

RESEARCH ARTICLE

Abnormal sodium and water homeostasis in mice with defective heparan sulfate polymerization

Rik H. G. Olde Engberink^{1*}, Judith de Vos², Angela van Weert², Yahua Zhang³, Naomi van Vlies⁴, Bert-Jan H. van den Born⁵, Jens M. Titze³, Ed van Bavel², Liffert Vogt¹

1 Department of Internal Medicine, section Nephrology, Amsterdam UMC, University of Amsterdam, Amsterdam Cardiovascular Sciences, Amsterdam, The Netherlands, **2** Department of Biomedical Engineering and Physics, Amsterdam UMC, University of Amsterdam, Amsterdam Cardiovascular Sciences, Amsterdam, the Netherlands, **3** Department of Clinical Pharmacology, Vanderbilt University, Nashville, Tennessee, United States of America, **4** Laboratory of Genetic Metabolic Disease, Amsterdam UMC, University of Amsterdam, Amsterdam Cardiovascular Sciences, Amsterdam University Medical Centre, Amsterdam, the Netherlands, **5** Department of Internal Medicine, section Vascular Medicine, Amsterdam UMC, University of Amsterdam, Amsterdam Cardiovascular Sciences, Amsterdam, The Netherlands

* r.h.oldeengberink@amsterdamumc.nl



OPEN ACCESS

Citation: Olde Engberink RHG, de Vos J, van Weert A, Zhang Y, van Vlies N, van den Born B-JH, et al. (2019) Abnormal sodium and water homeostasis in mice with defective heparan sulfate polymerization. PLoS ONE 14(7): e0220333. <https://doi.org/10.1371/journal.pone.0220333>

Editor: Jaap A. Joles, University Medical Center Utrecht, NETHERLANDS

Received: April 21, 2019

Accepted: July 12, 2019

Published: July 31, 2019

Copyright: © 2019 Olde Engberink et al. This is an open access article distributed under the terms of the [Creative Commons Attribution License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Data Availability Statement: All relevant data are within the manuscript and its Supporting Information files.

Funding: L.V. was supported by Kolff Grant KJPB 11.22 from the Dutch Kidney Foundation (www.nierstichting.nl). The funder had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing interests: The authors have declared that no competing interests exist.

Abstract

Glycosaminoglycans in the skin interstitium and endothelial surface layer have been shown to be involved in local sodium accumulation without commensurate water retention. Dysfunction of heparan sulfate glycosaminoglycans may therefore disrupt sodium and water homeostasis. In this study, we investigated the effects of combined heterozygous loss of heparan sulfate polymerization genes (exostosin glycosyltransferase 1 and 2; Ext1^{+/-}Ext2^{+/-}) on sodium and water homeostasis. Sodium storage capacity was decreased in Ext1^{+/-}Ext2^{+/-} mice as reflected by a 77% reduction in endothelial surface layer thickness and a lower skin sodium-to-glycosaminoglycan ratio. Also, these mice were characterized by a higher heart rate, increased fluid intake, increased plasma osmolality and a decreased skin water and sodium content, suggesting volume depletion. Upon chronic high sodium intake, the initial volume depletion was restored but no blood pressure increase was observed. Acute hypertonic saline infusion resulted in a distinct blood pressure response: we observed a significant 15% decrease in control mice whereas blood pressure did not change in Ext1^{+/-}Ext2^{+/-} mice. This differential blood pressure response may be explained by the reduced capacity for sodium storage and/or the impaired vasodilation response, as measured by wire myography, which was observed in Ext1^{+/-}Ext2^{+/-} mice. Together, these data demonstrate that defective heparan sulfate glycosaminoglycan synthesis leads to abnormal sodium and water homeostasis and an abnormal response to sodium loading, most likely caused by inadequate capacity for local sodium storage.

Introduction

Traditionally, the kidney is believed to be responsible for matching sodium excretion with sodium intake, thereby preventing sodium retention. However, long-term sodium balance studies have demonstrated that total body sodium content shows large fluctuations during fixed sodium intake. Surprisingly, these fluctuations did not result in changes of extracellular volume or body weight.[1, 2] As extracellular osmolality is tightly regulated, such variation in total body sodium without volume effects can only be explained by local sodium accumulation that is not accompanied by commensurate water retention. Subsequent studies demonstrated that sodium can accumulate in the endothelial surface layer (ESL) and the skin interstitium, where sodium is osmotically inactivated by negatively-charged glycosaminoglycans (GAGs) and does not induce water retention.[3–10] Moreover, recent data suggest that sodium is also actively concentrated in the skin interstitium.[11, 12] Local sodium storage may have a significant impact on sodium balance and osmoregulation. In healthy subjects, for example, 60 mmol of sodium was lost or appeared within four hours after hypertonic saline infusion or water loading, respectively.[13, 14] Also, skin sodium content has been shown to increase significantly after high salt intake.[7] Inadequate capacity for local sodium storage may therefore affect sodium and water homeostasis and result in an abnormal response to sodium excess.

Heparan sulfate is a GAG that is found both in the skin and ESL. In the skin, heparan sulfate is present in high concentrations in the dermo-epidermal junction while the dermis itself contains low amounts of heparan sulfate.[15, 16] Within the ESL, heparan sulfate is the predominant GAG accounting for 50–90% of total ESL GAG content.[17] We therefore hypothesized that defective heparan sulfate GAGs would decrease local sodium storage capacity and thereby affect sodium and water homeostasis. Heparan sulfate polymerization is regulated by exostosin glycosyltransferase 1 and 2 (Ext1 and Ext2) genes. Both, heterozygous loss of Ext1 or Ext2 has been shown to reduce heparan sulfate synthesis and ESL volume in mice.[18–20] To test whether heparan sulfate GAGs affect sodium and water homeostasis, we have investigated volume regulation and osmoregulation in mice with combined heterozygous loss of Ext1 and Ext2.

Materials and methods

Ethical approval

All experimental protocols were approved by the Animal Ethics Committee of the Academic Medical Centre, Amsterdam, the Netherlands (protocol number DIN102932). We adhered to the National Institute of Health (NIH) guide for the care and use of laboratory animals and institutional guidelines. All surgery was performed under anesthesia, and all efforts were made to minimize suffering. Mice were sacrificed by exsanguination from cardiac puncture under general anesthesia.

Animals and sodium interventions

Single heterozygous Ext1 and Ext2 mice were fully backcrossed into a C57/BL6J background. We crossed Ext1^{+/-} and Ext2^{+/-} mice and used male, combined heterozygous Ext1 and Ext2 (Ext1^{+/-}Ext2^{+/-}) mice to ensure maximally impaired heparan sulfate GAG polymerization. Male C57/BL6J mice (control; Harlan Laboratories Inc.) were used for control experiments. All 84 mice that were used for this study were housed in a temperature controlled room with a 12:12 light-dark cycle.

We investigated the effects of a normal sodium diet as well as an acute and chronic sodium load. The chronic sodium load consisted of a one-week high sodium (8.0% NaCl) diet under

ad libitum water drinking conditions. Control mice remained on the normal diet (0.3% NaCl). Acute sodium loading involved infusion of 1.8% NaCl (8 μ l/g body weight) through the jugular vein in approximately 100 seconds.

Plasma measurements

Blood samples for measurement of electrolytes were collected from the saphenous vein after each diet and were immediately analysed using the point of care I-STAT System and CG8+ cartridges (Abbot Point of Care Inc, Princeton, NJ, USA). Plasma osmolality was measured in a different sample using a freezing point depression osmometer.

Blood pressure measurements

We performed non-invasive tail cuff blood pressure (BP) measurements in conscious mice using the volume pressure recording CODA system (Kent Scientific Corporation, CT, USA). To reduce stress and minimize variation in BP, we trained all mice for one week prior to the experiments. After at least 5 minutes of rest, we performed 15 measurements. Tail blood volume had to be at least 25 μ l for acceptance of these data. All BP measurements were obtained between 15.00 and 18.00 pm. Investigators were not blinded to the genetic origin of the mice during BP measurements.

