**Supporting Information**

**Instructions and single-items used in this study**

Sometimes people who have been touched by cancer **feel distressed and upset.** We want to know about your levels of distress **in the last week**. Even if you have never experienced any depression, anxiety or stress, we are still very interested in hearing about your experiences.

**Please circle the response which most closely describes your feelings over the past week.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Normal** | **Mild** | **Moderate** | **Severe** | **Extremely severe** |
| **Q1** | **Over the past week my level of depression has been:** | 1 | 2 | 3 | 4 | 5 |
| **Q2** | **Over the past week my level of anxiety has been:** | 1 | 2 | 3 | 4 | 5 |
| **Q3** | **Over the past week my level of stress has been:**  | 1 | 2 | 3 | 4 | 5 |
|  |