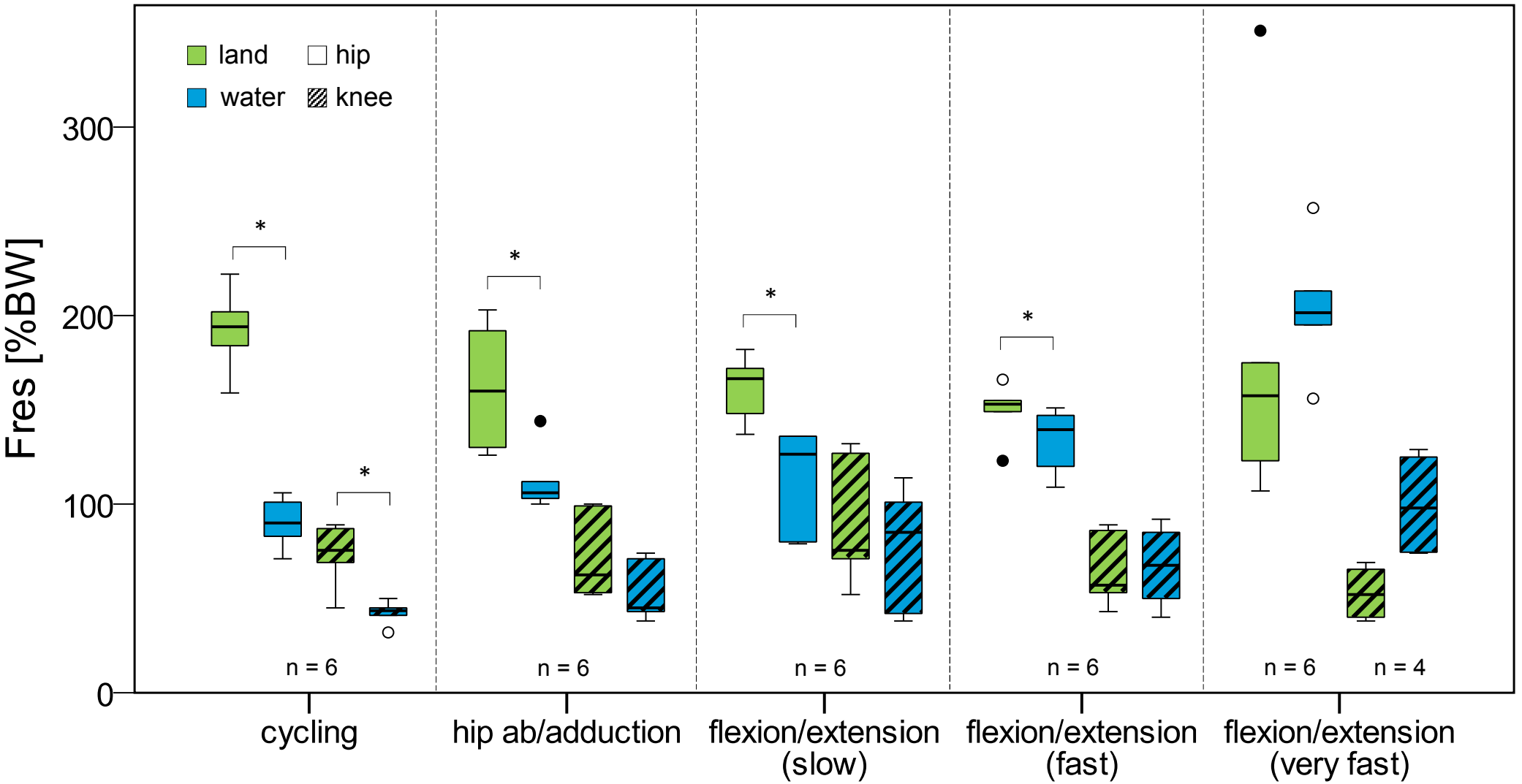
land
hip
water
knee
Fres [%BW]
300
200
100
0
*
*
*
*
*
n = 6
n = 6
n = 6
n = 6
n = 6
n = 4
cycling
hip ab/adduction
flexion/extension (slow)
flexion/extension (fast)
flexion/extension (very fast)