysis indicating an OR of a post-treatment effect of 0.46 (95% CI 0.33 to 0.64; p < 0.0001).^{189,190,193–196,198,200,218} These studies were mainly short-term outcome studies for reducing rates of disorganised patterns of attachment seeking to improve attachment, with limited reporting of mental health outcomes. Of the pool of eight studies, only one study¹⁸⁹ had a follow-up of 12 months or longer, and that one study showed no significant difference at follow-up. The existing literature has not established whether or not current evidenced treatment for disorganised patterns of attachment have any sustained effect over time.

The Cochrane risk of bias tool¹⁷⁴ was used to assess the quality of the clinical effectiveness studies. This revealed that a majority of items were rated as either unclear or high risk of bias. For example, it was common to have selective and incomplete outcome reporting and no Consolidated Standards of Reporting Trials (CONSORT) statement.

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Given that most of the included studies focused on maternal sensitivity, there is a gap in trials exploring interventions for children with high levels of complexity and comorbidity.

#### Resource and cost-effectiveness information

Despite many potential interventions, only two papers included an economic evaluation of interventions: one assessed an intervention for foster parents of children with attachment disorders^{187,188} and the other assessed a parent group intervention called Right from the Start.¹⁷⁵ These did not include long-term health outcomes or developmental sequelae. Both studies deliver an economic analysis describing the cost-effectiveness of the intervention. Neither study attempted to extrapolate the potential benefits beyond their study or attempted to indicate the generic health gains from treatment of their respective problems (e.g. QALYs).

In describing the gaps in the research when considering the decision model, it is pertinent to consider a value of information analysis.

# Value of information analysis and informing future research priorities

This review would have ideally liked to have undertaken a formal value of information analysis. Value of information²⁴⁹ analysis attempts to evaluate the opportunity cost that arises from making an incorrect decision (such as choosing a suboptimal intervention strategy) because of inadequate current evidence. This would be useful in this field because many clinical units use interventions that have no RCTs to support their use at the current time. The value of information analysis informs whether or not future research is worthwhile (i.e. what is the potential 'payback' of expenditure on research?).

However, as discussed in previous chapters, the current evidence base to inform health economic decision-making relating to service provision for severe attachment problems is very limited. Therefore, the current evidence has not allowed for the development of a comprehensive decision model or the probabilistic framework to carry out a value of information analysis.

### **Description of future research priorities**

The combination of the results of the systematic reviews, and particularly the gaps identified by the reviews and the attempt to construct a decision model, were considered by our PPI group and steering group experts. These led to a series of suggestions about research priorities.

# Priority 1: recommendations for clarifying the meaning of 'severe attachment problems' and developing consensus on assessment tools to be used

Attachment patterns are different from attachment disorders. Within attachment patterns, disorganised attachment can be regarded as a severe attachment problem, as insecure categorisation has not been found to be useful predictively to identify with which children to intervene.^{250,251} In order for clinicians to know which groups will benefit from intervention, there needs to be a reliable and valid way of identifying those groups. A consensus needs to be established about a limited number of validated assessment tools. Without this fundamental agreement, it is not possible to establish long-term outcomes, clinical effectiveness and cost-effectiveness studies or subsequent potential screening programmes.

We have reviewed studies that screen for and attempt to treat attachment disorders such as RAD/DAD. Our review has indicated that there is limited evidence around attachment disorders, indicating that this is a neglected area of research. Changes in RDC by DSM-V⁵⁸ and ICD-11⁸⁸ complicate this by revising definitions. As with disorganised attachment, a consensus needs to be established about a limited number

of validated assessment tools for RAD and the newly coined disinhibited social engagement disorder in DSM-V. At the current time, the DSM-V guidelines specify that the disturbance must be evident before the age of 5 years, which may limit research in older children. However, once new RDC are defined and established, they will form a good starting point for future identification and follow-up research. One example of a way to approach this is to use an international Delphi expert consensus.

Future studies should have sufficient information collected and reported to ensure that each item of the QUADAS-2⁹² (or equivalent) can be assessed. They should report the performance of the screening measure at pre-determined time points to prevent the post-hoc selection of cut-off points, and so that future modelling can examine the effect of different balances between sensitivity and specificity for a particular assessment tool. Raw data should be included in reports so that future systematic reviews and meta-analyses can adequately and objectively assess and compare the literature. In addition, studies should report sufficient data to allow calculation of test accuracy data. Finally, in terms of reporting, studies should provide information such as the typical duration of administration, and the level of training required to deliver the test. This information would prove useful for the cost-effectiveness analysis [*see Priority 3: randomised controlled trials of interventions (clinical effectiveness and cost-effectiveness)*].

A progression has been noted from an early disorganised attachment to a compulsive caregiving or coercive controlling behavioural pattern.¹⁴⁷ Future trials should more closely examine the relationship between early attachment measures and subsequent attachment measures, as these need to be different at different ages.

### Priority 2: recommendation for prevalence and long-term outcome studies

Only four studies that met our review criteria reported on outcomes of 10 years or more for infants with identified disorganised attachment patterns at inception^{45,151–153} but with limited high-quality reporting of outcome data. There were no papers reporting on the outcomes of attachment disorders over this time course.

The research literature has not as yet elucidated whether disorganised attachment is a causal factor of later psychosocial difficulties or, as is more likely, a probabilistic indicator among a number of factors. Although the attachment literature commonly makes reference to a range of potential adverse associations with attachment disorders or disorganised attachment patterns, including entry into care, psychosocial development, educational attainment, adolescent psychopathology, adult psychopathology and adult criminality, we found little robust evidence to populate a decision model. There needs to be more scientific research to corroborate or refute the hypothesised associations against agreed measures of attachment at baseline.

There is a need for a thorough long-term cohort study to identify children with severe attachment problems in adequately powered samples (ideally using a gold standard method) that provides the basis to follow them up in the long term. The Minnesota study²⁴⁵ and the National Institute for Child Health and Development (NICHD) study²⁵² are two good examples of cohorts that yield sequentially useful research. Long-term implications may be best observed through incorporating standardised measures into established longitudinal samples, such as birth cohort studies.

As we have shown, prevalence of disorganised attachment patterns goes up when children face adverse experiences. Any cohort research needs to carefully explore predisposing factors and genetic and environmental influences (e.g. from a systematic review that considers them) as they map onto attachment patterns over time.

Research of this nature will also add to the prevalence literature. The notion that the prevalence may be increased owing to features within subpopulations will require further research. The provisional budget impact analysis (see *Chapter 7*) suggests that strategies targeted at specific subpopulations may be of benefit. The prevalence parameter is important in evaluating the incremental costs and benefits of

screening and intervention against usual care. The potential impact of uncertainty in this parameter was illustrated examining the implications of variation in the prevalence within the various subpopulations. As current prevalence of disorganised attachment estimates vary from 3%¹⁵⁵ (in the general population) to 37.5% (as indicated in studies of 'children born into poverty'), underlying prevalence is shown to affect the potential budget impact of related potential identification and treatment strategies. For a UK decision model to be better informed, future research needs to ensure that (1) identified prevalence is country specific (in this case, relevant to the UK); (2) population sampling relates to potential types of service demand; and (3) prevalence is estimated (ideally using a gold-standard tool) in sufficiently powered samples.

The integration of natural history findings into a large longer-term cohort in the UK would be of benefit. For example, it would allow consideration to be given to continuity and maintenance of attachment security, subsequent maternal sensitivity and later child development, as well as risk factors, mediators and moderators such as self perception,²⁵³ emotion regulation,²⁵⁴ parental well-being,²⁵⁵ family social support,²⁵⁶ parental conflict,²⁵⁷ maltreatment²⁵⁸ and other relevant factors.

# **Priority 3: randomised controlled trials of interventions (clinical effectiveness and cost-effectiveness)**

Before consideration can be given to screening, we need to know whether or not interventions can alter outcomes. Screening is to be of value only if those identified as at risk can be offered an intervention that will reduce the risk of problematic outcomes.

Of the 30 studies^{129,175–178,180–186,188,189,191,194–196,198,200–203,205–208,211,212,218} identified in *Chapter 6*, 17 interventions from 13 studies^{129,133,180,189–191,193–200,202–204,208,209,218} were included in a meta-analysis to assess the intervention effect on secure attachment. Of these 17 interventions, eight studies^{189,191,194–196,198,200} were included in a meta-analysis to assess the intervention effect on disorganised attachment. We found only one study that examined the clinical effectiveness of treatments for attachment disorders^{187,188} and were unable to perform a meta-analysis as a result. Definitive RCTs would be required to demonstrate clinical effectiveness and cost-effectiveness in this group and provide a potential basis for extrapolating longer-term benefits of treatment.

When considering disorganised attachment patterns, there is interesting evidence of treatment effects when studies are targeting maternal sensitivity and its expression in mother-child interaction to change attachment patterns. While the paucity of alternative interventions might point to the need for research in this area, our PPI groups believe maternal sensitivity and mother-child interaction to be a fruitful area for continued research. Most parental intervention research has been conducted with the female caregiver and the most promising research in our meta-analysis is focused around the mother-child dyad. The primary caregiver may be male or female and, therefore, further work with male caregivers should be conducted. Although work with the male caregiver is sparse, it is also a complex area given the variety of different at-risk groups associated with severe attachment problems, ranging from supportive but vulnerable caregivers to abusive caregivers. There is not enough research in these different areas with female and/or male carers to comment further on this. Interpretation of the meta-analysis results suggests that prenatal interventions may be able to reduce disorganised attachment, possibly as a result of identifying at-risk families early. Further research here would be productive. Video-feedback research was promising, as was research that did not use video feedback. The PPI group was very positive about the use of constructive video feedback as a helpful tool. Further research could directly compare an intervention with or without video feedback using mixed methods including qualitative analysis and cost-effectiveness analysis. Some experts and PPI members also pointed out that, if early intervention had not been possible, or had not happened for any reason, we need to have treatment trials with older children. As some children with disorganised attachment patterns in infancy may progress on to compulsive caregiving and coercive controlling behaviours,^{21,24} there needs to be more research, not only in understanding this progression, but also in the clinical effectiveness and cost-effectiveness of the interventions for these groups. In such studies there would need to be better understanding of aetiologies, including the relationship to earlier patterns of attachment and life experiences that would be helpful in the

testing of the effectiveness and cost-effectiveness of interventions for these groups of older children. Furthermore, the wealth of evidence on the effectiveness of maternal sensitivity work is encouraging, but is it likely to be a useful intervention in children with severe attachment problems with high levels of past traumas and comorbid behavioural and developmental problems? Additional therapeutic options directed at children with more complex problems and comorbidities should also be tested in RCTs.

To avoid bias, adequately powered RCTs using appropriate measures would be needed. The quality of trial design identified by our quality assessment tool demonstrates the need for improved quality of methodological design. This includes clear identification of children at baseline, a series of high-quality baseline measures, and taking steps to reduce bias, with clear prospective identification of outcome measures in health, mental health, education and social outcomes. There need to be multiple studies in order to reduce decision uncertainty. Future studies should also include clear CONSORT statements.

As far as cost-effectiveness is concerned, future research of severe attachment problems needs to acknowledge the scarcity of resources in the health system and that an opportunity cost will always exist when deciding where to allocate a limited health budget. All future research in the field needs to have good resource information identified in published work. There should, for example, be clear descriptions of intervention procedures detailing any personnel time required to perform a procedure and (where applicable) provide a comparison to resources required within routine care. Furthermore, as various procedures will have cost consequences for the health system, for related sectors or within the wider economy, future research should also include tools to measure changes in (1) health service utilisation, (2) non-health service use and (3) wider societal impact (e.g. criminality, levels of informal care or productivity). This information will be informative to improve future evaluation of cost-effectiveness (of identification or interventions). Through the inclusion of these forms of information in future research, emerging evidence will be equipped to inform both the clinical effectiveness and the cost-effectiveness of interventions for severe attachment problems.

The expert group pointed out that many CAMHS are stretched with limited resources, and that effective short-term interventions will be attractive compared with many of the long-term or intensive options currently being used. It is only by including resource usage and cost-effectiveness elements that we will be able to answer important resource allocation questions in order to plan service provision.

One key finding is that despite very large numbers of papers in the field of attachment there are very few that allow economic evaluation and none that have attempted to measure QALYs. This is a large gap that requires attention in future research. This means that studies that use instruments such as the European Quality of Life-5 Dimensions-Youth version (EQ-5D-Y),²⁵⁹ the Health Utilities Index (HUI-2)²⁶⁰ or instruments designed for use in child mental health settings, which enable the calculation of QALYs, would be helpful. There needs to be work that begins to better understand what any meaningful clinical gain means in terms of a QALY for this group.

To summarise, as there is a powerful need to develop clarity around interventions that can be used in robust clinical effectiveness and cost-effectiveness research, the focus on parental sensitivity within the dyad of the primary caregiver and child (for disorganised attachment patterns) would appear to be the most promising focus (with statistically significant improvements on meta-analysis) at the current time. There is a need for more good-quality RCTs of interventions treating children diagnosed with attachment disorders or those at high risk such as those in adopted or foster care.

### **Summary**

Our main systematic review and supplementary reviews provide insights that suggest a number of research priorities. A cohort study would address these gaps by allowing good methodological research with sequential attachment measures alongside gold standards and good baseline epidemiological and risk factor information. This would enable UK-based outcome research with outcomes across health, developmental, educational and social domains. It would also allow for embedded RCTs with robust elements of resource utilisation and cost-effectiveness to allow for the calculation of QALYs.

Alongside the important area of clinical effectiveness and cost-effectiveness (priority 3), we need to know which children require interventions and when. For this to be clearer, future research could usefully focus on the natural history in terms of long-term outcomes (priority 2).

Research communities and clinical networks need to be clear about what is being measured and find a common way of measuring it. There is a need to adopt the most methodologically robust assessment tools (from a large pool of available and unvalidated instruments) to identify previously unidentified severe attachment problems. As noted by our PPI and expert groups, current attachment disorders classification systems are undergoing change, and the existing coding identified for attachment patterns (see *Box 1*) shows multiple different approaches to nomenclature and subcategorisation. Once we have clarity of nomenclature, definition and assessment, it will be a more straightforward task to follow up different at-risk populations and better understand the mid- to long-term consequences. At the current time there is very little evidence for long-term outcomes (10 years or more) of attachment disorders. Once we understand outcomes, we can carry out methodologically robust trials of interventions that permit high-quality clinical effectiveness and cost-effectiveness analysis alongside the calculation of QALYs. It will be appropriate to answer these more fundamental research questions before trials of screening are undertaken. Carrying out high-quality research in these fundamental areas will allow for the development of decision modelling, which in turn will lead to improved policy decisions.

# Chapter 9 Discussion and conclusion

# **Statement of principal findings**

The principal findings are as follows.

### **Objective 1**

To identify the range of intervention programmes that are designed for parents of children with severe attachment problems.

Thirty-nine papers documenting 30 intervention studies were found in our main systematic review. Only one study included children with an attachment disorder.^{187,188} These interventions included a variety of techniques for enhancing a secure attachment pattern or changing a pattern of disorganised attachment and are discussed in *Chapter 6*.

### **Objective 2**

To examine the clinical effectiveness of intervention programmes designed for parents of children with severe attachment problems.

In a meta-analysis of eight interventions (12 papers),^{189–191,193–200,218} we found an overall statistically significant effect size for reducing disorganised attachment patterns. The main focus of this work was improving maternal sensitivity. A meta-analysis of 17 interventions across 13 studies (19 papers)^{129,133,180,189–191,193–200,202–204,208,209,218} showed a statistically significant overall effect size in secure attachment (see *Appendix 6*). All of these studies were measuring attachment patterns over the short term (mainly less than 1 year). There were limited data describing secondary outcomes using validated instruments, and a meta-analysis examining these outcomes was not possible.

#### **Objective 3**

To examine the cost-effectiveness of intervention programmes designed for parents of children with severe attachment problems.

Only two clinical trials included an economic evaluation of the interventions. One assessed an intervention for foster parents of children with attachment disorders^{187,188} and one assessed a parent group intervention called Right from the Start.¹⁷⁵ Both studies delivered an economic analysis describing the cost-effectiveness of the intervention. Neither study attempted to extrapolate the potential benefits of treatment beyond their study. No attempts were made to indicate the generic health gains or health utilities from treatment of their respective problems.

#### **Objective 4**

To identify research priorities for developing future intervention programmes for children with severe attachment problems, from the perspective of the UK NHS.

From researching these various and vast areas of attachment literature we have suggested some future research priorities based on the gaps found by the current review (see *Chapter 8*).

### **Objective 5 (supplementary review 1)**

To review the methods of assessment and/or diagnosis of attachment problems and/or disorders.

The review identified 33 studies^{24,25,47,50,52,93–122} that examined the development of an assessment tool for attachment patterns (n = 27) or a diagnostic tool for attachment disorders (n = 8).

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There was one concurrent validity study for DAD, in a Romanian population,⁹⁵ showing good concurrent validity for the DAI.

We examined the relationship between the best known and most widely used reference standard, the SSP, and numerous other instruments. We found a diverse nomenclature for categories of attachment patterns. Several different assessment tools for disorganised attachment patterns were identified. Two studies that carried out concurrent validity for the strange situation procedure found good sensitivity but poor specificity.

### **Objective 6 (supplementary review 2)**

To examine the 10 years or more outcomes among children with severe attachment problems and collect prevalence information from these studies.

Eight papers were found that measured a disorganised pattern of attachment at baseline (no studies diagnosed an attachment disorder at baseline).^{189,191,194–196,198,200,218} These were linked to outcomes at a follow-up of 10 or more years later to inform health economics analysis and to supplement existing information from systematic review about short-term outcomes.²⁴⁸ Given that our main review contained short-term outcomes, we also chose to widen the focus to long-term outcome information to help inform health economics models. Our expert/PPI group agreed a 10-year follow-up to ensure that infants reached the age of 10 years or older. To supplement the previous meta-analysis findings that include some studies with short-term outcomes of attachment,^{23,248} we limited this review to studies that had conducted a measure of attachment containing a disorganised attachment pattern or a diagnosis of attachment disorders at baseline.

We found one study suggesting an association between disorganised attachment patterns at baseline and overall psychopathology rating using a validated semistructured questionnaire at the age of 17 years.⁴⁵ This used a global rating scale and did not specify types of psychopathology. There was also a weak association with borderline personality disorder in young adults,¹⁵³ which lost its significance when included with maternal hostility and other factors in a regression analysis.

# Limitations

The results of the current review should be interpreted in the light of its limitations.

Any systematic review is limited by its own boundaries. The vast literature in this area means that we needed to put in place clear, high-quality criteria. This is a strength and a weakness. It allows only high-quality research to be included but excludes research that may have a contribution to make in a narrative of the wider literature. However, this latter literature is so vast that it makes high-quality review standards essential to ensure that the conclusions of the smaller number of high-quality studies are not lost among a much larger, but potentially more limited, literature.

Our review, and particularly elements of the first supplementary review (see *Chapter 4*), was limited by differences in the classification systems used which created problems in consolidating the results, performing meta-analyses and choosing, with any degree of certainty, which baseline characteristics were worthy of follow-up. We chose disorganised attachment patterns and attachment disorders (defined in *Chapter 1*), as most closely approximating the notion of severe attachment problems, in discussion with our experts and PPI groups, and as having the best evidence on which to base a systematic review at that point. As this evidence is limited, it remains to be seen in future work whether or not other options emerge as being more promising.

It is important to bear in mind that examination of attachment across the age span must take particular account of three important aspects. First, the type of assessment which is appropriate to assess attachment patterns varies with age: in infancy and young children the assessment focuses on the behaviour; in middle

childhood the focus changes to assessments of representations/internal working models; and in adolescence and adulthood the focus of the assessment is coherence. These different types of assessment require different assessments tools and with them, to some extent, different classifications (although the established secure, insecure avoidant, insecure resistant/ambivalent and disorganised patterns underlie many of the classifications). Second, consistency or stability of attachment pattern over time is not always expected, as a change in the child's caregiving experience may bring about a change in attachment pattern. Systematic reviews will have great difficulty in discerning the relative influences of developmental age and experiences (e.g. a change in the caregiver) from variation produced by definition or measurement. Third, disorganisation may continue and be identified by assessing representations/internal working models. However, the behavioural manifestations in older children may progress to other patterns (e.g. the proposed coercive controlling or compulsive caregiving patterns).^{21,24} We coped with this by focusing on concurrent validity when two measures were conducted at the same time and looking for good-quality predictive validity studies, and this represents a limitation. Considerably more work in this area is needed, and some of this may allow for pathways of continuity to be better understood by means of such comparative work. Longitudinal studies with multiple measures may also help.

Choosing a 10-year follow-up limited the number of studies regarding attachment disorder outcomes in our second supplementary review. The choice of 10 years allows for a good understanding of longer-term outcomes, but may have restricted an understanding of important outcomes only discernible across shorter time scales. Other reviewers have explored these shorter-term outcomes,^{147,248} and this was not the main focus of our work. It is our opinion that the very large natural history literature warrants a systematic review of its own given the time and financial resource limitations to any given piece of work.

There are some long-term follow-up studies that have produced a number of papers that do not meet our inclusion criteria for the supplementary review for a number of reasons. Some of these are listed in *Appendix 5*. Reasons include the fact that the paper might have described measuring disorganised attachment at inception but not reported it when exploring outcomes, or that the researchers either did not include a disorganised attachment assessment at baseline or reported any relevant outcomes of 10 years or more.

There is some evidence from the research that attachment patterns may influence whether or not children go on to have behaviour disorders.^{153,248} There is a vast literature on attention deficit hyperactivity disorder,²⁵⁹ oppositional defiant disorder and conduct disorder²⁶² that includes a number of parental intervention studies.^{263,264} These would have been included in our systematic review had attachment measures been used. The vast majority of these studies do not include attachment measures. They measure behaviours of conduct or emotions, or other factors/variables.

We found that ethnic minority groups are under-represented in reviewed papers, with most studies having taken place in the USA. Van IJzendoorn and colleagues⁴⁶ found that attachment is a cross-cultural concept with 'cross cultural validity',²⁶⁵ and so we have included attachment work from around the world. There are, however, some cultural differences,⁴⁶ and so this review needs to be treated with caution when we are analysing results for a multicultural UK population. Furthermore, policy decisions in different parts of the world may have a large impact on attachment; for example, fostering and adoption policies vary greatly between countries.⁹⁸

The main review was limited by the available evidence and the boundaries of the review. There are likely to be a wealth of interventions that have never been tested in a RCT. Most of the interventions that we identified in our review related to maternal sensitivity delivered in the home or in a clinic. Some institutionalised²¹⁹ children with highly complex presentations are likely to need considerably more complex interventions. These will need to be the subject of RCTs. The fact that we are exploring parenting interventions naturally excludes organisational or systemic interventions. While this is a limitation, it does provide a clear focus for this review.

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The commissioned review focused on 'severe attachment problems'. What constituted this group was discussed extensively at our steering group meetings. We originally intended to review the insecure attachment group, but recent comprehensive evidence shows that insecure attachment occurs at about 35% in the general population.⁸⁷ The steering committee took the view that this could not be considered at the severe end of the attachment problems scale. Disorganised attachment, which occurs at much lower rates, and attachment disorders both had some evidence of subsequent psychopathology, and the steering group, including experts and PPI representatives, agreed that severe attachment problems should be defined as an umbrella term encompassing both attachment disorders (from either WHO or APA) and disorganised attachment patterns on testing. This would not be considered a very small number, as disorganised patterns of attachment occur at a level of approximately 3%¹⁵⁵ in the general population and 37%¹⁵² in an at-risk population (e.g. high levels of poverty) which would be likely to be typical of a target group for interventions.

Systematic reviews with meta-analyses are often employed in the context of disorders or diseases. Attachment disorder is one such categorically defined disorder. Attachment patterns, however, are not diseases or disorders, and there is a question about whether or not this methodology is an appropriate one. On the one hand, conducting a systematic review leaves to one side some important qualitative studies, but, on the other hand, it allows us to explore studies with clearly defined methodological parameters.

# Implications for practice

This review shows good evidence for interventions in infants within high-risk groups who have or may be vulnerable to severe attachment problems. These groups include parents with low SES, homelessness, adolescent mothers, mothers with mental health problems, children with low birthweight, children in foster placements, adopted infants and children with high levels of reported infant irritability. It suggests that interventions focusing on maternal sensitivity are able to achieve significant change and work well if applied early in the infant's life. Several different programmes that include maternal sensitivity work were identified by our review and included the COS-4 programme,¹⁹⁶ the ABC programme^{193,194} and other research that has used video feedback work.^{195,218} Maternal sensitivity programmes not using video feedback were also identified, such as TPP,²⁰⁰ the UCLA FDP intervention^{190,191} and other research carrying out maternal sensitivity work without video feedback during home visits.^{189,197,198}

Parenting work with the foster carers of children with attachment disorders has also been fruitful.^{187,188}

The review suggests that having a disorganised attachment pattern as identified by Main and Solomon⁴⁴ in these high-risk groups of infants represents a useful predictor of later psychopathology.¹⁴⁷

The Department of Health's HCP (previously named the Child Health Promotion Programme or CHPP)^{71,266} seeks to adopt an integrated approach to support for children and families⁶¹ and states that effective implementation of the HCP should lead to 'strong parent–child attachment and positive parenting, resulting in better social and emotional well-being among children'. The goal to 'enhance the life chances for young children growing up in disadvantaged neighbourhoods'²²⁸ holds healthy attachments as important in this endeavour.²²⁹ Another implication for practice, therefore, is to find better ways of bringing attachment into the evaluation process,²³⁰ as while attachment is a valued concept that is cited frequently in policy documents,^{69,82} it is not always identified specifically in lists of 'strong predictors' of children's life chances.⁸² Integrated working between practitioners, policy-makers and researchers is likely to be productive.

Recent funding for the children and young people's IAPT initiative includes attachment theory in the clinical training curriculum and parenting work for parents of 3- to 10-year-old children with oppositional defiant disorder and conduct disorder.⁷⁷ However, the management of behaviour problems has a different

focus from increasing caregiver sensitivity. Evaluation of these elements will prove fruitful from an attachment perspective. The independent PPI group discussed these initiatives in the light of our attachment review with a strongly held collective view about the importance of continuing to develop the policy and practice of early intervention work. There was some discussion about how better to identify and support vulnerable families prenatally or shortly after birth, and a belief that interventions early in childhood should continue to receive robust support.

### Implications for research

The limited evidence we have identified suggests that there are a number of areas of uncertainty and a need for future research to reduce this uncertainty. Full details of the recommended research priorities were given in *Chapter 8*; the main points are summarised here.

Recent changes in definitions of attachment disorders need to be understood by the clinical and research community. There are a limited number of well-validated assessment tools for disorganised patterns of attachment and attachment disorders, and further work is needed to improve this situation. Better agreement of existing tools and nomenclature is required, possibly using a Delphi consensus. This fundamental work on consistency and validity of nomenclature, identification and assessment will become a bedrock on which good-quality outcome and intervention research can thrive.

