**Annex 2** Questionnaires sent to country salt reduction program leaders

**POPULATION SALT REDUCTION COUNTRY QUESTIONNAIRE**

**Name of country:**

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| --- |
|  |

**YOUR NAME, ORGANISATION and POSITION:**

|  |
| --- |
|  |

**YOUR CONTACT DETAILS:**

|  |
| --- |
|  |

**Please answer the following questions as accurately as possible or if you prefer, please attach the relevant documents and web links that provides answers to the questions.**

**1. National salt reduction initiatives**

**1. Is there or has there previously been any program, policy or initiative designed to reduce population levels of salt/sodium intake in your country?** *This includes initiatives led by government, industry, non-governmental organizations (NGOs) or any other agency, and may include any of the following: regulation, product reformulation, labelling, consumer awareness/ education, dietary target development, strategy development, monitoring/surveillance, research etc.*

|  |  |  |
| --- | --- | --- |
| [ ]  **YES** *(cont. ques 1)* | [ ]  **NO** *(go to ques 2)* |  [ ]  **PLANNED** *(cont. ques 1)* |

|  |  |
| --- | --- |
| **Name of initiative:**  | **Timescale:** |
| **Is there a national target for dietary salt intake?** | [ ]  YES [ ]  NO[ ]  PLANNED  | If YES, what is the target? ….…... |
| **Who is the lead agency of the national salt reduction initiative?** | [ ]  Government [ ]  NGO [ ]  Food Industry [ ]  Other, please specify: ….…... |
| **Is the initiative part of a broader program?** | [ ]  YES[ ]  NO, the initiative is a salt specific program |
| **Are there any NGOs or advocacy organisations active on salt in the country?**  | [ ]  YES[ ]  NO  |

**2. Population salt intake**

**Has any work been done to measure levels of salt/sodium intake in your country?**

|  |  |  |
| --- | --- | --- |
| [ ]  **YES** *(cont. ques 2)* | [ ]  **NO** *(go to ques 3)* |  [ ]  **PLANNED** *(cont. ques 2)* |

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Year** | **Method** (E.g. dietary survey, 24 hour urine collection, spot urine.) | **Salt intake** (Total average, male average & female average) |
| **Please provide details on all the measurements of population salt intake in the country**(Insert additional rows if needed) |  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Has any work been done to measure the addition of salt or salty condiments to home cooking and/or at the table?**

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| --- | --- | --- |
| [ ]  **YES. If yes, please specify how is it measured** ….…... | [ ]  **NO**  |  [ ]  **PLANNED** |

**3. Salt levels in foods or meals**

 **Has any work been done to determine the salt/sodium levels in foods or meals?**

|  |  |  |
| --- | --- | --- |
| [ ]  **YES** *(cont. ques 3)* | [ ]  **NO** *(go to ques 4)* |  [ ]  **PLANNED** *(cont. ques 3)* |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Year** | **Method** (E.g. food analysis, survey, database, industry self-report) | **Food categories collected** | **Reduction in salt/sodium content demonstrated** |
| **Please provide details on all the measurements of salt levels in foods or food categories in the country.** (Insert additional rows if needed) |  |  |  | [ ]  YES. Please specify which foods: ….…...[ ]  NO |
|  |  |  | [ ]  YES. Please specify which foods: ….…... [ ]  NO |

**4. Consumer knowledge, attitudes and behaviour**

**Has any work been done to determine consumer knowledge, attitude and behaviour (KAB) in relation to salt/sodium?**

|  |  |  |
| --- | --- | --- |
| [ ]  **YES** *(cont. ques 4)* | [ ]  **NO** *(go to ques 5)* |  [ ]  **PLANNED** *(cont. ques 4)* |

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Year** | **Method** (focus group, survey) | **Improvements in consumer KAB demonstrated** |
| **Please provide details on all the measurements of consumer knowledge, attitudes and behaviours in relation to salt in the country** (Insert additional rows if needed) |  | [ ]  Survey[ ]  Focus group[ ]  Other | [ ]  YES[ ]  NO  |
|  | [ ]  Survey[ ]  Focus group[ ]  Other | [ ]  YES[ ]  NO  |

