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| Item | N | Description | Section |
| Title and abstract | 1 | (*a*) Indicate the study’s design with a commonly used term in the title or the abstract | Abstract |
|  |  | (*b*) Provide in the abstract an informative and balanced summary of what was done and what was found | Abstract |
| Introduction |  |  |  |
| Background /rationale | 2 | Explain the scientific background and rationale for the investigation being reported | Introduction |
| Objectives | 3 | State specific objectives, including any prespecified hypotheses | Introduction |
| Methods |  |  |  |
| Study design | 4 | Present key elements of study design early in the paper | Methods |
| Setting | 5 | Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection | Methods |
| Participants | 6 | (*a*) Give the eligibility criteria, and the sources and methods of selection of participants | Methods |
| Variables | 7 | Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable | Methods |
| Data sources/ measurement | 8\* | For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group | Methods |
| Bias | 9 | Describe any efforts to address potential sources of bias | Methods |
| Study size | 10 | Explain how the study size was arrived at | Methods |
| Quantitative variables | 11 | Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why | Methods |
| Statistical methods | 12 | (*a*) Describe all statistical methods, including those used to control for confounding | Methods |
|  |  | (*b*) Describe any methods used to examine subgroups and interactions | Methods |
|  |  | (*c*) Explain how missing data were addressed | Methods |
|  |  | (*d*) If applicable, describe analytical methods taking account of sampling strategy |  |
|  |  | (*e*) Describe any sensitivity analyses |  |
| Results |  |  |  |
| Participants | 13\* | (a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed | Results |
|  |  | (b) Give reasons for non-participation at each stage | Results |
|  |  | (c) Consider use of a flow diagram | Figure 1 |
| Descriptive data | 14\* | (a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders | Tables 1 and S1 |
|  |  | (b) Indicate number of participants with missing data for each variable of interest | Methods and Figure 1 |
| Outcome data | 15\* | Report numbers of outcome events or summary measures | Table 2 |
| Main results | 16 | (*a*) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included | Table 4 |
|  |  | (*b*) Report category boundaries when continuous variables were categorized |  |
|  |  | (*c*) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period |  |
| Other analyses | 17 | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses |  |
| Discussion |  |  |  |
| Key results | 18 | Summarise key results with reference to study objectives | Discussion |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias | Discussion |
| Interpretation | 20 | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence | Discussion |
| Generalisability | 21 | Discuss the generalisability (external validity) of the study results | Discussion |
| Other information |  |  |  |
| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based | After discussion |
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