

RESEARCH ARTICLE

Low Oxygen Tension Enhances Expression of Myogenic Genes When Human Myoblasts Are Activated from G₀ Arrest

Jeeva Sellathurai^{1,4*}, Joachim Nielsen², Eva Kildall Hejbøl^{1,4}, Louise Helskov Jørgensen^{1,4}, Jyotsna Dhawan³, Michael Friberg Bruun Nielsen⁴, Henrik Daa Schrøder^{1,4*}

1 Institute of Clinical Research, SDU Muscle Research Cluster (SMRC), University of Southern Denmark, Odense, Denmark, **2** Department of Sports Science and Clinical Biomechanics, SDU Muscle Research Cluster (SMRC), University of Southern Denmark, Odense, Denmark, **3** Institute for Stem Cell Biology and Regenerative Medicine (inStem), National Center for Biological Sciences, Bangalore, India, **4** Department of Clinical Pathology, Odense University Hospital, Odense, Denmark

* jsellathurai@health.sdu.dk (JS); henrik.daa.schroeder@rsyd.dk (HDS)



CrossMark
click for updates

OPEN ACCESS

Citation: Sellathurai J, Nielsen J, Hejbøl EK, Jørgensen LH, Dhawan J, Nielsen MFB, et al. (2016) Low Oxygen Tension Enhances Expression of Myogenic Genes When Human Myoblasts Are Activated from G₀ Arrest. PLoS ONE 11(7): e0158860. doi:10.1371/journal.pone.0158860

Editor: Atsushi Asakura, University of Minnesota Medical School, UNITED STATES

Received: July 3, 2015

Accepted: June 23, 2016

Published: July 21, 2016

Copyright: © 2016 Sellathurai et al. This is an open access article distributed under the terms of the [Creative Commons Attribution License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Data Availability Statement: All relevant data are within the paper and its Supporting Information file.

Funding: This work was supported by the Lundbeck Foundation, grants from Odense University Hospital and a collaborative Indo-Danish grant from the Govt. of India, Dept. of Biotechnology (BT/IN/Denmark/02/PDN/2011 DTD 26-05-11) and the Danish Council for Strategic Research (10-093757). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Abstract

Objectives

Most cell culture studies have been performed at atmospheric oxygen tension of 21%, however the physiological oxygen tension is much lower and is a factor that may affect skeletal muscle myoblasts. In this study we have compared activation of G₀ arrested myoblasts in 21% O₂ and in 1% O₂ in order to see how oxygen tension affects activation and proliferation of human myoblasts.

Materials and Methods

Human myoblasts were isolated from skeletal muscle tissue and G₀ arrested *in vitro* followed by reactivation at 21% O₂ and 1% O₂. The effect was assessed by Real-time RT-PCR, immunocytochemistry and western blot.

Results and Conclusions

We found an increase in proliferation rate of myoblasts when activated at a low oxygen tension (1% O₂) compared to 21% O₂. In addition, the gene expression studies showed up regulation of the myogenesis related genes *PAX3*, *PAX7*, *MYOD*, *MYOG* (myogenin), *MET*, *NCAM*, *DES* (desmin), *MEF2A*, *MEF2C* and *CDH15* (M-cadherin), however, the fraction of DES and MYOD positive cells was not increased by low oxygen tension, indicating that 1% O₂ may not have a functional effect on the myogenic response. Furthermore, the expression of genes involved in the TGFβ, Notch and Wnt signaling pathways were also up regulated in low oxygen tension. The differences in gene expression were most pronounced at day one after activation from G₀-arrest, thus the initial activation of myoblasts seemed most sensitive to changes in oxygen tension. Protein expression of HES1 and β-catenin indicated

Competing Interests: The authors have declared that no competing interests exist.

that notch signaling may be induced in 21% O₂, while the canonical Wnt signaling may be induced in 1% O₂ during activation and proliferation of myoblasts.

Introduction

Normal metabolism and function of cells are dependent on a continuous and regulated supply of oxygen, and if the oxygen levels are reduced due to pathophysiological conditions, the metabolic and cellular functions are altered [1]. Physiological oxygen tension in skeletal muscle tissue has been reported to range between 1–10% [1–4], while oxygen tensions less than 1% has been suggested to reflect conditions of physiological hypoxia [4], however there are some discrepancies on exactly at what oxygen tension physiological hypoxia occurs.

A vast majority of *in vitro* cell culture studies have been conducted using atmospheric conditions (i.e. 21% O₂). However, the hypothesis that lower oxygen levels in cell cultures would reflect the *in vivo* conditions better has sparked a number of myoblast culture studies using low oxygen tension (Table 1) ranging from 0.5–6% and employing cells from different species, which has led to different results on cell proliferation and differentiation.

Employing a reduced oxygen tension of 5% resulted in an increase in proliferation of primary isolated rat myoblasts [7], however the same oxygen tension did not increase proliferation in rat L6 myoblasts [6]. An oxygen tension of 3% resulted in a significant increase in proliferation and differentiation of primary isolated mouse myoblasts [9] and in myoblast cultures from aged rats [2]. An oxygen tension of 2% led to increased mouse myoblast proliferation and differentiation, too [8]. Furthermore, cultures of single myofibers isolated from mice showed that both satellite cell proliferation and survival of mature fibers increased when reducing oxygen tension from 21% to 6% O₂ [10]. Recently, exposing bovine satellite cell cultures to 1% oxygen tension was shown to stimulate proliferation and differentiation, and the low oxygen tension appeared to up regulate the Myogenic Regulatory Factors (MRFs) [5]. In contrast, other studies have reported impaired proliferation and inhibited myogenic differentiation of C2C12 myoblasts when cultured at 1% O₂ levels [5,11]. However, in a study by Yun et al. the reduction in differentiation of C2C12 myoblasts in 0.5% O₂ was transient, as cells cultured for 6–12 days were able to adapt to chronic low oxygen tension and still form myotubes [4].

The effect of low oxygen tension (1% O₂) has recently been studied in primary isolated human myoblasts, and compared to normoxia (21% O₂), no change in proliferation rate was found initially, but after 4 days in culture the proliferation rate was reduced when cultured in low oxygen tension [3]. Moreover, the differentiation was significantly impaired [3]. In contrast, two studies reported an increase in proliferation rate of human myoblasts cultured in 2% and 5% O₂, respectively [12,13].

Thus, in most studies, oxygen tension levels between 2–6% have led to significant increases in proliferation of myoblasts in all species examined (Table 1). In contrast, 1% oxygen tension seem to represent a borderline between normal physiologic and hypoxic conditions, since some studies have reported increased proliferation of myoblasts while others observed decreased proliferation (Table 1). Satellite cells are normally activated after muscle damage, and in that context the cells may experience lower than physiologic oxygen tension because of the decreased blood circulation.

Studies on the effects of O₂ are important given that lower *in vitro* O₂ conditions could provide more comparable results to *in vivo* conditions, and optimized *in vitro* O₂ conditions could be of value for isolation and propagation of myoblasts for clinical use. In that context it is

Table 1. Overview of myogenic cell culture studies conducted with different oxygen tensions.

| Study | Species | Oxygen tension | Effects of different oxygen tension on myoblasts (compared to 21%) | Publication year |
|---------------------------|----------------------------------|----------------|--|------------------|
| Kook S.H. et al [5] | Bovine myoblasts | 1% | Proliferation ↑ Differentiation ↑ | 2008 |
| Launay T. et al [3] | Rat L6 myoblast cell line | 1% | Proliferation ↓ Differentiation ↓ | 2010 |
| Hidalgo M. et al [6] | Rat L6 myoblast cell line | 1. 1% 2. 5% | 1. Proliferation ↓ Differentiation ↓ 2. No difference in proliferation compared to 21% O ₂ . Differentiation ↑ | 2014 |
| Lees S.J. et al [7] | Rat primary myoblasts | 5% | Proliferation ↑ | 2008 |
| Chakravarthy MV et al [2] | Aged rat myoblast | 3% | Proliferation ↑ Myotube size ↑ | 2001 |
| Urbani L. et al [8] | Mouse primary isolated myoblast | 2% | Proliferation ↑ Differentiation ↑ | 2012 |
| Konigsberg M. et al [9] | Mouse primary isolated myoblasts | 3% | Proliferation after 5 days in culture ↑ Differentiation ↑ | 2013 |
| Csete M. et al [10] | Mouse Single fiber isolation | 6% | Proliferation ↑ Survival of mature fibers ↑ | 2001 |
| Di C.A. et al [11] | C2C12 | 1% | Proliferation ↓ Differentiation ↓ | 2004 |
| Kook S.H. et al [5] | C2C12 cell line | 1% | Differentiation ↓ | 2008 |
| Yun Z. et al [4] | C2C12 | 0,5% | Transient reduction in differentiation. Cells adapt to low oxygen level and differentiate after 6–12 days. | 2005 |
| Launay T. et al [3] | Human myoblasts | 1% | 1–3 days after culture: no change in proliferation. 4 days after culture: proliferation ↓ Differentiation ↓ | 2010 |
| Koning M. et al [12] | Human myoblasts | 2% | Proliferation for the first five passages ↑ | 2011 |
| Martin S.D. et al [13] | Human myoblasts | 5% | 3 days after culture: Proliferation ↑ No difference in differentiation | 2009 |

doi:10.1371/journal.pone.0158860.t001

important to study the behavior of particularly human myoblasts in oxygen tension closer to the *in vivo* state.

In the present study we investigated the effect of low oxygen tension (1% O₂) on primary isolated human myoblasts. While other cell culture studies performed at low oxygen tension have mainly focused on myoblast proliferation and differentiation, we here focus on activation and proliferation of G₀ arrested myoblasts in 1% O₂ using our recently published model for inducing *in vitro* G₀-arrest [14]. This model allowed us to study a synchronized activation of myoblast cultures, corresponding to conditions mimicking activation *in vivo*.

Results

Isolation of myoblasts and purity of the cultures

Human myoblasts were isolated from muscle biopsies, cultured *in vitro* and immunostained for the expression of desmin (DES) (Fig 1A). Almost all of the isolated cells were desmin positive and the cells were able to differentiate and form large myofibers when cultured in differentiation medium, confirming that the used isolation method resulted in a highly purified satellite cell population. The myoblasts were used within 5–6 passages to ensure a sufficient purity level.