To investigate the effects of an acute sodium load, we measured intra-arterial BP. All mice were anaesthetised with an intraperitoneal injection of a mixture (0.075 mL/10 gr) of ketamine (100 mg/ml), dexmedetomidine (0.5 mg/ml) and atropine (1 mg/ml). Foot reflexes were regularly checked to monitor anaesthesia. During surgery and measurements, all mice were placed on a heating pad and body temperature was monitored. After induction of anaesthesia, we inserted a PE-10 cannula in the carotid artery for continuous monitoring of arterial pressure and heart rate. We first performed baseline measurements when BP and heart rate were stable. During infusion we determined BP and heart rate at 5-second intervals. After infusion, we determined mean BP and heart rate at every minute for 10 minutes.

Skin measurements

We used snap frozen abdominal skin samples to analyse skin water and sodium content as described previously.[21] In short, to determine skin water content we compared skin sample weights before and after desiccation at 90°C for 48 hours. Next, samples were dry ashed for 40 hours at 450°C. After ashing, all samples were dissolved in 5% HNO₃. We used flame photometry to measure sodium and potassium concentrations.

To test the consequences of heterozygous loss of Ext1 and Ext2 on skin sodium storage capacity, we used high performance liquid chromatograph-mass spectrometry/mass spectrometry (HPLC-MS/MS) to measure heparan sulfate and dermatan sulfate disaccharides as previously described.[22, 23] In short, snap frozen skin samples were homogenised and protein content was determined.[24] GAGs in the homogenate were enzymatically digested and the disaccharides were quantified on a Waters Quattro Premier XE (tandem) mass spectrometer coupled to an Acquity UPLC system (UPLC-MS/MS). The disaccharides were separated on a Thermo Hypercarb HPLC column (100 \times 2.1 mm, 5 μ m). All disaccharides were detected and quantified in the MRM acquisition mode. All samples were analysed in duplicate. Disaccharide concentrations were normalized for homogenate protein content. If we were not able to detect certain disaccharides, we used the level of detection divided by two for analysis.

To assess whether defective heparan sulfate polymerization affects skin sodium storage we calculated skin sodium/heparan sulfate ratio. We presumed that a lower skin sodium/heparan sulfate ratio reflected a reduced capacity of heparan sulfate mediated skin sodium storage.

Intravital microscopy

We determined ESL thickness with intravital microscopy considering that ESL thickness reflects heparan sulfate GAG content. We prepared the jugular vein for infusion of 40-kDa (Tetra-methylrhodamine (TRITC-Dx40), excitation/emission 555/580 nm, Molecular Probes) and 500 kDa dextran solutions (Fluorescein isothiocyanate (FITC-Dx500), excitation/emission 490/520 nm, Sigma-Aldrich) (0.05 mL, 10 mg/mL in PBS). Subsequently, we prepared and pinned the cremaster muscle on a transparent silicon pedestal as previously described.[25] During surgery and measurements, the cremaster muscle was superperfused with a physiological salt solution at 37°C. For intravital imaging of the cremaster microvasculature, we used a Zeiss upright microscope mounted on an own-built stage equipped with an x60 water immersion objective (numerical aperture of 0.90; LUMPlanFl, Olympus). The cremaster muscle was epi-illuminated with a mercury lamp while using the appropriate filters for imaging of FITC-Dx500 and TRITC-Dx40 labelled dextran columns. After infusion of both dextrans, we randomly selected 15–20 vessels with a diameter of maximal 40 μm . A digital camera (Retiga-SRV Fast 1394, QImaging) was used to capture 5 images of both FITC-Dx500 and TRITC-Dx40 dextran columns of each vessel (field of view 164x123 μm (resolution 1380x1040)).

The widths of FITC-Dx500 and TRITC-Dx40 columns were measured by a blinded observer who drew three rectangles perpendicular to the longitudinal axis of the vessel. Along these rectangles, we measured the fluorescence intensity using ImageJ software. We calculated the inflection points on both sides of the sigmoidal shaped fluorescence intensity curve to determine the edges of the fluorescent column.[26] Next, we calculated the ESL thickness by subtracting the width of the FITC-Dx500 column, which does not include the ESL, from the TRITC-Dx40 column, which represents the total vessel diameter including the ESL (S1 Fig). [26]

Wire myography

To assess whether BP may be affected by changes in endothelial function that may be anticipated following ESL modulation, we isolated second- or third-order mesenteric arteries (300–350 μm) for wire myography. Arterial segments of 2 mm were mounted into a multichannel wire myograph (610M, Danish Myo Technology, Aarhus, Denmark) for isometric tension measurements as previously described.[27] We first performed two contractions using a high potassium salt solution with a 30-minute washout in between. Then, after initial vasoconstriction with a thromboxane analogue U46119 (0.3 μM), we studied vasorelaxation at increasing methacholine concentrations (10 nmol/L—10 $\mu\text{mol/L}$).

Statistics

Data are presented as mean and standard error of the mean (SEM). Baseline characteristics were compared using non-parametric tests or t-tests as appropriate. Longitudinal data and methacholine dose response curves were compared using a general linear model for repeated measurements with Bonferroni correction for multiple comparisons. Data were analysed using SPSS (Version 21.0, SPSS, Inc., Chicago, IL).

Results

Local sodium storage capacity is altered in Ext1^{+/-}Ext2^{+/-} mice

We investigated two potential compartments for sodium storage in Ext1^{+/-}Ext2^{+/-} mice. First, we analysed skin GAG content. On a normal diet, skin heparan and dermatan sulfate disaccharide content were similar in Ext1^{+/-}Ext2^{+/-} and control mice. However, significantly higher

heparan sulfate sulfation degrees were found in Ext1^{+/-}Ext2^{+/-} mice (Fig 1). Skin sodium/heparan sulfate disaccharide ratio was 65% lower in Ext1^{+/-}Ext2^{+/-} mice compared to controls (2.1±0.3 vs. 0.7±0.2 mmol sodium/ng heparan sulfate; $p = 0.009$), which indicates impaired sodium storage capacity of skin heparan sulfates of Ext1^{+/-}Ext2^{+/-} mice. Secondly, we assessed the ESL thickness. Intravital microscopy demonstrated that ESL thickness, in microvessels ranging from 5–40 μm , of Ext1^{+/-}Ext2^{+/-} mice was significantly reduced with 77% (Fig 2A). The mean diameter of microvessels that were included in the analysis was 22.8±0.7 μm and did not differ among groups ($p = 0.43$). Because the effects of sodium may differ in vessels of different size, we separately analysed our data for the smallest (5–20 μm) and larger vessels (20–40 μm) of the microcirculation (Fig 2B and 2C). In vessels ranging from 5–20 μm , ESL thickness of control and Ext1^{+/-}Ext2^{+/-} mice was not different. In 20–40 μm vessels, controls had a thicker ESL than Ext1^{+/-}Ext2^{+/-} mice.

Ext1^{+/-}Ext2^{+/-} mice display abnormal volume regulation

To assess the consequences of impaired sodium storage capacity we assessed hemodynamics and osmoregulation. Baseline body weight was not different between both groups (Table 1). Mean arterial pressure (MAP) was similar in Ext1^{+/-}Ext2^{+/-} and controls, but heart rate was significantly higher in Ext1^{+/-}Ext2^{+/-} mice (Fig 3). We found a significantly higher plasma osmolality in Ext1^{+/-}Ext2^{+/-} mice while plasma sodium concentration was found to be similar (Table 1). Ext1^{+/-}Ext2^{+/-} mice had significant higher water intake than controls, whereas food intake was equal for both strains. Next, we assessed local sodium and water homeostasis in the skin compartment and found that skin sodium and water content were significantly decreased in Ext1^{+/-}Ext2^{+/-} mice (Fig 4A–4C). Altogether, these data suggest that Ext1^{+/-}Ext2^{+/-} mice were prone to volume depletion.

