

Table S10. Average effective doses of ^{134}Cs and ^{137}Cs without countermeasures in Fukushima City (Case 2) in the first year after the accident (μSv). M, male; F, female.

Case 2, citizens consumed vegetables grown locally.

	< 1 y	1-6 y (M)	1-6 y (F)	7-12 y (M)	7-12 y (F)	13-18 y (M)	13-18 y (F)	≥ 19 y (M)	≥ 19 y (F)	Pregnant
Drinking water	0.75	0.57	0.55	0.98	0.96	1.4	1.3	1.4	1.3	1.3
Grain	0.10	0.16	0.14	0.26	0.23	0.48	0.34	0.43	0.31	0.30
Vegetable ^a	13	42	39	73	72	110	100	120	110	100
	(0.73)	(4.2)	(3.8)	(8.2)	(8.0)	(12)	(11)	(12)	(11)	(11)
Milk and dairy product ^a	0.15	0.80	0.70	1.48	1.27	1.40	1.04	0.60	0.65	0.76
	(0.02)	(0.11)	(0.10)	(0.20)	(0.17)	(0.19)	(0.14)	(0.08)	(0.09)	(0.10)
Meat and egg	0.04	1.4	1.1	2.2	2.1	4.9	3.5	3.2	2.3	3.7
Fishery product	0.87	0.62	0.66	1.2	1.0	1.8	1.6	2.6	2.1	1.2
Tea	0.42	0.29	0.29	0.50	0.50	0.67	0.67	0.67	0.67	0.67
Mushroom	0.13	0.13	0.13	0.22	0.22	0.34	0.34	0.45	0.45	0.45
Total ^a	16	46	43	80	79	120	110	130	120	110
	(0.75)	(4.3)	(3.9)	(8.4)	(8.1)	(12)	(11)	(12)	(11)	(11)

a Values in parenthesis represent doses from 17th March 2011 to 20th March 2011.