S9 Appendix. Overview of the online validation survey.



What is your age category?

-AGE - 👻

### **Recreation profile**

#### Which outdoor sports do you practice? (Multiple choices accepted)

Mountaineering
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- $\Box$ Canyoning
- $\Box$ Cycling

- $\Box$ Climbing
- $\Box$ Jogging
- $\Box$ Ski touring
- Snowshoe hiking
- $\Box$ Horse riding (outdoor)
- $\Box$ Hiking (pedestrian)

- Caving  $\Box$ Skiing (alpine, cross-country, nordic) Nautical sports
- $\Box$ Trail running
- $\Box$ Paragliding

 $\Box$ 

- Mountain-biking
- $\Box$ Other (specify)

#### Which outdoor leisure activity do you practice? (Multiple choices accepted ) $\Box$ $\Box$ Art (photography, painting, etc.) Naturalism $\Box$ $\Box$ Swimming Fishing $\Box$ Hand-picking $\Box$ Strolling $\Box$ Détente au bord de l'eau What is your frequency of practice, all activities considered? 0 Three times a week or more 0 Once a week or more 0 Once a month or more O Once every three month or more You practice mostly: O On your own With family 0 Within a club With friends 0 With your partner Do your practices vary between week days and week-ends? • Yes O No If positive, how? (multiple choices accepted) $\Box$ I practice different activities $\Box$

- I stay close to home during week days and go farer during weekends
- □ I practice on my own during week days and with relatives during weekends

### Your usual transportation mode:

- On foot
- Bike

Public transportation

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Car

## **Nature perception**

### What do you value most during your leisure time?

Rank options from the most (1) to the least (6) important

	1	2	3	4	5	6
Sports practice	0	0	0	0	0	0
Change of air	0	0	0	0	0	0
Contact with nature	0	0	0	0	0	0
Touring the region	0	0	0	0	0	0
Calm	0	0	0	0	0	0
Other (specify)	0	0	0	0	0	0

#### What are your criteria to choose a trip destination?

Rank options from the most (1) to the least (7) important

	1	2	3	4	5	6	7
A particular landscape	0	0	0	0	0	0	0
Remoteness from urban and urban- associated nuisance	0	0	0	0	0	0	0
A nice panorama	0	0	0	0	0	0	0
A particular landscape or geological feature (e.g. waterfall)	0	0	0	0	0	0	0
A well-preserved nature, regardless the landscape	0	0	0	0	0	0	0
Proximity	0	0	0	0	0	0	0
Other (specify)	0	0	0	0	0	0	0

#### **Picture credits (next page)**

http://www.espacebelledonne.fr/ http://www.lametro.fr/ http://www.isere-tourisme.com/ http://www.futura-sciences.com/ http://www.landscape-photo.net/ http://www.altituderando.com/

https://www.isere.fr/ (document: Les chemins du paysage : un outil de connaissance des territoires de l'Isère)

### What kind of landscape do you look for?



Agricultural mosaics

Openfield



Broadleaved forest

Needleleaved forest

Mixed forests



Grasslands

Waterscapes (lakes, swamps, rivers)



High mountain

Lower mountain



### What are the main benefits you retrieve from your time out?

Aesthetic:	enjoyment of the scenery
Educational:	learnings derived from the observation and study of the surrounding nature and landscape
Physical, psychological:	feeling of good physical and/or mental health
Recreational:	pleasure derived from relaxation or any leisure activity
Social:	pleasure derived from social exchange
Spiritual:	sentiment religieux, de sacré, ou de cohérence avec l'univers
Cultural:	'sense of place' associated with the presence of symbolic, traditional or historical elements
Inspirational :	impressions likely to generate immediate or ulterior artistic creation

### What factors could influence your intensity of practice?

		Increase	Decrease	Neutral
Evolution of touristic infra- structure	Creation of a leisure center (Center Parc Chambaran)	0	0	0
	Creation of a national park (PNR Belledonne, PNR Chambaran)	0	0	0
	Suppression of a ski resort (Sept Laux, Collet d'Allevard)	0	0	0
	Urban sprawl	0	0	0
	Forest extension	0	0	0
Major landscape change	Increase of agricultural mosaics	0	0	0
	Increased visitation	0	0	0
	Site degradation (pollution, lack of care)	0	0	0
Access	Restricted or paid access	0	0	0
	Decreased or suppressed public transpor- tation	0	0	0
	New road access to mountain ranges	0	0	0
	Increased public transportation (e.g. cable)	0	0	0
Other (specify)				

# Map

Please select districts you visit for outdoor leisure. Multiple choices are accepted.

