**RESEARCH ARTICLE** 

# *Mycobacterium ulcerans* not detected by PCR on human skin in Buruli ulcer endemic areas of south eastern Australia

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# Abstract

# Introduction

*Mycobacterium ulcerans* (MU) causes Buruli ulcer (Buruli), a geographically restricted infection that can result in skin loss, contracture and permanent scarring. Lesion-location maps compiled from more than 640 cases in south eastern Australia suggest biting insects are likely involved in transmission, but it is unclear whether MU is brought by insects to humans or if MU is already on the skin and inoculation is an opportunistic event that need not be insect dependent.

#### Methods

We validated a PCR swab detection assay and defined its dynamic range using laboratory cultured *M. ulcerans* and fresh pigskin. We invited volunteers in Buruli-endemic and non-endemic areas to sample their skin surfaces with self-collected skin swabs tested by IS2404 quantitative PCR.

#### Results

Pigskin validation experiments established a limit-of-detection of 0.06 CFU/cm<sup>2</sup> at a qPCR cycle threshold (Ct) of 35. Fifty-seven volunteers returned their self-collected kits of 4 swabs (bilateral ankles, calves, wrists, forearms), 10 from control areas and 47 from endemic areas. Collection was timed to coincide with the known peak-transmission period of Buruli. All swabs from human volunteers tested negative (Ct  $\geq$ 35).

# Conclusions

*M. ulcerans* was not detected on the skin of humans from highly Buruli endemic areas.



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#### Author summary

Buruli ulcer (Buruli) incidence is increasing in temperate south eastern Australia. We have yet to develop public health programs to assist people in avoiding Buruli partly because the precise mode of transmission is contentious. Recent research has shown that environmental contamination with *M. ulcerans* (the cause of Buruli) is widespread in endemic areas as a result of faecal shedding from infected possums that live close to humans, although direct human-possum contact is rare. We investigated the possibility that the skin of humans in endemic areas could become transiently contaminated with *M. ulcerans* while outdoors. If this were the case then Buruli prevention programs could be developed around skin protection and regular washing/showering. To study this possibility, we developed a sensitive skin swab PCR-assay that we tested using a pigskin laboratory model so we could be confident in our results. We asked volunteers to collect their own skin swabs after spending at least 4 hours outside during the known period of peak Buruli transmission. Fifty seven volunteers returned swab sets for testing. Our results were negative. We did not find evidence that humans in our endemic zone have *M. ulcerans* contamination on their skin.

# Introduction

Buruli ulcer (Buruli) is a geographically restricted infection caused by *Mycobacterium ulcerans* [1]. Listed by WHO as a Neglected Tropical Disease, Buruli occurs in 33 countries but characteristically only in specific locations. Buruli is not a fatal condition but can cause severe tissue destruction if not diagnosed and managed effectively. Recent advances in treatment with antibiotics have improved the outlook for sufferers in Buruli-active zones [2–7] which currently include west and sub-Saharan Africa [8], tropical Northern Australia [9] and coastal and urban zones of temperate south eastern Australia [10].

Over the last 15 years we have shown that possums (tree-dwelling marsupials) are environmental reservoirs and amplifiers of MU in our local endemic areas [11-13] and that mosquitoes trapped in these areas test positive by PCR at a rate of at least 4 per 1000 [14]. Calculated MU cell load in these mosquitoes is in the order of 100 cells per positive mosquito [14]. In laboratory experiments we have established that very small inoculae of *M. ulcerans* initiate infections in mice (as few as 3 CFU) [15]. In contrast, in an abraded-skin hairless guinea pig model direct contact of even high concentrations of *M. ulcerans* cells is not sufficient to establish an infection [16]. We have also reported that although new Buruli cases are most often diagnosed in Victoria in winter and spring, peak transmission occurs in summer and autumn [10]. The paradox of a summer-transmitted disease appearing in winter is explained by a long incubation period with a median of 4.5 months plus additional time taken to establish the diagnosis after a lesion first appears [17–19].

