

CORRECTION

Correction: Effectiveness of a Worksite Mindfulness-Related Multi-Component Health Promotion Intervention on Work Engagement and Mental Health: Results of a Randomized Controlled Trial

The *PLOS ONE* Staff

There is an error in the fifth to the last sentence of the Results. The correct sentence is: No significant effects of the intervention were observed after six months for work engagement (ME = 0.1, 95% CI 0.1–0.2), mental health (ME = 1.3, 95% CI 0.7–3.2), need for recovery (ME = –3.0, 95% CI –6.3–0.4) and mindfulness (ME = 0.1, 95% CI –0.0–0.01).

There are errors in [Table 3](#). Please see the corrected [Table 3](#) here.



 OPEN ACCESS

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Table 3. Intervention effects on work engagement, mental health, need for recovery and mindfulness after 6 (T1) and 12 months (T2), corrected for baseline values (T0); results from linear mixed effect models (primary analyses) and linear regression models (sensitivity analyses).

Primary analyses									
	Group	n	T1 ME	p-value	95%CI	n	T2 ME	p-value	95% CI
Work engagement	I	115	0.1	0.33	-0.1–0.2	120	-0.1	0.48	-0.2–0.1
(Range: 0–6)	C	107				110			
Mental Health	I	116	1.2	0.21	-0.7–3.2	119	-1.7	0.23	-4.6–1.1
(Range: 0–100)	C	109				111			
Need for recovery	I	113	-3.0	0.08	-6.3–0.4	115	2.2	0.36	-2.5–7.0
(Range: 0–100)	C	110				108			
Mindfulness	I	113	0.1	0.12	0.0–0.1	115	-0.1	0.23	-0.2–0.0
(Range: 1–6)	C	109				111			
Sensitivity analyses									
	Group	n	T1 b	p-value	95%CI	n	T2 b	p-value	95% CI
Work engagement	I	115	-0.1	0.43	-0.3–0.1	120	-0.1	0.10	-0.3–0.0
(Range: 0–6)	C	107				110			

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Reference

1. van Berkel J, Boot CRL, Proper KI, Bongers PM, van der Beek AJ (2014) Effectiveness of a Worksite Mindfulness-Related Multi-Component Health Promotion Intervention on Work Engagement and Mental Health: Results of a Randomized Controlled Trial. PLoS ONE 9(1): e84118. doi: [10.1371/journal.pone.0084118](https://doi.org/10.1371/journal.pone.0084118) PMID: [24489648](https://pubmed.ncbi.nlm.nih.gov/24489648/)