Ext1^{+/-}Ext2^{+/-} mice have an abnormal response to sodium excess

One week of high sodium intake did not affect MAP in control or Ext1^{+/-}Ext2^{+/-} mice, but the increased heart rate of Ext1^{+/-}Ext2^{+/-} mice at baseline normalized to values similar to controls (Fig 3). Fluid intake during high sodium intake was similar in both groups (Table 1). Skin sodium and water content in Ext1^{+/-}Ext2^{+/-} mice normalized after high sodium intake while no changes were observed in controls (Fig 4). These data indicate that the initial volume depletion in Ext1^{+/-}Ext2^{+/-} mice was corrected with high sodium intake.

To explain the absent hypothesized MAP increase in Ext1^{+/-}Ext2^{+/-} mice we analysed whether a high sodium diet affected nonosmotic sodium storage capacity. Upon high sodium intake, skin heparan and dermatan sulfate content of Ext1^{+/-}Ext2^{+/-} mice increased while skin GAG content remained unchanged in controls (Fig 1). High sodium intake also increased ESL thickness of control mice by 80% but the ESL of Ext1^{+/-}Ext2^{+/-} mice remained undetectable (Fig 2).

To exclude potential obscuring effects of compensating mechanisms after a chronic sodium load that may affect MAP, such as changes in heart rate or sodium storage capacity, we investigated an acute sodium load, which showed a distinct response in Ext1^{+/-}Ext2^{+/-} and control mice. Following an acute hypertonic sodium load, 6 out of 6 controls showed a significant physiologic decrease in MAP (18±4 mmHg, $p = 0.006$) that was not observed in Ext1^{+/-}Ext2^{+/-} mice, of which 4 out of 5 showed a MAP increase that was on average 6±3 mmHg ($p = 0.16$) (Fig 5A). This effect was transient and after 2 minutes MAP was similar in both groups. This distinct MAP response was not accompanied by any change in heart rate in Ext1^{+/-}Ext2^{+/-} or control mice (Fig 5B). MAP and heart rate remained similar to baseline values during the next ten minutes.

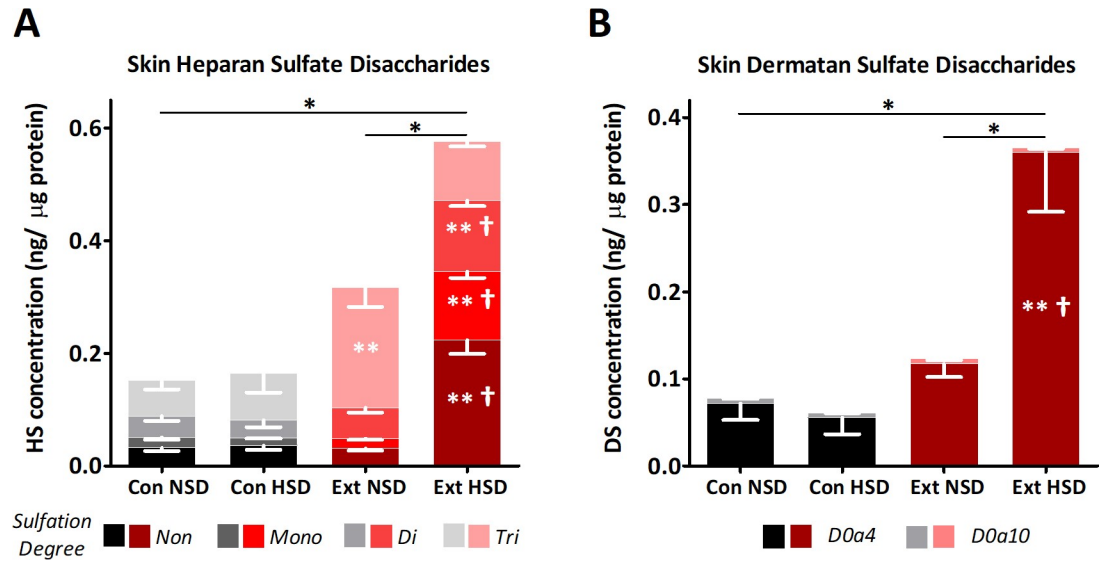


Fig 1. Altered skin GAG content and sulfation in *Ext1^{+/+}Ext2^{+/-}* mice. Results from HPLC-MS/MS measurements of skin heparan sulfate (A) and dermatan sulfate (B) content and sulfation in *Ext1^{+/+}Ext2^{+/-}* and control mice. (A) No difference in total skin heparan sulfate content was seen between *Ext1^{+/+}Ext2^{+/-}* mice and controls on a NSD, but tri-sulfated heparan sulfate disaccharides were more prevalent in the skin of *Ext1^{+/+}Ext2^{+/-}* mice. After a HSD, total skin heparan sulfate disaccharide content increased in *Ext1^{+/+}Ext2^{+/-}* mice ($p = 0.004$) while no effect was seen in controls ($p = 1.00$; $n = 5-6$ for each condition). (B) Similar results were found for dermatan sulfate disaccharides ($n = 5-6$ for each condition): total skin dermatan sulfate disaccharide content was similar in *Ext1^{+/+}Ext2^{+/-}* mice and controls ($p = 0.25$) and increased after HSD in *Ext1^{+/+}Ext2^{+/-}* mice ($p = 0.002$), but not in controls ($p = 0.84$). * $p < 0.05$; **compared to control mice on a similar diet; †compared to *Ext1^{+/+}Ext2^{+/-}* on a NSD. Con, controls; DS, dermatan sulfate; Ext, *Ext1^{+/+}Ext2^{+/-}*; HS, heparan sulfate; HSD, high sodium diet; NSD, normal sodium diet.

