The Oral Bacterial Microbiome of Occlusal Surfaces in Children and its Association with Diet And Caries

S1 Fig. Semi-quantitative food-frequency questionnaire (QFASQ) form.


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## SEMI-QUANTITATIVE FOOD-FREQUENCY QUESTIONNAIRE (QFASQ)

How many times did you eat these foods, during the last 6 months?

| FOODS | PORTION | INTAKE |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Never | Less than once a month | 1 to 3 times per month | $\begin{aligned} & \hline \text { Once } \\ & \text { a } \\ & \text { week } \end{aligned}$ | $\begin{aligned} & 2 \text { to } 4 \\ & \text { times } \\ & \text { weekly } \end{aligned}$ | Once daily | Twice or more times daily |
| Rice, Bread, Pasta, Potato |  |  |  |  |  |  |  |  |
| Rice | 3 soup spoons |  |  |  |  |  |  |  |
| Mashed potato | 1 soup spoon |  |  |  |  |  |  |  |
| French fries | 1 portion |  |  |  |  |  |  |  |
| Bread | 1 unit |  |  |  |  |  |  |  |
| Pasta | 1 portion |  |  |  |  |  |  |  |
| Pizza | 1 slice |  |  |  |  |  |  |  |
| Lamen | 1 portion |  |  |  |  |  |  |  |
| "Pão de queijo" | 3 units |  |  |  |  |  |  |  |
| Grains |  |  |  |  |  |  |  |  |
| Beans | 3 soup spoons |  |  |  |  |  |  |  |
| Soy | 1 soup spoon |  |  |  |  |  |  |  |
| Oatmeal | 1 soup spoon |  |  |  |  |  |  |  |
| Breakfast cereals | 1 soup spoon |  |  |  |  |  |  |  |
| Sweets, salty snacks, goodies |  |  |  |  |  |  |  |  |
| Potato chips | 1 bag |  |  |  |  |  |  |  |
| Popcorn | 1 bag |  |  |  |  |  |  |  |
| Salty snacks | 1 bag |  |  |  |  |  |  |  |
| Chocolate | 3 units |  |  |  |  |  |  |  |
| Cookies | 4 units |  |  |  |  |  |  |  |
| Candy | 1 unit |  |  |  |  |  |  |  |
| Cake | 1 slice |  |  |  |  |  |  |  |
| Sugar | 1 tea spoon |  |  |  |  |  |  |  |
| Chocolate flavored powder | $11 / 2$ spoon |  |  |  |  |  |  |  |
| Ice cream | 2 scoops/1 unit |  |  |  |  |  |  |  |
| Hot dog | 1 unit |  |  |  |  |  |  |  |
| Burger | 1 unit |  |  |  |  |  |  |  |
| Dessert | 1 portion |  |  |  |  |  |  |  |


| Drinks |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Soft drink | 1 cup |  |  |  |  |  |  |
| Water | 1 cup |  |  |  |  |  |  |
| Natural juice | 1 cup |  |  |  |  |  |  |
| Industrialized juice | 1 cup |  |  |  |  |  |  |
| "Guaraná" | 1 cup |  |  |  |  |  |  |
| Ice Tea | 1 cup |  |  |  |  |  |  |
| Gatorade | 1 cup |  |  |  |  |  |  |
| Soy flavored drink | 1 cup |  |  |  |  |  |  |
| Milk | 1 cup |  |  |  |  |  |  |
| Milk with chocolate powder | 1 cup |  |  |  |  |  |  |
| Coffee (with sugar) | 1 cup |  |  |  |  |  |  |
| Fruit |  |  |  |  |  |  |  |
| Apple | 1 unit |  |  |  |  |  |  |
| Orange | 1 unit |  |  |  |  |  |  |
| Melon | 1 slice |  |  |  |  |  |  |
| Pineapple | 1 slice |  |  |  |  |  |  |
| Banana | 1 unit |  |  |  |  |  |  |
| Pear | 1 unit |  |  |  |  |  |  |
| Meat/eggs |  |  |  |  |  |  |  |
| Red meat | 1 portion |  |  |  |  |  |  |
| Ham | 3 slices |  |  |  |  |  |  |
| Fish | 1 portion |  |  |  |  |  |  |
| Chicken | 1 portion |  |  |  |  |  |  |
| Pork | 1 portion |  |  |  |  |  |  |
| Vegetable |  |  |  |  |  |  |  |
| Carrot | 1 portion |  |  |  |  |  |  |
| "Chuchu" | 1 portion |  |  |  |  |  |  |
| Manioc | 1 portion |  |  |  |  |  |  |
| Green leafs | 1 portion |  |  |  |  |  |  |
| Tomato | 1 portion |  |  |  |  |  |  |
| Pumpkin | 1 portion |  |  |  |  |  |  |
| Milk derivatives |  |  |  |  |  |  |  |
| Cheese | 2 slices |  |  |  |  |  |  |
| Yogurt | 1 unit |  |  |  |  |  |  |
| Pudding | 1 unit |  |  |  |  |  |  |
| Butter/ margarine | $11 / 2$ tea spoon |  |  |  |  |  |  |
| "Requeijão" | $11 / 2$ tea spoon |  |  |  |  |  |  |