By aggregating more than 600 cases of Buruli to a single human body map we recognized that lesion location is non-random and matches parts of the body bitten by mosquitoes rather than areas that come into direct mechanical contact with the environment, although there is some overlap [20]. We have also investigated skin temperature variation as an explanation for this non-random distribution of Buruli lesions but found only a weak association with thermo-graphically measured skin temperature [21].

As environmental contamination with MU-positive excreta is extensive in endemic areas [11–13] it is conceivable that direct contamination from the environment is the primary step in transmission of MU to humans and that secondary inoculation occurs from insect bites or other penetrating trauma. In this study we have investigated the hypothesis that people living

in highly Buruli-endemic areas in south eastern Australia have environmentally acquired *M*. *ulcerans* colonization/contamination on their skin as a first step which could then be followed by a range of chance inoculating events including but not restricted to biting insects.

## Methods

#### **Ethics statement**

The study was approved by the Austin Health research ethics committee under reference number HREC/17/Austin/58. Written informed consent was obtained from participants.

Method Validation—bacterial isolate and culture conditions. *M. ulcerans* clinical isolate JKD8049 obtained from a patient in Victoria, Australia in 2004 was grown at 30°C in 7H9 Middlebrook broth supplemented with OADC (Becton Dickinson, Sparks, MD, USA) [22]. To establish bacterial concentration in the culture preparations used for the pigskin validation model, colony forming units (CFU) were calculated by spot plating 3µl volumes of serial 10-fold dilutions  $(10^{-1} \text{ to } 10^{-4})$  of a JKD8049 culture onto Middlebrook 7H10 agar plates with a 5x5 grid marked. The spots were allowed to dry, the plates loosely wrapped in plastic bags and then incubated as above for 10 weeks before counting colonies. Data analysis was performed using GraphPad Prism v9.5.0.

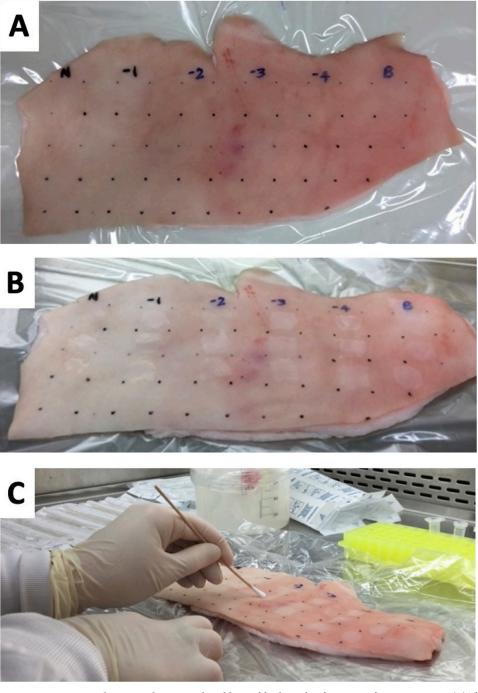
**DNA extraction and quantitative PCR.** DNA was extracted from pigskin and human skin swabs using a DNeasy PowerSoil kit (Qiagen). Procedural extraction control blanks (swabs with sterile water) were included to monitor potential PCR contamination in addition to no-template negative PCR controls. IS2404 quantitative PCR (qPCR) was performed using technical triplicates as described previously [23].

#### Pigskin validation model and swabbing technique

Pigskin was purchased from a butcher at the Victoria Market (Melbourne, Australia). The pigskin was marked with 2x2cm squares (Fig 1A). Under sterile, laminar air flow, a 25uL volume of *M. ulcerans* culture in different dilutions was spotted on the pigskin and left to air dry for approximately 5 minutes, after which the surfaces were swabbed (see below). A 7H9 sterile media control (blank) was also included (Fig 1B). For each 2x2cm sample area, a sterile swab dipped once in saline was used. The swab was held like a pencil and swabbed firmly twice in both horizontal and vertical directions (Fig 1C), to align with instructions provided to volunteers in the information packs for human skin swab collection. Each swab was placed in a 15mL Falcon tube and stored at 4°C until testing.

