

1 **S1 File. Supplementary Methods.** Detailed description of the criteria used for dataset inclusion  
2 in the literature search, the different kinds of data (e.g., composition or concentration based),  
3 detection limits, and the environmental variables in each of the published studies.

4

5 *1. Dataset inclusion*

6 Using ISI Web of Science searches including the terms ‘fatty acids’, ‘phytoplankton’ and  
7 each of the phytoplankton group names, we sought out papers that cultured algae in diverse and  
8 yet controlled conditions. We also identified additional potential datasets using a combination of  
9 prior knowledge of the literature and through tracing the citations of other key studies in the  
10 field. We purposely included studies that we expected would produce ‘outlier’ fatty acid (FA)  
11 profiles based on experimental manipulation of conditions expected to affect FA composition.  
12 The justification for this varied approach is that phytoplankton FA profiles are reported  
13 throughout a diverse literature with very different original study goals.

14 Relevant studies are from a wide range of disciplines, from research on prospecting for  
15 potential sources for energy and natural products, to studies in aquaculture, experimental food  
16 webs in aquatic ecology, and general phycological surveys. This made it difficult to make the  
17 meta-analysis paper search simple and purely objective and repeatable. Our use of prior  
18 knowledge in searching for papers does potentially introduce bias; however, given the  
19 unprecedented sample sizes used in this analysis (1145 FA profiles) and the focus particularly on  
20 including papers that would manipulated environmental variables, we argue that our conclusions  
21 are robust to this sampling bias. We included data from 58 studies out of the 399 studies initially  
22 deemed promising using our search criteria (see S1 Table). Below we provide a detailed account  
23 of the reasoning behind dataset inclusion, with citations of one or two studies providing

24 representative examples of these criteria. Exclusion from this meta-analysis does not imply flaws  
25 in the original papers, just that they did not meet our particular criteria.

26 We did not include FA profiles of mixed phytoplankton taxa [e.g., 1], studies that  
27 cultured phytoplankton in outdoor holding tanks or culture tanks larger than an arbitrary volume  
28 of 100 L volume [e.g., 2] in an attempt to partially standardize potentially important but  
29 unknown conditions from such circumstances that make such studies harder to compare with the  
30 majority of the studies. For studies with a combination of profiles from different or unknown  
31 categories, we used the subset of FA profiles that met the criteria or where key conditions were  
32 known or reported by the authors [e.g., 3,4]. We included FA profiles from cultures that were  
33 described by the authors as not ‘axenic’, because this ideal standard is almost never met in  
34 culture experiments.

35 Researchers do not always report the same FA for various reasons. To include data from  
36 as many studies as possible, we initially recalculated each published FA profile to comprise of 11  
37 consistent individual FA or categories. The 8 individual  $\omega$ -3 and  $\omega$ -6 EFA are: 18:2 $\omega$ 6 (LIN),  
38 18:3 $\omega$ 6 (GLA), 18:3 $\omega$ 3 (ALA), 18:4 $\omega$ 3 (SDA), 18:5 $\omega$ 3, 20:4 $\omega$ 6 (ARA), 20:5 $\omega$ 3 (EPA), and  
39 22:6 $\omega$ 3 (DHA). In addition, we compiled 3 summary fatty acid categories for each profile,  
40 including; sum of saturated fatty acids (SAFA), sum of monounsaturated fatty acids (MUFA),  
41 and sum of non-EFA PUFA, or ‘other PUFA’. The other PUFA variable was calculated by  
42 subtracting the total of the 8 individual EFA from the total remaining PUFA in the original  
43 datasets. This ensured that the analytical dataset did not have double sampled variables. The  
44 other PUFA variable mostly captures the sum of C<sub>16</sub> PUFA and other relatively rare >C<sub>18</sub> PUFA.

