<table>
<thead>
<tr>
<th>Research title</th>
<th>Effects of Self-Efficacy Enhancing Program on Foot Self-Care Behaviour of Elderly with Diabetes in Rumah Seri Kenangan, Peninsular Malaysia</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study Site</td>
<td>Peninsular Malaysia</td>
</tr>
<tr>
<td>JKEUPM Ref No.</td>
<td>FPSK(FR15)P021</td>
</tr>
<tr>
<td>Researcher</td>
<td>Siti Khuzaimah Ahmad Sharoni</td>
</tr>
<tr>
<td>Supervisor</td>
<td>Assoc Prof Dr Hejar Abdul Rahman</td>
</tr>
</tbody>
</table>

Documents received and reviewed with reference to the above study:

1. Ethics Application Form, received on 2/7/2015.
5. Questionnaire, English and Malay Version.

The University Research Ethics Committee, Universiti Putra Malaysia (JKEUPM) operates in accordance to the ICH-GCP Guidelines.

Decision by JKEUPM:

- [X] Approved
- [ ] Permission must be obtained from the respective hospitals/ institutions before conducting the research
- [ ] Disapproved

Please be informed that you are required to submit annual progress reports, completion reports and “all adverse events, both serious and unexpected” to the committee. If amendments to the original protocol are inevitable, prior approval must be obtained from the committee.

Date of Decision: 10/8/2015

PROFESSOR DR. ABDUL JALIL NORDIN
Chairperson,
Ethics Committee for Research involving
Human Subjects (JKEUPM),
Universiti Putra Malaysia
Re: UPM/TNCP/RCM/1.4.18.1 (JKEUPM) F2
Date: 10th August 2015

Assoc Prof Dr Hejar
Department of Community Health
Faculty of Medicine and Health Sciences
Universiti Putra Malaysia
Serdang, Selangor

Dear Madam,

RESEARCH PROJECT: EFFECT OF SELF-EFFICACY ENHANCING PROGRAM ON POST SELF-CARE BEHAVIOUR OF ELDERLY WITH DIABETES IN RUMAH SERI KENANGAN PENINSULAR MALAYSIA
PROJECT REF. NO: FFSK (FR15/0021)

RESEARCHER: SITI KHUZAÏMAH AHMAD SHARONI
SUPERVISOR: ASSOC PROF DR HEJAR ABDUL RAHMAN

The Ethics Committee for Research involving Human Subjects of University Putra Malaysia (JKEUPM) has studied the proposal for the above project and found that there were no objectionable ethical issues involved in the proposed study.

Please find the list of documents received and reviewed with reference to the study and committee members who reviewed the documents (as attached).

Notwithstanding above, we will not be responsible for any misconduct on the part of researcher in the course of carrying out the research.

Thank you.

"WITH KNOWLEDGE WE SERVE"

Sincerely yours,

PROFESSOR DR. ABDUL JALIL NORDIN
Chairperson
Ethics Committee for Research involving Human Subjects (JKEUPM)
Universiti Putra Malaysia