<https://doi.org/10.1371/journal.pone.0220333.g001>

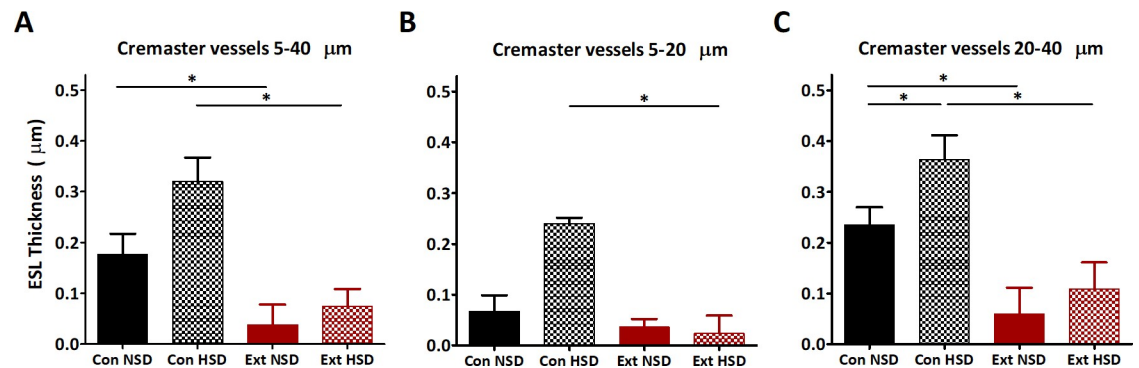


Fig 2. ESL thickness is reduced in *Ext1^{+/+}Ext2^{+/-}* mice and increased by high sodium diet. (A) Control mice had a larger ESL (NSD: $0.18 \pm 0.04 \mu\text{m}$, $n = 6$; HSD: $0.32 \pm 0.05 \mu\text{m}$, $n = 3$) than *Ext1^{+/+}Ext2^{+/-}* mice on both diets (NSD: $0.04 \pm 0.04 \mu\text{m}$, $n = 6$, $p = 0.04$; HSD $0.07 \pm 0.03 \mu\text{m}$, $n = 7$, $p = 0.004$). There was no difference in ESL thickness between diets within control mice ($p = 0.07$) or *Ext1^{+/+}Ext2^{+/-}* mice ($p = 0.47$). (B) In a subset of 5–20 μm vessels with a mean diameter of $12.7 \pm 0.8 \mu\text{m}$, control ($0.07 \pm 0.03 \mu\text{m}$, $n = 4$) and *Ext1^{+/+}Ext2^{+/-}* mice ($0.04 \pm 0.02 \mu\text{m}$, $n = 5$) had equal ESL thickness on a NSD ($p = 0.38$). On a HSD, control mice ($0.24 \pm 0.01 \mu\text{m}$, $n = 3$) had a thicker ESL than *Ext1^{+/+}Ext2^{+/-}* mice ($0.02 \pm 0.04 \mu\text{m}$, $n = 7$, $p = 0.005$). ESL thickness was not affected by diet within control mice ($p = 0.06$) or *Ext1^{+/+}Ext2^{+/-}* mice ($p = 1.00$). (C) In 20–40 μm vessels with a mean diameter of $28.6 \pm 0.4 \mu\text{m}$, controls (NSD: $0.24 \pm 0.03 \mu\text{m}$, $n = 6$; HSD: $0.36 \pm 0.05 \mu\text{m}$, $n = 3$) had a significant larger ESL than *Ext1^{+/+}Ext2^{+/-}* mice on both diets (NSD: $0.04 \pm 0.02 \mu\text{m}$, $n = 6$, $p = 0.02$; HSD: $0.11 \pm 0.05 \mu\text{m}$, $n = 7$, $p = 0.02$). HSD increased ESL thickness in control mice ($p = 0.02$), but not in *Ext1^{+/+}Ext2^{+/-}* mice ($p = 0.53$). * $p < 0.05$. Con, controls; ESL, endothelial surface layer; Ext, *Ext1^{+/+}Ext2^{+/-}*; HSD, high sodium diet; NSD, normal sodium diet.

<https://doi.org/10.1371/journal.pone.0220333.g002>

Table 1. Characteristics of Ext1^{+/-}Ext2^{+/-} and control mice.

	NSD		HSD	
	Control	Ext	Control	Ext
Plasma	(n = 11)	(n = 11)	(n = 5)	(n = 5)
Na ⁺ (mM)	150.8±2.1	149.9±1.5	155.6±0.5†	153.0±1.2†
K ⁺ (mM)	5.4±0.3	5.4±0.5	4.4±0.5†	5.1±0.4
HCO ₃ ⁻ (mM)	17.4±3.8	18.0±2.7	18.3±1.8†	20.8±1.6
Glucose (mM)	9.0±1.6	9.1±1.9	7.5±1.6	7.3±0.5
Urea (mM)	7.9±0.8	8.6±0.5	6.0±0.4†	6.0±1.0†
Osmolality (mOsm/kg)	320±5	326±6*	323±5†	323±5
Intake	(n = 16)	(n = 13)	(n = 6)	(n = 11)
Water (ml/day)	3.9±0.1	4.7±0.1**	12.4±1.0‡	13.1±0.9‡
Food (g/day)	3.47±0.06	3.39±0.06	3.16±0.12	2.97±0.08
Other	(n = 22)	(n = 19)	(n = 11)	(n = 23)
Weight (g)	26.2±0.4	25.7±0.2	24.7±0.2†	23.1±0.3‡

Mean and standard error *p<0.05, **p<0.001 compared to control NSD (Independent samples Mann-Whitney U test or comparison of general linear model)

†p<0.05

‡p<0.001 compared to NSD (paired samples T-test).

Ext, Ext1^{+/-}Ext2^{+/-}; NSD, normal sodium diet; HSD, high sodium diet.

<https://doi.org/10.1371/journal.pone.0220333.t001>

Ext1^{+/-}Ext2^{+/-} mice are characterized by endothelial dysfunction

Finally, we analysed whether defective heparan sulfate polymerization affected BP via impaired endothelial function, which may be anticipated as a result of ESL damage. We assessed *ex-vivo* vasodilation with methacholine dose-response curves. We observed that Ext1^{+/-}Ext2^{+/-} mice had a significantly impaired ability for maximum vasodilation (35±10%, n = 5) in comparison to controls (59±4%, n = 6; p = 0.02). High sodium intake did not affect vasodilation in Ext1^{+/-}Ext2^{+/-} mice (42±5%, n = 7, p = 0.21) but resulted in a non-significant decrease of vasodilation ability in control mice (43±11%, n = 5, p = 0.10) to a level that was similar to Ext1^{+/-}Ext2^{+/-} mice (S2 Fig).

Discussion

In this study, we examined the effects of defective heparan sulfate GAG polymerization on sodium and water homeostasis. Our study demonstrates that Ext1^{+/-}Ext2^{+/-} mice have an impaired sodium storage capacity in the skin and ESL and display an abnormal sodium and water balance indicating that heparan sulfate GAGs are crucial for normal sodium and water homeostasis.

Heterozygous knock-out of Ext1 and Ext2 significantly affected sodium storage capacity, both in the skin and the ESL. Although skin heparan sulfate content was similar in Ext1^{+/-}Ext2^{+/-} and control mice, the skin sodium-to-heparan sulfate ratio was significantly lower in Ext1^{+/-}Ext2^{+/-} mice suggesting that the sodium-storing function of heparan sulfates is impaired by defective polymerization. Also, ESL thickness was reduced with 77% in Ext1^{+/-}Ext2^{+/-} mice indicating that heparan sulfate polymerization is crucial for normal ESL dimensions. These data are in accordance with a previous study that assessed the effects of heterozygous knock-out of Ext1 or Ext2 on ESL thickness.[20]

The reduced capacity for local sodium storage was associated with abnormal sodium and water homeostasis. On a normal diet Ext1^{+/-}Ext2^{+/-} mice had a higher heart rate, increased fluid intake and decreased skin sodium and water content, indicating volume depletion. The

