Figure S2. Categorical Waist and Body Mass Index Loss by gender

Panel A shows the percentage of participants who lost 5% or more of their baseline WC (waist circumferences) or BMI (body mass index), Panel B shows the percentage of participants who lost 10% or more of their baseline WC or BMI, and Panel C shows the percentage of participants in each group who were at or below their baseline WC (waist circumference) or BMI (body mass index) after 3 years.