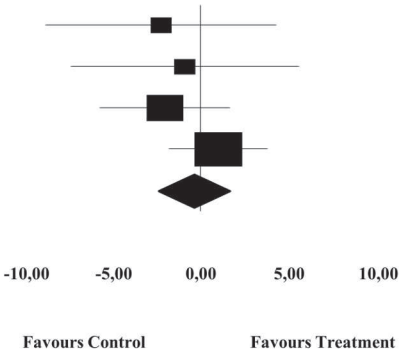
Study name	Statistics			Sample size		Std diff in means and 95% CI	Relative weight
	Std diff in means	Lower limit	Upper limit	Treatment	Control		
RT x OI °							
Short - Term							
Byl et al. (2013) bilateral	-0.4	-1.7	0.8	5	5		9.50
Byl et al. (2013) unilateral	-0.2	-1.4	1.1	5	5		9.68
Housman et al. (2009)	-0.4	-1.1	0.3	15	16		29.55
Sale et al. (2014)	0.2	-0.4	0.7	26	27		51.27
Pooled effect	-0.1	-0.5	0.3	51	53		



°Heterogeneity: fixed effects model. I^2= 0% . Z= -0.4 (p = 0.705)