

Counteracting Roles of AMP Deaminase and AMP Kinase in the Development of Fatty Liver

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Abstract

Fatty liver (hepatic steatosis) is associated with nucleotide turnover, loss of ATP and generation of adenosine monophosphate (AMP). It is well known that in fatty liver, activity of the AMP-activated kinase (AMPK) is reduced and that its stimulation can prevent hepatic steatosis by both enhancing fat oxidation and reducing lipogenesis. Here we show that another AMP dependent enzyme, AMPD2, has opposing effects on fatty acid oxidation when compared to AMPK. In human hepatocytes, AMPD2 activation –either by overexpression or by lowering intracellular phosphate levels with fructose– is associated with a significant reduction in AMPK activity. Likewise, silencing of AMPK spontaneously increases AMPD activity, demonstrating that these enzymes counter-regulate each other. Furthermore, we show that a downstream product of AMP metabolism through AMPD2, uric acid, can inhibit AMPK activity in human hepatocytes. Finally, we show that fructose-induced fat accumulation in hepatocytes is due to a dominant stimulation of AMPD2 despite stimulating AMPK. In this regard, AMPD2-deficient hepatocytes demonstrate a further activation of AMPK after fructose exposure in association with increased fatty acid oxidation, and conversely silencing AMPK enhances AMPD-dependent fat accumulation. In vivo, we show that sucrose fed rats also develop fatty liver that is blocked by metformin in association with both a reduction in AMPD activity and an increase in AMPK activity. In summary, AMPD and AMPK are both important in hepatic fat accumulation and counter-regulate each other. We present the novel finding that uric acid inhibits AMPK kinase activity in fructose-fed hepatocytes thus providing new insights into the pathogenesis of fatty liver.

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Introduction

There has been a progressive increase in obesity, type 2 diabetes, dyslipidemia and fatty liver throughout the world [1]. In particular, there has been an increasing frequency of nonalcoholic hepatic steatosis in subjects with obesity or insulin resistance that may progress to chronic liver disease [2,3].

Today, it is accepted that the inhibition of the energy sensor protein AMPK (AMP activated kinase) is an important step in the development of fatty liver [4,5,6]. AMPK activity is reduced in fatty liver and its inhibition is associated with fat accumulation. In this regard, AMPK modulates hepatic lipogenesis by multiple mechanisms including the phosphorylation (and inactivation) of transcription factors including SREBP-1c and -2 [7,8,9] and ChREBP [10] resulting in the inhibition of the transcription of lipogenic target genes FAS (fatty acid synthase), ACC1 (acetyl-CoA carboxylase) and SCD1 (stearoyl-CoA desaturase) [7,8,9]. AMPK can also directly inactivate lipogenesis by phosphorylation of ACC1 at Ser79 [11,12]. On the other hand, AMPK stimulates fat oxidation both by inhibiting ACC1 activity and shifting malonyl-CoA to the mitochondria [11] and transcriptionally

through the activation of PPAR α and its downstream target genes [13,14]. AMPK agonists have also been shown to have protective effects in fatty liver. While a reduction in AMPK activity is important in the development of hepatic steatosis, less is known about the mechanisms whereby AMPK activity is blocked in this condition.

In this manuscript, we characterize the activity of another AMP dependent protein, AMPD2 (AMP deaminase 2 [15,16]) in an in vitro and in vivo model of hepatic steatosis, fructose-induced fatty liver [17,18]. Since both AMPK and AMPD2 require AMP as a substrate, we studied whether the activation of AMPD2 in the settings where fructose is present may have countering effects to AMPK. Activation of AMPD2 blocks fat oxidation which is mediated by both inhibiting AMPK activity and by generating uric acid from AMP. In contrast, activating AMPK blocks AMPD2 activity in the liver in addition to directly stimulating fat oxidation. We also show that fructose preferentially engages AMPD2 over AMPK and causes fat accumulation. We suggest that AMP, which is a vestigial molecule carried over from the RNA world [19], sits on a fulcrum in which it may engage AMPD2 to cause fat accumulation or AMPK to stimulate fat

oxidation. Hence, we suggest that the activation of AMPK or AMPD represent a metabolic “switch” that stimulates fat oxidation or fat accumulation, respectively.

Results

Activation of AMPK Stimulates Fat Oxidation in HepG2 Cells

Metformin is widely considered an activator of AMPK [20]. Consistent with this finding, metformin (10 μ M) increased the phosphorylation of threonine 172 (pAMPK), which is considered key in the activation of AMPK [21] (Fig. 1A and Fig. S1A). Consistent with the activation of AMPK, phosphorylation of ACC at serine 79, a well-established AMPK target gene [12], is increased in hepatocytes upon incubation with metformin. Of interest, metformin also increased the expression of enoyl CoA hydratase-1 (ECH1), an enzyme in β -fatty acid oxidation [22] resulting in increased levels of the ketone β -hydroxybutyrate [23]. These effects were amplified in the presence of the fatty acid substrate, oleate (250 μ M) (Fig. 1B).

To determine whether the stimulation of fat oxidation by metformin is dependent on AMPK, we developed stable cell lines deficient in AMPK expression and observed that metformin was ineffective in increasing both ECH1 expression, the phosphorylation of ACC at serine 79 and the levels of intracellular β -hydroxybutyrate in AMPK-deficient cells (Fig. 1B and figure S1B-C) indicating that AMPK controls fat oxidation by regulating ECH1 expression. We also investigated the role of ECH1 in AMPK-dependent fat oxidation by generating cell lines where ECH1 was stably over-expressed (Fig. 1C, top). Overexpression of ECH1 in HepG2 cells restored the loss of fat oxidation in AMPK-deficient cells (Fig. 1C, middle) resulting in decreased triglyceride accumulation in response to oleate (Fig. 1C, bottom).

ECH1 is a target gene of the transcription factor, PPAR α [24,25]. To determine whether the mechanism whereby AMPK stimulates ECH1 expression could be mediated by PPAR α , we exposed HepG2 cells to the specific PPAR α antagonist GW6471 (5 μ M) and analyzed ECH1 expression and fat oxidation in the presence of oleate, and metformin. As shown in Fig. 2A, GW6471 reduced metformin-induced ECH1 up-regulation in the cytosol but did not affect either AMPK phosphorylation or PPAR α nuclear expression. Inhibition of PPAR α with GW6471 also blocked the increase in both metformin-induced ECH1 mRNA levels (Fig. 2B) and β -hydroxybutyrate levels (Fig. 2C) resulting in reduced triglyceride accumulation in response to oleate (Fig. 2D). This suggests GW6471 blocks metformin-induced fat oxidation by inhibiting the transcriptional activity of PPAR α rather than inhibiting its nuclear localization.

AMPD2 is the Main Isoform of AMPD in HepG2 Cells where it Modulates the Activity of AMPK

After determining that AMPK activation triggers fat oxidation in HepG2 cells, we characterized the activity another AMP-dependent enzyme, AMP Deaminase (AMPD). HepG2 cells primarily express the AMPD2 isoform which is the principal AMPD isoform expressed in the liver [15], with lower expression of AMPD3 and little or no expression of AMPD1 (Fig. 3A, top). Quantitative PCR showed that of the three different splice variants of AMPD2, AMPD2 isoform 2 is the main variant in this cell line (Fig. 3A, bottom). To determine whether AMPD2 modulates AMPK activity, we overexpressed AMPD2 isoform 2 (AMPD2) in HepG2 cells. Overexpression of AMPD2 led to a marked increase in AMPD activity and a spontaneous reduction of active AMPK (pAMPK) levels (Fig. 3B). This was associated with a significant

decrease in ECH1 levels and phosphorylated acetyl coxylase at serine 79 (pACC), an established target protein of pAMPK (Fig. 3B). The increased expression of AMPD2 resulted in a significant reduction in β -hydroxybutyrate levels with a parallel increase in TG levels in response to oleate (Fig. 3C–D). These studies show that increasing AMPD activity inhibits AMPK activation and β -fatty acid oxidation.

We next examined whether AMPK stimulation by metformin could counteract the overexpression of AMPD2. In contrast to normal cells where 10 μ M metformin significantly increased β -hydroxybutyrate levels after 72 hours of exposure (Fig. 3E, left), the same concentration of metformin failed to increase β -hydroxybutyrate levels in AMPD2 overexpressing cells. Indeed, five times the dose of metformin (50 μ M) was required to generate similar levels of β -hydroxybutyrate (Fig. 3E, right). This suggests that increased AMPD2 activity down-regulates AMPK activity in liver cells resulting in the blockade of fat oxidation.

We also tested the effect of silencing AMPD2 to evaluate its effect on AMPK activity. HepG2 cells silenced for AMPD2 showed a significant reduction in AMPD activity (Fig. 4A) with stimulation of pAMPK, increased pACC and ECH1 by western blot analysis in association with increased β -hydroxybutyrate levels (Fig. 4A). These studies show that AMPD2 activity regulates AMPK activity.

Blockade of AMPK Expression Activates AMPD2 and Induces Fat Oxidation in HepG2 Cells

The observation that AMPD regulates AMPK does not exclude the reverse possibility that AMPK may also regulate AMPD. To evaluate this possibility, we stably silenced isoforms 1 and 2 of the α -subunit of AMPK in HepG2 cells. As shown in Fig. 4B, blockade of AMPK expression in HepG2 cells resulted in a significant reduction in pACC and ECH1 expression confirming efficient AMPK silencing. The reduction in ECH1 expression in AMPK deficient cells resulted in significantly lower basal β -hydroxybutyrate levels (Figure 4C) which was associated with higher AMPD activity (Fig. 4D, left). These studies show that AMPK activity also regulates AMPD activity.

