**S3 Table: Comparison of trial completers (n=1586) and those lost to follow up (n=55) by baseline characteristics**

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|  | **Trial completers**(n=1,586)  | **Lost to follow up**(n=55)  |
| **Sex** |
| Boys | 857 (54.0%) | 37 (67.3%) |
| Girls | 729 (46.0%) | 18 (32.7%) |
| **Mother education level** |
| Lower education |
|  None | 2 (0.1%) | 0 (0.0%) |
|  School education (Primary and Middle schools) | 295 (19.3%) | 9 (16.7%) |
|  Occupation college | 283 (18.5%) | 9 (16.7%) |
| Higher education |
|  University education (Undergraduate level) | 836 (54.6%) | 31 (57.3%) |
|  Postgraduate education | 114 (7.5%) | 5 (9.3%) |
| Not known | 56 | 1 |
| **Baseline weight status\*** |  |  |
|  Non overweight | 1281 (81.9%) | 47 (85.4%) |
|  Overweight/obese | 282 (18.1%) | 8 (14.6%) |
|  Not known~ | 23 | 0 |

Data are n (%); \*based on WHO 2007 Growth Chart; ~ absent at baseline assessment date or recorded data was classified as invalid.