More good-quality long-term studies are needed to look at children with severe attachment problems and explore outcomes including child and adult psychopathology, educational outcomes, criminal outcomes and future health and social care usage. This should include continued research to identify populations at greatest risk of poor outcomes. Further clarity is required regarding the relationship between early attachment problems and later psychosocial difficulties, specifically where the relationship is causal, or an association is based on common causal factors. A large cohort would allow this to happen in a UK context with multiple and sequential assessment and outcome measures.

Randomised controlled trials of intervention research, including cost-effectiveness, are required for attachment disorders. Further research using RCTs to reduce disorganised attachment patterns needs to take place to build on the existing literature. This needs to be of higher quality (including clarity of identification and high-quality follow-up, with better and more broadly based outcome measurement and with cost-effectiveness). Intervention RCTs that seek to prevent poor outcomes should include economic evaluation to permit the calculation of QALYs.

# **Acknowledgements**

### **Contributions of authors**

**Barry Wright** had overall responsibility for the project, chaired the steering group meetings, supervised the trial co-ordinators and took primary responsibility for the drafting of the report.

**Dominic Trépel**, **Shehzad Ali** and **Stephen Palmer** contributed to all aspects of the economics sections. **Dominic Trépel** took primary responsibility for the drafting of the economic chapters.

**Victoria Allgar** contributed to all aspects of the statistical analysis, with support on *Chapter 4* from **Laura Manea**.

Lucy Cottrill, Melissa Barry and Ellen Hughes were sequentially trial co-ordinators for this study.

**Steven Duffy** (information specialist) and **Julie Glanville** (information specialist) contributed to all aspects of the search strategy. **Steven Duffy** carried out the literature searches.

Jenny Fell and Lisa Hackney contributed to the screening, data extraction and drafting of all systematic reviews.

**Danya Glaser** and **Vivien Prior** provided expert attachment advice throughout the project and contributed to drafts of the report.

**Clare Whitton** additionally contributed to *Chapter 4*.

**Amanda Perry** and **Dean McMillan** provided advice throughout the project on systematic review methods and contributed to the writing of the report; they also supervised junior review staff.

**Simon Gilbody** helped to structure the report, particulary the sections on methodology and quality assessments.

All of the authors contributed to and commented on the report, with particular support from **Ellen Hughes**, **Danya Glaser**, **Vivien Prior**, **Dominic Trépel**, **Melissa Barry** and **Amanda Perry**.

### **Other contributors**

We would like to thank the expert advisory group and the PPI groups for their contribution at all stages of this report. We would particularly like to thank Sharon McNeil and Amanda Boorman for taking the lead on the PPI work, attending steering group meetings and commenting on report drafts at different stages. Helen Minnis provided additional expert advice at the steering groups and focus group meetings.

We would also like to thank David Marshall and Catherine Arthurson for helping in the production of this report and primary study authors for responding for our requests for information.

Lucy Cottrill, Melissa Barry, Amanda Perry, Jenny Fell, Ellen Hughes, Lisa Hackney, Lauren Bridges and Christopher Thain were responsible for study selection, data extraction and validity assessment. Isobel Barlow and Lisa Hackney contributed to additional searches and data extraction.

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Liz Littlewood, Stephen Palmer, Rachel Richardson, Sophie Bennett and Danielle Moore provided support in the development of the protocol and membership of the steering group alongside all of the other members mentioned above.

# **Data sharing statement**

Full information of all aspects of the trial is available on request from the corresponding author.

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## Appendix 1 Full search strategy

## Assessment/diagnosis search strategies

#### PsycINFO (via OvidSP)

Date searched: 1806 to week 1, January 2012.

Date of search: 6 January 2012.

A total of 3776 records were retrieved.

- 1. attachment behavior/ (13,469)
- 2. attachment disorders/ (370)
- 3. attachment theory/ (885)
- 4. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (4327)
- 5. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2562)
- 6. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (3582)
- 7. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (7456)
- 8. or/1-7 (17,172)
- 9. exp measurement/ (233,204)
- 10. (sensitivity or specificity or predictive value\$ or accurac\$ or measurement\$ or assess\$ or diagnos\$).ti,ab. (677,817)
- 11. 9 or 10 (793,368)
- 12. 8 and 11 (5273)
- 13. (comment reply or editorial or letter or reprint or "review book" or "review media" or "review software other").dt. (221,270)
- 14. (animal or animals or rat or rats or mouse or mice or hamster or hamsters or dog or dogs or cat or cats or bovine or sheep or ovine or pig or pigs).ab,ti,id,de. (232,200)
- 15. 12 not (13 or 14) (4926)
- 16. (infancy 2 23 mo or neonatal birth 1 mo or preschool age 2 5 yrs).ag. (113,808)
- 17. (adolescence 13 17 yrs or childhood birth 12 yrs or school age 6 12 yrs).ag. (524,966)
- (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (504,891)
- 19. (boy or boys or girl or girls).ti,ab. (69,790)
- 20. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (190,092)
- 21. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (38,372)
- 22. exp Parents/ (62,079)
- 23. exp Parenting/ (64,945)
- 24. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (242,087)
- 25. Dyads/ (3998)
- 26. dyad\$.ti,ab. (18,706)
- 27. (attunement or (representation\$ adj2 model\$)).ti,ab. (1587)
- 28. exp Child Neglect/ or exp Child Abuse/ (21,046)
- 29. exp Foster Children/ or exp Foster Care/ or exp Foster Parents/ (4034)

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- 30. exp "Adoption (Child)"/ or exp Adoptive Parents/ (2891)
- 31. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (104,195)
- 32. (foster\$ or adopt\$).ti,ab. (69,814)
- 33. or/16-32 (955,446)
- 34. 15 and 33 (3776)

## MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations

## (via OvidSP)

Date searched: 1946 to week 4, December 2011.

Date of search: 9 January 2012.

A total of 699 records were retrieved in MEDLINE, and 28 in MEDLINE In-Process.

- 1. Reactive Attachment Disorder/ (296)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1100)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2250)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (842)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (1795)
- 6. or/1-5 (4718)
- 7. (sensitiv\$ or diagnos\$).mp. or di.fs. [HEDGES diagnostic filter] (3,362,246)
- 8. 6 and 7 (981)
- 9. animals/ not (animals/ and humans/) (3,548,684)
- 10. (letter or editorial or comment or news or newspaper article).pt. (1,231,519)
- 11. 8 not (9 or 10) (925)
- 12. exp Child/ (1,40,0869)
- 13. exp Infant/ (854,319)
- 14. Adolescent/ (1,434,825)
- 15. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,125,683)
- 16. (boy or boys or girl or girls).ti,ab. (136,911)
- 17. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (214,069)
- 18. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (60,337)
- 19. exp Parents/ (60,696)
- 20. exp Parent-Child Relations/ or Parenting/ (45,480)
- 21. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (520,407)
- 22. dyad\$.ti,ab. (7450)
- 23. (attunement or (representation\$ adj2 model\$)).ti,ab. (692)
- 24. Child Abuse/ (15,437)
- 25. Foster Home Care/ (2730)
- 26. Adoption/ (3984)
- 27. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (101,116)
- 28. (foster\$ or adopt\$).ti,ab. (116,855)
- 29. or/12-28 (3,282,233)
- 30. 11 and 29 (699)

## EMBASE (via OvidSP)

Date searched: 1974 to week 1, 2012.

Date of search: 10 January 2012.

A total of 902 records were retrieved.

- 1. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1565)
- 2. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2670)
- 3. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (1148)
- 4. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (2513)5. or/1-4 (5956)
- 6. (predict\$ or specificity).tw. or di.fs. [HEDGES diagnostic filter] (3,318,278)
- 7. 5 and 6 (1283)
- 8. Animal/ or Animal Experiment/ or Nonhuman/ (5,761,726)
- 9. (rat or rats or mouse or mice or murine or rodent or rodents or hamster or hamsters or pig or pigs or porcine or rabbit or rabbits or animal or animals or dogs or dog or cats or cow or bovine or sheep or ovine or monkey or monkeys).ti,ab,sh. (4,749,774)
- 10. 8 or 9 (6,446,779)
- 11. exp Human/ or Human Experiment/ (12,937,340)
- 12. 10 not (10 and 11) (5,116,251)
- 13. (editorial or letter or note).pt. (1,613,483)
- 14. 7 not (12 or 13) (1219)
- 15. child/ (1,135,530)
- 16. infant/ (476,014)
- 17. adolescent/ (1,127,803)
- 18. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,413,823)
- 19. (boy or boys or girl or girls).ti,ab. (177,580)
- 20. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (272,836)
- 21. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (76,703)
- 22. exp parent/ (114,307)
- 23. exp child parent relation/ (58,704)
- 24. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (911,848)
- 25. dyad\$.ti,ab. (9350)
- 26. (attunement or (representation\$ adj2 model\$)).ti,ab. (894)
- 27. child abuse/ or child neglect/ (21,051)
- 28. foster care/ (3077)
- 29. adoption/ or adopted child/ (4815)
- 30. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (131,980)
- 31. (foster\$ or adopt\$).ti,ab. (150,939)
- 32. or/15-31 (3,567,803)
- 33. 14 and 32 (902)

## Social Policy & Practice (via OvidSP)

Date searched: inception to 2012.

Date of search: 10 January 2012.

A total of 343 records were retrieved.

### Search strategy

- 1. attachment disorder.de. (232)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (390)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (196)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (265)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (824)
- 6. or/1-5 (1309)
- 7. (diagnosis or diagnostic or assessment or measurement).de. (17,861)
- 8. (sensitivity or specificity or predictive value\$ or accurac\$ or measurement\$ or assess\$ or diagnos\$).ti,ab. (51,582)
- 9. 7 or 8 (58,179)
- 10. and 9 (388)
- 11. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti, ab,de. (125,901)
- 12. (boy or boys or girl or girls).ti,ab,de. (5692)
- 13. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab,de. (32,056)
- 14. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab,de. (42,212)
- 15. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab,de. (47,034)
- 16. dyad\$.ti,ab,de. (480)
- 17. (attunement or (representation\$ adj2 model\$)).ti,ab,de. (66)
- 18. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab,de. (23,203)
- 19. (foster\$ or adopt\$).ti,ab,de. (19,994)
- 20. or/11-19 (172,573)
- 21. 10 and 20 (343)

### Science Citation Index (SCI; via ISI Web of Science)

Date searched: 1899 to 6 January 2012.

Date of search: 10 January 2012.

A total of 404 records were retrieved.

Databases=SCI-EXPANDED Timespan=All Years.

Lemmatization=Off.

## Search strategy

# 20 #18 NOT #19 (404)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (3,408,525)

# 18 #7 AND #17 (429)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (1,972,974)

# 16 TS=(foster* or adopt*) (207,538)

# 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (117,173)

# 14 TS=(attunement or (representation* NEAR/2 model*)) (6475)

# 13 TS=dyad* (10,857)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (574,227)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (55,963)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (249,910)

# 9 TS=(boy or boys or girl or girls) (96,380)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (1,021,056)

# 7 #6 AND #5 (917)

# 6 TS=(sensitivity or specificity or "predictive value*" or accuracy* or measurement* or assess* or diagnos*) (4,444,337)

# 5 #1 OR #2 OR #3 OR #4 (4095)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (1054)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (593)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (2203)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (924)

Social Science Citation Index (SSCI; via ISI Web of Science) Date searched: 1956 to 6 January 2012.

Date of search: 10 January 2012.

A total of 1734 records were retrieved.

Databases=SSCI Timespan=All Years.

Lemmatization = Off.

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#### Search strategy

# 20 #18 NOT #19 (1734)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (91,781)

# 18 #7 AND #17 (1752)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (682,942)

# 16 TS=(foster* or adopt*) (75,821)

# 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (91,084)

# 14 TS=(attunement or (representation* NEAR/2 model*)) (2062)

# 13 TS=dyad* (10,250)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (160,559)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (35,541)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (165,662)

# 9 TS=(boy or boys or girl or girls) (42,755)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (392,420)

#7 #5 AND #6 (2179)

# 6 TS=(sensitivity or specificity or "predictive value*" or accuracy* or measurement* or assess* or diagnos*) (503,069)

# 5 #1 OR #2 OR #3 OR #4 (6315)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (3614)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (2147)

# 2 TS=(attachment NEAR/2 (behavior $r^*$  or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (1017)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (2646)

## Conference Proceedings Citation Index – Science (CPCI-S; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of 15 records were retrieved.

Databases=CPCI-S Timespan=All Years.

Lemmatization = Off.

#### Search strategy

# 20 #18 NOT #19 (15)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (282,876)

# 18 #7 AND #17 (17)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (291,238)

- # 16 TS=(foster* or adopt*) (87,891)
- # 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (17,504)
- # 14 TS=(attunement or (representation* NEAR/2 model*)) (3792)
- # 13 TS=dyad* (1817)
- # 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (70,471)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (5160)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (24,476)

# 9 TS=(boy or boys or girl or girls) (5857)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (104,538)

#7 #5 AND #6 (54)

# 6 TS=(sensitivity or specificity or "predictive value*" or accuracy* or measurement* or assess* or diagnos*) (922,906)

# 5 #1 OR #2 OR #3 OR #4 (343)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (93)

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# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (54)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (141)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (95)

# Conference Proceedings Citation Index – Social Science & Humanities (CPCI-SSH; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of 91 records were retrieved.

Databases=CPCI-SSH Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (91)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (4408)

# 18 #7 AND #17 (91)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (45,707)

- # 16 TS=(foster* or adopt*) (13,580)
- # 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (5468)
- # 14 TS=(attunement or (representation* NEAR/2 model*)) (356)
- # 13 TS=dyad* (832)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (8462)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (1874)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (7388)

# 9 TS=(boy or boys or girl or girls) (2090)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (19,667)

#7 #5 AND #6 (113)

# 6 TS=(sensitivity or specificity or "predictive value*" or accuracy* or measurement* or assess* or diagnos*) (43,437)

# 5 #1 OR #2 OR #3 OR #4 (423)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (251)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (170)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (83)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (143)

#### Education Resources Information Center (ERIC; via ProQuest)

Date searched: 1966 to December 2011.

Date of search: 11 January 2012.

A total of 717 records were retrieved.

#### Search strategy

S1 (su(("Attachment Behavior")) OR TI,AB(attachment NEAR/2 (disorder[*1] OR problem[*1] OR style[*1] OR pattern[*1]))) OR TI,AB(attachment NEAR/2 (behavio*r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) OR TI,AB(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation* or interven* or insecure* or secure or security or early or theory or theories))) 2909*

S2 su(("Measurement" OR "Predictive Measurement")) OR TI,AB(sensitivity or specificity or "predictive value*" or accurac* or measurement* or assess* or diagnos*) 206,218*

S3 S1 and S2 717*

Social Services Abstracts (via CSA Illumina)

Date searched: 1979 to December 2011.

Date of search: 11 January 2012.

A total of 141 records were retrieved.

#### Search strategy

((KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) and(DE=(diagnosis or measurement) or KW=(sensitivity or specificity or predictive value* or accurac* or measurement* or assess* or diagnos*))) and((DE=("adolescents" or "children" or "infants")) or(KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*))) or(DE=(Dyads or Child Neglect or Child Abuse or Foster Care or Foster Children or "Adoption or Adopted Children) or KW=((parent* or mother* or maternal* or mum* or father* or abuse or abused or abusive or maltreat* or mistreat*) or (foster* or adopt*))))

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## Applied Social Sciences Index and Abstracts (ASSIA; via CSA Illumina)

Date searched: 1987 to December 2011.

Date of search: 11 January 2012.

A total of 469 records were retrieved.

#### Search strategy

((KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) or (DE="attachment disorders")) and(DE=((Children or Infants or Adolescents) or (Parents or Dyads) or (Child neglect or Child abuse or Foster Care or Foster children or Adoption or Adopted children or Adoptive parents)) or KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster* or "young people" or "young person" or "young persons" or "young adult*" or "early adult*")) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad* or dyad* or attunement) or (representation* within 2 model*) or (neglect* or abuse or abused or abusive or maltreat* or mistreat* or foster* or adopt*))) and(DE=(Assessment or Measurement or Diagnosis) or KW=(sensitivity or specificity or "predictive value*" or accurac* or measurement* or assess* or diagnos*))

## Social Care Online (via SCIE)

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 285 records were retrieved.

#### Advanced search option

(topic"attachment" or freetext="attachment") AND (topic="children" or topic="babies" or topic="young people" or topic="child abuse" or topic="child neglect" or topic="adoption" or topic="adoptive parents" or topic="adoptive children" or topic="foster care" or topic="foster children" or freetext="child*" or freetext="infant*" or freetext="infancy" or freetext="preschool*" or freetext="preschool*" or freetext="baby" or freetext="babies" or freetext="pediat*" or freetext="paediat*" or freetext="juvenile*" or freetext="youth*" or freetext="teenage*" or freetext="youngster*" or freetext="young people" or freetext="young person" or freetext="young persons" or freetext="young adult*" or freetext="early adult") AND (topic="assessment" or topic="diagnosis" or topic="performance" measurement" or freetext="sensitivity" or freetext="specificity" or freetext="predictive value*" or freetext="accuracy*" or freetext="measurement*" or freetext="assess*" or freetext="assess*" or freetext="diagnos*")

## Epidemiology/natural history search strategies

### PsycINFO (via OvidSP)

Date searched: 1806 to week 1, January 2012.

Date of search: 6 January 2012.

A total of 2450 records were retrieved.

- 1. attachment behavior/ (13,469)
- 2. attachment disorders/ (370)
- 3. attachment theory/ (885)
- 4. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (4327)
- 5. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2562)
- 6. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (3582)
- 7. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (7456)
- 8. or/1-7 (17,172)
- 9. exp Epidemiology/ (31,806)
- 10. Patient History/ or Family History/ (5654)
- 11. risk factors/ (30,662)
- 12. (epidemiol\$ or incidence or prevalence or history or risk\$1 or long term).ti,ab. (419,210)
- 13. or/9-12 (426,083)
- 14. 8 and 13 (3150)
- 15. (comment reply or editorial or letter or reprint or "review book" or "review media" or "review software other").dt. (221,270)
- 16. (animal or animals or rat or rats or mouse or mice or hamster or hamsters or dog or dogs or cat or cats or bovine or sheep or ovine or pig or pigs).ab,ti,id,de. (232,200)
- 17. 14 not (15 or 16) (2897)
- 18. (infancy 2 23 mo or neonatal birth 1 mo or preschool age 2 5 yrs).ag. (113,808)
- 19. (adolescence 13 17 yrs or childhood birth 12 yrs or school age 6 12 yrs).ag. (524,966)
- 20. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (504,891)
- 21. (boy or boys or girl or girls).ti,ab. (69,790)
- 22. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (190,092)
- 23. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (38,372)
- 24. exp Parents/ (62,079)
- 25. exp Parenting/ (64,945)
- 26. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (242,087)
- 27. Dyads/ (3998)
- 28. dyad\$.ti,ab. (18,706)
- 29. (attunement or (representation\$ adj2 model\$)).ti,ab. (1587)
- 30. exp Child Neglect/ or exp Child Abuse/ (21,046)
- 31. exp Foster Children/ or exp Foster Care/ or exp Foster Parents/ (4034)
- 32. exp "Adoption (Child)"/ or exp Adoptive Parents/ (2891)
- 33. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (104,195)
- 34. (foster\$ or adopt\$).ti,ab. (69,814)
- 35. or/18-34 (955,446)
- 36. 17 and 35 (2450)

## MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations (via OvidSP)

Date searched: 1946 to week 4, December 2011.

Date of search: 9 January 2012.

A total of 710 records were retrieved in MEDLINE, and 45 in MEDLINE In-Process.

- 1. Reactive Attachment Disorder/ (296)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1100)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2250)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (842)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (1795)
- 6. or/1-5 (4718)
- 7. Epidemiology/ (10,988)
- 8. Incidence/ (147,388)
- 9. Prevalence/ (152,723)
- 10. Medical History Taking/ (15,586)
- 11. Risk Factors/ (463,665)
- 12. (epidemiol\$ or incidence or prevalence or history or risk\$1 or long term).ti,ab. (2,138,567)
- 13. or/7-12 (2,338,046)
- 14. 6 and 13 (889)
- 15. animals/ not (animals/ and humans/) (3,548,684)
- 16. (letter or editorial or comment or news or newspaper article).pt. (1,231,519)
- 17. 14 not (15 or 16) (862)
- 18. exp Child/ (1,40,0869)
- 19. exp Infant/ (854,319)
- 20. Adolescent/ (1,434,825)
- 21. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,125,683)
- 22. (boy or boys or girl or girls).ti,ab. (136,911)
- 23. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (214,069)
- 24. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (60,337)
- 25. exp Parents/ (60,696)
- 26. exp Parent-Child Relations/ or Parenting/ (45,480)
- 27. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (520,407)
- 28. dyad\$.ti,ab. (7450)
- 29. (attunement or (representation\$ adj2 model\$)).ti,ab. (692)
- 30. Child Abuse/ (15,437)
- 31. Foster Home Care/ (2730)
- 32. Adoption/ (3984)
- 33. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (101,116)
- 34. (foster\$ or adopt\$).ti,ab. (116,855)
- 35. or/18-34 (3,282,233)
- 36. 17 and 35 (710)

## EMBASE (via OvidSP)

Date searched: 1974 to week 1, 2012.

Date of search: 10 January 2012.

A total of 912 records were retrieved.

## Search strategy

- 1. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1565)
- 2. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2670)
- 3. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (1148)
- 4. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (2513)
- 5. or/1-4 (5956)
- 6. epidemiology/ (157,086)
- 7. incidence/ (175,251)
- 8. prevalence/ (273,754)
- 9. medical history/ (9434)
- 10. risk factor/ (480,128)
- 11. (epidemiol\$ or incidence or prevalence or history or risk\$1 or long term).ti,ab. (2,789,649)
- 12. or/6-11 (3,097,650)
- 13. 5 and 12 (1180)
- 14. Animal/ or Animal Experiment/ or Nonhuman/ (5,761,726)
- 15. (rat or rats or mouse or mice or murine or rodent or rodents or hamster or hamsters or pig or pigs or porcine or rabbit or rabbits or animal or animals or dogs or dog or cats or cow or bovine or sheep or ovine or monkey or monkeys).ti,ab,sh. (4,749,774)
- 16. 14 or 15 (6,446,779)
- 17. exp Human/ or Human Experiment/ (12,937,340)
- 18. 16 not (16 and 17) (5,116,251)
- 19. (editorial or letter or note).pt. (1,613,483)
- 20. 13 not (18 or 19) (1138)
- 21. child/ (1,135,530)
- 22. infant/ (476,014)
- 23. adolescent/ (1,127,803)
- 24. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,413,823)
- 25. (boy or boys or girl or girls).ti,ab. (177,580)
- 26. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (272,836)
- 27. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (76,703)
- 28. exp parent/ (114,307)
- 29. exp child parent relation/ (58,704)
- 30. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (911,848)
- 31. dyad\$.ti,ab. (9350)
- 32. (attunement or (representation\$ adj2 model\$)).ti,ab. (894)
- 33. child abuse/ or child neglect/ (21,051)
- 34. foster care/ (3077)
- 35. adoption/ or adopted child/ (4815)
- 36. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (131,980)
- 37. (foster\$ or adopt\$).ti,ab. (150,939)
- 38. or/21-37 (3,567,803)
- 39. 20 and 38 (912)

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## Social Policy & Practice (via OvidSP)

Date searched: inception to 2012.

Date of search: 10 January 2012.

A total of 281 records were retrieved.

### Search strategy

- 1. attachment disorder.de. (232)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (390)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (196)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (265)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (824)6. or/1-5 (1309)
- 7. (epidemiol\$ or incidence or prevalence or history or risk\$1 or long term).ti,ab,de. (51,779)
- 8. 6 and 7 (298)
- 9. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti, ab,de. (125,901)
- 10. (boy or boys or girl or girls).ti,ab,de. (5692)
- 11. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab,de. (32,056)
- 12. (young people or young person or young persons or young adults or early adults).ti,ab,de. (42,212)
- 13. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab,de. (47,034)
- 14. dyad\$.ti,ab,de. (480)
- 15. (attunement or (representation\$ adj2 model\$)).ti,ab,de. (66)
- 16. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab,de. (23,203)
- 17. (foster\$ or adopt\$).ti,ab,de. (19,994)
- 18. or/9-17 (172,573)
- 19. 8 and 18 (281)

#### Science Citation Index (SCI; via ISI Web of Science)

Date searched: 1899 to 6 January 2012.

Date of search: 10 January 2012.

A total of 352 records were retrieved.

Databases=SCI-EXPANDED Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (352)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (3,408,525)

# 18 #7 AND #17 (380)

- # 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (1,972,974)
- # 16 TS=(foster* or adopt*) (207,538)

# 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (117,173)

# 14 TS=(attunement or (representation* NEAR/2 model*)) (6475)

# 13 TS=dyad* (10,857)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (574,227)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (55,963)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (249,910)

# 9 TS=(boy or boys or girl or girls) (96,380)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (1,021,056)

# 7 #5 AND #6 (575)

# 6 TS=(epidemiol* or incidence or prevalence or history or risk\$ or long term) (2,405,624)

# 5 #1 OR #2 OR #3 OR #4 (4095)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (1054)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (593)

# 2 TS=(attachment NEAR/2 (behavior $r^*$  or ambivalen* or avoidant or diffuse or organi* or disorgani* or disorgani* or disinhib* or inhib*)) (2203)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (924)

#### Social Science Citation Index (SSCI; via ISI Web of Science)

Date searched: 1956 to 6 January 2012.

Date of search: 10 January 2012.

A total of 1226 records were retrieved.

Databases=SSCI Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (1226)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (91,781)

# 18 #7 AND #17 (1250)

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# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (682,942)

# 16 TS=(foster* or adopt*) (75,821)

# 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (91,084)

# 14 TS=(attunement or (representation* NEAR/2 model*)) (2062)

# 13 TS=dyad* (10,250)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (160,559)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (35,541)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (165,662)

# 9 TS=(boy or boys or girl or girls) (42,755)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (392,420)

# 7 #5 AND #6 (1437)

# 6 TS=(epidemiol* or incidence or prevalence or history or risk\$ or long term) (536,531)

# 5 #1 OR #2 OR #3 OR #4 (6315)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (3614)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (2147)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (1017)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (2646)

Conference Proceedings Citation Index – Science (CPCI-S; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of 18 records were retrieved.