Of interest, ACC phosphorylation was not totally suppressed in AMPK-deficient cells indicating that other kinases may regulate ACC. This is consistent with previous reports that casein kinases and PKA phosphorylate (and inhibit) ACC [12,26]. Another finding was that metformin reduced AMPD activity in the AMPK-deficient cells (Fig. 4D, right). This suggests that metformin may have a direct effect on AMPD independent of AMPK, consistent with a recent report [27]. Nevertheless, metformin was relatively ineffective at suppressing AMPD activity in AMPD-overexpressing cells, as noted in Fig. 3D.

Mechanism of Fructose-Induced Fat Accumulation in HepG2 Cells

Fructose is unique from glucose in its ability to activate AMPD [28]. When fructose is metabolized, there is unchecked phosphorylation of fructose to fructose-1-phosphate by fructokinase (KHK), which is associated with transient intracellular phosphate depletion and GTP consumption that activates AMPD [29,30]. As shown in Fig. 5A, HepG2 cells incubated with fructose for 72 hours demonstrated a significant decrease in intracellular phosphate in a dose-dependent manner. However, although fructose (5 mM) exposure resulted in a significant up-regulation of KHK, the protein expression of AMPD2 was not significantly modified (Fig. 5B). Nevertheless, AMPD activity was increased by fructose in a stepwise manner, an observation

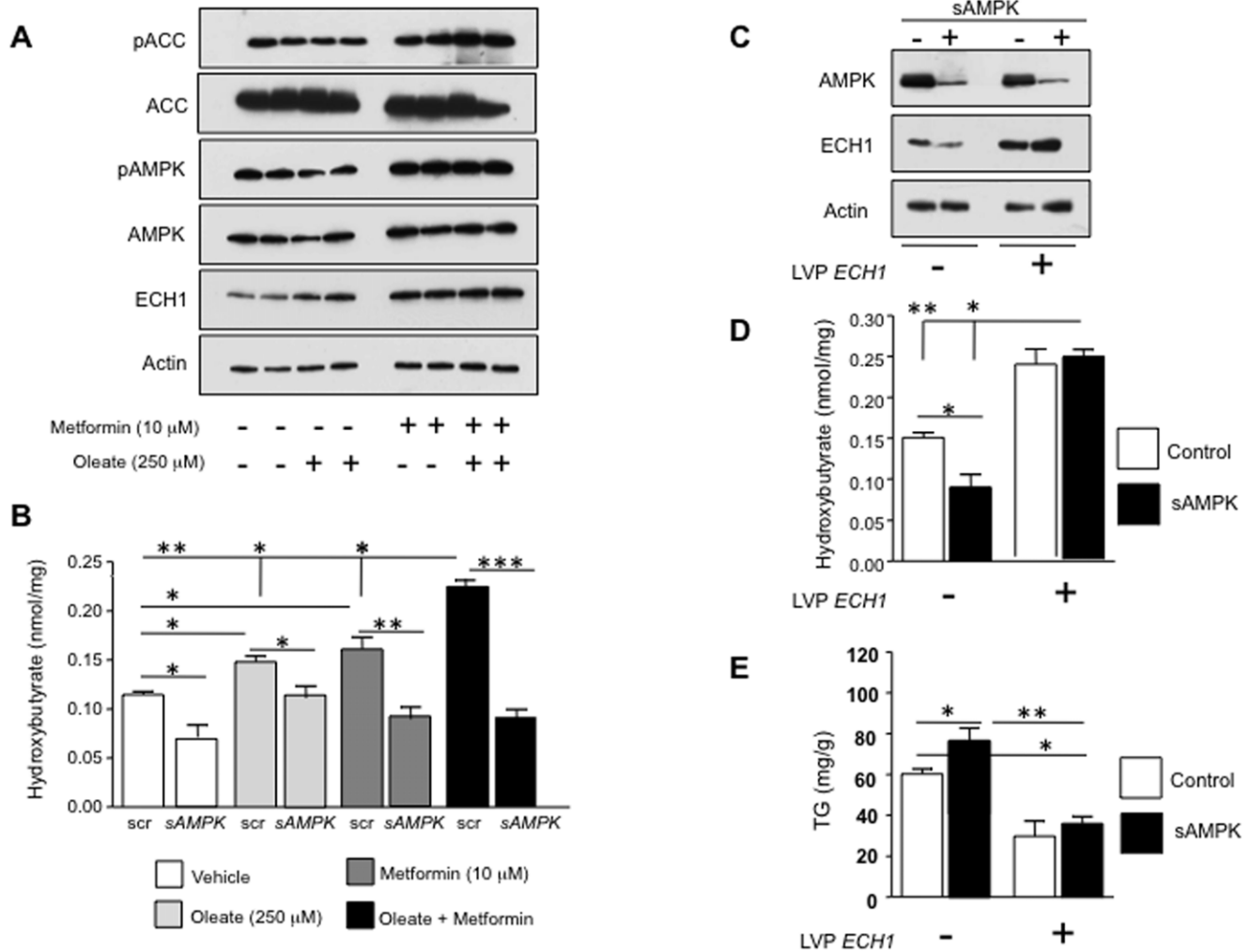


Figure 1. Activation of AMPK stimulates fat oxidation in HepG2 cells. A) Stimulation of AMPK activity by metformin (10 μ M) significantly increases the phosphorylation of AMPK at Thr172, the phosphorylation of ACC at ser79 as well as the expression of the fat oxidation-related protein ECH1 (Enoyl CoA-hydratase) B) Metformin up-regulates the accumulation of β -hydroxybutyrate -a marker of fat oxidation activity- in cells exposed to oleic acid (250 μ M, 72 hour). Hydroxybutyrate accumulation, ACC phosphorylation and ECH1 up-regulation by metformin does not occur in AMPK-deficient cells. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ C) Representative western blot showing over-expression of ECH1 in HepG2 cells (lanes 3 and 4) in control cells (lanes 1 and 3) and AMPK deficient cells (lanes 2 and 4). ECH1 overexpression restores the loss of fat oxidation observed in AMPK deficient cells and reduces fat accumulation as determined by a significant up-regulation of β -hydroxybutyrate levels (D) with paralleled decrease in intracellular triglyceride levels (E) * $p < 0.05$, ** $p < 0.01$. doi:10.1371/journal.pone.0048801.g001

consistent with the known ability of reduced phosphate levels to activate this enzyme (Fig. 5C, left). While the stimulation of AMPD activity has been attributed to the phosphate and GTP depletion that occurs with fructose incubation, we also found that fructose-1-phosphate, a product of fructokinase-mediated fructose metabolism, also stimulated AMPD activity (Fig. 5C, right). These data document the marked ability of fructose to stimulate AMPD activity in HepG2 cells.

Interestingly, fructose-treated HepG2 cells also showed an increased in AMPK activity (pAMPK) despite the increased AMPD activity, documenting that while the two enzymes regulate each other, it is possible to have both activated at the same time (Fig. 5D) [31,32]. Evidence that the two enzymes still regulate each other under fructose-treated conditions was tested by examining the effects of fructose on AMPK in HepG2 cells that had been silenced for AMPD. In these cells pAMPK levels was higher in response to fructose than observed in control HepG2 cells, and

was associated with lower triglyceride and higher β -hydroxybutyrate levels (Fig. 5E–F). These studies show that AMPD2 is limiting the activation of AMPK in response to fructose.

We also performed the converse study, by examining the effect of fructose in HepG2 cells silenced for AMPK. In these cells fructose resulted in higher intracellular triglyceride accumulation and lower β -hydroxybutyrate levels than control HepG2 cells (Fig. 5G–I and Figure S2). Whereas metformin could reduce triglycerides levels and increase β -hydroxybutyrate in control cells treated with fructose, it was ineffective in fructose-treated cells that had been silenced for AMPK (Fig. 5G–I). In summary, fructose activates both AMPD2 and AMPK in the liver, but the overall effect is consistent with AMPD being dominant, leading to fat accumulation and a reduction in overall β -fatty acid oxidation.

