

Figure S2a.

^1H NMR ($\text{DMSO-}d_6$ with 0.03% v/v TMS, 600MHz)

Synthetic standard (compound **2**)

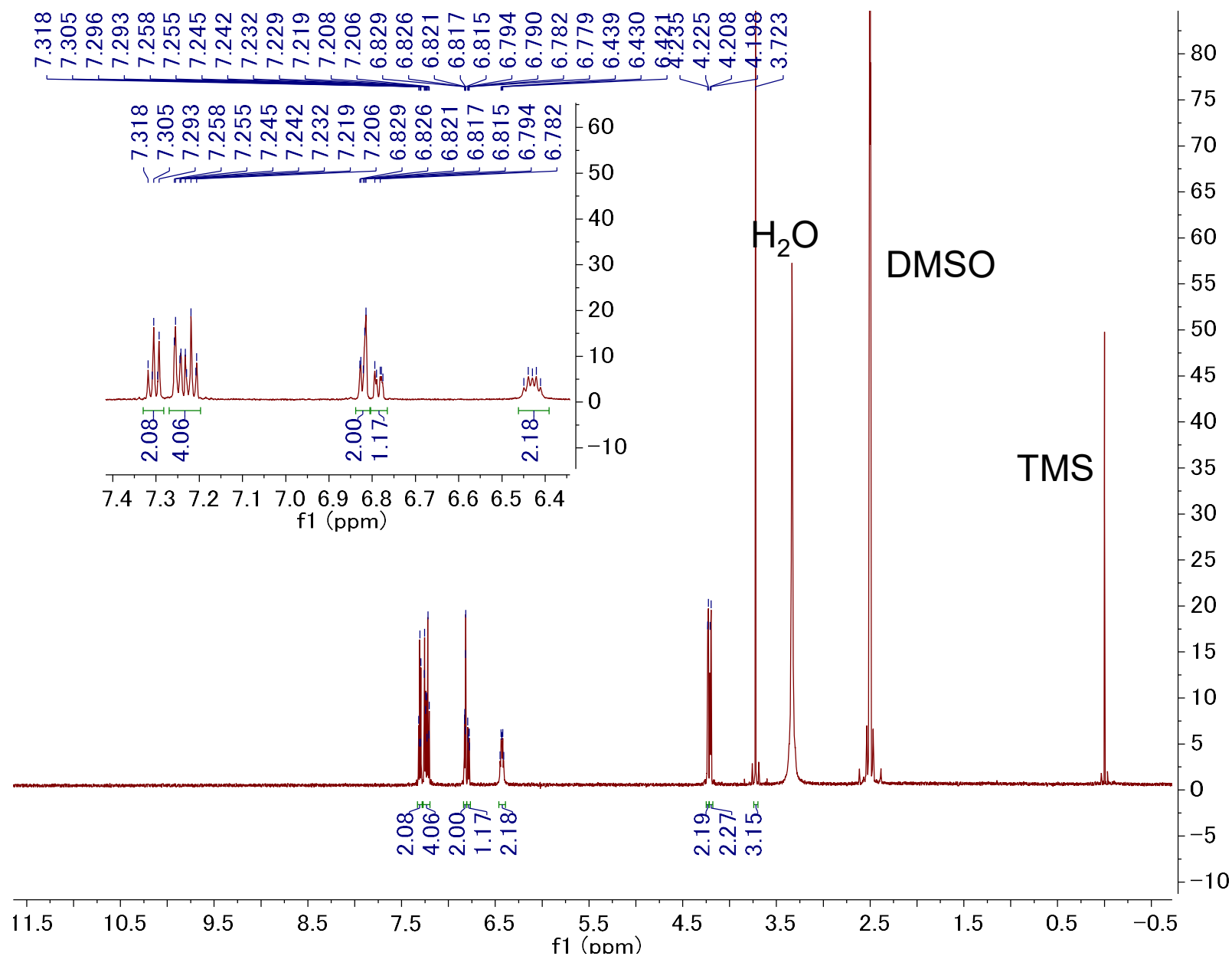
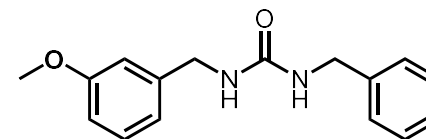


Figure S2b.