Proliferation of human myoblasts was induced by low oxygen tension

The effect of low oxygen tension (1% O₂) on primary isolated human myoblasts was evaluated with cells from skeletal muscle biopsies obtained in 3 young subjects. The cells were upscaled in 21% O₂ and divided into two fractions, of which one was cultured in 21% O₂ and the other in low oxygen tension (1% O₂). Proliferation rate of the myoblasts was measured by proliferation assays lasting three days (Fig 1B) and colony forming assays lasting 14 days (Fig 1C). The

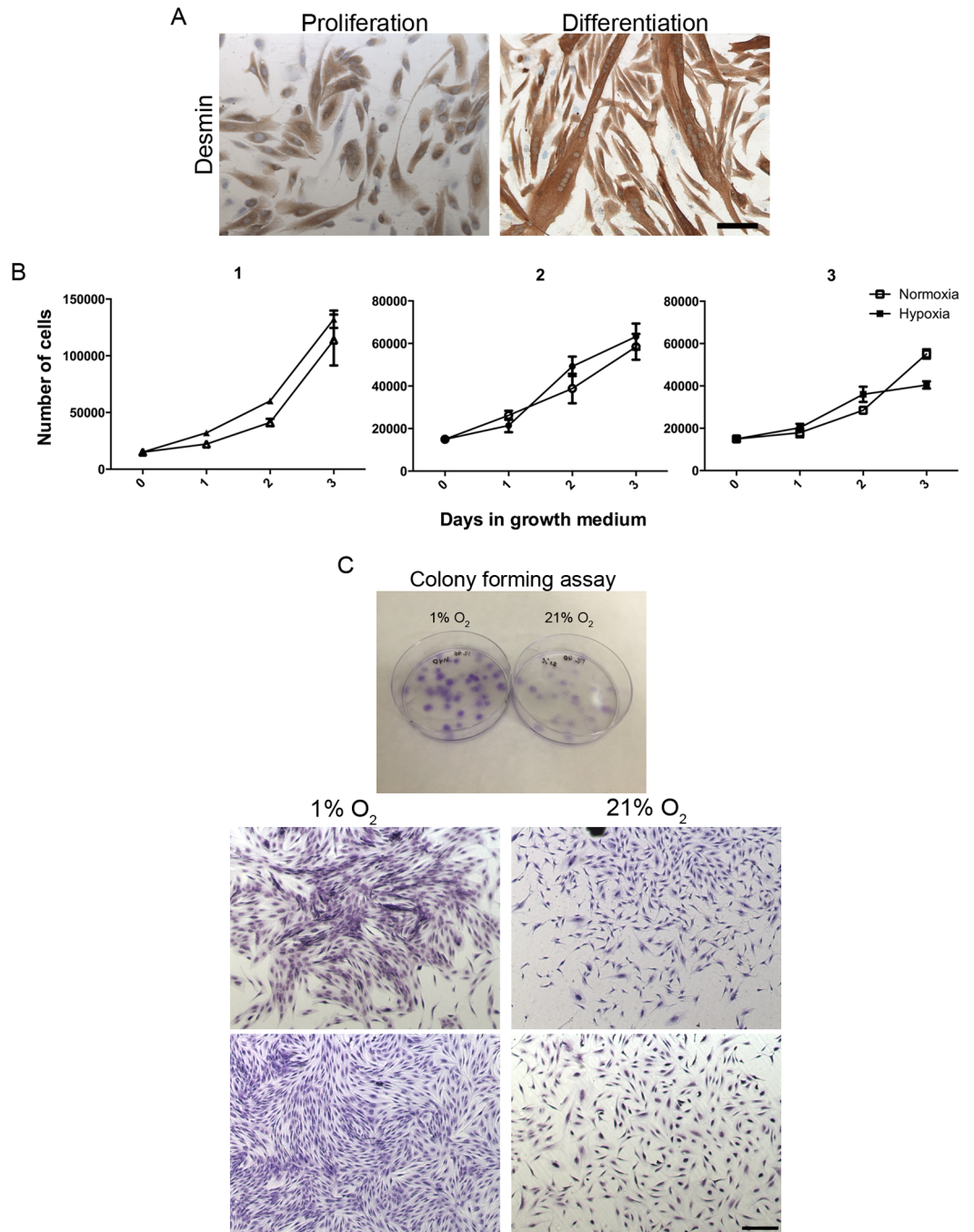


Fig 1. Myoblast purity and proliferation rate. The purity of the isolated myoblasts was tested by desmin stainings and differentiation assays (A). Almost all of the isolated cells were desmin positive confirming a high level of myoblast purity and the myoblasts were able to form large multinucleated myofiber when cultured in differentiation medium. Proliferation rate of myoblasts in 1% O₂ and 21% O₂, respectively, was measured by proliferation assays (three days) and colony forming assays (14 days). The short-term proliferation rate demonstrated no difference in myoblast proliferation (B). The colony forming assays (crystal violet staining) (C) demonstrated no difference in the number of colonies formed by myoblasts in 1% and 21% O₂, however, the colonies formed in 1% O₂ were bigger and had a higher cell density, thus demonstrating an induced proliferation. Scale bar: 400 μ m.

doi:10.1371/journal.pone.0158860.g001

short-term proliferation rates displayed some individual variation in growth between the tree cultures, however, no significant difference in growth rate was observed between the two culture conditions (Fig 1B). In the colony forming assays visualized by crystal violet staining we found no difference in the number of colonies formed by myoblasts in 1% and 21% O₂ (data not shown), however, the colonies formed in 1% O₂ were more densely populated (Fig 1C). Thus long-term myoblast proliferation was induced at 1% O₂.

Low oxygen tension enhances expression of several genes in human myoblasts during activation from G₀ arrest

We have previously described a model for inducing G₀-arrest in human myoblasts by keeping the cells in a viscous gel thus depriving cell attachment [14]. A similar model has been used to verify cell cycle arrest in mouse myoblasts and fibroblasts [15–20]. Using this protocol we induced G₀-arrest in myoblast cultures from the three subjects. The induction of G₀ was made at 21% O₂ to secure sufficient O₂ diffusion in the high viscosity gel. The G₀ arrested cells were afterwards reactivated in growth medium, immediately divided into two fractions, of which one was cultured at 21% O₂, whereas the other fraction was cultured at 1% O₂ for three days. Samples were collected each day for immunocytochemistry, realtime RT-PCR analysis and western blots.

The cell cycle regulatory genes

The effect of 1% O₂ on the expression of cell cycle related genes, *KI67*, *CCND1* (*cyclin D1*), *P21*, *P27*, *P130* and *P53* is shown in Fig 2A. As expected, *KI67* was up regulated when cells were activated from G₀-arrest, however there was no difference in the expression level at 1% O₂ compared to 21% O₂. The protein expression of *KI67* was also studied by immunocytochemistry (Fig 2B) and the fraction of *KI67* positive cells was determined (Fig 2C). A clear up regulation of *Ki67* was observed after activation from G₀ arrest, however, in accordance with the gene expression analysis, we found no difference in the fraction of *KI67* positive cells between the two conditions when cultured for three days.

The expression of *P21*, and *P53* was up regulated at day 1 in 1% O₂ compared to 21% O₂, while the expression of *P27*, *CCND1* and *P130* was induced for all three days in 1% O₂. Thus, low oxygen tension seemed to increase the expression of both negative and positive regulators of cell cycle kinetics, but the resulting induction in long-term proliferation suggests that low oxygen level has a positive effect on cell cycle progression.

The effect of low oxygen tension on PAX genes and MRFs

The expression of *PAX3*, *PAX7*, MRFs and other myogenesis related genes were studied in order to see if low oxygen tension induced changes in the myogenic program when myoblasts were activated from G₀ arrest (Fig 3). 1% O₂ induced up regulation of *PAX3* on day 1 after activation, while *PAX7* was 2-fold up regulated throughout all three days at 1% O₂ compared to 21% O₂. In addition, protein expression of *PAX7* was studied by immunocytochemistry (Fig 4A), however we found no difference in *PAX7* protein expression in 1% O₂ compared to 21% O₂.

The gene expression of the early activation marker *MYOD* was more than 2-fold up regulated throughout all three days at low oxygen tension and immunocytochemical stainings verified an up regulation of *MYOD* during activation from G₀ arrest (Fig 4B). The fraction of *MYOD* positive cells was determined (data not shown), but we found no difference in the number of *MYOD* positive cells in 1% compared to 21% O₂.