Databases=CPCI-S Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (18)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (282,876)

# 18 #7 AND #17 (22)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (291,238)

# 16 TS=(foster* or adopt*) (87,891)

# 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (17,504)

# 14 TS=(attunement or (representation* NEAR/2 model*)) (3792)

# 13 TS=dyad* (1817)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (70,471)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (5160)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (24,476)

# 9 TS=(boy or boys or girl or girls) (5857)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (104,538)

# 7 #5 AND #6 (45)

# 6 TS=(epidemiol* or incidence or prevalence or history or risk\$ or long term) (362,031)

# 5 #1 OR #2 OR #3 OR #4 (343)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (93)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (54)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (141)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (95)

## Conference Proceedings Citation Index – Social Science & Humanities (CPCI-SSH; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of 73 records were retrieved.

Databases=CPCI-SSH Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (73)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (4408)

- # 18 #7 AND #17 (74)
- # 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (45,707)
- # 16 TS=(foster* or adopt*) (13,580)
- # 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (5468)
- # 14 TS=(attunement or (representation* NEAR/2 model*)) (356)
- # 13 TS=dyad* (832)
- # 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (8462)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (1874)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (7388)

# 9 TS=(boy or boys or girl or girls) (2090)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (19,667)

- #7 #5 AND #6 (88)
- # 6 TS=(epidemiol* or incidence or prevalence or history or risk\$ or long term) (41,725)
- # 5 #1 OR #2 OR #3 OR #4 (423)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (251)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (170)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (83)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (143)

### **Education Resources Information Center (ERIC; via ProQuest)**

Date searched: 1966 to December 2011.

Date of search: 11 January 2012.

A total of 378 records were retrieved.

#### Search strategy

S1 (su(("Attachment Behavior")) OR TI,AB(attachment NEAR/2 (disorder[*1] OR problem[*1] OR style[*1] OR pattern[*1]))) OR TI,AB(attachment NEAR/2 (behavio*r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) OR TI,AB(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation* or interven* or insecure* or secure or security or early or theory or theories))) 2909*

S2 SU("Epidemiology" or "Incidence") OR TI,AB(epidemiol* or incidence or prevalence or "patient history" or "family history" or risk[*1] or long term) 59,334*

S3 S1 and S2 378*

Social Services Abstracts (via CSA Illumina) Date searched: 1979 to December 2011.

Date of search: 11 January 2012.

A total of 173 records were retrieved.

#### Search strategy

(KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) and((DE=("adolescents" or "children" or "infants")) or(KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*)) or(DE=(Dyads or Child Neglect or Child Abuse or Foster Care or Foster Children or Adoption or Adopted Children) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad*) or (dyad* or attunement) or (representation* within 2 model*)) or KW=((neglect* or abuse or abused or abusive or maltreat* or mistreat*) or (foster* or adopt*)))) and(DE=(Epidemiology or (Risk Factors)) or KW=(epidemiol* or incidence or prevalence or history or risk or risks or "long term"))

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## Applied Social Sciences Index and Abstracts (ASSIA; via CSA Illumina)

Date searched: 1987 to December 2011.

Date of search: 11 January 2012.

A total of 284 records were retrieved.

#### Search strategy

((KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) or(DE="attachment disorders")) and(DE=((Children or Infants or Adolescents) or (Parents or Dyads) or (Child neglect or Child abuse or Foster Care or Foster children or Adoption or Adopted children or Adoptive parents)) or KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster* or "young people" or "young person" or "young persons" or "young adult*" or "early adult*")) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad* or dyad* or attunement) or (representation* within 2 model*) or (neglect* or abuse or abused or abusive or maltreat* or mistreat* or foster* or adopt*))) and(DE=(Epidemiology or (Risk Factors)) or KW=(epidemiol* or incidence or prevalence or history or risk or risks or "long term"))

#### Social Care Online (via SCIE)

Date searched: December 2011.

Date of search: 12 January 2012.

A total of 186 records were retrieved.

#### Advanced search option

(topic"attachment" or freetext="attachment") AND (topic="children" or topic="babies" or topic="young people" or topic="child abuse" or topic="child neglect" or topic="adoption" or topic="adoptive parents" or topic="adoptive children" or topic="foster care" or topic="foster children" or freetext="child*" or freetext="infant*" or freetext="infancy" or freetext="preschool*" or freetext="pre school*" or freetext="baby" or freetext="babies" or freetext="pediat*" or freetext="padiat*" or freetext="juvenile*" or freetext="youth*" or freetext="teenage*" or freetext="youngster*" or freetext="young people" or freetext="young person" or freetext="young persons" or freetext="young adult*" or freetext="early adult") AND (topic="risk" or freetext="epidemiol*" or freetext="incidence" or freetext="prevalence" or freetext="patient history" or freetext="family history" or freetext="risk*")

## Named intervention programmes search strategies

#### PsycINFO (via OvidSP)

Date searched: 1806 to week 1, January 2012

Date of search: 6 January 2012.

A total of 1212 records were retrieved.

- 1. attachment behavior/ (13,469)
- 2. attachment disorders/ (370)
- 3. attachment theory/ (885)
- 4. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (4327)
- 5. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2562)
- 6. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (3582)
- 7. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (7456)
- 8. or/1-7 (17,172)
- 9. exp intervention/ (42,251)
- 10. play therapy/ (2443)
- 11. (theraplay or (play adj3 (therap\$ or program or intervention\$))).ti,ab. (3299)
- 12. (circle adj3 security).ti,ab. (12)
- 13. ((preschool\$ or pre school\$ or child\$ or infant\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (2909)
- 14. (watch adj2 wait adj2 wonder).ti,ab. (15)
- 15. ((interaction or interactive) adj3 guidance).ti,ab. (94)
- 16. (biobehavio\$ or bio behavio\$).ti,ab. (1142)
- 17. ((New Orleans adj3 (intervention\$ or program\$ or therap\$)) or (tulane adj3 (team\$ or program\$ or intervention\$ or therap\$))).ti,ab. (20)
- 18. ((parent\$ or mother\$ or father\$ or dyad\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (889)
- 19. (((parent\$ or child\$) adj2 game\$) or PCG).ti,ab. (564)
- 20. (floortime or (floor adj2 time)).ti,ab. (39)
- 21. ((manipulat\$ adj3 respons\$) or (Leiden adj3 (program\$ or intervention\$ or therap\$))).ti,ab. (867)
- 22. (modif\$ adj3 guidance).ti,ab. (36)
- 23. (video\$ or VIPP or VIG).ti,ab. (33,944)
- 24. ((clinician\$ adj3 exposure\$) or CAVES).ti,ab. (115)
- 25. (Tamars adj3 Children\$).ti,ab. (1)
- 26. (Florida adj3 (program\$ or intervention\$ or therap\$)).ti,ab. (150)
- 27. exp Psychodynamic Psychotherapy/ (1711)
- 28. (psychodynamic adj3 psychotherap\$).ti,ab. (1937)
- 29. ((story or stories) adj3 stem\$).ti,ab. (136)
- 30. ((home or hospital or family) adj3 visit\$).ti,ab. (3554)
- 31. Project CARE.ti,ab. (21)
- 32. Orion Project.ti,ab. (1)
- 33. ((violent adj3 resistan\$) or (nonviolent adj3 resistan\$) or NVR).ti,ab. (75)
- 34. (cues adj3 clues).ti,ab. (15)
- 35. (mellow adj3 (baby or babies or parent\$)).ti,ab. (6)
- 36. solihull.ti,ab. (17)
- 37. ((self adj2 regulat\$) or ARC).ti,ab. (12,505)
- 38. (personal adj3 contact\$).ti,ab. (868)
- 39. ((baby or babies or infant\$) adj2 (carrier\$ or carry\$)).ti,ab. (157)
- 40. (bath or bathe or bathing or massag\$ or tickl\$).ti,ab. (2849)

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- 41. (holding or restrain\$ or rage reduc\$ or rebirth\$).ti,ab. (17,614)
- 42. ((feed\$ or food or water) adj3 (therap\$ or program or intervention\$)).ti,ab. (1614)
- 43. or/9-42 (124,196)
- 44. 8 and 43 (1567)
- 45. (comment reply or editorial or letter or reprint or "review book" or "review media" or "review software other").dt. (221,270)
- 46. (animal or animals or rat or rats or mouse or mice or hamster or hamsters or dog or dogs or cat or cats or bovine or sheep or ovine or pig or pigs).ab,ti,id,de. (232,200)
- 47. 44 not (45 or 46) (1410)
- 48. (infancy 2 23 mo or neonatal birth 1 mo or preschool age 2 5 yrs).ag. (113,808)
- 49. (adolescence 13 17 yrs or childhood birth 12 yrs or school age 6 12 yrs).ag. (524,966)
- 50. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (504,891)
- 51. (boy or boys or girl or girls).ti,ab. (69,790)
- 52. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (190,092)
- 53. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (38,372)
- 54. exp Parents/ (62,079)
- 55. exp Parenting/ (64,945)
- 56. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (242,087)
- 57. Dyads/ (3998)
- 58. dyad\$.ti,ab. (18,706)
- 59. (attunement or (representation\$ adj2 model\$)).ti,ab. (1587)
- 60. exp Child Neglect/ or exp Child Abuse/ (21,046)
- 61. exp Foster Children/ or exp Foster Care/ or exp Foster Parents/ (4034)
- 62. exp "Adoption (Child)"/ or exp Adoptive Parents/ (2891)
- 63. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (104,195)
- 64. (foster\$ or adopt\$).ti,ab. (69,814)
- 65. or/48-64 (955,446)
- 66. 47 and 65 (1212)

## MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations (via OvidSP)

Date searched: 1946 to week 4, December 2011.

Date of search: 9 January 2012.

A total of 211 records were retrieved in MEDLINE, and nine in MEDLINE In-Process.

- 1. Reactive Attachment Disorder/ (296)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1100)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2250)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (842)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (1795)
- 6. or/1-5 (4718)
- 7. Intervention Studies/ (4992)
- 8. Play Therapy/ (866)
- 9. (theraplay or (play adj3 (therap\$ or program or intervention\$))).ti,ab. (1550)
- 10. (circle adj3 security).ti,ab. (6)
- 11. ((preschool\$ or pre school\$ or child\$ or infant\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (707)
- 12. (watch adj2 wait adj2 wonder).ti,ab. (1)
- 13. ((interaction or interactive) adj3 guidance).ti,ab. (103)
- 14. (biobehavio\$ or bio behavio\$).ti,ab. (907)

- 15. ((New Orleans adj3 (intervention\$ or program\$ or therap\$)) or (tulane adj3 (team\$ or program\$ or intervention\$ or therap\$))).ti,ab. (40)
- 16. ((parent\$ or mother\$ or father\$ or dyad\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (210)
- 17. (((parent\$ or child\$) adj2 game\$) or PCG).ti,ab. (1565)
- 18. (floortime or (floor adj2 time)).ti,ab. (27)
- 19. ((manipulat\$ adj3 respons\$) or (Leiden adj3 (program\$ or intervention\$ or therap\$))).ti,ab. (1536)
- 20. Videotape Recording/ (9638)
- 21. (video\$ or VIPP or VIG).ti,ab. (57,232)
- 22. (modif\$ adj3 guidance).ti,ab. (60)
- 23. ((clinician\$ adj3 exposure\$) or CAVES).ti,ab. (555)
- 24. (Tamars adj3 Children\$).ti,ab. (1)
- 25. (Florida adj3 (program\$ or intervention\$ or therap\$)).ti,ab. (199)
- 26. (psychodynamic adj3 psychotherap\$).ti,ab. (583)
- 27. ((story or stories) adj3 stem\$).ti,ab. (58)
- 28. ((home or hospital or family) adj3 visit\$).ti,ab. (10,384)
- 29. Project CARE.ti,ab. (14)
- 30. Orion Project.ti,ab. (4)
- 31. ((violent adj3 resistan\$) or (nonviolent adj3 resistan\$) or NVR).ti,ab. (68)
- 32. (cues adj3 clues).ti,ab. (11)
- 33. (mellow adj3 (baby or babies or parent\$)).ti,ab. (2)
- 34. solihull.ti,ab. (41)
- 35. ((self adj2 regulat\$) or ARC).ti,ab. (16,851)
- 36. (personal adj3 contact\$).ti,ab. (1010)
- 37. ((baby or babies or infant\$) adj2 (carrier\$ or carry\$)).ti,ab. (306)
- 38. (bath or bathe or bathing or massag\$ or tickl\$).ti,ab. (31,989)
- 39. (holding or restrain\$ or rage reduc\$ or rebirth\$).ti,ab. (41,277)
- 40. ((feed\$ or food or water) adj3 (therap\$ or program or intervention\$)).ti,ab. (4198)
- 41. or/7-40 (177,793)
- 42. 6 and 41 (257)
- 43. animals/ not (animals/ and humans/) (3,548,684)
- 44. (letter or editorial or comment or news or newspaper article).pt. (1,231,519)
- 45. 42 not (43 or 44) (243)
- 46. exp Child/ (1,400,869)
- 47. exp Infant/ (854,319)
- 48. Adolescent/ (1,434,825)
- 49. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,125,683)
- 50. (boy or boys or girl or girls).ti,ab. (136,911)
- 51. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (214,069)
- 52. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (60,337)
- 53. exp Parents/ (60,696)
- 54. exp Parent-Child Relations/ or Parenting/ (45,480)
- 55. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (520,407)
- 56. dyad\$.ti,ab. (7450)
- 57. (attunement or (representation\$ adj2 model\$)).ti,ab. (692)
- 58. Child Abuse/ (15,437)
- 59. Foster Home Care/ (2730)
- 60. Adoption/ (3984)
- 61. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (101,116)
- 62. (foster\$ or adopt\$).ti,ab. (116,855)
- 63. or/46-62 (3,282,233)
- 64. 45 and 63 (211)

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## EMBASE (via OvidSP)

Date searched: 1974 to week 1, 2012.

Date of search: 10 January 2012.

A total of 291 records were retrieved.

- 1. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1565)
- 2. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2670)
- 3. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (1148)
- 4. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (2513)
- 5. or/1-4 (5956)
- 6. intervention study/ (12,529)
- 7. play therapy/ (1258)
- 8. (theraplay or (play adj3 (therap\$ or program or intervention\$))).ti,ab. (2276)
- 9. (circle adj3 security).ti,ab. (10)
- 10. ((preschool\$ or pre school\$ or child\$ or infant\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (1294)
- 11. (watch adj2 wait adj2 wonder).ti,ab. (5)
- 12. ((interaction or interactive) adj3 guidance).ti,ab. (141)
- 13. (biobehavio\$ or bio behavio\$).ti,ab. (1121)
- 14. ((New Orleans adj3 (intervention\$ or program\$ or therap\$)) or (tulane adj3 (team\$ or program\$ or intervention\$ or therap\$))).ti,ab. (44)
- 15. ((parent\$ or mother\$ or father\$ or dyad\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (369)
- 16. (((parent\$ or child\$) adj2 game\$) or PCG).ti,ab. (2017)
- 17. (floortime or (floor adj2 time)).ti,ab. (36)
- 18. ((manipulat\$ adj3 respons\$) or (Leiden adj3 (program\$ or intervention\$ or therap\$))).ti,ab. (1844)
- 19. videorecording/ (29,800)
- 20. (video\$ or VIPP or VIG).ti,ab. (73,821)
- 21. (modif\$ adj3 guidance).ti,ab. (86)
- 22. ((clinician\$ adj3 exposure\$) or CAVES).ti,ab. (723)
- 23. (Tamars adj3 Children\$).ti,ab. (1)
- 24. (Florida adj3 (program\$ or intervention\$ or therap\$)).ti,ab. (238)
- 25. (psychodynamic adj3 psychotherap\$).ti,ab. (941)
- 26. ((story or stories) adj3 stem\$).ti,ab. (67)
- 27. ((home or hospital or family) adj3 visit\$).ti,ab. (13,559)
- 28. Project CARE.ti,ab. (21)
- 29. Orion Project.ti,ab. (4)
- 30. ((violent adj3 resistan\$) or (nonviolent adj3 resistan\$) or NVR).ti,ab. (111)
- 31. (cues adj3 clues).ti,ab. (13)
- 32. (mellow adj3 (baby or babies or parent\$)).ti,ab. (4)
- 33. solihull.ti,ab. (58)
- 34. ((self adj2 regulat\$) or ARC).ti,ab. (21,865)
- 35. (personal adj3 contact\$).ti,ab. (1299)
- 36. ((baby or babies or infant\$) adj2 (carrier\$ or carry\$)).ti,ab. (376)
- 37. (bath or bathe or bathing or massag\$ or tickl\$).ti,ab. (41,112)
- 38. (holding or restrain\$ or rage reduc\$ or rebirth\$).ti,ab. (50,303)
- 39. ((feed\$ or food or water) adj3 (therap\$ or program or intervention\$)).ti,ab. (5536)

- 40. or/6-39 (235,474)
- 41. 5 and 40 (354)
- 42. Animal/ or Animal Experiment/ or Nonhuman/ (5,761,726)
- 43. (rat or rats or mouse or mice or murine or rodent or rodents or hamster or hamsters or pig or pigs or porcine or rabbit or rabbits or animal or animals or dogs or dog or cats or cow or bovine or sheep or ovine or monkey or monkeys).ti,ab,sh. (4,749,774)
- 44. 42 or 43 (6,446,779)
- 45. exp Human/ or Human Experiment/ (12,937,340)
- 46. 44 not (44 and 45) (5,116,251)
- 47. (editorial or letter or note).pt. (1,613,483)
- 48. 41 not (46 or 47) (335)
- 49. child/ (1,135,530)
- 50. infant/ (476,014)
- 51. adolescent/ (1,127,803)
- 52. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,413,823)
- 53. (boy or boys or girl or girls).ti,ab. (177,580)
- 54. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (272,836)
- 55. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (76,703)
- 56. exp parent/ (114,307)
- 57. exp child parent relation/ (58,704)
- 58. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (911,848)
- 59. dyad\$.ti,ab. (9350)
- 60. (attunement or (representation\$ adj2 model\$)).ti,ab. (894)
- 61. child abuse/ or child neglect/ (21,051)
- 62. foster care/ (3077)
- 63. adoption/ or adopted child/ (4815)
- 64. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (131,980)
- 65. (foster\$ or adopt\$).ti,ab. (150,939)
- 66. or/49-65 (3,567,803)
- 67. 48 and 66 (291)

## Social Policy & Practice (via OvidSP)

Date searched: inception to 2012.

Date of search: 10 January 2012.

A total of 162 records were retrieved.

- 1. attachment disorder.de. (232)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (390)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (196)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (265)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (824)
- 6. or/1-5 (1309)
- 7. intervention programmes.de. (6409)
- 8. play therapy.de. (528)

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- 9. (theraplay or (play adj3 (therap\$ or program or intervention\$))).ti,ab. (378)
- 10. (circle adj3 security).ti,ab. (4)
- 11. ((preschool\$ or pre school\$ or child\$ or infant\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (260)
- 12. (watch adj2 wait adj2 wonder).ti,ab. (1)
- 13. ((interaction or interactive) adj3 guidance).ti,ab. (12)
- 14. (biobehavio\$ or bio behavio\$).ti,ab. (17)
- 15. ((New Orleans adj3 (intervention\$ or program\$ or therap\$)) or (tulane adj3 (team\$ or program\$ or intervention\$ or therap\$))).ti,ab. (2)
- 16. ((parent\$ or mother\$ or father\$ or dyad\$) adj3 (psychotherap\$ or psycho therap\$)).ti,ab. (72)
- 17. (((parent\$ or child\$) adj2 game\$) or PCG).ti,ab. (164)
- 18. (floortime or (floor adj2 time)).ti,ab. (5)
- 19. ((manipulat\$ adj3 respons\$) or (Leiden adj3 (program\$ or intervention\$ or therap\$))).ti,ab. (4)
- 20. (modif\$ adj3 guidance).ti,ab. (0)
- 21. (video\$ or VIPP or VIG).ti,ab. (1859)
- 22. ((clinician\$ adj3 exposure\$) or CAVES).ti,ab. (5)
- 23. (Tamars adj3 Children\$).ti,ab. (1)
- 24. (Florida adj3 (program\$ or intervention\$ or therap\$)).ti,ab. (18)
- 25. (psychodynamic adj3 psychotherap\$).ti,ab. (52)
- 26. ((story or stories) adj3 stem\$).ti,ab. (18)
- 27. ((home or hospital or family) adj3 visit\$).ti,ab. (918)
- 28. Project CARE.ti,ab. (19)
- 29. Orion Project.ti,ab. (0)
- 30. ((violent adj3 resistan\$) or (nonviolent adj3 resistan\$) or NVR).ti,ab. (20)
- 31. (cues adj3 clues).ti,ab. (1)
- 32. (mellow adj3 (baby or babies or parent\$)).ti,ab. (5)
- 33. solihull.ti,ab. (146)
- 34. ((self adj2 regulat\$) or ARC).ti,ab. (347)
- 35. (personal adj3 contact\$).ti,ab. (72)
- 36. ((baby or babies or infant\$) adj2 (carrier\$ or carry\$)).ti,ab. (6)
- 37. (bath or bathe or bathing or massag\$ or tickl\$).ti,ab. (503)
- 38. (holding or restrain\$ or rage reduc\$ or rebirth\$).ti,ab. (1591)
- 39. ((feed\$ or food or water) adj3 (therap\$ or program or intervention\$)).ti,ab. (82)
- 40. or/7-39 (12,821)
- 41. 6 and 40 (168)
- 42. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti, ab,de. (125,901)
- 43. (boy or boys or girl or girls).ti,ab,de. (5692)
- 44. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab,de. (32,056)
- 45. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab,de. (42,212)
- 46. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab,de. (47,034)
- 47. dyad\$.ti,ab,de. (480)
- 48. (attunement or (representation\$ adj2 model\$)).ti,ab,de. (66)
- 49. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab,de. (23,203)
- 50. (foster\$ or adopt\$).ti,ab,de. (19,994)
- 51. or/42-50 (172,573)
- 52. 41 and 51 (162)

## Science Citation Index (SCI; via ISI Web of Science)

Date searched: 1899 to 6 January 2012.

Date of search: 10 January 2012.

A total of 88 records were retrieved.

Databases=SCI-EXPANDED Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 52 #50 not #51 (88)

# 51 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (3,408,525)

- # 50 #39 and #49 (96)
- # 49 #48 OR #47 OR #46 OR #45 OR #44 OR #43 OR #42 OR #41 OR #40 (1,972,974)
- # 48 TS=(foster* or adopt*) (207,538)
- # 47 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (117,173)
- # 46 TS=(attunement or (representation* NEAR/2 model*)) (6475)
- # 45 TS=dyad* (10,857)

# 44 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (574,227)

# 43 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (55,963)

# 42 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (249,910)

# 41 TS=(boy or boys or girl or girls) (96,380)

# 40 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (1,021,056)

# 39 #5 and #38 (128)

# 38 #37 OR #36 OR #35 OR #34 OR #33 OR #32 OR #31 OR #30 OR #29 OR #28 OR #27 OR #26 OR #25 OR #24 OR #23 OR #22 OR #21 OR #20 OR #19 OR #18 OR #17 OR #16 OR #15 OR #14 OR #13 OR #12 OR #11 OR #10 OR #9 OR #8 OR #7 OR #6 (239,830)

# 37 TS=((feed* or food or water) NEAR/3 (therap* or program or intervention*)) (7948)

# 36 TS=(holding or restrain* or "rage reduc*" or rebirth*) (62,561)

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#### **APPENDIX 1**

- # 35 TS=(bath or bathe or bathing or massag* or tickl*) (49,406)
- # 34 TS=((baby or babies or infant*) NEAR/2 (carrier* or carry*)) (424)
- # 33 TS=(personal NEAR/3 contact*) (659)
- # 32 TS=(self NEAR/2 regulat*) (6655)
- # 31 TS=solihull (33)
- # 30 TS=(mellow NEAR/3 (baby or babies or parent*)) (1)
- # 29 TS=(cues NEAR/3 clues) (14)
- # 28 TS=(violent NEAR/3 resistan*) or TS=(nonviolent NEAR/3 resistan*) or TS=(NVR) (76)
- # 27 TS="Orion Project" (5)
- # 26 TS="Project CARE" (7)
- # 25 TS=((home or hospital or family) NEAR/3 visit*) (6921)
- # 24 TS=((story or stories) NEAR/3 stem*) (26)
- # 23 TS=(psychodynamic NEAR/3 psychotherap*) (422)
- # 22 TS=(Florida NEAR/3 (program* or intervention* or therap*)) (321)
- # 21 TS=Tamars (0)
- # 20 TS=(clinician* NEAR/3 exposure*) or TS=(CAVES) (3528)
- # 19 TS=(video* or VIPP or VIG) (92,063)
- # 18 TS=(modif* NEAR/3 guidance) (123)

# 17 TS=(manipulate* NEAR/3 respons*) or TS=(Leiden NEAR/3 (program* or intervention* or therap*)) (635)

# 16 TS=(floortime) or TS=(floor NEAR/2 time) (194)

# 15 TS=((parent* or child*) NEAR/2 game*) (441)

# 14 TS=((parent* or mother* or father* or dyad*) NEAR/3 (psychotherapy* or "psycho therap*")) (115)

# 13 TS=("New Orleans" NEAR/3 (intervention* or program* or therap*)) or TS=(tulane NEAR/3 (team* or program* or intervention* or therap*)) (35)

- # 12 TS=(biobehavio* or "bio behavio*") (758)
- # 11 TS=((interaction or interactive) NEAR/3 guidance) (160)

# 10 TS=(watch NEAR/2 wait) (269)

# 9 TS=((preschool* or "pre school*" or child* or infant*) NEAR/3 (psychotherap* or "psycho therap*")) (556)

# 8 TS=(circle NEAR/3 security) (5)

# 7 TS=(theraplay) or TS=(play NEAR/3 (therap* or program* or intervention*)) (1522)

# 6 TS=(intervention NEAR/2 program*) (6490)

# 5 #1 OR #2 OR #3 OR #4 (4095)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (1054)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (593)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (2203)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (924)

#### Social Science Citation Index (SSCI; via ISI Web of Science)

Date searched: 1956 to 6 January 2012.

Date of search: 10 January 2012.

A total of 426 records were retrieved.

