The Oral Bacterial Microbiome of Occlusal Surfaces in Children and its Association with Diet And Caries

S1 Fig. Semi-quantitative food-frequency questionnaire (QFASQ) form.



UNIVERSIDADE FEDERAL FLUMINENSE

PÓLO UNIVERSITÁRIO DE NOVA FRIBURGO Faculdade de Odontologia – FOUFF/NF



Patient number: _____

SEMI-QUANTITATIVE FOOD-FREQUENCY QUESTIONNAIRE (QFASQ)

How many times did you eat these foods, during the last 6 months?

FOODS	PORTION	INTAKE							
		Never	Less than once a month	1 to 3 times per month	Once a week	2 to 4 times weekly	Once daily	Twice or more times daily	
Rice, Bread, Pasta, Potato									
Rice	3 soup spoons								
Mashed potato	1 soup spoon								
French fries	1 portion								
Bread	1 unit								
Pasta	1 portion								
Pizza	1 slice								
Lamen	1 portion								
"Pão de queijo"	3 units								
Grains									
Beans	3 soup spoons								
Soy	1 soup spoon								
Oatmeal	1 soup spoon								
Breakfast cereals	1 soup spoon								
Sweets, salty snacks, goodies									
Potato chips	1 bag								
Popcorn	1 bag								
Salty snacks	1 bag								
Chocolate	3 units								
Cookies	4 units								
Candy	1 unit								
Cake	1 slice								
Sugar	1 tea spoon								
Chocolate flavored powder	1 ½ spoon								
Ice cream	2 scoops/1 unit								
Hot dog	1 unit								
Burger	1 unit								
Dessert	1 portion								

Drinks					
Soft drink	1 cup				
Water	1 cup				
Natural juice	1 cup				
Industrialized juice	1 cup				
"Guaraná"	1 cup				
Ice Tea	1 cup				
Gatorade	1 cup				
Soy flavored drink	1 cup				
Milk	1 cup				
Milk with chocolate powder	1 cup				
Coffee (with sugar)	1 cup				
Fruit					
Apple	1 unit				
Orange	1 unit				
Melon	1 slice				
Pineapple	1 slice				
Banana	1 unit				
Pear	1 unit				
Meat/eggs					
Red meat	1 portion				
Ham	3 slices				
Fish	1 portion				
Chicken	1 portion				
Pork	1 portion				
Vegetable					
Carrot	1 portion				
"Chuchu"	1 portion				
Manioc	1 portion				
Green leafs	1 portion				
Tomato	1 portion				
Pumpkin	1 portion				
Milk derivatives					
Cheese	2 slices				
Yogurt	1 unit				
Pudding	1 unit				
Butter/ margarine	1 ½ tea spoon				
"Requeijão"	1 ½ tea spoon	_			