

Baseline outcomes stratified by completers and non-completers

	Completers		Non-completers		
	n	Mean (SD)	n	Mean (SD)	p-value
Duration of sleep (hours)	303	10.71 (0.62)	201	10.78 (0.62)	0.21
Onset latency (minutes)	305	18.93 (15.25)	201	17.78 (12.35)	0.37
SDQ Total Difficulties score (points)	306	6.35 (3.75)	203	7.25 (4.14)	0.01
SDQ Prosocial Behavior (points)	306	7.84 (1.82)	203	7.58 (1.80)	0.11
Parenting Stress Index (points)	284	13.62 (2.57)	188	13.46 (2.53)	0.50

SDQ: Strengths and Difficulties Questionnaire