Databases=SSCI Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 52 #50 not #51 (426)

# 51 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (91,781)

# 50 #39 and #49 (431)

# 49 #48 OR #47 OR #46 OR #45 OR #44 OR #43 OR #42 OR #41 OR #40 (682,942)

# 48 TS=(foster* or adopt*) (75,821)

# 47 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (91,084)

# 46 TS=(attunement or (representation* NEAR/2 model*)) (2062)

# 45 TS=dyad* (10,250)

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# 44 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (160,559)

# 43 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (35,541)

# 42 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (165,662)

# 41 TS=(boy or boys or girl or girls) (42,755)

# 40 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (392,420)

# 39 #5 and #38 (507)

# 38 #37 OR #36 OR #35 OR #34 OR #33 OR #32 OR #31 OR #30 OR #29 OR #28 OR #27 OR #26 OR #25 OR #24 OR #23 OR #22 OR #21 OR #20 OR #19 OR #18 OR #17 OR #16 OR #15 OR #14 OR #13 OR #12 OR #11 OR #10 OR #9 OR #8 OR #7 OR #6 (69,998)

- # 37 TS=((feed* or food or water) NEAR/3 (therap* or program or intervention*)) (2609)
- # 36 TS=(holding or restrain* or "rage reduc*" or rebirth*) (17,063)
- # 35 TS=(bath or bathe or bathing or massag* or tickl*) (2861)
- # 34 TS=((baby or babies or infant*) NEAR/2 (carrier* or carry*)) (89)
- # 33 TS=(personal NEAR/3 contact*) (605)
- # 32 TS=(self NEAR/2 regulat*) (8392)
- # 31 TS=solihull (16)
- # 30 TS=(mellow NEAR/3 (baby or babies or parent*)) (2)
- # 29 TS=(cues NEAR/3 clues) (11)
- # 28 TS=(violent NEAR/3 resistan*) or TS=(nonviolent NEAR/3 resistan*) or TS=(NVR) (88)
- # 27 TS="Orion Project" (3)
- # 26 TS="Project CARE" (14)
- # 25 TS=((home or hospital or family) NEAR/3 visit*) (4069)
- # 24 TS=((story or stories) NEAR/3 stem*) (71)
- # 23 TS=(psychodynamic NEAR/3 psychotherap*) (1031)
- # 22 TS=(Florida NEAR/3 (program* or intervention* or therap*)) (208)
- # 21 TS=Tamars (0)

# 20 TS=(clinician* NEAR/3 exposure*) or TS=(CAVES) (580)

# 19 TS=(video* or VIPP or VIG) (21,932)

# 18 TS=(modif* NEAR/3 guidance) (15)

# 17 TS=(manipulate* NEAR/3 respons*) or TS=(Leiden NEAR/3 (program* or intervention* or therap*)) (210)

# 16 TS=(floortime) or TS=(floor NEAR/2 time) (30)

# 15 TS=((parent* or child*) NEAR/2 game*) (495)

# 14 TS=((parent* or mother* or father* or dyad*) NEAR/3 (psychotherapy* or "psycho therap*")) (404)

# 13 TS=("New Orleans" NEAR/3 (intervention* or program* or therap*)) or TS=(tulane NEAR/3 (team* or program* or intervention* or therap*)) (21)

# 12 TS=(biobehavio* or "bio behavio*") (771)

# 11 TS=((interaction or interactive) NEAR/3 guidance) (48)

# 10 TS=(watch NEAR/2 wait) (12)

# 9 TS=((preschool* or "pre school*" or child* or infant*) NEAR/3 (psychotherap* or "psycho therap*")) (1902)

# 8 TS=(circle NEAR/3 security) (4)

# 7 TS=(theraplay) or TS=(play NEAR/3 (therap* or program* or intervention*)) (1113)

# 6 TS=(intervention NEAR/2 program*) (7397)

# 5 #1 OR #2 OR #3 OR #4 (6315)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (3614)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (2147)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (1017)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (2646)

## Conference Proceedings Citation Index – Science (CPCI-S; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of three records were retrieved.

Databases=CPCI-S Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 52 #50 not #51 (3)

# 51 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (282,876)

- # 50 #39 and #49 (4)
- # 49 #48 OR #47 OR #46 OR #45 OR #44 OR #43 OR #42 OR #41 OR #40 (291,238)
- # 48 TS=(foster* or adopt*) (87,891)
- # 47 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (17,504)
- # 46 TS=(attunement or (representation* NEAR/2 model*)) (3792)
- # 45 TS=dyad* (1817)
- # 44 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (70,471)

# 43 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (5160)

# 42 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (24,476)

# 41 TS=(boy or boys or girl or girls) (5857)

# 40 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (104,538)

# 39 #5 and #38 (9)

# 38 #37 OR #36 OR #35 OR #34 OR #33 OR #32 OR #31 OR #30 OR #29 OR #28 OR #27 OR #26 OR #25 OR #24 OR #23 OR #22 OR #21 OR #20 OR #19 OR #18 OR #17 OR #16 OR #15 OR #14 OR #13 OR #12 OR #11 OR #10 OR #9 OR #8 OR #7 OR #6 (91,491)

# 37 TS=((feed* or food or water) NEAR/3 (therap* or program or intervention*)) (1518)

# 36 TS=(holding or restrain* or "rage reduc*" or rebirth*) (13,037)

- # 35 TS=(bath or bathe or bathing or massag* or tickl*) (7541)
- # 34 TS=((baby or babies or infant*) NEAR/2 (carrier* or carry*)) (33)
- # 33 TS=(personal NEAR/3 contact*) (91)
- # 32 TS=(self NEAR/2 regulat*) (1493)
- # 31 TS=solihull (6)
- # 30 TS=(mellow NEAR/3 (baby or babies or parent*)) (0)
- # 29 TS=(cues NEAR/3 clues) (3)
- # 28 TS=(violent NEAR/3 resistan*) or TS=(nonviolent NEAR/3 resistan*) or TS=(NVR) (49)
- # 27 TS="Orion Project" (4)
- # 26 TS="Project CARE" (8)
- # 25 TS=((home or hospital or family) NEAR/3 visit*) (575)
- # 24 TS=((story or stories) NEAR/3 stem*) (1)
- # 23 TS=(psychodynamic NEAR/3 psychotherap*) (24)
- # 22 TS=(Florida NEAR/3 (program* or intervention* or therap*)) (83)
- # 21 TS=Tamars (0)
- # 20 TS=(clinician* NEAR/3 exposure*) or TS=(CAVES) (640)
- # 19 TS=(video* or VIPP or VIG) (65,316)

# 18 TS=(modif* NEAR/3 guidance) (52)

# 17 TS=(manipulate* NEAR/3 respons*) or TS=(Leiden NEAR/3 (program* or intervention* or therap*)) (67)

- # 16 TS=(floortime) or TS=(floor NEAR/2 time) (90)
- # 15 TS=((parent* or child*) NEAR/2 game*) (146)
- # 14 TS=((parent* or mother* or father* or dyad*) NEAR/3 (psychotherapy* or "psycho therap*")) (4)

# 13 TS=("New Orleans" NEAR/3 (intervention* or program* or therap*)) or TS=(tulane NEAR/3 (team* or program* or intervention* or therap*)) (4)

- # 12 TS=(biobehavio* or "bio behavio*") (106)
- # 11 TS=((interaction or interactive) NEAR/3 guidance) (81)

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# 10 TS=(watch NEAR/2 wait) (51)

# 9 TS=((preschool* or "pre school*" or child* or infant*) NEAR/3 (psychotherap* or "psycho therap*")) (27)

# 8 TS=(circle NEAR/3 security) (2)

# 7 TS=(theraplay) or TS=(play NEAR/3 (therap* or program* or intervention*)) (234)

# 6 TS=(intervention NEAR/2 program*) (628)

# 5 #1 OR #2 OR #3 OR #4 (343)

# 4 TS=(attachment NEAR/2 (intervene* or insecure* or secure or security or early or theory or theories)) (93)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (54)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (141)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (95)

Databases=CPCI-S Timespan=All Years

Conference Proceedings Citation Index – Social Science & Humanities (CPCI-SSH; via ISI Web of Science) Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of 31 records were retrieved.

Databases=CPCI-SSH Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 52 #50 not #51 (31)

# 51 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (4408)

# 50 #39 and #49 (31)

# 49 #48 OR #47 OR #46 OR #45 OR #44 OR #43 OR #42 OR #41 OR #40 (45,707)

# 48 TS=(foster* or adopt*) (13,580)

# 47 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (5468)

# 46 TS=(attunement or (representation* NEAR/2 model*)) (356)

# 45 TS=dyad* (832)

# 44 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (8462)

# 43 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (1874)

# 42 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (7388)

# 41 TS=(boy or boys or girl or girls) (2090)

# 40 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (19,667)

# 39 #5 and #38 (38)

# 38 #37 OR #36 OR #35 OR #34 OR #33 OR #32 OR #31 OR #30 OR #29 OR #28 OR #27 OR #26 OR #25 OR #24 OR #23 OR #22 OR #21 OR #20 OR #19 OR #18 OR #17 OR #16 OR #15 OR #14 OR #13 OR #12 OR #11 OR #10 OR #9 OR #8 OR #7 OR #6 (7,242)

- # 37 TS=((feed* or food or water) NEAR/3 (therap* or program or intervention*)) (172)
- # 36 TS=(holding or restrain* or "rage reduc*" or rebirth*) (1844)
- # 35 TS=(bath or bathe or bathing or massag* or tickl*) (185)
- # 34 TS=((baby or babies or infant*) NEAR/2 (carrier* or carry*)) (2)
- # 33 TS=(personal NEAR/3 contact*) (63)
- # 32 TS=(self NEAR/2 regulat*) (645)
- # 31 TS=solihull (0)
- # 30 TS=(mellow NEAR/3 (baby or babies or parent*)) (0)
- # 29 TS=(cues NEAR/3 clues) (2)
- # 28 TS=(violent NEAR/3 resistan*) or TS=(nonviolent NEAR/3 resistan*) or TS=(NVR) (8)
- # 27 TS="Orion Project" (0)
- # 26 TS="Project CARE" (1)
- # 25 TS=((home or hospital or family) NEAR/3 visit*) (175)
- # 24 TS=((story or stories) NEAR/3 stem*) (4)
- # 23 TS=(psychodynamic NEAR/3 psychotherap*) (55)

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# 22 TS=(Florida NEAR/3 (program* or intervention* or therap*)) (17)

- # 21 TS=Tamars (0)
- # 20 TS=(clinician* NEAR/3 exposure*) or TS=(CAVES) (72)
- # 19 TS=(video* or VIPP or VIG) (3479)
- # 18 TS=(modif* NEAR/3 guidance) (2)

# 17 TS=(manipulate* NEAR/3 respons*) or TS=(Leiden NEAR/3 (program* or intervention* or therap*)) (13)

- # 16 TS=(floortime) or TS=(floor NEAR/2 time) (3)
- # 15 TS=((parent* or child*) NEAR/2 game*) (78)

# 14 TS=((parent* or mother* or father* or dyad*) NEAR/3 (psychotherapy* or "psycho therap*")) (25)

# 13 TS=("New Orleans" NEAR/3 (intervention* or program* or therap*)) or TS=(tulane NEAR/3 (team* or program* or intervention* or therap*)) (4)

# 12 TS=(biobehavio* or "bio behavio*") (35)

- # 11 TS=((interaction or interactive) NEAR/3 guidance) (10)
- # 10 TS=(watch NEAR/2 wait) (2)

# 9 TS=((preschool* or "pre school*" or child* or infant*) NEAR/3 (psychotherap* or "psycho therap*")) (81)

# 8 TS=(circle NEAR/3 security) (1)

- # 7 TS=(theraplay) or TS=(play NEAR/3 (therap* or program* or intervention*)) (56)
- # 6 TS=(intervention NEAR/2 program*) (327)
- # 5 #1 OR #2 OR #3 OR #4 (425)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (254)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (170)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (83)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (143)

## Education Resources Information Center (ERIC; via ProQuest)

Date searched: 1966 to December 2011.

Date of search: 11 January 2012.

A total of 372 records were retrieved.

#### Search strategy

S10 S1 and S9 (372*)

S9 S2 or S3 or S4 or S5 or S6 or S7 or S8 (69,842*)

S8 TI,AB((baby or babies or infant*) NEAR/2 (carrier* or carry*)) OR TI,AB(bath or bathe or bathing or massag*\$ or tick1*) OR TI,AB(holding or restrain* or rage reduc* or rebirth*) OR TI,AB((feed* or food or water) NEAR/3 (therap* or program or intervention*) (8820*)

S7 TI,AB(cues NEAR/3 clues) OR TI,AB(mellow NEAR/3 (baby or babies or parent*)) OR TI,AB(solihull) OR TI,AB(self NEAR/2 regulat*) OR TI,AB(personal NEAR/3 contact*) (3423*)

S6 TI,AB((story or stories) NEAR/3 stem*) OR TI,AB((home or hospital or family) NEAR/3 visit*) OR TI,AB ("Project CARE") OR TI,AB("Orion Project") AND TI,AB((violent NEAR/3 resistan*) or (nonviolent NEAR/3 resistan*) or NVR) (2027*)

S5 TI,AB(video* or VIPP or VIG) OR TI,AB((clinician* NEAR/3 exposure*) or CAVES) OR TI,AB(Tamars NEAR/3 Children*) OR TI,AB(Florida NEAR/3 (program* or intervention* or therap*)) AND TI,AB (psychodynamic NEAR/3 psychotherap*) (23,895*)

S4 TI,AB((parent* or mother* or father* or dyad*) NEAR/3 (psychotherap* or "psycho therap*")) OR TI, AB((parent* or child*) NEAR/2 game*) OR TI,AB(floortime or (floor NEAR/2 time)) OR TI,AB((manipulat* NEAR/3 respons*) or (Leiden NEAR/3 (program* or intervention* or therap*))) AND TI,AB(modif* NEAR/3 guidance) (760*)

S3 TI,AB((preschool* or "pre school*" or child* or infant*) NEAR/3 (psychotherap* or "psycho therap*")) OR TI,AB(watch NEAR/2 wait) OR TI,AB((interaction or interactive) NEAR/3 guidance) OR TI,AB (biobehavio* or "bio behavio*") AND TI,AB((New Orleans NEAR/3 (intervention* or program* or therap*)) or (tulane NEAR/3 (team* or program* or intervention* or therap*))) (311*)

S2 SU("Intervention" or "Play Therapy") OR TI,AB(theraplay or (play NEAR/3 (therap* or program or intervention*))) OR TI,AB(circle NEAR/3 security) (32,903*)

S1 ((su(("Attachment Behavior")) OR TI,AB(attachment NEAR/2 (disorder[*1] OR problem[*1] OR style[*1] OR pattern[*1]))) OR TI,AB(attachment NEAR/2 (behavio*r* OR ambivalen* OR avoidant OR diffuse OR organi* OR disorgani* OR disrupt* OR abnormal* OR disinhib* OR inhib*)) OR TI,AB(attachment NEAR/2 (disorienta* OR reactive OR anxious* OR disturb* OR relation* OR interven* OR insecure* OR secure OR security OR early OR theory OR theories))) (2909*)

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## Social Services Abstracts (via CSA Illumina)

Date searched: 1979 to December 2011.

Date of search: 11 January 2012.

A total of 99 records were retrieved.

#### Search strategy

((KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) and((DE=("adolescents" or "children" or "infants")) or(KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*)) or KW=("young people" or "young person" or "young persons" or "young adult*" or "early adult*")) or (DE=(Dyads or Child Neglect or Child Abuse or Foster Care or Foster Children or Adoption or Adopted Children) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad*) or (dyad* or attunement) or (representation* within 2 model*)) or KW=((neglect* or abuse or abused or abusive or maltreat* or mistreat*) or (foster* or adopt*))))) and((DE=(Intervention or Psychodynamics) or KW=((theraplay or (play within 3 (therap* or program or intervention*))) or ((preschool* or "pre school*" or child* or infant*) within 3 (psychotherap* or "psycho therap*")) or (watch within 2 wait)) or KW=(((interaction or interactive) within 3 guidance) or (biobehavio* or "bio behavio*") or (("New Orleans" within 3 (intervention* or program* or therap*)) or (tulane within 3 (team* or program* or intervention* or therap*))))) or(KW=(((parent* or mother* or father* or dyad*) within 3 (psychotherap* or "psycho therap*")) or ((parent* or child*) within 2 game*) or (floortime or (floor within 2 time))) or KW=(((manipulat* within 3 respons*) or (Leiden within 3 (program* or intervention* or therap*))) or ((preschool* or "pre school*" or child* or infant*) within 3 (psychotherap* or "psycho therap*")) or (watch within 2 wait)) or KW=(((interaction or interactive) within 3 guidance) or (modif* within 3 guidance) or (video* or VIPP or VIG))) or(KW=(((clinician* within 3 exposure*) or CAVES) or (Tamars within 3 Children*) or (Florida within 3 (program* or intervention* or therap*))) or KW=((psychodynamic within 3 psychotherap*) or ((story or stories) within 3 stem*) or ((home or hospital or family) within 3 visit*)) or KW=("Project CARE" or "Orion Project")) or(KW=(((violent within 3 resistan*) or (nonviolent within 3 resistan*) or NVR) or (cues within 3 clues) or (mellow within 3 (baby or babies or parent*))) or KW=((solihull or bath or bathe or bathing or massag* or tick1*) or (self within 2 regulat*) or (personal within 3 contact*)) or KW=(((baby or babies or infant*) within 2 (carrier* or carry*)) or ((feed* or food or water) within 3 (therap* or program or intervention*)) or (holding or restrain* or "rage reduc*" or rebirth*))))

## Applied Social Sciences Index and Abstracts (ASSIA; via CSA Illumina)

Date searched: 1987 to December 2011.

Date of search: 11 January 2012.

A total of 109 records were retrieved.

#### Search strategy

((KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) or (DE="attachment disorders")) and(DE=((Children or Infants or Adolescents) or (Parents or

Dyads) or (Child neglect or Child abuse or Foster Care or Foster children or Adoption or Adopted children or Adoptive parents)) or KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster* or "young people" or "young person" or "young persons" or "young adult*" or "early adult*")) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad* or dyad* or attunement) or (representation* within 2 model*) or (neglect* or abuse or abused or abusive or maltreat* or mistreat* or foster* or adopt*))) and((DE=(Interventions or Psychodynamics or Play therapy) or KW=((theraplay or (play within 3 (therap* or program or intervention*))) or ((preschool* or "pre school*" or child* or infant*) within 3 (psychotherap* or "psycho therap*")) or (watch within 2 wait)) or KW=(((interaction or interactive) within 3 guidance) or (biobehavio* or "bio behavio*") or (("New Orleans" within 3 (intervention* or program* or therap*)) or (tulane within 3 (team* or program* or intervention* or therap*))))) or(KW=(((parent* or mother* or father* or dyad*) within 3 (psychotherap* or "psycho therap*")) or ((parent* or child*) within 2 game*) or (floortime or (floor within 2 time))) or KW= (((manipulat* within 3 respons*) or (Leiden within 3 (program* or intervention* or therap*))) or ((preschool* or "pre school*" or child* or infant*) within 3 (psychotherap* or "psycho therap*")) or (watch within 2 wait)) or KW=(((interaction or interactive) within 3 guidance) or (modif* within 3 guidance) or (video* or VIPP or VIG))) or(KW=(((clinician* within 3 exposure*) or CAVES) or (Tamars within 3 Children*) or (Florida within 3 (program* or intervention* or therap*))) or KW=((psychodynamic within 3 psychotherap*) or ((story or stories) within 3 stem*) or ((home or hospital or family) within 3 visit*)) or KW=("Project CARE" or "Orion Project")) or(KW=(((violent within 3 resistan*) or (nonviolent within 3 resistan*) or NVR) or (cues within 3 clues) or (mellow within 3 (baby or babies or parent*))) or KW=((solihull or bath or bathe or bathing or massag* or tickl*) or (self within 2 regulat*) or (personal within 3 contact*)) or KW=(((baby or babies or infant*) within 2 (carrier* or carry*)) or ((feed* or food or water) within 3 (therap* or program or intervention*)) or (holding or restrain* or "rage reduc*" or rebirth*))))

## Social Care Online (via SCIE)

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 196 records were retrieved.

#### Advanced search option

(topic"attachment" or freetext="attachment") AND (topic="children" or topic="babies" or topic="young people" or topic="child abuse" or topic="child neglect" or topic="adoption" or topic="adoptive parents" or topic="adoptive children" or topic="foster care" or topic="foster children" or freetext="child*" or freetext="infant*" or freetext="infancy" or freetext="preschool*" or freetext="padiat*" or freetext="baby" or freetext="babies" or freetext="pediat*" or freetext="padiat*" or freetext="juvenile*" or freetext="youth*" or freetext="teenage*" or freetext="young ster*" or freetext="young people" or freetext="young person" or freetext="young persons" or freetext=" theraplay" or freetext="play therapy" or freetext="circle of security" or freetext=" psychotherap*" or freetext="biobehavio*" or freetext="new orleans" or freetext="floortime" or freetext="floor time" or freetext="biobehavio*" or freetext="solihull" or freetext="floortime" or freetext="floortime" or freetext="leiden" or freetext="solihull" or freetext="floortime" or freetext="psychotherapy*" or freetext="leiden" or freetext="solihull" or freetext="floortime" or freetext="psychotherapy*" or freetext="floortime" or freetext="solihull" or freetext="floortime" or freetext="psychotherapy*" or freetext="leiden" or freetext="solihull" or freetext="wideo*" or freetext="psychotherapy*" or freetext="floortime" or freetext="solihull" or freetext="mellow")

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## **Controlled trials search strategies**

## PsycINFO (via OvidSP)

Date searched: 1806 to week 1, January 2012.

Date of search: 6 January 2012.

A total of 858 records were retrieved.

- 1. attachment behavior/ (13,469)
- 2. attachment disorders/ (370)
- 3. attachment theory/ (885)
- 4. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (4327)
- 5. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2562)
- 6. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (3582)
- 7. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (7456)
- 8. or/1-7 (17,172)
- 9. (double-blind or random\$ assigned or control).tw. [HEDGES Best Balance] (291,583)
- 10. 8 and 9 (1187)
- 11. (comment reply or editorial or letter or reprint or "review book" or "review media" or "review software other").dt. (221,270)
- 12. (animal or animals or rat or rats or mouse or mice or hamster or hamsters or dog or dogs or cat or cats or bovine or sheep or ovine or pig or pigs).ab,ti,id,de. (232,200)
- 13. 10 not (11 or 12) (1120)
- 14. (infancy 2 23 mo or neonatal birth 1 mo or preschool age 2 5 yrs).ag. (113,808)
- 15. (adolescence 13 17 yrs or childhood birth 12 yrs or school age 6 12 yrs).ag. (524,966)
- (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (504,891)
- 17. (boy or boys or girl or girls).ti,ab. (69,790)
- 18. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (190,092)
- 19. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (38,372)
- 20. exp Parents/ (62,079)
- 21. exp Parenting/ (64,945)
- 22. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (242,087)
- 23. Dyads/ (3998)
- 24. dyad\$.ti,ab. (18,706)
- 25. (attunement or (representation\$ adj2 model\$)).ti,ab. (1587)
- 26. exp Child Neglect/ or exp Child Abuse/ (21,046)
- 27. exp Foster Children/ or exp Foster Care/ or exp Foster Parents/ (4034)
- 28. exp "Adoption (Child)"/ or exp Adoptive Parents/ (2891)
- 29. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (104,195)
- 30. (foster\$ or adopt\$).ti,ab. (69,814)
- 31. or/14-30 (955,446)
- 32. 13 and 31 (858)

## MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations (via OvidSP)

Date searched: 1946 to week 4, December 2011.

Date of search: 9 January 2012.

A total of 327 records were retrieved in MEDLINE, and 17 in MEDLINE In-Process.

- 1. Reactive Attachment Disorder/ (296)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1100)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2250)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (842)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (1795)
- 6. or/1-5 (4718)
- 7. randomized controlled trial.pt. (315,877)
- 8. controlled clinical trial.pt. (83,182)
- 9. randomized.ab. (221,432)
- 10. placebo.ab. (127,183)
- 11. drug therapy.fs. (1,488,786)
- 12. randomly.ab. (160,369)
- 13. trial.ab. (228,368)
- 14. groups.ab. (1,061,229)
- 15. or/7-14 (2,757,907)
- 16. 6 and 15 (587)
- 17. animals/ not (animals/ and humans/) (3,548,684)
- 18. (letter or editorial or comment or news or newspaper article).pt. (1,231,519)
- 19. 16 not (17 or 18) (524)
- 20. exp Child/ (1,400,869)
- 21. exp Infant/ (854,319)
- 22. Adolescent/ (1,434,825)
- 23. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,125,683)
- 24. (boy or boys or girl or girls).ti,ab. (136,911)
- 25. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (214,069)
- 26. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (60,337)
- 27. exp Parents/ (60,696)
- 28. exp Parent-Child Relations/ or Parenting/ (45,480)
- 29. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (520,407)
- 30. dyad\$.ti,ab. (7450)
- 31. (attunement or (representation\$ adj2 model\$)).ti,ab. (692)
- 32. Child Abuse/ (15,437)
- 33. Foster Home Care/ (2730)
- 34. Adoption/ (3984)
- 35. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (101,116)
- 36. (foster\$ or adopt\$).ti,ab. (116,855)
- 37. or/20-36 (3,282,233)
- 38. 19 and 37 (327)

## EMBASE (via OvidSP)

Date searched: 1974 to week 1, 2012.

Date of search: 10 January 2012.

A total of 306 records were retrieved.

- 1. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1565)
- 2. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2670)
- 3. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (1148)
- 4. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (2513)
- 5. or/1-4 (5956)
- 6. random.tw. (154,661)
- 7. clinical trial.mp. (891,809)
- 8. exp Health Care Quality/ (1,569,346)
- 9. or/6-8 [HEDGES trials filter] (2,354,119)
- 10. 5 and 9 (493)
- 11. Animal/ or Animal Experiment/ or Nonhuman/ (5,761,726)
- 12. (rat or rats or mouse or mice or murine or rodent or rodents or hamster or hamsters or pig or pigs or porcine or rabbit or rabbits or animal or animals or dogs or dog or cats or cow or bovine or sheep or ovine or monkey or monkeys).ti,ab,sh. (4,749,774)
- 13. 11 or 12 (6,446,779)
- 14. exp Human/ or Human Experiment/ (12,937,340)
- 15. 13 not (13 and 14) (5,116,251)
- 16. (editorial or letter or note).pt. (1,613,483)
- 17. 10 not (15 or 16) (474)
- 18. child/ (1,135,530)
- 19. infant/ (476,014)
- 20. adolescent/ (1,127,803)
- 21. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,413,823)
- 22. (boy or boys or girl or girls).ti,ab. (177,580)
- 23. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (272,836)
- 24. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (76,703)
- 25. exp parent/ (114,307)
- 26. exp child parent relation/ (58,704)
- 27. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (911,848)
- 28. dyad\$.ti,ab. (9350)
- 29. (attunement or (representation\$ adj2 model\$)).ti,ab. (894)
- 30. child abuse/ or child neglect/ (21,051)
- 31. foster care/ (3077)
- 32. adoption/ or adopted child/ (4815)
- 33. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (131,980)
- 34. (foster\$ or adopt\$).ti,ab. (150,939)
- 35. or/18-34 (3,567,803)
- 36. 17 and 35 (306)

## Social Policy & Practice (via OvidSP)

Date searched: inception to 2012.

Date of search: 10 January 2012.

A total of 166 records were retrieved.