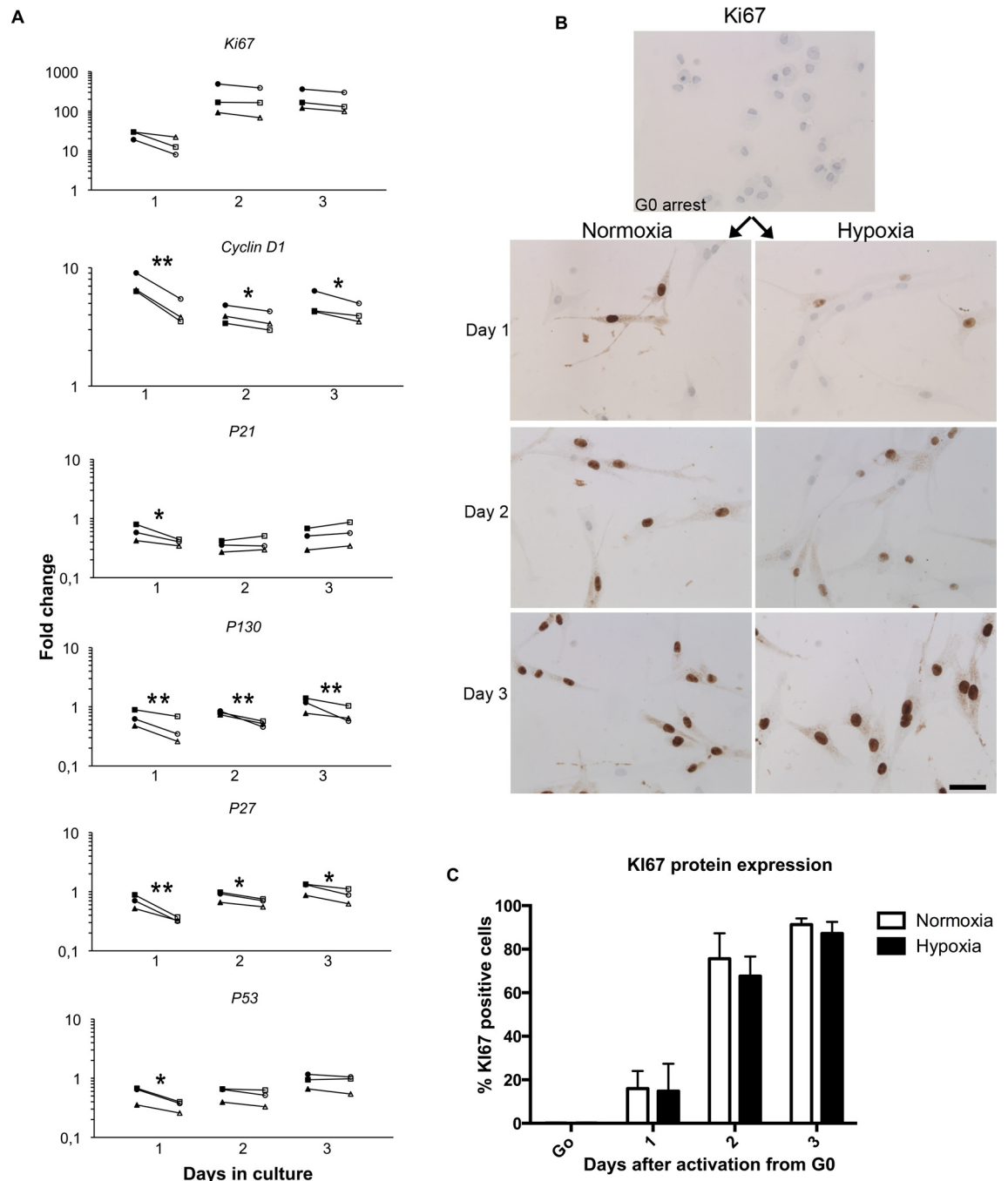


Fig 2. Expression of cell cycle related genes and Ki67 protein expression in human myoblast cultures were studied at 1% O₂ and 21% O₂. The expressions of the cell cycle related genes *P27*, *CCND1*, and *P130* were all significantly up regulated in hypoxia during all three days of culture (B). The expression of *P21* and *P53* were also up regulated in hypoxia but on day 1 only (B). Ki67 immunocytochemistry (B) showed that the fraction of Ki67 positive cells (C) as well as *Ki67* gene expression (B) did not differ between the two culture conditions. Scale bar: 50 μm. Filled symbols: 1% O₂; Empty symbols: 21% O₂. Significance level: * p<0.05, ** p<0.01.

doi:10.1371/journal.pone.0158860.g002

Low oxygen tension induced no significant changes in *MYF5* expression, but the late myogenic marker *MYOG* (myogenin) was 2-4-fold up regulated at low oxygen tension (all 3 days). No O₂-induced changes in *MYF6* expression were observed.

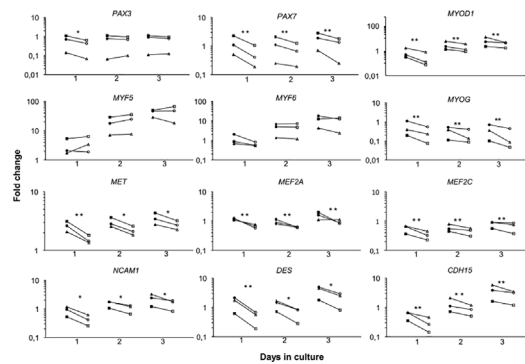


Fig 3. The expression of PAX3, PAX7, MRFs and genes involved in myogenesis were studied in human myoblasts re-activation from G₀-arrest in hypoxic and normoxic culture conditions. The up regulation of PAX7 was highly significant in 1% O₂ for all three days in hypoxic conditions, while PAX3 was increased only on day one. MYOD and MYOG were up regulated in 1% O₂, whereas MYF5 and MYF6 had similar expression levels at 1% O₂ and 21% O₂. The myogenesis related genes *C-MET*, *MEF2A*, *MEF2C*, *NCAM*, *DES* and *CDH15* all had increased expression levels in 1% O₂. Thus, most of the genes involved in the myogenic programme were induced at 1% O₂. Filled symbols: 1% O₂; Empty symbols: 21% O₂. Significance level: * p<0.05, ** p<0.01.

doi:10.1371/journal.pone.0158860.g003

Low oxygen tension enhance the expression of myogenic genes in human myoblasts

To further elucidate how low oxygen tension affected the myogenic lineage during activation from G₀ arrest, we studied the expression of *cMET*, *MEF2A*, *MEF2C*, *NCAM*, *DES* (desmin) and *CDH15* (*M-cadherin*). Low oxygen tension significantly up regulated the expression of *cMET*, *NCAM* and *DES* on day 1, while *MEF2A*, *MEF2C* and *CDH15* were up regulated all three days at 1% O₂ (Fig 3).

The protein expression of NCAM and DES was further studied by immunocytochemistry, and representative images are shown in Fig 5. The fraction of NCAM and DES positive cells were estimated, but no differences in number of NCAM and DES positive cells were observed in conditions of 1% O₂ compared to 21% O₂ (data not shown).

HIF1A was down regulated in myoblasts at low oxygen tension

Hypoxia inducible factor 1A (HIF1A) signaling pathway is a major pathway for hypoxia-induced responses. Thus phosphorylated and activated HIF1A mediate transcription of many target genes involved in cell proliferation, survival and differentiation [21,22]. In contrast to some previous findings, we found that *HIF1A* gene expression was down regulated at low oxygen tension (Fig 6) during all three days.

Effects of low oxygen tension on the TGF-β signaling pathway

The TGF-β signaling pathway is involved in numerous aspects of skeletal muscle development and regeneration. TGF-β1 is a negative regulator of myogenesis and inhibitor of muscle differentiation, and exerts its effect through the TGF-β signaling pathway [23–25]. Further, TGF-β signaling has been shown to participate in regulating the hypoxia-induced responses [26–28]. We have studied the expression of *TGF-β*, *SMAD3*, *SMAD7*, *DCN* and *INHBA* and found that they were all slightly, but significantly induced when myoblasts were cultured in low oxygen tension (Fig 6). The expression of *FST* was also studied, however no difference in expression levels was found (data not shown).

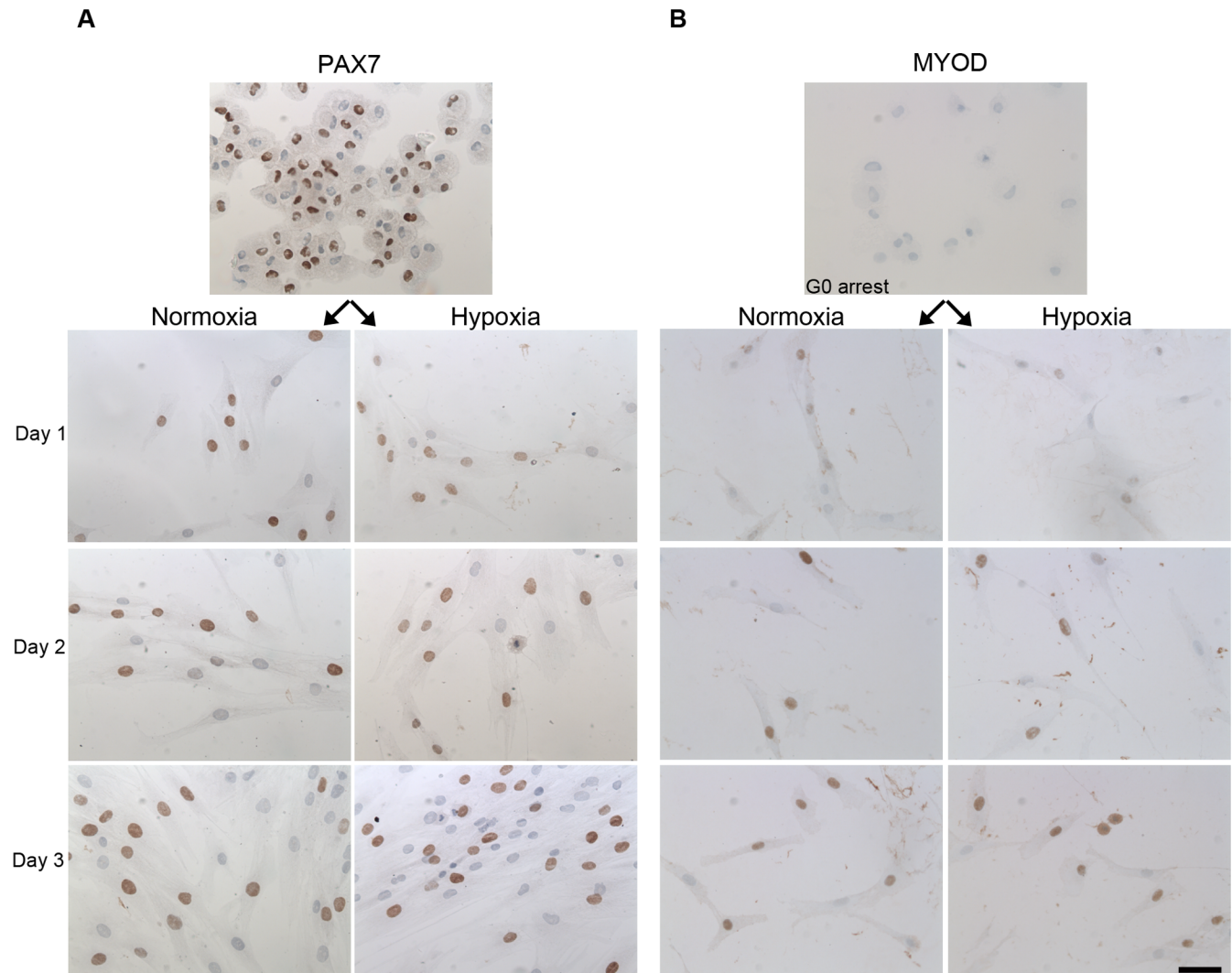


Fig 4. Immunostainings for PAX7 and MYOD were performed on myoblasts activated from G₀ arrest in 1% O₂ and 21% O₂. We observed an up regulation of MYOD when myoblasts were activated from G₀ arrest. However, no difference in the number of PAX7 and MYOD positive cells were found in 1% O₂ compared to 21% O₂. Scale bar: 50 μm.

doi:10.1371/journal.pone.0158860.g004

The Notch signaling pathway was affected by low oxygen tension

Low oxygen tension has been shown to repress differentiation in mouse myogenic cells through a Notch dependent mechanism [29] prompting it relevant to examine if Notch signaling also plays a role in activation and proliferation of human myoblasts at low oxygen tension. We found that 1% O₂ enhanced the gene expression of the receptor *NOTCH3* 2-fold and the downstream mediator *HES1* 1.5-fold for all three days in culture (Fig 7A). In western blot (Fig 7B) the cells cultured at 21% O₂ seemed to have a higher background signal, and when the background is subtracted, an increase in HES1 expression is seen on day 2 and 3 in 21% O₂. Considering the background and the loading control (GAPDH), the expression of HES1 on day 1 probably does not differ in 21% O₂ compared to 1% O₂. The receptor *NOTCH1*, ligands *DLL1* and *JAG1*, and Notch inhibitor *NUMB* were all up regulated at 1% O₂ on day 1 only (Fig 7A).

