Expected number	Expected mutation frequency	Average observed mutation
of mutant copies		frequency (n=3)
per PCR reaction		
10	4x10 <sup>-3</sup>	4.00x10 <sup>-3</sup> ± 0
1	4x10 <sup>-4</sup>	3.69x10 <sup>-4</sup> ± 4.8 x10 <sup>-5</sup>
0.1	4x10 <sup>-5</sup>	4.27x10 <sup>-5</sup> ± 2.0x10 <sup>-5</sup>
0.01	4x10 <sup>-6</sup>	4.33x10 <sup>-6</sup> ± 5.13x10 <sup>-6</sup>

**Table S4:** Validation of the sensitivity and specificity of the RMC assay. Wild-type and mutant clones were mixed in known concentrations and the RMC assay carried out. This was done on 3 separate occasions. The observed mtDNA mutation frequencies were compared to the expected mtDNA mutation frequencies. There was no significant difference between the observed and expected frequencies (p=0.99 chi-squared test).