S1 Table: Eating occasions with participant-identified labels used to record food intake in the 24-hour dietary recalls

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| Eating occasion No. | Eating occasion participant-identified label |
| 1 | Before breakfast |
| 2 | Breakfast |
| 3 | During morning |
| 4 | Before lunch |
| 5 | Lunch |
| 6 | After lunch |
| 7 | During afternoon (afternoon snack) |
| 8 | Before dinner |
| 9 | Dinner |
| 10 | After dinner |
| 11 | During evening |