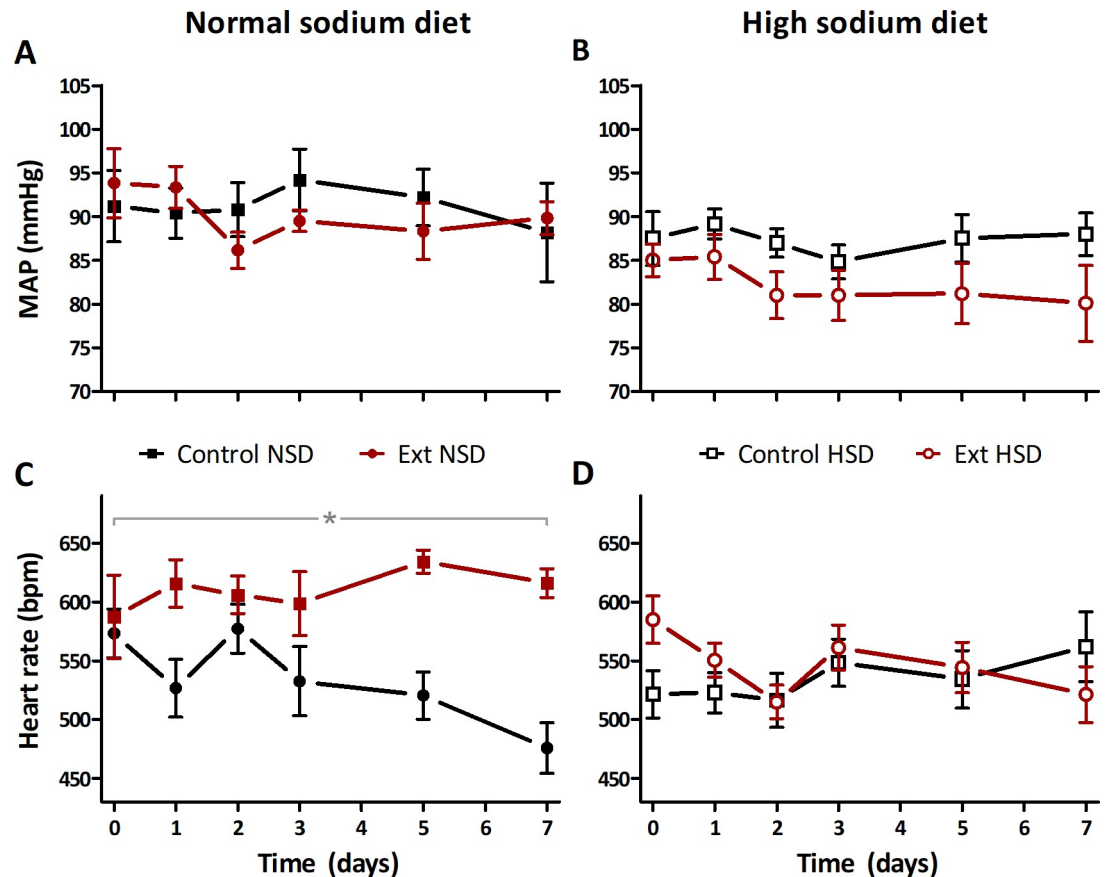


Fig 3. Ext1^{+/}Ext2^{+/-} mice have a normal MAP and are not salt sensitive. A) Ext1^{+/}Ext2^{+/-} (90 ± 2 mmHg, $n = 6$) and control (91 ± 2 mmHg, $n = 5$) mice had a comparable tail-cuff MAP on a NSD ($p = 0.76$). (B) Ext1^{+/}Ext2^{+/-} (82 ± 2.0 mmHg, $n = 10$) and control mice (87 ± 3 mmHg, $n = 6$, $p = 0.15$) had an equal MAP on a HSD. (C) On a NSD, heart rate was significantly higher in Ext1^{+/}Ext2^{+/-} mice than in controls (610 ± 8 bpm vs. 534 ± 8 bpm, $p < 0.001$). (D) Heart rate was comparable in Ext1^{+/}Ext2^{+/-} and control mice on a HSD (546 ± 11 bpm vs. 534 ± 14 bpm, $p = 0.51$). * $p < 0.001$. bpm, beats per minute; Ext, Ext1^{+/}Ext2^{+/-}; HSD, high sodium diet; MAP, mean arterial pressure; NSD, normal sodium diet.

<https://doi.org/10.1371/journal.pone.0220333.g003>

decreased capacity for local sodium storage due to dysfunctional heparan sulfates may lead to lower skin sodium and water content but cannot explain loss of sodium and water. In this respect, sodium and water may be lost via the kidney or skin as a result of an impaired renal concentrating mechanism or impaired skin electrolyte gradient formation, which were restored by a high sodium diet.[11, 12, 28] These hypotheses were not investigated in the current study but the potential role of renal sodium and water loss is supported by recent studies that demonstrated that heparan sulfate GAGs are abundantly present in the renal medulla and show increased sulfation rates after a high sodium diet.[29, 30] Altogether, these data suggest that defective heparan sulfate polymerization results in loss of sodium and water.

We hypothesized that Ext1^{+/}Ext2^{+/-} mice would show a sodium-induced BP increase because of the impaired local sodium storage capacity. However, we found that only an acute sodium load resulted in a different BP response in Ext1^{+/}Ext2^{+/-} mice. The absent BP effect in Ext1^{+/}Ext2^{+/-} after a high sodium diet may be explained by the volume depletion present at baseline. The normalization of heart rate and skin sodium content after high sodium intake indicates a certain degree of volume expansion after high sodium intake, without BP effects. The distinct effects of acute and chronic sodium loading on BP can be explained by the

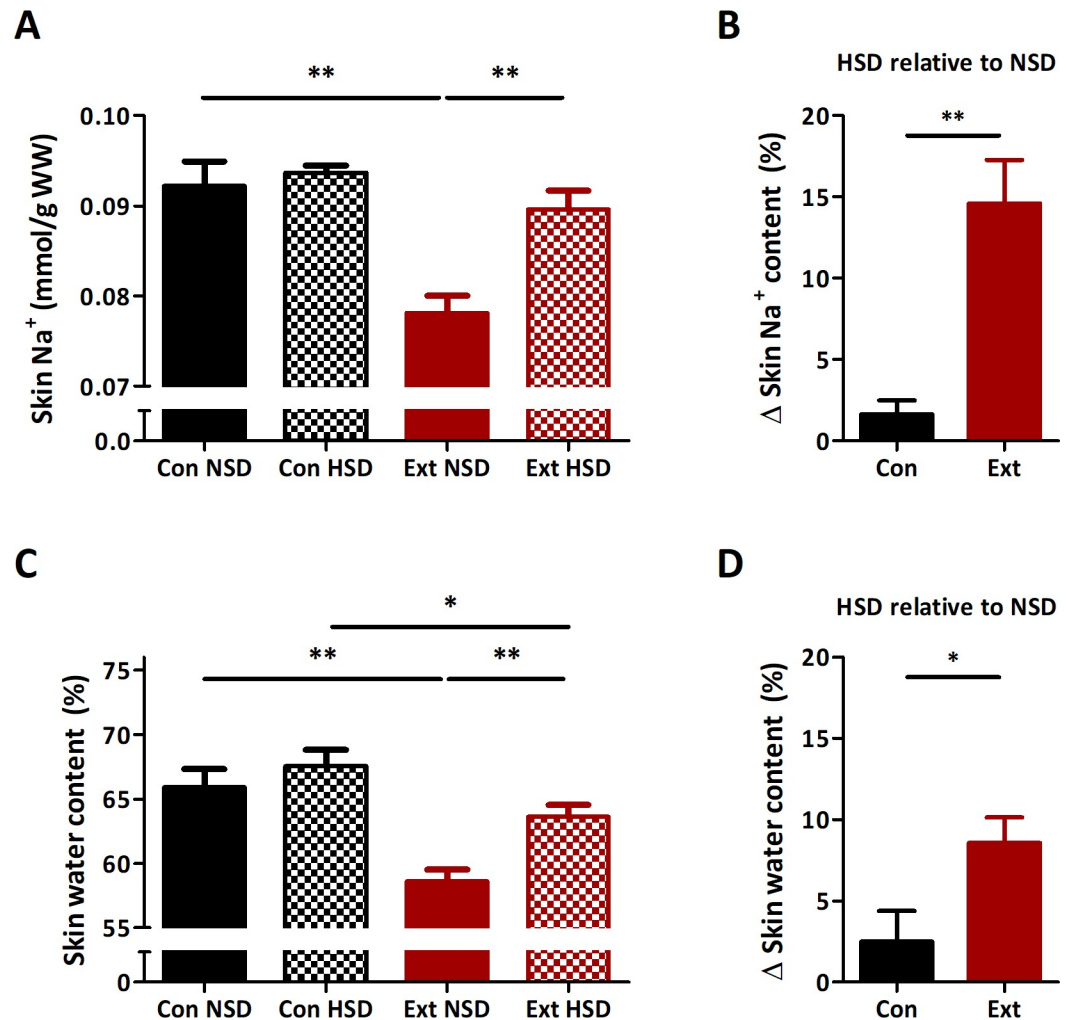


Fig 4. Ext1^{+/+}Ext2^{+/-} mice have a decreased skin water and sodium content. (A) Skin sodium content was lower in Ext1^{+/+}Ext2^{+/-} mice than in controls ($p = 0.004$). (A-B) HSD increased skin sodium content in Ext1^{+/+}Ext2^{+/-} mice ($15 \pm 6\%$, $p = 0.003$) to a level that were similar to controls on a HSD ($p = 0.18$). Skin sodium content was not affected by diet in controls ($p = 0.43$). (C) Skin water content of Ext1^{+/+}Ext2^{+/-} mice was lower than in controls ($p = 0.002$). (C-D) After a HSD, skin water content increased ($9 \pm 4\%$, $p = 0.003$) in Ext1^{+/+}Ext2^{+/-} mice. Skin water content was not affected by diet in controls ($p = 0.41$). $n = 5-6$ for each condition. * $p < 0.05$, ** $p < 0.01$. Con, controls; Ext, Ext1^{+/+}Ext2^{+/-}; HSD, high sodium diet; NSD, normal sodium diet.