45 We did not include FA data from studies that reported a large proportion (e.g., mean  
46 across samples >5%) of ‘other’ or ‘unknown’ FA [5,6] because we could not assign these other

47 FA to matching variables in our database. In addition, we included data only from studies that  
48 reported data from total FA (e.g., not split by lipid classes), to maintain consistency among the  
49 analytical units. We did not include data from studies that reported only the number of carbons  
50 and double bonds, without reporting the position of the position of the final double bond from  
51 the methyl group [e.g., 7,8] because we could not verify that FA reported this way corresponded  
52 to those in our database. Studies that combined key PUFA variables as one were also excluded  
53 [e.g., 9] for the same reason.

54 We did not include studies that did not report information for a majority of the  
55 explanatory variables we used in the analysis [10] or studies that did not report the FA data used  
56 for their analysis as tables or supplementary material [e.g., 11]. If authors reported multiple  
57 extractions from the same algal strain [12,13] or if it was not clear from the methods that  
58 experimental conditions varied between these replicates [14], we entered the mean of these  
59 values for each distinct strain. We did not remove what we perceived to be potential ‘outlier’  
60 data from the master file except for in the case of Viso and Marty [13]; concentration data  
61 reported in this paper were ca. one order of magnitude lower from other published concentration  
62 data for related phytoplankton taxa. In this case, the Viso and Marty [13] proportional data were  
63 still used but the concentration data were removed prior to analyses. Finally, in the few cases  
64 where our explanatory data is different than what is reported in original papers, or if it was not  
65 reported in the original paper, the discrepancy is because these data were provided by the  
66 original authors via email correspondence.

67

68 *2. FA concentrations and composition*

69           Defining a common metric for expressing FA concentration is challenging due to the  
70 diverse ways that researchers present data. The lack of a common standard is due to the varied  
71 goals of researchers [discussed in 15,16]. Our data compilation effort included on both  
72 compositional FA data and several of the most common concentration metrics [FA  $\mu\text{g mg}^{-1}\text{ C}$ ,  
73 FA % dry weight (DW), and  $\text{pg FA cell}^{-1}$ ]. Of the concentration metrics, we focused our  
74 statistical analysis on the FA % of DW (hereafter referred to as FA % DW) dataset because this  
75 was the only weight-based category with ample within-group taxonomic replication for statistical  
76 evaluation of the effect of all variables.

77           Composition data (% FA of total lipids, hereafter referred to as % FA) was either taken  
78 directly from the original paper or calculated from the raw concentration data if that is how the  
79 researcher originally presented it. Concentration data was either taken directly from the original  
80 paper or calculated by multiplying the given raw proportion data for each FA by the total FA  
81 data provided by the authors (FA  $\mu\text{g mg}^{-1}\text{ C}$ , FA % DW, and  $\text{pg FA cell}^{-1}$ ) for each sample.  
82 Because original FA % DW and  $\text{pg cell}^{-1}$  data may be reported by the authors as from either the  
83 total lipid or total FA (or both), we used only the most commonly reported approach for each of  
84 these metrics, which was  $\text{pg FA cell}^{-1}$  and FA % DW of total lipid content. Concentration data  
85 was not included if this distinction was unclear from the original methods, or if the data were  
86 presented in alternative formats [e.g., % organic weight (OW),  $\text{nmol FA cell}^{-1}$ ,  $\mu\text{g} \times 10^6 \text{ cell}^{-1}$ ,  
87  $\mu\text{m}^{-3}$ ,  $\text{mg L}^{-1} \text{ day}^{-1}$ ].

88           Researchers may report concentration data as  $\mu\text{g FA mg carbon}^{-1}$ , particulate organic  
89 carbon, or ‘dry biomass’. We initially compiled the raw data for each of these types of data (see  
90 the S1 Dataset), but performed analyses on only the composition data (% FA), FA % DW of total  
91 lipid, and the FA  $\mu\text{g mg}^{-1}\text{ C}$  datasets. Our approach provided a relatively simple and consistent

92 way of maximizing the number of profiles that were reported in a common way. These decisions  
93 were made prior to analyses.