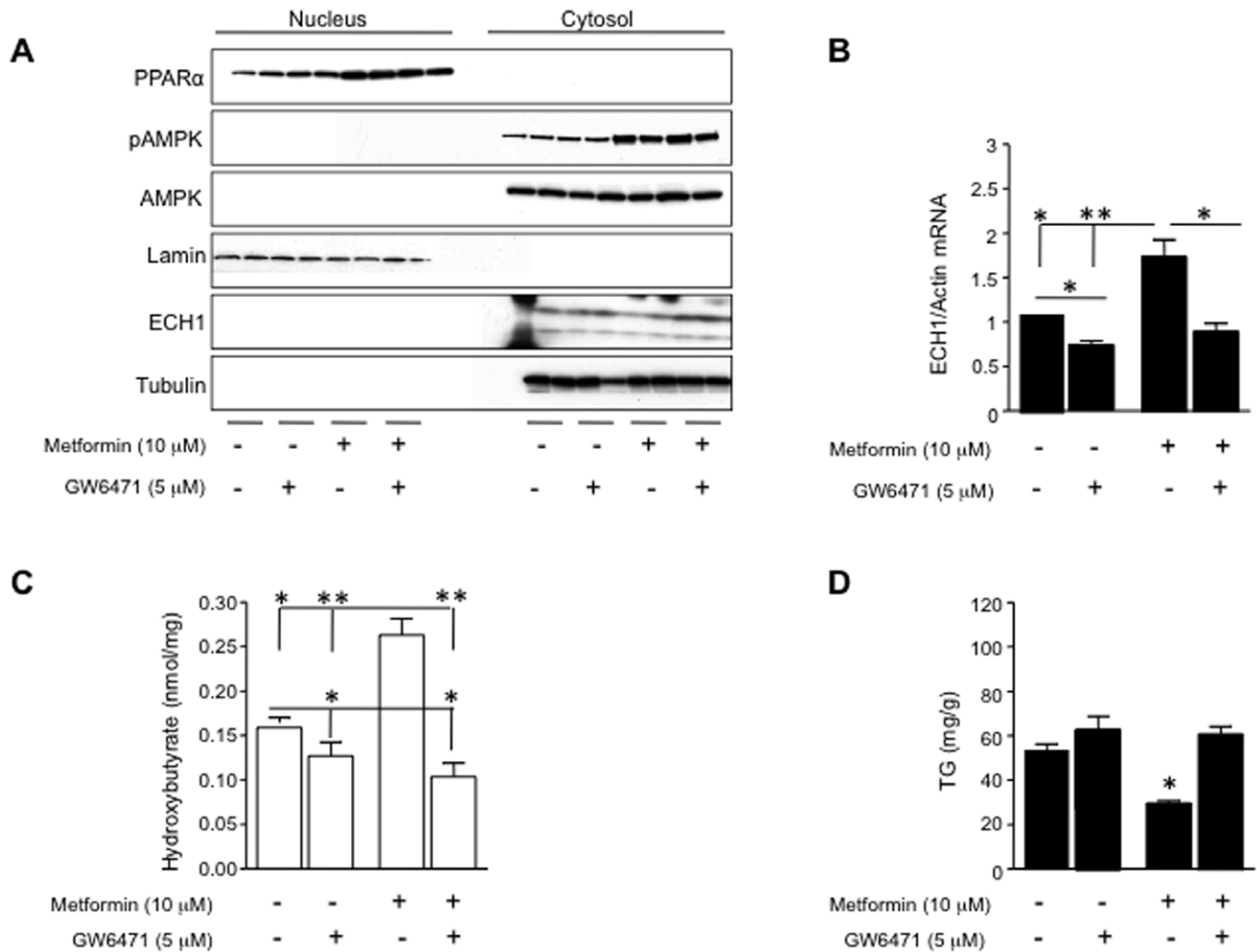


Figure 2. Metformin-induced up-regulation of ECH1 is mediated by PPAR α . A) Representative western blot of nuclear and cytosolic extracts from hepatocytes exposed to metformin (10 μ M) and the PPAR α inhibitor, GW6471 (5 μ M). As shown, GW6471 reduces metformin-induced ECH1 up-regulation in the cytoplasmic fraction but do not affect either PPAR α nuclear expression or AMPK phosphorylation. B) ECH1 mRNA levels in hepatocytes exposed to metformin (10 μ M) and the PPAR α inhibitor, GW6471 (5 μ M) C) Inhibition of PPAR α activity with the antagonist GW6471 reduces metformin-induced fat oxidation. D) Inhibition of PPAR α activity with the antagonist GW6471 reduces metformin-induced triglyceride accumulation. * $p < 0.05$, ** $p < 0.01$. doi:10.1371/journal.pone.0048801.g002

AMPD2 Activation Produces Uric Acid which Negatively Regulates AMPK Activity

The stimulation of AMPD2 activity results in the conversion of AMP to inosine monophosphate (IMP), which is further degraded to uric acid (Fig. 6A, left). Fructose-treated HepG2 cells also showed an increase in intracellular uric acid that was prevented in AMPD2-deficient cells as well as in cells in which xanthine oxidoreductase (XOR) activity had been blocked with allopurinol (100 μ M) (Fig. 6A, right). Since hyperuricemia is known to predict the development of fatty liver [33,34,35], we determined whether uric acid generated by AMPD activation could play a role on fatty liver generation by affecting AMPK and fat oxidation. Therefore, we exposed HepG2 cells to fructose alone (5 mM) or in combination with increasing levels of uric acid (0, 6 and 12 mg/dl) or allopurinol (100 μ M) for 72 hours and determined AMPK activity, fat oxidation rates and intracellular triglyceride accumulation. As shown in Fig. 6B, the addition of uric acid to fructose enhanced triglyceride accumulation in a dose-dependent manner, and further lowered pACC, ECH1, pAMPK, and β -hydroxybutyrate levels (Fig. 6B–C). Conversely, allopurinol (100 μ M) prevented fructose-induced triglyceride accumulation in HepG2 cells. These data show that uric acid regulates AMPK activity and fat oxidation.

After showing that uric acid negatively regulates AMPK activity in fructose-exposed HepG2 cells, we studied the potential role of uric acid in AMPK in settings different from fructose. To do that, we added uric acid to HepG2 cells and induced starvation – a well known activator of AMPK – for 3 hours by changing their regular growth medium to a fetal calf serum-free and glucose-free medium. As shown in Fig. 7, AMPK phosphorylation and phosphorylated ACC levels were significantly increased in non-uric acid exposed starving cells compared to cells maintained in regular growth medium. In contrast, no significant AMPK and ACC phosphorylation were observed in starving cells that were pre-exposed to uric acid indicating that uric acid may be a natural inhibitor of AMPK during starvation. Consistent with lower AMPK phosphorylation, starving cells exposed to uric acid failed to oxidize fat as determined by decreased β -hydroxybutyrate levels (Fig. 7D) and unchanged intracellular TG levels (Fig. 7C).