## Search strategy

- 1. attachment disorder.de. (232)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (390)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (196)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (265)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (824)
- 6. or/1-5 (1309)
- 7. (random\$ or clin\$ trial\$ or control\$ or prospectiv\$ or placebo\$).ti,ab,de. (20,123)
- 8. ((singl\$ or doubl\$ or tripl\$ or trebl\$) adj3 (blind\$ or mask\$)).ti,ab,de. (83)
- 9. ((case control\$ or cohort\$ or prospectiv\$ or quantitativ\$ or longitudinal or comparator or comparison or comparative or control\$ or evaluation or followup or follow up or intervention or multicenter\$ or multi center\$ or multi centre\$ or multi centre\$ or family or open) adj3 (study or studies or trial\$ or group or groups or series)).ti,ab,de. (13,403)
- 10. or/7-9 (28,407)
- 11. 6 and 10 (189)
- 12. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti, ab,de. (125,901)
- 13. (boy or boys or girl or girls).ti,ab,de. (5692)
- 14. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab,de. (32,056)
- 15. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab,de. (42,212)
- 16. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab,de. (47,034)
- 17. dyad\$.ti,ab,de. (480)
- 18. (attunement or (representation\$ adj2 model\$)).ti,ab,de. (66)
- 19. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab,de. (23,203)
- 20. (foster\$ or adopt\$).ti,ab,de. (19,994)
- 21. or/12-20 (172,573)
- 22. 11 and 21 (166)

## Science Citation Index (SCI; via ISI Web of Science)

Date searched: 1899 to 6 January 2012.

Date of search: 10 January 2012.

A total of 362 records were retrieved.

Databases=SCI-EXPANDED Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 23 #21 not #22 (362)

# 22 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (3,408,525)

# 21 #10 and #20 (389)

# 20 #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 (1,972,974)

# 19 TS=(foster* or adopt*) (207,538)

# 18 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (117,173)

# 17 TS=(attunement or (representation* NEAR/2 model*)) (6475)

# 16 TS=dyad* (10,857)

# 15 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (574,227)

# 14 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (55,963)

# 13 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (249,910)

# 12 TS=(boy or boys or girl or girls) (96,380)

# 11 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (1,021,056)

# 10 #5 and #9 (867)

# 9 #6 or #7 or #8 (4,236,177)

# 8 TS=((singl* or doubl* or tripl* or trebl*) NEAR/2 (blind* or mask*)) (152,011)

# 7 TS=(random* or "clin* trial*" or "controlled study" or "controlled studies" or "controlled trial*" or "control* group" or "control* groups" or "control* series" or prospective) (1,293,016)

# 6 TS=("case control*" or cohort* or quantitative* or longitudinal or comparat* or comparison or evaluation or followup or "follow up" or intervention or multicenter* or "multi center*" or multicentre* or "multi centre*") (3,357,932)

# 5 #1 OR #2 OR #3 OR #4 (4128)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (1090)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (593)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (2203)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (924)

## Social Science Citation Index (SSCI; via ISI Web of Science)

Date searched: 1956 to 6 January 2012.

Date of search: 10 January 2012.

A total 1318 records were retrieved.

Databases=SSCI-EXPANDED Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 23 #21 not #22 (1318)

# 22 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (91,781)

- # 21 #10 and #20 (1336)
- # 20 #11 OR #12 OR #13 OR #14 OR #15 OR #16 or #17 or #18 or #19 (682,942)
- # 19 TS=(foster* or adopt*) (75,821)
- # 18 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (91,084)
- # 17 TS=(attunement or (representation* NEAR/2 model*)) (2062)
- # 16 TS=dyad* (10,250)

# 15 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (160,559)

# 14 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (35,541)

# 13 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (165,662)

# 12 TS=(boy or boys or girl or girls) (42,755)

# 11 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (392,420)

# 10 #5 and #9 (1635)

# 9 #6 or #7 or #8 (580,190)

# 8 TS=((singl* or doubl* or tripl* or trebl*) NEAR/2 (blind* or mask*)) (16,949)

# 7 TS=(random* or "clin* trial*" or "controlled study" or "controlled studies" or "controlled trial*" or "control* group" or "control* groups" or "control* series" or prospective) (171,684)

# 6 TS=("case control*" or cohort* or quantitative* or longitudinal or comparat* or comparison or evaluation or followup or "follow up" or intervention or multicenter* or "multi center*" or multicentre* or "multi centre*") (480,117)

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# 5 #1 OR #2 OR #3 OR #4 (6395)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (3717)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (2147)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (1017)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (2646)

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Conference Proceedings Citation Index - Science (CPCI-S; via ISI Web of Science)
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Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of 19 records were retrieved.

Databases=CPCI-S-EXPANDED Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 23 #21 not #22 (19)

# 22 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (282,876)

# 21 #10 and #20 (20)

# 20 #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 (291,238)

- # 19 TS=(foster* or adopt*) (87,891)
- # 18 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (17,504)

# 17 TS=(attunement or (representation* NEAR/2 model*)) (3792)

# 16 TS=dyad* (1817)

# 15 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (70,471)

# 14 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (5160)

# 13 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (24,476)

# 12 TS=(boy or boys or girl or girls) (5857)

# 11 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (104,538)

# 10 #5 and #9 (51)

# 9 #6 or #7 or #8 (788,345)

# 8 TS=((singl* or doubl* or tripl* or trebl*) NEAR/2 (blind* or mask*)) (15,441)

# 7 TS=(random* or "clin* trial*" or "controlled study" or "controlled studies" or "controlled trial*" or "control* group" or "control* groups" or "control* series" or prospective) (196,209)

# 6 TS=("case control*" or cohort* or quantitative* or longitudinal or comparat* or comparison or evaluation or followup or "follow up" or intervention or multicenter* or "multi center*" or multicentre* or "multi centre*") (640,059)

# 5 #1 OR #2 OR #3 OR #4 (344)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (94)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (54)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (141)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (95)

# Conference Proceedings Citation Index – Social Science & Humanities (CPCI-SSH; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of 71 records were retrieved.

Databases=CPCI-SSH Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 23 #21 not #22 (71)

# 22 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (4408)

# 21 #10 and #20 (71)

# 20 #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 (45,707)

# 19 TS=(foster* or adopt*) (13,580)

# 18 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (5468)

# 17 TS=(attunement or (representation* NEAR/2 model*)) (356)

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# 16 TS=dyad* (832)

# 15 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (8462)

# 14 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (1874)

# 13 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (7388)

# 12 TS=(boy or boys or girl or girls) (2090)

# 11 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (19,667)

# 10 #5 and #9 (90)

# 9 #6 or #7 or #8 (53,782)

# 8 TS=((singl* or doubl* or tripl* or trebl*) NEAR/2 (blind* or mask*)) (1128)

# 7 TS=(random* or "clin* trial*" or "controlled study" or "controlled studies" or "controlled trial*" or "control* group" or "control* groups" or "control* series" or prospective) (9834)

# 6 TS=("case control*" or cohort* or quantitative* or longitudinal or comparat* or comparison or evaluation or followup or "follow up" or intervention or multicenter* or "multi center*" or multicentre* or "multi centre*") (47,091)

# 5 #1 OR #2 OR #3 OR #4 (425)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (254)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (170)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (83)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (143)

Education Resources Information Center (ERIC; via ProQuest)

Date searched: 1966 to December 2011.

Date of search: 11 January 2012.

A total of 450 records were retrieved.

#### Search strategy

S1 ((su(("Attachment Behavior")) OR TI,AB(attachment NEAR/2 (disorder[*1] OR problem[*1] OR style[*1] OR pattern[*1]))) OR TI,AB(attachment NEAR/2 (behavio*r* OR ambivalen* OR avoidant OR diffuse OR organi* OR disorgani* OR disrupt* OR abnormal* OR disinhib* OR inhib*)) OR TI,AB(attachment NEAR/2 (disorienta* OR reactive OR anxious* OR disturb* OR relation* OR interven* OR insecure* OR secure OR security OR early OR theory OR theories))) 2909*

S2 SU(("Case Studies" OR "Followup Studies" OR "Longitudinal Studies")) OR TI,AB("case control*" or cohort* or longitudinal or followup or "follow up" or multicenter* or "multi center*" or multicentre* or "multi centre*") OR TI,AB(random* or "clin* trial*" or "controlled study" or "controlled studies" or "controlled trial*" or "control* group" or "control* groups" or "control* series" or "prospective study" or "prospective studies" or "prospective trial[*1]") OR TI,AB((singl* or doubl* or tripl* or trebl*) NEAR/2 (blind* or mask*))108,306*

S3 S1 and S2 450*

#### Social Services Abstracts (via CSA Illumina)

Date searched: 1979 to December 2011.

Date of search: 11 January 2012.

A total of 125 records were retrieved.

#### Search strategy

(KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) and((DE=("adolescents" or "children" or "infants")) or(KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*)) or KW=("young people" or "young person" or "young persons" or "young adult*" or "early adult*")) or(DE=(Dyads or Child Neglect or Child Abuse or Foster Care or Foster Children or Adoption or Adopted Children) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad*) or (dyad* or attunement) or (representation* within 2 model*)) or KW=((neglect* or abuse or abused or abusive or maltreat* or mistreat*) or (foster* or adopt*)))) and(DE=((Longitudinal Studies) or (Case Studies) or (Cohort Analysis)) or KW=(((case control* or cohort* or longitudinal or followup or "follow up" or multicenter* or "multi center*" or multicentre* or "multi centre*" or family or open) within 3 (study or studies or trial* or group or groups or series)) or (random* or "clin* trial*" or control* or prospectiv* or placebo*) or ((singl* or doubl* or tripl* or trebl*) within 3 (blind* or mask*))))

Applied Social Sciences Index and Abstracts (ASSIA; via CSA Illumina)

Date searched: 1987 to December 2011.

Date of search: 11 January 2012.

A total of 312 records were retrieved.

#### Search strategy

(((KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) or(DE="attachment disorders")) and(DE=((Children or Infants or Adolescents) or (Parents or Dyads) or (Child neglect or Child abuse or Foster Care or Foster children or Adoption or Adopted children or Adoptive parents)) or KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster* or "young people" or "young person" or "young persons" or "young adult*" or "early adult*")) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad* or dyad* or attunement) or (representation* within 2 model*) or (neglect* or abuse or abused or

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abusive or maltreat* or mistreat* or foster* or adopt*)))) and((("case control*" or cohort* or quantitativ* or longitudinal or comparator or comparison or comparative or evaluation or followup or "follow up" or intervention or multicenter* or "multi center*" or multicentre* or "multi centre*" or family or open) within 3 (study or studies or trial* or group or groups or series)) or (DE=(Case controlled studies or Cohort analysis or Quantitative methods or Quantitative analysis or Longitudinal studies or Comparative research or Comparative studies or Comparative approaches or Evaluation designs or Evaluation or Followup studies or Followup)) or (random* or "clin* trial*" or control* or prospectiv* or placebo*) or ((singl* or doubl* or tripl* or trebl*) within 3 (blind* or mask*)) or (DE=(Randomization or Randomized consent design or Randomized controlled trials or Clinical randomized controlled trials or Cluster randomized controlled trials or Urn randomization or Clinical trials or Double blind randomized trials or Placebos or Placebo effect or Control groups or Prospective controlled trials or Prospective studies))))

#### Social Care Online (via SCIE)

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 119 records were retrieved.

#### Advanced search option

(topic"attachment" or freetext="attachment") AND (topic="children" or topic="babies" or topic="young people" or topic="child abuse" or topic="child neglect" or topic="adoption" or topic="adoptive parents" or topic="adoptive children" or topic="foster care" or topic="foster children" or freetext="child*" or freetext="infant*" or freetext="infancy" or freetext="preschool*" or freetext="pediat*" or freetext="baby" or freetext="babies" or freetext="pediat*" or freetext="paediat*" or freetext="juvenile*" or freetext="youth*" or freetext="teenage*" or freetext="young persons" or freetext="young adult*" or freetext="early adult") AND (topic="randomised controlled trials" or topic="case studies" or topic="longitudinal studies" or freetext=" follow up stud*" or freetext="cohort stud*" or freetext="longitudinal studies" or freetext="follow up stud*" or freetext="multicent* stud*" or freetext="multi cent* stud*" or freetext="follow up stud*" or freetext="multicent* stud*" or freetext="multi cent* stud*" or freetext="random*" or freetext="clin* trial*"

## **Cochrane Central Register of Controlled Trials (via The Cochrane Library)** Issue 4, 2011.

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 193 records were retrieved.

#### Search strategy

#1 MeSH descriptor Reactive Attachment Disorder explode all trees 9

#2 (attachment NEAR/3 (disorder* or problem* or style* or pattern*)):ti,ab,kw 59

#3 (attachment NEAR/3 (behavio?r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)):ti,ab,kw 31

#4 (attachment NEAR/3 (disorienta* or reactive or anxious* or disturb* or relation*)):ti,ab,kw 108

#5 (attachment NEAR/3 (interven* or insecure* or secure or security or early or theory or theories)):ti,ab, kw 81

#6 (#1 OR #2 OR #3 OR #4 OR #5) 199

[Line #6 includes the results from all The Cochrane Library databases: CDSR 3, DARE 1, CENTRAL 193, HTA 1, and NHS EED 1]

## **Economics/costs search strategies**

## PsycINFO (via OvidSP)

Date searched: 1806 to week 1, January 2012.

Date of search: 6 January 2012.

A total of 282 records were retrieved.

- 1. attachment behavior/ (13,469)
- 2. attachment disorders/ (370)
- 3. attachment theory/ (885)
- 4. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (4327)
- 5. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2562)
- 6. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (3582)
- 7. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (7456)
- 8. or/1-7 (17,172)
- 9. exp "Costs and Cost Analysis"/ (15,039)
- 10. health care costs/ (5358)
- 11. "cost containment"/ (429)
- 12. (econom\$ or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic\$).ti, ab,id. (122,816)
- 13. (expenditure\$ not energy).ti,ab,id. (4131)
- 14. (value adj2 money).ti,ab,id. (238)
- 15. budget\$.ti,ab,id. (4568)
- 16. (willingness adj2 pay).ti,ab,id. (731)
- 17. or/9-16 (129,872)
- 18. (task adj2 cost\$).ti,ab,id. (267)
- 19. (switch\$ adj2 cost\$).ti,ab,id. (585)
- 20. (metabolic adj cost).ti,ab,id. (45)
- 21. ((energy or oxygen) adj cost).ti,ab,id. (163)
- 22. ((energy or oxygen) adj expenditure).ti,ab,id. (1485)
- 23. or/18-22 (2390)
- 24. (animal or animals or rat or rats or mouse or mice or hamster or hamsters or dog or dogs or cat or cats or bovine or sheep or ovine or pig or pigs).ab,ti,id,de. (232,200)
- 25. 17 not (23 or 24) (125,660)
- 26. 8 and 25 (298)
- 27. (comment reply or editorial or letter or reprint or "review book" or "review media" or "review software other").dt. (221,270)
- 28. 26 not 27 (282)

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MEDLINE and MEDLINE In-Process & Other Non-Indexed Citations (via OvidSP)

Date searched: 1946 to week 4, December 2011.

Date of search: 9 January 2012

A total of 47 records were retrieved in MEDLINE, and one in MEDLINE In-Process.

- 1. Reactive Attachment Disorder/ (296)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1100)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2250)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (842)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (1795)
- 6. or/1-5 (4718)
- 7. economics/ (26,133)
- 8. exp "costs and cost analysis"/ (159,926)
- 9. economics, dental/ (1833)
- 10. exp "economics, hospital"/(17,522)
- 11. economics, medical/ (8420)
- 12. economics, nursing/ (3852)
- 13. economics, pharmaceutical/ (2276)
- 14. (economic\$ or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic\$).ti,ab. (346,791)
- 15. (expenditure\$ not energy).ti,ab. (14,586)
- 16. (value adj1 money).ti,ab. (17)
- 17. budget\$.ti,ab. (14,854)
- 18. or/7-17 (460,918)
- 19. ((energy or oxygen) adj cost).ti,ab. (2355)
- 20. (metabolic adj cost).ti,ab. (617)
- 21. ((energy or oxygen) adj expenditure).ti,ab. (13,435)
- 22. or/19-21 (15,780)
- 23. 18 not 22 (457,312)
- 24. 6 and 23 (73)
- 25. animals/ not (animals/ and humans/) (3,548,684)
- 26. (letter or editorial or comment or news or newspaper article).pt. (1,231,519)
- 27. 24 not (25 or 26) (66)
- 28. exp Child/ (1,400,869)
- 29. exp Infant/ (854,319)
- 30. Adolescent/ (1,434,825)
- 31. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti,ab. (1,125,683)
- 32. (boy or boys or girl or girls).ti,ab. (136,911)
- 33. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (214,069)
- 34. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (60,337)
- 35. exp Parents/ (60,696)
- 36. exp Parent-Child Relations/ or Parenting/ (45,480)
- 37. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (520,407)
- 38. dyad\$.ti,ab. (7450)
- 39. (attunement or (representation\$ adj2 model\$)).ti,ab. (692)
- 40. Child Abuse/ (15,437)
- 41. Foster Home Care/ (2730)

#### 42. Adoption/ (3984)

- 43. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (101,116)
- 44. (foster\$ or adopt\$).ti,ab. (116,855)
- 45. or/28-44 (3,282,233)
- 46. 27 and 45 (47)

## EMBASE (via OvidSP)

Date searched: 1974 to week 1, 2012.

Date of search: 10 January 2012.

A total of 67 records were retrieved.

#### Search strategy

- 1. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (1565)
- 2. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (2670)
- 3. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (1148)
- 4. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (2513)
- 5. or/1-4 (5956)
- 6. Health Economics/ (31,517)
- 7. exp Economic Evaluation/ (176,759)
- 8. exp Health Care Cost/ (170,263)
- 9. exp PHARMACOECONOMICS/ (142,949)
- 10. or/6-9 (404,965)
- 11. (econom\$ or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic\$).ti,ab. (479,601)
- 12. (expenditure\$ not energy).ti,ab. (19,251)
- 13. (value adj2 money).ti,ab. (1033)
- 14. budget\$.ti,ab. (20,159)
- 15. or/11-14 (499,971)
- 16. 10 or 15 (737,326)
- 17. (metabolic adj cost).ti,ab. (712)
- 18. ((energy or oxygen) adj cost).ti,ab. (2782)
- 19. ((energy or oxygen) adj expenditure).ti,ab. (16,168)
- 20. or/17-19 (18,942)
- 21. 16 not 20 (732,958)
- 22. Animal/ or Animal Experiment/ or Nonhuman/ (5,761,726)
- 23. (rat or rats or mouse or mice or murine or rodent or rodents or hamster or hamsters or pig or pigs or porcine or rabbit or rabbits or animal or animals or dogs or dog or cats or cow or bovine or sheep or ovine or monkey or monkeys).ti,ab,sh. (4,749,774)
- 24. 22 or 23 (6,446,779)
- 25. exp Human/ or Human Experiment/ (12,937,340)
- 26. 24 not (24 and 25) (5,116,251)
- 27. (editorial or letter or note).pt. (1,613,483)
- 28. 5 and 21 (105)
- 29. 28 not (26 or 27) (98)
- 30. child/ (1,135,530)
- 31. infant/ (476,014)

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- 32. adolescent/ (1,127,803)
- 33. (child\$ or infant\$ or infancy or preschool\$ or pre school\$ or baby or babies or pediat\$ or paediat\$).ti, ab. (1,413,823)
- 34. (boy or boys or girl or girls).ti,ab. (177,580)
- 35. (schoolchild\$ or adolescen\$ or juvenile\$ or youth\$ or teenage\$ or youngster\$).ti,ab. (272,836)
- 36. (young people or young person or young persons or young adult\$ or early adult\$).ti,ab. (76,703)
- 37. exp parent/ (114,307)
- 38. exp child parent relation/ (58,704)
- 39. (parent\$ or mother\$ or maternal\$ or mum\$ or father\$ or paternal\$ or dad\$).ti,ab. (911,848)
- 40. dyad\$.ti,ab. (9350)
- 41. (attunement or (representation\$ adj2 model\$)).ti,ab. (894)
- 42. child abuse/ or child neglect/ (21,051)
- 43. foster care/ (3077)
- 44. adoption/ or adopted child/ (4815)
- 45. (neglect\$ or abuse or abused or abusive or maltreat\$ or mistreat\$).ti,ab. (131,980)
- 46. (foster\$ or adopt\$).ti,ab. (150,939)
- 47. or/30-46 (3,567,803)
- 48. 29 and 47 (67)

## Social Policy & Practice (via OvidSP)

Date searched: inception to 2012.

Date of search: 10 January 2012.

A total of 36 records were retrieved.

#### Search strategy

- 1. attachment disorder.de. (232)
- 2. (attachment adj2 (disorder\$1 or problem\$1 or style\$1 or pattern\$1)).ti,ab. (390)
- 3. (attachment adj2 (behavio?r\$ or ambivalen\$ or avoidant or diffuse or organi\$ or disorgani\$ or disrupt\$ or abnormal\$ or disinhib\$ or inhib\$)).ti,ab. (196)
- 4. (attachment adj2 (disorienta\$ or reactive or anxious\$ or disturb\$ or relation\$)).ti,ab. (265)
- 5. (attachment adj2 (interven\$ or insecure\$ or secure or security or early or theory or theories)).ti,ab. (824)6. or/1-5 (1309)
- 7  $(aconom^{\text{c}} \text{ or cost} \text{ or costs} \text{ or costs})$
- 7. (econom\$ or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic\$).ti,ab, de. (38,824)
- 8. 6 and 7 (36)

#### Science Citation Index (SCI; were ISI Web of Science)

Date searched: 1899 to 6 January 2012.

Date of search: 10 January 2012.

A total of 22 records were retrieved.

Databases=SCI-EXPANDED Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (22)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (3,408,525)

# 18 #7 and #17 (24)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (1,972,974)

# 16 TS=(foster* or adopt*) (207,538)

# 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (117,173)

# 14 TS=(attunement or (representation* NEAR/2 model*)) (6475)

# 13 TS=dyad* (10,857)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (574,227)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (55,963)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (249,910)

# 9 TS=(boy or boys or girl or girls) (96,380)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (1,021,056)

# 7 #5 and #6 (61)

# 6 TS=(econom* or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic*) (684,586)

# 5 #1 OR #2 OR #3 OR #4 (4128)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (1090)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (593)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (2203)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (924)

## Social Science Citation Index (SSCI; via ISI Web of Science)

Date searched: 1956 to 6 January 2012.

Date of search: 10 January 2012

A total of 80 records were retrieved.

Databases=SSCI-EXPANDED Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (80)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (91,781)

# 18 #7 AND #17 (80)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (682,942)

# 16 TS=(foster* or adopt*) (75,821)

# 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (91,084)

# 14 TS=(attunement or (representation* NEAR/2 model*)) (2062)

# 13 TS=dyad* (10,250)

# 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (160,559)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (35,541)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (165,662)

# 9 TS=(boy or boys or girl or girls) (42,755)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (392,420)

# 7 #5 and #6 (128)

# 6 TS=(econom* or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic*) (499,554)

# 5 #1 OR #2 OR #3 OR #4 (6395)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (3,717)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (2147)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (1017)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (2646)

Conference Proceedings Citation Index – Science (CPCI-S; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

One record was retrieved.

Databases=CPCI-S Timespan=All Years.

Lemmatization=Off.

#### Search strategy

# 20 #18 NOT #19 (1)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (282,876)

# 18 #7 AND #17 (1)

# 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (291,238)

- # 16 TS=(foster* or adopt*) (87,891)
- # 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (17,504)
- # 14 TS=(attunement or (representation* NEAR/2 model*)) (3792)
- # 13 TS=dyad* (1817)
- # 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (70,471)
- # 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (5160)
- # 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (24,476)

# 9 TS=(boy or boys or girl or girls) (5857)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (104,538)

# 7 #5 and #6 (9)

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# 6 TS=(econom* or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic*) (290,497)

Databases=CPCI-S Timespan=All Years.

# 5 #1 OR #2 OR #3 OR #4 (344)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (94)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (54)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (141)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (95)

## Conference Proceedings Citation Index – Social Science & Humanities (CPCI-SSH; via ISI Web of Science)

Date searched: 1990 to 6 January 2012.

Date of search: 10 January 2012.

A total of eight records were retrieved.

Databases=CPCI-SSH Timespan=All Years.

Lemmatization=Off.

Search strategy # 20 #18 NOT #19 (8)

# 19 TS=(rat or rats or mouse or mice or murine or hamster or hamsters or animal or animals or dogs or dog or pig or pigs or cats or bovine or cow or sheep or ovine or porcine or monkey) (4408)

- # 18 #7 AND #17 (8)
- # 17 #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 (45,707)
- # 16 TS=(foster* or adopt*) (13,580)
- # 15 TS=(neglect* or abuse or abused or abusive or maltreat* or mistreat*) (5468)
- # 14 TS=(attunement or (representation* NEAR/2 model*)) (356)
- # 13 TS=dyad* (832)
- # 12 TS=(parent* or mother* or maternal* or mum* or father* or paternal* or dad*) (8462)

# 11 TS=("young people" or "young person" or "young persons" or "young adult*" or "early adult*") (1874)

# 10 TS=(schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*) (7388)

# 9 TS=(boy or boys or girl or girls) (2090)

# 8 TS=(child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) (19,667)

# 7 #5 and #6 (14)

# 6 TS=(econom* or cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic*) (65,628)

# 5 #1 OR #2 OR #3 OR #4 (425)

# 4 TS=(attachment NEAR/2 (interven* or insecure* or secure or security or early or theory or theories)) (254)

# 3 TS=(attachment NEAR/2 (disorienta* or reactive or anxious* or disturb* or relation*)) (170)

# 2 TS=(attachment NEAR/2 (behavior\$r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) (83)

# 1 TS=(attachment NEAR/2 (disorder\$ or problem\$ or style\$ or pattern\$)) (143)

*Education Resources Information Center (ERIC; via ProQuest)* Date searched: 1966 to December 2011.

Date of search: 11 January 2012.

A total of 72 records were retrieved.

#### Search strategy

S1 ((su(("Attachment Behavior")) OR TI,AB(attachment NEAR/2 (disorder[*1] OR problem[*1] OR style[*1] OR pattern[*1]))) OR TI,AB(attachment NEAR/2 (behavio*r* OR ambivalen* OR avoidant OR diffuse OR organi* OR disorgani* OR disrupt* OR abnormal* OR disinhib* OR inhib*)) OR TI,AB(attachment NEAR/2 (disorienta* OR reactive OR anxious* OR disturb* OR relation* OR interven* OR insecure* OR secure OR secure OR security OR early OR theory OR theories))) 2909*

S2 SU("Cost Effectiveness" or "Economic Research" or "Health Care Costs") OR TI,AB(econom* or cost or costs or costly or costing or prices or pricing or pharmacoeconomic*) 113,357*

S3 S1 and S2 72*

## Social Services Abstracts (via CSA Illumina)

Date searched: 1979 to December 2011.

Date of search: 11 January 2012.

A total of 19 records were retrieved.

