**Supporting Table 1:** Terms used to classify INMI coping strategies by ‘efficacy’ in the English Study (Study 2).

|  |  |  |
| --- | --- | --- |
| **Successful** | **Unsuccessful** | **Successful on occasion** |
| All of the timeMost of the timeMajority of the timeNormallyGenerallyUsuallyOftenTotallyTends to | RarelyNeverHardly everMinority of the time | Sometimes50/50Doesn’t alwaysSeems toOccasionally |