94

### 95 *3. Detection limits*

96         Detection limits varies among papers, but most studies will report FA compositional data  
97 for all FA that comprise >0.05% of the total FA. Below this limit it is common for authors to  
98 indicate that samples have ‘trace’ amounts of particular FA because non-quantified peaks appear  
99 on chromatograms. When authors report ‘trace’ we entered a non-zero value in the raw file  
100 defined as the number just below the value defined by the authors for trace in their data. For  
101 example, Dunstan et al. [17] report that ‘trace’ is <0.05%; in these cases we entered as 0.04% in  
102 our file. When original study authors did not report trace values, we assumed that FA in these  
103 samples was below detection limits and cannot be differentiated from zero.

104         If original authors did not report certain very commonly identified PUFA that are in  
105 virtually all FA standards (e.g., ALA, ARA, DHA), we assumed that this omission was because  
106 these FA were not present above detection limits, and we therefore treat these as zeros in the  
107 database. The reasoning for this is that many algal strains do not have these FA that are common  
108 in the majority of studies, and dropping these profiles from later analyses because of ‘missing  
109 data’ would unfairly penalize these strains or studies that only worked with these strains. There is  
110 one PUFA we included in our FA list, which is not commonly in standards and is usually only  
111 identified in studies working with dinoflagellates (18:5 $\omega$ 3). We entered ‘nr’ (not reported) in the  
112 master database for this FA when it was not reported. However, following the same logic used  
113 above ‘nr’ entries for this FA were assumed to indicate the absence of this FA above detection  
114 limits in the sample, and these values were therefore treated as zeros in our analyses.

115

116 *4. Variables*

117         The growth condition explanatory variables reported in nearly all studies were entered as  
118 described by the original papers. In some cases, certain explanatory variables (light, culture  
119 technique) was obtained from methods sections of other papers by the same author or other  
120 papers that the primary paper cited for general methodological details [e.g., 18] or by direct  
121 email communication with the authors. The following variables (in numbered sub-headings  
122 below) were the variables included in distance based linear model [DISTLM; 19] analysis (See  
123 the Analysis section below and in the main text). The raw dataset also has other meta-data  
124 consistently reported by the original authors, including additional treatment explanations, growth  
125 media used, and culture container used. These various other categories were not reported  
126 consistently enough to be formally included in the analyses (see the S1 Dataset).

127

128         *4.1. Group (high order taxonomic group; categorical)*

129         For each taxon FA profile entered into the database (e.g., each unique row) the original  
130 genus and species names reported by the authors was cross-referenced with AlgaeBase [20] to  
131 ensure correct and consistent spelling and align current taxonomic affiliations for the taxonomic  
132 designations of Phylum, Class, and Order, Genus and Species. The operative (i.e., analytical)  
133 group unit was later defined by collapsing and splitting some of these categories; for example we  
134 categorized multiple Classes commonly known as ‘diatoms’ as one distinct group rather than  
135 lumping these classes with Eustigmatophyceae or Chrysophyceae, which are all also presently  
136 aligned with Ochrophyta [20].

137 We therefore categorized the raw data into the following 9 groups: Diatoms  
138 (Fragilariophyceae, Bacillariophyceae, Coscinodiscophyceae); Dinoflagellates; Chlorophytes;  
139 Cyanobacteria; Ochrophyta (i.e., non-diatom Classes: Chrysophyceae, Raphidophyceae,  
140 Eustigmatophyceae, Xanthophyceae); Cryptophytes; Euglenoids (Euglenozoa); Rhodophyta; and  
141 Haptophyta. Due to limited sample sizes in the Ochrophyta, Euglenoids, Rhodophyta, our  
142 analyses did not include these groups (see Analysis section below).

