## S1 Fig. GoActive tiered delivery system.



The iteratively developed, feasibility-tested and refined 12-week intervention trained older adolescents (mentors) and in-class peer leaders to encourage classes to undertake two new weekly activities. Training sessions consisted of an initial session between facilitators and mentors lasting at least 1 h followed by six 30 min meetings every week during the first six weeks and meetings approximately every 2 weeks thereafter. Mentors met with peer leaders weekly.