

### Supplementary Table S3. Withdrawals and adverse events

	Placebo (n=133)		Active treatment <sup>a</sup> (n=133)		P value <sup>b</sup>
	Mean or n	SD or %	Mean or n	SD or %	
Total withdrawals <sup>c</sup>	20	15.0	23	17.3	
Time to withdrawal (d)	441	179	298	197	<b>0.017</b>
Self-withdrawal	9	6.8	11	8.3	
Time to withdrawal (d)	469	115	231	144	<b>&lt;0.001</b>
Cancer withdrawal	8	6.0	5	3.8	
Time to withdrawal (d)	370	229	394	186	
Exclusion criterion withdrawal	1		1		
Time to withdrawal (d)	390		433		
Other	2		4		
Time to withdrawal (d)	620	145	231	231	
Change in depression score (GDS)	0.018	3.6	-0.073	3.4	
Loss of vibration sense	13	9.8	3	2.2	<b>0.019</b>
Myocardial infarction	1		1		
Stroke	1		3 <sup>d</sup>		
Death	0		2 <sup>e</sup>		
Time to death (d)			490		
Total adverse events	271		242		

Abbreviation: GDS, Geriatric Depression Scale

<sup>a</sup>Active treatment group received daily supplements of folic acid (0.8 mg), vitamin B<sub>12</sub> (0.5 mg) and vitamin B<sub>6</sub> (20 mg) for 24 months. <sup>b</sup>Only P values < 0.1 are shown. <sup>c</sup>Excluding 5 who withdrew before starting the tablets and 2 who withdrew after the 24 month visit (i.e., after stopping intervention). <sup>d</sup>Includes one of the 2 participants who died. <sup>e</sup>One hemorrhagic stroke; one pulmonary embolism.