

Table S3. Comparison of ANS activity markers changes in the experienced meditators and the novices.

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index	p-value
Heart rate variability	
HR	0,01
min_RR	0,39
max_RR	0
dRR	0
RRNN	0
SDNN	0
CV	0
ME	0
AME	0
RMSD	0
SI	0
If	0,01
hf	0,39
If_nu	0,11
hf_nu	0,11
If peak	0,92
hf peak	0
If/hf	0,06
Respiration	
respiration rate	0
respiration amplitude	0
GSR	
Spontaneous reactions number	0,08
GSR	0,08

P-values according to AN-test (after FDR correction). P-values <0.05 marked with red