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| **Table S1. Medication Adherence Report Scale (MARS-5).** |
| **Item number** | **Question** | **Response**  |
| MARS-Q1 | I forget to take my anti-retroviral drugs | □ (1) Always □ (2) Often □ (3) Sometimes□ (4) Rarely □ (5) Never |
| MARS-Q2 | I alter the dose of my anti-retroviral drugs | □ (1) Always □ (2) Often □ (3) Sometimes□ (4) Rarely □ (5) Never |
| MARS-Q3 | I stop taking my anti-retroviral drugs for a while | □ (1) Always □ (2) Often □ (3) Sometimes□ (4) Rarely □ (5) Never |
| MARS-Q4 | I decide to skip a dose of my anti-retroviral drugs | □ (1) Always □ (2) Often □ (3) Sometimes□ (4) Rarely □ (5) Never |
| MARS-Q5 | I take less anti-retroviral drugs than instructed | □ (1) Always □ (2) Often □ (3) Sometimes□ (4) Rarely □ (5) Never |