Table S4: The association of metabolic health status† (1990/96) with depressive (CESD≥ 23) symptoms in analyses stratified by BMI categories.

|  |  |  |
| --- | --- | --- |
|  | **At baseline**  **OR (**95% CI**)** | **10-year Change over the follow-up**  **OR (**95% CI**)** |
| **Normal weight**  Metabolically healthy  Metabolically unhealthy | 1  1.33 (1.19-1.50) | 1  1.01 (0.91-1.12) |
| **Overweight**  Metabolically healthy  Metabolically unhealthy | 1  1.56 (1.36-1.79) | 1  0.91 (0.79-1.04) |
| **Obese**  Metabolically healthy  Metabolically unhealthy | 1  1.33 (1.03-1.92) | 1  1.01 (0.74-1.37) |

OR: Odds ratio; CI: Confidence Interval.

†Defined as reported physician diagnosis and treatment of any of these three conditions: hypertension, type 2 diabetes, and hypercholesterolemia.

Analyses adjusted for age, sex, socioeconomic status, marital status, physical activity, smoking status, alcohol, fruit and vegetable consumption.