

Table S16. Average effective doses of ^{134}Cs and ^{137}Cs with countermeasures in Tokyo in the first year after the accident (μSv). M, male; F, female.

	< 1 y	1-6 y (M)	1-6 y (F)	7-12 y (M)	7-12 y (F)	13-18 y (M)	13-18 y (F)	≥ 19 y (M)	≥ 19 y (F)	Pregnant
Drinking water	0.30	0.29	0.28	0.51	0.49	0.74	0.67	0.72	0.67	0.64
Grain	0.05	0.08	0.08	0.13	0.12	0.21	0.16	0.20	0.16	0.17
Vegetable ^a	0.64	1.1	1.1	1.4	1.4	2.0	1.9	2.4	2.4	2.3
	(0.01)	(0.04)	(0.04)	(0.08)	(0.08)	(0.13)	(0.11)	(0.13)	(0.12)	(0.11)
Milk and dairy product ^a	0.06	0.31	0.27	0.57	0.49	0.54	0.40	0.23	0.25	0.29
	(0.00)	(0.01)	(0.01)	(0.03)	(0.02)	(0.03)	(0.02)	(0.01)	(0.01)	(0.01)
Meat and egg	0.01	0.29	0.23	0.47	0.45	1.09	0.76	0.71	0.49	0.84
Fishery product	0.26	0.27	0.28	0.53	0.47	0.78	0.69	1.10	0.89	0.53
Tea	0.37	0.25	0.25	0.44	0.44	0.58	0.58	0.58	0.58	0.58
Mushroom	0.03	0.02	0.02	0.04	0.04	0.07	0.07	0.09	0.09	0.09
Total ^a	1.7	2.6	2.5	4.1	3.9	6.0	5.3	6.1	5.5	5.5
	(0.01)	(0.06)	(0.05)	(0.11)	(0.10)	(0.15)	(0.13)	(0.14)	(0.13)	(0.13)

a Values in parenthesis represent doses from 18th March 2011 to 20th March 2011.