#### Human volunteers

Volunteers were friends and family of patients attending a Buruli clinic at Austin Health in Melbourne. Former patients were contacted via their treating clinician and asked to approach their friends and family. Adults >18 years who were willing to participate and spend >4 hours outside in a Buruli endemic area on the day of swab collection were included. The 4 hour request was to prevent people collecting their swabs until they had spent significant time outdoors. The majority of these volunteers were staying in holiday houses with friends and family for longer periods. Control participants were contacted directly through university networks and were included if they had not visited a known endemic area in the previous 6 months, were >18 years and would spend >4 hours outside in a non-endemic area in or around Melbourne on the day they collected their swabs. Recruitment was conducted from November 2018 until April 2019, corresponding to late spring, summer and early autumn, the expected peak transmission period.



**Fig 1. Preparation**, *M. ulcerans* **application and swabbing of fresh pigskin from part of one experiment.** (A) The pigskin was divided in 2x2cm squares using a ruler and marker pen; (B) *M. ulcerans* culture and culture dilutions were applied to each square and allowed to dry before swabbing. Note that N = neat culture, -1, -2, -3, -4 etc are the 10-fold dilutions, B = sterile 7H9 media negative control; (C) Demonstration of swabbing technique for recovery of *M. ulcerans* from the pigskin surface.

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Participating volunteers collected their own swabs after at least 4 hours (consecutive or non-consecutive) outdoors in their endemic or control environment. They were asked not to wash until the swab collection process was completed. Participants received a research kit

containing a cover letter, four skin swabs in containers (dry, cotton tipped, sterile, manufactured by Copan for Interpath Australia), sterile saline, a participant information/consent form, a questionnaire, skin swab instruction, a pre-addressed return bubble-wrap envelope and research recruitment flyers to pass on to additional friends and family.

We also tested 16 sets of 4 swabs from 10 "Researchers" who were members of the *Beating Buruli* research team [24] who were performing outdoor environmental research in Buruli endemic areas during period of this study (duties included setting mosquito traps and conducting possum excreta surveys). [13].

Participants were asked to swab four areas with two or three separate swabs: back of elbows, back of wrists/forearms, back of calves and the ankles. One swab was to be used for both sides, except when the participant had a known Buruli, then that side of the body was to be avoided completely. These sites were chosen based on a previous study which determined that Buruli occurs most frequently at these body locations [20].

#### Results

#### Validation of swab assay using pigskin

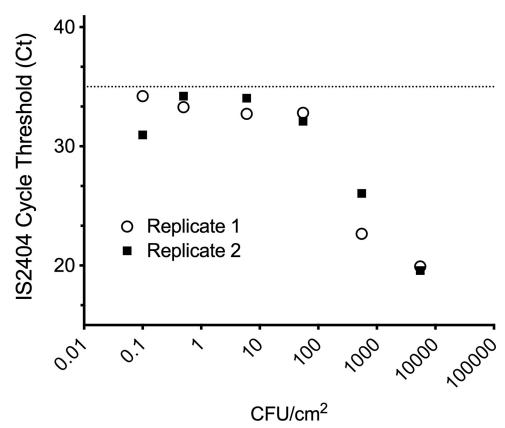
To assess the validity of swabbing skin to recover *M. ulcerans* for subsequent IS2404 qPCR detection, we established a model assay using a dilution series of *M. ulcerans* applied to sections of fresh pigskin. Two, 10-fold dilution series from a 10mL stationary phase culture of *M. ulcerans* (strain JKD8049) were prepared from  $10^{-1}$  to  $10^{-6}$ . These two replicate series were labelled 'A' and 'B' and had undiluted (neat) bacterial concentrations of 9.3 x  $10^5$  CFU/mL and  $1.0 \times 10^6$  CFU/mL respectively, as estimated by spot plating the dilutions (see methods), and represented an average *M. ulcerans* concentration of 5500 CFU/cm<sup>2</sup>. A 25uL aliquot of the neat culture and the six dilutions for both 'A' and 'B' preparations were spotted onto the pigskin (see example layout, Fig 1B). The areas were swabbed (see methods), DNA was extracted and IS2404 qPCR performed. Concentrations of *M. ulcerans* on pigskin down to 0.06 CFU/cm<sup>2</sup> were detected for both replicates 'A' and 'B'. There was a premature flattening of the linear curve for the qPCR assay that began below concentrations of 10 CFU/cm<sup>2</sup>, from which a limit-of-detection for this assay was set at  $\leq$  Ct 35 (highest Ct value of any replicate was 34.34) (Fig 2 and S1 Table). Unexposed control areas of pigskin (where Middlebrook 7H9 media only was applied) tested negative by IS2404 qPCR.