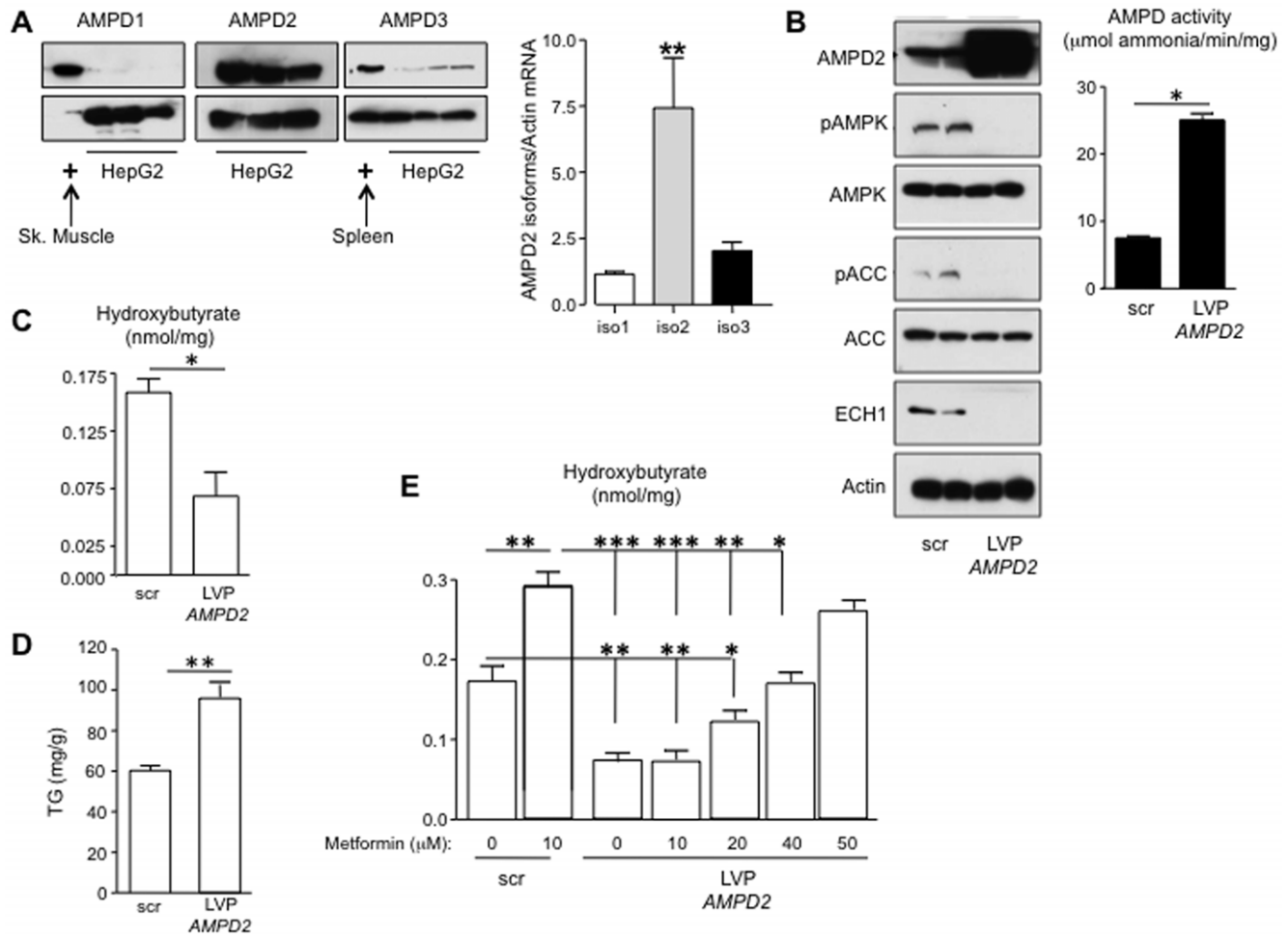


Figure 3. Metformin regulates AMPD2 activity in human hepatocytes. A) AMPD2 is the main isoform in HepG2 cells. The expression of AMPD1 and AMPD3 isoforms is minimal compared to AMPD2. Skeletal muscle and spleen are positive controls for AMPD1 and AMPD3 expression, respectively. Quantitative PCR analysis (bottom) demonstrates that isoform 2 is the predominant isoform of AMPD2. $**p < 0.01$ versus isoforms 1 and 3. B) Over-expression of AMPD2 down-regulates the activation of AMPK. Transduction of HepG2 cells with lentiviral particles coding for the isoform 2 of AMPD2 results in significantly higher levels of AMPD2 protein expression as well as AMPD activity. This is paralleled with reduced levels Thr172 pAMPK expression as well as of their target genes ECH1 and Ser79 pACC. $*p < 0.05$ C–D) Reduction in ECH1 expression in over-expressing AMPD2 hepatocytes is accompanied with lower intracellular β -hydroxybutyrate and higher TG levels. $*p < 0.05$, $**p < 0.01$ E) Over-expression of AMPD2 impairs metformin-induced fat oxidation. Metformin 10 μ M significantly increased β -hydroxybutyrate levels in cells transduced with scramble RNA. In contrast, no significant change was observed with 10 μ M metformin in cells overexpressing AMPD2. Metformin 50 μ M significantly increased β -hydroxybutyrate to levels observed in scramble transduced cells $*p < 0.05$, $**p < 0.01$, $***p < 0.001$. doi:10.1371/journal.pone.0048801.g003

Metformin Inhibits AMPD2 Activity *in vivo* and Reduces Fatty Liver in Sucrose-fed Rats

To characterize the role of AMPD2 in fatty liver *in vivo*, we fed rats a 40% sucrose diet (containing 20% glucose and 20% fructose) or 40% starch diet for 10 weeks. We selected this diet as compared to a pure fructose diet as the primary source of fructose in the American diet consists of sucrose or high fructose corn syrup, both of which consist of a combination of fructose and glucose. A subset of rats were sacrificed at 10 weeks and documented the presence of fatty liver in the sugar-fed rats as opposed to the starch-fed rats, as noted by Oil Red O staining (Fig. 8A) and intrahepatic triglyceride content (Fig. 8B). Hepatic AMPD activity was significantly higher in livers of sucrose-fed rats (Fig. 8C).

To determine whether the balance of AMPD2 and AMPK can be altered in this model to block the development of fatty liver, surviving rats were randomized to receive metformin (350 mg/kg/d) or vehicle for 4 additional weeks. We also reduced the sucrose intake to

20% in the diet in both groups during this period of time, as some dietary reduction in sugar would also be part of any treatment regimen given the strong association of fructose with fatty liver. A third group continued the 40% sucrose diet. As shown in Fig. 8D, the reduction in sucrose to 20% diet showed no or minimal effect on fatty liver compared to animals that continued to receive a diet of 40% sucrose, whereas the addition of metformin resulted in less fatty liver as determined by Oil Red O stain and intrahepatic triglyceride accumulation (Fig. 8E). Consistent with a reduction in intrahepatic fat levels, AMPD activity was significantly reduced in metformin-treated rats (Fig. 8F), and liver fat oxidation was significantly higher, as noted by increased P-AMPK and higher hepatic β -hydroxybutyrate levels (Fig. 8G–H).

Discussion

In this study, we investigated the relationship of two AMP-dependent enzymes, AMPD2 and AMPK, in the development of

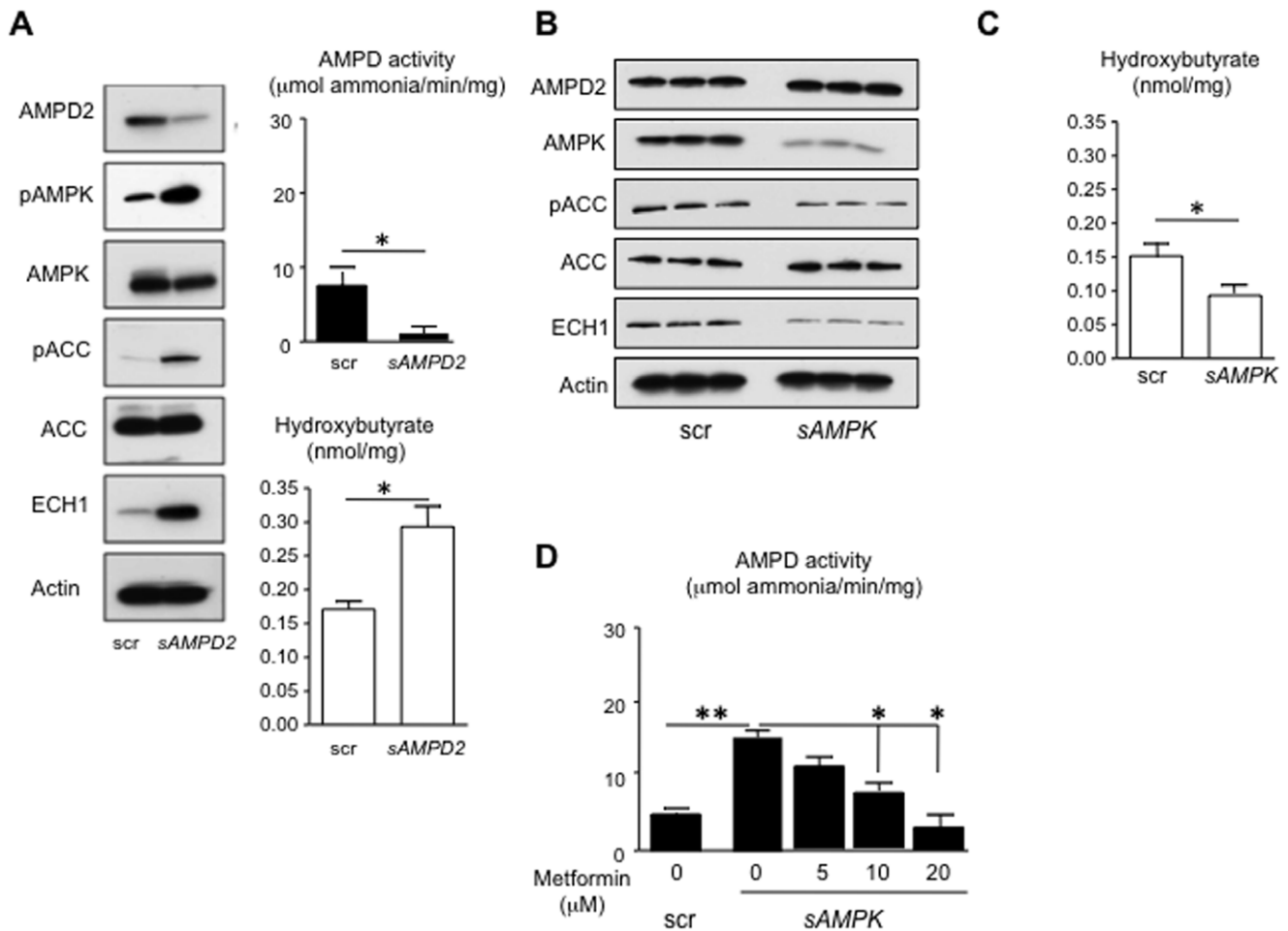


Figure 4. AMPK activation in AMPD2-deficient cells. A) Silencing AMPD2 expression in human hepatocytes spontaneously up-regulates the activation of AMPK. Transduction of HepG2 cells with lentiviral particles coding for a specific silencer for AMPD2 results in significantly lower levels of AMPD activity. This is paralleled with increased levels Thr172 pAMPK expression as well as of their target genes ECH1 and Ser79 pACC. Up-regulation of ECH1 is accompanied with higher intracellular β -hydroxybutyrate levels. * $p < 0.05$ B) Blockade of AMPK expression activates AMPD2. Stable silencing of AMPK is associated with significant down-regulation of ECH1 and phosphorylation of ACC at Ser79. In contrast, no change in AMPD2 expression is observed. C) Silencing AMPK expression in human hepatocytes spontaneously decreases the levels of intracellular β -hydroxybutyrate D) Metformin blocks AMPD activation in AMPK-deficient cells in a dose-dependent manner. * $p < 0.05$, ** $p < 0.01$. doi:10.1371/journal.pone.0048801.g004

fatty liver induced by fructose. Metabolic syndrome and fatty liver are associated with low hepatic ATP levels and increased nucleotide turnover resulting in substantial AMP generation [36,37]. Stimulation of AMPK with agonists (AICAR, metformin) can prevent fatty liver in animal models by both enhancing fatty acid oxidation and inhibiting de novo lipogenesis [8,38]. While it is well-known that AMPK stimulates fat oxidation and inhibits lipogenesis, no studies to date have investigated the interaction of AMPD2 and AMPK in fructose-induced fatty liver. In this paper, we demonstrate for the first time that AMPD2 has countering effects on fat metabolism in the liver. Specifically, we show that AMPD and AMPK counter-regulate each other, and that one of the mechanisms by which AMPD activation inhibits AMPK activity is by AMPD-dependent generation of uric acid. These studies provide potential insights into how fructose may induce fatty liver.