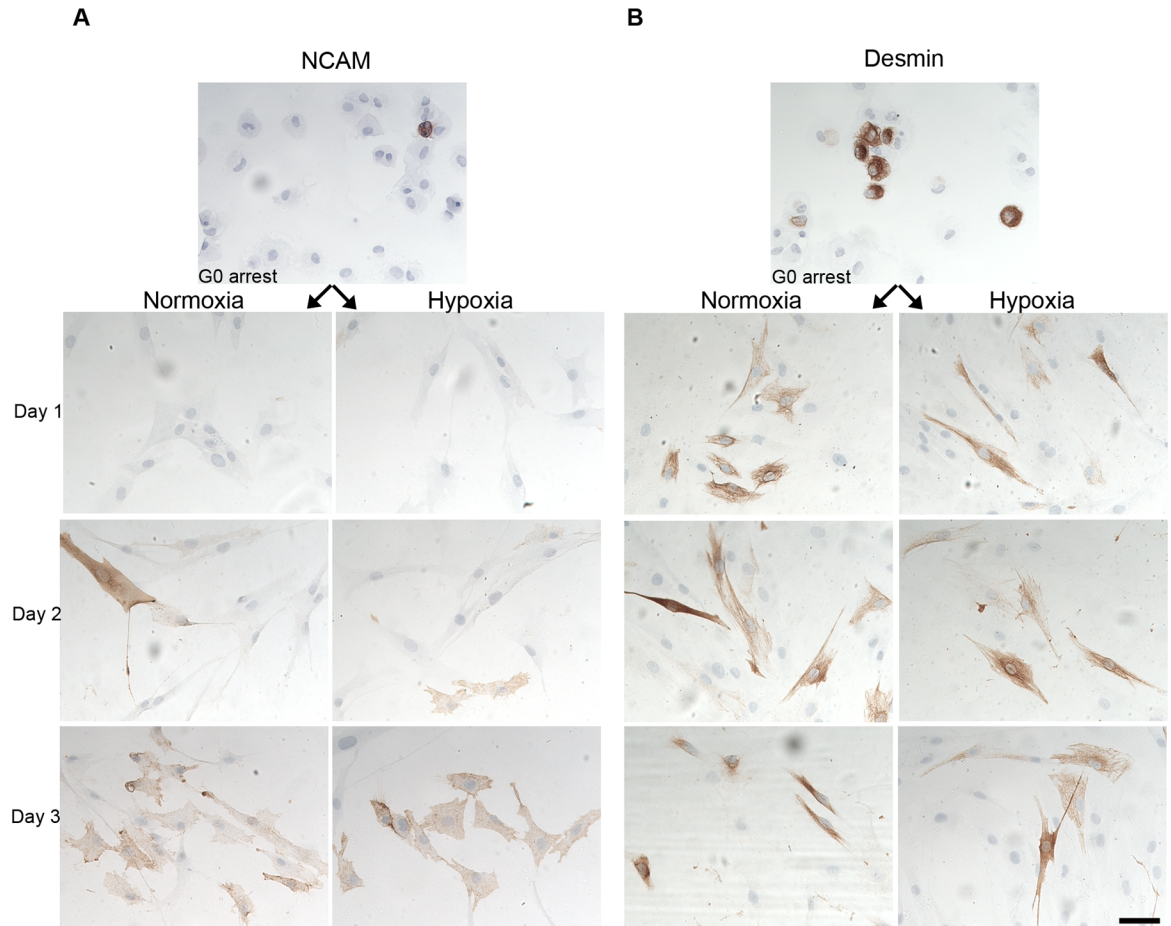


Fig 5. Immunostainings for NCAM and DES were performed on myoblasts activated from G₀ arrest under hypoxic and normoxic conditions. We found large number of cells expressing both NCAM and DES, however, when quantitating the fraction of NCAM and DES positive cells, we found no consistent result pointed towards an up regulation in 1% O₂, as seen in the *NCAM* and *DES* gene expressions. Scale bar: 50 μ m.

doi:10.1371/journal.pone.0158860.g005

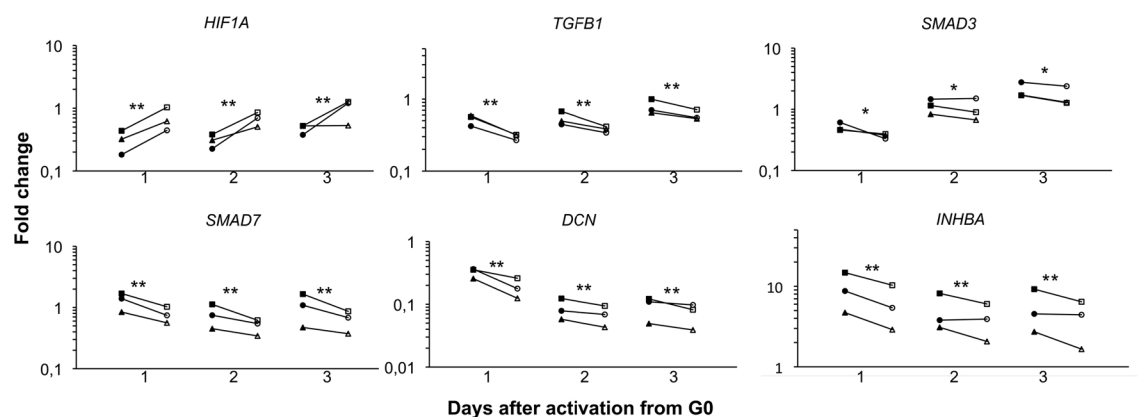


Fig 6. The expression of *HIF1A* was down regulated in myoblasts cultured in 1% O₂ compared to 21% O₂. The genes *TGF-β1*, *SMAD3*, *SMAD7*, *DCN* and *INHBA* are all part of the TGF- β signalling pathway and were all up regulated in myoblasts cultured in 1% O₂ for all three days. Filled symbols: 1% O₂; Empty symbols: 21% O₂. Significance level: * p<0.05, ** p<0.01.

doi:10.1371/journal.pone.0158860.g006

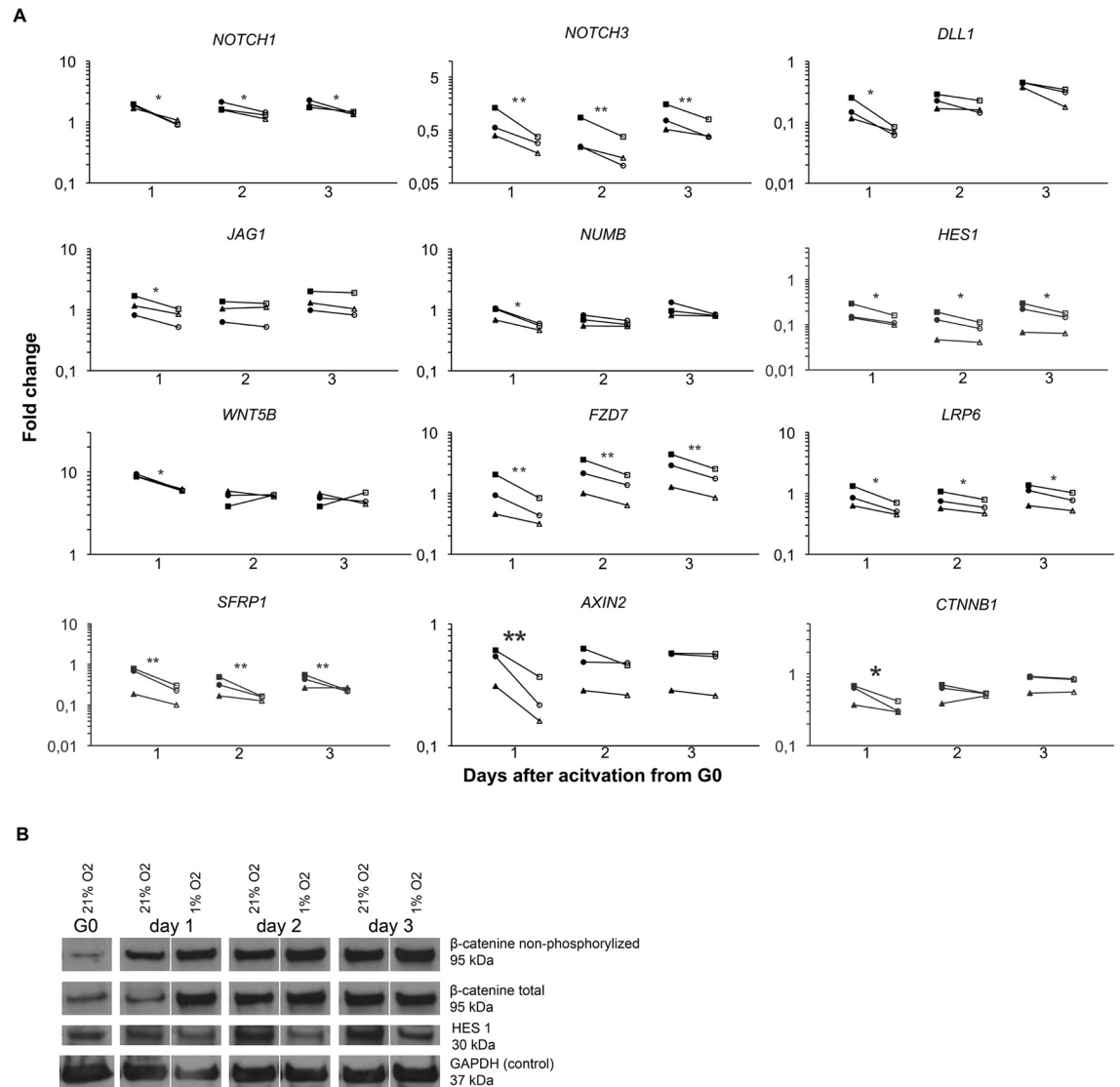


Fig 7. The Notch and Wnt signalling pathways were affected by hypoxic conditions when human myoblasts were activated from G₀ arrest. The expression of *NOTCH1*, *NOTCH3* and *HES1* were up regulated in 1% O₂ for all three days, while *DLL1*, *JAG1* and *NUMB* were up regulated on day one only. However, the *HES1* protein expression was induced in 21% O₂ on day 2 and 3. In the Wnt signalling pathway we observed an up regulation of *FZD7*, *LRP6* and *SFRP1* on day 1–3 in 1% O₂, whereas *WNT5B*, *AXIN2* and *CTNNB1* was up regulated only on day one. Accordingly, the protein expression of total and active non-phosphorylated β-catenin was up regulated in 1% O₂ in particular on day 1. Filled symbols: 1% O₂; Empty symbols: 21% O₂. Significance level: * p<0.05, ** p<0.01.