#### Search strategy

(KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) and((DE=("adolescents" or "children" or "infants")) or(KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster*))) or(DE=(Dyads or Child Neglect or Child Abuse or Foster Care or Foster Children or Adoption or Adopted Children) or KW= ((parent* or mother* or maternal* or mum* or father* or paternal* or dad*) or (dyad* or attunement) or (representation* within 2 model*))) or KW=((Health Care Costs) or (Cost-Benefit Analysis) or (Cost Containment)) or KW=(econom* or cost or costs or costly or costing or price or prices or prices or pricing or pharmacoeconomic*))

## Applied Social Sciences Index and Abstracts (ASSIA; via CSA Illumina)

Date searched: 1987 to December 2011.

Date of search: 11 January 2012.

A total of 27 records were retrieved.

#### Search strategy

(((KW=((attachment within 2 (disorder* or problem* or style* or pattern*)) or (attachment within 2 (behavior* or behavior* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)) or (attachment within 2 (disorienta* or reactive or anxious* or disturb* or relation*))) or KW=(attachment within 2 (interven* or insecure* or secure or security or early or theory or theories))) or (DE="attachment disorders")) and(DE=((Children or Infants or Adolescents) or (Parents or Dyads) or (Child neglect or Child abuse or Foster Care or Foster children or Adoption or Adopted children or Adoptive parents)) or KW=((child* or infant* or infancy or preschool* or "pre school*" or baby or babies or pediat* or paediat*) or (boy or boys or girl or girls) or (schoolchild* or adolescen* or juvenile* or youth* or teenage* or youngster* or "young people" or "young person" or "young persons" or "young adult*" or "early adult*")) or KW=((parent* or mother* or maternal* or mum* or father* or paternal* or dad* or dyad* or attunement) or (representation* within 2 model*) or (neglect* or abuse or abused or abusive or maltreat* or mistreat* or foster* or adopt*)))) and(DE=(Economic analysis or Cost benefit analysis or Fiscal impact analysis or Cost or costs or costly or costing or price or prices or pricing or pharmacoeconomic*))

## Social Care Online (via SCIE)

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 27 records were retrieved.

#### Advanced search option

(topic"attachment" or freetext="attachment") AND (topic="children" or topic="babies" or topic="young people" or topic="child abuse" or topic="child neglect" or topic="adoption" or topic="adoptive parents" or topic="adoptive children" or topic="foster care" or topic="foster children" or freetext="child*" or freetext="infant*" or freetext="infancy" or freetext="preschool*" or freetext="pre school*" or freetext="baby" or freetext="babies" or freetext="pediat*" or freetext="paediat*" or freetext="juvenile*" or freetext="youth*" or freetext="teenage*" or freetext="youngster*" or freetext="young people" or freetext="young person" or freetext="young persons" or freetext="young adult*" or freetext="early adult") AND (topic="cost effectiveness" or freetext="economic*" or freetext="cost" or freetext="costs" or freetext="costly" or freetext="costing" or freetext="price" or freetext="cost" or freetext="costs" or freetext="costly" or freetext="costing" or freetext="price" or freetext="prices" or freetext="costs" or freetext="costly" or freetext="costing" or freetext="price" or freetext="prices" or freetext="pricing" or freetext="costly" or freetext="costing" or freetext="price" or freetext="prices" or freetext="pricing" or freetext="pharmacoeconomic*")

## NHS Economic Evaluation Database (via The Cochrane Library)

Issue 4, 2011.

Date searched: inception to 2012.

Date of search: 12 January 2012.

One record was retrieved.

#### Search strategy

#1 MeSH descriptor Reactive Attachment Disorder explode all trees 9

#2 (attachment NEAR/3 (disorder* or problem* or style* or pattern*)):ti,ab,kw 59

#3 (attachment NEAR/3 (behavio?r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)):ti,ab,kw 31

#4 (attachment NEAR/3 (disorienta* or reactive or anxious* or disturb* or relation*)):ti,ab,kw 108

#5 (attachment NEAR/3 (interven* or insecure* or secure or security or early or theory or theories)):ti,ab, kw 81

#6 (#1 OR #2 OR #3 OR #4 OR #5) 199

[Line #6 includes the results from all The Cochrane Library databases: CDSR 3, DARE 1, CENTRAL 193, HTA 1, and NHS EED 1.]

## Health Economic Evaluations Database (via Wiley InterScience)

Date searched: inception to 2012.

Date of search: 12 January 2012.

No records were retrieved.

#### Search strategy

AX='attachment disorder' within 3 or 'attachment disorders' within 3 or 'attachment problem' within 3 or 'attachment style' within 3 or 'attachment styles' within 3 or 'attachment styles' within 3 or 'attachment pattern' within 3 or 'attachment patterns' within 3 (0)

AX='attachment behaviour' within 3 or 'attachment behaviour' within 3 or 'attachment avoidant' within 3 or 'attachment diffuse' within 3 or 'attachment organised' within 3 or 'attachment disorganized' within 3 or 'attachment disorganized' within 3 (0)

AX='attachment disruption' within 3 or 'attachment abnormal' within 3 or 'attachment disinhibited' within 3 or 'attachment disoriented' within 3 or 'attachment reactive' within 3 or 'attachment anxious' within 3 or 'attachment disturbed' within 3 (0)

AX='attachment relationship' within 3 or 'attachment intervention' within 3 or 'attachment insecure' within 3 or 'attachment secure' within 3 or 'attachment security' within 3 or 'attachment early' within 3 or 'attachment theory' within 3 or 'attachment theories' within 3 (0)

CS=1 or 2 or 3 or 4 (0)

## **Generic searches**

**Cochrane Database of Systematic Reviews, Database of Abstracts of Reviews of Effects and Health Technology Assessment (via The Cochrane Library)** Issue 12/4, 2011.

Date searched: inception to 2012.

Date of search: 12 Januray 2012.

Three records were retrieved in CDSR, one in DARE, and one in HTA.

#### Search strategy

#1 MeSH descriptor Reactive Attachment Disorder explode all trees 9

#2 (attachment NEAR/3 (disorder* or problem* or style* or pattern*)):ti,ab,kw 59

#3 (attachment NEAR/3 (behavio?r* or ambivalen* or avoidant or diffuse or organi* or disorgani* or disrupt* or abnormal* or disinhib* or inhib*)):ti,ab,kw 31

#4 (attachment NEAR/3 (disorienta* or reactive or anxious* or disturb* or relation*)):ti,ab,kw 108

#5 (attachment NEAR/3 (interven* or insecure* or secure or security or early or theory or theories)):ti,ab, kw 81

#6 (#1 OR #2 OR #3 OR #4 OR #5) 199

[Line #6 includes the results from all The Cochrane Library databases: CDSR 3, DARE 1, CENTRAL 193, HTA 1, and NHS EED 1.]

## Campbell Library (Campbell Collaboration)

Date searched: inception to 2012.

Date of search: 12 January 2012.

Eight records were retrieved.

#### Search strategy

1. attachment disorder* in all text or attachment problem* in all text or attachment style* in all text or attachment pattern* in all text (6)

2. attachment behavior* in all text or attachment behaviour* in all text or attachment ambivalen* in all text or attachment avoidant in all text or attachment diffuse in all text or attachment organi* in all text or attachment disrupt* in all text or attachment abnormal* in all text or attachment disrupt* in all text or attachment abnormal* in all text or attachment disrupt* in all text or attachment disrupt* in all text or attachment abnormal* in all text or attachment disrupt* in all text or attachment abnormal* in all text or attachment inhib* in

3. attachment disorienta* in all text or attachment reactive in all text or attachment anxious* in all text or attachment disturb* in all text or attachment relation* in all text (1)

4. attachment interven* in all text or attachment insecure* in all text or attachment secure in all text or attachment security in all text or attachment early in all text or attachment theory in all text or attachment theories in all text (1)

5. 1 OR 2 OR 3 OR 4 8

Research Register for Social Care

URL: www.researchregister.org.uk/

Date searched: inception to 2012.

Date of search: 12 January 2012.

Six records were retrieved.

Search strategy attachment

Index to Theses URL: www.theses.com/

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 24 records were retrieved.

Standard search.

## Any field

"attachment disorder"

"attachment disorders"

"attachment problem"

"attachment problems"

"attachment behaviour"

"attachment behaviours"

"attachment behavior"

#### OAlster

URL: http://oaister.worldcat.org/

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 68 records were retrieved.

## Search strategy

kw: "attachment disorder" OR "attachment disorders"

#### **OpenGrey**

URL: www.opengrey.eu/

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 31 records were retrieved.

#### Search strategy

attachment NEAR/2 disorder* OR attachment NEAR/2 problem* OR attachment NEAR/2 style* OR attachment NEAR/2 pattern* OR attachment NEAR/2 behaviour* OR attachment NEAR/2 behavior* OR attachment NEAR/2 avoidant OR attachment NEAR/2 diffuse OR attachment NEAR/2 organi* OR attachment NEAR/2 disorgani* OR attachment NEAR/2 disrupt* OR attachment NEAR/2 abnormal* OR attachment NEAR/2 disinhib* OR attachment NEAR/2 inhib* OR attachment NEAR/2 disorienta* OR attachment NEAR/2 insecure OR attachment NEAR/2 secure OR attachment NEAR/2 reactive OR attachment NEAR/2 theor* OR attachment NEAR/2 anxious* OR attachment NEAR/2 disturb* OR attachment NEAR/2 relation*

#### **Zetoc**

URL: http://zetoc.mimas.ac.uk/

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 610 records were retrieved.

Each line searched separately.

## General search

## All fields

"attachment disorder*"

"attachment problem*"

"attachment theor*" child*

"attachment theor*" parent*

"attachment theor*" infan*

"attachment theor*" adoles*

"attachment theor*" adopt*

"attachment theor*" foster*

"attachment behaviour*"

"attachment reactive*"

"attachment interven*"

"attachment insecure*"

"attachment secure"

## ClinicalTrials.gov

URL: http://clinicaltrials.gov/

Date searched: inception to 2012.

Date of search: 12 January 2012.

Two records were retrieved.

#### Search strategy

"attachment disorder" OR "attachment disorders"

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## metaRegister of Controlled Trials (mRCT)

URL: www.controlled-trials.com/mrct/

Date searched: inception to 2012.

Date of search: 12 January 2012.

Three records were retrieved.

Search strategy "attachment disorder" OR "attachment disorders"

## World Health Organization International Clinical Trials Registry Platform (ICTRP)

URL: www.who.int/ictrp

Date searched: inception to 2012.

Date of search: 12 January 2012.

A total of 13 records were retrieved.

#### Search strategy

Condition: attachment disorder OR attachment disorders

UK Clinical Research Network Study Portfolio

URL: http://public.ukcrn.org.uk/

Date searched: inception to 2012.

Date of search: 12 January 2012.

Nine records were retrieved.

#### Search strategy

Title/acronym: attachment

Research Summary: attachment

*HSRProj (Health Services Research Projects in Progress)* URL: www.cf.nlm.nih.gov/hsr_project/home_proj.cfm

Date searched: inception to 2012.

Date of search: 12 January 2012.

Ten records were retrieved.

Search strategy attachment

## **Internet sites searched**

Organisation websites were browsed (publications and/or research) and searched for publications relating to attachment disorder.

Searches were undertaken on 18 January 2012.

APA: www.psych.org/.

Association Child and Adolescent Mental Health: www.acamh.org.uk/.

Mental Health Foundation: www.mentalhealth.org.uk/.

MIND: www.mind.org.uk/.

Royal College of Psychiatrists: www.rcpsych.ac.uk/.

National Collaborating Centre for Mental Health (NCCMH): www.nccmh.org.uk/.

National Institute of Mental Health (NIMH): www.nimh.nih.gov/index.shtml.

Institute for Attachment & Child Development: www.instituteforattachment.org/.

Association for Treatment and Training in the Attachment of Children: www.attach.org/theorational.htm.

Young Minds: www.youngminds.org.uk/.

British Association for Adoption and Fostering: www.baaf.org.uk/.

## Appendix 2 Stakeholder involvement

#### Stakeholder and advisory group members

Amanda Boorman	Service user
Amy Darwin	Advanced practitioner, Looked After and Adopted Children's Health team (LAACH)
Carol Myers	Service user
Danya Glaser	Consultant Child and Adolescent Psychiatrist
Elizabeth Edginton	Research and Development Lead, Northern School of Child & Adolescent Psychotherapy
Geraldine Casswell	CAMHS consultant psychologist lead for adoption services
Helen Minnis	Clinical Senior Lecturer in Child and Adolescent Psychiatry, University of Glasgow
Marie Hawes	Service user
Mary McKelvy	Service user
Sarah Bryan	Attachment therapist
Sharon McNeil	Service user
Tony Myers	Service user
Vivian Prior	Senior research associate

## **Appendix 3** Quality assessment tool for cohort studies

(NB: in most instances exposed means those with a disorganised 'D' classification/or RAD/DAD diagnosis; unexposed means those with an organised classification or non-RAD/DAD population.)

#### Was the cohort drawn from the same community/source?

High bias: drawn from different samples/sources; selected group; no description of the derivation. Low bias: drawn from the same community/source. Unclear bias: not enough information to permit judgement.

#### Are the groups assembled/recruited at the same age (i.e. the measurement period)?

High bias: different recruitment period. Low bias: same recruitment period. Unclear bias: not enough information to permit judgement.

## Ascertainment of exposure: was the same measurement of attachment organisation/disorders used across the sample?

High bias: different validated measures used to classify attachment organisation/presence of RAD/DAD. Low bias: same validated measurement used for all of the sample. Unclear bias: insufficient information to permit judgement.

## Were the coders of the exposure blind to risk factors/predictive variables related to the exposure status?

High bias: coders not blinded to risk factors or predictor variables. Low bias: coders blind to risk factors and predictor variables. Unclear bias: insufficient information to warrant a decision.

#### Is there demonstration that outcome(s) of interest are not present at start of the study?

High bias: outcomes of interest are present at the start of the study. Low bias: demonstration that outcome(s) of interest are not present at start of the study. Unclear bias: insufficient information to warrant judgement.

#### Is there a description of attachment classification across the entire sample at baseline?

High bias: attachment patterns/diagnosis of RAD/DAD was not reported for the full original sample. Low bias: attachment pattern/diagnosis of RAD/DAD was reported for full original sample. Unclear bias: insufficient information to make a judgement.

#### Were subsequent measures rated by blind coders who were not aware of the exposed/ unexposed status?

High bias: coders not blinded to exposed/non-exposed group. Low bias: coders blind to status. Unclear bias: insufficient information to warrant a decision.

#### Were there any significant differences at baseline between those lost at follow-up?

High bias: significant (p < 0.05) baseline differences between groups. Low bias: no significant differences between groups. Unclear bias: insufficient information reported.

#### If significant differences at baseline are found did they do any analysis to compensate?

High bias: no analysis to compensate. Low bias: statistical analysis to compensate. Unclear bias: insufficient information reported.

#### Adequacy of follow-up: were the dropout rates/attrition adequately reported?

High bias: more than 20% attrition rate and no description of those lost to follow-up, or no statement. Low bias: complete follow-up (all data accounted for); subjects lost unlikely to contribute to bias (< 20% follow-up, or a description of those who were lost provided). Unclear bias: insufficient information to permit a judgement.

#### Were dropout rates and reasons for dropout similar across the exposed/unexposed?

High bias: dissimilar dropout rates or reasons across for exposed/unexposed. Low bias: similar rates/reasons for attrition. Unclear bias: insufficient information to permit judgement.

#### Did the study declare conflicts of interest or identification of funding resources?

High bias: declared conflict of interest or funding sources that may cause bias. Low bias: no conflicts of interest declared or funding resources that may cause bias. Unclear: insufficient information to warrant a decision.

#### Any other bias?

High bias: there is at least one source of important bias not covered by above criteria. Low bias: no other sources of bias. Unclear bias: insufficient information to permit judgement of whether an important risk of bias exists; or insufficient rationale or evidence that an identified problem will introduce bias.

# **Appendix 4** Additional searches for 5- to 10-year outcomes for children with disorganised attachment at baseline

A lthough it was not part of the main or supplementary reviews plan, we carried out a limited scoping review of 5- to 10-year outcomes including attachment outcome measures and any mental health, psychological, cognitive, social or developmental outcomes (this was not a systematic review but is included here for information). These are presented in two tables below (*Table 29* and *30*).

**TABLE 29** Summary of findings of attachment stability (or other attachment-related outcomes) between 5 and10 years

Author, year	Age assessed by SSP	Name of outcome and measurement tool	Age at follow-up (years)	Summary of findings
Gini <i>et al</i> . 2007 ²⁶⁷	12–16 months	Mother-child affective negotiation and communication Joint Story-telling Task ²⁶⁸	7.5	Multinomial logistic regression model was employed. Wald chi-squared results showed that infants classified as disorganised were significantly more likely to be classified as overwhelming in middle childhood than mutual-balanced
				Wald $\chi^2$ (1, $n = 110$ ) = 5.32, $p < 0.05$
Wartner <i>et al.</i> 1994 ¹⁷¹	12 or 18 months	Attachment patterns at age 6 years	6	Stability of attachment results for disorganised attachment not specified
		Play and reunion session ²²		

Name of outcome and measurement tool	Age at follow-up (years)	Summary of findings
Children's behaviour problems/maladjustment	7.5	ANOVA and chi-squared analyses were conducted to examine relationship between
Child Behaviour Checklist ²⁶⁹		attachment styles and scores on Child Behaviour Checklist
		There were no significant associations
		Overwhelming children are more likely to have externalising problems
Child externalising problems	4.5, 5.5, 7, 8 and 9	Disorganised children has significantly higher externalising scores at 9 years than secure children but not avoidant children: $t = 2.05$ ;
Child Behaviour Checklist ²⁶⁹		p < 0.05
		Disorganised classification did not significantly predict trajectory of externalising scores $t = 0.05$ ; $p > 0.10$
Internalising and externalising behaviours	7	A hieracrchical multiple regression analysis found that disorganised attachment did not significantly predict externalising $\beta = 0.08$ or
Child Behaviour Checklist/Teacher Report Form ²⁶⁹		internalising behaviour $\beta = -0.05$
Social information processing	6–7	One-way ANCOVAs were conducted to determine whether or not SIPI discriminated between different SSP classifications
Revised/adapted version of Social Information Processing Interview ²⁷³		No significant difference found between C and D groups. <i>F</i> -value not reported; <i>p</i> > 0.10
	measurement tool         Children's behaviour         problems/maladjustment         Child Behaviour Checklist ²⁶⁹ Child externalising         problems         Child Behaviour Checklist ²⁶⁹ Child Behaviour Checklist ²⁶⁹ Internalising and         externalising behaviours         Child Behaviour         Checklist/Teacher Report         Form ²⁶⁹ Social information         processing         Revised/adapted version of         Social Information	measurement tool(years)Children's behaviour problems/maladjustment7.5Child Behaviour Checklist2694.5, 5.5, 7, 8 and 9Child externalising problems4.5, 5.5, 7, 8 and 9Child Behaviour Checklist2697Internalising and externalising behaviours7Child Behaviour Checklist/Teacher Report Form2696–7Social information processing6–7

#### TABLE 30 Summary of findings for psychosocial and developmental 5- to 10-year outcomes

## **Appendix 5** List of excluded studies, with reasons

## Supplementary systematic review 1 excluded papers with reasons

Reasons	Кеу
The study does not focus on the development of a screening/assessment tool	1
The study does not compare the screening tool to another gold standard	2
The aim of the screening tool is not focused on the measurement of attachment (child to primary caregiver)	3
The instrument is not a total scale as opposed to individual attachment items	4
The study does not include a sample of parents and or children under the age of 13 years	5
Papers not found	NF
Papers found post cut-off date	РСО

#### Supplementary systematic review 1 excluded reference list

Number	Reference	Reason
1	Abela JR, Hankin BL, Haigh EA, Adams P, Vinokuroff T, Trayhern L. Interpersonal vulnerability to depression in High-risk children: the role of insecure attachment and reassurance seeking. <i>J Clin Child Adolesc Psychol</i> 2005; <b>34</b> :182–92	1
2	Abela JR, Zinck S, Kryger S, Zilber I, Hankin BL. Contagious depression: negative attachment cognitions as a moderator of the temporal association between parental depression and child depression. <i>J Clin Child Adolesc Psychol</i> 2009; <b>38</b> :16–26	1
3	Abrams KY. Pathways to Disorganization: A Study Concerning Varying Types of Parental Frightened and Frightening Behaviors as Related to Infant Disorganized Attachment. PhD thesis. Berkeley, CA: University of California, Berkeley; 2001	1
4	Abrams KY, Rifkin A, Hesse E. Examining the role of parental frightened/frightening subtypes in predicting disorganized attachment within a brief observational procedure. <i>Dev Psychopathol</i> 2006; <b>18</b> :345–61	1
5	Ackerman JP, Dozier M. The influence of foster parent investment on children's representations of self and attachment figures. <i>J Applied Dev Psychol</i> 2005; <b>26</b> :507–20	1
6	Adams BL. An Investigation of the Interrelationships among Security of Attachment, Parenting Attitudes, and the Development of Competence. PhD thesis. Norfolk, VA: Virginia Consortium For Professional Psychology Old Dominion University; 1995	1
7	Ades LAF. Maternal Employment, Attachment, and Breastfeeding: Pathways to Early Childhood Problem Behaviors. PhD thesis. Lincoln, NE: University of Nebraska – Lincoln; 2010	1
8	Ahern NR, Ruland JP. Maternal–fetal attachment in African-American and Hispanic-American women. <i>J Perinat Educ</i> 2003; <b>12</b> :27–35	3
9	Ainsworth MD. Patterns of attachment behavior shown by the infant in interaction with his mother. <i>Merrill Palmer Q</i> 1964; <b>10</b> :51–8	2
10	Ainsworth MDS, Blehar MC, Waters E, Wall S. <i>Patterns of Attachment: A Psychological Study of the Strange Situation</i> . Hillsdale, NJ: Lawrence Erlbaum Associates; 1978	1

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Number	Reference	Reason
11	Guilón-Rivera ÁL. Puerto Rican kindergartners' self-worth as coded from the Attachment Story Completion Task: correlated with other self-evaluation measures and ratings of child behavior toward mothers and peers. <i>Attach Hum Dev</i> 2013; <b>15</b> :1–23	2
12	Alers V. Treating severely traumatised children and adolescents using sensory integration, attachment theory and clinical reasoning. <i>J Child Adolesc Ment Health</i> 2005; <b>17</b> :vi–vii	1
13	An J, Zhang J, Wang L. The adolescent attachment inventory. <i>Chinese Ment Health J</i> 2004; <b>18</b> :760–2	5
14	Anderson GC, Radjenovic D, Chiu S-H, Conlon M, Lane AE. Development of an observational instrument to measure mother-infant separation post birth. <i>J Nurs Measure</i> 2004; <b>12</b> :215–34	3
15	Andreassen C, Fletcher P. <i>Early Childhood Longitudinal Study, Birth Cohort (ECLS-B): Psychometric Report for the 2-Year Data Collection. NCES 2007–084.</i> Washington, DC: US Department of Education, National Center for Education Statistics; 2007	2
16	Andreassen C, West J. Measuring socioemotional functioning in a national birth cohort study. <i>Infant Ment Health J</i> 2007; <b>28</b> :627–46	2
17	Ang RP. Dysfunctional parenting behaviors and parenting stress among mothers of aggressive boys. Child Fam Behav Therapy 2008; <b>30</b> :319–36	3
18	Aoki Y, Zeanah CH, Heller SS, Bakshi S. Parent–infant relationship global assessment scale: a study of its predictive validity. <i>Psychiatry Clin Neurosci</i> 2002; <b>56</b> :493–7	2
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## Supplementary systematic review 2 excluded papers with reasons

Reasons	Кеу
The study is not a longitudinal prospective cohort study of 10 years or more	1
The study does not contain relevant epidemiological data (prevalence or long-term outcome data)	2
The study does not attempt to use one of the approved 'gold standard' measurements of attachment	3
The study does not attempt to identify 'severe attachment problems' by capturing 'disorganised attachment style' AND/OR attachment disorder	4

#### Supplementary systematic review 2 excluded reference list

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## Main systematic review excluded papers with reasons

Reason	Кеу
Does the study focus on an intervention for parents/caregivers?	1
Does the study evaluate the intervention with a measure of attachment?	2
Does the study have pre and post outcome measures for a population of children recruited into the study under the age of 13 years?	ЗA
Does the study have post outcome measures of attachment for children recruited into the study at the age of 1 year and under?	ЗB
Is the study described as a randomised controlled trial?	4

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## **Appendix 6** Meta-analysis of studies seeking to establish secure attachment patterns

Thirteen studies (17 interventions)^{129,133,180,189–191,193–200,202–204,208,209,218} were included that reported interventions to promote a 'secure' outcome where this was measured using a validated instrument. Two studies^{129,133,203,204} had two interventions, and Murray *et al.*²⁰⁸ and Cooper *et al.*²⁰⁹ had three interventions. These have been reported as separate studies.

Barnett^{129,133} included the following interventions:

- 1. home visits with social workers professional intervention (referred to in meta-analysis as 'Prof')
- 2. home visits with experienced mothers non-professional intervention (referred to as 'Non Prof').

Klein-Velderman^{203,204} included the following interventions:

- 1. written information about sensitive parenting information and personal video feedback (referred to as 'VIPP')
- 2. written information about sensitive parenting information and personal video feedback with additional discussions about early attachment experiences (referred to as 'VIPP-R') labelled as + D for + Discussions.

Murray et al.²⁰⁸ and Cooper et al.²⁰⁹ included the following interventions:

- 1. cognitive-behavioural therapy (referred to as 'CBT')
- 2. psychodynamic therapy (referred to as 'Psy')
- 3. counselling (referred to as 'Cou').

The funnel plot is roughly symmetrical, indicating that publication bias is not likely to be present.

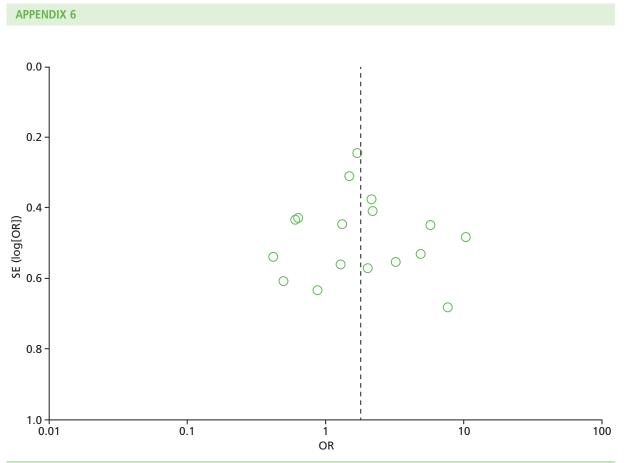


FIGURE 24 Forest plot for secure outcomes for all 17 interventions in the included studies.