We first evaluated the effects of activation of AMPK and AMPD on fat oxidation in cultured hepatocytes (HepG2 cells). Activation of AMPK was shown by measuring the phosphorylation of threonine 172, which is widely regarded as a measurement

for AMPK activation, and the downstream effects were determined by measuring protein levels of ECH-1 (an enzyme in β -fatty acid oxidation) and β -hydroxybutyrate as a direct measurement of fatty acid oxidation. Stimulation of AMPK using metformin could increase the phosphorylation of AMPK and increase fat oxidation rates—as determined by measuring intracellular β -hydroxybutyrate levels—by a mechanism that involved activation of PPAR α , and this was not observed in AMPK deficient cells (Figs. 1 and 2). Of interest, we found that even though GW6471 could prevent ECH1 up-regulation induced by AMPK activation, AMPK phosphorylation was not inhibited by GW6471 (data not shown) indicating that AMPK acts primarily upstream of the transcription factor PPAR α . In contrast, overexpression of AMPD2 in HepG2 cells resulted in increased AMPD activity and a reduction in fatty acid oxidation (Fig. 3). These studies showed that the activation of AMPK and AMPD result in opposing effects on fatty acid oxidation in HepG2 cells.

We next determined if AMPK and AMPD regulate each other. Silencing AMPD was found to increase AMPK activity in HepG2 cells (Fig. 4A). Likewise, silencing AMPK also increased AMPD

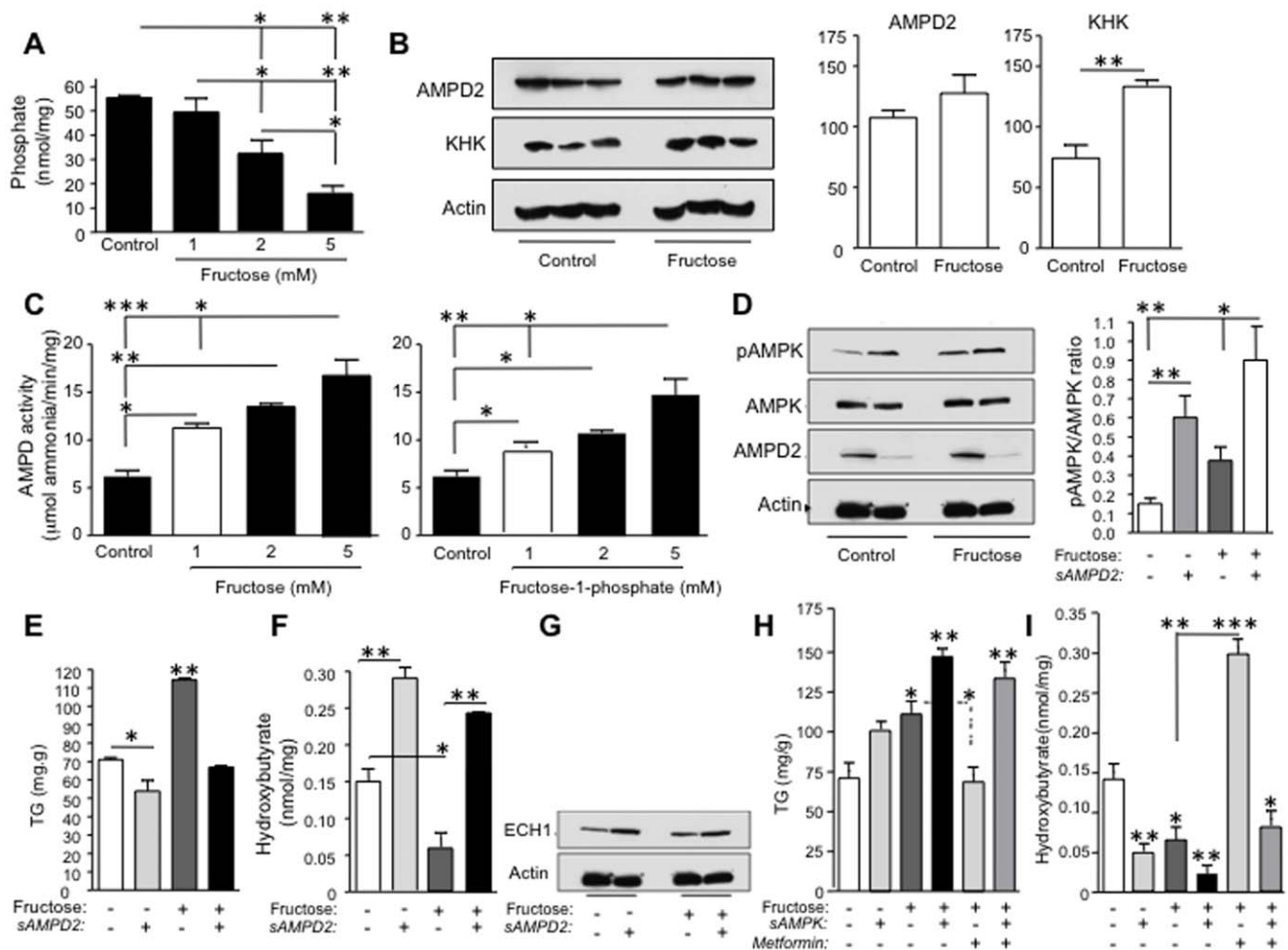


Figure 5. Fructose stimulates fat accumulation in HepG2 cells by activating AMPD2 and blocking AMPK and fat oxidation. A) Fructose reduces intracellular phosphate levels –a natural inhibitor of AMPD activity- in a dose-dependent manner. * $p < 0.05$, ** $p < 0.01$. B) AMPD2 expression is not modified by fructose in human hepatocytes. As control, fructokinase (KHK) expression is significantly up-regulated. ** $p < 0.01$. C) Both fructose (1–5 mM) and fructose-1-phosphate (1–5 mM) -the product of fructokinase metabolism- significantly up-regulates the activity of AMPD2 in human hepatocytes. AMPD activity was measured after 30 minutes exposure to fructose in 50 μ g protein lysates * $p < 0.05$, ** $p < 0.01$. D) Fructose stimulates AMPK activity (as determined by phosphorylation at Thr172) that is further amplified in AMPD2 silenced cells. * $p < 0.05$, ** $p < 0.01$. E) Fructose induces triglyceride accumulation in HepG2 cells that is blocked in AMPD2 deficient cells * $p < 0.05$, ** $p < 0.01$. F) Fructose decreases β -hydroxybutyrate levels in HepG2 cells that are blocked in AMPD2 deficient cells * $p < 0.05$, ** $p < 0.01$. G) ECH1 expression is up-regulated in AMPD2 deficient cells exposed to fructose. H) Silencing AMPK expression increases triglyceride accumulation in non-exposed and fructose exposed HepG2 cells that is not blocked with 10 μ M metformin * $p < 0.05$, ** $p < 0.01$. I) Silencing AMPK expression decreases intracellular β -hydroxybutyrate levels in non-exposed and fructose exposed HepG2 cells that is not blocked with 10 μ M metformin * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. doi:10.1371/journal.pone.0048801.g005

activity (Fig. 4B). Thus, these two enzymes counter-regulate each other.

We also evaluated the effects of metformin in our system. Metformin is known to activate AMPK, possibly via stimulation of LKB1 [39]. We did document that metformin increased AMPK phosphorylation resulting in increased fat oxidation that was not observed in AMPK deficient cells. These studies confirm that metformin activates AMPK. Since AMPK was found to regulate AMPD, it is also not surprising that we found that metformin could reduce AMPD activity under various conditions, although metformin was less effective in AMPD-overexpressing cells. However, our observation that metformin could also reduce AMPD activity in AMPK deficient cells shows that metformin likely has direct effects on AMPD as well. Others have also recently reported that metformin may directly inhibit AMPD [27].

We next examined the relationship of AMPD and AMPK in fructose-mediated fat accumulation in HepG2 cells. Fructose is known to both increase AMPD activity as a consequence of ATP and GTP consumption with a reduction in intracellular phosphate levels [29,30], and in this study we also show that AMPD activity is stimulated by fructose-1-phosphate, a product of fructose metabolism. In addition, AMPK is known to be activated during fructose metabolism due to the depletion of ATP, and consistent with this finding, we found that fructose stimulated P-AMPK. Evidence that the two enzyme pathways were regulating each other was shown, as the silencing of AMPD resulted in greater AMPK activation with increased fatty acid oxidation, whereas silencing of AMPK resulted in enhanced AMPD activity and less fatty acid oxidation (Fig. 5). In unmanipulated cells, the AMPD effect predominated, as evidence by intracellular triglyceride accumulation and a reduction in β -

