**S1 Table. Characteristics of people without or with breathlessness**

|  |  |  |
| --- | --- | --- |
| **Patient characteristics** | **mMRC 0** | **mMRC ≥ 1** |
| N | 920 (91) | 93 (9) |
| Men | 481 (52) |  33 (35) |
| Age, y | 58 ± 4 | 59 ± 4 |
| Smoking status Never Former Current | 406 (44)159 (17)355 (39) | 28 (30)23 (25)42 (45) |
| Pack years of smoking | 9 ± 14 | 15 ± 22 |
| Body mass index, kg/m2 | 26.9 ± 4.2 | 30.4 ± 6.0 |
| FEV1/FVC < LLN | 52 (6) | 17 (18) |
| Asthma | 69 (8) | 25 (27) |
| Chronic bronchitis | 57 (6) | 18 (19) |
| Heart disease | 21 (2) | 5 (5) |
| Anxiety  Never At least sometimes | 517 (56)403 (44) | 32 (34)61 (66) |
| Depression  | 185 (20) | 46 (49) |
| FEV1, LFEV1%pred | 3.29 ± 0.75103 ± 23 | 2.60 ± 0.6285 ± 24 |
| FVC, LFVC%pred | 4.21 ± 0.96103 ± 24 | 3.51 ± 0.8189 ± 25 |
| FEV1/FVCFEV1/FVC%pred | 0.78 ± 0.06100 ± 8 | 0.75 ± 0.196 ± 13 |
| IC, LIC%pred | 3.14 ± 0.88 104 ± 20 | 2.71 ± 0.7991 ± 22 |
| TLC, L TLC%pred | 6.41 ± 1.3199 ± 11 | 5.65 ± 1.2797 ± 16 |
| DLCO, mmol/(min×kPa)DLCO%pred | 8.38 ± 1.8897 ± 15 | 7.16 ± 1.7289 ± 17 |
| DLCO/VA, mmol/(min×kPa×L)DLCO/VA %pred | 1.48 ± 0.5393 ± 35 | 1.57 ± 0.8196 ± 52 |

Data presented as mean ± standard deviation or frequency (percentage).

*List of abbreviations:* mMRC = modified Medical Research Council breathlessness scale; FEV1 = forced expiratory volume in one second; FVC = forced vital capacity; IC = inspiratory capacity; LLN = lower limit of normal; TLC = total lung capacity; DLCO = diffusing lung capacity for carbon monoxide; DLCO/VA = DLCO corrected for lung volume.