143

#### 144 *4.2. Light (intensity; continuous)*

145 This variable is reported in the literature as  $W\ m^{-2}$ ,  $\mu\ Mol\ m^{-2}\ s^{-1}$ , or  $\mu E\ m^{-2}\ s^{-1}$ , or in  
146 simply “cool fluorescent light”, or Lux. We assumed the following conversions to express all  
147 values as  $\mu\ Mol\ m^{-2}\ s^{-1}$  [21]:

$$148 \quad 1\ \mu\ Mol\ m^{-2}\ s^{-1} = 1\ \mu\ E\ m^{-2}\ s^{-1}$$

$$149 \quad 1\ \mu\ Mol\ m^{-2}\ s^{-1} = 0.218\ W\ m^{-2}$$

$$150 \quad 1\ \mu\ Mol\ m^{-2}\ s^{-1} = 74\ Lux\ (for\ cool\ white\ fluorescent\ bulb)$$

$$151 \quad 1\ \mu\ Mol\ m^{-2}\ s^{-1} = 33\ Lux\ (for\ plant\ growth\ fluorescent\ bulb)$$

152 If bulb type was not reported, we used the mean of the conversion factor for the two  
153 fluorescent bulb types. If a range of light values was reported [e.g., 12], we used the mean of  
154 these values. If conditions were not reported, data were obtained from personal communication  
155 with the authors [e.g., 22].

156

#### 157 *4.3. Light2 (hours light; continuous)*

158 Entered as the number of hours within the 24 hour day that the authors reported having  
159 the lights on in the growth chambers.

160

161 *4.4 Temp (temperature; continuous)*

162 This is the temperature (°C) that is reported for each algal experiment or treatment (if  
163 temperature was a treatment). If a range of values was reported we used the mean of the range.

164

165 *4.5. Salinity [salinity in parts per thousand (ppt), equivalent to gL<sup>-1</sup>; continuous]*

166 For experiments with salt-water taxa, the salinity is entered as reported by the authors,  
167 when they report it. If the original authors were clearly culturing algae in saltwater but did not  
168 report the salinity we assigned an arbitrary value of 32 ppt to these samples. All profiles for  
169 freshwater experiments were assigned a value of 0.

170

171 *4.6. Nutrient status (binary proxy for diverse conditions; categorical)*

172 Previous research has shown that FA profiles in microalgae are sensitive to nutrient  
173 levels [16]. Diverse experiments have manipulated many potentially limiting nutrients (N, P, Fe),  
174 and the degree of nutrient limitation among experiments varies greatly depending on the author's  
175 original question. For example, nutrient limitation may be investigated as a binary, low-high  
176 value [15] or along a gradient of minor to severe limitation [16]. In addition, experiments have  
177 also shown that growth phase affects phytoplankton FA [17,23,24].

178 Here, we categorized these diverse experimental manipulations across all studies into a  
179 binary, categorical 'nutrient' indicator factor as either 'limited' or 'replete'. All FA profiles from  
180 studies were categorized as 'limited' when the authors either 1) limited concentration of a key  
181 nutrient, or 2) manipulated experimental conditions which resulted in the cultures experiencing  
182 nutrient limitation, or if extractions were performed when cultures were in a 'stationary' growth



183 phase [23,e.g., 25]. There is often less information about algal culture conditions in studies  
184 where the original objective of algal cultures was to grow biomass for feeding to heterotrophs. In  
185 these cases, which did not report algal culture growth phase or nutrient status, we assumed that  
186 the cultures were cultured in a nutrient replete status for the sake of producing biomass for the  
187 experiments [e.g., 26,27].

188

### 189 5. Analysis

190 We used a distance-based linear model (DISTLM) to quantify the relative contribution of  
191 categorical algal group affiliation and multiple culture condition variables, on multivariate algal  
192 FA composition [19]. The analysis was run on two distinct FA datasets [% FA of total lipids (%  
193 FA), FA % of dry weight (FA % DW)]; there were 6 taxonomic groups considered in these  
194 analyses. We could not perform meaningful or directly comparable DISTLM analyses using the  
195 FA  $\mu\text{g mg}^{-1}$  C data due to differences in the number of groups represented and due to the low  
196 number of taxa profiles within each group (S2 Table).