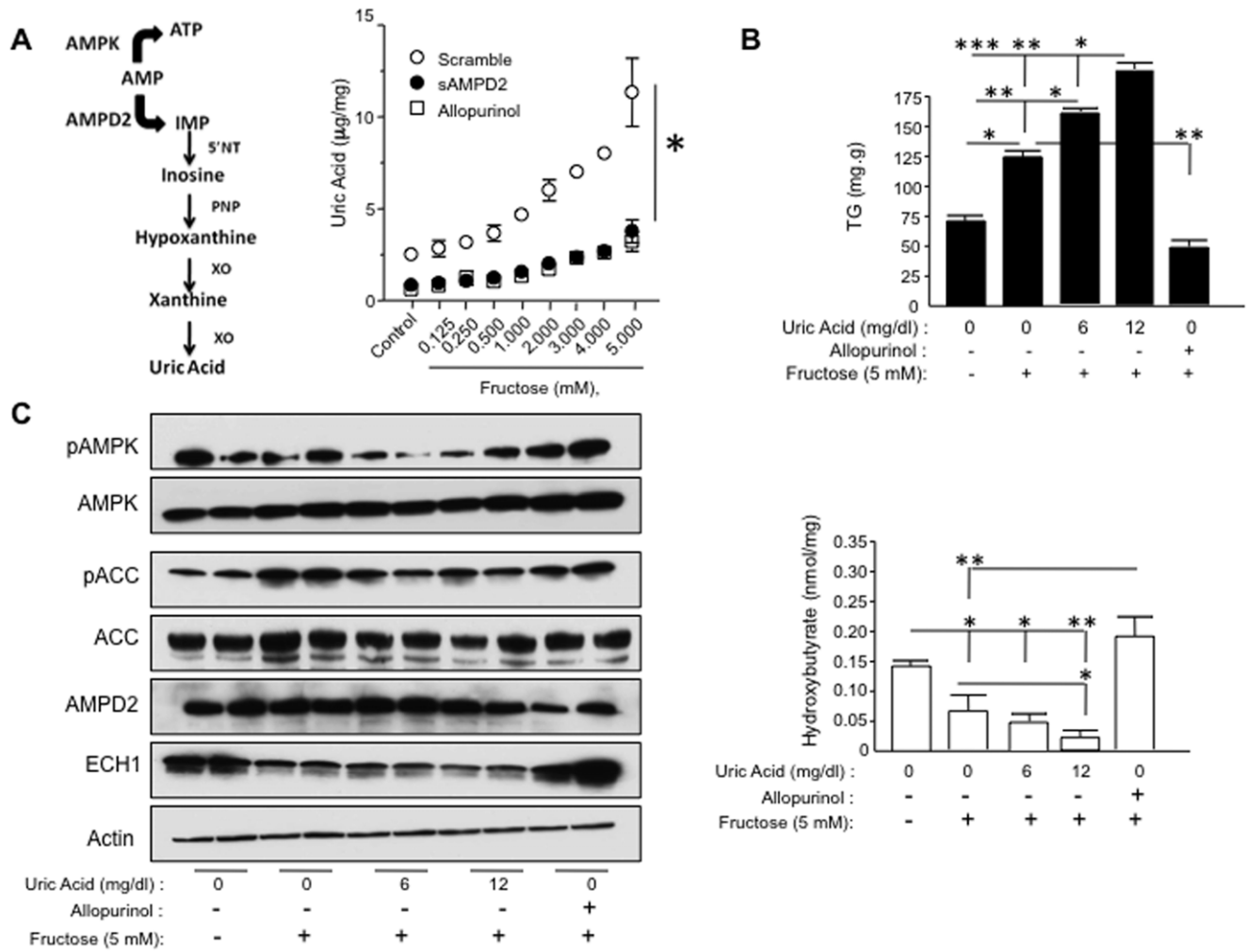


Figure 6. Uric acid negatively regulates AMPK activity. A) Schematic representation of downstream metabolites produced from AMP by AMPD2. Right, uric acid levels –the final product of this route- are increased in HepG2 cells exposed to fructose in a dose-dependent manner. Both inhibiting xanthine oxidase activity with allopurinol or silencing AMPD2 significantly inhibits uric acid generation. * $p < 0.05$. B) Uric acid further increases fructose-induced triglyceride accumulation (top) and decreases β -hydroxybutyrate levels (bottom) in a dose-dependent manner while allopurinol blocks it. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. C) Representative western blot demonstrating that uric acid inhibits fructose-mediated activation of AMPK with significantly lower ACC phosphorylation at ser79 and ECH1 levels in a dose-dependent manner. In contrast, allopurinol (100 μ M) further increases the activation of AMPK with significantly higher ACC phosphorylation at ser79 and ECH1 levels. doi:10.1371/journal.pone.0048801.g006

fatty acid oxidation. This is consistent with the known lipogenic effects of fructose [40].

One mechanism by which AMPD activation might inhibit AMPK would simply be by removing the availability of the AMP substrate. However, it is also possible that an AMPD product might act as an inhibitor of AMPK activity. One of the downstream products of AMPD is uric acid, which is known to predict both fatty liver and metabolic syndrome [33,34,35,41]. We therefore examined the effect of uric acid on AMPK activity in HepG2 cells. We were able to show that the addition of uric acid to fructose resulted in a reduction in activated P-AMPK and less fatty acid oxidation, and conversely that lowering uric acid in fructose-treated cells had opposing effects (Fig. 6). These studies suggest intracellular uric acid is an endogenous inhibitor of AMPK. In this regard, we have confirmed that uric acid is able to inhibit AMPK phosphorylation in settings other than fructose exposure. As shown in Figure 7, we found that as compared to non-exposed cells, uric acid could block AMPK activation with a

parallel decrease in the phosphorylation of ACC as well as fat oxidation in starving cells.

Finally, we examined the effect of metformin in sucrose-induced fatty liver in rats. Metformin was able to reduce the severity of fatty liver in association with a reduction in hepatic AMPD activity and an increase in p-AMPK (Fig. 8). These studies suggest that the alteration of the AMPD-AMPK balance in the liver may result in beneficial effects in hepatic steatosis.

In conclusion, AMPD and AMPK represent two enzymes that appear to have opposing effects of fatty acid oxidation, with AMPD inhibiting and AMPK increasing fatty acid oxidation. These two enzymes regulate each other. One AMPD product, uric acid, appears to be an endogenous inhibitor of AMPK. Fructose-induced fatty liver likely involves a state in which AMPD activity outweighs activation of AMPK. These studies provide new insights into the pathogenesis of hepatic steatosis.

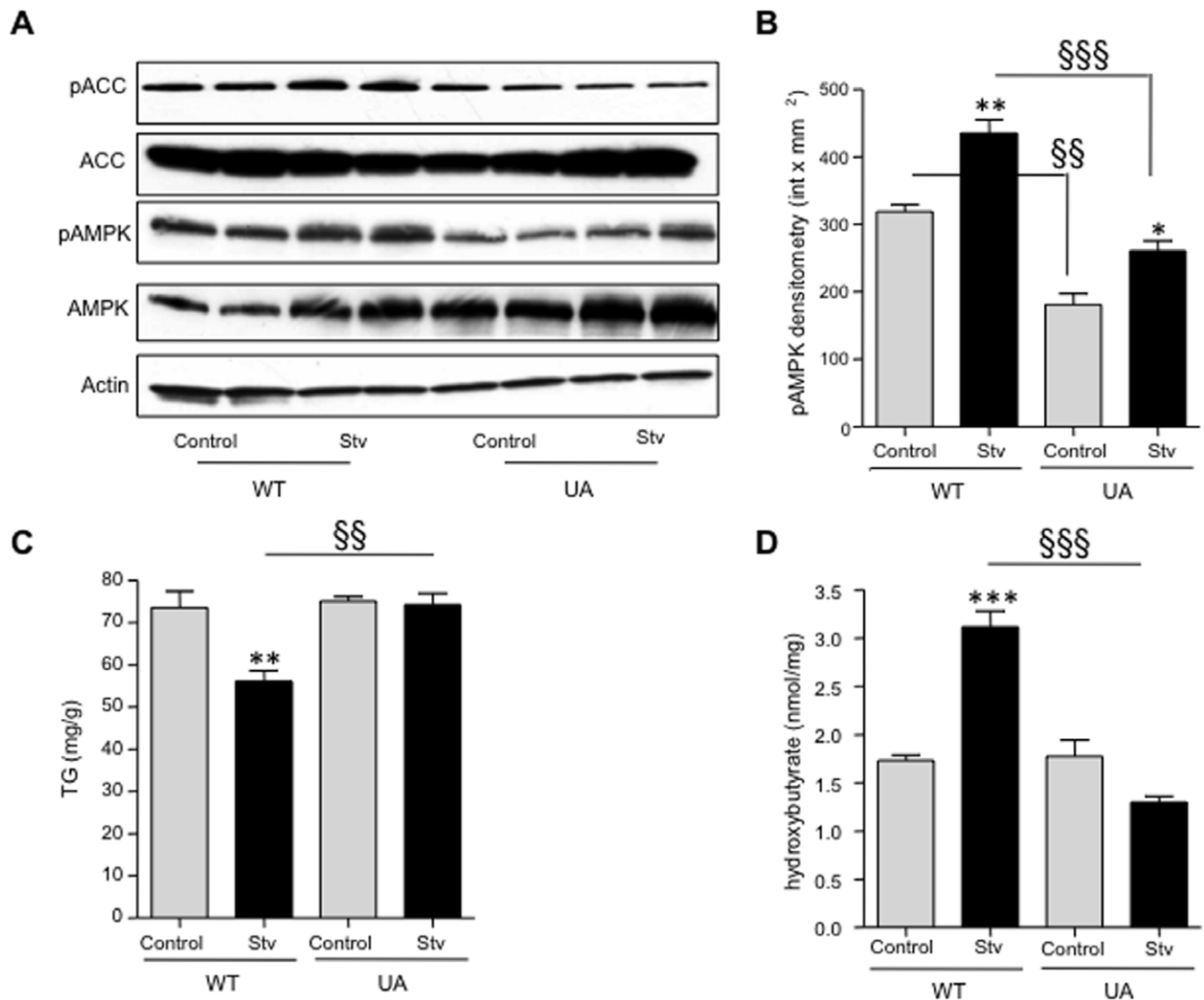


Figure 7. Uric acid down-regulates starvation-induced AMPK activation. HepG2 cells were exposed to 750 $\mu\text{mol/L}$ uric acid for 48 hours prior 3 hour starvation (stv) and AMPK phosphorylation, intracellular TG and intracellular β -hydroxybutyrate levels were analyzed after starvation time. A–B) representative western blot and densitometry of phosphorylated AMPK in control and uric acid exposed cells undergoing starvation. * $p < 0.05$, ** $p < 0.01$ versus control, §§ $p < 0.01$ control vs control, §§§ $p < 0.001$ stv vs stv C) Intracellular TG levels in control and uric acid exposed cells undergoing starvation ** $p < 0.01$ versus control, §§ $p < 0.01$ stv vs stv. D) Intracellular β -hydroxybutyrate levels in control and uric acid exposed cells undergoing starvation *** $p < 0.001$ versus control, §§§ $p < 0.001$ stv vs stv. doi:10.1371/journal.pone.0048801.g007

