1 Supplementary Materials and Methods

2 Study cohort

PCOS was diagnosed according to the Rotterdam Criteria, which require the presence of two out of
three of the following symptoms: clinical/biochemical hyperandrogenism, oligo-/anovulation, and
polycystic ovaries. Additionally, other disorders which may mimic the PCOS phenotype were
excluded [1].

7 Clinical hyperandrogenism was assessed using the modified Ferriman-Gallwey (FG) Score, with a 8 self-reported score of eight or higher indicating hirsutism [2]. Biochemical hyperandrogenism was 9 defined according to the recommendations of the European Society of Human Reproduction and Embryology and the Androgen Excess Society based on serum values of total testosterone and 10 11 dehydroepiandrosterone sulfate (DHEAS) [1,3]. For total testosterone, a cut-off of 2.1 nmol/l was 12 used based on previously published data from a representative population sample [4]. As there is 13 currently no reference range available for serum DHEAS assessed by mass spectrometry, a cut-off of 14 7.5 µmol/l was chosen based on the empirically determined reference range of the endocrine 15 laboratory at the Department of Endocrinology and Diabetology, University Hospital Graz. As 16 DHEAS is routinely measured by immunoassay, which typically overestimates concentrations due to 17 cross-reactivity, this cut-off is considered conservative [5]. Oligo-/anovulation was defined as 18 menstrual cycles with a duration >35 days or the absence of menstruation for three or more 19 consecutive months. Polycystic ovarian morphology, diagnosed by a gynecological ultrasound, was 20 assessed based on medical history. Thyroid disorder, congenital adrenal hyperplasia, Cushing's syndrome, hyperprolactinemia, androgen-secreting tumors, and pregnancy were excluded by 21 laboratory measurements of thyroid-stimulating hormone (TSH), 17-hydroxyprogesterone (17OH-P), 22 23 cortisol, prolactin, pregnancy test, and clinical examination. Healthy controls did not meet any of the Rotterdam Criteria, with the following exceptions: isolated elevation of DHEAS or androstenedione 24 25 (6 subjects) and long-standing hirsutism (1 subject), as these features are not considered pathological 26 in the absence of reproductive or cosmetic symptoms of hyperandrogenism [1].

27 Next-generation sequencing

28 Total DNA was extracted from stool samples using the MagNA Pure LC DNA Isolation Kit III 29 (Bacteria, Fungi) on the MagNA Pure Instrument (Roche, Rotkreuz, Switzerland). Stool was thawed 30 partially and an amount approximately the size of a maize kernel was homogenized in 500 ul 1x 31 phosphate buffered saline (PBS). $250 \,\mu$ l of the diluted sample was added to $250 \,\mu$ l bacteria lysis 32 buffer in a sample tube containing MagNA Lyser Green Beads (1.4 mm diameter ceramic beads, 33 Roche). Samples were homogenized in a MagNA Lyser Instrument (2 x 6000 rpm for 30 s, separated by 1 min cooling), treated with 25 µl lysozyme (Roth, Karlsruhe, Germany) at 37 °C for 30 minutes, 34 and then with 43.3 µl proteinase K (Roche) at 60 °C for 1 hour. Lysates were incubated at 95 °C for 35 10 minutes, cooled on ice for 5 minutes, and centrifuged for 5 minutes at full speed. DNA was 36 isolated from 100 µl lysate supernatant by the MagNA Pure Instrument using the manufacturer's 37 38 software and eluted in 100 µl elution buffer. A PCR reaction was performed to amplify the V1-2 region of the bacterial 16S rRNA gene using the primers F27 (AGAGTTTGATCCTGGCTCAG) and 39 R357 (CTGCTGCCTYCCGTA) (Eurofins Genomics, Ebersberg, Germany) and the FastStart High 40 Fidelity PCR System, dNTPack (Roche) with initial denaturation at 95 °C for 3 minutes followed by 41 28 cycles of denaturation at 95 °C for 45 seconds, annealing at 55 °C for 45 seconds, and extension at 42 72 °C for 1 minute, one cycle of final extension at 72 °C for 7 minutes, and a final cooling step to 10 43 °C. Triplicates were pooled, checked on a 1.5 % agarose gel, and 15 µl of pooled PCR product were 44 normalized according to manufacturer's instructions on a SequalPrep Normalization Plate (Life 45 46 Technologies, Vienna, Austria). 15 µl of the normalized PCR product were used as a template for indexing PCR in a 50 µl single reaction to introduce barcode sequences to each sample according to 47 48 Kozich et al. [6]. Cycling conditions were initial denaturation at 95 °C for 3 minutes followed by 8 cycles of denaturation at 95 °C for 45 seconds, annealing at 55 °C for 45 seconds, and extension at 72 49 50 $^{\circ}$ C for 1 minute, one cycle of final extension at 72 $^{\circ}$ C for 7 minutes, and a final cooling step to 4 $^{\circ}$ C. After indexing, 5 μ l of each sample were pooled and 50 μ l of the unpurified library were loaded on a 51 1 % agarose gel and purified from the gel with the Qiaquick Gel Extraction Kit (Qiagen, Hilden, 52 Germany) according to the manufacturer's instructions. The pooled DNA was quantified using 53 54 QuantiFluor ONE dsDNA dye on a Quantus Fluorometer (Promega, Mannheim, Germany) according

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to the manufacturer's instructions and visualized for size validation on a 2100 Bioanalyzer Instrument
(Agilent Technologies, Santa Clara, USA) using a high-sensitivity DNA assay according to the
manufacturer's instructions. The final 6 pM library containing all pooled samples was run with 20 %
PhiX and v3, 600 cycles chemistry according to the manufacturer's instructions on a MiSeq desktop
sequencer (Illumina, Eindhoven, Netherlands).

60 Sequencing data analysis

61 Raw reads were processed using the open-source software mothur V1.35.0 according to the protocol 62 by Kozich et al. (accessed April 2015), with the following adaptations: no maxlength was defined during the screening step, start (1,046) and end (6,426) positions were adapted to the V1-V2 region, 63 64 and a difference of three bases was permitted during the precluster step (based on the recommendation by the authors to allow one mismatch per 100 bp) [6]. Chimeric sequences were identified by 65 66 UCHIME and subsequently removed [7]. After removal of non-bacterial sequences, classified using 67 the SILVA 119 database (www.arb-silva.de), the remaining sequences were degapped, deuniqued, 68 split into individual samples, and formatted for use with the open-source software QIIME 1.8.0 [8].

69 Statistical analysis

70 The following variables contained missing values: AMH (2 control, 4 PCOS); LH, LH:FSH ratio,

71 hsCRP (1 control, 1 PCOS each); HDL-cholesterol, polycystic ovarian morphology (1 PCOS each);

72 DHT, DHEAS, free testosterone, free DHT, stool calprotectin, stool zonulin (1 control each).

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74 Supplementary References

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