<https://doi.org/10.1371/journal.pone.0220333.g004>

compensatory decrease in heart rate and increase in skin GAG content that were observed after high sodium intake but may not affect the hemodynamic effects of an acute sodium load. A potential limitation of this study is the use of tail-cuff BP measurements. Although previous studies have shown that tail-cuff measurements are accurate and able to detect blood pressure differences, such measurements are inferior to telemetry and may result in false-negative results in small sample sizes.[31, 32]

The different BP response of Ext1^{+/+}Ext2^{+/-} mice after acute sodium loading may be explained by the reduced local sodium storage capacity in the skin and ESL. This reduction impairs the ability to instantaneously bind and osmotically inactivate the infused sodium, thereby increasing BP. Because an intact ESL is also essential for shear-mediated nitric oxide production, we examined endothelial function in Ext1^{+/+}Ext2^{+/-} mice. We found an impaired vasodilation response that may contribute to the distinct BP response after acute hypertonic

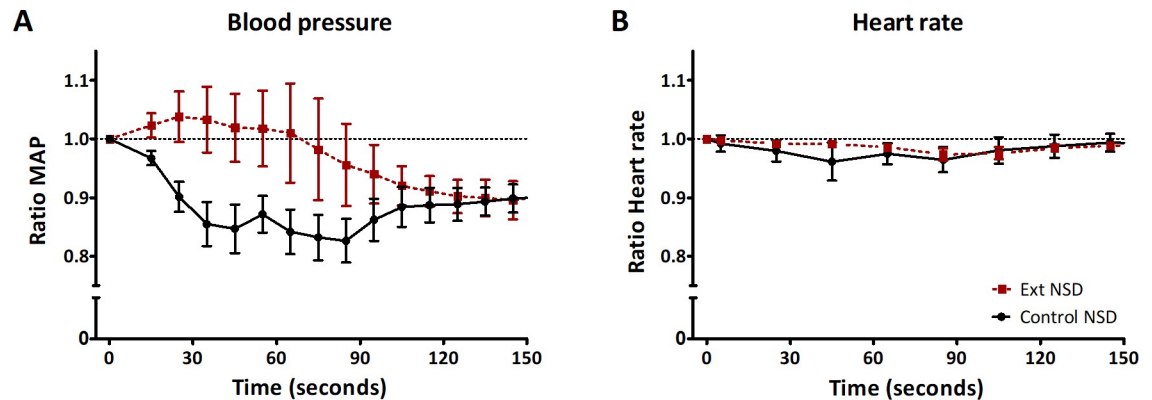


Fig 5. Ext1^{+/-}Ext2^{+/-} mice show an abnormal MAP response after acute sodium loading. Control and Ext1^{+/-}Ext2^{+/-} mice were subjected to rapid 1.8% NaCl infusion, which was finished at t = 0 seconds. (A) Ext1^{+/-}Ext2^{+/-} (n = 5) and control mice (n = 6) showed a significant variation in intracarotid MAP response (Ext1^{+/-}Ext2^{+/-} vs control, p = 0.02): control mice had a significant 15 ± 4% (p = 0.02) decrease in MAP, while MAP of Ext1^{+/-}Ext2^{+/-} mice did not change (3 ± 6%, p = 0.65). At baseline, MAP was not different whereas heart rate of Ext1^{+/-}Ext2^{+/-} mice was significantly higher (421 ± 14 bpm) than in control mice (335 ± 11 bpm, p = 0.005). (B) After infusion, we did not observe any change in heart rate in control (-2 ± 2%) or Ext1^{+/-}Ext2^{+/-} mice (-1 ± 1%) (p = 0.49). Ext, Ext1^{+/-}Ext2^{+/-}; NSD, normal sodium diet.

<https://doi.org/10.1371/journal.pone.0220333.g005>

saline infusion. This is supported by previous studies that have demonstrated that the transient BP reduction, which is normally seen after rapid hypertonic NaCl infusion and was present in controls, but absent in Ext1^{+/-}Ext2^{+/-} mice, is caused by a decrease in vascular resistance [33–36]. This transient BP reduction could not be prevented by hexamethonium, a nicotinic cholinergic antagonist, indicating that the decrease in vascular resistance is not of higher neurological origin but is caused by local factors that influence vasodilation such as nitric oxide. [33, 34]

In control mice, high sodium intake increased ESL thickness suggesting that ESL volume is affected by sodium. The observed increase in ESL thickness may represent a first defence mechanism to prevent a sodium-mediated BP increase by reducing the amount of circulating osmotically active sodium. A similar defence mechanism is observed in aquatic species that increase their extracellular GAG quantity and sulfation with the salinity of their environment. [37] This hypothesis is also in line with data from diabetic and chronic kidney disease patients, which have a perturbed ESL and are prone to develop hypertension and volume expansion. [38, 39] Likewise, ESL restoration with sulodexide, a highly purified mixture of GAGs, has been shown to lower BP. [40, 41] This may either be attributed to an increase in nonosmotic sodium storage capacity, nitric oxide bioavailability or both. [42]

Considering the anatomic location, local sodium storage by skin and ESL heparan sulfates may differently affect sodium and water homeostasis. An intact ESL may help to prevent acute sodium excess and preserve endothelial function on the short term. On the other hand, sodium accumulation in the skin has been associated with conditions of sodium overload such as heart failure, dialysis, hypertension and hyperaldosteronism, indicating that skin sodium accumulation, which may seem a beneficial compensatory mechanism on first sight, is a sign of severe sodium excess with potential negative effects. [43–46] Hypersalinity, for example, is associated with a reduced vasodilatory response and may thereby affect BP. [47–49]

In conclusion, this study demonstrates that heparan sulfate GAGs play a crucial role in sodium and water homeostasis. Future research with targeted knock-out of endothelial and skin heparan sulfate GAGs are needed to determine whether sodium storage in the skin and ESL have differential effects on sodium and water balance. Investigation of this interaction may help to understand the pathophysiology of altered sodium and water homeostasis in common diseases such as diabetes mellitus and chronic kidney disease, which are characterized by

altered sodium and water homeostasis, high skin sodium content and lower ESL-mediated sodium storage capacity.

Supporting information

S1 Fig. Intravital microscopy data analysis.

(PDF)

S2 Fig. Wire myography data.

(PDF)

Acknowledgments

The authors would like to thank Jurgen van Teeffelen and Hanneke Cobelens (Maastricht University, Maastricht) for providing training in cremaster surgery, Beatrice Bedussi (AMC, Amsterdam) for her contributions to the carotid artery surgery and Tom Wagemans (AMC, Amsterdam) for his help with the HPLC MS/MS measurements. L.V. was supported by Kolff Grant KJPB 11.22 from the Dutch Kidney Foundation.

Author Contributions

Conceptualization: Bert-Jan H. van den Born, Jens M. Titze, Ed van Bavel, Liffert Vogt.

Formal analysis: Rik H. G. Olde Engberink, Naomi van Vlies, Liffert Vogt.

Funding acquisition: Liffert Vogt.

Investigation: Rik H. G. Olde Engberink, Judith de Vos, Angela van Weert, Yahua Zhang, Liffert Vogt.

Methodology: Rik H. G. Olde Engberink, Naomi van Vlies, Bert-Jan H. van den Born, Ed van Bavel, Liffert Vogt.

Project administration: Rik H. G. Olde Engberink.

Resources: Judith de Vos, Yahua Zhang, Naomi van Vlies, Jens M. Titze, Ed van Bavel, Liffert Vogt.

Supervision: Judith de Vos, Angela van Weert, Bert-Jan H. van den Born, Jens M. Titze, Ed van Bavel, Liffert Vogt.

Validation: Rik H. G. Olde Engberink, Liffert Vogt.

Writing – original draft: Rik H. G. Olde Engberink.

Writing – review & editing: Rik H. G. Olde Engberink, Judith de Vos, Angela van Weert, Yahua Zhang, Naomi van Vlies, Bert-Jan H. van den Born, Jens M. Titze, Ed van Bavel, Liffert Vogt.

