**S5 Table.** Effectiveness ranking of stain doses and physical exercise intensities interventions.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Rank statistics** |  | **Probabilities** |
| **Interventions** | **Mean** | **Median** | **95% CI** |  | **Best** | **SUCRA** |
| Placebo | 4.2 | 5.5 | 1.0-6.0 |  | 0.00 | 0.14 |
| High-Statin dose | 3.2 | 3.5 | 1.0-5.0 |  | 0.35 | 0.74 |
| Moderate-Statin dose | 3.5 | 3.5 | 1.0-6.0 |  | 0.12 | 0.67 |
| Low-Statin dose | 4.0 | 4.5 | 2.0-6.0 |  | 0.35 | 0.49 |
| High-intensity Exercise | 2.8 | 3.0 | 1.0-5.0 |  | 0.12 | 0.60 |
| Moderate-intensity Exercise | 3.3 | 3.5 | 1.0-5.0 |  | 0.05 | 0.37 |