# Appendix S5. Unit costs used in the cost-effectiveness analysis

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| **Description** | **Cost per visit** |
| **Direct medical costs**Visits to specialized mental healthcare centreVisit to independent psychologistOnline sessionsGP visitsSocial worker visitsPhysiotherapist visitsVisits to alternative healersVisits to addiction servicesVisits to self-help groupsVisits to company doctors | € 115.00 € 96.00€ 57.50 € 34.00 € 67.00€ 34.00€ 34.00 € 96.00 € 16.38€ 74.80  |
| **Direct non-medical costs** | € 0.19 per km travel€ 3.00 parking costs |
| **Productivity costs**Short absence from workLong absence from workPresenteeismProductivity loss in unpaid work | € 35.55 per h€ 35.55 per h€ 35.55 per h€ 14.32 per h |

All unit costs were derived from the most recent Dutch guideline for economic evaluations. (Hakkaart-van Roijen et al., 2015)