doi:10.1371/journal.pone.0158860.g007

Effects of low oxygen tension on Wnt signaling

The canonical Wnt pathway is important for proliferation and differentiation of myoblasts [30]. To investigate if genes involved in the Wnt signaling pathway were affected by low oxygen tension, we studied the expression of *WNT5b*, *FZD7*, *LRP6*, *SFRP1*, *AXIN2* and *CTNNB1* (*β-catenin*) (Fig 6) and found that these genes were all up regulated at 1% O₂, however the up regulation in *WNT5b*, *AXIN2* and *CTNNB1* was restricted to day 1. Accordingly, the amount of β-catenin (non-phosphorylated (active) and total) protein was higher in cells cultured at 1% O₂ in particular on day 1, but a small increase in of β-catenin was also seen on day 2 and 3.

Discussion

In the present study we have demonstrated that low oxygen tension (1% O₂) mimicking the *in vivo* tissue conditions induced not only long-term myoblast proliferation but also the expression of several genes involved in myogenesis and TGFβ, notch, and wnt signaling pathways, when myoblasts were synchronously activated from G₀ arrest.

Myoblast cell cycle progression was induced by low oxygen tension

The colony forming assays suggested that 1% O₂ increased proliferation of human myoblasts, which is in accordance with a previous study made with bovine myoblast [5]. Likewise, applying 2% O₂ tension resulted in increased proliferation rates in human myoblasts within the first 5 passages [12]. In accordance with T Launays report [3] we found no difference in proliferation during the first three days of culture in 1% and 21% O₂. In our experience the human myoblasts have a doubling time of approximately two days, why a longer incubation time may be necessary to demonstrate a small change in proliferation rate.

In general, applying oxygen tension levels from 2–6% typically led to increased proliferation and differentiation in myoblasts obtained from various species, an oxygen level of 1% resulted in both decreased and increased proliferation rate, while further reductions in O₂ tension to less than 1% resulted in decreased proliferation and differentiation in myoblasts obtained from humans, mice, and rats as well as in C2C12 myoblasts (Table 1). Thus, an oxygen level of 1% may be at the borderline of physiological normoxia. The gene expression study demonstrated that more genes with effect on cell cycle dynamics are sensitive to oxygen tension. However, no overall effect on proliferation could be deduced from these expression studies alone.

The effect of low oxygen tension on the myoblasts during activation and proliferation

Induction of PAX genes and MRFs are crucial for the quiescence and activation of myogenic cells [31–35] and previous studies have reported that low oxygen tension led to changes in the expression of MRFs [4,5,11]. In accordance with these reports, we found that *PAX3*, *PAX7*, *MYOD*, *MYOG*, *cMET*, *MEF2A*, *MEF2C*, *NCAM*, *DES* and *CDH15* were all expressed at elevated levels at low oxygen tension, suggesting that the myogenic program may be enhanced during activation and proliferation from G₀ arrest, however the fraction of DES and MYOD positive cells was not changed by low oxygen tension. Thus the protein expressions of DES and MYOD did not reflect the gene expressions in this case, and although the number of cells was increased by low oxygen tension, the myogenic potential of the cells may not be changed. In addition, the 2–4 fold increase in myogenin in low oxygen tension may be of little significance, as in myoblasts induced to differentiate, the expression of *MYOG* increased more than 600-fold (S1 Fig). Liu et al has demonstrated that 1% O₂ tension resulted in up regulation of Pax7 in mouse myoblasts promoting self-renewal of the cultured cells [36]. Accordingly, the induction of PAX genes in low oxygen tension may indicate that low oxygen favors a more stem-like phenotype.

HIF-1 signaling

The Hif-1 signaling is regarded as a crucial signaling pathway involved in hypoxia-induced responses [21,22]. The Hif1a subunit is markedly increased in cells in response to hypoxia [37,38], and it has also been suggested to play a role in muscle development during early embryogenesis [4,39,40]. However, *in vitro* studies (conducted at 21% O₂) have shown conflicting results concerning Hif1-a; Wagatsuma et [41] showed a decrease in Hif1a protein during

C2C12 differentiation, while Ono et al [42] showed an increase in Hif1a during differentiation and in addition, knockdown of Hif1a in C2C12 cells resulted in inhibition of differentiation. Thus, the effect of Hif1a on *in vitro* myogenesis still needs to be established.

Yun et al [4] has previously demonstrated that the Hif-1a pathway does not play an important role in the hypoxic response of C2C12 myoblasts. Likewise, our study showed that lowering the oxygen tension to 1% did not increase the expression of *HIF-1A*, suggesting that *HIF-1A* gene is not of functional significance for the responses seen in the present study. In addition, this finding indicates that 1% O₂ may not represent the functional hypoxic environment experienced by human myoblasts *in vivo*. However, studies should be conducted to examine the amount of activated HIF-1A protein complex present during varying levels of O₂ in order to fully elucidate the role of HIF-1A signaling in human myoblasts.

Effect of low oxygen tension on TGF- β , Notch and Wnt signaling pathways

The present experiments addressed the influence of low oxygen tension on genes involved in the TGF- β , Notch and Wnt signaling pathways. The greatest effect was observed upstream in the TGF- β signaling pathway, where *TGF- β 1*, *SMAD3*, *SMAD7*, and *DECORIN* were induced. TGF- β 1 and SMAD3 activate and promote TGF- β signaling, while SMAD7 and DECORIN both are inhibitors. However, whether these changes result in an overall activation or inhibition of the TGF- β signaling pathway needs to be clarified in future protein expression studies. Co-immunoprecipitation studies have shown that Smad3, being a mediator of TGF β signaling, physically associates with Hif1a and regulates gene expression [26,27]. Whether this association is responsible for the induction of the myogenic genes in the present cell culture experiments remains speculative and warrants further examination.

Several findings have suggested that activation of notch signaling promotes the expansion of myoblasts and prevent differentiation [43–45]. We found increased gene expression of Notch receptors, ligands and the notch target gene *HES1* in 1% O₂, however the protein expression of HES1 was decreased in 1% O₂. Thus, the increased HES1 protein expression in myoblast cultured at 21% O₂ may explain the down regulation of the myogenic genes (e.g. *MYOG*, *DES*, *MEF2A* and *MEF2C*), however the ability of the notch signaling pathway to promotes expansion of myoblast seemed to be independent of HES1 expression as we observed larger myoblast colonies in 1% O₂.

Contradictory roles has been assigned to Wnt/B-catenin in regulating skeletal muscle regeneration [46], however our results are in support of a study by Otto A. et al. suggesting that Wnt signaling induces the proliferation of myoblast [30]. We show that 1% O₂ lead to an up regulation of B-catenin in myoblasts, which together with the ability to form larger colonies suggest that low oxygen tension may increase proliferation through the canonical Wnt dependent pathway.

Notably, Notch and Wnt signaling pathways were mainly affected in myoblasts on day 1 after activation from G₀-arrest at low oxygen tension, suggesting the initial phase of myoblast activation to be most sensitive to reduced oxygen tension.

Low oxygen tension and satellite cells

Knowledge on the significance of oxygen tension on myoblast proliferation is needed when intending to define physiological and hypoxic stress conditions for *in vitro* cell culture experiments. Moreover, the *in vitro* production of cell material for regenerative purposes might also benefit from adjustment to physiological tissue conditions such as low oxygen tension. The satellite cell response to transient exposure to hypoxia has also recently been addressed in relation

to human exercise training. Thus, acute hypoxia achieved by blood flow restricted exercise (BFRE), has been shown to result in marked longitudinal gains in muscle size, strength and endurance [47–50] and a recent study by Nielsen et al has reported that BFRE can result in a marked hyper-activation and proliferation of myogenic satellite cells, resulting in significant myonuclei accretion and large gains in myofiber size (+35–45%).

In the present study we demonstrated that low oxygen tension improves the proliferative capacity of human primary myoblasts. Moreover, when using an experimental set-up for studying synchronous activation of primary isolated human myoblasts, a broad range of genes related to muscle regeneration are up regulated. Also, we could demonstrate that some genes were only induced initially indicating that these genes are sensitive to a switch from 21% O₂ to 1% O₂ rather than a long-term effect of the low oxygen tension itself.

The positive effect of low oxygen tension on the proliferative capacity of human myoblasts makes further studies in the field interesting. We have already demonstrated that many pathways are influenced by the oxygen tension but many aspects remain to be explored in order to elucidate the effect on the activation and proliferation of human myoblasts. For future directions, gene expression as well as protein expression studies will be useful in order to understand the cellular mechanisms that are targeted by hypoxic conditions. Furthermore, it would be of interest to determine if low oxygen tension influences the quiescent state of satellite cells, and thus could be an important parameter in satellite cell activation, as suggested by recent longitudinal data [51]. In relation to this notion, it will also be of interest to investigate if the severe, transient hypoxia experienced during acute occlusion training (BFRE) exerts its effect due to direct influence on the pool of myogenic satellite cells or acts via a mechanism activated by the muscle fibers and/or vascular epithelial cells.

Materials and Methods

Ethics statement

The muscle biopsies were obtained from three healthy human donors; two men (vastus lateralis) and one woman (gluteus maximus) aged 18–20 years. The muscle biopsies had a weight of 50–100 mg. The participants gave written informed consent and the local ethics committee of Region of Southern Denmark (S-20070079) approved the study.