**5. Implementation strategies**

**5A. ENGAGEMENT WITH INDUSTRY & REFORMULATION
Does your strategy include work with industry to achieve salt/sodium reduction in foods?**

|  |  |  |
| --- | --- | --- |
| [ ]  **YES** *(cont. ques 5a)* | [ ]  **NO** *(go to ques 5b)* |  [ ]  **PLANNED** *(cont. ques 5a)* |

|  |  |
| --- | --- |
| **Name of initiative & year implemented** |  |
| **Agency/organization taking the lead to engage industry** | [ ]  Government[ ]  NGO | [ ]  Industry[ ]  Other, please specify: ….…... |
| **Is the approach voluntary or mandatory?**  | [ ]  Voluntary[ ]  Mandatory for all food categories (eg maximum salt content in food)[ ]  Mandatory for certain food categories such as ……………. |
| **Approach to work with industry**  | [ ]  Meetings with companies[ ]  Voluntary commitments to salt reduction from companies[ ]  Cross-sectoral agreements to salt reduction (e.g. all bread manufacturers)[ ]  Targets for salt levels in foods[ ]  Taxation for high salt products[ ]  Other, please specify ……………. |
| **If salt reduction targets have been used, which food categories have reformulation targets:** | [ ]  Breads [ ]  Processed meats [ ]  Convenience/Ready meals [ ]  Breakfast cereals[ ]  Cheeses | [ ]  Butter and margarines[ ]  Salty snacks[ ]  Biscuits and cakes[ ]  Soups and Sauces,[ ]  Other, please specify ……………. |

**5B. CONSUMER EDUCATION/ BEHAVIOUR CHANGE
Does your strategy include activities to raise awareness/change behaviour on salt/sodium?**

|  |  |  |
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| [ ]  **YES** *(cont. ques 5b)* | [ ]  **NO** *(go to ques 5c)* |  [ ]  **PLANNED** *(cont. ques 5b)* |

|  |  |  |
| --- | --- | --- |
| **Name of initiative & year implemented**  |  |  |
| **Agency / organization taking the lead**  | [ ]  Government[ ]  NGO[ ]  Industry[ ]  Other, please specify:  | [ ]  Government[ ]  NGO[ ]  Industry[ ]  Other, please specify:  |
| **Approach**  | [ ]  Social marketing (e.g. campaigns)[ ]  TV advertising[ ]  Events[ ]  Other, please specify:  | [ ]  Social marketing (e.g. campaigns)[ ]  TV advertising[ ]  Events[ ]  Other, please specify: |

 **5C. FRONT OF PACK LABELLING
Has your country introduced front of pack labelling to indicate nutritional or salt/sodium content of food?**

|  |  |  |
| --- | --- | --- |
| [ ]  **YES** *(cont. ques 5c)* | [ ]  **NO** *(go to ques 5d)* | [ ]  **PLANNED** *(cont. ques 5c)* |

|  |  |
| --- | --- |
| **Name of initiative & year implemented**  |  |
| **Agency / organization taking the lead**   | [ ]  Government [ ]  Industry [ ]  NGO [ ]  Other  |
| **Is the approach voluntary or mandatory?** | [ ]  Voluntary[ ]  Mandatory for all food categories[ ]  Mandatory for certain food categories such as ……………. |
| **Approach/detail of the label** (traffic light code, logo, % daily intake) | [ ]  Traffic light code [ ]  Other logo or symbol [ ]  Warning labels[ ]  Percentage of daily intake [ ]  Other, please specify ……………. |

|  |  |  |
| --- | --- | --- |
| [ ]  **YES** *(cont. ques 5d)* | [ ]  **NO** *(go to ques 6)* |  [ ]  **PLANNED** *(cont. ques 5d)* |

**5D. WORK IN SPECIFIC SETTINGS
Does the strategy include work on salt/sodium in particular settings such as schools, hospitals or workplaces?**

|  |  |
| --- | --- |
| **Name of initiative & year implemented**  |  |
| **Setting** | [ ]  School[ ]  Hospital | [ ]  The workplace[ ]  Other, please specify ……………. |
| **Approach to work in particular settings** | [ ]  Education[ ]  Procurement policy | [ ]  Voluntary Guidelines[ ]  Other, please specify ……………. |

**6. Evaluation**

**Has your country done any work to evaluate the overall effectiveness of salt/sodium reduction strategy, in addition to monitoring salt intake, salt levels and consumer KAB? (For example process evaluation or cost effectiveness analysis)**

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| [ ]  **YES** *(cont. ques 6)* | [ ]  **NO** *(end of survey)* |  [ ]  **PLANNED** *(cont. ques 6)* |

 **For each evaluation, please specify:**

(please copy and paste the table below as needed, one table per evaluation)

|  |  |
| --- | --- |
| **Year evaluated** |  |
| **Evaluation approach** |  |
| **Results (Has it had an impact?)** |  |
| **Has a cost-effective analysis been undertaken?** | [ ]  YES [ ]  NO [ ]  PLANNED  |
| **Was the program cost-effective?** | [ ]  YES [ ]  NO  |

**Please attach any documents and website links relevant to the questions.**

**THANK YOU FOR COMPLETING THIS QUESTIONNAIRE. We value your time. Please send the completed questionnaire and relevant documents to Kathy Trieu on** **ktrieu@georgeinstitute.org.au**