Table S1. Correlations between Appraisals and Emotion-regulation Strategies for Episodes of Anger.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | Rumination | Reflection | Reappraisal | Suppression | Distraction |
| Importance | .50\*\* | .35\*\* | .20\*\* | .18\*\* | .26\*\* |
| Disadvantageousness | .31\*\* | .27\*\* | .19\*\* | .24\*\* | .18\*\* |
| Other responsibility | -.01 | .05 | .04 | -.06 | -.03 |
| Own responsibility | .16\*\* | .14\*\* | .21\*\* | .15\*\* | .12\* |
| Problem-focused coping | .00 | .00 | .08 | .04 | .05 |
| Emotion-focused coping | -.36\*\* | -.22\*\* | -.12\* | -.10\* | -.21\*\* |
| Expectedness | -.05 | -.02 | .06 | -.02 | .03 |
| Injustice | .26\*\* | .17\*\* | .13\* | .03 | .06 |
| Self-image | .53\*\* | .41\*\* | .35\*\* | .32\*\* | .35\*\* |
| Immorality | .29\*\* | .20\*\* | .17\*\* | .17\*\* | .19\*\* |
| \*\* *p* < 0.01 \* *p* < 0.05 |

**Table S2. Correlations between Appraisals and Emotion-regulation Strategies for Episodes of Disgust.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | Rumination | Reflection | Reappraisal | Suppression | Distraction |
| Importance | .65\*\* | .53\*\* | .35\*\* | .27\*\* | .17\*\* |
| Disadvantageousness | .39\*\* | .28\*\* | .19\*\* | .22\*\* | .28\*\* |
| Other responsibility | .08 | .13\*\* | .01 | .01 | .17\*\* |
| Own responsibility | .11\* | .06 | .15\*\* | .11\* | -.01 |
| Problem-focused coping | .10\* | .13\* | .05 | .06 | -.03 |
| Emotion-focused coping | -.44\*\* | -.30\*\* | -.27\*\* | -.21\*\* | -.20\*\* |
| Expectedness | -.10 | .03 | .04 | .07 | .00 |
| Injustice | .50\*\* | .42\*\* | .23\*\* | .08 | .09 |
| Self-image | .62\*\* | .52\*\* | .40\*\* | .36\*\* | .25\*\* |
| Immorality | .45\*\* | .38\*\* | .21\*\* | .10\* | .08 |
| \*\* *p* < 0.01 \* *p* < 0.05 |

**Table S3. Correlations between Appraisals and Emotion-regulation Strategies for Episodes of Fear.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | Rumination | Reflection | Reappraisal | Suppression | Distraction |
| Importance | .54\*\* | .38\*\* | .22\*\* | .10\* | .16\*\* |
| Disadvantageousness | .38\*\* | .26\*\* | .11\* | .14\*\* | .15\*\* |
| Other responsibility | .12\* | .12\* | -.04 | -.06 | -.02 |
| Own responsibility | .13\* | .15\*\* | .19\*\* | .21\*\* | .09 |
| Problem-focused coping | .08 | .09 | .11\* | .14\*\* | .06 |
| Emotion-focused coping | -.28\*\* | -.13\*\* | -.11\* | -.10 | -.16\*\* |
| Expectedness | -.08 | -.03 | .09 | .22\*\* | .19\*\* |
| Injustice | .36\*\* | .30\*\* | .17\*\* | .10 | .18\*\* |
| Self-image | .44\*\* | .37\*\* | .28\*\* | .22\*\* | .17\*\* |
| Immorality | .33\*\* | .31\*\* | .17\*\* | .14\*\* | .18\*\* |
| \*\* *p* < 0.01 \* *p* < 0.05 |

**Table S4. Correlations between Appraisals and Emotion-regulation Strategies for Episodes of Guilt.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | Rumination | Reflection | Reappraisal | Suppression | Distraction |
| Importance | .47\*\* | .33\*\* | .22\*\* | .18\*\* | .28\*\* |
| Disadvantageousness | .32\*\* | .19\*\* | .16\*\* | .15\*\* | .23\*\* |
| Other responsibility | .15\*\* | .21\*\* | .21\*\* | .15\*\* | .10\* |
| Own responsibility | .09 | -.03 | -.05 | .05 | .04 |
| Problem-focused coping | .17\*\* | .17\*\* | .12\* | .13\*\* | .12\* |
| Emotion-focused coping | -.29\*\* | -.10 | -.13\*\* | -.20\*\* | -.28\*\* |
| Expectedness | .06 | .06 | .13\* | .12\* | .06 |
| Injustice | .27\*\* | .12\* | .17\*\* | .18\*\* | .16\*\* |
| Self-image | .51\*\* | .39\*\* | .37\*\* | .34\*\* | .45\*\* |
| Immorality | .32\*\* | .25\*\* | .21\*\* | .26\*\* | .28\*\* |
| \*\* *p* < 0.01 \* *p* < 0.05  |

**Table S5. Correlations between Appraisals and Emotion-regulation Strategies for Episodes of Sadness.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | Rumination | Reflection | Reappraisal | Suppression | Distraction |
| Importance | .30\*\* | .16\*\* | .07 | .08 | .09 |
| Disadvantageousness | .34\*\* | .20\*\* | .06 | .12\* | .18\*\* |
| Other responsibility | .07 | .11\* | .05 | .06 | .00 |
| Own responsibility | .12\* | .11\* | .19\*\* | .09 | .04 |
| Problem-focused coping | .14\*\* | .13\*\* | .15\*\* | .09 | .02 |
| Emotion-focused coping | -.38\*\* | -.12\* | .05 | -.04 | -.11\* |
| Expectedness | -.07 | -.01 | .00 | .06 | .14\*\* |
| Injustice | .26\*\* | .08 | -.01 | .11\* | .06 |
| Self-image | .32\*\* | .17\*\* | .21\*\* | .19\*\* | .09 |
| Immorality | .15\*\* | .11\* | .07 | .05 | .01 |
| \*\* *p* < 0.01 \* *p* < 0.05  |

**Table S6. Correlations between Appraisals and Emotion-regulation Strategies for Episodes of Shame.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | Rumination | Reflection | Reappraisal | Suppression | Distraction |
| Importance | .53\*\* | .48\*\* | .36\*\* | .25\*\* | .28\*\* |
| Disadvantageousness | .48\*\* | .33\*\* | .26\*\* | .31\*\* | .32\*\* |
| Other responsibility | .12\* | .16\*\* | .16\*\* | .08 | .15\*\* |
| Own responsibility | .12\* | .11\* | -.01 | .11\* | .05 |
| Problem-focused coping | .17\*\* | .17\*\* | .09 | .17\*\* | .14\*\* |
| Emotion-focused coping | -.38\*\* | -.29\*\* | -.13\* | -.16\*\* | -.11\* |
| Expectedness | .12\* | .20\*\* | .16\*\* | .14\*\* | .10\* |
| Injustice | .25\*\* | .20\*\* | .17\*\* | .23\*\* | .17\*\* |
| Self-image | .56\*\* | .37\*\* | .30\*\* | .37\*\* | .36\*\* |
| Immorality | .30\*\* | .31\*\* | .24\*\* | .22\*\* | .19\*\* |
| \*\* *p* < 0.01 \* *p* < 0.05 |