197

### 198 References

- 199 1. Brett MT, Müller-Navarra DC, Ballantyne AP, Ravet JL, Goldman CR. *Daphnia* fatty acid  
200 composition reflects that of their diet. *Limnol Oceanogr.* 2006;51: 2428–2437.
- 201 2. Pennarun A-L, Prost C, Haure J, Demaimay M. Comparison of two microalgal diets. 1.  
202 Influence on the biochemical and fatty acid compositions of raw oysters (*Crassostrea*  
203 *gigas*). *J Agric Food Chem.* 2003;51: 2006–2010.
- 204 3. Renaud SM, Parry DL, Thinh LV, Kuo C, Padovan A, Sammy N. Effect of light-intensity  
205 on the proximate biochemical and fatty acid composition of *Isochrysis* sp and  
206 *Nannochloropsis oculata* for use in tropical aquaculture. *J Appl Phycol.* 1991;3: 43–53.  
207 doi:10.1007/bf00003918
- 208 4. Chen Y-C. The biomass and total lipid content and composition of twelve species of marine  
209 diatoms cultured under various environments. *Food Chem.* 2012;131: 211–219.  
210 doi:10.1016/j.foodchem.2011.08.062

- 211 5. Alonso DL, Belarbi EH, Fernandez-Sevilla JM, Rodriguez-Ruiz J, Grima EM. Acyl lipid  
212 composition variation related to culture age and nitrogen concentration in continuous  
213 culture of the microalga *Phaeodactylum tricornutum*. *Phytochemistry*. 2000;54: 461–471.  
214 doi:10.1016/s0031-9422(00)00084-4
- 215 6. Arendt KE, Jónasdóttir SH, Hansen PJ, Gartner S. Effects of dietary fatty acids on the  
216 reproductive success of the calanoid copepod *Temora longicornis*. *Mar Biol*. 2005;146:  
217 513–530. doi:10.1007/s00227-004-1457-9
- 218 7. Lourenco SO, Barbarino E, Mancini-Filho J, Schinke KP, Aidar E. Effects of different  
219 nitrogen sources on the growth and biochemical profile of 10 marine microalgae in batch  
220 culture: an evaluation for aquaculture. *Phycologia*. 2002;41: 158–168. doi:10.2216/i0031-  
221 8884-41-2-158.1
- 222 8. Breuer G, Lamers PP, Martens DE, Draaisma RB, Wijffels RH. The impact of nitrogen  
223 starvation on the dynamics of triacylglycerol accumulation in nine microalgae strains.  
224 *Bioresour Technol*. 2012;124: 217–226. doi:10.1016/j.biortech.2012.08.003
- 225 9. Breteler WCMK, Schogt N, Rampen S. Effect of diatom nutrient limitation on copepod  
226 development: role of essential lipids. *Mar Ecol Prog Ser*. 2005;291: 125–133.
- 227 10. Lang IK, Hodac L, Friedl T, Feussner I. Fatty acid profiles and their distribution patterns in  
228 microalgae: a comprehensive analysis of more than 2000 strains from the SAG culture  
229 collection. *BMC Plant Biol*. 2011;11: 124. doi:10.1186/1471-2229-11-124
- 230 11. Araujo SD, Garcia VMT. Growth and biochemical composition of the diatom *Chaetoceros*  
231 cf. *wighamii* brightwell under different temperature, salinity and carbon dioxide levels. I.  
232 Protein, carbohydrates and lipids. *Aquaculture*. 2005;246: 405–412.  
233 doi:10.1016/j.aquaculture.2005.02.051
- 234 12. Volkman JK, Jeffrey SW, Nichols PD, Rogers GI, Garland CD. Fatty-acid and lipid-  
235 composition of 10 species of microalgae used in mariculture. *J Exp Mar Biol Ecol*.  
236 1989;128: 219–240.
- 237 13. Viso AC, Marty JC. Fatty acids from 28 marine microalgae. *Phytochemistry*. 1993;34:  
238 1521–1533. doi:10.1016/s0031-9422(00)90839-2
- 239 14. Guedes AC, Amaro HM, Barbosa CR, Pereira RD, Malcata FX. Fatty acid composition of  
240 several wild microalgae and cyanobacteria, with a focus on eicosapentaenoic,  
241 docosahexaenoic and alpha-linolenic acids for eventual dietary uses. *Food Res Int*. 2011;44:  
242 2721–2729. doi:10.1016/j.foodres.2011.05.020
- 243 15. Piepho M, Arts MT, Wacker A. Species-specific variation in fatty acid concentrations of  
244 four phytoplankton species: does phosphorus supply influence the effect of light intensity or  
245 temperature? *J Phycol*. 2012;48: 64–73.