Isolation and propagation of human myoblasts

All experiments described in this study were made with myoblasts isolated from three healthy donors. The human primary myoblast cultures were established as previously described [14,52]. Biopsies free of connective tissue were minced and digested with 0.3% collagenase type II (Mediatech Scientific) for 40 min. in 37°C water bath. The suspension was triturated with a 1 ml pipette, cold HBSS (Hanks Balanced Salt Solution) with 10% FBS was added and the suspension was pelleted and re-suspended in 37°C HBSS with 10% fetal bovine serum (FBS) and filtrated first through a 100 µm then through a 40 µm Falcon Cell Strainer. The isolated satellite cells were cultured in GM and plated on extracellular matrix (ECM, Sigma-Aldrich) coated dishes (Nunclon, Nunc). During every passage, the number of fibroblasts was reduced by pre-plating the cells for 20 min. at 37°C on untreated NUNC dishes and non-adherent cells were harvested and expanded at 21% O₂ for three passages and aliquots were frozen and kept in liquid nitrogen.

Growth rate assessment

Proliferating human myoblasts (3rd passage) were seeded in 6-well plates (Nunclon, Nunc) with a density of approx. 1560 cells/cm². Half of the plates were placed in humidified incubator

(37°C) at 21% O₂ and the other half was placed at 1% O₂. After 1, 2 and 3 days the cells were detached with trypsin-EDTA and counted using a hemocytometer. The experiments were made in triplicates.

G₀ arrest and reactivation of human myoblasts

The procedure for G₀ arresting human myoblasts was modified from previous studies [14,18]. Briefly, proliferating human myoblasts (5th passage) were detached with Trypsin-EDTA, pre-plated and transferred to suspension medium, SM, (DMEM with 2% methyl cellulose (Sigma-Aldrich), 10% FBS and 1% PS) and cultured in dishes with ultra low attachment surface (Corning) with a density of 150,000 cells/ml at 21% O₂. This suspension culture condition makes the cells enter G₀ arrest.

For re-activation of cells from the suspension medium, cells were washed twice by dilution in PBS followed by centrifugation. The pellet was re-suspended in lysis buffer (for RNA isolation), cytopun (for immunocytochemistry) or plated on ECM-coated dishes or coverslips (Thermanox, Nunc). Re-activated myoblast cultures were harvested for RT-qPCR and immunocytochemical studies on day 1, 2 and 3. Myoblasts were differentiated for 5–7 days in DMEM with 2% FBS, 1% PS and 25 pmol Insulin (Actrapid from Novo Nordisk).

Clonal assay and crystal violet staining

Human myoblasts were seeded in cell culture dishes (Nunc) with a cell density of 4,6/cm² and cultured in 1% and 21% O₂ tension, respectively. After 14 days of culture, the cells were rinsed in PBS, fixed in 4% NBF and staining with 0.05% crystal violet staining solution for 30 min followed by wash in tap water and left to dry. The number of colonies was counted.

Immunocytochemistry

For immunocytochemical analyses, cells cultured on coverslips in GM were rinsed twice in PBS and mounted on glass slides.

G₀ arrested cells were washed as previously described and resuspended in PBS and loaded on Shandon cytofunnel (Thermo Scientific) and centrifuged on SuperFrost[®] Microscope Slides with Shandon Cytospin 4 Cyto centrifuge.

For detection of desmin and NCAM, samples were fixed in acetone, 10 min., followed by addition of mouse-anti-desmin, D-ER-11 (Dako) 1:25 or mouse-anti-NCAM Leu19 (BD Biosciences) 1:50. EnVision (Dako) was used as detection system and DAB as chromogen.

For detection of MyoD, samples were fixed in 4% NBF, 5 min., followed by addition of mouse-anti-MyoD1, 5.8A (Novocastra). For detection of Pax7, the cells were fixed in 4% NBF for 15 min., 96% ethanol for 10 min. followed by heat induced epitope retrieval in TEG buffer (95°C) for 15 min. and incubation in mouse-anti-Pax7 (Developmental Studies Hybridoma Bank). PowerVision (Dako) was used as detection system and DAB as chromogen for MyoD and Pax7 stainings.

For detection of KI67, samples were incubated in 4% NBF for 15 min. followed by incubation in 96% ethanol for 10 min. Samples were then rinsed in water before heat-induced epitope retrieval for 15 min in Tris-EGTA buffer, PH 9,0 at 95 °C, followed by addition of mouse-anti-KI67, MIB1 (Dako). EnVision (Dako) was used as detection system and DAB+ as chromogen.

Nuclei were counterstained with Mayers Hemalum.

Morphometric analyses

CAST version 2.1.6.0 (Visiopharm) was used for all morphometric analysis. Random counts were performed including the entire cell containing area. KI67, NCAM and desmin positive cells and total number of cells were counted in 10% of the area and at least 200 cells were counted for each specimen. The identity of all samples was blinded.

RT-qPCR analysis

Cells cultured in GM were rinsed twice in PBS and lysed in 1x Nucleic Acid Purification Lysis Solution (Applied Biosystems). Cells cultured in SM were washed as previously described and lysed with Lysis Solution. RNA was isolated using ABI PRISM™ 6100 Nucleic Acid PrepStation with Total RNA Chemistry kit (Applied Biosystems) according to manufacturer's instruction/protocol.

cDNA was generated from 1000 ng of isolated total RNA using High Capacity cDNA Reverse Transcription Kit (Applied Biosystems). qPCR was performed on ABI Prism 7900HT Sequence Detection System using Taqman Array platform (Applied Biosystems). Taqman Arrays were customer designed 384-well micro fluidic cards containing 32 genes including 4 reference genes. In this study 2 different sets of arrays were used. Array 1 contained the genes: *18S*, *CDH15*, *DCN*, *DES*, *FST*, *HIF1A*, *INHBA*, *MEF2A*, *MEF2C*, *MET*, *MSTN*, *MYF5*, *MYF6*, *MYOD1*, *MYOG*, *NCAM1*, *PAX3*, *PAX7*, *PGK1*, *SMAD3*, *SMAD7*, *TBP*, *TFRC*, *TGFBI*. Array 2 contained the genes: *18S*, *AXIN2*, *CYCLIN D1*, *CDKN1A (P21)*, *CDKN1B (P27)*, *CTNNB1*, *DLL1*, *DLL3*, *FZD7*, *HES1*, *JAG1*, *LRP6*, *MKI67 (KI67)*, *NOTCH1*, *NOTCH3*, *NUMB*, *PGK1*, *RBL2 (P130)*, *SFRP1*, *TBP*, *TFRC*, *TP53 (P53)*, *WNT1*, *WNT3A*, *WNT5B*. Of these, *DLL3*, *WNT1*, *WNT3* and *MSTN* had missing values and could not be analyzed. Gene expression data for *ADAM12*, *DLK1*, *FGF2*, *FGF8*, *FGFR1*, *IGFR1*, *MYH8*, *SPARC*, *CASP3*, *DKK1*, *MLL5*, *NUPR1*, *PCNA*, *PRDM2* and *S100A4* are not shown. All assays were run in triplicates and the experiment series was made with cells from three individuals (3 biological replicates). Raw data was retrieved using the SDS 2.1 software, analyzed with automatic threshold settings and the Cq values were exported to qbase^{PLUS} software (Biogazelle). The most stable reference genes were selected by exporting the Cq values of all four reference genes (*18S*, *TBP*, *PGK1* and *TRFC*) to the software geNorm version 3.5 where the gene expression normalization factor for each sample based on the geometric mean of the reference genes was calculated [53]. The reference genes were selected based on the gene expression stability measure M for a reference gene as the average pair wise variation V for that gene with all other tested reference genes. Based on these calculations *TBP* and *TFRC* were selected as reference genes for array 1, while *18S*, *TBP* and *TRFC* were selected as reference genes for array 1. Relative quantification was made using qbase^{PLUS} v.1.1 software [54]. The triplicates were allowed to differ by 0.5 Cq.

Western blot

Cell samples were washed twice in PBS. Total protein was extracted by re-suspending cell pellets in RIPA buffer containing 1x Halt Protease Inhibitor Cocktail (Thermo Scientific) and 1x Halt phosphatase Inhibitor Cocktail (Thermo Scientific) followed by incubation on ice for 30 min. The lysate was centrifuged (15 min, 12,000xg, 4°C) and the supernatant was stored at -80°C until use. Protein concentration was determined using Pierce® BCA protein assay kit (VWR).

For analysis, app. 10 µg of protein was added loading buffer (Thermo Fischer Scientific) and sample reducing agent (Thermo Fischer Scientific), heated to 95°C for 5 min and loaded onto 4–12% Bis-Tris gels (Thermo Fischer Scientific). The gel was run using 1xMES buffer (Thermo Fischer Scientific) for 1 h at 120 V constant and electroblotted unto 0.45µm PVDF membranes

(Millipore). The membranes were blocked with 5% skimmed milk/TBS-T for 1 hour at room temperature and incubated overnight at 4°C with the following primary antibodies: rabbit-anti-human HES1 (Cell Signaling Technology, #11988) 1:1000, rabbit-anti-human β -Catenin total (Cell Signaling Technology, #9562) 1:1000, rabbit-anti-human β -Catenin non-phosphorylated (Cell Signaling Technology, #19807) 1:1000, or rabbit-anti-human GAPDH (Santa Cruz Biotechnology, #sc-25778). The following day blots were washed in TBS-T (3X), and incubated for 1 hr at room temperature with goat-anti-rabbit-HRP (DAKO, p0448) 1:2000, washed in TBST (3X) and developed using Novex ECL HRP Chemiluminescent Substrate kit (Thermo Fischer Scientific) and standard x-ray film. GAPDH was used as loading control.

Statistical analysis

Statistical analyses were performed using Stata 10.1 (StataCorp. 2007; *Stata Statistical Software: Release 10*; StataCorp LP, College Station, TX, USA). Gene expression in G_0 -arrested cells was set as baseline and the expression in 21% O_2 was compared to 1% O_2 for day 1, 2 and 3 using a linear mixed-effects model with subjects as random effects and with time (day 1, 2 and 3) and group (1% O_2 versus 21% O_2) as fixed effects. Model assumptions about normal distribution of residuals and homogeneity of variance were satisfied by log-transformation of data. Significance level was set at $\alpha = 0.05$.

Supporting Information

S1 Fig. Expression of MYOG in G_0 arrested, proliferating and differentiated human myoblasts. A very low expression of MYOG gene is detected in G_0 arrested and proliferating myoblast, however the expression is more than 600-fold increased in differentiated cells. (TIF)

Acknowledgments

We thank Professor Per Aagaard for critical reading of the manuscript and for giving valuable comments. The work was carried out at The Department of Clinical Pathology, Odense University Hospital.