#### Screening of swab specimens from human skin

Self-collected skin swabs were returned by 37 people who had been present in known Buruli ulcer endemic areas as recorded on their study survey and 10 who recorded no contact with an endemic area either on the day of collection or for the preceding 6 months as per the study protocol definition of "control area". The cohort of 47 consisted of 18 males and 29 females, all adults of various ages. Of the 37 participants from endemic areas, 8 had been diagnosed and treated for Buruli ulcer although did not have active lesions at the time of the study. Each participant returned 4 sets of swabs (combined left and right elbows, calves, wrists, ankles).

Control, researcher and participant swabs were coded and mixed so their provenance was not apparent to our laboratory technician and were intermingled with DNA extraction blanks made by dipping sterile swabs in saline in a ratio of one blank for every 10 test samples. All swabs were then screened by IS2404 qPCR. All results from the human volunteers in the endemic and control zones and the 10 researchers were negative (Cts  $\geq$  35) (S2 Table). This included all swabs from the 8 volunteers with recent treated Buruli.

We did identify three individuals who had high but consistent results in the CT range 37–39 in replicates. One sample was from an ankle swab from a male from an endemic area (2



**Fig 2. Limit-of-detection for IS2404 qPCR from swabbed pigskin.** Plot showing Ct values for two independent *M. ulcerans* 10-fold dilution series used to inoculate fresh pigskin. The dotted line represents the limit-of-detection (Ct 35). Each dilution was tested by IS2404 qPCR in technical triplicates. Shown are the mean Ct values and standard deviation for the technical replicates. Note that error bars are present but too small to resolve (refer S1 Table).

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replicates–Ct values 37.4,37.84). A second was from the elbow of a female from an endemic area (38.33, 38.49). The third was an ankle swab from one of the researchers (KV) who worked outdoors while collecting possum excreta, a significant proportion of which was later shown to be heavily contaminated with *M. ulcerans* [13] Ct values from KV's ankle swab in January 2019 were 37.11, 37.16 and 37.49. KV agreed to re-test himself twice more in February 2019 and March 2019 while working on the same project but did not again return consistent "high-positive" results (detectable Ct values above the defined cutoff in >1 replicate). We also observed a scattering of other inconsistent results in the Ct range 37–39 (one replicate detected, others not detected) including one of our control blanks (Ct 38.4). There were also 7 subjects and multiple blanks with high-positive results Ct = 40.

# Discussion

Buruli ulcer has become an important public health issue in Victoria, Australia [10]. In our temperate zone Buruli was once associated only with rural coastal areas with low density populations but is now established in suburban areas close to the centres of Melbourne and Geelong, where the populations at risk are much larger. While there has been significant progress with earlier diagnosis and effective simpler treatment [2,19], no organised attempts to prevent Buruli ulcer have been possible because we lacked knowledge about how exactly *M. ulcerans* is being transmitted. In recent years we have systematically investigated the role of mosquitoes

[14,25–27] as potential vectors and have established that possums (tree dwelling marsupials) are the major local environmental reservoir in our endemic regions [11–13]. The purpose of this new study was to investigate whether human skin contamination is a common first step in the acquisition of Buruli ulcer in people exposed to environmental contamination which could then be followed by a range of chance inoculation events including but not restricted to mosquito bites. The answer to this question is needed to guide public health interventions that can reduce the incidence of Buruli ulcer in Victoria.

