S1 Table. Food Items and Food Groups Included in the Derivation of Dietary Patterns Associated with Nasopharyngeal Carcinoma.

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| Food Groups | Food Items |
| Processed meat | Ham, sausages, hot dogs |
| Smoked foods | Smoked foods, barbecue, bacon |
| Raw meat | Sliced raw fish, sliced raw meat |
| Red meat | Pork and beef |
| Liver  | Polk liver, chicken liver, duck liver |
| Poultry | Chicken, duck and goose |
| Fresh fish | All fresh fish and eels |
| Seafood other small fish | Small fish with edible bones, oyster, mussel, clam, shrimp, huazhi, squid, crab, cucumber |
| Salted fish | Salted fish |
| Eggs a | Fresh eggs, preserved eggs and salted eggs |
| Milk | Milk |
| Tea | Flower tea, green tea, black tea and oolong tea  |
| Coffee | Coffee |
| Fruits b | All fresh fruits, 100% food juices |
| Vegetables | Leafy vegetables, dark green vegetables, carrots, yellow squash, yams |
| Processed vegetables | Salted vegetables, preserved vegetables, pickled vegetables  |
| Legumes | Pea pods, sweet pea pods, green beans, string beans, fresh beans |
| Nuts | Peanuts, peanut products, melon seeds, almond, walnuts, cashews |
| Dry bean products | Red bean products, green bean products, black bean products |
| Soybean products | Soy beans, tofu, bean curd products, soybean milk, preserved bean curd, fermented bean curd  |
| Sauces | Spicy chili sauce, barbecue sauce, sweet chili sauce, fermented soybean paste, miso |
| Animal oil for cooking | Lard etc. |
| Vegetable oil for cooking | Soybean oil, sesame oil, camellia, olive oil, etc. |
| Fried foods | Fried foods |

a Fresh eggs, preserved eggs and salted eggs were grouped together for their similar cholesterol contents.

b Fruits and 100% fruit juices were grouped together due to similar vitamin and mineral contents and the fact that less than 1% of the people even consumed 100% fruit juices at the time when the study was carried out.