Author Contributions

Conceived and designed the experiments: JS HDS. Performed the experiments: JS. Analyzed the data: JS JN. Wrote the paper: JS HDS. Basic set up of the G_0 -model: JD. NCAM and desmin countings and made part of the colony forming assay: MFBN. Cultured myoblasts for western blot: EKH. Made the western blots: LHJ.

References

1. Li X, Zhu L, Chen X, Fan M (2007) Effects of hypoxia on proliferation and differentiation of myoblasts. *Med Hypotheses* 69: 629–636. S0306-9877(07)00057-6 [pii]; doi: [10.1016/j.mehy.2006.12.050](https://doi.org/10.1016/j.mehy.2006.12.050) PMID: [17395396](https://pubmed.ncbi.nlm.nih.gov/17395396/)
2. Chakravarthy MV, Spangenburg EE, Booth FW (2001) Culture in low levels of oxygen enhances in vitro proliferation potential of satellite cells from old skeletal muscles. *Cell Mol Life Sci* 58: 1150–1158. PMID: [11529507](https://pubmed.ncbi.nlm.nih.gov/11529507/)
3. Launay T, Hagstrom L, Lottin-Divoux S, Marchant D, Quidu P, Favret F et al. (2010) Blunting effect of hypoxia on the proliferation and differentiation of human primary and rat L6 myoblasts is not counteracted by Epo. *Cell Prolif* 43: 1–8. [pii]; doi: [10.1111/j.1365-2184.2009.00648.x](https://doi.org/10.1111/j.1365-2184.2009.00648.x) PMID: [20070732](https://pubmed.ncbi.nlm.nih.gov/20070732/)
4. Yun Z, Lin Q, Giaccia AJ (2005) Adaptive myogenesis under hypoxia. *Mol Cell Biol* 25: 3040–3055. [pii]; doi: [10.1128/MCB.25.8.3040-3055.2005](https://doi.org/10.1128/MCB.25.8.3040-3055.2005) PMID: [15798192](https://pubmed.ncbi.nlm.nih.gov/15798192/)

5. Kook SH, Son YO, Lee KY, Lee HJ, Chung WT, Choi KC et al. (2008) Hypoxia affects positively the proliferation of bovine satellite cells and their myogenic differentiation through up-regulation of MyoD. *Cell Biol Int* 32: 871–878. doi: [10.1016/j.cellbi.2008.03.017](https://doi.org/10.1016/j.cellbi.2008.03.017) PMID: [18468460](https://pubmed.ncbi.nlm.nih.gov/18468460/)
6. Hidalgo M, Marchant D, Quidu P, Youcef-Ali K, Richalet JP, Beaudry M et al. (2014) Oxygen modulates the glutathione peroxidase activity during the L6 myoblast early differentiation process. *Cell Physiol Biochem* 33: 67–77. [pii]; doi: [10.1159/000356650](https://doi.org/10.1159/000356650) PMID: [24401635](https://pubmed.ncbi.nlm.nih.gov/24401635/)
7. Lees SJ, Childs TE, Booth FW (2008) p21(Cip1) expression is increased in ambient oxygen, compared to estimated physiological (5%) levels in rat muscle precursor cell culture. *Cell Prolif* 41: 193–207. [pii]; doi: [10.1111/j.1365-2184.2008.00512.x](https://doi.org/10.1111/j.1365-2184.2008.00512.x) PMID: [18336467](https://pubmed.ncbi.nlm.nih.gov/18336467/)
8. Urbani L, Piccoli M, Franzin C, Pozzobon M, De CP (2012) Hypoxia increases mouse satellite cell clone proliferation maintaining both in vitro and in vivo heterogeneity and myogenic potential. *PLoS ONE* 7: e49860. doi: [10.1371/journal.pone.0049860](https://doi.org/10.1371/journal.pone.0049860); PONE-D-12-10569 [pii]. PMID: [23166781](https://pubmed.ncbi.nlm.nih.gov/23166781/)
9. Konigsberg M, Perez VI, Rios C, Liu Y, Lee S, Shi Y et al. (2013) Effect of oxygen tension on bioenergetics and proteostasis in young and old myoblast precursor cells. *Redox Biol* 1: 475–482. doi: [10.1016/j.redox.2013.09.004](https://doi.org/10.1016/j.redox.2013.09.004); S2213-2317(13)00068-2 [pii]. PMID: [24191243](https://pubmed.ncbi.nlm.nih.gov/24191243/)
10. Csete M, Walikonis J, Slawny N, Wei Y, Korsnes S, Doyle JC et al. (2001) Oxygen-mediated regulation of skeletal muscle satellite cell proliferation and adipogenesis in culture. *J Cell Physiol* 189: 189–196. PMID: [11598904](https://pubmed.ncbi.nlm.nih.gov/11598904/)
11. Di CA, De MR, Martelli F, Pompilio G, Capogrossi MC, Germani A (2004) Hypoxia inhibits myogenic differentiation through accelerated MyoD degradation. *J Biol Chem* 279: 16332–16338. doi: [10.1074/jbc.M313931200](https://doi.org/10.1074/jbc.M313931200) [pii]. PMID: [14754880](https://pubmed.ncbi.nlm.nih.gov/14754880/)
12. Koning M, Werker PM, van Luyn MJ, Harmsen MC (2011) Hypoxia promotes proliferation of human myogenic satellite cells: a potential benefactor in tissue engineering of skeletal muscle. *Tissue Eng Part A* 17: 1747–1758. doi: [10.1089/ten.tea.2010.0624](https://doi.org/10.1089/ten.tea.2010.0624) PMID: [21438665](https://pubmed.ncbi.nlm.nih.gov/21438665/)
13. Martin SD, Collier FM, Kirkland MA, Walder K, Stupka N (2009) Enhanced proliferation of human skeletal muscle precursor cells derived from elderly donors cultured in estimated physiological (5%) oxygen. *Cytotechnology* 61: 93–107. doi: [10.1007/s10616-009-9247-3](https://doi.org/10.1007/s10616-009-9247-3) PMID: [20091346](https://pubmed.ncbi.nlm.nih.gov/20091346/)
14. Sellathurai J, Cheedipudi S, Dhawan J, Schroder HD (2013) A novel in vitro model for studying quiescence and activation of primary isolated human myoblasts. *PLoS ONE* 8: e64067. doi: [10.1371/journal.pone.0064067](https://doi.org/10.1371/journal.pone.0064067) [pii]. PMID: [23717533](https://pubmed.ncbi.nlm.nih.gov/23717533/)
15. Dhawan J, Farmer SR (1990) Regulation of alpha 1 (I)-collagen gene expression in response to cell adhesion in Swiss 3T3 fibroblasts. *J Biol Chem* 265: 9015–9021. PMID: [2188970](https://pubmed.ncbi.nlm.nih.gov/2188970/)
16. Dhawan J, Lichtler AC, Rowe DW, Farmer SR (1991) Cell adhesion regulates pro-alpha 1(I) collagen mRNA stability and transcription in mouse fibroblasts. *J Biol Chem* 266: 8470–8475. PMID: [2022661](https://pubmed.ncbi.nlm.nih.gov/2022661/)
17. Dhawan J, Helfman DM (2004) Modulation of acto-myosin contractility in skeletal muscle myoblasts uncouples growth arrest from differentiation. *J Cell Sci* 117: 3735–3748. PMID: [15252113](https://pubmed.ncbi.nlm.nih.gov/15252113/)
18. Milasincic DJ, Dhawan J, Farmer SR (1996) Anchorage-dependent control of muscle-specific gene expression in C2C12 mouse myoblasts. *In Vitro Cell Dev Biol Anim* 32: 90–99. PMID: [8907122](https://pubmed.ncbi.nlm.nih.gov/8907122/)
19. Sachidanandan C, Sambasivan R, Dhawan J (2002) Tristetraprolin and LPS-inducible CXC chemokine are rapidly induced in presumptive satellite cells in response to skeletal muscle injury. *J Cell Sci* 115: 2701–2712. PMID: [12077361](https://pubmed.ncbi.nlm.nih.gov/12077361/)
20. Sebastian S, Sreenivas P, Sambasivan R, Cheedipudi S, Kandalla P, Pavlath GK et al. (2009) MLL5, a trithorax homolog, indirectly regulates H3K4 methylation, represses cyclin A2 expression, and promotes myogenic differentiation. *Proc Natl Acad Sci U S A* 106: 4719–4724. [pii]; doi: [10.1073/pnas.0807136106](https://doi.org/10.1073/pnas.0807136106) PMID: [19264965](https://pubmed.ncbi.nlm.nih.gov/19264965/)
21. Haddad JJ (2004) Hypoxia and the regulation of mitogen-activated protein kinases: gene transcription and the assessment of potential pharmacologic therapeutic interventions. *Int Immunopharmacol* 4: 1249–1285. doi: [10.1016/j.intimp.2004.06.006](https://doi.org/10.1016/j.intimp.2004.06.006); S1567-5769(04)00193-6 [pii]. PMID: [15313426](https://pubmed.ncbi.nlm.nih.gov/15313426/)
22. Semenza G (2002) Signal transduction to hypoxia-inducible factor 1. *Biochem Pharmacol* 64: 993–998. S0006295202011681 [pii]. PMID: [12213597](https://pubmed.ncbi.nlm.nih.gov/12213597/)
23. Allen RE, Boxhorn LK (1987) Inhibition of skeletal muscle satellite cell differentiation by transforming growth factor-beta. *J Cell Physiol* 133: 567–572. doi: [10.1002/jcp.1041330319](https://doi.org/10.1002/jcp.1041330319) PMID: [3480289](https://pubmed.ncbi.nlm.nih.gov/3480289/)
24. Allen RE, Boxhorn LK (1989) Regulation of skeletal muscle satellite cell proliferation and differentiation by transforming growth factor-beta, insulin-like growth factor I, and fibroblast growth factor. *J Cell Physiol* 138: 311–315. doi: [10.1002/jcp.1041380213](https://doi.org/10.1002/jcp.1041380213) PMID: [2918032](https://pubmed.ncbi.nlm.nih.gov/2918032/)
25. McPherron AC, Lawler AM, Lee SJ (1997) Regulation of skeletal muscle mass in mice by a new TGF-beta superfamily member. *Nature* 387: 83–90. PMID: [9139826](https://pubmed.ncbi.nlm.nih.gov/9139826/)
26. Sanchez-Elsner T, Botella LM, Velasco B, Corbi A, Attisano L, Bernabeu C (2001) Synergistic cooperation between hypoxia and transforming growth factor-beta pathways on human vascular endothelial