Methods

Ethics Statement

All Animal experiments were performed according to protocols approved by the University of Colorado Animal Care and Use Committee.

Materials

Cell culture medium (RPMI-1640), fetal calf serum, and antibiotics were from Gibco (Rockville, MD). Rabbit polyclonal antibody to AMPD2 (H00000271) was purchased from Novus (Littleton, CO), antibodies to KHK (HPA00740) and AMPD3 (SAB1300935) were purchased from Sigma (St Louis, MO), antibodies to lamin-A (SC-6214) and AMPD1 (SC-134225) were from Santa Cruz Biotechnology Inc. (Santa Cruz, CA), antibodies to β -actin (3700), total ACC (3676), phosphorylated ACC (Ser79,

3661), total AMPK (2532) and phosphorylated AMPK (Thr172, 2535) were from Cell Signaling (Danvers, MA) while the antibody to PPAR α (3890) was from Millipore (Billerica, MA) and the one for ECH1 (11305-1-AP) was purchased from Proteintech. Secondary antibodies conjugated with horseradish peroxidase were from Cell Signaling. Fructose, fructose-1-phosphate, oleate, metformin, GW6471, uric acid and allopurinol were purchased from Sigma. Uric acid (U0881, lot STBB4127) was confirmed negative for endotoxins (< 0.05 eu/ml) and was dissolved and filter-sterilized in warm medium (37°C). Absence of uric acid crystals in the medium was confirmed by microscopy.

Cell Culture, Silencing and Gene Overexpression in HepG2 Cells

The established human hepatocarcinoma cell line HepG2 was purchased from the American Type Culture Collection (ATCC,

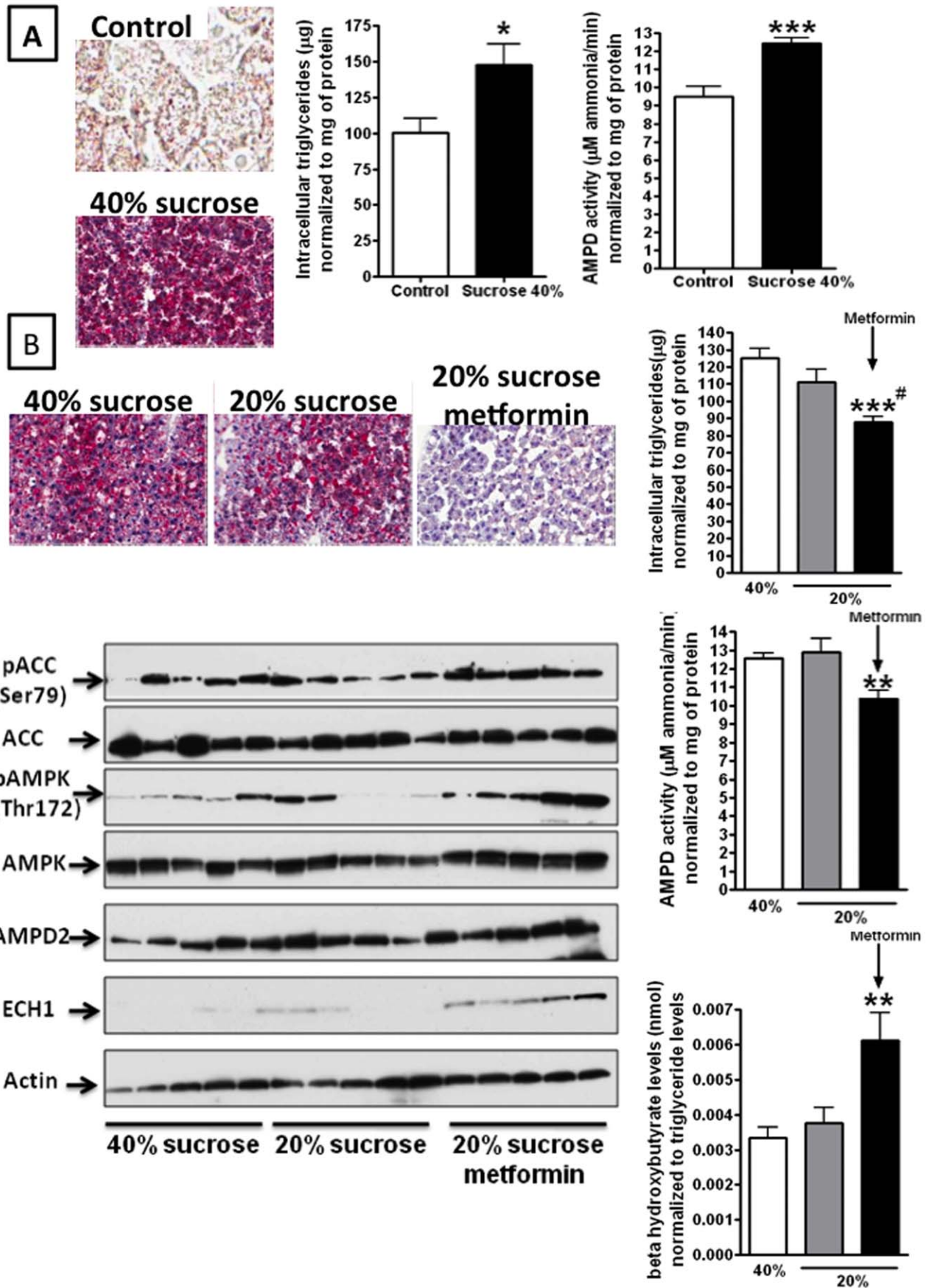


Figure 8. Metformin inhibits AMPD2 activity in vivo and reduces fatty liver in sucrose-fed rats. A–C) Rats fed with a 40% sucrose diet for 10 weeks develop fatty liver as determined by oil red-O staining and hepatic triglyceride determination. Activity of AMPD2 is significantly up-regulated in the livers of sucrose fed rats as compared to control rats. * $p < 0.05$ versus control, * $p < 0.001$ versus control. D–G) After 10 weeks, rats were maintained for more 4 weeks with a 40% sucrose diet or reduced to 20% alone or in combination with metformin (30 mg/kg). Reducing dietary sucrose to 20% does not significantly reduce fatty liver, AMPD2 activity or hepatic β -hydroxybutyrate levels. In contrast, metformin significantly reduces AMPD2 activity in the liver which is paralleled with reduction in liver fat accumulation and increase in production of β -hydroxybutyrate levels. H) Representative western blot depicting that treatment with metformin results in phosphorylation of AMPK at thr172, and with up-regulation of ECH1 levels ** $p < 0.01$ versus sucrose 40% and 20%, *** $p < 0.001$ versus sucrose 40% and 20%, # $p < 0.01$ versus sucrose 20%. doi:10.1371/journal.pone.0048801.g008

Manassas, VA). The cells were cultured in RPMI medium (17850 GIBCO, Grand Island, NY) supplemented with 10% fetal bovine serum (GIBCO) and 100 U/ml penicillin and 100 $\mu\text{g/ml}$ streptomycin (GIBCO) in a humidified incubator with 5% CO_2 at 37°C.

Prior to the experiments, cell viability was assessed by trypan blue treatment and counted using an automated cell counter to determine the toxicity of the compounds employed. No significant difference in cell viability was observed in HepG2 cells exposed to any of these compounds (data not shown). Expression of KHK, AMPK $\alpha 1\alpha 2$ and AMPD2 in HepG2 cells was stably silenced. Briefly, lentiviral particles codifying for a silencing sequence were obtained from Open Biosystems (KHK and AMPD2, Huntsville, AL) and Santa Cruz (AMPK $\alpha 1\alpha 2$). In all cases, HepG2 cells previously treated with polybrene (10 $\mu\text{g/ml}$) were exposed to the lentiviral particles for 24 hours for transduction. After exposure, medium was removed and cells were incubated in normal media in the presence of puromycin (2 $\mu\text{g/ml}$) to select transduced cells. Clones with greater than 90% silencing as assessed by western blot analysis were selected from colonies growing in plates from a 10-fold dilution series in media prepared with 2 $\mu\text{g/ml}$ puromycin antibiotic. To overexpress ECH1 and AMPD2 in HepG2 cells, the coding sequence was inserted into the pLVXIREs puro vector by direct cloning between the EcoRI and NotI sites of the multicloning site. Correct cloning was confirmed by sequencing analysis. Seven micrograms of vector at 1 $\mu\text{g}/\mu\text{l}$ was combined with the Lenti-X HTX packaging system (clontech) and HEK-293T cells maintained in tetracycline free medium were transfected with the components. Medium was collected at 48 hours and efficient production of lentiviral particles was assessed with the Lenti-X Gostix (clontech). As with the silencers, HepG2 cells were exposed to the virus and stable clones generated with puromycin. Controls refer to puromycin selected clones transduced with lentiviral particles containing scramble shRNA (for silencer control) or empty pLVXIREs Puro vector (for overexpression control). In experiments involving allopurinol, metformin, compound C and GW6471 cells were preincubated with these compounds for 8 hours prior exposure to fructose or uric acid.

