**S1 Table. Antidepressant medication/therapy use throughout the study period**

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| **ID** | **Antidepressant medication** | **Period** |
| D1 | Vitamin D3 50.000 IU | Every week |
| D2 | Light therapy | Every Monday to Friday |
| D3 | Oxazepam 30 mg | Day 20 – 21  |
| D4 | Imipramine 25 mgLithium 400 mg | Day 1 – 30Day 1 – 30 |
| D5 | Escitalopram 20 mg | Day 1 – 30 |
| D6 | Diazepam 5 mg | Day 12 – 13 |
| D7 | Sertraline 25-75 mg | Day 1 – 30 (increasing dosage) |
| D8 | Amitriptyline 25 mg | Day 23 – 30 |
| D9 | Quetiapine 300 mgMultivitaminsVitamin D 600 mg | Day 1 – 30Day 1 – 30 (every other day)Day 1 – 30 (every other day) |
| D10 | Mirtazapine 30 mg | Day 1 – 30 |
| D12 | Quetiapine 200 mg Venlafaxine 300 mg | Day 1 – 30Day 1 – 30 |
| D13 | Sertraline 50 mgSertraline 150 mgQuetiapine 25 mg | Day 1 – 28Day 29 – 30Day 1 – 30 |
| D14 | St. John’s wort 900 mgOxazepam 50 mg | Day 1 – 30Day 1 – 30  |
| D15 | St. John’s wort 900 mg | Day 1 – 30 |
| N13 | Citalopram 20 mg | Day 1 – 11 |