A random-effects model was used. Overall, the intervention resulted in increased secure behaviour (OR 1.83, 95% CI 1.26 to 2.66), compared with the control group (p = 0.0002).

						1														ſ	100	ervention <i>j</i>	
OR M–H, random, 95% Cl			ł	t	ł	 	ł							ł		ł		•		- :	1 10 10	ravours (control) Pavours (intervention)	
Σ			I	I																	0.1	ravours (co	
OR M–H, random, 95% Cl	7.60 (2.00 to 28.93)	0.88 (0.26 to 3.05)	0.50 (0.15 to 1.64)	0.42 (0.15 to 1.20)	1.50 (0.82 to 2.76)	10.33 (4.02 to 26.57)	1.71 (1.06 to 2.76)	2.14 (1.02 to 4.47)	3.23 (1.09 to 9.54)	1.28 (0.43 to 3.83)	2.00 (0.65 to 6.11)	2.18 (0.97 to 4.86)	4.90 (1.73 to 13.85)	0.64 (0.28 to 1.49)	1.32 (0.55 to 3.17)	0.61 (0.26 to 1.42)	5.78 (2.40 to 13.94)	1.78 (1.19 to 2.67)			0.01		control condition.
Weight	4.5%	4.8%	5.0%	5.5%	7.3%	5.9%	7.7%	6.7%	5.3%	5.3%	5.2%	6.5%	5.5%	6.3%	6.2%	6.3%	6.2%	100.0%					ention to a
'ol Total	26	23	23	36	84	54	162	60	33	27	27	50	32	47	47	47	50	828		%			al interv
Control Events To	10	17	17	28	42	6	102	20	17	15	15	19	6	27	27	27	11		412	$\frac{1}{1} = 71^{\circ}$			) parent
intervention Total	23	28	29	32	85	46	156	60	31	26	28	49	35	41	39	40	50	798		6 ( $p = 0.00001$ ); $l^2 = 71\%$	,		es comparing
Parental i Events	19	20	17	19	51	31	116	31	24	16	20	28	23	19	25	18	31		508	i, df=16	(200.0)		outcom
Pa Study or subgroup	Anisfeld 1990 ¹⁸⁰	Barnett (NonP) 1985, ¹³³ 1987 ¹²⁹	Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹	Brisch 2003 ²⁰²	Cassidy 2011 ¹⁹⁶	Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹	Cooper 2009 ¹⁸⁹	Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³	Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰	Klein-Velderman (+D) 2006 ²⁰³	Klein-Velderman 2006 ²⁰⁴	Moran 2005 ²¹⁸	Moss 2011 ¹⁹⁵	Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹	Murray, ²⁰⁸ Cooper (Cou) 2003 ²⁰⁹	Murray, ²⁰⁸ Cooper (Psy) 2003 ²⁰⁹	van den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷	Total (95% Cl)	Total events	Heterogeneity: $\tau^2$ =0.49; $\chi^2$ =55.85, df=1	Test for overall effect: $z=2.80$ ( $p < 0.005$ )		25 A meta-analysis of changes in secure outcomes comparing parental intervention to a control condition.

5 ō Þ 5 σ 2 UOII ē Inter Ital ΰ par p compar Sel onicol υ 5 ň nges char Б alysis ė A meta FIGURE 25

The 17 interventions comprised 1762 children. Control interventions included interventions delivered at home (n = 4) and in the clinic (n = 3). Control interventions varied in content, length and intensity and included a 10-week Developmental Education for Families programme;¹⁹⁴ psycho-educational home visits;¹⁹⁶ a single educational lecture;²⁷⁴ a single home visit;²¹⁸ and care as usual that included a range of interventions (including some of those listed above).^{129,190,197,200} The parental interventions for attachment included a wide range of therapies delivered at different times. This included interventions delivered with parents prenatally (n = 8), between 0 and 6 months of age (n = 5) and with parents of children older than 6 months (n = 11). Some of the studies were carried out in at-risk groups, including foster children (n = 1), children with a history of maltreatment and children of parents with mental health problems.

As a result of this diversity, a series of meta-analyses were carried out to explore factors that may have influenced study outcome. They include the following:

- duration of intervention (< 12 months/ $\geq$  12 months)
- length of follow-up (< 12 months/ $\geq$  12 months)
- number of sessions ( $\leq 5, 5-15, \geq 16$ )
- age of child at start of the intervention ( $\leq 6$  months/> 6 months)
- middle-class families
- intervention location (home, mixed, other)
- male caregiver included
- video feedback
- attempts to enhance maternal sensitivity
- primary focus to modify child attachment
- caregiver and child (separate, together, mixed).

OR M-H. random 95% Cl		†		+	1	ļ		ţ	ļ	+	ł	•					ł	ŧ	ł					01 1 10 100	avours (control) Favours (interven	
ol OR Total Weight M-H random 95% Cl		0.42 (0.15 to 1.20)	2.14 (1.02 to 4.47)	1.28 (0.43 to 3.83)	1.28 (0.43 to 3.83)	2.18 (0.97 to 4.86)	4.90 (1.73 to 13.85)	0.64 (0.28 to 1.49)	1.32 (0.55 to 3.17)	0.61 (0.26 to 1.42)	5.78 (2.40 to 13.94)	1.48 (0.87 to 2.50)					0.88 (0.26 to 3.05)	0.50 (0.15 to 1.64)	10.33 (4.02 to 26.57)	1.71 (0.24 to 12.10)				150 150		
Weight		9.1%	11.3%	8.9%	8.9%	10.8%	9.2%	10.6%	10.4%	10.5%	10.3%	100.0%					32.6%	32.9%	34.5%	100.0%						
rol Total		36	60	27	27	50	32	47	47	47	50	423		%0			23	23	54	100		%6			=0%	
Control Events To		28	20	15	15	19	6	27	27	27	11		198	$(5); l^2 = 7$			17	17	6		43	1); $l^2 = 8!$			0.89); /2	:
<u> </u>		32	60	26	26	49	35	41	39	40	50	398		$f = 9 \ (p = 0.0005); I^2 = 70\%$			28	29	46	103		p = 0.000			f=1 (p=	
Experimental Events Tot:	:	19	31	16	16	28	23	19	25	18	31		226	), df=9	0.15)		20	17	31		68	, df=2 (	0.59)		=0.02, d	
E Study or subaroup	< 12 months	Brisch 2003 ²⁰²	Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³	Klein-Velderman (+D) 2006 ²⁰³	Klein-Velderman 2006 ²⁰⁴	Moran 2005 ²¹⁸	Moss 2011 ¹⁹⁵	Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹	Murray, ²⁰⁸ Cooper (Cou) 2003 ²⁰⁹	Murray, ²⁰⁸ Cooper (Psy) 2003 ²⁰⁹	van den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷	Subtotal (95% Cl)	Total events	Heterogeneity: $\tau^2$ = 0.50; $\chi^2$ = 29.89, df	Test for overall effect: $z=1.46$ ( $p=0.15$ )	>12 months	Barnett (NonP) 1985, ¹³³ 1987 ¹²⁹	Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹	Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹	Subtotal (95% Cl)	Total events	Heterogeneity: $\tau^2$ =2.66; $\chi^2$ =18.35, df=2 (p=0.0001); $l^2$ =89%	Test for overall effect: $z=0.54$ ( $p=$		Test for subgroup differences: $\chi^2 = 0.02$ , df = 1 ( $p = 0.89$ ); $l^2 = 0\%$	

FIGURE 26 A meta-analysis of changes in secure outcomes comparing duration of intervention (< 12 months, > 12 months).

Only three studies are included in the meta-analysis for intervention that carries on for longer than 12 months. The 95% CI for the OR is large (0.24 to 12.0). The findings show that interventions promoting secure attachment can achieve significant outcomes using interventions of less than 12 months' duration.

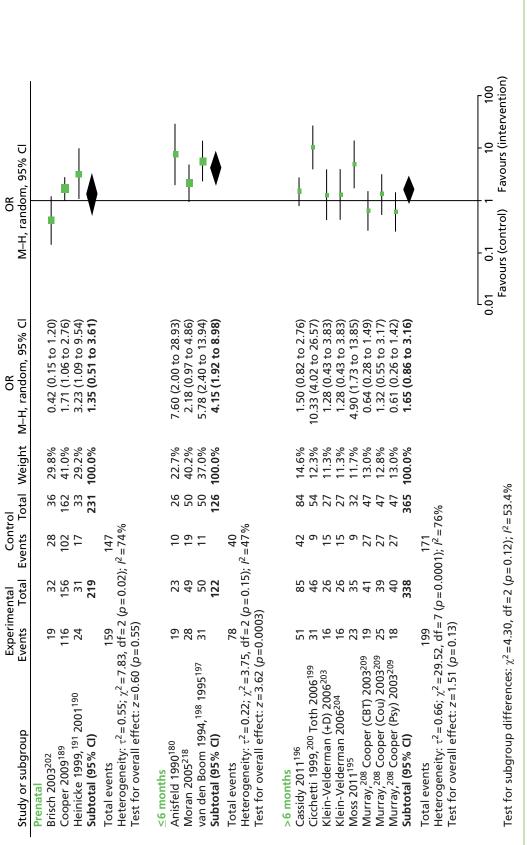
OR M–H, random, 95% Cl				0.1 1 10 100 Favours (control) Favours (intervention)
ol Total Weight M–H, random, 95% Cl	0.88 (0.26 to 3.05) 0.50 (0.15 to 1.64) 0.42 (0.15 to 1.64) 0.42 (0.15 to 1.20) 2.14 (1.02 to 4.47) 1.28 (0.43 to 3.83) 1.28 (0.43 to 3.83)	2.18 (0.97 to 4.86) 4.90 (1.73 to 13.85) 5.78 (2.40 to 13.94) <b>1.59 (0.89 to 2.83)</b>	1.71 (1.06 to 2.76) 0.64 (0.28 to 1.49) 1.32 (0.55 to 3.17) 0.61 (0.26 to 1.42) <b>1.03 (0.59 to 1.80)</b>	f=1 (p=0.29); / ² =9.6% 
Weight	9.5% 9.8% 13.2% 10.5%	12.7% 10.9% <b>100.0</b> %	34.2% 22.3% 21.5% 22.1% <b>100.0%</b>	-
rol Total	23 36 27 27 27 27	m	162 47 47 303 303	= 9.6%
Control Events To	28 28 15 15 20 28	19 9 11 151 2); / ² =6	102 27 27 27 27 183	=0.29); / ²
iental Total	28 29 26 26 26 26 26	49 35 50 <b>335</b> ( <i>p</i> = 0.00	156 41 39 40 <b>276</b> ( <i>p</i> =0.08)	df=1 ( <i>p</i> =
Experimental Events Tota	20 31 16 16 16	28 23 31 201 6, df=8 =0.12)	116 19 25 18 18 178 178 e 0.91)	² = 1.11,
E Study or subgroup	<pre>&lt;12 months Barnett (NonP) 1985,¹³³ 1987¹²⁹ Barnett (Prof) 1985,¹³³ 1987¹²⁹ Brisch 2003²⁰² Brisch 2003,¹⁹⁴ Bernard 2012¹⁹³ Klein-Velderman (+D) 2006²⁰³ Klein-Velderman 2006²⁰⁴</pre>	Moran 2005 ²¹⁸ 284919Moss 2011 ¹⁹⁵ 23359Wan den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷ 315011 <b>Subtotal (95% CI)335</b> 11Total events201151Heterogeneity: $\tau^2 = 0.52$ ; $\chi^2 = 24.56$ , df= 8 ( $p = 0.002$ ); $l^2 = 67\%$ Test for overall effect: $z = 1.57$ ( $p = 0.12$ )	<b>&gt;12 months</b> Cooper 2009 ¹⁸⁹ 116 156 102 Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹ 19 41 27 Murray, ²⁰⁸ Cooper (Cou) 2003 ²⁰⁹ 25 39 27 Murray, ²⁰⁸ Cooper (Psy) 2003 ²⁰⁹ 18 40 27 <b>Subtotal (95% CI)</b> 276 178 178 183 Total events 178 183 Heterogeneity: $\tau^2$ =0.17; $\chi^2$ =6.71, df=3 ( $p$ =0.08); $l^2$ =55% Test for overall effect: $z$ =0.11 ( $p$ =0.91)	Test for subgroup differences: $\chi^2$ = 1.11, df=1 (p=0.29); $J^2$ = 9.6%

FIGURE 27 A meta-analysis of changes in secure outcomes comparing different lengths of follow-up (<12 months, ≥12 months).

We carried out an analysis that explored studies where the length of follow-up reported in the paper was less than 12 months and greater than 12 months. This follow-up time is calculated from the end of the intervention to when the first attachment measure was conducted. There is no overall effect in the group being followed up over 12 months. These studies were all by one research team.

OR M–H, random, 95% Cl				0.1 1 10 100 Favours (control) Favours (intervention)
ol Total Weight M–H, random, 95% Cl	1.50 (0.82 to 2.76) 1.28 (0.43 to 3.83) 1.28 (0.43 to 3.83) 5.78 (2.40 to 13.94) <b>1.98 (0.97 to 4.06)</b>	0.42 (0.15 to 1.20) 1.71 (1.06 to 2.76) 2.14 (1.02 to 4.47) 2.18 (0.97 to 4.86) 4.90 (1.73 to 13.85) 0.64 (0.28 to 1.49) 1.32 (0.55 to 3.17) 0.61 (0.26 to 1.42) <b>1.33 (0.81 to 2.16)</b>	10.33 (4.02 to 26.57) 3.23 (1.09 to 9.54) <b>5.96 (1.91 to 18.62)</b>	0. 10.
Weight	32.5% 21.1% 21.1% 25.6% <b>100.0%</b>	10.2% 16.5% 12.8% 12.4% 12.0% <b>100.0</b> %	52.7% 47.3% <b>100.0%</b>	% r of session
ol Total	84 27 50 <b>188</b>	36 162 60 50 47 47 48 <b>4</b> 81	54 33 <b>87</b>	=65.5 ⁴ umbe
Control Events To	42 15 11 11 83 ); / ² =61%	28 102 20 19 27 27 27 27 27 259 4); <i>i²</i> = 66	9 17 26 ; / ² =60%	= 0.05); <i>I²</i> = ing the n
Experimental vents Total	85 26 50 <b>187</b> ( <i>p</i> = 0.005	32 156 49 49 35 41 39 40 <b>452</b> 7 ( <i>p</i> =0.00	46 $31$ $77$ $(p=0.11)$	df=2 ( <i>p</i> = s compar
Experin Events	51 16 16 31 31 114 df=3 0.06)	1116 31 28 28 23 25 19 279 279 0.26)	31 24 55 df=1 0.002)	=5.80, tcome
Ex Study or subgroup Eve	<5 sessions	5-16 sessions193228Brisch 2003 ²⁰² 1931156102Cooper 2009 ¹⁸⁹ 116156102102Dozier 2009 ¹⁹⁴ Bernard 2012 ¹⁹³ 316020Moran 2005 ²¹⁸ 284919Moran 2005 ²¹⁸ 23359Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹ 194127Murray, ²⁰⁸ Cooper (Cou) 2003 ²⁰⁹ 253327Murray, ²⁰⁸ Cooper (Psy) 2003 ²⁰⁹ 184027Murray, ²⁰⁸ Cooper (Psy) 2003 ²⁰⁹ 184027Fotal events228279452259Heterogeneity: $\tau^2$ =0.32; $\chi^2$ =20.74, df=7 ( $p$ =0.004); $l^2$ =66%Test for overall effect: $z$ =1.13 ( $p$ =0.26)	> 16 sessions Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹ 31 46 9 Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰ 24 31 17 Subtotal (95% CI) 77 77 Total events 55 26 Heterogeneity: $\tau^2$ = 0.41; $\chi^2$ =2.52, df= 1 ( $p$ =0.11); $l^2$ =60% Test for overall effect: $z$ =3.07 ( $p$ =0.002)	Test for subgroup differences: $\chi^2$ =5.80, df=2 ( $p$ =0.05); $l^2$ =65.5% A meta-analysis of changes in secure outcomes comparing the number of sessions (< 5, 5–16, > 16).
				FIGURE 28

Meta-analysis of the number of sessions shows that positive outcomes can be achieved when different researchers have used different numbers of sessions. While interventions with greater than 16 sessions have higher significance and effect sizes, this cannot be taken to assume greater effectiveness as no direct comparison has been made. None of the studies directly compare a small number of sessions with a large number of sessions. The finding that a small number of sessions may be effective suggests that just such a study may be worthwhile as a mechanism to explore cost-effectiveness in the short and longer terms.



When exploring the effect of interventions delivered at different ages there is no significance achieved for interventions delivered prenatally or for those starting older than 6 months of age. Despite relatively large ORs for some interventions after 6 months of age, others showed limited apparent benefit. Interventions that began at the age of between 0 and 6 months show the greatest effect and significance, but were limited to three studies. None of the studies directly compared the timing of the intervention and so it is not possible to make direct comparisons.

OR M–H, random, 95% Cl								ļ							+		+		•		-+	Favours (control) Favours (intervention)
OR Weight M–H, random, 95% Cl	0.42 (0.15 to 1.20) <b>0.42 (0.15 to 1.20)</b>			7.60 (2.00 to 28.93)	0.50 (0.15 to 1.64)	1.50 (0.82 to 2.76)	10.33 (4.02 to 26.57)	1.71 (1.06 to 2.76)		3.23 (1.09 to 9.54)	1.28 (0.43 to 3.83)	1.28 (0.43 to 3.83)	2.18 (0.97 to 4.86)	4.90 (1.73 to 13.85)	0.64 (0.28 to 1.49)	1.32 (0.55 to 3.17)	0.61 (0.26 to 1.42)	5.78 (2.40 to 13.94)	1.89 (1.27 to 2.81)		0.01	L
Weight	100.0% <b>100.0</b> %			4.6%	5.2%	7.8%	6.2%	8.4%	7.2%	5.6%	5.5%	5.5%	6.9%	5.8%	6.7%	6.5%	6.7%	6.5%	100.0%			4%
ting Total	36 <b>36</b>			26	23	84	54	162	60	33	27	27	50	32	47	47	47	50	792	² =69%		= 1 ( $p$ = 0.009); $l^2$ = 85.4%
Parenting Events Tot	28	28		10	1	42	6	102	20	17	15	15	19	6	27	27	27	11		384 ( <i>p</i> < 0.0001); <i>1</i> ² = 69%		(600.0=
ol Total	32 <b>32</b>			23	29	85	46	156	60	31	26	26	49	35	41	39	40	50	764			df=1 (p
Control Events Tota	19	19		19	17	51	31	116	31	24	16	16	28	23	19	25	18	31		485 30, df= ` =0.002)		² =6.86,
Study or subgroup	Middle class Brisch 2003 ²⁰² Subtotal (95% Cl)	Total events Heterogeneity: not applicable Test for overall offect: z-1 62 (n-0.11)	Other	Anisfeld 1990 ¹⁸⁰	Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹	Cassidy 2011 ¹⁹⁶	Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹	Cooper 2009 ¹⁸⁹	Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³	Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰	Klein-Velderman (+D) 2006 ²⁰³	Klein-Velderman 2006 ²⁰⁴	Moran 2005 ²¹⁸	Moss 2011 ¹⁹⁵	Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹	Murray, ²⁰⁸ Cooper (Cou) 2003 ²⁰⁹	Murray, ²⁰⁸ Cooper (Psy) 2003 ²⁰⁹	van den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷	Subtotal (95 % Cl)	Total events 485 Heterogeneity: $\tau^2$ =0.44; $\chi^2$ =48.90, df=15 Test for overall effect: z=3.12 (p=0.002)		Test for subgroup differences: $\chi^2$ =6.86, df

FIGURE 30 A meta-analysis of changes in secure outcomes comparing middle-class families and other family types.

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We examined the SES of the intervention populations and found that some studies described their population sample as 'middle class', while the majority targeted interventions at low socioeconomic groups. A much larger effect size was found in studies targeted at lower socioeconomic groups, although only two studies with 'middle-class' populations were available for comparison. There were no studies comparing the same intervention targeted at different socioeconomic groups and so no direct comparisons can be made.

We examined studies that were conducted at home, in mixed locations (i.e home and another setting) and interventions carried out at other locations. Brisch *et al.*²⁰¹ conducted their intervention in hospital. Meta-analysis of interventions carried out in the home, or home and elsewhere (mixed) both had significant overall effect sizes.

Anisfeld *et al.*¹⁸⁰ provided the parents with baby carriers that could be used in a variety of locations. Heinicke *et al.*^{190,191} carried out their intervention in the home but additionally held parent groups in different locations.

			$p_{r} = 1 \ (p=0.26); \ \beta^{2} = 21.8\%$ f= 1 ( $p=0.26$ ); $\beta^{2} = 21.8\%$ comparing whether or not the male caregiver was included alongside the female caregiver in the intervention.
0.88 (0.26 to 3.05) 0.50 (0.15 to 1.64) 0.42 (0.15 to 1.64) 0.42 (1.02 to 4.47) 3.23 (1.09 to 9.54) 1.10 (0.49 to 2.43)		7.60 (2.00 to 28.93) 1.50 (0.82 to 2.76) 1.71 (1.06 to 2.76) 1.71 (1.06 to 2.76) 1.28 (0.43 to 3.83) 1.28 (0.43 to 3.83) 2.18 (0.97 to 4.86) 4.90 (1.73 to 13.85) 0.64 (0.28 to 1.49) 1.32 (0.55 to 3.17) 0.61 (0.26 to 1.42) <b>1.87 (1.16 to 3.02)</b>	0.01 ale caregiver was included
17.6% 18.3% 20.0% 19.6%		6.5% 11.0% 2.9% 9.7% 9.2% 9.3% 9.4%	not the m
		26 84 162 162 27 27 27 27 47 47 47 47 47 603	=21.8% ther or
17 17 28 28 20	99 ; / ² =66 ⁹	10 42 151 151 15 15 15 27 27 27 27 27 27 27 27 27 27 27 27 27	0.26); <i>1</i> ² ing whe
28 29 32 31 31 80	-		
20 17 31 24	111 0, df=4 =0.82)	19 51 116 16 16 16 19 23 23 23 23 23 23 23 25 19 19 19 10 16 10 10 10 10 10 10 10 10 10 10 10 10 10	= 1.28, utcome
Male carer included           Barnett (NonP) 1985, ¹³³ 1987 ¹²⁹ Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹ Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹ Brisch 2003 ²⁰² Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³ Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰ Subtotal (95% CI)	Total events Heterogeneity: $\tau^2$ =0.53; $\chi^2$ =11.70 Test for overall effect: z=0.23 (p=	Male carer not includedAnisfeld 1990 ¹⁸⁰ Cassidy 2011 ¹⁹⁶ Cicchetti 1999, 200Cicchetti 1999, 200Cooper 2009 ¹⁸⁹ Klein-Velderman (+D) 2006 ²⁰³ Klein-Velderman 2006 ²⁰⁴ Moran 2005 ²¹⁸ Moran 2005 ²¹⁹ Moran 2005 ²¹⁸ Moran 2005 ²¹⁸ Moran 2005 ²¹⁸ Moran 2005 ²¹⁹ Moran 2005 ²¹⁹ Moran 2005 ²¹⁸ Moran 2005 ²¹⁸ Moran 2005 ²¹⁸ Moran 2005 ²¹⁸ Moran 2005 ²¹⁹ Moran 2005 ²¹⁹ Mo	Test for subgroup differences: $\chi^2$ =1.28, df=1 ( $p$ =0.26); $l^2$ =21.8% FIGURE 31 A meta-analysis of changes in secure outcomes comparing whether or
	20         28         17         23         17.6%           17         29         17         23         18.3%           19         32         28         36         20.0%           31         60         20         60         24.4%           24         31         17         33         19.6%           180         17         17         33         19.6%	20 28 17 23 17.6% 17 29 17 23 18.3% 19 32 28 36 20.0% 31 60 20 60 24.4% 24 31 17 33 19.6% 111 99 0, df=4 (p=0.02); / ² =66%	20 28 17 23 17.6% 17 29 17 23 18.3% 31 60 20 60 24.4% 24 31 17 33 19.6% 111 99 111 99 111 99 111 99 111 99 112 10.0% 116 156 102 162 11.8% 16 26 15 27 7.9% 16 26 15 27 7.9% 17 27 7.9% 18 40 27 47 9.5% 23 33 25 9 32 8.2% 19 41 27 47 9.5% 23 35 9 32 8.2% 19 41 27 47 9.5% 23 35 9 32 8.2% 19 41 27 47 9.5% 26 603 100.0% 362 15 27 7.9% 16 26 15 27 7.9% 16 2.6 15 27 7.9% 16 2.6 15 27 7.9% 16 2.6 15 27 7.9% 17 2.7 7.9% 18 40 2.7 47 9.5% 28 2.9 330 0, df = 10 ( $p$ =0.0001); $l^2$ = 71% =0.91)

The majority of interventions were targeted at the dyad between the infant and mother or female caregiver–child dyad. However, the interventions where the male caregiver also took part in the intervention alongside, or instead of, the female caregiver were meta-analysed. The effect size when the male caregiver was included was not significant.

Dozier and colleagues¹⁹⁴ and Bernard and colleagues¹⁹³ offered the intervention to both mothers and fathers. Four of the participating primary caregivers were male. Brisch and colleagues²⁰² focused on providing both mothers and fathers with individual and joint psychotherapy as well as allowing for male caregivers to be present in the other aspects of the intervention. Barnett and colleagues,¹²⁹ and Barnett and Parker¹³³ encouraged the male partner to be involved in the intervention and to support the mother. Heinicke and colleagues^{190,191} encouraged the male caregiver to be involved in the intervention, and 42% of fathers chose to take part.