Protein Extraction and Western Blotting

Protein lysates were prepared from confluent cell cultures and rat livers employing MAP Kinase lysis buffer as previously described [42]. Sample protein content was determined by the BCA protein assay (Pierce). 40 μg of total protein was loaded per lane for SDS-PAGE (10% w/v) analysis and then transferred to PVDF membranes. Membranes were incubated with primary antibodies and visualized using a horseradish peroxidase secondary antibody and the HRP Immunstar[®] detection kit (Bio-Rad, Hercules, CA). Chemiluminescence was recorded with an Image Station 440CF and results analyzed with the 1D Image Software (Kodak Digital Science, Rochester, NY).

Determination of Intracellular and Intrahepatic Uric Acid, β -hydroxybutyrate, Phosphate and Triglycerides

Cell lysates obtained with MAP kinase lysis buffer as well as serum collected from 8-hour fasting rats were analyzed using a VetAce autoanalyzer (Alfa Wassermann, West Caldwell, NJ) as previously described [43]. For triglyceride determination in liver and HepG2 cells, fat was solubilized by homogenization in 1 ml solution containing 5% nonidet P40 (NP-40) in water, slowly samples were exposed to 80–100°C in a water bath for 2–5 minutes until the NP-40 became cloudy, then cooled down to room temperature. Samples were then centrifuged for 2 minutes to remove any insoluble material. Triglyceride determination with the VetAce autoanalyzer consisted in their initial breakdown into fatty acids and glycerol. Glycerol is then oxidized to generate a product which reacts with the probe to generate color at 570 nm. Similarly, uric acid determination is based in the conversion of uric acid to allantoin, hydrogen peroxide (H_2O_2) and carbon dioxide by uricase. The H_2O_2 then, is determined by its reaction with the probe to generate color at approximately 571 nm. Values obtained were normalized per mg of soluble protein in the lysates. Hepatic β -hydroxybutyrate and phosphate levels in MAPK lysates was determined by enzymatical kits (K632 and K410, biovision).

Determination of AMPD2 Activity

AMP deaminase activity was determined by estimating the production of ammonia by a modification of the method described by Chaney and Marbach [44] from cells collected in a buffer containing 150 mM KCl, 20 mM Tris-HCl, 10 mM EDTA, and 1 mM dithiothreitol. Briefly, the reaction mixture consisted of 25 mM sodium citrate, pH 6.0, 50 mM potassium chloride, and different concentration of AMP. The enzyme reaction was initiated by the addition of the enzyme solution and incubated at 37°C for 15 min. For determination of AMPD activation by fructose and fructose-1-phosphate, these compounds (1–5 mM) were added to the lysates 30 minutes before the assay for preincubation. The reaction was stopped with the addition of the phenol/hypochlorite reagents: Reagent A (100 mM phenol and 0.050 g/L sodium nitroprusside in H_2O) was added, followed by reagent B (125 mM sodium hydroxide, 200 mM dibasic sodium phosphate, and 0.1% sodium hypochlorite in H_2O) and incubated for 30 min at 25°C. The absorbance of the samples was measured at 625 nm with a spectrophotometer. To determine the absolute specific activity of ammonia production (micromoles ammonia/min), a calibration curve was determined in the range of 5 μM to 1 mM of ammonia.

Data obtained from this assay was confirmed by HPLC by monitoring the enzyme-mediated formation of IMP as described [45]. Briefly, the assay was performed at 37°C for 15 minutes in a buffer contained 27 mM imidazole-HCl (pH 6.5), 100 mM KCl, 1 mM DTT, 5 μM EHNA, and 12.5 mM AMP. The reaction was terminated by the addition of 2N perchloric acid, the acid extract was neutralized with a mixture of tri-*n*-octylamine: 1,1,2-trichlorotrifluoroethene (55: 145 v/v), and IMP was separated using HPLC. The column used was a ZORBAX Eclipse

XDB-C18 with a mean particular size of 5 μm (Agilent Technologies, Santa Clara, CA). The effluent was monitored at 254 nm; chromatographic peaks were identified according to retention times of standards containing known amounts of AMP and IMP.

Rat Experiments

400 g male Sprague-Dawley breeder rats (Charles Rivers, Wilmington, MA) were housed in the animal facility at the University of Colorado. Rats were kept under temperature- and humidity-controlled specific pathogen-free conditions and maintained on a 12 hour light-dark cycle. Animals received normal chow containing 18% protein and 6% fat (3.1 kcal/g of metabolizable energy) (2918, Harlan Laboratories, Madison, WI). All experimental protocols were approved by the University of Colorado Animal Care and Use Committee. Rats were randomly divided into two main groups: Control ($n = 6$), sucrose 40% in chow ($n = 24$) and pair-fed equal amounts throughout the study. Ten weeks after starting the experiment control rats and 6 sucrose rats were sacrificed to confirm development of fatty liver. Some data on this set of animals has already been reported [46]. The remaining 18 rats were subdivided into three groups, sucrose 40% ($n = 6$), sucrose 20% ($n = 6$) and sucrose 20% plus metformin (350 mg/kg, $n = 6$). Water and food consumption was closely monitored. At sacrifice, serum and livers were collected. Liver tissue was immediately processed for oil RedO staining and snap frozen for protein, AMPD activity, β -hydroxybutyrate and triglyceride determination.

Liver Oil Red o Staining

Liver tissue collected under isoflurane anesthesia was embedded in Optimal Cutting Temperature gel (OCT; Sakura Finetek, Torrance, CA) and frozen in liquid nitrogen. Air-dried cryostat tissue sections (8 μm) were dipped in formalin, washed with running tap water, rinsed with 60% isopropanol, and stained with oil red O and counterstained with hematoxylin. Macrovesicular fat deposition was defined as the presence of lipid vacuoles that are larger than the nucleus and usually displaces it to the periphery of the cell.

Immunofluorescence of ECH1-GFP and Confocal Microscopy for Neutral Lipid Determination

Human ECH1 coding sequence was inserted into the pAcGFPN1 (clontech) vector by direct cloning between the XhoI and the EcoRI sites of the multicloning site. Correct cloning was confirmed by sequencing analysis. HepG2 cells were grown in coverslips to 60% confluency and transfected with lipofectamine

200 as per manufacturer's protocol (Invitrogen) obtaining 10–15% transfection efficiency. After exposure of cells to oleate, cells were stained with the fluorescent lipid marker lipidtoxic red (molecular probes) as per manufacturer's protocol. Cells were imaged with a confocal microscope for colocalization studies. Imaging and analysis was performed with a laser-scanning confocal microscope (LSM510, Carl Zeiss, Thornwood, NY) with a 40x water immersion objective and the corresponding postacquisition software.

Statistics and Data Analysis

All data are presented as the mean \pm standard error of the mean (SEM). Data graphics and statistical analysis were performed using Instat (version 3.0) and Prism 5 (both Graph Pad Software, San Diego, CA). Data was analyzed for normality tests and using the Tukey-Kramer multiple comparison test. Multiple group corrections were performed using the method of Bartlett. In most cases experiments were performed 3 times with independent replicates. Total data points (n) are identified in figure legends. All experiments with cultured cells were performed at least twice and in triplicates ($n > 6$).

Supporting Information

Figure S1 Metformin increases ECH1 expression in human hepatocytes through AMPK activation. A) Representative quantitation of pACC/ACC and pAMPK/AMPK ratio in HepG2 cells exposed to oleate and/or metformin B–C) Representative western blot and densitometry of total and phosphorylated AMPK, phosphorylated ACC and ECH1 in control and AMPK deficient cells (sAMPK) in the presence of metformin (10 μM) and/or oleate (250 μM). * $p < 0.05$, * $p < 0.01$, a $p < 0.001$ versus control cells. (TIF)

Figure S2 Fructose reduces intracellular β -hydroxybutyrate levels in an AMPK-dependent pathway. A) Intracellular β -hydroxybutyrate levels in control and AMPK deficient cells at basal conditions or fructose-exposed (72 hr) conditions. * $p < 0.05$ versus white columns. # $p < 0.05$. (TIF)

Author Contributions

Conceived and designed the experiments: MAL GEG RJJ. Performed the experiments: MAL GEG CC NL CARJ CRJ BH AAH CTM. Analyzed the data: MAL GEG CC NL CARJ CRJ BH AAH TI LGSL JT RSH CTM RJJ. Contributed reagents/materials/analysis tools: MAL GEG CC NL CARJ CRJ BH AAH CTM. Wrote the paper: MAL GEG RJJ.

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