^1H NMR ($\text{DMSO-}d_6$ with 0.03% v/v TMS, 800MHz)

Compound **2** from maca root

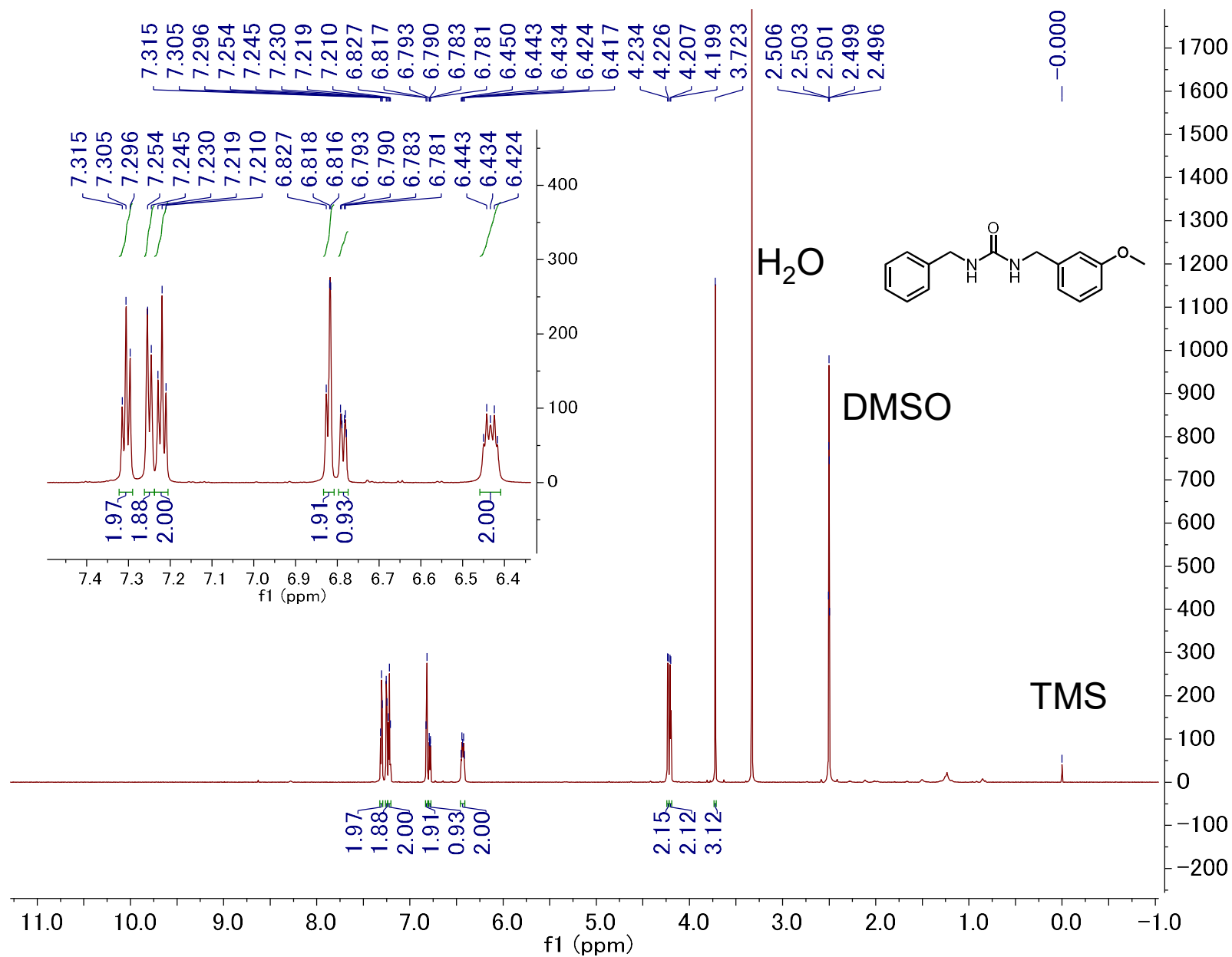


Figure S2c.
 ^{13}C NMR (DMSO- d_6 with 0.03% v/v TMS, 201MHz)
Compound **2** from maca root