- growth factor gene expression. *J Biol Chem* 276: 38527–38535. doi: [10.1074/jbc.M104536200](https://doi.org/10.1074/jbc.M104536200) [pii]. PMID: [11486006](https://pubmed.ncbi.nlm.nih.gov/11486006/)
27. Nakagawa T, Lan HY, Zhu HJ, Kang DH, Schreiner GF, Johnson RJ (2004) Differential regulation of VEGF by TGF-beta and hypoxia in rat proximal tubular cells. *Am J Physiol Renal Physiol* 287: F658–F664. doi: [10.1152/ajprenal.00040.2004](https://doi.org/10.1152/ajprenal.00040.2004) [pii]. PMID: [15187003](https://pubmed.ncbi.nlm.nih.gov/15187003/)
 28. Sanchez-Elsner T, Ramirez JR, Sanz-Rodriguez F, Varela E, Bernabeu C, Botella LM (2004) A cross-talk between hypoxia and TGF-beta orchestrates erythropoietin gene regulation through SP1 and Smads. *J Mol Biol* 336: 9–24. S0022283603015262 [pii]. PMID: [14741200](https://pubmed.ncbi.nlm.nih.gov/14741200/)
 29. Gustafsson MV, Zheng X, Pereira T, Gradin K, Jin S, Lundkvist J et al. (2005) Hypoxia requires notch signaling to maintain the undifferentiated cell state. *Dev Cell* 9: 617–628. S1534-5807(05)00372-2 [pii]; doi: [10.1016/j.devcel.2005.09.010](https://doi.org/10.1016/j.devcel.2005.09.010) PMID: [16256737](https://pubmed.ncbi.nlm.nih.gov/16256737/)
 30. Otto A, Schmidt C, Luke G, Allen S, Valasek P, Muntoni F et al. (2008) Canonical Wnt signalling induces satellite-cell proliferation during adult skeletal muscle regeneration. *J Cell Sci* 121: 2939–2950. [pii]; doi: [10.1242/jcs.026534](https://doi.org/10.1242/jcs.026534) PMID: [18697834](https://pubmed.ncbi.nlm.nih.gov/18697834/)
 31. Buckingham M, Bajard L, Chang T, Daubas P, Hadchouel J, Meilhac S et al (2003) The formation of skeletal muscle: from somite to limb. *J Anat* 202: 59–68. PMID: [12587921](https://pubmed.ncbi.nlm.nih.gov/12587921/)
 32. Kuang S, Charge SB, Seale P, Huh M, Rudnicki MA (2006) Distinct roles for Pax7 and Pax3 in adult regenerative myogenesis. *J Cell Biol* 172: 103–113. [pii]; doi: [10.1083/jcb.200508001](https://doi.org/10.1083/jcb.200508001) PMID: [16391000](https://pubmed.ncbi.nlm.nih.gov/16391000/)
 33. Olson EN (1990) MyoD family: a paradigm for development? *Genes Dev* 4: 1454–1461. PMID: [2253873](https://pubmed.ncbi.nlm.nih.gov/2253873/)
 34. Seale P, Rudnicki MA (2000) A new look at the origin, function, and "stem-cell" status of muscle satellite cells. *Dev Biol* 218: 115–124. doi: [10.1006/dbio.1999.9565](https://doi.org/10.1006/dbio.1999.9565); S0012-1606(99)99565-9 [pii]. PMID: [10656756](https://pubmed.ncbi.nlm.nih.gov/10656756/)
 35. Weintraub H (1993) The MyoD family and myogenesis: redundancy, networks, and thresholds. *Cell* 75: 1241–1244. 0092-8674(93)90610-3 [pii]. PMID: [8269506](https://pubmed.ncbi.nlm.nih.gov/8269506/)
 36. Liu W, Wen Y, Bi P, Lai X, Liu XS, Liu X et al. (2012) Hypoxia promotes satellite cell self-renewal and enhances the efficiency of myoblast transplantation. *Development* 139: 2857–2865. [pii]; doi: [10.1242/dev.079665](https://doi.org/10.1242/dev.079665) PMID: [22764051](https://pubmed.ncbi.nlm.nih.gov/22764051/)
 37. Safran M, Kaelin WG Jr. (2003) HIF hydroxylation and the mammalian oxygen-sensing pathway. *J Clin Invest* 111: 779–783. doi: [10.1172/JCI18181](https://doi.org/10.1172/JCI18181) PMID: [12639980](https://pubmed.ncbi.nlm.nih.gov/12639980/)
 38. Bruck RK (2003) Oxygen sensing in the hypoxic response pathway: regulation of the hypoxia-inducible transcription factor. *Genes Dev* 17: 2614–2623. doi: [10.1101/gad.1145503](https://doi.org/10.1101/gad.1145503); 17/21/2614 [pii]. PMID: [14597660](https://pubmed.ncbi.nlm.nih.gov/14597660/)
 39. Iyer NV, Kotch LE, Agani F, Leung SW, Laughner E, Wenger RH et al. (1998) Cellular and developmental control of O2 homeostasis by hypoxia-inducible factor 1 alpha. *Genes Dev* 12: 149–162. PMID: [9436976](https://pubmed.ncbi.nlm.nih.gov/9436976/)
 40. Mason SD, Howlett RA, Kim MJ, Olfert IM, Hogan MC, McNulty W et al. (2004) Loss of skeletal muscle HIF-1alpha results in altered exercise endurance. *PLoS Biol* 2: e288. doi: [10.1371/journal.pbio.0020288](https://doi.org/10.1371/journal.pbio.0020288) PMID: [15328538](https://pubmed.ncbi.nlm.nih.gov/15328538/)
 41. Wagatsuma A, Kotake N, Yamada S (2011) Spatial and temporal expression of hypoxia-inducible factor-1alpha during myogenesis in vivo and in vitro. *Mol Cell Biochem* 347: 145–155. doi: [10.1007/s11010-010-0622-3](https://doi.org/10.1007/s11010-010-0622-3) PMID: [20957412](https://pubmed.ncbi.nlm.nih.gov/20957412/)
 42. Ono Y, Sensui H, Sakamoto Y, Nagatomi R (2006) Knockdown of hypoxia-inducible factor-1alpha by siRNA inhibits C2C12 myoblast differentiation. *J Cell Biochem* 98: 642–649. doi: [10.1002/jcb.20804](https://doi.org/10.1002/jcb.20804) PMID: [16440321](https://pubmed.ncbi.nlm.nih.gov/16440321/)
 43. Buas MF, Kadesch T (2010) Regulation of skeletal myogenesis by Notch. *Exp Cell Res* 316: 3028–3033. S0014-4827(10)00207-7 [pii]; doi: [10.1016/j.yexcr.2010.05.002](https://doi.org/10.1016/j.yexcr.2010.05.002) PMID: [20452344](https://pubmed.ncbi.nlm.nih.gov/20452344/)
 44. Conboy IM, Rando TA (2002) The regulation of Notch signaling controls satellite cell activation and cell fate determination in postnatal myogenesis. *Dev Cell* 3: 397–409. PMID: [12361602](https://pubmed.ncbi.nlm.nih.gov/12361602/)
 45. Kopan R, Nye JS, Weintraub H (1994) The intracellular domain of mouse Notch: a constitutively activated repressor of myogenesis directed at the basic helix-loop-helix region of MyoD. *Development* 120: 2385–2396. PMID: [7956819](https://pubmed.ncbi.nlm.nih.gov/7956819/)
 46. Jones AE, Price FD, Le GF, Soleimani VD, Dick SA, Megeney LA et al. (2015) Wnt/beta-catenin controls follistatin signalling to regulate satellite cell myogenic potential. *Skelet Muscle* 5: 14. doi: [10.1186/s13395-015-0038-6](https://doi.org/10.1186/s13395-015-0038-6) [pii]. PMID: [25949788](https://pubmed.ncbi.nlm.nih.gov/25949788/)
 47. Wernbom M, Augustsson J, Raastad T (2008) Ischemic strength training: a low-load alternative to heavy resistance exercise? *Scand J Med Sci Sports* 18: 401–416. doi: [10.1111/j.1600-0838.2008.00788.x](https://doi.org/10.1111/j.1600-0838.2008.00788.x) PMID: [18466185](https://pubmed.ncbi.nlm.nih.gov/18466185/)

48. Shinohara M, Kouzaki M, Yoshihisa T, Fukunaga T (1998) Efficacy of tourniquet ischemia for strength training with low resistance. *Eur J Appl Physiol Occup Physiol* 77: 189–191. PMID: [9459541](#)
49. Takarada Y, Sato Y, Ishii N (2002) Effects of resistance exercise combined with vascular occlusion on muscle function in athletes. *Eur J Appl Physiol* 86: 308–314. PMID: [11990743](#)
50. Takarada Y, Takazawa H, Sato Y, Takebayashi S, Tanaka Y, Ishii N (2000) Effects of resistance exercise combined with moderate vascular occlusion on muscular function in humans. *J Appl Physiol* 88: 2097–2106. PMID: [10846023](#)
51. Nielsen JL, Aagaard P, Bech RD, Nygaard T, Hvid LG, Wernbom M et al. (2012) Proliferation of myogenic stem cells in human skeletal muscle in response to low-load resistance training with blood flow restriction. *J Physiol* 590: 4351–4361. [pii]; doi: [10.1113/jphysiol.2012.237008](#) PMID: [22802591](#)
52. Gaster M, Beck-Nielsen H, Schroder HD (2001) Proliferation conditions for human satellite cells. The fractional content of satellite cells. *APMIS* 109: 726–734. PMID: [11900051](#)
53. Vandesompele J, De PK, Pattyn F, Poppe B, Van RN, De PA et al. (2002) Accurate normalization of real-time quantitative RT-PCR data by geometric averaging of multiple internal control genes. *Genome Biol* 3: RESEARCH0034. PMID: [12184808](#)
54. Hellemans J, Mortier G, De PA, Speleman F, Vandesompele J (2007) qBase relative quantification framework and software for management and automated analysis of real-time quantitative PCR data. *Genome Biol* 8: R19. [pii]; doi: [10.1186/gb-2007-8-2-r19](#) PMID: [17291332](#)