**Article title:** Mother’s dietary quality during pregnancy and offspring’s dietary quality in adolescence: follow-up from a nationwide birth cohort study of 19,582 mother-offspring pairs

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**S3 Table. Adjustment for the individual HEI components’**

The table includes results on the association between maternal prenatal dietary habits as predictor of 14y offspring dietary habits additionally adjusted for individual healthy eating index components.

Maternal prenatal dietary habits as predictor of dietary habits offspring adjusted for individual HEI components \( (n = 19,582) \).

<table>
<thead>
<tr>
<th>Maternal HEI quartiles</th>
<th>RR model B, Table 5a</th>
<th>Fruit &amp; vegetablesb</th>
<th>Dietary fibresb</th>
<th>Fishb</th>
<th>Red Meatb</th>
<th>Saturated fatty acidsb</th>
<th>Sodiumb</th>
<th>SSBb</th>
<th>Added sugarb</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q1</td>
<td>1</td>
<td>1.14 (1.25, 1.37)</td>
<td>1.17 (1.29, 1.41)</td>
<td>1.15 (1.27, 1.39)</td>
<td>1.16 (1.27, 1.40)</td>
<td>1.17 (1.28, 1.40)</td>
<td>1.18 (1.29, 1.41)</td>
<td>1.18 (1.29, 1.41)</td>
<td>1.18 (1.29, 1.42)</td>
</tr>
<tr>
<td>Q2</td>
<td>1.29 (1.18, 1.42)</td>
<td>1.31 (1.44, 1.54)</td>
<td>1.39 (1.52, 1.66)</td>
<td>1.35 (1.48, 1.63)</td>
<td>1.36 (1.49, 1.63)</td>
<td>1.36 (1.49, 1.63)</td>
<td>1.39 (1.52, 1.67)</td>
<td>1.39 (1.52, 1.67)</td>
<td>1.40 (1.53, 1.68)</td>
</tr>
<tr>
<td>Q3</td>
<td>1.53 (1.40, 1.67)</td>
<td>1.66 (1.83, 2.00)</td>
<td>1.80 (1.96, 2.15)</td>
<td>1.73 (1.90, 2.09)</td>
<td>1.72 (1.89, 2.08)</td>
<td>1.73 (1.89, 2.06)</td>
<td>1.81 (1.98, 2.15)</td>
<td>1.81 (1.97, 2.16)</td>
<td>1.80 (1.98, 2.18)</td>
</tr>
<tr>
<td>Q4</td>
<td>1.97 (1.81, 2.15)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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The table is adjusted for maternal age, pre-pregnancy BMI, parity, education, physical activity, smoking and alcohol intake during pregnancy, lactation, offspring energy intake, and gender.

RR model B, Table 5a is adjusted for the HEI component.

HEI, healthy eating index; Q, quartile; RR, relative risk; SSB, sugar sweetened beverages.

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"a" RR model B, Table 5 is adjusted for maternal age, pre-pregnancy BMI, parity, education, physical activity, smoking and alcohol intake during pregnancy, lactation, offspring energy intake, and gender.

"b" RR model B, Table 5 additionally adjusted for this HEI component.