References

1. Rakova N, Juttner K, Dahlmann A, Schroder A, Linz P, Kopp C, et al. Long-term space flight simulation reveals infradian rhythmicity in human Na(+) balance. *Cell Metab.* 2013; 17(1):125–31. <https://doi.org/10.1016/j.cmet.2012.11.013> PMID: 23312287
2. Titze J, Mailliet A, Lang R, Gunga HC, Johannes B, Gauquelin-Koch G, et al. Long-term sodium balance in humans in a terrestrial space station simulation study. *Am J Kidney Dis.* 2002; 40(3):508–16. <https://doi.org/10.1053/ajkd.2002.34908> PMID: 12200802

3. Olde Engberink RH, Rorije NM, Homan van der Heide JJ, van den Born BJ, Vogt L. Role of the vascular wall in sodium homeostasis and salt sensitivity. *J Am Soc Nephrol*. 2015; 26(4):777–83. <https://doi.org/10.1681/ASN.2014050430> PMID: 25294232
4. Siegel G, Walter A, Kauschmann A, Malmsten M, Buddecke E. Anionic biopolymers as blood flow sensors. *Biosens Bioelectron*. 1996; 11(3):281–94. PMID: 8562009
5. Wenstedt EFE, Olde Engberink RHG, Vogt L. Sodium Handling by the Blood Vessel Wall: Critical for Hypertension Development. *Hypertension*. 2018; 71(6):990–6. <https://doi.org/10.1161/HYPERTENSIONAHA.118.10211> PMID: 29661837
6. Machnik A, Dahlmann A, Kopp C, Goss J, Wagner H, van Rooijen N, et al. Mononuclear phagocyte system depletion blocks interstitial tonicity-responsive enhancer binding protein/vascular endothelial growth factor C expression and induces salt-sensitive hypertension in rats. *Hypertension*. 2010; 55(3):755–61. <https://doi.org/10.1161/HYPERTENSIONAHA.109.143339> PMID: 20142563
7. Titze J, Shakibaei M, Schaffhuber M, Schulze-Tanzil G, Porst M, Schwind KH, et al. Glycosaminoglycan polymerization may enable osmotically inactive Na⁺ storage in the skin. *Am J Physiol Heart Circ Physiol*. 2004; 287(1):H203–8. <https://doi.org/10.1152/ajpheart.01237.2003> PMID: 14975935
8. Ivanova LN, Archibasova VK, Shterental I. [Sodium-depositing function of the skin in white rats]. *Fiziol Zh SSSR Im I M Sechenova*. 1978; 64(3):358–63. PMID: 648666
9. Farber SJ, Schubert M, Schuster N. The binding of cations by chondroitin sulfate. *J Clin Invest*. 1957; 36(12):1715–22. <https://doi.org/10.1172/JCI1103573> PMID: 13491703
10. Fischereeder M, Michalke B, Schmockel E, Habicht A, Kunisch R, Pavelic I, et al. Sodium storage in human tissues is mediated by glycosaminoglycan expression. *Am J Physiol Renal Physiol*. 2017; 313(2):F319–F25. <https://doi.org/10.1152/ajprenal.00703.2016> PMID: 28446462
11. Hofmeister LH, Perisic S, Titze J. Tissue sodium storage: evidence for kidney-like extrarenal counter-current systems? *Pflugers Arch*. 2015; 467(3):551–8. <https://doi.org/10.1007/s00424-014-1685-x> PMID: 25600900
12. Nikpey E, Karlsten TV, Rakova N, Titze JM, Tenstad O, Wiig H. High-Salt Diet Causes Osmotic Gradients and Hyperosmolality in Skin Without Affecting Interstitial Fluid and Lymph. *Hypertension*. 2017; 69(4):660–8. <https://doi.org/10.1161/HYPERTENSIONAHA.116.08539> PMID: 28167686
13. Olde Engberink RH, Rorije NM, van den Born BH, Vogt L. Quantification of nonosmotic sodium storage capacity following acute hypertonic saline infusion in healthy individuals. *Kidney Int*. 2017; 91(3):738–45. <https://doi.org/10.1016/j.kint.2016.12.004> PMID: 28132715
14. Wouda RD, Dekker SE, Reijm J, Olde Engberink RH, Vogt L. Effects of Water Loading on Observed and Predicted Plasma Sodium, and Fluid and Urine Cation Excretion in Healthy Individuals. *Am J Kidney Dis*. 2019 epub ahead of print. DOI: <https://doi.org/10.1053/j.ajkd.2019.02.021> PMID: 31005371
15. David G, Bai XM, Van der Schueren B, Cassiman JJ, Van den Berghe H. Developmental changes in heparan sulfate expression: in situ detection with mAbs. *J Cell Biol*. 1992; 119(4):961–75. <https://doi.org/10.1083/jcb.119.4.961> PMID: 1385449
16. Andriessen MP, van den Born J, Latijnhouwers MA, Bergers M, van de Kerkhof PC, Schalkwijk J. Basal membrane heparan sulphate proteoglycan expression during wound healing in human skin. *J Pathol*. 1997; 183(3):264–71. [https://doi.org/10.1002/\(SICI\)1096-9896\(199711\)183:3<264::AID-PATH940>3.0.CO;2-3](https://doi.org/10.1002/(SICI)1096-9896(199711)183:3<264::AID-PATH940>3.0.CO;2-3) PMID: 9422980
17. Reitsma S, Slaaf DW, Vink H, van Zandvoort MA, oude Egbrink MG. The endothelial glycocalyx: composition, functions, and visualization. *Pflugers Arch*. 2007; 454(3):345–59. Epub 2007 Jan 26. <https://doi.org/10.1007/s00424-007-0212-8> PMID: 17256154
18. Stickens D, Zak BM, Rougier N, Esko JD, Werb Z. Mice deficient in Ext2 lack heparan sulfate and develop exostoses. *Development*. 2005; 132(22):5055–68. <https://doi.org/10.1242/dev.02088> PMID: 16236767
19. Lin X, Wei G, Shi Z, Dryer L, Esko JD, Wells DE, et al. Disruption of gastrulation and heparan sulfate biosynthesis in EXT1-deficient mice. *Dev Biol*. 2000; 224(2):299–311. <https://doi.org/10.1006/dbio.2000.9798> PMID: 10926768
20. Mooij HL, Cabrales P, Bernelot Moens SJ, Xu D, Udayappan SD, Tsai AG, et al. Loss of function in heparan sulfate elongation genes EXT1 and EXT 2 results in improved nitric oxide bioavailability and endothelial function. *J Am Heart Assoc*. 2014; 3(6):e001274. <https://doi.org/10.1161/JAHA.114.001274> PMID: 25468659
21. Titze J, Krause H, Hecht H, Dietsch P, Rittweger J, Lang R, et al. Reduced osmotically inactive Na storage capacity and hypertension in the Dahl model. *Am J Physiol Renal Physiol*. 2002; 283(1):F134–41. <https://doi.org/10.1152/ajprenal.00323.2001> PMID: 12060595
22. de Ru MH, van der Tol L, van Vlies N, Bigger BW, Hollak CE, Ijst L, et al. Plasma and urinary levels of dermatan sulfate and heparan sulfate derived disaccharides after long-term enzyme replacement

