



No.....of......for this household

Mental Health Survey (Self administered)

(Ask older person aged 60 and over and care giver)					
REG CWT AMP TMB AREA ED	BLK_'	VIL PSU_NO	0	MONTH_YR	HH_NO 4 22
The following questions concern your psychological experiences during past month					
Record code "1 - 4" in according to your opinion or feeling.					
No = 1 A little = 2 Much = 3 Very much = 4 REC NO b 34					
			,	RE	EC_NO 34
For persons aged 60 and over, record line no. and name	Al	32			
from questionnaire SPS.54 (Long form) into A1 and A2	A2	name	name	name	name
For care giver, record line no. and name of the person whom the caregiver take care of and check "X" in "CG"	CG	35			
You are satisfied with your life	M01	36			
		30			
2. You feel relaxed/at ease	M02	37			
3. You feel bored with your daily life	M03	38			
4. You feel disappointed in yourself	M04	39			
5. You feel that your life is unhappy	M05	40			
6. You can accept a bad situation that is hard to					
be solved (when a problem occurs)	M06	41			
7. You are confident you can control yourself when					
something bad or serious happens	M07	42			
8. You are confident you can face					
bad situations in your life	M08	43			
9. You feel sympathy when seeing someone in trouble	M09	44			
10. You feel happy when helping someone in trouble	M10	45			
11. You help people when you have a chance	M11	46			
12. You feel proud of yourself	M12	47			
13. You feel secure and safe with your family	M13	48			
14. You believe that your family will take good					
care of you when you are seriously ill	M14	49			
15. Your family members love and care for each other	M15	50			