- 246 16. Bi R, Arndt C, Sommer U. Linking elements to biochemicals: effects of nutrient supply  
247 ratios and growth rates on fatty acid composition of phytoplankton species. *J Phycol.*  
248 2014;50: 117–130.
- 249 17. Dunstan GA, Volkman JK, Barret SM, Garland CD. Changes in the lipid composition and  
250 maximization of the polyunsaturated fatty acid content of three microalgae grown in mass  
251 culture. *J Appl Phycol.* 1993;5: 71–83.
- 252 18. Dunstan GA, Volkman JK, Barrett SM, Leroi JM, Jeffrey SW. Essential polyunsaturated  
253 fatty-acids from 14 species of diatom (Bacillariophyceae). *Phytochemistry.* 1994;35: 155–  
254 161.
- 255 19. Anderson MJ, Gorley RN, Clarke KR. PERMANOVA+ for PRIMER: guide to software  
256 and statistical methods. Plymouth, UK: PRIMER-E Ltd; 2008.
- 257 20. Guiry MD, Guiry GM. AlgaeBase. World-wide electronic publication, National University  
258 of Ireland, Galway [Internet]. 2014. Available: <http://www.algaebase.org>
- 259 21. Sager JC, Mc Farlane JC. Radiation. In: Langhans RW, Tibbits TW, editors. *Plant Growth*  
260 *Chamber Handbook*. Ames, Iowa: North Central Regional Research Publication No. 340;  
261 1997. pp. 1–30. Available:  
262 [http://www.controlledenvironments.org/Growth\\_Chamber\\_Handbook/Ch01.pdf](http://www.controlledenvironments.org/Growth_Chamber_Handbook/Ch01.pdf)
- 263 22. Taipale S, Strandberg U, Peltomaa E, Galloway AWE, Ojala A, Brett MT. Fatty acid  
264 composition as biomarkers of freshwater microalgae: analysis of 37 strains of microalgae in  
265 22 genera and in seven classes. *Aquat Microb Ecol.* 2013;71: 165–178.  
266 doi:10.3354/ame01671
- 267 23. Liang Y, Beardall J, Heraud P. Changes in growth, chlorophyll fluorescence and fatty acid  
268 composition with culture age in batch cultures of *Phaeodactylum tricornutum* and  
269 *Chaetoceros muelleri* (Bacillariophyceae). *Bot Mar.* 2006;49: 165–173.  
270 doi:10.1515/bot.2006.021
- 271 24. Schwenk D, Seppala J, Spilling K, Virkki A, Tamminen T, Oksman-Caldentey KM, et al.  
272 Lipid content in 19 brackish and marine microalgae: influence of growth phase, salinity and  
273 temperature. *Aquat Ecol.* 2013;47: 415–424. doi:10.1007/s10452-013-9454-z
- 274 25. Ahlgren G, Gustafsson IB, Boberg M. Fatty acid content and chemical composition of  
275 fresh-water microalgae. *J Phycol.* 1992;28: 37–50. doi:10.1111/j.0022-3646.1992.00037.x
- 276 26. Broglio E, Jónasdóttir SH, Calbet A, Jakobsen HH, Saiz E. Effect of heterotrophic versus  
277 autotrophic food on feeding and reproduction of the calanoid copepod *Acartia tonsa*:  
278 relationship with prey fatty acid composition. *Aquat Microb Ecol.* 2003;31: 267–278.
- 279 27. Parrish CC, French VM, Whitticar MJ. Lipid class and fatty acid composition of copepods  
280 (*Calanus finmarchicus*, *C. glacialis*, *Pseudocalanus* sp., *Tisbe furcata* and *Nitokra*  
281 *lacustris*) fed various combinations of autotrophic and heterotrophic protists. *J Plankton*  
282 *Res.* 2012;34: 356–375. doi:10.1093/plankt/fbs003