- therapy (ERT) in MPS I: correlation with the timing of ERT and with total urinary excretion of glycosaminoglycans. *J Inherit Metab Dis* 2013; 36(2):247–55. <https://doi.org/10.1007/s10545-012-9538-2> PMID: 22991166
23. Kingma SD, Wagemans T, L IJ, Wijburg FA, van Vlies N. Genistein increases glycosaminoglycan levels in mucopolysaccharidosis type I cell models. *J Inherit Metab Dis*. 2014; 37(5):813–21. <https://doi.org/10.1007/s10545-014-9703-x> PMID: 24699889
 24. Lowry OH, Rosebrough NJ, Farr AL, Randall RJ. Protein measurement with the Folin phenol reagent. *J Biol Chem*. 1951; 193(1):265–75. PMID: 14907713
 25. Constantinescu A, Spaan JA, Arkenbout EK, Vink H, Vanteeffelen JW. Degradation of the endothelial glycocalyx is associated with chylomicron leakage in mouse cremaster muscle microcirculation. *Thromb Haemost*. 2011; 105(5):790–801. <https://doi.org/10.1160/TH10-08-0560> PMID: 21174004
 26. Torres Filho I, Torres LN, Sondeen JL, Polykratis IA, Dubick MA. In vivo evaluation of venular glycocalyx during hemorrhagic shock in rats using intravital microscopy. *Microvasc Res*. 2013; 85:128–33. <https://doi.org/10.1016/j.mvr.2012.11.005> PMID: 23154280
 27. Spijkers LJ, Janssen BJ, Nelissen J, Meens MJ, Wijesinghe D, Chalfant CE, et al. Antihypertensive treatment differentially affects vascular sphingolipid biology in spontaneously hypertensive rats. *PLoS One*. 2011; 6(12):e29222. <https://doi.org/10.1371/journal.pone.0029222> PMID: 22195025
 28. Warner RR, Myers MC, Taylor DA. Electron probe analysis of human skin: element concentration profiles. *J Invest Dermatol*. 1988; 90(1):78–85. <https://doi.org/10.1111/1523-1747.ep12462576> PMID: 3335792
 29. Talsma DT, Daha MR, van den Born J. The bittersweet taste of tubulo-interstitial glycans. *Nephrol Dial Transplant*. 2017; 32(4):611–9. <https://doi.org/10.1093/ndt/gfw371> PMID: 28407128
 30. Hijmans RS, Shrestha P, Sarpong KA, Yazdani S, El Masri R, de Jong WHA, et al. High sodium diet converts renal proteoglycans into pro-inflammatory mediators in rats. *PLoS One*. 2017; 12(6): e0178940. <https://doi.org/10.1371/journal.pone.0178940> PMID: 28594849
 31. Fraser TB, Turner SW, Mangos GJ, Ludbrook J, Whitworth JA. Comparison of telemetric and tail-cuff blood pressure monitoring in adrenocorticotrophic hormone-treated rats. *Clin Exp Pharmacol Physiol* 2001; 28(10):831–835. PMID: 11553024
 32. Feng M, Whitesall S, Zhang Y, Beibel M, D'Alecy L, DiPetrillo K. Validation of volume-pressure recording tail-cuff blood pressure measurements. *Am J Hypertens*. 2008; 21(12):1288–91. <https://doi.org/10.1038/ajh.2008.301> PMID: 18846043
 33. Read RC, Johnson JA, Vick JA, Meyer MW. Vascular effects of hypertonic solutions. *Circ Res*. 1960; 8:538–48. <https://doi.org/10.1161/01.res.8.3.538> PMID: 14436708
 34. Abe C, Tsuru Y, Iwata C, Ogihara R, Morita H. Intravenous infusion of hyperosmotic NaCl solution induces acute cor pulmonale in anesthetized rats. *J Physiol Sci*. 2013; 63(1):55–62. <https://doi.org/10.1007/s12576-012-0235-6> PMID: 23015108
 35. Kien ND, Kramer GC, White DA. Acute hypotension caused by rapid hypertonic saline infusion in anesthetized dogs. *Anesth Analg*. 1991; 73(5):597–602. PMID: 1952141
 36. Frey L, Kesel K, Pruckner S, Pacheco A, Welte M, Messmer K. Is sodium acetate dextran superior to sodium chloride dextran for small volume resuscitation from traumatic hemorrhagic shock? *Anesth Analg*. 1994; 79(3):517–24. <https://doi.org/10.1213/00005539-199409000-00020> PMID: 7520675
 37. Nader HB, Medeiros MGL, Paiva J, Paiva VMP, Jerônimo SMB, Ferreira TMPC, et al. A correlation between the sulfated glycosaminoglycan concentration and degree of salinity of the “habitat” in fifteen species of the classes Crustacea, Pelecypoda and Gastropoda. *Comp Biochem Physiol*. 1983; 76(3):433–6.
 38. Nieuwdorp M, Mooij HL, Kroon J, Atasever B, Spaan JA, Ince C, et al. Endothelial glycocalyx damage coincides with microalbuminuria in type 1 diabetes. *Diabetes*. 2006; 55(4):1127–32. <https://doi.org/10.2337/diabetes.55.04.06.db05-1619> PMID: 16567538
 39. Padberg JS, Wiesinger A, di Marco GS, Reuter S, Grabner A, Kentrup D, et al. Damage of the endothelial glycocalyx in chronic kidney disease. *Atherosclerosis*. 2014; 234(2):335–43. <https://doi.org/10.1016/j.atherosclerosis.2014.03.016> PMID: 24727235
 40. Olde Engberink RH, Heerspink HJ, de Zeeuw D, Vogt L. Blood pressure-lowering effects of sulodexide depend on albuminuria severity: post hoc analysis of the sulodexide microalbuminuria and macroalbuminuria studies. *Br J Clin Pharmacol*. 2016; 82(5):1351–7. <https://doi.org/10.1111/bcp.13062> PMID: 27412828
 41. Olde Engberink RH, Rorije NM, Lambers Heerspink HJ, De Zeeuw D, van den Born BH, Vogt L. The blood pressure lowering potential of sulodexide—a systematic review and meta-analysis. *Br J Clin Pharmacol*. 2015; 80(6):1245–53. <https://doi.org/10.1111/bcp.12722> PMID: 26184982

42. Li P, Ma LL, Xie RJ, Xie YS, Wei RB, Yin M, et al. Treatment of 5/6 nephrectomy rats with sulodexide: a novel therapy for chronic renal failure. *Acta Pharmacol Sin.* 2012; 33(5):644–51. <https://doi.org/10.1038/aps.2012.2> PMID: 22555371
43. Hammon M, Grossmann S, Linz P, Kopp C, Dahlmann A, Garlichs C, et al. ²³Na Magnetic Resonance Imaging of the Lower Leg of Acute Heart Failure Patients during Diuretic Treatment. *PLoS One.* 2015; 10(10):e0141336. <https://doi.org/10.1371/journal.pone.0141336> PMID: 26501774
44. Dahlmann A, Dorfelt K, Eicher F, Linz P, Kopp C, Mossinger I, et al. Magnetic resonance-determined sodium removal from tissue stores in hemodialysis patients. *Kidney Int.* 2015; 87(2):434–41. <https://doi.org/10.1038/ki.2014.269> PMID: 25100048
45. Kopp C, Linz P, Dahlmann A, Hammon M, Jantsch J, Muller DN, et al. ²³Na magnetic resonance imaging-determined tissue sodium in healthy subjects and hypertensive patients. *Hypertension.* 2013; 61(3):635–40. <https://doi.org/10.1161/HYPERTENSIONAHA.111.00566> PMID: 23339169
46. Kopp C, Linz P, Wachsmuth L, Dahlmann A, Horbach T, Schofl C, et al. (²³Na magnetic resonance imaging of tissue sodium. *Hypertension.* 2012; 59(1):167–72. <https://doi.org/10.1161/HYPERTENSIONAHA.111.183517> PMID: 22146510
47. Laffer CL, Scott RC 3rd, Titze JM, Luft FC, Elijovich F. Hemodynamics and Salt-and-Water Balance Link Sodium Storage and Vascular Dysfunction in Salt-Sensitive Subjects. *Hypertension.* 2016; 68(1):195–203. <https://doi.org/10.1161/HYPERTENSIONAHA.116.07289> PMID: 27160204
48. Jablonski KL, Racine ML, Geolfos CJ, Gates PE, Chonchol M, McQueen MB, et al. Dietary sodium restriction reverses vascular endothelial dysfunction in middle-aged/older adults with moderately elevated systolic blood pressure. *J Am Coll Cardiol.* 2013; 61(3):335–43. <https://doi.org/10.1016/j.jacc.2012.09.010> PMID: 23141486
49. DuPont JJ, Greaney JL, Wenner MM, Lennon-Edwards SL, Sanders PW, Farquhar WB, et al. High dietary sodium intake impairs endothelium-dependent dilation in healthy salt-resistant humans. *J Hypertens.* 2013; 31(3):530–6. <https://doi.org/10.1097/HJH.0b013e32835c6ca8> PMID: 23263240