

**Table S1.** The top ten commonly used Chinese medicinal formulae in diabetic patients.

Chinese medicinal formula	Ingredient	Total dosage (g) in each course of treatment	Total number of administration days in each course of treatment	Total dosage (g) of each patient	Total number of administration days of each patient
Liu-Wei-Di-Huang-Wan 六味地黄丸	Rehmannia (32%) Cornus fruit (16%) Chinese yam (16%) Peony root (12%) Poria (12%) Alisma (12%)	57.09 ± 42.73	21.03 ± 22.02	187.52 ± 383.31	70.42 ± 150.36
Yu-Quan-Wan 玉泉丸	Trichosanthes root (16.7%) Kudzu root (16.7%) Ophiopogon tuber (11.1%) Ginseng root (11.1%) Poria (11.1%) Plum (11.1%) Licorice root (11.1%) Astragalus root (11.1%)	58.03 ± 33.86	16.24 ± 14.73	272.23 ± 453.07	86.16 ± 128.41
Bai-Hu-Jia-Ren-Shen-Tang 白虎加參湯	Gypsum (45.7%) Rice (22.9%)	47.22 ± 36.68	17.65 ± 16.78	153.32 ± 237.04	58.19 ± 93.65

	Common Anemarrhena Rhizome (17.1%) Ginseng root (8.6%) Licorice root (5.7%)				
Zhi-Bai-Di-Huang-Wan 知柏地黄丸	Common Anemarrhena Rhizome (22.2%) Amur cork-tree bark (22.2%) Rehmannia (17.7%) Cornus fruit (8.9%) Chinese yam (8.9%) Peony root (6.7%) Poria (6.7%) Alisma (6.7%)	65.89 ± 56.29	19.16 ± 20.03	176.52 ± 360.17	51.34 ± 60.17
Ji-Sheng-Shen-Qi-Wan 濟生腎氣丸	Rehmannia (23.6%) Poria (17.6%) Cornus fruit (11.8%) Chinese yam (11.8%) Alisma (8.8%) Peony root (8.8%) Achyranthes root (5.9%) Asiatic plantain (5.9%)	48.63 ± 29.02	15.28 ± 13.29	181.68 ± 271.60	58.72 ± 78.38

	Cinnamon twig (2.9%)				
	Aconite (2.9%)				
Qi-Ju-Di-Huang-Wan 杞菊地黄丸	Rehmannia (27.7%)				
	Cornus fruit (13.8%)				
	Chinese yam (13.8%)				
	Peony root (10.3%)				
	Poria (10.3%)	57.16 ± 31.24	23.76 ± 17.97	168.57 ± 240.40	70.42 ± 116.04
	Alisma (10.3%)				
	Chinese wolfberry fruit (6.9%)				
	Chrysanthemum flower (6.9%)				
Gan-Lu-Yin 甘露飲	Rehmannia (20%)				
	Ophiopogon tuber (10%)				
	Mature fruit of bitter orange (10%)				
	Licorice root (10%)	42.33 ± 26.40	16.67 ± 17.44	116.68 ± 139.99	45.32 ± 48.41
	Capillaris (10%)				
	Loquat leaves (10%)				
	Dendrobium (10%)				
	Baical skullcap root (10%)				
	Asparagus tuber (10%)				
Bai-Hu-Tang	Gypsum (50%)	47.29 ± 44.22	21.73 ± 16.52	128.21 ± 194.16	58.90 ± 90.86

白虎湯	Common Anemarrhena Rhizome (18.8%) Licorice root (6.2%) Rice (25%)				
Chu-Yeh-Shih-Kao-Tang 竹葉石膏湯	Bamboo leaves (5.1%) Gypsum (41%) Pinellia rhizome (10.3%) Ginseng root (7.7%) Licorice root (5.1%) Rice (15.4%) Ophiopogon tuber (15.4%)	46.63 ± 26.88	17.64 ± 11.69	122.72 ± 165.04	48.03 ± 65.56
Ba-Wei-Di-Huang-Wan 八味地黃丸	Rehmannia (29.7%) Chinese yam (14.8%) Cornus fruit (14.8%) Alisma (11.1%) Poria (11.1%) Peony root (11.1%) Cinnamon twig (3.7%) Aconite (3.7%)	46.21 ± 26.52	21.35 ± 17.12	110.91 ± 132.26	50.71 ± 85.57

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