Supporting File 2. Pre- and Post-Survey Study Skills Items

Adapted from Morehead, Rhodes, & DeLozier (2016) and Kornell & Bjork (2007)

Pre-Survey
1. Which of the following best describes your study patterns?
   • I most often space out my study sessions over multiple days/weeks
   • I most often do my studying right before the test

2. Select the top 3 study strategies you use most regularly. Please select ONLY 3.
   • Test yourself with questions or practice problems
   • Use flashcards
   • Reread chapters, articles, notes, etc.
   • Underlining or highlighting while reading
   • Recopy your notes word-for-word
   • Condensing/Summarizing your notes
   • Recopy your notes from memory
   • Make diagrams, charts, or pictures
   • Study with friends
   • Absorbing lots of information the night before the test
   • Watch/listen to recorded lessons either by instructor or from outside source (Khan Academy, Youtube, etc.).
   • Other

3. When studying, how do you generally decide what class to study for first? (open-ended)

Post-Survey
1. Which of the following best describes your study patterns for this course?
   • I most often space out my study sessions over multiple days/weeks
   • I most often do my studying right before the test

2. Select the top 3 study strategies you use most regularly in this course this quarter. Please select ONLY 3.
   • Test yourself with questions or practice problems
   • Use flashcards
   • Reread chapters, articles, notes, etc.
   • Underlining or highlighting while reading
   • Recopy your notes word-for-word
   • Condensing/Summarizing your notes
   • Recopy your notes from memory
   • Make diagrams, charts, or pictures
   • Study with friends
   • Absorbing lots of information the night before the test
   • Watch/listen to recorded lessons either by instructor or from outside source (Khan Academy, Youtube, etc.).
   • Other

3. When studying, how do you generally decide what class to study for first? (open-ended)