	╷┿┿╎╎┾╵╸	0) Favours (intervention)
	I	0.1 Favours (control)
7.60 (2.00 to 28.93) 0.88 (0.26 to 3.05) 0.50 (0.15 to 1.64) 10.33 (4.02 to 26.57) 1.71 (1.06 to 2.76) 3.23 (1.09 to 9.54) 0.64 (0.28 to 1.49) 1.32 (0.55 to 3.17) 0.61 (0.26 to 1.42) 5.78 (2.40 to 13.94)	0.42 (0.15 to 1.20) 1.50 (0.82 to 2.76) 2.14 (1.02 to 4.47) 1.28 (0.43 to 3.83) 1.28 (0.43 to 3.83) 2.18 (0.97 to 4.86) 4.90 (1.73 to 13.85) <b>1.62 (1.00 to 2.60)</b>	0.01 feedback was provided.
8.3% 8.7% 9.0% 10.2% 10.6% 10.6% 10.5%	12.0% 19.7% 11.5% 11.5% 12.2% <b>100.0%</b>	not video
26 23 23 23 23 47 47 47 47 47 50 51 2 50	= 79% 36 60 27 27 32 316 %	=0%
10 102 102 27 27 27 27 27 27 11	264 1001); <i>/</i> ² - 28 42 20 15 15 19 9 9 3); <i>/</i> ² =51	= 0.73); <i>f</i> é ing whe
23 28 28 29 31 46 31 40 40 40 40 40 40 40 40 40 40	( <i>p</i> < 0.00 32 85 60 26 49 313 313 ( <i>p</i> = 0.06	df=1 ( <i>p</i> =
19 20 24 116 25 31 31 31	320 4, df=9 =0.05) 51 16 16 28 28 23 23 5, df=6 =0.05)	=0.12, c
<b>No video feedback</b> Anisfeld 1990 ¹⁸⁰ Barnett (NonP) 1985, ¹³³ 1987 ¹²⁹ Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹ Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹ Cooper 2009 ¹⁸⁹ Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰ Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹ Murray, ²⁰⁸ Cooper (Ceu) 2003 ²⁰⁹ Murray, ²⁰⁸ Cooper (Fsy) 2003 ²⁰⁹ van den Boom 1994, ¹⁹⁸ 1995 ¹⁹⁷ <b>Subtotal (95% CI)</b>	Total events Heterogeneity: $\tau^2 = 0.79$ ; $\chi^2 = 43.8^4$ Test for overall effect: $z = 1.92$ ( $p =$ <b>Video feedback</b> Brisch 2003 ²⁰² Cassidy 2011 ¹⁹⁶ Dozier 2009, ¹⁹⁴ Bernard 2012 ¹⁹³ Klein-Velderman (+D) 2006 ²⁰³ Klein-Velderman 2006 ²⁰⁴ Moran 2005 ²¹⁸ Moran 2005 ²¹⁹ Moran 20	0.6 Test for subgroup differences: $\chi^2$ =0.12, df=1 ( $p$ =0.73); $l^2$ =0% A meta-analysis of changes in secure outcomes comparing whether or not video feedback was provided
	19     23     10     26     8.3%     7       20     28     17     23     8.7%     7       31     46     9     54     10.2%     10       31     46     9     54     10.2%     10       24     31     17     33     9.5%     10       24     31     17     33     9.5%     10       25     39     27     47     10.6%       18     40     27     47     10.5%       31     50     11     50     10.5%       483     512     100.0%	19       23       10       26 $8.3\%$ 7         20       28       17       23 $9.0\%$ 10         31       46       9       54 $10.2\%$ $10$ 31       46       9       54 $10.2\%$ $10$ 24       31       17       23 $9.5\%$ $10$ 24       31       17       33 $9.5\%$ $10.5\%$ 25       39       27 $47$ $10.6\%$ $5$ 31       50       11       27 $47$ $10.5\%$ $5$ 320       27       47 $10.6\%$ $5$ $47$ $10.5\%$ $5$ 320       27       47 $10.5\%$ $5$ $47$ $10.5\%$ $5$ 320       26       11       50 $10.00\%$ $5$ $10.00\%$ $5$ 320       264 $47$ $10.5\%$ $10.00\%$ $5$ $10.00\%$ $5$ 31       60       27 $42$ $10.00\%$ $10.5\%$ $5$ 31       60       28       <

FIGURE 32

There were seven studies where interventions used video feedback. The OR was 1.62 (95% CI 1.00 to 2.60), which was statistically significant (p = 0.05). Meta-analysis found that interventions without video feedback were also effective, which was statistically significant (p = 0.05). There were individual interventions in both groups that showed limited effect.

OR M–H, random, 95% Cl			0.1 1 10 Eavours (control) Favours (intervention)
OR Weight M–H, random, 95% Cl	7.60 (2.00 to 28.93) 0.88 (0.26 to 3.05) 0.50 (0.15 to 1.64) 0.42 (0.15 to 1.20) 1.50 (0.82 to 2.76) 1.71 (1.06 to 2.76) 2.14 (1.02 to 4.47) 1.71 (1.06 to 2.76) 2.14 (1.02 to 4.47) 1.28 (0.43 to 3.83) 2.18 (0.97 to 4.86) 4.90 (1.73 to 13.85) 5.78 (2.40 to 13.94) <b>2.08 (1.32 to 3.30)</b>	3.23 (1.09 to 9.54) 0.64 (0.28 to 1.49) 1.32 (0.55 to 3.17) 0.61 (0.26 to 1.42) <b>1.07 (0.53 to 2.18)</b>	0.0
Weight	5.8% 6.3% 7.2% 8.9% 8.9% 8.13% 8.1% 8.1% 8.1%	21.3% 26.5% 25.8% 26.4% <b>100.0%</b>	~
otal	26 23 23 23 24 54 56 50 50 55 55 55 55 55 55 55 50 55	33 47 47 <b>174</b>	= 58.0%
Control Events To	10 17 17 28 28 20 15 15 11 19 314 314 001); / ² =	17 27 27 27 88 <i>I²</i> =59%	: 0.12); <i>1</i> 2
٦	23 10 26 28 17 23 29 17 23 32 28 36 85 42 82 46 9 52 60 20 60 26 15 23 28 15 23 28 15 23 49 19 56 49 19 56 49 19 56 49 19 56 314 617 65/	31 17 41 27 39 27 40 27 <b>151</b> 98 ( <i>p</i> =0.06); <i>f</i> ² =59%	df=1 ( <i>p</i> =0.12); <i>l</i> ² =58.0%
Experimental Events Tota	19 20 20 21 21 31 16 31 16 23 31 23 31 23 23 23 23 21 56 21 56 21 51 51 51 51 51 51 51 51 51 51 51 51 51	24 25 19 25 18 86 =0.84)	
E Study or subgroup	Yes Anisfeld 1990 ¹⁸⁰ 1985, ¹³³ 1987 ¹²⁹ 20 Barnett (NonP) 1985, ¹³³ 1987 ¹²⁹ 20 Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹ 17 Brisch 2003 ²⁰² 51 Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹ 51 Cicchetti 1999, ²⁰⁰ Toth 2006 ¹⁹⁹ 31 Cooper 2009, ¹⁹⁴ Bernard 2012 ¹⁹³ 31 Klein-Velderman (+D) 2006 ²⁰³ 16 Klein-Velderman (+D) 2006 ²⁰³ 16 Klein-Velderman 2006 ²⁰⁴ 20 Moran 2005 ²¹⁸ 23 Moran 2005 ²¹⁸ 1995 ¹⁹⁷ 31 Subtotal (95 % CI) Total events Total events Total events Total events	No Heinicke 1999, ¹⁹¹ 2001 ¹⁹⁰ 24 Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹ 19 Murray, ²⁰⁸ Cooper (Cou) 2003 ²⁰⁹ 25 Murray, ²⁰⁸ Cooper (Psy) 2003 ²⁰⁹ 18 <b>Subtotal (95% CI)</b> 7003 ²⁰⁹ 18 <b>Cotal events</b> 86 Heterogeneity: $\tau^2$ =0.30; $\chi^2$ =7.30, df=3 Test for overall effect: z=0.20 ( <i>p</i> =0.84)	Test for subgroup differences: $\chi^2$ = 2.38,

FIGURE 33 A meta-analysis of changes in secure outcomes comparing whether or not the intervention attempts to enhance maternal sensitivity.

Many researchers and clinicians target interventions at maternal sensitivity to the infant when working to improve attachment and relationships. This meta-analysis suggests that this approach improves secure attachment. The studies not using this approach when meta-analysed do not reach significance. The interventions that have not focused on improving maternal sensitivity have focused on improving parents' mental health^{208,209} and promoting the caregivers' sense of self efficacy.^{190,191} No studies directly compare maternal sensitivity interventions with those that do not, and so it is difficult to make any direct comparisons or definitive statements about this.

OR M–H, random, 95% Cl				0.1 1 10 Favours (control) Favours (intervention)
ol OR Total Weight M–H, random, 95% Cl			0.88 (0.26 to 3.05) 0.50 (0.15 to 1.64) 2.18 (0.97 to 4.86) 0.64 (0.28 to 1.49) 1.32 (0.55 to 3.17) 0.61 (0.26 to 1.42) 0.93 (0.58 to 1.50)	0.0
Weight	6.8% 8.3% 9.0% 10.4%	8.2% 8.1% 8.4% 9.5% <b>100.0%</b>	11.3% 12.0% 19.1% 19.0% 19.0%	%
ol Total	26 36 54 60 60	33 27 35 50 <b>591</b> :71%	23 50 47 47 47 237	/ ² = 87.0
Control Events To	10 28 102 20 20	17 15 9 11 11 278 2001); / ² =	17 17 19 27 27 27 27 27 27 27	=0.006);
iental Total	23 32 46 60 60	31 26 26 35 50 <b>570</b> 3) ( <i>p</i> =0.(	28 29 49 41 39 40 <b>226</b> ( <i>p</i> = 0.17)	df=1 (p:
Experimental Study or subgroup Events Tot	06 ¹⁹⁹ 1 012 ¹⁹³	= 0 10 10 10 10 10 10 10 10 10 10 10 10 10	No Barnett (NonP) 1985, ¹³³ 1987 ¹²⁹ 20 28 17 Barnett (Prof) 1985, ¹³³ 1987 ¹²⁹ 17 29 17 Moran 2005 ²¹⁸ 2003 ²⁰⁹ 19 41 27 Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹ 19 41 27 Murray, ²⁰⁸ Cooper (CBT) 2003 ²⁰⁹ 19 41 27 Murray, ²⁰⁸ Cooper (CDU) 2003 ²⁰⁹ 18 40 27 Subtotal (95% CI) 2203 ²⁰⁹ 18 40 27 Total events 127 127 127 134 Heterogeneity: $\tau^2$ =0.12; $\chi^2$ =7.69, df=5 ( $p$ =0.17); $P^2$ =35% Test for overall effect: $z$ =0.28 ( $p$ =0.78)	Test for subgroup differences: $\chi^2$ = 7.69, df = 1 ( <i>p</i> = 0.006); <i>f</i> ² = 87.0%

FIGURE 34 A meta-analysis of changes to secure outcomes comparing whether or not the primary focus of the intervention was to modify child attachment.

Studies that set out explicitly to promote attachment security perform well when meta-analysed. Where the goal was not to modify the child's attachment security, there is no significant effect on meta-analysis. For example, Barnett and colleagues¹²⁹ and Barnett and Parker¹³³ focused on general support and specific antianxiety measures for the caregiver. Murray and colleagues²⁰⁸ and Cooper and colleagues²⁰⁹ focused their intervention on addressing the psychological needs of the caregiver, providing the caregiver with counselling, psychotherapy or cognitive–behavioural therapy. Moran and colleagues²¹⁸ focused the intervention on supporting the mother's sensitivity towards her infant. No studies directly compared attachment-focused interventions with those focused in other areas.

The meta-analysis compares whether the intervention was conducted within the dyad of mother and child, with the mother separately or with a combination of both dyadic work and individual intervention for the caregiver. Meta-analysis appears to confirm an earlier suggestion that interventions that involve the child and caregiver do well. Interventions that do not involve the primary caregiver or mother do not do well, but there are relatively few of them. No studies directly compared interventions with and without the child.

#### Interventions promoting secure attachment

Interventions under 12 months in duration demonstrate statistically significant improvements in secure attachment. However, the paucity of interventions that last longer than 12 months means that little can be gleaned from this. Health economics work could usefully explore how many sessions are required for meaningful long-term change and improved outcomes.

Only a few interventions in two papers are included where more than 12 months' follow-up takes place, and this is not a large enough group to make any firm conclusions. The meta-analysis shows that studies with less than 12 months' follow-up can be effective and this may be an important finding from a resource utilisation point of view, given the large pressures on resources in the NHS and allied professional groups interested in attachment (e.g. local authority education departments). Whether or not treatment effects diminish over time has not been explicitly examined in research. Most research only includes follow-up for less than 12 months, which may not be long enough to examine effects of interest from a developmental or psychopathological point of view.

The greater number of sessions (> 16) appears to deliver better effect sizes but there are no studies directly comparing number of sessions in a RCT. Indeed, the effect size for 0-4 sessions (1.87) is very similar to that for 5-16 sessions (1.19), with neither reaching significance in meta-analysis.

Theorists who suggest that attachment interventions need to be delivered early in the child's life will be interested in the finding that interventions delivered between birth and 6 months showed the best effect size and significance in meta-analysis. These interventions involved an intervention where a baby carrier was used, a video feedback home-visit intervention and an intervention involving home visits plus a video-taped session. In contrast, the other two groups where intervention was started prenatally or after 6 months of age showed no statistically significant overall effect size when meta-analysed. This finding could be because of some other factors related to a bias of the included studies and should be treated with caution given that no direct comparison was made and the studies took place at different times in different places. Nevertheless, it is self-evident that attachment work is difficult to do with an infant in utero, and that 6 months after delivery may be leaving potential at-risk dyads without intervention for 6 months of the child's life.

The finding that the effect size is high in low socioeconomic groups is perhaps to be expected in that some researchers consider that many of the at-risk groups may be subsumed within the larger lower socioeconomic sector of the population and may, therefore, contain more vulnerable families where attachment is concerned. The scope for measured change may, therefore, be greater.

None of the studies involved middle-class data and so no meta-analysis was conducted.

There is a large effect size for the mixed location interventions and interventions primarily provided in the home are also significant on meta-analysis, although only three studies were included. Whether or not intervention location is important would need to be explored in future research. For example, it may be more difficult to put structure around interventions delivered in the home because of external factors.²³⁵

The meta-analysis examining the addition of the male to the female caregiver showed no significance when the male carer was involved in the intervention. It is not clear why this should be. It is possible that targeting a dyad in attachment work is the most effective way of improving attachment, as attachment usually focuses on the child's particular care-seeking from one primary individual, although infants are usually attached to more than one individual. It could be that involving the male carer somehow dilutes effects but no studies randomised between involving or not involving male caregivers, so no clear conclusion can be drawn.

Video-feedback intervention has been hailed as an important tool in generating insight for parents into helpful and unhelpful interactions in terms of the child's developmental needs. As a variety of interventions are being analysed together in both the video-feedback group and the non video-feedback group, findings should be treated with caution. Furthermore, the number of video-feedback sessions varies between interventions. Video feedback appears to be effective, but non-video-feedback interventions are also effective, and it may be that a combination of tools for eliciting insight and change should be considered in future research.

There is interesting evidence of large effect sizes when studies are targeting maternal sensitivity. This is concordant with the view of many clinicians that this is a productive area for interventions.²¹¹

There are various clinicians who believe that attachment work is more powerful when done in the dyad between the mother and the infant. Our meta-analysis produces an effect size that is highly significant statistically when working with the child and caregiver together.

## Appendix 7 Cochrane risk of bias tool

SEQUENCE GENERATION: was the allocation sequence adequately generated? [Short form: Adequate sequence generation?]		
Criteria for a judgement of 'YES' (i.e. low risk of bias)	The investigators describe a random component in the sequence generation process such as:	
	Referring to a random number table	
	Using a computer random number generator	
	Coin tossing	
	Shuffling cards or envelopes	
	Throwing dice	
	Drawing of lots	
	Minimisation*	
	*Minimisation may be implemented without a random element, and this is considered to be equivalent to being random	
Criteria for the judgement of 'NO' (i.e. high risk of bias)	The investigators describe a non-random component in the sequence generation process. Usually, the description would involve some systematic, non-random approach, e.g.:	
	Sequence generated by odd or even date of birth	
	Sequence generated by some rule based on date (or day) of admission	
	Sequence generated by some rule based on hospital or clinic record number	
	Other non-random approaches happen much less frequently than the systematic approaches mentioned above and tend to be obvious. They usually involve judgement or some method of non-random categorisation of participants, e.g.:	
	Allocation by judgement of the clinician	
	Allocation by preference of the participant	
	Allocation based on the results of a laboratory test or a series of tests	
	Allocation by availability of the intervention	
Criteria for the judgement of 'UNCLEAR' (uncertain risk of bias)	Insufficient information about the sequence generation process to permit judgement of 'Yes' or 'No'	

ALLOCATION CONCEALMENT: was allocation adequately concealed? [Short form: Allocation concealment?]				
Criteria for a judgement of 'YES' (i.e. low risk of bias)	Participants and investigators enrolling participants could not foresee assignment because one of the following, or an equivalent method, was used to conceal allocation:			
	Central allocation (including telephone, web-based and pharmacy-controlled randomisation)			
	Sequentially numbered drug containers of identical appearance			
	Sequentially numbered, opaque, sealed envelopes			
Criteria for the judgement of 'NO' (i.e. high risk of bias)	Participants or investigators enrolling participants could possibly foresee assignments and thus introduce selection bias, such as allocation based on:			
	Using an open random allocation schedule (e.g. a list of random numbers)			
	Assignment envelopes were used without appropriate safeguards (e.g. if envelopes were unsealed or non-opaque or not sequentially numbered)			
	Alternation or rotation			
	Date of birth			
	Case record number			
	Any other explicitly unconcealed procedure			
Criteria for the judgement of 'UNCLEAR' (uncertain risk of bias)	Insufficient information to permit judgement of 'Yes' or 'No'. This is usually the case if the method of concealment is not described or not described in sufficient detail to allow a definite judgement, for example if the use of assignment envelopes is described, but it remains unclear whether envelopes were sequentially numbered, opaque and sealed			
BLINDING OF PARTICIPANTS, PERSONNEL AND OUTCOME ASSESSORS: was knowledge of the allocated interventions adequately prevented during the study? [Short form: Blinding?]				
Criteria for a judgement of 'YES' (i.e. low risk of bias)	Any one of the following:			
(i.e. low lisk of blas)	No blinding, but the review authors judge that the outcome and the outcome measurement are not likely to be influenced by lack of blinding			
	Blinding of participants and key study personnel ensured, and unlikely that the blinding could have been broken			
Criteria for the judgement of 'NO'	blinding could have been broken Either participants or some key study personnel were not blinded, but outcome assessment was blinded and the non-blinding of others unlikely to introduce			
Criteria for the judgement of 'NO' (i.e. high risk of bias)	blinding could have been broken Either participants or some key study personnel were not blinded, but outcome assessment was blinded and the non-blinding of others unlikely to introduce bias			
	<ul> <li>blinding could have been broken</li> <li>Either participants or some key study personnel were not blinded, but outcome assessment was blinded and the non-blinding of others unlikely to introduce bias</li> <li>Any one of the following:</li> <li>No blinding or incomplete blinding, and the outcome or outcome measurement</li> </ul>			
	<ul> <li>blinding could have been broken</li> <li>Either participants or some key study personnel were not blinded, but outcome assessment was blinded and the non-blinding of others unlikely to introduce bias</li> <li>Any one of the following:</li> <li>No blinding or incomplete blinding, and the outcome or outcome measurement is likely to be influenced by lack of blinding</li> <li>Blinding of key study participants and personnel attempted, but likely that the</li> </ul>			
(i.e. high risk of bias) Criteria for the judgement of	<ul> <li>blinding could have been broken</li> <li>Either participants or some key study personnel were not blinded, but outcome assessment was blinded and the non-blinding of others unlikely to introduce bias</li> <li>Any one of the following:</li> <li>No blinding or incomplete blinding, and the outcome or outcome measurement is likely to be influenced by lack of blinding</li> <li>Blinding of key study participants and personnel attempted, but likely that the blinding could have been broken</li> <li>Either participants or some key study personnel were not blinded, and the</li> </ul>			
(i.e. high risk of bias)	<ul> <li>blinding could have been broken</li> <li>Either participants or some key study personnel were not blinded, but outcome assessment was blinded and the non-blinding of others unlikely to introduce bias</li> <li>Any one of the following:</li> <li>No blinding or incomplete blinding, and the outcome or outcome measurement is likely to be influenced by lack of blinding</li> <li>Blinding of key study participants and personnel attempted, but likely that the blinding could have been broken</li> <li>Either participants or some key study personnel were not blinded, and the non-blinding of others likely to introduce bias</li> </ul>			

outcome data addressed?]		
Criteria for a judgement of 'YES' (i.e. low risk of bias)	Any one of the following:	
	No missing outcome data	
	Reasons for missing outcome data unlikely to be related to true outcome (for survival data, censoring unlikely to be introducing bias)	
	Missing outcome data balanced in numbers across intervention groups, with similar reasons for missing data across groups	
	For dichotomous outcome data, the proportion of missing outcomes compared with observed event risk not enough to have a clinically relevant impact on the intervention effect estimate	
	For continuous outcome data, plausible effect size (difference in means or standardised difference in means) among missing outcomes not enough to have a clinically relevant impact on observed effect size	
	Missing data have been imputed using appropriate methods	
Criteria for the judgement of 'NO' (i.e. high risk of bias)	Any one of the following:	
	Reason for missing outcome data likely to be related to true outcome, with either imbalance in numbers or reasons for missing data across intervention groups	
	For dichotomous outcome data, the proportion of missing outcomes compared with observed event risk enough to induce clinically relevant bias in intervention effect estimate	
	For continuous outcome data, plausible effect size (difference in means or standardised difference in means) among missing outcomes enough to induce clinically relevant bias in observed effect size	
	'As-treated' analysis done with substantial departure of the intervention received from that assigned at randomisation	
	Potentially inappropriate application of simple imputation	
Criteria for the judgement of 'UNCLEAR' (uncertain risk of bias)	Any one of the following:	
UNCLEAR (UNCERTAIN TISK OF DIdS)	Insufficient reporting of attrition/exclusions to permit judgement of 'Yes' or 'No' (e.g. number randomised not stated, no reasons for missing data provided)	
	The study did not address this outcome	

# INCOMPLETE OUTCOME DATA: were incomplete outcome data adequately addressed? [Short form: Incomplete outcome data addressed?]

[Short form: Free of selective reporting?]				
Criteria for a judgement of 'YES' (i.e. low risk of bias)	Any of the following:			
	The study protocol is available and all of the study's pre-specified (primary and secondary) outcomes that are of interest in the review have been reported in the pre-specified way			
	The study protocol is not available but it is clear that the published reports include all expected outcomes, including those that were pre-specified (convincing text of this nature may be uncommon)			
Criteria for the judgement of 'NO' (i.e. high risk of bias)	Any one of the following:			
	Not all of the study's pre-specified primary outcomes have been reported			
	One or more primary outcomes is reported using measurements, analysis methods or subsets of the data (e.g. subscales) that were not pre-specified			
	One or more reported primary outcomes were not pre-specified (unless clear justification for their reporting is provided, such as an unexpected adverse effect)			
	One or more outcomes of interest in the review are reported incompletely so that they cannot be entered in a meta-analysis			
	The study report fails to include results for a key outcome that would be expected to have been reported for such a study			
Criteria for the judgement of 'UNCLEAR' (uncertain risk of bias)	Insufficient information to permit judgement of 'Yes' or 'No'. It is likely that the majority of studies will fall into this category			
OTHER POTENTIAL THREATS TO VA a risk of bias? [Short form: Free of	LIDITY: was the study apparently free of other problems that could put it at other bias?]			
Criteria for a judgement of 'YES' (i.e. low risk of bias)	The study appears to be free of other sources of bias			
Criteria for the judgement of 'NO' (i.e. high risk of bias)	There is at least one important risk of bias. For example, the study:			
	Had a potential source of bias related to the specific study design used; or			
	Stopped early due to some data-dependent process (including a formal- stopping rule); or			
	Had extreme baseline imbalance; or			
	Has been claimed to have been fraudulent; or			
	Had some other problem			
Criteria for the judgement of 'UNCLEAR' (uncertain risk of bias)	There may be a risk of bias, but there is either:			
	Insufficient information to assess whether an important risk of bias exists; or			
	Insufficient rationale or evidence that an identified problem will introduce bias			

### SELECTIVE OUTCOME REPORTING: are reports of the study free of suggestion of selective outcome reporting? [Short form: Free of selective reporting?]

# **Appendix 8** The Quality assessment of diagnostic accuracy studies – version 2

#### QUADAS-2

#### Phase 1: State the review question:

Patients (setting, intended use of index test, presentation, prior testing):

Index test(s):

Reference standard and target condition:

#### Phase 2: Draw a flow diagram for the primary study

#### Phase 3: Risk of bias and applicability judgments

QUADAS-2 is structured so that 4 key domains are each rated in terms of the risk of bias and the concern regarding applicability to the research question (as defined above). Each key domain has a set of signalling questions to help reach the judgments regarding bias and applicability.

#### DOMAIN 1: PATIENT SELECTION

#### A. Risk of Bias

Describe methods of patient selection:

+ Was a consecutive or random sample of patients enrolled?

+ Was a case-control design avoided?

+ Did the study avoid inappropriate exclusions?

Could the selection of patients have introduced bias?

Yes/No/Unclear

Yes/No/Unclear

Yes/No/Unclear

**RISK: LOW/HIGH/UNCLEAR** 

Describe included patients (prior testing, presentation, intended use of index test and setting):

Is there concern that the included patients do not match the review question?

**CONCERN: LOW/HIGH/UNCLEAR** 

DOMAIN 2: INDEX TEST(S)	
If more than one index test was used, please complete for each test.	
A. Risk of Bias	
Describe the index test and how it was conducted and interpreted:	
+ Were the index test results interpreted without knowledge of the of the reference standard?	results Yes/No/Unclear
+ If a threshold was used, was it pre-specified?	Yes/No/Unclear
Could the conduct or interpretation of the index test have introduced bias?	RISK: LOW/HIGH/UNCLEAR
B. Concerns regarding applicability	
Is there concern that the index test, its conduct, or its interpretation introduced bias?	CONCERN: LOW/HIGH/UNCLEAR

#### **DOMAIN 3: REFERNCE**

If more than one index test was used, please complete for each test.		
A. Risk of Bias		
Describe the reference standard and how it was conducted and interpre	eted:	
+ Is the reference standard likely to correctly classify the target conditi	ion? Yes/No/Unclear	
+ Were the reference standard results interpreted without knowledge or results of the index text?	f the Yes/No/Unclear	
Could the reference standard, its conduct, or its interpretation have introduced this?	RISK: LOW/HIGH/UNCLEAR	
B. Concerns regarding applicability		
Is there concern that the target condition as defined by the configuration of the control of the	CONCERN: LOW/HIGH/UNCLEAR	
<ul> <li>+ Were the reference standard results interpreted without knowledge or results of the index text?</li> <li>Could the reference standard, its conduct, or its interpretation have introduced this?</li> <li>B. Concerns regarding applicability</li> <li>Is there concern that the target condition as defined by the</li> </ul>	f the Yes/No/Unclear RISK: LOW/HIGH/UNCLEAR	

DOMAIN 4: FLOW AND TIMING	
A. Risk of Bias	
Describe any patients who did not receive the index test(s) and/or reference standard or who w from the 2 x 2 table (refer to flow diagram):	ere excluded
Describe the time interval and any interventions between index test(s) and reference standard:	
+ Was the appropriate interval between index test(s) and reference standard?	Yes/No/Unclear
+ Did all patients receive a reference standard?	Yes/No/Unclear
+ Did all patients receive the same reference standard?	Yes/No/Unclear

## EME HS&DR HTA PGfAR PHR

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This report presents independent research funded by the National Institute for Health Research (NIHR). The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health

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