Using a fresh pig-skin model we validated a skin swab assay and used it to screen adult volunteers exposed outside during peak Buruli transmission season. All these results were negative within the established range of the assay. Among these, there were three individuals who returned results above the limit of detection in more than one replicate. One individual (a researcher) agreed to be retested twice more after re-exposure but returned negative results. We think the best interpretation of all these findings is that they were non-specific false positives.

Our study has some limitations. While 47 individuals with exposure to endemic areas participated and returned negative results, the 95% population confidence intervals around our point estimate of 0% is 0–8%, so a larger study may have identified a lower rate of skin contamination that we were not able to detect. Secondly, it is possible that a different method of *M*. *ulcerans* recovery from skin using detergent or soap (for example) may have been more sensitive than the saline swab method we employed. Against this, our limit-of-detection of 0.06 CFU/cm<sup>2</sup> is indicative of a very sensitive assay. One could argue that detection sensitivity beyond this threshold would be of limited significance with respect to disease transmission potential.

Another potential limitation is duration of exposure time. However, most volunteers were spending their summer holidays in the endemic area or visiting owned or rented holiday houses frequently during summer. The purpose of the "at least 4 hours" stipulation was to avoid collecting swabs on volunteers just after they had their morning shower or immediately after first arriving from a non-endemic area, so real exposure time is likely to have been longer than the 4-hour minimum. Typical activities of participants consist of walking, running, working, dining, going to the beach, socialising or gardening out of doors although we did not obtain detailed per-person accounts of activities. Researchers from *Beating Buruli* who participated in this study visited the endemic areas to work on various projects including setting mosquito traps and collecting possum excreta. On at least two occasions they stayed for 1–2 days in the endemic areas in accommodation rented for this purpose. The area they were working in and where all the study participants were exposed was heavily contaminated with *M. ulcerans* PCR-positive possum excreta [13].

With the above limitations in mind, we think it is still worth speculating on the overall public health significance of these findings. There is a rising incidence of Buruli in Victoria, and yet there have been no coordinated public health prevention programs other than to emphasise the need for early diagnosis and to document new endemic areas. This is partly because the mode of transmission is still contentious [28]. We have shown that the distribution of human Buruli lesions is more consistent with targeting by biting insects than with direct contact from a contaminated environment [20]. We performed this new study to investigate a two-step hypothesis in Buruli acquisition–initial skin contamination followed by a range of chance inoculating events including but not restricted to biting insects. The results of our study, that humans exposed to the outdoors in heavily contaminated endemic areas do not frequently or easily acquire skin contamination with *M. ulcerans*, adds support to the more direct and simpler hypothesis that *M. uclerans* is not acquired by passive environmental exposure but is instead actively brought to humans and actively inoculated by biting insects, particularly mosquitoes. In conclusion, we found no evidence that adult humans with outdoor exposure in Buruli endemic areas of Victoria during peak transmission season have detectable skin contamination with *M. ulcerans*.

# Supporting information

**S1 Table. All results from pigskin validation model.** (DOCX)

**S2 Table. All results from human swabs.** Blank cells indicate "not tested" (while all swabs were tested in duplicate at least, some were tested in triplicate). (DOCX)

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# **Author Contributions**

Conceptualization: Paul D. R. Johnson.

Data curation: Anita Velink, Paul D. R. Johnson.

Formal analysis: Timothy P. Stinear, Paul D. R. Johnson.

Investigation: Anita Velink, Jessica L. Porter, Paul D. R. Johnson.

Methodology: Jessica L. Porter, Timothy P. Stinear, Paul D. R. Johnson.

Project administration: Paul D. R. Johnson.

Resources: Paul D. R. Johnson.

Supervision: Timothy P. Stinear, Paul D. R. Johnson.

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Visualization: Timothy P. Stinear.

Writing - original draft: Paul D. R. Johnson.

Writing – review & editing: Anita Velink, Jessica L. Porter, Timothy P. Stinear, Paul D. R. Johnson.

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